



The Chronicle

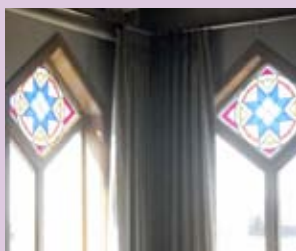
ST. LUKE'S UNITED METHODIST CHURCH

MARCH 2010

Inside This Issue:

Spiritual Types.....	3
"Les" is More.....	5
Called to Serve.....	5
Children's Ministry.....	6
UMW News.....	8
Music & Drama.....	9
SLY.....	10
Trustees Corner.....	11

and much more!



Dedication of Chapel Gifts on Palm Sunday

The dedicatory organ concert for the chapel and its worship gifts is scheduled for Palm Sunday, March 28, at 4:00pm. Ken Mervine, our St. Luke's organist, joined by Dr. James Ramsey, baritone, will offer music to highlight the new memorial organ. We will dedicate the chapel worship space, the organ, new stained glass windows and draperies in memory and honor of loved ones and to the glory of God. *All are welcome!*



Coming together to help Haiti –

During the Fusion service on January 21, people of all ages gathered together for worship and assembled 335 health kits for Haiti! Laura Richards of the Mission Team said, "We are blown away by the generosity of the St. Luke's Community. Thanks to all of you for your help. And thanks to Betsy Keyack for arranging the kit delivery to UMCOR!"

April 18: Ministry Fair

Come to Fellowship Hall between and after services on April 18 to celebrate **Fellowship Ministries & Family Ministries: Children and Youth**. There will be booths sponsored by UMW (United Methodist Women), Men's Ministries, Performing Arts Academy, Family Events, Dinner groups, and other small groups. This is a great way to meet the people who serve on these teams, find out about upcoming events and plan your summer!

For more information on how St. Luke's serves our congregation, community and world, check out our Ministry Catalog at the website under publications or at the Get Connected Center at church.

Contact Karin Wesson 303-683-0196
karin@thewessons.com or Lynda Fickling
303-791-0659 x20 lynda@stlukeshr.com

Lent 2010 at St. Luke's

ONCE UPON A SACRED GARDEN: STORIES OF VINE & BRANCH

*I am the Vine, you are the branches.
When you're joined with me and I with you, the relation
intimate and organic, the harvest is sure to be abundant.*
(John 15:5 The Message)

Lent 2010 Calendar

Celebrate Lent and Easter at St. Luke's

Lenten Dinners & Study Wednesdays Feb. 24 to Mar. 24

Soup & Salad Dinner 5:30pm & Study 6:30-7:15pm

March 14, Sunday Services 8:00, 9:30, 11:00am:

A Fork in the Road – Dr. Janet Forbes

What does it mean to take up our cross and follow Jesus?

Mark 1: 6-20; 8:34-35

Fusion 6:34pm

March 21, Sunday Contemplative Service 8:15am in the Chapel

Services 8:00, 9:30, 11:00am: **Overturning Tables** – Dr. Janet Forbes

Why was Jesus so angry? John 2: 13-22

Fusion 6:34pm

March 27, Saturday Easter Fun Day: 10:00am-noon

HOLY WEEK

March 28, Sunday Palm Sunday Services 8:00, 9:30, 11:00am

The Palm Cross – Rev. Brad Laurvick

The journey of Holy Week from palms to a cross.

Fusion 6:34pm

April 1, Thursday Maundy Thursday:

A Service of Holy Communion 7:00pm

April 2, Friday Good Friday:

A Tenebrae Service of Darkness 7:00pm

April 4, Sunday Easter Services:

6:00am at Red Rocks with the Women of Note

6:30am at Shea Stadium **A Community Sunrise Service**

with St. Andrew UMC

8:00am at St. Luke's **Easter Service of Resurrection: New Life in**

the Garden – Dr. Janet Forbes John 20: 11-18 with Sunrise,

Off-Notes Youth Choir and Bells

9:00, 10:00 & 11:00am at St. Luke's **Easter Service of Resurrection:**

New Life in the Garden – Dr. Janet Forbes John 20: 11-18 with

Chancel Choir, Tintinnabulators Bell Choir, Brass Ensemble and Organ

6:34pm at St. Luke's Fusion

Sunday Worship Services:

8:00am, 9:30am, 11:00am

6:34pm: Fusion

Contemplative Services also offered.

(Check website for dates and times.)

Sunday School:

Adult, Youth & Children:

9:30am & 11:00am

Nursery available for

9:30am & 11:00am services

Church Office: 303-791-0659

Fax: 303-470-5615

St. Luke's Youth.....x45

Childcare Reservations.....x47

Email: office@stlukeshr.comWebsite: www.stlukeshr.com**Preschool Office: 303-791-1982****Staff:**

Rev. Janet Forbes.....x13

Senior Minister

Emergency: 303-241-9312

Rev. Brad Laurvick.....x12

Associate Minister

Emergency: 720-296-1251

Rev. Sallie Suby-Long.....x32

Associate Minister

Emergency: 303-475-0141

James Ramsey.....x23

Director of Music & Arts Ministries

Kay Coryell.....x36

Associate Director of Music Ministry

Ken Mervine.....x42

Organist/Accompanist

Josh Carr.....x44

Fusion Worship Leader

Carrie Mallory.....x35

Assistant Fusion Worship Leader

Chris Wilterdink.....x14

Director of Youth Ministry

Susan Johnson.....x19

Assistant Director of Youth Ministry

Joely Maddux.....x11

Co-Director of Children's Ministry

Sharon Oliver.....x27

Co-Director of Children's Ministry

Samantha Leahy.....x40

Director of Childcare

Lynda Fickling.....x20

Director of Servant Ministry/Spiritual Director

Bonnie Funk.....x10

Church Secretary/Office Manager

Dave Cupp.....x24

Director of Finance

Lisé Takayama.....x16

Assistant Director of Finance

Barry Curtis.....x39

Facilities Manager

Kay Swanson.....303-791-1982

Director of Little School

All articles, photos and
announcements for the
April 2010

issue of *The Chronicle*
are due **March 20**

Editor: Sharon Oliver
chronicle@stlukeshr.com



Rev. Janet Forbes
Senior Pastor

United Methodists Respond to Earthquakes

RELATIONSHIPS AFFIRMED IN CHILE: United Methodists were scrambling to respond to a massive earthquake that struck Chile early on

Feb. 27 and prompted tsunami warnings across the Pacific region. The magnitude 8.8 earthquake, which hit about 60 miles northwest of the town of Chillán, left more than 700 people dead, according to news reports, including at least three people swept into a large wave on an island 400 miles off the coast of Chile. Santiago, the capital, is 200 miles northeast of the epicenter. President Michelle Bachelet declared a "state of catastrophe" in central Chile, and the quake was felt in neighboring countries as far away as Brazil, according to news reports.

The Rev. Tom Hazelwood, a UM Committee on Relief (UMCOR) emergency response executive, said the agency had exchanged e-mails with Juan Salazar, president of Ministerio Social Metodista in Chile, to offer assistance. He also was in touch with Bishop Mary Ann Swenson of the California-Pacific Annual Conference regarding the tsunami warnings for Hawaii.

The earthquake struck at 3:34am and reports of damage continued to come in all day. The force of the earthquake was enough to jolt the 94-year-old mother of the Rev. Oscar Carrasco, a district superintendent in the Northern Illinois Conference, from her bed in Curacautín. A UM volunteer-in-mission group from Wisconsin was in Chile when the earthquake occurred and were reported safe as of Sunday, Feb. 28.

