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## Journey Moments: Lent, Holy Week and Easter 2018

We journeyed together through Lent, Holy Week and Easter and had many remarkable moments. From a service on Ash Wednesday on February 14 that welcomed us into reflection, through joyful worship on Easter morning on April 1, it was a time filled with meaning.

We gathered in Connection Groups during Lent and studied Brian McClaren's book, *We Make the Road by Walking*. Each chapter sparked discussions and deeper thinking about the life of Jesus.

We celebrated Palm Sunday with beautiful music and the Sanctuary full of children and adults alike waving palm branches and honoring Jesus' journey. We spent a beautiful afternoon at Easter Fun Day welcoming families to celebrate the day with food, games, crafts and live bunnies.

Holy week then brought us to a quiet Maundy Thursday service of communion, reflection, and blessing following by an extremely moving Good Friday Service with over 80 musicians sharing the drama and emotion of the *Stabat Mater* with our community.

Easter Sunday began with an early morning Sunrise Service on the front lawn of St. Luke's followed by 3 services that filled the Sanctuary in celebration. We welcomed the blessing of new life with Easter lilies and baby bunnies. The Tinntinabulators, youth bells, youth choir, brass ensemble and chancel choir shared music of celebration as we found renewal through resurrection moments and the hopefulness of this special season!

## And... *Joseph and the Amazing Technicolor Dreamcoat* was a big success

— well attended over 4 shows March 2-4 and thoroughly enjoyed! From the director, Roberta Hamilton Griggs, "The show was indeed AMAZING. The community that we developed was phenomenal! Forever friendships were made. So much talent — from the performers to the set (1829 LED lights in the letters!! — Bill and Joan Goddard, you so rock!) the pit orchestra, costumes, props, crew and artistic team — special thanks to Melanie, Jim, Chris and Hannah!! Joseph is a dreamer and teaches us to keep trying through all of our trials — to hold on to the faith in God, ourselves and others until we are able to get to the other side! What an honor and a privilege to be able to work with all of you!"

## Grief Support Group



If you are experiencing grief after the loss of a loved one, please

consider joining me, Rev. Pat Shaffer, and Stephen Minister, Nancy Abbott, on any or all of the following

**Sundays**  
**April 8, 15, 22 & 29**  
**12:15-1:45pm**

in the St. Luke's Chapel. The heart of this Grief Support Group is sharing your grief story after the death of a spouse, child, family member, or friend with others who are on the same journey and understand what you are feeling and experiencing. Group values are listening, caring, and keeping confidence. Helpful resources are shared as well. Please email Pat at prshaffer04@yahoo.com or call 720-988-5430 to register or for more information.



**Sunday Worship Services**

8:00am, 9:30am, 11:00am,  
Contemplative Service  
(Check website for dates & times)

**Sunday School**

Adult, Youth & Children:  
9:30am & 11:00am

**Nursery**

8:00, 9:30 & 11:00am services

**Mon.-Fri. Office Hours**

9:00am-12:30pm & 1:00-3:30pm

Church Office.....303-791-0659

Email.....office@stlukeshr.com

Website.....www.stlukeshr.com

Little School Office.....303-791-1982

**Staff**

Rev. Dr. Sallie Suby-Long.....x132  
Lead Minister of Spiritual Life

Rev. Ryan Canaday.....x112  
Lead Minister of Worship & Missional Life

Rev. Jessica Rooks.....x109  
Lead Minister of Community Life

Rev. Schawn Kellogg.....x143  
Care Pastor

Sharon Oliver.....x127  
Director of Children's Ministry

Samantha Leahy.....x140  
Director of Early Childhood Ministry

Dave Laurvick.....x114  
Director of Youth Ministry

Amy McMullen.....x119  
Assistant Director of Youth Ministry

Jake Smith.....x145  
Associate Director of Youth Ministry

Dr. James Ramsey.....x123  
Director of Music & Arts Ministries

Kenrick Mervine.....x133  
Associate Director of Music Ministry & Organist

Kay Coryell.....x136  
Director of Handbells & Children's Music Ministry

Chris Rigolini.....x146  
Director of Instrumental Music

Renae Parra.....x117  
Director of Servant Ministry

Kim DeVries.....x110  
Office Administrator

Leon Hreck.....x110  
Building Maintenance/Custodian

Sheri Henry.....x124  
Director of Finance

Kristi Pawley.....x116  
Accounting Clerk

Kelly Amadeo.....x115  
Director of Little School

All submissions for the next issue  
of *The Chronicle* are due

**May 25, 2018**

Editor: Sharon Oliver  
chronicle@stlukeshr.com

The *Chronicle* is published 6 times per year  
and is emailed to those on our email blast list,  
and it can be found on the church website.  
Printed copies are available at church entrances.  
To receive *The Chronicle* via US mail,  
please call or email the Church Office.



**Rev. Dr. Sallie  
Suby-Long**  
Lead Minister of  
Spiritual Life

# Be A Lifeline!

## Mental Health First Aid Workshop

**April 14, 2018 St. Luke's Chapel, 8:30am-5:00pm**

Sponsored by St. Luke's Stephen Ministers in Collaboration with Centura Health, & Mental Health First Aid Colorado

I, along with our Stephen Ministry Team, invite you to be part of addressing one of our state's biggest health challenges. Join us for an exceptional opportunity to be trained in Mental Health First Aid. Sadly, our community has experienced many deaths by suicide and suicide attempts in the past months and years. Many times these tragedies are related to health challenges such as depression, anxiety, addiction or other mental health-related concerns. Mental Health First Aid Colorado promotes and supports mental health education and is designed to give people skills in offering care and support. In the course, you will learn signs and symptoms of a mental health challenge or crisis, what to do in an emergency situation, and where to get help.

