



The Chronicle

ST. LUKE'S UNITED METHODIST CHURCH

AUGUST 2010

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and much more!



St. Luke's Golf Event

Saturday Aug. 28

Don't miss the 7th Annual St. Luke's UMC Invitational, Relational, Missional, Spiritual GOLF Event Saturday, Aug. 28 at Highlands Ranch Golf Club. A pizza lunch, donated by Boston's: The Gourmet Pizza, starts at 12:30pm followed by golf at 2:00pm. Be sure to sign up soon! (Sundays in Fellowship Hall.) We are also accepting Silent Auction donations - let us know asap if you have something we can use. All proceeds go towards paying off our Ministry In Motion Bus - with the final payment this year! Don't golf?!! Opportunities for sponsorships contact Rich Krening rkrening@msn.com and to volunteer please contact Teri Burget teriburget@msn.com.

For more information go to <http://stlukeshr.com/golf/> or look for the signup table during Sunday morning services.

Sr. High SLY in Idaho: Growing in Mission *by Bennett McIntosh*



From July 18th to 25th, I and nearly 50 other youth were in Fort Hall, Idaho to participate in mission work in the surrounding reservation. In association with Sierra Service Project (SSP), which facilitates similar projects in reservations across the American West, we spent five days painting houses, building residential wheelchair ramps, and weeding the community garden run by the reservation high school. It has always been a joyous experience for me to see how quickly and cheerfully we finish our assigned tasks on these trips. Of course, the week wasn't all work: we spent an afternoon swimming and playing at a nearby lake, and visited Park City, Utah on the way back to enjoy the attractions there.

It was not only a week of work and play, but a week of spiritual experiences, ranging from "spiritual awakenings" at seven in the morning to youth-run devotions before bed every night. A more intensely meaningful time came Thursday evening when the SSP staff shared some personal life experiences with us, bringing to light for many of us important points on the meaning and experience of life. Perhaps the most melancholy moment on the trip came on the morning of the last day of the trip. Forming a circle around the graduated seniors in our group, we took an hour telling them how much we appreciated all they'd done for the youth group during their time there and wishing them good luck for college. This yearly tradition is a time to say goodbye not only to good friends, but to the great leaders they have become. The theme for the week was "grow," and ending the week by sending our grown members off to college is perhaps the most fitting end we could have.

Say "Cheese"! Become part of St. Luke's visual history – get your portrait taken for our 2011 Pictorial Directory!

We encourage everyone to participate. By doing so, you'll be quickly recognizable to your brothers and sisters in the St. Luke's family, you can easily and conveniently get high-quality, professionally produced portraits for your home, or to use as Christmas cards. Also, all participants receive a free 5x7 portrait, a complimentary directory, plus the option of purchasing specially priced portrait packages. Final copies of the pictorial directory will be available in April 2011.

continued on page 3

We had a **GALACTIC BLAST** at St. Luke's VBS! 360 kids, 140 volunteers, two sessions, one talking robot, tons of fun!



Sunday Worship Services:

8:00am, 9:30am, 11:00am

6:34pm: Fusion

Contemplative Services also offered.
(Check website for dates and times.)**Sunday School:**

Adult, Youth & Children:

9:30am & 11:00am

Nursery available for

9:30am & 11:00am services

Church Office: 303-791-0659

Fax: 303-470-5615

St. Luke's Youth.....x45

Childcare Reservations.....x47

Email: office@stlukeshr.comWebsite: www.stlukeshr.com**Preschool Office: 303-791-1982****Staff:****Rev. Janet Forbes**.....x13
Senior Minister
Emergency: 303-241-9312**Rev. Brad Laurvick**.....x12
Associate Minister
Emergency: 720-296-1251**Rev. Sallie Suby-Long**.....x32
Associate Minister
Emergency: 303-475-0141**James Ramsey**.....x23
Director of Music & Arts Ministries**Kay Coryell**.....x36
Associate Director of Music Ministry**Ken Mervine**.....x42
Organist/Accompanist**Josh Carr**.....x44
Fusion Worship Leader**Carrie Mallery**.....x35
Assistant Fusion Worship Leader**Chris Wilterdink**.....x14
Director of Youth Ministry**Susan Johnson**.....x19
Assistant Director of Youth Ministry**Joely Maddux**.....x11
Co-Director of Children's Ministry**Sharon Oliver**.....x27
Co-Director of Children's Ministry**Samantha Leahy**.....x40
Director of Childcare**Lynda Fickling**.....x20
Director of Servant Ministry/Spiritual Director**Lisa Coryell**.....x10
Office Administrator**Dave Cupp**.....x24
Director of Finance**Lisé Takayama**.....x16
Assistant Director of Finance**Barry Curtis**.....x39
Facilities Manager**Kay Swanson**.....303-791-1982
Director of Little SchoolAll articles, photos and
announcements for the
September 2010
issue of *The Chronicle*
are due **August 20**
Editor: Sharon Oliver
chronicle@stlukeshr.com

A MESSAGE FROM OUR SENIOR PASTOR

**Rev. Janet Forbes**
Senior Pastor

How to Help Your Child Leave for College

For college students, leaving home for the first time may be one of the most exciting times of their life; however, it's still a difficult and sometimes challenging change

to make. As a parent, you're probably experiencing mixed emotions--proud to see your child move on to higher goals and sad to see them leave.

It's a good idea to be both supportive and encouraging. And at the same time, it's okay to let your child see your sadness and how much you'll miss them.

- Tell them how proud and excited you are for them. They need to know and feel confident that they're doing the right thing. You can help by telling them how right this decision is and by becoming their biggest supporter. Hold your child in prayer every day.
- Spend time helping them plan their move. Even if your child is moving into a dorm or other on-campus housing, there's still a lot to buy and pack. You can help by asking them what they need to do, what they'd like to take with them, and how you can help. You can make suggestions on how to move their things and what they might need, but it's also important to take a step back and let them prepare for this change the way they need to.
- Make sure they know that their home will always be their home and that you'll always be there to support them. Your child will experience a range of emotions before leaving and in the first few weeks. Let them know that you're just a phone call away.
- If you're driving your child to campus, try to make sure that once he or she is moved in, that you leave them to settle in. Most colleges have activities and orientation plans scheduled so it's best to leave as soon as possible, allowing your child to be on their own.
- Pack a surprise "care kit." It could contain special items that you know your child will be without for a while: their favorite cookies, photos, a phone card, coins for laundry, something that says that you care and are rooting for them. It doesn't need to be much, just a little something from home.

Here are five things to do after you drop the kids off at college:

- 1. Parent Weekend Plans:** For most families, Parent Weekend is the first time you'll see your child since dorm move-in day. It may make drop-off - and imminent empty nesthood - a little easier if you start laying plans for that first reunion now. So reserve your spot for Parent Weekend, and make hotel reservations and any necessary travel plans. This might be a good time to sign up for the university's parent association too. It won't take the time commitment that your old PTA took up, but it's a good way to stay on top of campus events.
- 2. Fall Break:** If your child will be flying home for Fall Break, now's the time to book those plane tickets.
- 3. Thanksgiving:** Ditto, but even more essential because Thanksgiving week plane tickets disappear quickly.
- 4. Start Baking:** If your child is even the least bit homesick, a care package from home will help - and baking is marvelously therapeutic for parents too. So rev up the mixer, pull out the Tollhouse and start baking.
- 5. Date Your Spouse:** Your child may have gone off to college and perhaps your nest has emptied of children, but this is the time to rekindle your marriage, your friendships and your own life. Date your spouse as if this was the very beginning of a new relationship. Befriend your friends once more. Take up a new hobby.

-Rev. Janet

Connect Your Student to Campus Ministry

Campus ministries offer immediate connections for new students. Check your college directory. The Rocky Mountain Conference campus ministry programs invite your student to check them out!