The Methodist Church in Chile, an autonomous denomination, has some 15,000 members. About 20 church members, representing different districts, participated in a three-day disaster preparedness and emergency response training conducted by UMCOR in October, which also allowed for networking with local authorities and emergency response partners. "We have a great relationship with the people in Chile and the church in Chile," Hazelwood added.

Donations to UMCOR (United Methodist Committee on Relief) for emergency relief work in Chile can be made online at Advance #982450. For all other gifts, please make checks payable to St. Luke's UMC. Indicate **Chile Earthquake, UMCOR Advance #982450** on the memo line of your check.

HAITIANS MOURN LOSSES FROM QUAKE: Emile Belorne, who works at the Methodist Guest House in Port-au-Prince, like millions of others in Haiti, is still coming to terms with her memories of Jan. 12, when a massive earthquake struck her country, killing more than 200,000 people. "I felt it was the last day of my life," she said. "It felt like the end of the world."

The people of Haiti took three days of remembrance, Feb. 12-14, to mourn their losses, including family and friends as well as their homes and livelihoods. During the three days, people dressed in white and usually spent from 6:00am until 1:00 or 2:00pm at church singing and praying, said Kathryn J. Paik, executive with the United Methodist Committee on Relief (UMCOR), who has been in Haiti helping set up a field office. "It wasn't what I expected at all—wailing and angry toward God for allowing this to happen—but rather a time to gather their strength from God to go on still once more," Paik said. "Of course, I'm sure there are isolated cases of tension, frustration mainly toward their own government for not acting fast enough or that aid isn't getting to them quickly enough. But around where I was, streets were quiet and crowds getting in and out of churches were peaceful... Haitians are such resilient people. They pick up after themselves and life must continue," Paik said.

Gifts to support UMCOR's relief efforts in Haiti can be made online by visiting www.umcorhaiti.org. For all other gifts, please make checks payable to St. Luke's UMC. Indicate **Haiti Emergency, UMCOR Advance #418325** on the memo line of your check.

THANK YOU: I am in awe of your generosity! St. Luke's has sent almost \$25,000 to earthquake relief in Haiti and 355 health kits to the UMCOR Depot in Salt Lake City. You embody extravagant grace and risk-taking mission! I hold you in prayers of intercession and thanksgiving daily!

Rev. Janet

Guatemala Mission This month, St. Luke's will once again be taking a group of missionaries to Guatemala. Our trip dates are March 19-28, 2010. Our volunteer activities on this trip will include building adobe homes for needy families, constructing chicken coops for war widows, running bible camps for local children and working with the local orphanage. We appreciate all of the support we have received from St. Luke's this year and hope that you will check the church website www.stlukeshr.com while we are on the trip and follow our daily trip update. We will post pictures and details of our building activities so that you can see your generous donations at work in Guatemala.



Rev. Brad Laurvick
Associate Minister

This Holy Mystery

I had a very special opportunity to talk about Communion this month. On March 3rd, St. Luke's Children's Ministries hosted an info night

on "Kids and Communion". This night talked about more than just kids, it really was a look into what Communion means to St. Luke's. In case you couldn't make it (even if you did and you forgot to take notes) I wanted to share some of the information from our evening together.

The most important point, and you hear us say this all the time, is that at St. Luke's Communion is open to all people, regardless of age or background. The reason for this is that in the United Methodist tradition, we understand the bread and juice to be symbols of God's grace and love... and God's grace and love is for all people. We don't get to pick who God loves, we don't get to pick who can have communion.

Now there are plenty of folks at St. Luke's who come from different spiritual and religious backgrounds that may see communion differently, and thus have different understandings of who can take communion and when. Each person, and where appropriate each parent, is really the only person who can decide when it is appropriate for them and their children to receive Communion. Also, recognizing the backgrounds and traditions that many people bring with them to St. Luke's we as your pastors are always available to meet with you and your children to talk about Communion. If that conversation leads to what might be a child's "first communion" we are comfortable with that. Part of Communion being open to everyone is that we are willing to accommodate what you and your family need to receive it... in fact we already do that in many ways.

The United Methodist Church uses grape juice instead of wine for the purposes of inclusivity; that is also why we offer a gluten-free alternative to the traditional bread we use. No person should have to not take communion because of a history with alcohol, a medical issue or allergy, or any other reason. With growing allergy types in our children, we use gluten, egg, and dairy free wafers in Sunday School when they receive communion (which is every Sunday we receive Communion in worship for those of you who may not know that).

The other thing that often comes up when discussing Communion, especially Communion and children, is the topic of understanding. There are many who wonder if our children can understand what Communion is about. My short answer to this is that none of us ever fully and truly understand what Communion is all about. That is what is so special about it. It expresses something bigger than our own comprehension. But we do our best, whatever our age, to understand. That is why every time Communion is served we tell the story Jesus asked us to remember about this life and love- the story that the bread and juice represent. When children come forward for Communion in worship, we make our way to their level and instead of "the bread of life" we offer phrases like "This is to remind you that God loves you" or "This is a gift from Jesus". The story and the personal connection of God's love for them is how they grow into an understanding of not only Communion, but God's love.

There is so much to Communion that it takes a life time to engage it- much more than a single class or Chronicle article. If you have questions about Communion, or any part of our worship life, please let one of the clergy know... we not only LOVE this stuff, we love helping you love it even more.



Discover Your Spiritual Type

There is a hunger abroad in our time, haunting us. Like an empty stomach aching beneath the sleek coat of the well-fed, it reveals that something is missing. The diet of secular culture does not satisfy. A hunger for spiritual food is gaining momentum.

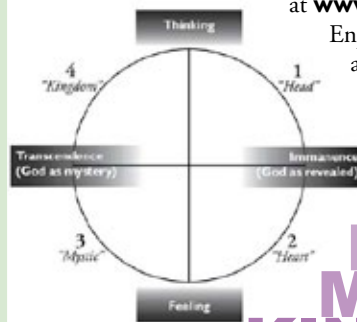
What is spirituality? I prefer to use a more biblical phrase, "the spiritual life." Scripturally speaking, the spiritual life is simply the increasing vitality of God's Spirit in us. It is the choreography of the Holy Spirit in the human spirit, moving us toward communion with both Creator and creation. It has to do with God's way of relating to us and our way of responding to God.

This simple approach to assessing spiritual type delineates differences among us; it does not rank the content of faith. There are no right or wrong answers, just preferences. This Assessment Tool (www.stlukeshr.com) will help each of us to answer two questions: **Who am I as a spiritual person? And, what is the best way for me to grow in my spiritual life?** Knowing how we are spiritually different from or the same as other people can help us understand where our strengths are and possibly acknowledge the strengths of others. Such knowledge may suggest new ways in which we can grow so that spiritual experience becomes richer.

Notice that within the SPIRITUALITY WHEEL the lines intersect forming separate quadrants. The quadrants identify the types of spirituality. The vertical axis of the circle is labeled thinking-feeling (or intellectual-affective) with "thinking" being at the top of the circle. These two poles pose the question of how one goes about knowing – through the activity of the rational mind, "Head", or by accessing feelings, "Heart". People are inclined to gain their information about God through (1) emphasizing logic and accumulated facts or (2) emphasizing instinct and intuitive feeling. The horizontal axis raises the question of how one conceptualizes God. The left pole presents an emptying way of praying. It refers to the tendency of a person to think of God in non-concrete ways; that is, to think of God as mystery or transcendence. The opposite end of this scale refers to imaging God as revealed and knowable, immanent. The Christian hymn, "What a Friend We Have in Jesus", is a natural expression of the tendency to think of God in human images, in concrete terms, experiencing God both as friend and as incarnate in the person of Jesus.