Our Stephen Ministry team is sponsoring this crucial learning opportunity to help in addressing one of the most concerning health challenges in our community. There is no cost to you. As a service to our community, the entire workshop, materials, and lunch will be provided by our St. Luke's Stephen Ministers in partnership with Centura Health.

**To register for this workshop and become a lifeline to someone in need, visit our St. Luke's website [www.stlukeshr.com](http://www.stlukeshr.com) or sign up on Sunday morning.**

I sincerely hope you will participate in this important training that will help all of us offer more informed care within our families, our neighborhoods and our community. If you have any questions, I welcome a conversation with you. Please join us and invite others to part of this workshop, too.

For more Information:  
Contact Rev. Sallie  
(sallie@stlukeshr.com,  
303-475-0141) or  
any Stephen Ministry  
Leader - Bob West,  
Melinda Davidson,  
Laura McCarthy,  
Nancy Abbott.

### This Training is Open to Our Community!

The workshop is a gift from our St. Luke's Stephen Ministers to encourage wellbeing and safety and to prepare more people to understand, recognize, and respond to those in need of urgent mental and emotional care and support.

Be a Lifeline,  
**Rev. Dr. Sallie**



**Rev. Ryan Canaday**  
Lead Minister of  
Worship &  
Missional Life

# What Are You Looking For?

In Carey Nieuwhof's recent article "*5 Things Millennials Are Looking For In a Church*", he explores the conversation about spirituality and the church with younger people. Here's a summary of his five observations:

### Character over competency. Authenticity matters.

"An authentic experience in a church with B+ worship experience beats a hollow experience in a church with A+ programming."

**Discipleship over programs.** "If you live in a space where you think 'we can't reach the next generation because we have no money,' think again."

**Relationship matters most.** "What do young adults want? Your time. Your heart. Your attention. And a chance to actually connect with people."

**Mission over model.** "Every church has a model of ministry... churches that love their model more than their mission will die."

**Be Real and Keep Doing.** "This is, after all, a generation that has been marketed to more than any generation in human history. They can smell incompetence a mile away. But they can also smell fake a mile away. Being real matters more than doing. But doing still matters... continue to make your ministry better, but still, work harder on your character than you do on your competency."

I think Nieuwhof's conclusions are spot on—who we are matters! Authenticity, deep relationships, transparency, these things matter! However, I am not convinced that this is a "generational thing". In my experience, previous generations also long for these attributes in the

*continued on page 3*





**Rev. Jessica Rooks**  
Lead Minister of  
Community Life

# Holy Land Reflections

In February, I had an opportunity to travel to Israel with a group of United Methodist clergy from the Rocky Mountain Conference. I serve on the Design Team for the 'Clergy Young in Ministry Academy' in our conference – this academy is designed to offer continuing education experiences to clergy recently ordained and in the early years of their ministry careers.

As part of the Academy, we planned a 10-day immersion experience in the Holy Land, led by Bishop Karen Oliveto. This was my first trip to the Holy Land, and I was very excited to go. As preparation for the trip, Bishop Karen invited the group to read the Gospels repeatedly – to delve into the stories of Jesus and his community with intentionality and prayer.

It was an amazing trip. We started our week with a Reaffirmation of Baptism in the Jordan River. Jesus began his ministry with his own baptism in the Jordan River, and so beginning our trip in this same river was inspirational. Over ten days we visited Qumran and saw the caves where the Dead Sea Scrolls were discovered. We visited the towns of Jericho, Capernum, Cana, Nazareth, and Samaria. We visited the traditional Holy Sites – the birth place of Jesus, the Western Wall, the Garden Tomb, the Church of the Holy Sepulchre, the Upper Room, the Garden of Gethsemane, the Holocaust Museum, and various other sites. We had a boat ride on the Sea of Galilee and floated in the Dead Sea. We stayed in Bethlehem, Tiberias, and Jerusalem. I took over 2,000 pictures – which might have been a bit excessive.

I describe the trip as two separate, yet connected, experiences. The first is the experience I prepared for. There is a sacredness to walking the same land as Jesus walked, and to immersing



church experience. Perhaps Millennials are simply the first to clearly articulate it, and demand it. I realize this barely touches the tip of the iceberg regarding the discussion of "what are you looking in a church"? So, let's keep this conversation going.



**We'll be starting a new 6-week worship series on Sunday April 15 "WHAT ARE YOU LOOKING FOR?"**

What are you looking for? It is the question Jesus asks of the disciples in the

first chapter of John's Gospel. They never really answer Jesus, instead asking their own question: "Rabbi, where are you staying?" Jesus doesn't really answer their question either, instead inviting them deeper into the questions.

Aren't we confronted with the same question? When it comes to your spiritual journey, what are you looking for? When it comes to being a part of this St. Luke's community, what are you looking for? In this series we will explore this question through six themes: **questions, grace, belonging, change, inclusive relationship, home.** These themes point to who we are and where we're headed; they help us better engage the question: What are you looking for?

Join the conversation. And let's keep in mind Niehwhof's overarching conclusion—because who we are and our authentic engagement matters! See you around!

Grace & Peace, *Rev. Ryan*

yourself into the landscape. The scripture stories become more alive and real in a new way. Praying in the Garden of Gethsemane and walking amongst 2,000-3,000 year old olive trees in that garden, is humbling and exhilarating. Being on a boat on the Sea of Galilee offered a sense of connection to Jesus and his community that I previously did not have. This historical/scriptural experience of the Holy Land was moving and meaningful.

The second experience was related to the current conflict between Israel and Palestine. I thought I had an understanding of the situation, but it was a superficial understanding. After having dinner in the home of a Palestinian Christian in Bethlehem, spending time at the Separation Wall, and hearing stories from those living under occupation, I have a new level of awareness and understanding.