Wesley Foundation ©
Colorado State University
Rev. Rebecca McFee
rebeccamcfee@cfumc.net
970-482-2436
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University of Wyoming
Rev. Laura E. Rainwater
laura.rainwater@bresnan.net
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www.laramiewesley.comWesley Foundation ©
University of Colorado
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www.wesleyf.orgWesley Foundation ©
University of Denver
Ryan Canaday
rycanday@yahoo.com
303-944-5061
www.foundationdu.org



Rev. Brad Laurvick
Associate Minister

“There are some things that can only be accomplished when people come together.”

This is our theme for the Feeding of the 5000, a community wide food drive hosted by St. Luke's. Last year our community raised over 55,000 pounds of food in one weekend. And the only way it was possible was by people working together.

We will need your help to make this amazing event happen again this year. We will again host the Feeding of the 5000 the first weekend of October (Oct. 1, 2 & 3) and WE NEED U2.

Please keep the weekend open. Invite your friends, neighbors, soccer team, co-workers, EVERYONE to do the same. The more people we have involved, the more people will have food on their tables as a result.

We have opportunities for people of every age. Whether you like to work with others face-to-face or if you like to be behind the scenes, whether you like to carry big boxes or are newly potty-trained (I said, all ages) there is a place for you at the Feeding of the 5000.

Mark your calendar: October 1, 2, 3

continued from page 1

Flexibility and convenience is the name of the game in scheduling your portrait appointment. We have again contracted with locally owned Bettinger Photography, who received rave reviews for our 25th Anniversary Pictorial Directory in 2008, to produce our 2011 directory. You can schedule your appointment at Bettinger's studio any time now through January 8, 2011, or get your portrait taken here at St. Luke's when Bettinger Photography will be on-site from Friday, October 15 through Thursday, October 21, 2010.

So how do you sign up? It's easy, you can:

- Call Bettinger Photography at 303-400-6023;
- Go online to bettingerphoto.com, click on the "Schedule a Directory Appointment" icon, and follow the simple online instructions; or,
- Sign up in the Narthex before or after Sunday services on September 26, October 3 or October 10. Volunteers will be available to assist you with scheduling an appointment, or you can do it yourself at one of the "self-serve" computer terminals set up in the Narthex.

Bettinger Photography is located at 2431 South University Boulevard, one-third of a mile north of Yale.

For more information about the 2011 Pictorial Directory, please visit stlukeshr.com/photodirectory, or contact either Kris Kinney at 303-346-2740, kmk830@earthlink.net, or Jill Wright, 303-927-6345, jill@jillwright.com.

New Support Group to Start This Fall!

Parents of Teens/Young Adults with Depression or Bipolar Disorder will meet to share experiences, personal feelings, information and strategies for living successfully with your child. There are a number of us in the St. Luke's community that are raising a teen or have a young adult child dealing with depression or bipolar disorder. The teenage and young adult years can be challenging for both the child and the parents. Several of us have felt a need to offer support to each other, as parents, as we strive to offer the best support and care for our children. This will be a peer-led support group offered in a safe and accepting environment. We have a local professional advisor and will be offering this to the St. Lukes community as well as to our community at large. We are scheduled to meet bimonthly on Wednesdays beginning September 8 at 6:30pm here at St. Luke's. If you would like more information about this opportunity, please contact Rev. Sallie Suby Long, 303-791-0659.

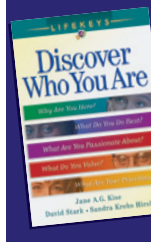
Coming Soon....Spirituality and Wellness Workshop Series!

The results of our Wellness Inventory indicate that, as a congregation, we are very interested in enhancing our emotional, social, intellectual, and vocational wellness. We would especially like opportunities related to managing stress, growing in our spirituality, parenting, and leading balanced and integrated lives.

The newly formed Spirituality and Wellness Team is creating opportunities directed specifically in these areas. This fall, St. Luke's will initiate a Spirituality and Wellness Series that is open to all. The sessions will be interactive and focus on application to our daily lives. Watch for details in the weeks ahead!

For more information, contact Rev. Sallie - sallie@stlukeshr.com

LifeKeys, a spiritually-based comprehensive program for discovering:



- Life Gifts
- Spiritual Gifts
- Personality Type
- Values
- Passions

www.lifekeys.com

Servant by Design

Thursdays, Sept. 9 - Oct. 28, 6:30-8:30pm
Discover who you are...Why are YOU here? What do YOU do best? What are YOU passionate about? What do You value? What are Your priorities? Begin your journey to a God-centered life by discovering how you are designed to serve. Discover your: Life gifts and Spiritual gifts (What you do best!) Personality type and Values (The places or atmospheres that give you the most energy) Passion (The

purposes God placed in your heart) Signup online www.stlukeshr.com or at the Get Connected Center. Co-Facilitators: Lynda Fickling 303-791-0659x20 lynda@stlukeshr.com or Brenda Schafer bschafer63@gmail.com



Relay for Life

On July 30 & 31, over 45 St. Luke's members participated in the American Cancer Society's, Highlands Ranch/ Lone Tree, Relay for Life. This event, made up of over 600 participants from our communities, focuses on teams working together to

keep someone walking on the track from 6pm Friday until 8am Saturday. Our 45 team members, including 8 cancer survivors, walked the track in memory and in honor of those touched by cancer. The preliminary total for the entire event is around \$63,000 that will go to support services, research, advocacy, and education related to cancer. Thank you to all who supported our team, and to everyone who walked.



Lynda Fickling
Director of
Servant Ministry/
Spiritual Director

We are Called to Serve

We invite you to stop at our Get Connected Center to discover more about our programs and ministries

2011 Pictorial Directory Project: :

Volunteer duties are staffing appointment sign-up tables before and after Sunday services on 8/1, 9/26, 10/3 and 10/10;

and also to greet and sign-in families and individuals getting portraits taken at St. Luke's from 10/15 through 10/21. This is a fun way to meet and get to know others in the St. Luke's family, while serving a very important function for the church! For more information, please visit stlukeshr.com/photodirectory/, or contact Jill Wright, 303-927-6345, jill@jillwright.com or Kris Kinney, 303-346-2740 kmk830@earthlink.net. *Spiritual Gifts: Administration, Helps, Hospitality and Service.

Ushers: Assist in the Sunday morning services with hospitality and helping hands. Ushers typically serve on a quarterly basis at the time of service that you regularly attend. If this is an area you would be willing to serve in, please contact Shawn Slade 303-660-6113 shawn.slade@leicaus.com or Dick Frame 303-791-4251 rframe5492@aol.com

***NEW Welcome Team:** A new look to an old name. We are a team built for helping those new to St. Luke's or new to becoming involved in our community, feel comfortable and connected. If you enjoy listening to others, meeting new people and walking with them on their journey within our community please contact Lynda Fickling lynda@stlukeshr.com 303-791-0659x20. Training and guidelines provided. *Spiritual Gifts: Shepherding, Encouragement/Counseling, and Hospitality.

For Volunteer Opportunities in our community visit: www.denverpostcommunity.com
www.douglascountyvolunteers.org
www.highlandsranch.org

ST. PAUL'S UMC SUNDAY MEAL PROGRAM:

1615 Ogden St., Denver, CO 80218. Provides a hot meal to those in need on Sunday's. St. Luke's helps serve on the 3rd Sunday of the month. Contact: Marie Blue, 303-683-2601

To Discover more about your own Spiritual Gifts and where you may serve best, visit http://stlukeshr.com/p_volunteer.asp, and beginning serving where God has given you talents and gifts!