Respond to the Assessment Tool and Spirituality Wheel at www.stlukeshr.com.

Enjoy both immersing and stretching yourself in spirituality.



My name is Peter Reif. And I am a member of the "Justfaith Class" here at St. Luke's, being led by Betsy Keyack, Laurie Gilbert and Doug McKinney.

I wanted to take a moment and share with you some insights we, myself and other members of the class, have derived while attending this class.

We have all mentioned and agreed that with very little effort we as individuals can make a huge difference in someone's life. I recently read the book "Ending Hunger Now", by George McGovern, Bob Dole and Donald Messer. I would like to quote some statistics from this book.

- 25 cents will provide a day's supply of emergency food to a malnourished child in the Sudan
- \$2 will provide one Rwandan child dinner for four weeks
- \$5 will supply a day's supply of emergency food for twenty five children
- \$10 will provide enough maize, beans, and peanut seeds for a subsistence farm to start over
- \$25 can help a mother in Bangladesh stock a little store with items her neighbors are sure to buy. With the profit she will be able to satisfy the needs of her hungry family
- \$34 will provide basic food for one family for two months (rice, corn, oil, sugar, and salt) in Mozambique, Africa and
- \$150 will purchase one ton of nutritious beans for emergency feeding after a disaster

Pretty amazing, huh!!! **So what can we do?**

What if we as individuals, skipped one meal a week and used that money to help feed the over eight million starving people in the world. Or, if we as a family, skipped going out to eat and instead stayed home and had a bowl of soup once a week and then used this money to feed the hungry. What a great way to teach our children about sharing.

I would like to end with one further quote from this book. This is from a second century church document offering a very practical approach of linking personal involvement with spiritual faith:

On the day of your fast... compute the total expense of the food you would have eaten on the day on which you intended to keep a fast and give it to a widow, an orphan or someone in need... If you perform your fast, then, in the way I have just commanded, your sacrifice will be acceptable in the sight of God... A service so performed is beautiful, joyous and acceptable in the sight of the Lord. (Shepherd of Hermas 5.3, 7-8)

Final Greetings, 2 Corinthians 13:14. *May the grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all.*

St. Luke's recently joined the Love INC organization as a partner church

Love INC has let us know that they have a need for two types of volunteers. First, they need people with car maintenance experience. They are looking for someone who would be willing to examine cars and help people understand the scope of repairs needed and possibly assist with minor repairs. They are also looking for someone who would be willing to be a "volunteer coordinator". This would involve overseeing a small group of volunteers and making phone calls when assistance was needed. This is a volunteer job that could be done from home. If you are interested in either of these volunteer opportunities, please contact Laura Richards at corichards@aol.com



Week Ending March 6, 2010

Please stop by the Information Center, by the front door, where you will find the updated Prayer Concerns List (on yellow paper) and the Armed Forces Prayer List (on blue paper). Look it over and Bonnie know if you have any additions/removals from either list. 303-791-0659 x10, leave a note on the front desk, or email at bonnie@stlukeshr.com

Gerry Wright (Gail Abernathy's mother)	Mary Hogan (friend of Sharon Scholle's)
Paula Strader (Sandi Miyaki's sister)	Nikki & Desiree Wilcox (friends of Ben Miyaki)
Judy Austin (Mary Jo Weber's sister)	Desiree
Lori Lieberman (friend of Jane Damsgard)	Carol Burton (friend of Melissa Hemphil)
Karen Edwards (friend of Eileen & Ed Law)	William "Bill" Burkett (Janet Walter's father)
Dwain Bartellina (Mike Hutchins' uncle)	Chad Swier (Kathy Swier's son)
Chrissy Booth (Kam & Tim Bole's friend)	Joan Girardi (Bob Foglia's mother)
Suzie Burk (Melissa Ester's mother)	Mary Pearce (Jerry McLeland's aunt)
Schelly Thompson (Sandy Thompson's sister-in-law)	Maxine Bauer (Brian Bauer's grandmother)
Jed Bennett (Fred & Jean Bennett's son)	Kelli Michel (Jennifer's Smith's neighbor)
Tammy Hess (Bonnie Funk's friend)	Jerry Howie (Kay Swanson's cousin)
Kirk Watkins (Keith & Marilyn Ayers son)	Ted Thomas (Anne Thomas' father)
Jill (Jenny Hanna's friend)	Bret Wilcox's uncle
Susie (Joy Damsgard's friend)	Norma Whitaker's mother, Jane
Daniel Gaul (Jennifer Richeson's brother)	Sandy Murray's mother
Andrew Kent	Denise More (friend of Jenny Stevenson)
(10. yr. old family friend of the Richeson's)	Jim DeLuca
Mark Bartellina (Mike Hutchins' cousin)	Waltraut Brisk
David Joseph (Friend of Bobbi King/Marie Blue)	Venita Johnson-Myers
John Larsh (friend of Rick & Louise Jasper)	Emily Geraghty,
Karen Chaun (Linda Fligg's friend)	Susan Johnson
Roberta Towell (Jon Streety's sister)	Susan Hooke
Joy (Susy Halloran's friend)	Jackie Ellison
Daniel Winkle (friend of Gail Strawn)	Thelma Noah
Darrell & Billie Aderman	Peter Waldheim
(friends of Rick & Louise Jasper)	Bob Halderman
Ross Magaughey (friend of Rick & Louise Jasper)	Joyce Eyer
Cindy Riley (friend of Paul/Susan Northrop)	Dylan Nieto
Jack Miller (friend of Paul/Susan Northrop)	Sarah Wright
Mildred Johnson (Connie Shoemaker's mother)	Bob Sala
Connor Thorne	Janet Stegman
Ray and Shirley Sutcliffe (Leigh Ramsey's parents)	Evelyn Wright
Jerry Miyaki (Mike's uncle)	Joan Dixon
Jay Brown (Sue Brown is LS teacher)	Dan Dixon
Karmie Hilleary	Joel Hollyman
Amy McDowell (LS Mother)	Isabel Walker
Candy Marsh (friend of Ruth Smith)	Eileen Law
Rosie Shaw (friend of Eric Ransick)	Jan Lindquist
Nan (friend of Joy Damsgard)	Keaton Wong
Donita Fischer (friend of Laurie Gilbert)	Carl Cleveland
Ryan Monroe (friend of Laurie Gilbert)	
Bobette Stephens (Mike Stephens' mother)	
Chelsea White (Kathy Enloe-Miller's friend's granddaughter)	
Lolitha Fernandes (friend of Joely Maddux)	
The Lancaster Family (co-worker of Steve Maddux)	
Olga Faye Petersen (Loretta Chiofolo's mother)	
Maire Callen (Lynda Fickling's friend)	
Jan Rufien	
Zach Bingham (nephew of Ashlee Favilene)	
Darnell Robinson (friend of Andrea Mezger's)	
Nancy Obertier	
Bill Harold (Nancy Obertier's cousin)	
Bradley Taves (client of the Obertier's)	
AJ Massey (friend's son of the Obertier's)	
Sam Stanick (Allison Harper's step-father)	
Andrew Grulke (friend of Chris Frame's)	
Donna Craven (friend of Cindy Barlow's)	
Maria Viena Harris (friend of Cindy Barlow's)	
Carol Bryden (Kay Swanson's mother)	
Lisa Lewis	
Shirley Kreutzer (friend of Kerry Lucero's)	
Kathy Dubbs (friend of Cheryl Wolff)	
Haini Earthquake Victims	

ARMED FORCES PRAYER CHAIN:
Cor. James "Jim" Harding, Mark Thompson
Ed Herring, Josh Brady, Jeremy Brady,
Colin Gabriel, Dustin Ellington, Justin Boggys,
Lt. Jeff Hamer, and Christopher Gardner.