This second experience of the current climate in Israel and Palestine was not unrelated to the first experience of walking the steps of Jesus. Jesus lived under Roman occupation. His movements were limited and his life was shaped by a culture and religion not his own. Two thousand years after the death of Jesus, there is still conflict over the Holy Land, and conflict in the Holy Land. There is still occupation in a land connected to three major world religions who all work for peace.

The trip to the Holy Land reminded me of how much work we still have to do as people of faith. This trip to the Holy Land reminded me how relevant the Gospels remain to this day. This trip reaffirmed my faith in unexpected ways, and I am grateful for the experience.

Grace and Blessings, *Rev. Jessica*



**Renae Parra**  
Director of  
Servant Ministry



*Get Connected  
at St. Luke's. To  
learn more about  
opportunities for you to get involved, contact Renae at  
renae@stlukeshr.com or 303-791-0659 x117*

## Do you like to bake?

The St. Luke's Breadbaker team would love the help of a few more bakers. You bake three mini loaves of bread per

month and bring to church on Sunday morning. These loaves go in our purple welcome bags and show newcomers our hospitality. Contact [renae@stlukeshr.com](mailto:renae@stlukeshr.com) to join the schedule and help extend our welcome into the community.



**Rev. Schawn Kellogg**  
Care Pastor

## Biblical Archaeology Classes: Ancient Finds, Modern Meaning

This is a new class series for anyone interested in Biblical archaeology. We will gather to learn about artifacts and textual finds that illuminate the past and connect us to the formation of our faith tradition. Biblical Archaeology is a field that has given birth to eccentric and brilliant academics, intriguing stories as well as extraordinarily compelling finds that help us understand the Bible and the context within which it was inspired.

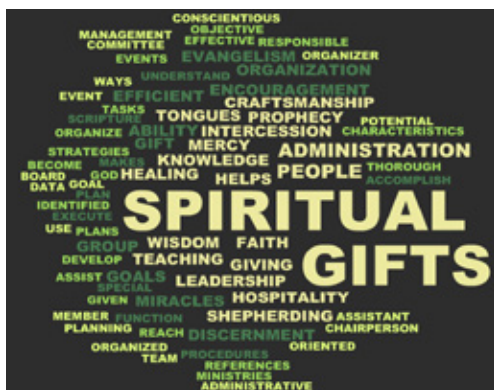


Join Rev. Schawn Kellogg **Sunday May 6 from 11:00am to noon** in Room 213 for a presentation on the history of the field and the legend of its greats, as well as a few tantalizing early finds and their ties to the Bible including the Siloam Tunnel inscription, Baruch's seal, the Merneptah Stele, the Place of Trumpeting and the Taylor Prism. Bring your Study Bible to read associated passages.

You're welcome to come early for a sampling of tea and treats! Please email Rev. Schawn ([schawn6@hotmail.com](mailto:schawn6@hotmail.com)) if you plan to attend.

### Rev. Schawn will also be offering additional Archaeology classes in the upcoming months:

- Sunday July 15 (11:00am-12:30pm) includes light lunch
- Sunday September 16 (11:00am-1:30pm) includes a Mediterranean Meal



## Gifts!

Tami Canada and I just wrapped our eight week class of "Discover Who You Are". It has been so fun to walk with people as they discover their gifts, values and passions. Sometimes our gifts are right in front of our nose and not being used and other times we are using these gifts but never put the label of "gift" on our

contributions. Watching people process this information has been very rewarding.

Are you paying attention to where God is calling YOU? God calls each of us; your calling may be right within your own family or it may reach hundreds of people. No call is insignificant. Do you know your Spiritual Gifts? You can always take our online assessment (<http://stlukeshr.com/spiritualgifts/>); answer the questions quickly with your initial gut reaction. The results of this assessment will help you discover and define the gifts God has given you. Then, put your faith in action and try using your gifts in service and tweak until the setting feels right for you. I would love to talk with you about your gifts at any time. I also have a few copies of the book we use in our class available if you would like to do the work independently. To find the gifts God gave you will empower you to find your true self!

## Welcoming our newest members

of St. Luke's and their reasons for joining our community.



**Kent Olson:** *Worship experience and a place to "give back"*

**Megan Burch (with Erin and Ava):** *Community and conversations about social justice*



**Jim and Linda Aughenbaugh:** *Meaningful worship service and caring clergy and staff*



**Bill and Diane Kitson:** *Very glad we found St. Luke's!*



**Jerry and Marilyn Hecht:** *We have been attending over 17 years and love this place; we just hadn't ever joined. It was time!*

If you are interested in making a deeper commitment by joining St. Luke's, please contact Renae Parra x120 [renae@stlukeshr.com](mailto:renae@stlukeshr.com) or visit [www.stlukeshr.com](http://www.stlukeshr.com)

## Dudes on Deck!

We had a gathering of men hosted in different homes for six weeks in January and February. We explored the different masks we wear as men and how these masks keep us from being our authentic self and how they keep us from being spiritually connected. We went deep together. The group came to a close. Many of these guys have been asking: "hey, when are we gonna do another men's thing?"

So... **on the 2nd and 4th Wednesday from 6:30-8:30pm throughout the summer** we'll gather for DUDES ON DECK. We'll hang out on the back decks of homes for a meal and conversation on various topics from various podcasts/articles. No prep work necessary. Just come be a part of something bigger than yourself. This one is just for men.