"We are God's work of art, created in Christ Jesus for the good works which God has already designated to make up our way of life." Ephesians 2:10

If you are searching for a place to connect at

St. Luke's, please contact Lynda Fickling, Director of Servant Ministry 303-791-0659 x20 lynda@stlukeshr.com or Karin Wesson, Team Leader for Lay Leadership, 303-683-0196 karin@thewessons.com



Week Ending August 6, 2010

Please stop by the Information Center, by the front door, where you will find the updated Prayer Concerns List (on yellow paper) and the Armed Forces Prayer List (on blue paper). Look it over and Rev. Sallie Suby-Long know if you have any additions/removals from either list. 303-791-0659 x32, leave a note on the front desk, or email at sallie@stlukeshr.com

Paula Strader (Sandi Miyaki's sister)
Lori Lieberman
(friend of Jane Damsgard)
Schelly Thompson
(Sandy Thompson's sister-in-law)
Mark Bartellina (Mike Hutchin's cousin)
David Joseph
(friend of Bobbi King/Marie Blue)
Daniel Winkle (friend of Gail Strawn)
Darrell & Billie (wife) Aderman
(friends of Rick & Louise Jasper)
Ross Magaughey
(friend of Rick & Louise Jasper)
Jerry Miyaki (Mike's uncle)
Rosie Shaw (friend of Eric Ransick)
Lolitha Fernandes
(friend of Joely Maddux)
Zach Bingham
(3 mo. nephew of Ashlee Favilene)
Bill Harold (Nancy Obertier's cousin)
Donna Craven (friend of Cindy Barlow's)
Maria Viera Harris
(friend of Cindy Barlow's)
Mary Hogan (friend of Sharon Scholle's)
Chad Swier (Kathy Swier's son)
Norma Whitaker's mother, Jane
Denise More (friend of Jenny Stevenson)
Emily Geraghty (3yr old- Little School)
Thelma Noah (friend of Rachel Nolder's)
Joan Dixon (friend of Eileen Law)
Keaton Wong (friend of the Takayama's)
Chris Kellams (friend of Joely Maddux)
Julie Ramsett
Austin Lockrem (Lori Smith's father)
Jack Fleming (Julie Brower's father)
Richard Swier (Dan Swier's father)
Brenda Zachek (friend of Kathy Swier's)
Dean Mathena (Rick Jasper's friend)
Terry Bohn (friend of Lisé Takayama,
Kam Boles, & Joely Maddux)
Helen Mueller (Cindy Markham's
mother)
Bertha Roth
Norma Whitaker
Pamela Hinrichs
Annie Schoenhals (friend of the
Muscianisi family)
Jan Rufien
Isabel Lucero (sister of Kerry Lucero)
Susan Robertson (sister of Janet Sackett)
Brianna Bennett (Lynette McKinney's
cousin)
Bob Halderman
Kevin Frame
Jason Ritter
(Ryan Hooke's teacher/coach)

Elaine Schafer
(Brenda Schafer's mother)
Ethan Goddard
Chad Swier (Kathy Swier's son)
Sonia Cajanda (Mercedes
VonNormann's sister)
Mary Durston (Diana Starnes' mother)
Adam Alderson
Brian Rovetta
Jim Eckberg (Kris Reif's brother)

ARMED FORCES PRAYER CHAIN:

Mark Thompson, Ed Herring,
Josh Brady, Jeremy Brady,
Colin Gabriel, Dustin Ellington,
Justin Bogg, Lt. Jeff Hamer,
and Christopher Gardner.

SYMPATHIES:

To Bud and Sharon Scholle on the passing of their friend, Bonnie Lewis, on June 10; the passing of Sharon's sister, Shirley Koonfield; the passing of Sharon's aunt, Maxine Neas, on June 26.
To Gregg and Maria Lawson on the passing of Gregg's mother, Barbara Behnke, on June 19.
To the Kirchhoff family on the passing of Bruce's aunt, Marion, on June 18.
To the Wesson family on the passing of Karin's aunt, Marjorie Yates, on June 24.
To Kay Bailey on the passing of her husband, Boyce Bailey.
To Caroll Gabert and Susan McIntosh on the passing of their friend, Debbie Duncan.
To Cindy Chumacas on the passing of her father, Richard Webb, on June 5.

MARRIAGE CONGRATULATIONS:

To Barry and Stephanie Newton on their marriage July 24;
To Tim and Jena Krening on their marriage July 25;
To Paul and Stephanie Kirk on their marriage.

NEW BABY CONGRATULATIONS:

To Ryan and Jennifer Levine on the birth of their son, Nolan Thomas, born 7/13.
To Mitch and Kelly Owens on the birth of their son, Nathaneal Paul, born 7/26.

NEW... Are you looking for a place to volunteer at St. Luke's?

"Volunteer to Serve" opportunities are now located at the Get Connected Center and in the Friendship pad. Fill one out today and begin your journey of serving in your community! Questions? Contact Lynda Fickling, Director of Servant Ministry lynda@stlukeshr.com 303-791-0659 x20



Rev. Les Ludlam
St. Luke's Lay
Associate Pastor
1993-1997

More from Les: Patricia and the Crosley Station Wagon

My mother, Patricia, was the middle child of a family of seven. She was the negotiator and accommodator of the family and rarely would anyone see her angry. She would work in the background, quietly trying to "fix" whatever the problem might be. But she would never order anyone to do something. But that changed one winter day. It was the second week of the New Year

in 1952, and the mid-January cold snap had been one of the worst for the Grand Junction. It had snowed right after New Years day and then turned very cold. The roads stayed very icy and treacherous for days and days.

Patricia's mother, Lillian worked as a "Registered Practical Nurse" at St. Mary's hospital on 7th street, about 5 miles from her home. Lillian had given up driving a few years before so she depended on Patricia to get her to work for the 7:00am to 3:00pm shift. On this particular morning, Pat and Lillian got up extra early to get ready for the trip to the hospital. Daughter, Kathy, was only 2 and would ride in the car with her mother as they took grandmother Lillian to work. Pat dressed the baby in warm clothes and wrapped her in a blanket and went out to the car.

The family car was unique to say the least. It was a 1948 Crosley Station



Wagon, one of the predecessors of the small, efficient compact cars that became so popular in the oil price crises of the '70s and '80s. It was just large enough for two adults in the front seat and two in the back.

Kathy was playing with a couple of her toys on the back seat as Pat and Lillian started out for the hospital. As they drove, Pat noticed that the pavement was particularly icy along Patterson Road. Then, suddenly as they started down a slight grade toward 12th street, a pickup came sliding out of a side street. Pat instinctively hit the brakes on the Crosley and the car began to skid sideways. She tried steering into the skid, but to no avail. She narrowly missed the pickup, but the Crosley continued to spin, out of control. The Crosley's path led it to a shallow depression at the side of the road and as the small station wagon left the roadway, it began to tip sideways. It then slowly rolled over and stopped on its side, in the ditch. Pat found herself lying on top of her mother. Lillian was shaken but only had a scratch on her arm. The baby, Kathy, was crying hysterically in the back and Patricia checked to see if she was OK. Nobody was seriously hurt.

Patricia told Lillian, "You help Kathy, I'm going to open the door and climb

out." The driver's side of the Crosley was now the top, so she opened the door, pushed it up and well back to assure it wouldn't fall back. She climbed out and reached back in to pick up the 2-year old. Then Patricia helped Lillian climb out.

Several cars had stopped by now, so Patricia carefully walked across the ice to three young men. "Do you think you can set this car upright?" she asked. "Sure!" said one and they walked over the station wagon to see what it might take. "And would you see if my mother is all right?" she said to a young woman who was with the men. Then Pat took Kathy's hand and told her, "Now, you stay with grandma Lillian till we get the car taken care of." This mild-mannered lady who had never ordered anyone around had taken control of the situation!

Crosley's are fairly light automobiles and the young men had no trouble righting the car. Then, once upright, Patricia got back in the car, rearranged some of the things that had been scattered as it turned over, and then tried to restart the engine. To her relief the engine started right up!

Then the young men helped push the Crosley back onto the roadway. At that moment the city police cruiser showed up. "We have a report of an accident, ma'am," the patrolman said, "Is anyone hurt?" "No, we are all right," said Patricia, "but you might check on the man driving that pickup in the ditch over there, he was driving rather strangely!"