SYMPATHIES:
To Linda & Mike Hollyman and family on the passing of Linda's uncle Feb. 5;
To Jim & Grace George on the passing of their friend Merle, early Feb;
To the friends and family of Adele Givens, who passed away on Feb. 25;
To Nancy Mussetter on the passing of her husband, Roger, March 6.

NEW BABY CONGRATULATIONS:
To Keri & Scott Johnson on the birth of a son, Easton Scott Anderson, born Jan. 7;
To Becky & Jason Mayka on the birth of a son, McClain William Mayka, born Jan. 16;
To Betsy & Devin Brown on the birth of a son, Liam David Brown, born Feb. 16.



Lynda Fickling
Director of
Servant Ministry/
Spiritual Director

We are Called to Serve

We invite you to stop at our Get Connected Center to discover more about our programs and ministries

Our Hospitality Teams

invite you to prayerfully consider joining one of their

teams. Here is a list of teams with their contact person. Please let us know if you would enjoy serving the community of St. Luke's:

Greeters: 30 minutes one Sunday a month. Val Goodstein valgoodstein@hotmail.com or Karmie Hilleary karmie@comcast.net

Ushers: Sundays monthly on a quarterly basis. Shawn Slade denverslade@msn.com or Dick Frame rframe5492@aol.com

Guest Service Station: 30 minutes one Sunday a month. Mercedes VonNormann mercedes.mcclure@wgint.com

Get Connected Center: 30 minutes one Sunday a month. Lynda Fickling lynda@stlukeshr.com

Sunday AM Office Help: 2 hrs or more-your choice, one Sunday a month. Lynne Butler llbutler1@msn.com

Guest Calling Team: One Sunday a month, call and welcome our first time guests that joined us for worship that morning. Lynda Fickling lynda@stlukeshr.com

Welcome Team: Drop off a welcome packet to our guests who have visited 2-3 times. Visits done in your zip code/neighborhood. 1-3 visits a month. Lynda Fickling lynda@stlukeshr.com

Coffee/Donut Team: Hospitality on Sunday morning wouldn't be the same if it weren't for these team members! Responsible for making the coffee and maintaining food and fellowship area from 8:30am-10:45am one Sunday a month. Lynda Fickling lynda@stlukeshr.com

Lots of places for you to also help with our **children** Joely Maddux joely@stlukeshr.com or Sharon Oliver sharon@stlukeshr.com And for our **youth** Chris Wilterdink chris@stlukeshr.com or Stephanie Babcock stephanie@stlukeshr.com

To Discover more about your own Spiritual Gifts and where you may serve best, visit www.stlukeshr.com, quicklinks-Spiritual Gifts Assessment, and beginning serving where God has given you talents and gifts!

If you are searching for a place to connect at St. Luke's, please contact Lynda Fickling, Director of Servant Ministry 303-791-0659 x20 lynda@stlukeshr.com or Karin Wesson, Team Leader for Lay Leadership, 303-683-0196 karin@thewessons.com



Rev. Les Ludlam
St. Luke's Lay
Associate Pastor
1993-1997

More from Les: Murphy's Law in Action

Not long after Betty and I had moved to Long Beach, California, my father, mother and grandmother came for a visit for the first time since we had

been married. They were coming to our home for dinner. This was a really big deal for us! We began to think about the meal.

What to fix? What would they like? What do we know how to prepare?

Preparation of food and eating it with someone else can be a metaphor of sharing God's grace with each other. Food satisfies a hunger, a basic bodily need.

Preparing a meal is a concrete action. As we take our time, extend effort, and use our knowledge as we prepare something for someone else to eat with another person, we do not focus on ourselves, we are thinking about them.

What do they like, do they have any allergies, is this too fattening for them?

Recalling that my aunt and uncle had given us a nice barbecue with a built-in rotisserie for the wedding, I offered a suggestion.

"Let's do chicken on the rotisserie! It won't be too greasy if we cook it that way and it will be good for Grandma."

After some thought, Betty agreed.

"If you do the chicken on the barbecue, I'll have more time to prepare the salad and side dishes and get the dessert ready, but just be careful, don't burn it!"

Early in the day of the dinner, I proceeded to get the barbecue ready for cooking the chicken. Betty busied herself in the kitchen.

"Let's see, Dad likes baked potatoes with his meal and Mom will probably like something a little lighter; Grandma loves chocolate ice cream, but she's supposed to be keeping her cholesterol intake down."

Preparations proceeded pretty much as planned except that I was having a hard time getting the charcoal going.

We thought we were just about finished with the cooking and were preparing for the arrival of our family.

Dad had called and they would be here in about 30 minutes.

I went outside to the barbecue to check on the chicken that was roasting on the spit. I took a fork, probed the flesh, and to my dismay, blood dripped out!

"It's not done!" I thought. "And we only have a half an hour before my folks will be here!" I'd better build up the charcoal bed and get more heat to finish cooking it!

Quickly, I added more charcoal to the bed of coals.

Then I concluded I would have to get the fresh charcoal burning quickly.

So, without thinking, I picked up the can of charcoal lighter and began squirting fluid on the unlighted briquettes.

(Chemical Engineers trained in petroleum refinery safety should know better, but...)

Whoosh! The lighter fluid, evaporating as it hit the hot coals, erupted into a spectacular ball of flame!

I jumped back!

Then the pan that had been used to catch the chicken fat drippings caught fire!

Fearing the fire would spread, I put on my insulated barbecue glove, slammed the lid shut on the grille and ran for the garden hose.

About this time, Betty came out the door. "How's it going?" she asked.

Sometimes, even our best efforts do not work out exactly as we had planned.

What we think might be the best for someone else just turns out wrong. Something that we have most carefully and thoughtfully planned goes awry, usually at the worst possible time!

But we don't stop then, we cannot!

Once we have started the process of serving another, we have made a commitment to fulfill the need, to satisfy the hunger. We may recognize that our own resources alone may not be sufficient to allow us to accomplish our self-assigned task.

When this happens we must look for help.

I quenched the fire, made sure the house was safe, but the chicken... "Ugh!" Not only was it still pink on the inside, it was also blackened on the outside!

Betty looked at me with a face that is hard to forget! Then she said softly, "The deli down the street is still open, take some of the grocery money and go buy a rotisserie-cooked chicken from them. I'll put this mess in the trash!"

Our parents arrived a little late, but the dinner went very well.

And Grandma loved the chicken!

God bless us all! Rev. Les



The Bongo Beat!