For more information contact David Garrett [dg2150@yahoo.com](mailto:dg2150@yahoo.com) or Rev. Ryan [ryan@stlukeshr.com](mailto:ryan@stlukeshr.com)



## Thank you for your Generosity to UMCOR!



Since August 2017, St. Luke's has donated an amazing \$89,012.59 to UMCOR, the United Methodist Committee on Relief. This amount is broken down as follows: \$79,487.59 for hurricane disaster response from Feeding of the 5000 proceeds and individual church members; \$5415 for UMCOR to use where the greatest need is; \$100 from Seasoned Voyagers for the UMCOR Sanitation and Water Project; and \$4010 from the UMCOR Sunday offering, for UMCOR's administrative expenses. Through your generosity you have made a difference to relieve suffering for countless people! Thank you!

## Missions Outlook for the Year

So far this year St. Luke's adults, children and youth have been in Mission with our friends in Guatemala and Honduras, and at LoveINC, HAAT Force, Sedalia Elementary, Mondays in the Park and UMCOR. Here's a summary of what the Missions Team has planned for the remainder of the year (as of March):

- **April** - Guest preacher from Project Humanity in Africa
- **May** - Special promotion for donating food to the blue bins at the church entrance. This food goes to veterans supported by Colorado Coalition for the Homeless. We will culminate this drive on Memorial Day to honor our veterans.
- **June** - Vacation Bible School - collecting children's books for Project Humanity in Africa
- **July 15 - Missions Sunday** - don't miss it! Learn about our Methodist foundation in mission and all the ministries St. Luke's supports!
- **September 9-15** - Mission Trip to the UMCOR West Depot in Salt Lake City (led by Betsy Keyack, bkeyack@att.net)
- **September-October** - Field trip for all church members - Roundtable discussion with local agencies and some of the people they are in ministry with. Possibilities are Colorado Coalition for the Homeless, Bayaud Enterprises, Urban Peak and Warren Village.
- **October** - Feeding of the 5000; Hunger awareness education
- **November/December** - Learning about the beneficiaries of our Giving Trees: Integrated Family Community Services; HAAT Force; Guatemala Milk Program. Also promotion for Christmas in the Park.

## Meet Missionary Donna Pewo



The United Methodist denomination has hundreds of missionaries serving in the US and around the world. They come from everywhere (not just the United States) and go just about everywhere. They serve in a variety of areas, including children's ministries, education, medicine, sustainable agriculture and development and local church support.

One of these missionaries is Donna Pewo, who is the director of the Clinton Indian Church and Community Center in Oklahoma. She ministers with Cheyenne and Arapaho Native American children and youth. This ministry is helping to rebuild a relationship between the United Methodist Church and these tribes, with whom we have had a tragic history.

The Community Center helps children and families with their needs for school. It also provides a warm, caring place for the children and youth to have a meal together, pray and study the Bible, play games, work on computers, watch movies and do crafts. Special programs are held for holidays and the youth go on field trips and mission trips. Donna encourages the children and youth to do well in school.

St. Luke's has a special, so-called "Covenant" relationship with Donna. One of our members donates yearly to the United Methodist Missionary fund in Donna's honor and in return, we have a wonderful connection with her. She has visited St. Luke's and we have gone to visit her. UMW and Seasoned Voyagers have supported her ministry. It is interesting to see her postings on Facebook and receive her newsletters.

We plan to continue this connection with Donna in the years to come!

## Mission Opportunities for Small Groups or Families

Dorothy Day, the world-renowned founder of the Catholic Worker Movement and an advocate with poor people, was asked by someone how to live the gospel. She replied, "Stay close to the poor." She could have said "help" the poor, instead said a more challenging "stay close." By being close to people in need we are in turn spiritually fed and learn so much about people's life stories and the workings of our community and the world. St. Luke's small groups have provided Thursday night dinners for LoveINC clients, which they always appreciate. Here are four more local opportunities for your family or small groups to have encounters with people who are struggling economically or socially:

- **Urban Peak:** Groups of 2-6 people ages 12 and up are invited to donate and prepare either breakfast or lunch for 40-45 homeless youth the Urban Peak shelter, 1630 South Acoma (near Evans and Broadway). See <http://www.urbanpeak.org/denver/volunteer/volunteer-opportunities/meal-service-groups/> for further details. You can also try contacting Kaeli Simonet, part-time Group Volunteer Coordinator, 303-974-2909.
- **Warren Village, Denver:** Provide dinner and a fun activity for single parents and their children at Warren Village. There are 2 options: Family Night Dinner, 30-45 families, 2nd or 4th Wednesday, 6:30-8:00pm; Community Night Dinner, 13 families, 3rd Thursday, 6 - 7:30 pm. See <http://warrenvillage.org/volunteer-opportunities/>. Contact is Angie Ruddell, aruddell@warrenvillage.org. Apparently the slots fill up fast so you will have plenty of time to plan ahead.
- **Denver Inner City Parish Senior Program, Denver:** Bring and prepare a meal to eat with the Seniors at Denver Inner City Parish. Hear their stories and play bingo. See <http://dicp.org/community-support/seniors/> or call Evelyn at 303-629-0636.
- **Bessie's Hope:** This program connects older people in nursing homes and assisted living facilities with youth, families and groups. The percentage of the older people who never get visitors is very high. See <https://www.bessieshope.org/> for more information and a video.

*Note: if you have any trouble connecting with any of the above, please contact Betsy Keyack, bkeyack@att.net.*

## Words of Inspiration

Here is a poem shared by Lisa Heaton, one of our Missions Core Team Members:

*If you want to touch the past, touch a rock.*

*If you want to touch the present, touch a flower.*

*If you want to touch the future, touch a life.*



**Sharon Oliver**  
Director of  
Children's Ministry  
sharon@stlukeshr.com



**Samantha Leahy**  
Director of Early  
Childhood Ministry  
sam@stlukeshr.com

## St. Luke's Kids Growing with God

Welcome to St. Luke's Kids – our ministry to children birth through grade 6. *In caring for the children of St. Luke's and their families, we seek to nurture and develop faithful loving lives, modeled after the Love, Acceptance, Justice, and Hope of Jesus, through relationship and learning. We strive to create sacred spaces and experiences for children to discover and be inspired by God's love.* Join us for Sunday School at 9:30 & 11:00am and register online any time throughout the year. All families must register new EACH school year beginning in August. AND please sign up to serve! We have a convenient online sign up for our wonderful servants. Pick a date and join us and be a blessing to our children! Thanks!