The patrolman looked over the Crosley. "Is that the only damage?" he asked, pointing to the scratches on the passenger side of the car. "I believe so," said Patricia. "Don't see any need to write a citation," he said, "but I'll need to see your driver's license and will make a report." "That's fine," she replied.

Patricia dropped Lillian off at the hospital and returned home. After putting Kathy down for a nap, she went back to the kitchen, started a pot of coffee, sat down, and then cried... and cried.

I am convinced that God's Holy Spirit was with Patricia on the day the Crosley overturned. She calmly and uncharacteristically took control of the situation. She made sure that her loved ones were all right and cared for and then focused on the task of getting the car upright and running again. She was stronger than she had ever dreamed she could be.

Some time later, she told a friend about the incident. "I can't imagine how I got the strength to do what I did!" Patricia, I can! I am convinced that God's Holy Spirit strengthened Pat when she needed it. And after this incident, she had no particular fear of icy roads, only respect.

God bless us all! Rev. Les



On Saturday, July 17 Simply Saturday (and Friends!) went to The Food Bank of the Rockies.

It was a very fulfilling experience and we met some wonderful people. In their own words, here is what a few out of the sixteen experienced:

"Working at the Food Bank of the Rockies was a wonderful experience. Being able to interact with the clients and see how appreciative they were was heartwarming and made me realize how many mission opportunities there are right here in our 'back yard.' I would welcome the chance to go again."
—Nancy Mussetter

"It was an eye opener to know that there are several other cultures living here in the Denver metro area that are in the need for food. I would do it again."
—Frank Harris

"The Food Bank of the Rockies experience was great and working directly with the clients was an added bonus. As we picked up tomatoes and corn, many of the clients had a special way to cook them or can them or a recipe to share—it was truly like talking with a neighbor or friend. It was also heartwarming to hear that there are 13+ different programs at the Food Bank of the Rockies to meet the food/nutritional needs of our community." —Nancy Jackson

"It was more physically tiring than I thought it would be, but it was also very rewarding in knowing that we were helping people who needed food. I was pushing the cart for one mother and her 8-year old son (at least I think he was around 8) and when we got to the bread distribution, the volunteer gave her a loaf of bread and then someone brought out a dozen donuts wrapped in clear wrap looking very tasty. The other volunteer asked the mother if she would like them; the mother looked at her son and he nodded yes! When we got to her car, she put them on the roof so we could put the heavier food in first. I remarked to her not to forget the donuts and she nodded to her son and said not to worry, that he wouldn't let her forget. He just beamed. Nice memory for me." —Pam Lyons



The Bongo Beat!

Woof! Woof! Hello it's me Bongo! I am so excited tell you what a fun time I had at St. Luke's Vacation Bible School **Galactic Blast** this year! I had a great time at both the morning session in June and the evening session in July. We

learned all about the universe and how God cares for all of us. We also learned that having faith in Jesus helps guide us every day. Who were "we" you ask? Well that was me and the 360 children at our two sessions (I was the only dog!) I am told this was the most children St. Luke's ever had at VBS and I got to be a part of it! Of course, it wouldn't have been near as much fun without the 140 volunteers! Evening VBS Teacher Betsy Brown commented "I went each evening hoping to relay some small blessing of God's love to the children of my class and found that I received God's blessing back ten fold!" Thanks so much to all who served our children at VBS!!! You all make my tail wag!

I have to tell you about something very exciting going on in our 9:30am PEAK Sunday School. My friends in Kindergarten through 4th grade will be learning about OUR church throughout the month of August. We have had a visit from John Wesley's mom, who told us about the time John was saved from a fire and she just knew God had a very special mission for him in his future. Then I am told we even have a visit from **Mr. John Wesley** himself on August 8 to help us learn how he started the United Methodist Church.

Speaking of August 8, that reminds me that is also the date of the **church picnic**. Where there's a picnic, there is food and that is where I love to be! We will also have fun games to play as well! And don't forget **Family Movie Night** coming up on August 27! We'll have yummy popcorn to eat! Hope to see you there!

—Love, Bongo



Joely Maddux
Co-Director of
Children's Ministry



Sharon Oliver
Co-Director of
Children's Ministry



Samantha Leahy
Director of Childcare

St. Luke's Kids
Growing with God

News & Notes:

Thanks to everyone for a successful and fun summer of **Wacky Wednesdays!** We made new friends and learned all about the miracles of Jesus.

Servant Training: If you are serving in Sunday School please join us for one of our **2 Sunday School Servant Training** sessions: Sunday Aug. 15 at 11:00am or Wednesday Sept. 1 at 6:30pm. We'll go over Safe Sanctuary techniques and Sunday School procedures. Please check out the Servant Schedule on the website at www.stlukeshr.com. We'll keep the most up-to-date version available online. We are so blessed to have amazing volunteers and an amazing Sunday School program. Come and join us!

Acolyte Training: All 3rd through 6th graders and their parents are welcome to join us for **Acolyte Training** on Sunday August 22 at 12:15pm. Being an Acolyte is a chance for our children to be a very special part of the Sunday morning worship in the Sanctuary. At the training we'll learn about how to perform the Acolyte responsibilities and get a chance to sign up to serve as an Acolyte on Sundays throughout the coming year. We'll provide a pizza lunch so please let Joely or Sharon know if you plan on attending.

Movie Night: Join us on Friday August 27 at 6:45pm to watch "The Princess and the Frog" with your church family. Wear your jammies and bring a pillow and blanket and be prepared to eat lots of yummy popcorn.

This movie is a modern day retelling of the classic story "The Frog Prince". "The Princess and the Frog" finds the

lives of arrogant, carefree Prince Naveen and hardworking waitress Tiana crossing paths. Prince Naveen is transformed into a frog by a conniving voodoo magician and Tiana, following suit, upon kissing the amphibian royalty. With the help of a trumpet-playing alligator, a Cajun firefly, and an old blind lady who lives in a boat in a tree, Naveen and Tiana must race to break the spell and fulfill their dreams. Don't miss this fun night!

Don't miss our special Back-to-School Sunday tradition: Blessing of Teachers and Backpacks Bring your backpack on Sunday August 29 for a special blessing!

If you have any questions about Children's Ministry programs contact Joely Maddux x11 joely@stlukeshr.com or Sharon Oliver x27 sharon@stlukeshr.com.

A Note from the Nursery

Our Nursery takes care of some very precious people... our kids. Our dedicated staff understands that children are a sacred gift from God and are committed to providing a safe, loving environment so parents may attend worship services or participate in many of St. Luke's programs and events with peace of mind. The CPR-trained and caring staff provide care for all morning services on Sundays and by reservation for many ongoing activities during the week. The Nursery is located downstairs on the south side of the building. If you should have a question or Nursery need please feel free to contact Samantha Leahy, Director of Childcare, sam@stlukeshr.com.



SLY, Jr. Kicks Off Aug. 29 with Geocaching!



Calling all 5th & 6th graders!!! Come join us Sunday August 29 from 5:30-7:30pm for fun and fellowship. Our 2010-2011 calendar kicks off with a high tech game of hide and seek! SLY, Jr. will be going geocaching on the trails behind the church. (We'll stay indoors if weather doesn't cooperate.) Geocaching is a hide and seek search for "treasures" using handheld GPS units. If you have a handheld GPS you can bring please let Ms. Sharon know. If you do not have a handheld GPS we will have some that you can use. So that we can plan accordingly please email Ms. Sharon at sharon@stlukeshr.com to let her know that you

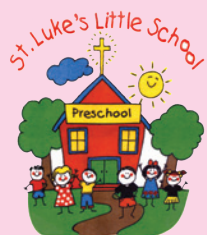
will be attending. For those of you bringing a GPS, we will email you the coordinates of the caches so that you can enter them before we start. Our evening will start with the Community Dinner at 5:30pm - bring \$2 for the meal. Parents are welcome to stay for the first 15 minutes so we can review the schedule for the year. Parents are also welcomed to sign up to volunteer throughout our year together. For more info contact Ms. Sharon at sharon@stlukeshr.com. See you soon!!!