Hello again,
it's me Bongo!
I just wanted
to let you all

know of all the fun sights and smells I've encountered the past month or so. I'm usually napping, which I do VERY well by the way, in Sharon and Joely's office, but on occasion I venture out to discover what is going on in Children's Ministry here at St. Luke's. Sometimes it's the music and stories that wake me up. During lent the children have been walking along beside Jesus, learning about his teachings and his experiences leading up to Easter. The children must be enjoying it as each week I hear them sing **"Tell me the stories of Jesus"**! Of course what really pulls me away from my little Bongo bed are the smells! The elementary school children in the **Cooking rotation** have been busily making pretzels each Sunday that smell so scrumptious! And who can resist the smell of freshly popped popcorn? I know I can't which is why I so enjoyed **movie night** that was held February 26. We watched the movie "Up" and together (more than 120 of us!) we ate over 40 gallons of popcorn from **St. Luke's new popcorn machine!** The children were happy to see, taste, smell and hear what their advent offerings were able to purchase for the church. Way to go St. Luke's Kids, I know the popcorn machine will be put to a lot of great use here at the church and I won't be far behind to snatch up all the loose popcorn-yummy! Another favorite pastime of mine is chasing bunnies-which is why I'll probably have to stay at home Saturday March 27. That day is our church's annual **Easter Fun Day** complete with live bunnies and the Easter Bunny himself! I can't wait to hear all the stories from that morning! Please stop by anytime to see me, Sharon, or Joely in the Children's Ministry office. We're always up for a good head scratch or belly rub-well maybe I should just speak for myself!

Love, Bongo



Upcoming Events Calendar:

Wednesday Mar. 10 - Children's Dinner Theater
rehearsals begin 5:30pm

Tuesday Mar. 16 - Children's Ministry Team
Meeting 6:30pm

Saturday Mar. 27 - Easter Fun Day 10:00am-noon - Sign up at www.stlukeshr.com

Sunday Mar. 28 - Palm Sunday - Join us for the Procession of the Palms at 9:30am & 11:00am

Sunday Mar. 28 - SLY, Jr. - Seder Meal at Life Spot with SLY and St. Andrew's Youth 5:30pm

Sunday April 4 - EASTER - No Sunday School

Tuesday April 13 - InfoTopic Night 6:30pm - Children's Ministry Opportunities

News & Notes:

Easter Fun Day is Coming

Join us Saturday March 27

10:00am-noon and celebrate Easter Fun Day! This is always an exciting day for our St. Luke's children and for children throughout the Highlands Ranch community.

Bring your boiled eggs to our Easter Egg dyeing station. Bring your camera to capture photo ops with live bunnies and with THE Easter Bunny. Bring your appetite for fun as we will have games, treats, a bouncy castle, crafts, balloon animals, an Easter egg hunt and much more! To make this a special event many volunteers are needed to serve in various roles. You may sign up directly at the children's page of stlukeshr.com or contact Joely at joely@stlukeshr.com if you are able to serve in this fun-filled event!

SLY, Jr. had a fantastic Lock-In on March 5 & 6. Twenty-eight 5th & 6th graders stayed overnight in the church, played games, went on a church-wide scavenger hunt and participated in lots of fellowship. We even got a little bit of sleep. Join us for our next gathering on March 28 at 5:30pm when we will join SLY for an authentic Seder meal experience to lead us into Holy Week. Drivers needed. Contact Sharon at sharon@stlukeshr.com for more info or if you'd like to join us.

Next InfoTopic Night will be Tuesday April 13 6:30pm. This will be a giant **Children's Ministry Fair** highlighting all the serving opportunities available in Children's Ministry. Whether you are a seasoned veteran, new to the church, or just interested in learning more this is the place to be! We encourage all to come who plan on serving in Children's Ministry 2010-2011 as we will be putting together the schedule and serving teams. If you cannot make it the 13th we will have a mini-fair Sunday April 18 11:00am-1:00pm.



Joely Maddux
Co-Director of
Children's Ministry



Sharon Oliver
Co-Director of
Children's Ministry

St. Luke's Kids
Growing with God



Servant Spotlight: Children's Ministry Support Team

What is the Children's Ministry Support Team? Who are they? Those are great questions for this team is somewhat stealthy! Like mystical fairies they busily plan and support our pre-school Sunday School classes by developing lesson plans and providing ready to go crafts for each Sunday. The team consists of 3 team leaders who look over the quarterly curriculum and come up of a clear and concise lesson plan along with craft instructions for the lead teacher to follow. The remaining dozen or so team members get together quarterly to share laughs, stories, M&Ms and somewhere in there cut/tape/staple and organize crafts for the quarter.

This allows for the lead teacher to focus on the children, knowing a clear lesson plan and craft materials will be waiting for them each Sunday!

The current support team leaders are Melinda Davidson, Laura Fry and Robbin Miller. Laura Fry comments on her involvement, "I decided to join the Support Team because I wanted to be more involved in the church

CHILDREN'S MINISTRY

NEW MEMBERS

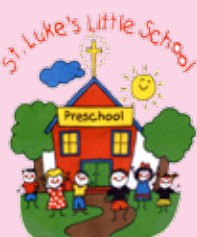


Kay Swanson
Director of
Little School

Little School News: March Merriment at Little School

All things green will be happening at Little School this month! We will have our Career Days the first week, with parents coming in to share what they do for a living!

I don't believe that most children know what their mom's and dad's all do, so this is a fun way to find out. Even Rev. Brad and Mr. Barry will be talking to our kids about the important roles they fill at St. Luke's!

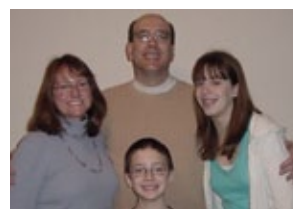


In Chapel we will be talking about "A Father's forgiveness" as we continue our theme of "Jesus Loves Me", and of course the Leprechauns will be playing tricks on us on the 16th and 17th. We hope that they aren't too mischievous! They LOVE to leave our rooms "topsy-turvy" and leave green footprints and gold coins! What fun we have! Don't forget to wear your GREEN!

Spring break for Little School will coincide with Douglas County schools March 22-25. When we return, we will have class pictures taken and be heading into April and preparing for our HUGE Creative Critters Art Show on April 29. Mark your calendars now as you won't want to miss this spectacular event!

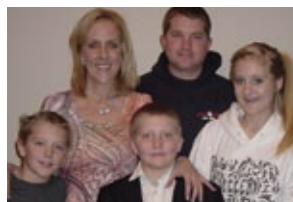
We are already surprised that we only have about 10 weeks of school left, but there is still time for you to visit and you all are most welcome!

Have a Blessed Spring! —Ms. Kay and Staff :-)



George, Gretchen & Hannah Hazelwood, Lee
"St. Luke's offers such a wide variety of opportunities for our whole family to grow in our faith."

Welcome



Grant & Heidi Carlson



Chuck & Lorraine Lutz

"After the recent move from Illinois, St. Luke's seems like a great community to grow with."



Brian & Janice Ernster
Teddy and Charlie



Scott Meier, Jessie Meier (daughter)

"We are pleased and impressed with the ministerial staff. Also, the kids, youth and musical programs are exceptional."



Scott & Keri Anderson

"We are looking for a new church to join where we feel comfortable to grow and further develop our relationship with our Lord & Savior, Jesus Christ."

Jason & Becky Mayka
Colby and Lain

"We truly feel welcome here at St. Luke's"

continued from page 6 community and I wanted to give back to the church as I see how our children are enjoying, learning and building their faith at St. Luke's. It's refreshing to pull together the lesson plans while reading the stories of the bible through a child's eyes. I've also enjoyed getting to know many lovely people."

Robbin Miller adds, "I love being able to use my creativity and my organizational skills to serve the church and the children of the church. I feel like I am a part of my children's Godly education even if I am not in the class with them. By being a member of the support team I have been able to meet other members of the church and have an ongoing relationship with the volunteers who are with my children on Sundays. It has also allowed me to learn more about my spiritual side along with my children."

But that is just the beginning; craft assembly night is a time for fellowship and service. Kristi Fredericks, Kristi Amick and Kara Schwalm began coming to craft assembly nights to contribute to Sunday School and learn more about their children's lessons, but keep coming back for support, stories and laughs shared! Kara added she loves all the discussions from what the latest Bible study conversations were to funny relationship stories, "I think it is a great service to the Sunday School and a form of therapy to those involved, it is a win/win situation!"

