



# February 21, 2021 Preschool Sunday School At-Home Lesson

## Woman at the Well

Jesus rested at a well in Samaria, His disciples went to get food while he rested. A Samaritan woman came to the well to get a drink. "Will you give me a drink?" Jesus asked. She gave Him a puzzled look. Jesus was a Jew and she knew many Jews didn't like people from Samaria. "If you knew who I was, you would ask me for living water." said Jesus.

The woman was really puzzled, "Sir, the well is deep and you do not have a jar. Where would you get living water?" She asked. Jesus smiled, "Everyone who drinks from this well will be thirsty again. But the water I bring lasts forever."

Jesus told her that he knew all about her, where she came from and her beliefs. Jesus told her He was the Messiah. Her eyes twinkled, she was excited to share she had met Jesus and what He had told her. She rushed to town to tell everyone she had met the Messiah.

The people came running to meet Jesus. People believed Jesus and what he shared with them by the well. Jesus was living water.

## Scripture: John 4:14

"Anyone who drinks the water I give will never be thirsty again. The water I give people will be like a spring flowing inside them. It will bring them eternal life."

#### First Sunday in Lent

Lent is the Christian season that takes place 40 days before Easter (not counting Sundays.) During Lent we reflect quietly on Jesus' life and his death and grow closer to God. Lent is all about preparation.

Lent lasts for 40 days because that's how long Jesus wandered in the desert, fasting, and praying. During Lent we often give up something or take on something like a healthier habit.

What will you give up as a family or take on? Perhaps one night a week you give up all electronics and take on more family time together (playing board games, hikes or fun family activities).

Take the Lenten journey together as a family to grow closer to God, one another and deepen your faith.

#### Dear God,

During Lent, help us find new ways to focus on you and grow closer to you. Getting ready for the mystery of Easter is big work. During our Lenten journey, help us learn how to trust you, love you, and share your love with others. Amen