Kay Swanson
Director of
Little School

Little School News: Get Ready! Get Set! Go!

Little School is looking forward to another year of exciting education, moving music, playful programs, wonderful weather, colorful classrooms, terrific teachers, amazing art, friendly families, Christian chapels, perfect playgrounds, fabulous flooring AND of course CHARISMATIC CHILDREN! We hope that you will up hold Little School in your prayers as we begin our 16th year!



Mark your calendars for our OPEN HOUSE for Parents, Monday August 30, and OPEN HOUSE for Children on Tuesday August 31. Little School will officially begin its first day of school Wednesday Sept. 1 for MW and MWF children and Thursday Sept. 2 will be for T/TH and T/TH/F children.

We can wait to see all of you! We may have some sporadic openings, so please call if you have not heard from us or are still looking for a spot!

PLEASE remember if you love children and would like to connect with them in a very special way, we would love to have you volunteer with us.

We can't wait to get started!

Blessings, —Ms. Kay and Staff:—)



Upcoming Events Calendar:

Sundays July 25-Aug. 29 - "The World is Our Parish"/John Wesley rotation in PEAK Sunday School

Sunday August 15 - Sunday School Teacher Training 11:00am - Rm. 213

Tuesday August 17 - Children's Ministry Team Meeting 6:30pm - Rm. 213

Sunday August 22 - Acolyte Training 12:15pm (pizza lunch provided) 3rd-6th graders welcome! RSVP to Joely or Sharon

Thursday August 26 - Joy Trek Craft Assembly 9:30am-noon

Friday August 27 - Family Movie Night 6:45pm

Sunday August 29 - **Blessing of Teachers & Backpacks 9:30 & 11:00am**
SLY, Jr. Kick Off! 5:30pm

Wednesday September 1 - Sunday School Teacher Training 6:30pm - Rm. 213

Sunday September 5 - PEAK Adventures Sunday School - "Fall Kick Off Celebration"

Adult Education: Explore your Faith!

Disciple 1 – "Becoming Disciples through Bible Study" A 34-week class that offers an overview and introduction to the Bible as a whole. Students will be exposed to the whole bible during this course.

Disciple 2 – "Into the Word, Into the World" A 32-week class that invites you deeper into the scriptures including Genesis, Exodus, Luke, and Acts.

Disciple 3 – "Remember Who You Are" A 32-week class that invites you deeper into the scriptures including the work of Paul and the Prophets of the Old Testament.

Disciple 4 – "Under the Tree of Life" A 32-week class that speaks to both heart and head and carries the reader toward the climax of the message and completion of the promise. Concentrates on the Hebrew Writings: Ruth 1 and 2, Chronicles, Ezra, Nehemiah, Esther, Job, Psalms, Proverbs, Ecclesiastes, Song of Solomon, Lamentations, and Daniel as well as New Testament Scripture the Gospels of John, James, Jude, and Revelation.

Jesus and the Gospels – A fifth installment of the 32-week Disciple series, this class delves into the life of Jesus as told in the gospels.

Just Faith – This 30-week class invites you to delve into the many issues of justice and social change that face people of faith today.

Short Term Bible Study – 8-week classes including: Introduction to the Old Testament, Psalms, Introduction to the New Testament, and the Gospels.

There are also other offerings and drop-in classes including adult Sunday School and study groups throughout the week, such as Living the Questions on Thursday mornings, Gap Group on Wednesday nights, or the Open Minds or Christian Connection classes that meet on Sunday mornings.

How to get involved:

Sign up will be electronic, so you can do it directly from your computer at home! Look for links on the St. Luke's website coming this August. But, don't panic if you need assistance! We will have a table set up with a computer and a team member to help you sign up if you prefer to do it in person at the Church Picnic on August 8. If you would like to be a class facilitator or assistant we are still looking for some passionate people. Call the office to let us know. ***We look forward to seeing you in a class this fall!***

SPIRITUAL GIFTS Have you ever heard the use of "spiritual gifts" in growing up? Surprisingly, many of us have not. When we are facilitating the "Servant by Design" class and we get to this chapter, first we must discuss what spiritual gifts really are. First and foremost we all have gifts. You may be unaware of them but you are using them! Has anyone ever told you, "you are so hospitable!" "You are great with children," You are such a great organizer!?" Secondly, God gives these gifts to us for the use of the common good and we are stewards of these gifts that we are given.

***"Preach the Gospel
always... when
necessary use words."***
—St. Francis of Assisi

There are many biblical texts that refer to our spiritual gifts: Ephesians 4:11-13, 1 Corinthians 12:4-11, 1 Peter 2:9-10 to name a few. As you begin your search for your own spiritual gifts, keep in mind these passages and keep yourself open (discern) to your place in our community and the world.

I invite you to visit www.stlukeshr.com and take the Spiritual Gifts assessment. After you take the assessment,

you will immediately receive the results. If you would like to dig deeper into this subject and discover even more about yourself (life gifts, passions, personality, values) please sign up for our "Servant by Design" class in August, either online or at the Get Connected Center. It will begin September 9, Thursday evenings for 8 weeks. Class size is limited so don't wait!

We will also offer a 4-week class on Spiritual Gifts, Sundays, beginning Oct. 10 at 11:00am. Signup in September online or at the Get Connected Center.

I would love to talk with you about your results, so feel free to contact me and together we will find a place to start developing those God-given gifts. —Lynda Fickling, Director of Servant Ministry/Spiritual Director 303-791-0659 x20 lynda@stlukeshr.com

O God, who by your Spirit has given to each of us unique gifts for the building up of the body of Christ, give us wisdom to know our gifts, courage to claim them, and power to use them for your glory. Amen



"The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church."

Who is a member of St. Luke's UMW? Any woman can be a member of UMW. You can participate in a subgroup of UMW or in one of our four annual events. You do not need to be a member of the Mission Team or make an annual pledge to be a member. Please join us as our membership continues to grow at St. Luke's. For more information, visit the Get Connected Table or contact Elena Lynch at elenaclynch@gmail.com.

UMW Fall Event: "Bringing New Life to Old Things"

St. Luke's UMW will be Changing the Season by "Bringing New Life to Old Things" on Sunday, Sept. 12, from 2:00-4:00pm. The cost is nothing to attend... *priceless to be present*. UMW invites all women in the church to celebrate our ability to help women in our community and the world. Join us as The Women's Crisis and Family Outreach Center (TWCFO) shares how they assist women and families in our community. Over the next few weeks our various women's groups will be collecting stylish, yet gently used women's clothing that will be donated to TWCFO and used to assist women on the path to renewing their lives. We will also be celebrating the wonderful women's groups we have here at St. Luke's and the missions they support. Looking forward to your donations and participation. Refreshments will be served.

Subgroups of UMW at St. Luke's UMC:

• **Simply Saturday** First Saturday of the month, 8:30-10:30am

August 7 Annual Organizational Meeting; Mission Focus: school supplies. Please bring a breakfast item to share with the group. Childcare is available on August 7th with 24-hours notice (303-791-0659 x47). All women ages 18 and older are invited to join us in mission work, time for faith, devotions and building relationships. For more information, please contact Elena Lynch at elenalynch@gmail.com or Lynda Fickling at Lynda@stlukeshr.com. Visit stlukeshr.com Quick links, Email lists to add your name to the email distribution list.

• **Women's Night In** Fourth Monday of the month, 6:00pm Fellowship Hall. Will begin again in September. For more information, please contact Dawn Johnson at drjohnson636@gmail.com.