### Children's Calendar Praise, Play & Prayers

(check website for full calendar)

- April 8 (SUN) - **PEAK 9:30am**  
**SUNDAY SCHOOL** Begins 3-wk  
lesson: "Road to Emmaus"
- April 8 (SUN) - **JOY TREK 9:30am**  
**SUNDAY SCHOOL** Begins 2-wk  
lesson: "Jesus Teaches About Anger"
- April 13 (FRI) - **Parent's Night Out**  
6:00pm. Contact Sam.
- April 15 (SUN) - 5:30pm: **SLY, Jr.**  
**GAMES & Service night**
- April 18 (WED) - **CDT Rehearsal**  
6:00-7:30pm
- April 22 (SUN) - **JOY TREK 9:30am**  
**SUNDAY SCHOOL** Begins 2-wk  
lesson: "Parable of the Fig Tree"
- April 23 (MON) - 2:00pm: **VBS**  
**Online Registration OPENS**
- April 25 (WED) - **CDT Rehearsal**  
6:00-7:30pm
- April 28 (SAT) - **CDT SAT**  
**Rehearsal** 9:00-11:00am
- April 29 (SUN) - **PEAK 9:30am**  
**SUNDAY SCHOOL** Begins 4-wk  
lesson: "Pentecost/3000 More"
- May 2 & 3 (WED/THU) - **CDT**  
**Rehearsal** 5:30-8:00pm
- May 4 (FRI) - **Children's Dinner**  
**Theater "Giants in the Sky"**  
DINNER 6:00pm, SHOW 7:00pm
- May 5 (SAT) - **Parent's Time Away**  
9:00am. Contact Sam.
- May 5 (SAT) - **Children's Dinner**  
**Theater MATINEE "Giants in the**  
**Sky" SHOW 3:00pm**
- May 6 (SUN) - **JOY TREK 9:30am**  
**SUNDAY SCHOOL** Begins 3-wk  
lesson: "Lost Sheep & Lost Coin"
- May 6 (SUN) - 5:30-8:00pm: **SLY, Jr.**  
(5th & 6th) Progressive Dinner
- May 11 (FRI) - **Parent's Night Out**  
6:00pm. Contact Sam.
- May 11 (FRI) -  
6:45pm **FAMILY**  
**MOVIE NIGHT**  
"Ferdinand" Wear  
your pj's, bring your  
pillows, we'll provide  
the popcorn!
- May 20 (SUN) - 5:30-  
7:30pm: **SLY, Jr.**  
(5th & 6th grade)  
**Year End Cookout**  
& 6th grade send  
off! RSVP to Sharon  
6th graders move up to SLY  
May 27!!
- May 27 (SUN) - **No Sunday School**  
(Memorial Day wknd)



## Vacation Bible School

June 25-29: 9:00am-12:00pm  
\$40/per child

(Age 4 by 9/30/18 through entering 5th grade)

Adults: Volunteer to help all 5 days of VBS  
and get one free registration.

**Registration Opens Online**  
**April 23 at 2:00pm**  
**www.stlukeshr.com**

## Children's Dinner Theater



Friday May 4:  
Dinner 6:00pm,  
Show 7:00pm

(PLUS a special  
matinee  
performance on  
May 5 at 3:00pm)

St. Luke's Kids 1st-  
6th grade tell the

musical tale **Giants in the Sky**. Explore the  
world of Giants who live above the clouds to  
keep the sky beautiful and one curious Giant  
who wonders what life is like on Earth!  
The show focuses on friendship and is a  
wonderful reminder to connect to the  
special people in our lives.

Enjoy food and fun!

**No ticket needed.**

**Free-will donation.**

Proceeds benefit our Guatemala outreach.

### VBS VOLUNTEERS:

#### NEW ONLINE SIGN UP!

Go to [stlukeshr.com](http://stlukeshr.com). YOU can be part  
of the BEST week of the year!

## Wacky Wednesdays

Each week children will enjoy  
music, crafts, chapel and games.

The theme this year is:



Open to all children age 2 1/2 years  
through entering 3rd grade!\*

(Must be potty-trained to attend.)

**TIME:** 9:30am-noon

**WEDS.:** June 6, 13, 20  
July 11, 18, 25

Registration is \$25 per day per child.

**Registration forms available!**

\***Young Toddler Option** 18-30 mos.

If you have any questions contact:  
**sam@stlukeshr.com**

## ST. LUKE'S FAMILY CAMP

July 22-29

**Snow Mountain Ranch**

Granby, CO

**To sign up visit:**

**stlukeshr.com/familycamp**  
Fun, Fellowship, Great Food, Tubing Hill,  
Ropes Course, Adventure Park in Winter  
Park, Camping, Hiking, Biking, Boating





**Kelly Amadeo**  
Director of  
Little School



## Little School News: Spring Forward!

You're off to  
great places!  
Today is your day!  
Your mountain  
is waiting...  
So get on your way!  
-Dr. Seuss

On our first day back from Spring Break, I was rushing through the hallways catching up on all I had to do. I suddenly stopped in my tracks in the Goliath area and looked around. There were children everywhere. Some were on the way to the bathroom, some were on their way to music class, and some were on their way to the playground. I've been greeting these children all year, but this day was different. The children looked bigger. Their language and vocabulary was greater, and their friendships seemed deeper. I paused my busy day to take it in. How is it that I am lucky enough to watch these beautiful children grow each day? I realized that April and May are now at the doorsteps of Little School, and many of these children will be leaving us. They are off to climb their mountains. I want to keep them all here. However, I am beyond proud of my staff, our lovely children, and the village of people who support the Little School children and who have helped them all grow to be the amazing children they are. I cannot wait to see where God takes these beautiful people.