This has also been a fun and welcoming way for Brittany Scheble to meet other St. Luke's moms. Megan Pressman sums up "I joined the team for two main reasons...to help out with Sunday School and to get to know some of the other women at St. Luke's. I really enjoy our craft nights...it is a nice change of pace to a hectic day or week and I have really enjoyed getting to know a lot of other women. I also feel good knowing I have given some of my time to help out."

But what so the Sunday School teachers think? Suzanne Sharpe, teacher of the four year olds comments, "This has been a huge benefit to me as a teacher. It allows me to focus more on the children instead of having to work so much on planning the lesson and preparing the craft. I have enjoyed teaching more than ever!" Megan Pressman who also teaches 3 year olds describes the teams work as "invaluable!"

A HUGE thank you to support team members for the ministry you provide to our children and teachers. If you are interested in being a part of this team or a support team lead, contact Joely for more info.



St. Luke's United Methodist Women

"The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church."

Sweet Life Café A cold, wintry day was the perfect day for an "escape." Saturday, February 20 almost 30 women attended the UMW Retreat, Sweet Life Cafe. The day was filled with laughter, scripture, small group discussion, large group activities, and a wonderful breakfast and lunch prepared by St. Luke's FET. The theme of the retreat was "Jesus is the Bread of Life" with the focus of the day on nourishing friendships and spiritual relationships. Another part of the day focused on world hunger. The women got to taste a sample of the porridge recipe fed to the hungry around the world and discuss what they can do to improve the lives of women around the world. UMW regularly makes donations to mission organizations that support women and children, both locally and around the globe. **Thank you to all the women who participated and to all the helpers in the kitchen for making this day a success!**

Mission Recognition Pins Awarded Lisa Lehnus and Mona Daniels were awarded Mission Recognition Pins by St. Luke's United Methodist Women at the recent Sweet Life Cafe Retreat. Lisa and Mona lead the Fellowship Events Team (FET) at St. Luke's, cooking many delicious meals that help support the mission efforts of our church. The Mission Pins program is an honorary recognition with an accompanying monetary donation to UMW Missions in their names. Thank you, Lisa, Mona and the FET Team for your continued support of St. Luke's programs!



Simply Saturday The Labyrinth Experience - April 10 at 8:30am, in Youth fellowship area. We will share a simple potluck breakfast and a Labyrinth enlightenment. We will take a field trip to

the Palazzo Verdi Building in Greenwood Village to see and walk the re-creation of the Labyrinth in the 13th century cathedral of Chartres, France. More info call Fran West 303-797-7107.

Itch to Stitch Special meeting Wed. March 17 at 7:00pm in Goliath area. We will share stories about some of our prayer shawls and scarfs. We will also experience a **Blessing of the prayer shawls** on hand. It is moving, especially for the stitchers, and demonstrates the power of prayer for the giver and the receiver. More info, call Fran West 303-797-7107.

OUR NET

Net News! The very first Common Table of 2010 took place January 25, with a gathering of just over 30 people to enjoy a yummy potluck dinner and fellowship! And what a great discussion! We looked a little deeper into the Spirituality Wheel, finding out in more detail the similarities and differences among the four types: Heart, Head, Mystic and Kingdom -- and how the composition of each group has changed here at St. Luke's in the last four years. Attendees were able to divide into various groups around the room, depending on their individual styles, and had the opportunity to learn about others and ourselves, to laugh, and to appreciate the diversity and blessings of our faith community. The Common Table takes place 4 times a year, and is open to everyone! We're working on the 2010 calendar now, so please stay tuned! Minutes of the meetings are posted on the St. Luke's website. **Our next Common Table will be held Monday, April 19 at 6:00pm - Join Us!!**

St Luke's

Contemplative
Services weave

together a variety of

practices that are reflective in nature,
creating a sacred place for prayer and

meditation. A service in the contemplative tradition is offered in the Chapel the third Sunday morning of each month from 8:15-9:00am.

All are welcome!

Upcoming Contemplative Services:

March 21: A Service of Spiritual Nurture in the Taizé Tradition

April 18: The Spirituality of Spring

May 16: A Service of Spiritual Nurture

Sunday Morning

Prayer and Communion in the Chapel:

The Chapel is open for prayer and communion every Sunday between 8:45-9:30am. A Stephen Minister or Pastor will be available to pray with you if you desire and to serve communion if you choose. If you simply prefer silent prayer, reflection and a place of peacefulness, we invite you to come and be embraced by sacred space within the Chapel.

The NEW Tuesday Night Contemplative Fellowship

is a time of study and prayer for those following a Christian mystic path. 6:30-7:30pm is spent on studying a book or video selected by the group. 7:30-8:30pm includes 20 minutes of silent/centering prayer, followed by a lectio divina scripture reading and 10 minute meditation. Several books and videos are available to help newcomers integrate into the fellowship. St. Luke's also periodically offers an introductory group class on centering prayer. For Information Contact: Marshall Kuhn 303-931-5473.

Ministry in Motion Testimonial - I love our bus!

Now, I haven't been here at St. Luke's a long time, but I am involved in lots of activities. So I know personally what a great mission tool we have in our Ministry in Motion bus. Chris Wilterdink and Susan Johnson schedule youth mission trips each summer. They try to keep the costs down so the mission trip is affordable for all who want to go. Yes! I rode Ministry in Motion all 27 hours to Ensenada, Mexico two summers ago and almost that long to Chicago last year. They also go numerous places during the year. It came to my attention recently that much of the food supplied to the Feeding of the 5000 came from people who just shopped at local grocery stores and gave food to us to be hauled here by our dear ole' bus. Ministry in Motion took most of our big crew to and from the airport with our huge amount of luggage bound for Guatemala last year. Most of the members of the choir took it to a 100th anniversary celebration at Trinity UMC downtown last year. I've gone to Rockies games and many other activities. Saves time, saves money, saves finding parking and is much more fun. Can you tell I love the ole girl? We do need more drivers with a commercial license. I would love to see 20 people come forward that already have their license or would be willing to get one. Remember many hands make light work! **Contact me, Edee Worth at robert.worth2@comcast.net** if you are interested in getting your license or have one and let's put this bus to even greater use! Don't forget to sign up for the Golf Tournament this summer and we will pay off Ministry in Motion!



James Ramsey
Director of Music
Ministry & the Arts



Kay Coryell
Associate Dir. of
Music Ministry



Ken Mervine
Organist/
Accompanist

March 14 **St. Luke's Youth Jazz Orchestra (SLYJO)** welcomes the Colorado Conservatory for the Jazz Arts to St. Luke's for an afternoon clinic on the "art of jazz." The session runs from 2:30-4:30pm on Sunday, March 14 for all Youth Jazz Music Ministers. Sincere thanks to Cindy Raap for her passion and energy arranging this **AWESOME EVENT!**

Astonishing Little Women!