• **Evening Book Group** Fourth Monday of the month, 7:00pm Conference Room. August 23- *Prayers for Sale* by Sandra Dallas September 27- *The Help* by Kathryn Stockett For more info, please call Renae Parra at 303-683-0872. To be added to the email mailing list, send a request to RenaeParra@aol.com

• **Itch to Stitch** Third Wednesdays of the month, 7:00-8:30pm downstairs near the Children's Library. Itch to Stitch provided over 100 blankets and burp cloths to the Bridgeway Home for pregnant teens. For more information, please call Fran West at 303-797-7107.

• **Women's Night Out** First Monday of the month, 6:30pm various locations. For more information, please contact Sandy Frasier at Sandy.Frasier@yahoo.com or Elaine Carlstrom at ecarlstrom@comcast.net.



Mark Your Calendars

- Sept. 12: UMW Fall Kick-Off Event
- Dec. 7: Women's Candlelight Dinner

Upcoming Mile High Pikes Peak District UMW Events

UMW Ubuntu Day of Service & Annual Alumni Picnic
Sat., Aug. 7 noon-3:00pm at Morse Park (8180 W 20th Ave., Lakewood)

UMW Service Gift A monetary gift to UMW Missions has been given to honor Lynn Montagne. Lynn and Terry recently moved to Arkansas. Lynn has served our church through her talents of music and stitching. Years ago she started the Crochet Circle that became the Yarn and Yak and now (to include all stitchers) the Itch to Stitch. In that time, she has made 100's of items: baby caps and blankets for needy families, lap robes for our shut-ins and Veterans, and Prayer Shawls for our congregation and others needing the love a prayer shawl brings. We are so thankful for Lynn's gifts from her heart and we know she will continue her service for others in Arkansas.

MISSIONS

Overwhelming Need in Guatemala

For the past six years, St. Luke's has been sending Mission teams to Guatemala. We are currently in the planning stages for our March 2011 trip. The focus of this trip will be building adobe homes and chicken



coops for families in the rural areas of Lemoa and Chontola. However, we will also

conduct bible camps and visit the John Wesley School. Most importantly, we will spend time talking and sharing with people in the area, continuing to develop friendships with our Guatemalan friends.

Due to the overwhelming need in Guatemala right now (with the recent landslides) we are considering scheduling two back-to-back mission trips in March 2011. This will enable us to meet various scheduling needs of our volunteers while also providing the additional help the people of Guatemala need. Volunteers will have the option of:

1. **Going on the trip during Week 1 – 3/11-3/20**
2. **Going on the trip during Week 2 – 3/19-3/27**
3. **Going on the trip for both weeks – 3/11-3/27**

The cost for people choosing Option 3 would likely be less than 1 ½ times the one week fee since those people would not need to pay for airfare twice. The cost for a one week trip has not been finalized (due to fluctuating airfares) but in the past the cost has been approximately \$1,600 per person. More information about this trip can be found on the Pura Vida website (puravida.org). This website includes several journals, written by former St. Luke's missionaries, which describe our activities and missions work over the past few years.

If you have any questions about the trip or would like to reserve a spot on the March 2011 trip, please email Laura Richards (corichards@aol.com). In addition, you are invited to attend our initial planning meeting on Sunday August 29 following the 11:00 service. The meeting will be held in Rm 213 and is open to anyone interested in our church's mission work in Guatemala.



James Ramsey
Director of Music
Ministry & the Arts



Kay Coryell
Associate Dir. of
Music Ministry



Ken Mervine
Organist/
Accompanist

All are welcome!

It's that time of year again. Many of the music ensembles at St. Luke's are getting ready start a new year of music ministry and we'd love for you to join one of the 18 ensembles with over 350 participants from children to adults. For information on all the ensembles, please go to our website at www.stlukeshr.com or you can simply ask Jim.

Dear Edwina Postponed

Due to a low audition turnout for male roles, the Wesley Players will postpone the production of "Dear Edwina" until September of 2011. Re-auditions will take place the third week of May. Any questions, contact James Ramsey at jim@stlukeshr.com.

BREAKFAST

You're Invited To a Hospitality Appreciation Breakfast

*Childcare is available with reservations 24hrs in advance 303-791-0659x47

WHEN: **SAT. AUGUST 21, 2010**

TIME: **8:30-10:30am**

WHERE: **FELLOWSHIP HALL**

NOT ON A TEAM YET BUT WOULD LIKE TO BE?

YOU ARE WELCOME TO JOIN US!

RSVP TO LYNDA FICKLING 303-791-0659x20

GREETERS RSVP TO:

**KARMIE HILLEARY 303-683-4696 or
VAL GOODSTEIN 303-799-0907**

USHERS RSVP TO:

**SHAWN SLADE 303-660-6113 or
DICK FRAME 303-791-4251**

GUEST SERVICE STATION RSVP TO:

MERCEDES vonNORMANN 303-683-6871

GUEST CALLING TEAM RSVP TO:

LOUISE JASPER 303-791-1907

BREAD BAKERS RSVP TO:

LINDA BURDICK 303-933-4929

GET CONNECTED TEAM RSVP TO:

LYNDA FICKLING 303-791-0659x20

COFFEE & DONUT TEAM RSVP TO:

LYNDA FICKLING 303-791-0659x20

Amahl and the Night Visitors – Coming Dec. 17-19



During the third week of December this year, the Wesley Players will present an American Christmas opera, "Amahl and the Night Visitors", by Gian Carlo Menotti. Auditions for "Amahl" will take place the weekend of October 29, 30 and 31. Written and debuted on NBC Television in 1951, the 45 minute opera will be the grand finale to an evening of beautiful Christmas music presented by St. Luke's Music Ensembles.

The general synopsis of the story takes place during the first century, just after the birth of Christ near Bethlehem. The curtain rises on Amahl, a disabled boy who can walk only with the aid of a crutch. Although he has a kind and pleasant heart, Amahl has a problem with telling tall tales and, occasionally, lies. He is sitting outside playing his shepherd's pipe when his mother calls for him (*Amahl! Amahl!*). After much persuasion, he enters the house but his mother does not believe him when he tells her that there is an amazing star "as big as a window" outside, over their roof (*O Mother You Should Go Outside; Stop Bothering Me!*). Later that night, Amahl's Mother weeps for her son, praying he not become a beggar (*Don't Cry Mother Dear*). After bedtime, (*From Far Away We Come*) there is a knock at the door and his mother tells him to go see who it is (*Amahl... Yes Mother!*). He is amazed when he sees three splendidly dressed kings (*the Magi*). They tell the mother and Amahl that they are on a long journey to give gifts to a wondrous child,

Menotti was inspired by *The Adoration of the Magi* (Hieronymus Bosch, d.1516) to create *Amahl and the Night Visitors*.

and that they would like to rest at Amahl's house, to which the mother agrees (*Good Evening; Come In; Have You Seen a Child?*). Amahl's Mother goes to fetch firewood and Amahl seizes the opportunity to speak with the Magi (*Are You A Real King?; This is My Box*). The Mother returns (*Amahl, I Told You Not To Be A Nuisance!*) Amahl is told to go fetch all the surrounding neighbors (*All These Beautiful Things*) so that the kings may be fed and entertained properly (*Shepherds! Shepherds! Emily! Emily! Olives and Quinces; Dance of the Shepherds*). After the neighbors have left, and the Kings are resting, the mother, being poor and also sickened at the thought of her child being a beggar, attempts to steal some gold that was meant for the Christ Child (*All That Gold*), but is thwarted by the Kings' page. When Amahl wakes to find utter confusion being set upon his house, he attacks the page, in an attempt to save his Mother. Upon seeing Amahl's weak defense for his mother, and realizing the mother's motives for the attempted theft, King Melchior says she may keep the gold, as the Holy Child will not need earthly power or wealth to build his kingdom. The mother says that knowing of the Child's greatness, she wishes to send a gift but has nothing to send. Amahl, too, has nothing to give the Christ Child except his crutch, but he offers it. Immediately upon saying this, his leg is miraculously healed, and he joyfully leaves his mother at the cottage and goes off with the Magi to see the child and give his crutch in thanks for being healed.