*Kelly Amadeo*

## Paper Shredding Fundraiser: April 28

Please support our children by bringing your confidential papers to our Shredding Fundraiser. Our children are in need of a new play structure since the large play structure we currently have is nearing the end of its life expectancy. On April 28 from 9:00am-noon, ProShred will have its shredding truck in the parking lot. They will shred and recycle your papers for \$6/box (banker boxes). This is less than the DCSO and HRCA charge. All proceeds will go toward replacing the play structure which typically costs \$25,000 with labor. We are also accepting donations (write a check to St. Luke's Little School, and in the memo write "playground donation.") Thank you for helping us provide quality outdoor equipment!

## Save the Date April 29 – UMW Tea: An Essential Piece of the Puzzle



The UMW Annual Spring Tea is on April 29th at 2:00pm. We are excited that this year that our mission recipient is Volunteers of America's Women Veteran's Program. Women have always been an essential piece, whether recognized or not, of the military puzzle. Today our country counts on women to use their talents as a larger, more conspicuous, and more essential part of military service. After serving, women veterans face the same challenges as their male compatriots. Some find themselves homeless; maybe even with children. The Volunteers of America's Women Veteran's Program is helping these women who have served so selflessly. Watch for notices about the tea in the Sunday bulletins. Ticket sales will take place in the narthex before and after services April 8 15, and 22. Please join us to hear about this necessary program for women veterans. Also, you might be surprised to learn about those in the congregation. Come, be an essential piece of the puzzle in assisting the UMW in their mission to help women veterans. This is a tangible way of showing support rather than just saying "Thank you for your service."

## Interest Groups of UMW

Join an Interest Group at any time. Want something different, let us help. Email us [umwinfo@stlukeshr.com](mailto:umwinfo@stlukeshr.com).

**Book Club ~** Fiction/ Non-fiction/ Informative/Fun. Fourth Monday, Room 206, 7:00pm (potluck 6:15pm) For more information about book club or to receive a list of the 2018 books, contact Cathy Collins at [scecollins@q.com](mailto:scecollins@q.com).

- April 23 - *News of the World* by Paulette Jiles
- May 21\* (3rd Mon) - *America's First Daughter* by Stephanie Dray and L. Kamoie

**Common Thread ~** Friendship/Fellowship/ Caring/Sharing. First Thursday of each month, 10:00am. Meets at the church. Contact: Caroline Butler [carolinebutler@q.com](mailto:carolinebutler@q.com) or Betty Smith 303-797-3225

**Itch to Stitch ~** Projects of Crochet, Knitting, Sewing, Quilting donated to Charities. All skill levels welcome. Focusing on lap blankets for Veteran's Hospital and Nursing Homes. Meets 1st & 3rd Saturday, 10:30am in downstairs Youth Room. (No meetings in December, June or August) We will have a special event in July. Watch for special updates. All skill levels welcome. Contact: Fran West ~ 303-797-7107. Check out Our Facebook page !!! - "St. Luke's UMC Itch to Stitch Guild"

## Mile High/Pikes Peak District UMW

On March 10 the district met for a United Methodist Women Spiritual Day Together. The theme was "Sacred Spaces: The Space Between Us." The speaker was Laurie Fujinami, who is now a Deaconess in the UMC. "Sacred Spaces- Encounters with God and Neighbor" is the UMW theme for 2017-2018. We each encounter God and should embrace the encounter and share with others. This is the creation of "Sacred Spaces." Be sure to seek and share yours.

Next year the United Methodist Women will celebrate a 150 years of vision and service to women,

children, and youth in 2019. "Turning Faith, Hope, and Love into action on behalf of women, children, and youth at home and around the world" is daunting and continuing work. Please contribute to the UMW 150 Legacy Fund. Envelopes for contributions can be found in the lobby with information about St. Luke's UMW. To continue the legacy of the UMW for you daughter and granddaughters. Please consider contributing to the cause.

## Important Dates:

**April 27-29** – RMC UMW Spiritual Life Retreat – Estes Park, CO

**April 29** – Spring Tea Celebration – *An Essential Piece of the Puzzle*

**May 6** – UMW Sunday: There will be a UMW informational table in Fellowship Hall. Please stop by and learn more about the UMW missions and accomplishments of the last 150 years. Become a member and learn how to continue the UMW legacy for your daughters and granddaughters.

## Attention Gardeners!



Your assistance to grow for God's good is needed! Last year the St. Luke's garden produced 77 pounds of produce for local food banks. We plan to build garden boxes, prepare the soil and plant starting in April. If you like to garden, we can use your help! For more information and how you can help, please call Fran West at 303-797-7107 or 303-746-1117.

## Monday In The Park Outreach

As temperatures drop this winter many of us bundle up or simply choose to stay indoors however, for those who may be experiencing homelessness it is not always an option. Thank you to our Monday Park Team who deliver coats, warm socks, blankets, and donated clothing in addition to lunches this winter. Our congregation has been generous to donate cold weather essentials so we can provide the extra warmth needed when the temperatures drop. In addition to your support our partnership with LoveInc has their Renewed Treasures Shop donating coats that don't sell, thank you Renewed Treasures and Linda Malone for creating this extended outreach opportunity. For those in critical need Colorado's United Way offers a 211 help center that offers resources for assistance with basic needs like food and shelter. Thank you to all who support our Monday Park Team team to provide help to our friends in need this winter.



