

UNIT 1: REMEMBER • SESSION 1:

# “Jesus Washes Feet”

JOHN 13:1-17

## JESUS ASKS US TO REMEMBER:

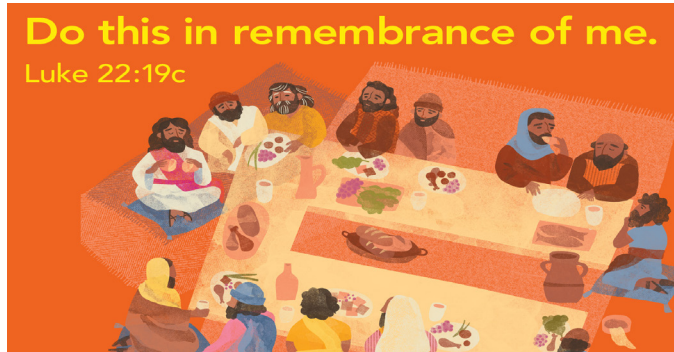
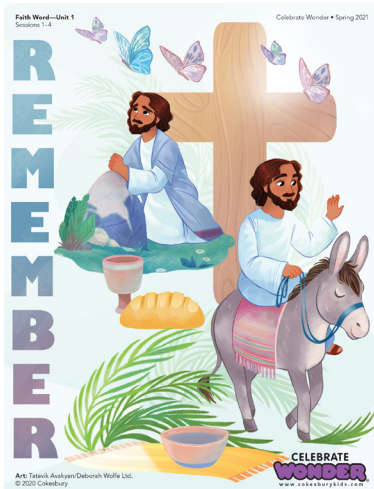
As we are moving through Lent and getting closer to Easter, we remember the stories of Holy Week - Jesus' last week on earth. Today we are exploring the story of Jesus washing the disciples' feet. This was an act of service usually done by a servant. He wants his friends to remember him by his example of **serving others**. This event happened when Jesus had come to Jerusalem to celebrate the Festival of Passover - a **ritual of their faith** (a symbolic way to remember and honor their faith.) We are also called to be his disciples and to serve others. When we do this out of love, we are **remembering Jesus**.

**BIBLE STORY:** *Jesus knows his time on earth is drawing to a close, he wants to teach the Disciples a very important lesson before he is gone.*

Before Passover, Jesus and his friends were having a meal. The friends watched as Jesus got up from the table and tied a towel around his waist. Then Jesus poured water into a big bowl. The friends watched as Jesus began to wash their feet. “Jesus, what are you doing?” asked Peter. “I don’t want you to wash my feet. It’s the job of a servant to wash feet. It’s not your job. You are our teacher.”

“Peter,” said Jesus, “it is important that I wash your feet.” So Peter let Jesus wash his dirty feet. When Jesus finished washing everyone’s feet, he asked, “Do you understand why I did the job of a servant and washed your feet? I wanted to show you God’s love,” said Jesus. “I want you to serve others like this.”

Through this story of the ritual of washing feet, we can see that **serving others**, like Jesus did, not only helps one another, but connects us to God. **Serving others shows God’s love.** Faith rituals are like routines - something we do repeatedly to help us remember God and Jesus. By practicing rituals like praying, going to church or reading our Bible we can **grow closer to God.** We remember Jesus and God by doing kind and loving things like **serving one another and practicing faith rituals.** What faith rituals can you add to your daily life?



## WONDER QUESTIONS & ACTIVITIES:

- When you think of the word remember, what do you think of?
- In our Bible story, feet washing was common, because people wore sandals and there was lots of dirt and dust that got on feet. The servants would clean their masters' feet when they came inside. How do you think the disciples felt when their leader and teacher, Jesus, started cleaning their feet?
- When did you last get really messy - how did it feel to get cleaned up?
- What rituals do you have in your family? Do you have specific routines that help you remember your faith? **When you wash your hands today, remember Jesus and say a prayer of thanks to those who serve you. Try to name as many as you can and how they help you.**
- **Since this is the third Sunday of Lent, find time to do an unexpected act of kindness for someone today.** How will that help you remember Jesus?