It's truly a wonderful story and I'm very excited that we'll present it this year! Look for more information about the auditions in the September *Chronicle*!

The Melodrama is Back!

St. Luke's Wesley Players is presenting a very funny melodrama "*Tied to the Tracks*". **Performances are Friday, Sept. 24 at 7:00pm, Saturday, Sept. 25 at 7:00pm & Sunday, Sept. 26 at 4:30pm.**

All performances are in the Fellowship Hall. Come ready to Boo, Hiss, Cheer, and throw popcorn. The shows are appropriate for all ages so come and be prepared to laugh and have a lot of fun! Admission is a \$5 donation at the door. Proceeds will benefit Missions and the Drama Ministry.

The Performing Arts Academy hosted it's 5th annual Summer Music Theater Intensive sessions back in June with performances of "Aristocats" and "Into the Woods." For a very tightly scheduled two weeks, the students studied Acting, Improvisation, Music Theory, Voice, and Dance in addition to regular Music, Staging, and Choreography rehearsals for both shows from 9:00-4:00pm each day. The students also had an opportunity to learn more about each other through family groups and devotions. Total participation included nearly 70 students and 10 faculty members between both programs. A great time was had by everyone who was part of the experience and the nearly 550 people who came to see the shows! In addition, the St. Luke's Performing Arts Academy helped raise \$2,300 for the Youth Mission Trips this summer through these performances. My thanks to the faculty of PAA and the staff at St. Luke's who helped make this event so positive and possible for so many children and youth from our church and community! Look for more exciting news and events for this next season at www.stlukespaa.org

Events in August

- ✧ **SLY PM Dinner** every regularly scheduled Sunday night at 5:30, \$2 donations appreciated! Usually we're grilling out or having sandwiches.
- ✧ **August 6-7 30-Hour Famine.** Details available in the youth room, no eating from 8am Friday to Noon on Saturday. Group activities planned.
- ✧ **August 8 – WaterWorld Day!!!** We'll meet in the youth room at noon. Even if you didn't get your name on the group reservation list, you can still bring money to buy a ticket at the gate. We will return to St. Luke's by 7:34pm.
- ✧ **August 15 – No Regular SLY PM.** We'll be at the Rockies Faith Day game. If you didn't sign up for tickets in advance, sorry!
- ✧ **August 22 – Important Meeting for All St. Luke's Youth and Parents.** Dinner at 5:30 (\$2) with a meeting running from 6-7:34pm. Please come!
- ✧ **August 29 – Messy Games!** Come to church in clothes that you can stain and/or throw away- Also bring a towel to clean your self up with.
- ✧ **September 5 – No SLY PM.** Enjoy Labor Day Weekend!

Special Updates

- ✧ **Youth Email Lists** – Looking for weekly info and updates from SLY? Well, you can sign up for an email list and get tons of important information straight to your inbox! Simply go to www.stlukeshr.com, click on the 'Eministry' button at the top of the page, then select 'Email Lists'. Parents should sign up a valid email address for the 'SLY Parents' list and youth should sign up for the 'St. Luke's Youth' List. Make sure we have a good email address for you!

✧ Check out

www.stlukeshr.com/sly

for up-to-date info on programs, activities, ministry opportunities and more!



Chris Wilterdink
Director of
Youth Ministry



Susan Johnson
Assistant Director
of Youth Ministry

CHRIS's CORNER

Sounds Like... SLY (again)

Back to School... The schedules are changing, maybe the 100 degree days are behind us, and maybe its time to start looking ahead at another year of SLY. Along with this article, you'll see two recaps of our mission experiences this summer, great trips with great work and great friendships!

This fall we'll have some exciting new twists and turns for St. Luke's Youth, many of which we will talk about at a very important meeting on Sunday night, August 22. There is a dinner starting at 5:30, where folks can eat for a \$2 per person donation, then we'll get down to business from 6:00 to 7:34pm. This meeting is for all St. Luke's youth and their parents, and we would really like everyone to come because this meeting will directly impact the future of St. Luke's Youth Ministry. We'll have an intern from Iliff to introduce, programs and opportunities to share about, and other exciting news.

I feel like I've been away a lot this summer, so I really look forward to seeing everyone the night of August 22, it will be a great chance to catch up a little bit, while at the same time, looking ahead! –Peace and Love, Chris

Jr. High SLY Mission Trip in Alamosa: Sun, Salt, Sand by Alex Oliver



"Unless someone like you cares a whole awful lot, nothing is going to get better. It's not." –Dr. Seuss.

That's the quote printed on our 2010 Jr. High Mission trip to Alamosa shirt. At St. Luke's, we look forward to the chance to make a difference and help someone's

life get a little better. After worship on Sunday June 27, 23 youth and several adult sponsors (and Keith!) embarked upon our mission trip to Alamosa, Colorado to do just that. The weather was hot and the work was hard but it was one of the most memorable trips I've experienced. I got to work on cleaning out lots of junk and debris from a yard that really needed it, while several other groups worked on other important projects. We even got to take two TVs to the dump and smash them up. Man, that was AWESOME! Getting to know the people there that we were helping and their animals (*yes, the Smiths came back with a new dog, and I also enjoyed Sugar and Spice - two very cute kittens*) was a great part of the trip. We worked hard for 3 days and then spent our vacation day on Thursday at the Sand Dunes (*awesome but super hot on the feet!*) and we got to see *Toy Story 3*.

Taylor Griggs commented, "I realized how lucky I am when I was helping these people. One little girl barely had a room because it was piled with stuff and there was a hole right above where she sleeps. We fixed the hole and I am happy knowing she probably got a better sleep that night. It's a life most of us aren't used to because we're pretty used to getting what we want and need without having to worry about how much it costs. I'm so glad that we made a difference in these people's lives, they now have a more comfortable house to live in, and they don't have to worry as much about the things we fixed that they weren't capable to do."

Amanda Burget summed up the trip by saying, "I saw God in all my friends and in all the people I worked for because they were really grateful. My favorite moment was when we were all sitting around the fire talking about God and how much fun we had. It was awesome to help those people in need because I felt like I was helping them as well as helping myself become closer to God."

Thanks to everyone who contributed to our fundraisers and donated money for our mission trips. I am so glad we all went and were able to make a difference and help change lives - even our own.

A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back. –Luke 6:38



Dave Cupp
Director of Finance



Lisé Takayama
Assistant Director
of Finance

Thank You For Your Continued Support. The first six months of our budget performance is running very close to plan. Thank you for making this happen.

You Are Invited To Participate In The New Planned Giving Program.

The Planned Giving Team has activated our new Memorials and Honors Giving Program. It is now possible for you to make memorial gifts and honors gifts simply by picking up a special marked Memorials and Honors Giving envelope in the Narthex area and placing it in the offering plate. You will receive recognition for the gift and so will the family of the deceased person you are remembering or the honoree of the gift you are giving to honor someone.

Pick and Choose Your Method Of Giving to SLUMC. We have many ways for you to make your giving to SLUMC easy and convenient. You may want to consider one of these convenient methods for your contributions. In addition to cash and checks, we offer online credit card transactions, stock transfers and scheduled automatic withdrawals from checking or credit card accounts. The following is a general summary:

1. **General Fund and Capital Campaign:** All methods.
2. **Grocery Cards:** Cash, check, scheduled automatic withdrawal from checking accounts.
3. **Special Events:** Depending on the type of event may include cash, check, PayPal and online credit card transactions. The method(s) available at each event will be announced at the time of the event and are at the discretion of the sponsor.
4. **Plus:** We're anxious to consider any reasonable method you know about that we haven't adopted.

The Ministries of LOVE INC of Littleton

Since the opening day, October 29, 2008, Love INC has offered services to people in need that were not readily available in our community. Their mission is to mobilize the church to transform lives and communities in the name of Christ. With this mission, Love INC matches people in need with resources to help.