## THANK YOU!

St. Luke's, your generosity has blessed many children in Honduras with a beautiful library and brand new books! Children and teachers of Abundant Life Christian School were delighted and the CSE Hearts for Honduras Team was honored to be representatives of our St. Luke's community. Our warmest thanks to all of you for your support to make this possible! Sincerely, The CSE Hearts for Honduras Team

## Mindful Travel – Adventure with a Purpose

### CULTURE & CONNECTIONS IN HONDURAS



In the early morning hours of February 2, thirteen St. Luke's sojourners gathered to begin our journey to Honduras. We traveled with excitement, with 300 books, and with the hope for connection with one another and with the people of Honduras. The St. Luke's community contributed generously to purchase books and school supplies, and they blessed both the books and the travelers on this journey.

We landed in San Pedro Sula, Honduras, exchanged American dollars for the local Lempira, and loaded our small bus for a journey through tropical lowlands and high cloud forests. We spent our first night in a hotel along the beautiful shores of Lake Yojoa. Raindrops drummed us to sleep, and we awoke to beautiful birdsong. We continued our journey on to the Abundant Life Christian School in Yamaranguila, where we arrived in time for their annual Cultural Festival. Parents had constructed lovely "champas," (huts) that displayed the unique foods, crafts, and traditions of different areas within Honduras. The school children, beautifully outfitted in colorful costumes, entertained us with traditional music and dance. Exploring the champas, tasting the foods, and connecting with parents and children provided a welcome introduction to Honduras. It was clear that ALCS is deeply connected to the families and communities it serves.

The ALCS is part of a network of schools that provide a high quality, bilingual, Christian education to children in rural Honduras. The school in Yamaranguila was started by Rachel Suby-Long Compaan and her husband Jake. Rachel's journey to Honduras began with her experiences on St. Luke's mission trips to Guatemala. Rachel and Jake launched the school with 30 students in early 2015, and the school now serves more than 350 students, from kindergarten through seventh grade. A new grade is added each year to support students through high school graduation. Many of the students will be the first in their families to graduate from high school. The Abundant Life network has a solid track record for students moving on to college, including colleges in the United States, with scholarship support. We were all inspired by the transformational work in which Rachel and Jake and their staff are engaged

During our visit to the Abundant Life Christian School in Yamaranguila, we set up a new library and introduced students to the new books. We also planned, plotted, and planted a hummingbird garden. The garden was built with funds from a memorial to David Johnston of St. Luke's; David's wife Janet was a member of our travel group. We dedicated the garden to the children of the ALCS of Yamaranguila in a simple and moving service.

In Yamaranguila we also visited the Talitha Cumi home for young girls, where approximately 20 girls (2-17 years) live in a safe, nurturing cottage environment. "Talitha Cumi" is Aramaic, roughly translates "Little girl, rise up," and comes from a story in the Gospel of Mark. We attended church services with the children, who also gave us a tour of their beautiful property, introducing us to the chickens, pigs, goats, and other animals that live there.

From Yamaranguila we traveled to Copan, which is home to beautiful Mayan ruins. On the way to Copan, we stopped for lunch at a hotel that is associated with another Abundant Life Christian School in Gracias, Honduras. Students staff the hotel, which provides opportunities to speak English and gain vocational training. Incidentally, the hotel hosted Rachel and Jake's wedding four years ago. Its beautiful location along a tumbling river and proximity to Pico Celaque, Honduras's tallest mountain, encouraged our thoughts of return visits.

We spent three days in Copan visiting the Mayan ruins, a beautiful coffee plantation, a restorative hot springs, a Tea and Chocolate shop, and a bird sanctuary. We also explored the streets and businesses of this delightful small city. Our experiences connected us with local Hondurans, who spoke passionately of their commitment to restoring the land, which has suffered from deforestation and soil-depleting agricultural practices.

As we traveled through Honduras, we stayed in small hotels that offered opportunities to connect with their gracious staffs. We ate deliciously prepared, locally sourced food in restaurants catering to local Hondurans. We were, more often than not, the only Americans around, and we were blessed by the warmth and generous spirit of the Honduran people. Daily group reflection experiences provided the time and space to consider deeply our experiences in the context of pilgrimage, connection, and God's grace. —Jane Staller





**CSE Purpose:**

To foster healing and wholeness of mind, body, heart, and spirit through experiences that inspire connection and wellbeing.

Take a look at our website:

**stlukesCSE.org**

**CSE SPIRITUALITY & WELLNESS SPEAKER SERIES:**

**Tuesday April 17 - 6:30-8:00pm:**

**“Spiritual Journeys in This Interfaith World”**

**with Rabbi Brian Immerman** (Temple Emanuel), **Iman Jodeh** (Meet the Middle East) and **Rev. Jasper Peters** (Belong Church). CSE is

pleased to present this interfaith dialogue, where our panel of community leaders will share stories about their life experiences, their spiritual journeys within their respective faith traditions, and their passion for connecting people in true community. We are excited to have as our facilitator for this event, Rev. Dr. Jim Ryan. He served as Executive Director of the Colorado Council of Churches for 13 years and upon retiring was a program director for the Interfaith Alliance of Colorado. This evening will offer a unique opportunity to engage directly in a conversation that will promote a foundation for understanding, healing and wholeness in this interfaith world.

We invite you to bring questions you may have already and there will be several opportunities to submit questions during the 6:30-8:00pm event. There will be an additional, optional Q&A session immediately following.