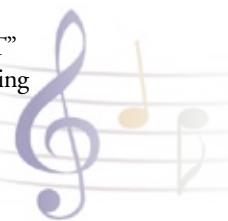


The 2010 Wesley Players production of *Little Women* was a resounding success!!! With nearly 40 cast members on stage

and over 40 support and crew members behind the scenes doing costumes, make-up, lighting, hair, sound, video, dinner preparation and serving, set, pit, and props, this production yielded some "astonishing" numbers. Over 5,000 hours logged and volunteered from all participants; Over 850 people came to see the show; Over \$12,000 was generated that went to Love INC and UMCOR Haiti Emergency Fund! Many thanks to the everyone who participated and gave of their time for this incredible production to help make a difference in our community and in the world AND many thanks to those who gave generously to the cause that will change peoples lives! The St. Luke's Wesley Players continue to be a leader in faith-based theater in our community with purpose driven performances that change and transform lives. **Thank you again for helping make that a reality!**



The **St. Luke's Wind Ensemble** will make a great "IMPACT" this season with some "WICKED" selections! Our "CARMEN" is running high so please don't miss our grand show on **April 17 at 7:00pm.** Special guests will be members of the SMITHTONIAN HANDBELL ENSEMBLE. Our combined ensemble that evening will have everyone "DOWN BY THE RIVERSIDE!" What an "ENTERPRISE!"



St. Luke's Performing Arts Academy

Building skills and confidence through the performing arts in a safe space for learning

**PAA - St. Luke's
Performing Arts
Academy – Bigger
and Better than ever!**

Registration is now open for this summer's Performing Arts Academy Intensives. We will perform two wonderful shows, "Disney's *The Aristocats Kids*" for grades 2nd-6th and "Into The Woods Jr." for grades 7th-12th. (All grades are for the 2010-2011 school year.)

We also have a new Technical Theater track this year. If your child is interested in backstage work such as lighting, sound, costumes, props and make up, this is the track for them.

All intensives have registration limits so register early to ensure your child has a spot! St. Luke's members get a discount and there are scholarships available. Visit www.stlukespaa.org for more details.

OUR IDENTITY

Preliminary Wellness Survey Results!

Thanks for taking the St. Luke's Wellness Inventory. More detailed information will be coming soon from Centus, our partner in this initiative, but we wanted to share just a few preliminary results with you.

- Emotional, Social, and Intellectual Wellness were the top three dimensions of Wellness that were of interest to people who took the survey.
- Spiritual Direction/Spiritual Formation, was named as the primary activity people would like to participate in through St. Luke's. Other activities of high interest included Music, Outdoor/Nature Activities, and Stress Management.
- 342 people completed the Inventory



Look for more details about the Wellness Inventory results in the weeks ahead! The information you provided will contribute to planning for our future and the further development of opportunities that promote social, emotional, spiritual, vocational, and physical health and wholeness.

If you have questions or would like to be involved in our Wellness Initiative, please contact Rev. Sallie Suby-Long sallie@stlukeshr.com 303-791-0659 x 32.

Can you prepare a lunch? A new home is being built near Colorado & I-25 this spring. A large number of college students will be arriving over their spring breaks to help with the build the end of March and first of April. Habitat would like to serve a lunch to the students while they are here. If you have always wanted to help Habitat for Humanity but lack construction skills, this is your chance. We need people to prepare a lunch for the students and deliver it to the site. If you are interested, please contact Debbie Miller - 303-791-8921 or email: mills1414@aol.com.



CHRIS's CORNER

Our Church, Big Church

Open hearts. Open minds. Open doors.

The people of The United Methodist Church™



Chris Wilterdink
Director of
Youth Ministry



Susan Johnson
Assistant Director
of Youth Ministry

So we started Confirmation classes in February, and will be wrapping them up in April. One of the big messages I share during these classes is that by plugging into a church, you

become part of something much larger than yourself. In fact, although St. Luke's can feel like a really small place sometimes, we are bigger than 90% of the churches in the United States! Being a part of a church that acts together like the Body of Christ can do amazing things when you are as big as we are! Think about all the things we do over the year to support our community...

Now on an even bigger scale, our church is part of the Rocky Mountain Conference, which makes up all of Colorado, all of Utah, and the southern half of Wyoming. Imagine all the amazing things our conference does because of its size when it acts like one body. Now move another level up, and the Rocky Mountain Conference is part of the Western Jurisdiction (from CO all the way to CA) and then part of the United Methodist Church which has over 10 million members worldwide!!! If we can make sure that we are all connected and working as one body, like suggested by Paul in 1 Corinthians 12, imagine the good that we could do for our communities and our world.

Remember, as someone involved with St. Luke's you have the church to rely on not only to support you personally, but to support the things that you care the most about. Have a project you are passionate about, and need other people who care to get it off the ground? **Invite us.** Have someone that needs a place to belong? **Call us.** Curious about what the UMC is doing to make the world a better place? **Ask us.**

Because of our connections and our ability to work together as one body, the UMC is an amazing organization. Take time to explore what the UMC does and if there are places you'd like to plug in by visiting stlukeshr.com, rmcunc.org or www.umc.org and learn more! *Peace & Love, Chris*

* **SLY AM (Sunday School)**

continues to focus on morality and the tools people use to make difficult decisions this month and next. Ever feel like you're missing some tools you need for good decisions? Join us up until Easter and we'll give you a few more tools to use for your life's toolbox.

* **SLY PM Dinner every Sunday night at 5:30pm, \$2 donations appreciated**

* **Mar 14 – Becoming You: Girls & Boys.** Guest speakers Dana Max and Carrie Brown will share their expertise with you. Open to all 7-12 graders, the guest speakers are fantastic and you can bring a friend.

* **Mar 21 – Bowling night at the Brunswick Zone!** Sign up in advance so we get the right number of lanes, cost is \$15 but covers bowling, shoe rental, plus soda and pizza!

* **Mar 28 – Seder Meal with St. Andrew Youth.** To celebrate the closing of Lent, join us for a traditional Passover Meal accompanied by teaching and learnings about Jewish heritage.

* **April 4 – No SLY AM or PM (Easter Sunday)** Sunrise Worship at 6:30am at Shea Stadium or 8, 9, 10, 11am or 6:34pm at St. Luke's.

* **April 25 – Annual Progressive Dinner for SLY PM.** Watch for details!!!

* **SPECIAL UPDATES**

* **Youth Email Lists** – Looking for weekly info and updates from SLY? Well, you can sign up for an email list and get tons of important information straight to your inbox! Simply go to www.stlukeshr.com, click on the 'Eministry' button at the top of the page, then select 'Email Lists'. Parents should sign up a valid email address for the 'SLY Parents' list and youth should sign up for the 'St. Luke's Youth' List. Make sure we have a good email address for you!

* **Check out**

www.stlukeshr.com/sly
for up-to-date info on programs, activities, ministry opportunities and more!

SUMMER MISSION TRIP LOCATIONS & DATES!!!

Jr. High (Graduating 6-Graduating 8 Grades) June 27-July 2 to **Alamosa, CO** working for **Christian Community Service Projects**.

Sr. High (Graduating 9-Graduating 12 Grades) July 18-25 to **Fort Hall Native American Reservation** in Idaho working through Sierra Service Project.

Go to stlukeshr.com/sly and click on the 'Missions' page to find registration forms.

YOUTH SUNDAY - JAN. 31! Reverse your thinking!



Wednesday Night SLY Meets every Wednesday night from 6:30-8:30 with Susan Johnson and Jenita Rhodes. If you are looking for a group who does a bunch of different activities and helps you connect with friends, check us out!

Easter 2010 ~ Put our annual Sunrise Service on your calendar now! April 4, 6:30am at Shea Stadium. We partner with St. Andrew to provide a community worship with communion and welcome Easter during the first light of day.





Dave Cupp
Director of Finance



Lisé Takayama
Assistant Director
of Finance

Thank You For Your Continued Support

The year is still young. However, our financial results for January indicate we are off to a good start. *Thank you.*

New Planned Giving Program Fully Approved.