Love INC volunteers help with: Transportation to medical appts; Shopping assistance; Home cleaning; Minor home repair; Financial and Budget counseling; mentoring/coaching; help in finding work; packing and moving assistance; Thanksgiving & Christmas meals; Visitation in home.

Two Immediate Needs for volunteers to assist with:

- Transportation
- Financial & Budget Counselors & Mentors

While Love INC. has worked with over 1600 needs and filled a number of gaps in services in its 19 months of service, they've discovered places where there are gaps in services that allow people to remain in great need. Continually running into needs that aren't being met allows Love INC to employ one of their most powerful tools - the formation of a Gap Ministry by a church or a team from Love INC. Two Love INC gap ministries, Dipes N' Wipes and Haven's Hope, supply diapers to families who are struggling in the community. Without these two ministries children and families would suffer. Another gap in services is a unified way to assist the homeless. Love INC's Homelessness Task Group works with non-profits and agencies in three counties to address gaps in services needed to assist the growing number of homeless in the SW metro area.

St. Luke's is in the process of identifying the skills, gifts, and resources that may be utilized to serve the community by filling in gaps. We encourage you to be in prayer about ways our church can serve and we look forward to communicating with you as we explore these ways to extend Christ's love to others.

Summer of Service Delivers Big Impact!

Please save the date: Saturday, August 21, 8:00am-noon – its our fall work day so we can get everything in order for a successful Fall Kick off! We'll be working inside and out – cleaning, pulling weeds, and general spruce up activities and we can really use Your Help!

This summer, with the help of a generous donation from Little School and help from several of their teachers, we were able to replace the flooring in the last 5 classrooms downstairs over our 2 week July 4th break! We appreciate the hard work of Gary Gilbert at Colorado Carpet for all of his help in making sure this was done right, Barry Curtis for putting a dazzling finish on them for us, and Sandi Miyaki for project management.

Another big project has been a work in progress is our memorial fountain – Greg Tripple and the AA support group have donated time and materials, completing repairs, and making adjustments so its operating smoothly. This has made such a difference for everyone who uses the space – our heartfelt thanks to everyone who has worked so hard!

Several members from the AA Support group have also tackled our perennial battle with the woodpeckers and the extensive damage they cause to our stucco. As a near term fix, they've taken to the extension ladders with patching and painting materials, and Greg has researched a solution to provide predator sounds – a non-invasive, eco-friendly approach successfully used by another local church with similar challenges. This resource group is really living their mission, vision, and values – what a difference they're making for St. Luke's in so many ways!

We appreciate the work Ken Fong has been leading to finalize key management and security systems updated. If you're still holding one of the brass GMX keys, please check with the office to get a new magnetic key card. The old keys will be retired next month – call the office to arrange a pick up of an electronic key soon so you're not accidentally locked out.

This summer several volunteers have helped us to mow, trim, spray for weeds, and generally make sure our grounds always look very nice. Candy Keller, Brenda Schafer, Ken Decker and Harvey Tripple always made time for these daunting tasks – usually on very hot days. We are so very grateful for their service.

Lastly, in continuing our focus to be more 'Green', as we've accumulated excess materials in completing several projects, we've donated them to Bud's Warehouse at 4455 E 46th Ave, www.budswarehouse.org; and the Goodwill Store at County Line and Broadway.

How deep should we drink? by Peter Reif

I would like to share a simple story from a book I read for the "JustFaith" class. The book is called *How Much Is Enough* by Arthur Simon. Following is the story.

The six-year-old boy taken to an emergency room following an accident was given a glass of milk. "How deep should I drink?" he asked. He came from a very poor family in which something as precious as milk had to be shared with six brothers and sisters. Drinking too deeply would cheat others. So he asked, "How deep should I drink? It is a question for all of us as well. How deep should we drink from the glass of prosperity?"



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*St. Luke's United Methodist Church welcomes you to our Christian family,
where we share life. Wherever you are in your faith journey,
you are accepted and encouraged to grow spiritually.*

*Join us in growing together toward full humanity through living
the teachings of Jesus: Love, Acceptance, Justice and Hope.*

RETURN SERVICE REQUESTED

“A New Beginning” a 12-week Divorce Recovery Workshop

begins Monday, Sept. 13, 6:30-9:30pm at St. Luke's

For those who are separated or divorced, this workshop brings healing from a Christian community where one can experience acceptance, care giving, and the love of God. Cost is \$100. Pick up a brochure at our “Get Connected” table or register by calling Larry Sears 720-524-0440. Scholarships are available.

AUGUST 2010						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 1 8:00, 9:30, 11:00am: Worship - Rev. Janet Forbes 5:30pm: Community Dinner (\$2) 6:00pm: SLY PM 6:34pm: Fusion	2	3 6:00pm: Yoga 7:00pm: SLY Volleyball	4 6:00pm: SLY GEMS/STM	5 10:00am: SLY Breakfast Club	6	7 8:30am: Simply Saturday
8 8:00, 9:30, 11:00am: Worship - Rev. Janet Forbes 8:30am: Mini-Ministry Fair 9:30am: Café St. Luke's 11:00am: Church Picnic noon: SLY PM - Water World Day 6:34pm: Fusion	9 7:00pm: Trustees	10 6:00pm: Yoga 6:30pm: Finance Team 7:00pm: Mission Team	11	12 10:00am: SLY Breakfast Club	13	14 8:00am: Just Faith Workshop
15 8:00, 9:30, 11:00am: Worship - Rev. Janet Forbes 8:15am: Contemplative Worship Service 11:00am: Sunday School Teacher Training 1:10pm: Rockies Faith Day 6:34pm: Fusion	16	17 6:00pm: Yoga 6:30pm: Children's Ministry Team	18	19	20  6:45pm: Family Movie Night	21 8:00am: Work Day 8:30am: Hospitality 8:30am: Appreciation Breakfast 10:00am: Story Tellers and Writer's Workshop
22 8:00, 9:30, 11:00am: Worship - Rev. Janet Forbes 12:15pm: Acolyte Training 5:30pm: Community Dinner (\$2) 6:00pm: SLY PM Kick Off 6:34pm: Fusion	23 6:30pm: Executive Team 7:00pm: Women's Book Club	24 6:00pm: Yoga	25 6:30pm: SLY Club Wed	26	27  12:30pm: Golf Event	28
29 Blessing of Teachers & Backpacks 8:00, 9:30, 11:00am: Worship - Rev. Brad Laurvick 12:15pm: Servant by Design Reunion/Potluck 5:30pm: Community Dinner (\$2) 5:30pm: SLY, Jr. Kick Off 6:00pm: SLY PM 6:34pm: Fusion	30 9:00am: Little School Parent's Open House	31  9:00am: Little School Children's Open House	SEPT 1 Little School classes start 6:30pm: SLY Club Wed 6:30pm: SS Teacher Training	2	3	4
5 8:00, 9:30, 11:00am: Worship - Rev. Janet Forbes 6:34pm: Fusion	6 Labor Day Office & Little School Closed	7	8 6:30pm: SLY Club Wed 6:30pm: Adult Ed 6:30pm: Facilitator training	9 6:30pm: Servant By Design begins	10	11 8:30am: Long Range Planning Forum
12 8:00, 9:30, 11:00am: Worship - Rev. Janet Forbes 9:30am: 3 Simple Ways to Discover Community 2:00pm: UMW Kick Off 5:30pm: Community Dinner (\$2) 5:30pm: SLY, Jr. 6:00pm: SLY PM 6:34pm: Fusion "Blessing of the Animals"	13 6:30pm: Divorce Recovery 7:00pm: Trustees	14 6:30pm: Finance Team 7:00pm: Mission Team	15 Wednesday Night Activities Begin 6:30pm: SLY Club Wed	16 Thursday AM classes start	17 SLY Retreat	18 UMW District Meeting SLY Retreat 10:00am: Story Tellers and Writer's Workshop