



May 17, 2020 ~ Preschool Sunday School At-Home Lesson: "Fruit of the Spirit" 2

Love, Joy, Peace & Patience

In the Bible Paul talks about fruit but it's a different kind of fruit, it's called **The Fruit of the Spirit.** The fruit of the Spirit is a little like real fruit because they are each special and different too. *The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.* Let's learn more about each fruit.

Love is one of the easiest fruits to explain, think of someone that loves you no matter what. You can make mistakes and it doesn't matter what you look like, but they still love you. God loves us too, no matter what. God & Jesus help us love others too.

Joy is like being very, very happy, it's being happy inside even when things aren't going great. Joy helps us to know God is always with us and all will be well.

Peace is a special feeling of calmness inside of us even when things are not ok. This is the peace we get when we get to know God really well (by reading the Bible, praying, & asking questions) If we have this peace we will feel a calmness in your heart.

Patience is having the ability to wait on something without getting upset or annoyed. Having patience means you stay calm with your emotions and your actions while you wait. It also means to be patient for answers to prayers.

Scripture

"But the fruit that the Spirit produces in a person's life is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these kinds of things." –Galatians 5:22-23

For families to do together:

Enjoy eating each fruit listed in the lesson and talk about their meaning. Love ~ Strawberry share a list of those you love Joy ~ Pineapple talk about other sweet smells Peace ~ Watermelon what other fruits have seeds Patience ~ Lemon eat it slowly or make lemonade with your family.

Watch you tube video on Peace https://www.youtube.com/watch?v=V8XsZ9uiz4U

Dear God,

Thank you for all the fruits you give us. Help us to show love, feel joy, and live with peace and patience with the people you place in our lives. Thank you for loving us, we love you. Amen