The new Planned Giving Program for St Luke's has been approved by the Executive Team. This was the last approval needed to allow the team to go to work. They will be scheduling their first organizational meeting in the near future. I'm sure you will be hearing from them soon with information to acquaint you with the program and how you can be involved.

Haiti Donations Made On or Before February 28, 2010, May Be Claimed On Your 2009 Tax Return. Let me know if you need proof of giving for your Haiti donations made on or before February 28 for your 2009 tax return and I will email you a current copy of your giving record.

Pick and Choose Your Method Of Giving to SLUMC. We have many ways for you to make your giving to SLUMC easy and convenient. You may want to consider one of these convenient methods for your contributions. In addition to cash and checks, we offer online credit card transactions, stock transfers and scheduled automatic withdrawals from checking or credit card accounts. The following is a general summary:

1. **General Fund and Capital Campaign:** All methods.
2. **Grocery Cards:** Cash, check, scheduled auto. withdrawal from checking accounts.
3. **Special Events:** Depending on the type of event may include cash, check, PayPal and online credit card transactions. The method(s) available at each event will be announced at the time of the event and are at the discretion of the sponsor.
4. **Plus:** We're anxious to consider any reasonable method you know about that we haven't adopted.

Calling All Landscape Experts



This spring our **First Impressions Projects** are centered on the first impressions we make with everyone who visits St. Lukes before they walk into the building! You guessed it – we're sprucing up the spruces, brightening the daylilies, weeding the meditation garden, and every other project we can tackle outside in a half-day. We're looking to make changes to enhance our outside spaces and furthering

our 'Green' goals to become more careful with water resources, landscaping materials, and synthetic chemicals.

We know a lot of you have the green thumb gift – you have yards and gardens that inspire. We've seen your work up close! We'd love to have your help as we take on this important project. Please email or call Ken Fong – our own Candy Keller is leading this effort with reinforcements from the trustees' team.

Save the Date! Mon. May 1

Our spring workday is scheduled for Monday, May 1 from 8:00am-noon. Please bring your gloves, shovels, rakes, favorite lawn clean up tools and tricks as we get ready for spring. We'll need your help with outside and inside clean ups as we get St. Luke's ready for mom's visit a week later! All ages are welcome – thank you for your gifts!



The Great New Bulletin Experiment

In December, the Executive Team approved a recommendation by the Communications Team to run a trial of an updated Sunday Morning Worship bulletin. The objectives of the new bulletin are: to be more green by wasting less paper, to modernize the look, to make the most important information more visible, and to provide information to visitors and new members about how to get connected at St. Luke's. The new bulletin includes a monthly shell that graphically presents events of the next few weeks, shows how people with various interests can find the right contacts at St. Luke's, and includes a monthly calendar. These monthly shells are meant to be either taken home for reference or recycled in the baskets at the back of the Sanctuary and in the Narthex. The new bulletin also includes a weekly insert with the latest announcements. We originally omitted the Order of Worship to save paper, placing the information on the screen instead.

We have received a lot of feedback, both informally during the trial and formally through a survey conducted the week of February 28. The main feedback we received was that people missed the Order of Worship, so we added that to the weekly insert. Over one hundred people responded to the survey. About two-thirds of the respondents preferred the new bulletin; they found it attractive, liked the color, found it concise and easy to read, and they liked the idea of recycling. About one-third of the respondents preferred the old bulletin; they found it easier to read and didn't like inserts. Based on these results, we will continue with the new format and work on addressing some of the suggestions received, such as making the recycling baskets more visible. Your input is always welcome. Email Ken Fong: ken@stlukeshr.com

7th Annual

St. Luke's UMC
Invitational, Relational,
Missional, Spiritual

Golf Event

Saturday, August 28, 2010






St. Luke's United Methodist Church
 8817 S. Broadway • Highlands Ranch, CO 80129
 303-791-0659 • www.stlukeshr.com

NON-PROFIT
 ORG
**U S POSTAGE
 PAID**
 PERMIT #7
 LITTLETON, CO

*St. Luke's United Methodist Church welcomes you to our Christian family,
 where we share life. Wherever you are in your faith journey,
 you are accepted and encouraged to grow spiritually.*

*Join us in growing together toward full humanity through living
 the teachings of Jesus: Love, Acceptance, Justice and Hope.*

RETURN SERVICE REQUESTED

St. Luke's Yoga

Yoga Classes 8 Weeks
5:30-6:30pm in the Youth Room.
Sign up for one or both!

Beginner's Class – Tuesdays March 23 to May 11. \$10 drop-in or \$65 for all 8-Weeks. Learn basic breathing and balance poses in a relaxed atmosphere.

Strength Class – Thursdays March 25 to May 13. \$10 drop-in or \$65 for all 8-Weeks. More advanced balance and strength poses and combinations.

Bring a yoga mat, water bottle, and wear comfortable clothes. Open drop in all 8 weeks. Sessions lead by Emily Wilterdink. For more info: emily.wilterdink@healthonecares.com

MARCH 2010						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 Lent 3 8:00, 9:30, 11:00am: Rev. Janet Forbes Confirmation Retreat 11:00am: Confirmation Class 5:30pm: Community Meal (\$2) 5:30pm: SLY PM 6:34pm: Fusion	8 5:30pm: Little School Board Meeting 7:00pm: Trustees	9 6:30pm: Finance Team 7:00pm: Missions Team	10 5:30pm: Lenten Dinner & Study 6:30pm: Wed. SLY	11 6:45am: Donut Whole	12	13
14 Lent 4 8:00, 9:30, 11:00am: Rev. Janet Forbes 9:30am: Cafe St. Luke's 11:00am: Confirmation Class 5:30pm: Community Meal (\$2) 6:30pm: SLY PM 6:34pm: Fusion	15	16 6:30pm: Little School Supervisory Board 6:30pm: Children's Ministry Leadership Team	17 5:30pm: Lenten Dinner & Study 6:30pm: Wed. SLY	18 6:45am: Donut Whole	19	20 10:00am: Story Tellers and Writer's Workshop
21 Lent 5 8:00, 9:30, 11:00am: Rev. Janet Forbes 8:15am: Contemplative Worship Service 11:00am: Confirmation Class 5:30pm: Community Meal (\$2) 5:30pm: SLY PM 6:34pm: Fusion	22 Little School closed	23 6:30pm: Yoga Little School closed	24 Little School closed 5:30pm: Lenten Dinner 6:30pm: Wed. SLY	25 6:30pm: Yoga Little School closed	26 Little School closed	27 10:00am: Easter Fun Day
28 Palm Sunday 8:00, 9:30, 11:00am: Rev. Brad Laurvick 11:00am: Confirmation Class 5:30pm: Community Meal (\$2) 5:30pm: SLY PM/SLY Jr. - Seder Meal 6:34pm: Fusion	29	30 6:30pm: Yoga	31 6:30pm: Wed. SLY	APR 1 6:45am: Donut Whole 6:30pm: Yoga 7:00pm: Maundy Thursday Service	2 7:00pm: Good Friday Service	3
EASTER 4 6:00am: Sunrise Service at Red Rocks 6:30am: Sunrise Service at Shea Stadium 8:00, 9:00, 10:00, 11:00am: Easter Service at St. Luke's with Rev. Janet Forbes 5:30pm: Community Meal (\$2) 5:30pm: SLY PM 6:34pm: Fusion	5 Little School closed 6:30pm: Women's Night Out	6 6:30pm: Yoga	7 6:30pm: Wed. SLY	8 6:45am: Donut Whole 6:30pm: Yoga	9	10