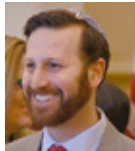
**TICKETS ON SALE NOW:**

\$10 each, plus \$1 processing fee) at [www.stlukeshr.com](http://www.stlukeshr.com). Tickets also will be sold, beginning Sunday, March 25 in Fellowship Hall for \$10. Evening of event, ticket price \$12. Childcare available with a 48 hr. reservation to [sam@stlukeshr.com](mailto:sam@stlukeshr.com). For more info contact julie. polikoff@msn.com

**“BUILDING SPIRITUAL MUSCLE” with Chris Wilterdink**

On Tuesday, Feb. 20, our Speaker Series hosted Chris Wilterdink. Over 120 people attended this thought provoking and entertaining event. We listened, learned, discussed and asked questions about our spiritual growth and renewal in today's often demanding world. The evening's message was well

expressed by one of the participants: “No matter what age we are, all people look for identity, belonging and purpose. All three of these are strengthened when we build spiritual muscle – challenging ourselves to stretch and grow”. Thank you to Chris and all who made this evening a success!

**CSE OUTDOOR ADVENTURES:****March 17 - Hiking Staunton State Park.**

Unseasonably warm and dry weather turned our planned snowshoe outing into a hike in Colorado's newest State Park. It was a beautiful blue-sky day, and the trail offered a mix of open meadows, mature ponderosa pine stands, and views of soaring granite cliffs. Staunton continues to open new trails that enable deeper exploration of this nearby treasure (40 minutes from St. Luke's). We'll be back.

**Save the Date:**

- April 14 - Hiking Indian Creek
- May 5 - Dear Creek Hike
- June 9 - South Mesa
- July 21 - Mount Goliath/ M. Walter Pesman Trail
- August 19 - TBD
- Sept. 22 - Fall Colors Hike in the High Country
- Oct. 13 - Castlewood Canyon
- November 17 - TBD

**CSE CLASSES & EXPERIENCES:****Conscious Cooking with Melinda Davidson:**

A group of eight women met at Melinda's house and we experienced a wonderful four hours of preparing, cooking, talking, laughing and eating delicious food from appetizer to desert. We prepared food which can be used for entertaining as well as serving for the family. Melinda prepared a book for each of us to take which had pictures of the items as well as the ingredients and directions. Some of us learned new products to use as well as how to prepare simple dishes. It was truly amazing! Once all of the items were cooked we sat down at a beautiful decorated table and enjoyed a fantastic meal along with sharing of our stories and being hosted by a wonderful hostess. Melinda will be offering more classes and the number of people are limited so sign up early and enjoy!



**WHOLE - Eating for Mind, Body & Spirit:** Sharon and Bob Oliver (certified in plant-based nutrition) introduced their Whole Food, Plant-Based Nutritional Eating Class as they respectfully shared what it means to them to eat in a way that enriches one's mind, body and spirit. Thinking of food holistically has become a spiritual and lifestyle practice for Sharon and Bob. They mutually hold a deep appreciation in protecting and caring for the environment, the land and its resources as well as the ethical treatment of all living beings. Sharon and Bob shared that mindfully eating, nutrient-dense whole, plant-based foods, also encompasses numerous medical benefits. They range greatly from reversing chronic diseases such as heart disease, Type 2 diabetes and many cancers as well as improving one's psychological well-being related to mood and depression. Plant-based eating is not just about eating a lot

of salads... it's about enjoying fun, filling and healthy meals that keep you energized and satisfied throughout the day. On the final Whole class gathering, each participant was encouraged to provide/prepare one type of plant based whole food, building a delicious buffet. Through factual information, Sharon and Bob have inspired and engaged participants to more intentional and compassion-focused food choices, dispelling many pre-existing myths. They continue to support and encourage with resources, tips and recipes, those who are shifting their paths of how they look at conscious choices of the foods they eat. —Melinda Davidson

**Ballroom Dance Classes:** Friday evenings in April (April 6, 13, 20 & 27) 6:30-8:00pm. Discover your inner dancer's spirit as you learn the basics of the Waltz, the Foxtrot, the Cha Cha, the Swing, and the romantic Rhumba. Steve and Cathy Collins will be our instructors; Steve has taught dance professionally at Northwestern University and Pike's Peak Community College. There are so many excellent reasons for dancing. Dancing is so fun and promotes health and a sense of well-being. We welcome couples and singles, and dancers of all ability levels. This is a drop-in class, so come once, or come as many times as your busy schedule allows. Questions: [janestaller@gmail.com](mailto:janestaller@gmail.com)

**NEW Reiki Training Classes with Suzanne Rainey:**

Reiki I June 10 (1:00-5:00pm) and Reiki II July 8 (1:00-5:00pm). Suzanne Rainey, a member of St. Luke's, is a certified Reiki Level I, II & III Practitioner. Come learn the healing, clarifying benefits of Reiki (“ray -key”). You also will learn how you can share this gift with friends and family. Class size is limited; contact Renae Parra ([renae@stlukeshr.com](mailto:renae@stlukeshr.com)) for more information.

**Morning Yoga with Gargi:** Thursday Morning Yoga with Gargi - 9:00-10:15am in the Chapel. Gargi invites us to turn off our mind chatter, and tune into our bodies. All abilities are welcome; drop in once, and you'll want to come as often as your busy schedule allows. Suggested donation \$12/class. ([renaeparra@stlukeshr.com](mailto:renaeparra@stlukeshr.com)).

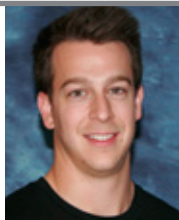
**Glow Women's Weekend:** Friday, April 20 at 8:00am through Saturday, April 21 at 6:00pm. Facilitated by Sallie Suby-Long, Renae Parra, Melinda Davidson, and Michelle Lamoreaux. A repeat of our fall weekend at the Sonnenalp in Vail. Engage in enriching experiences to inspire health, wholeness and a glow from within. Limited to 12 participants. Cost is \$295. Contact - [sallie@stlukeshr.com](mailto:sallie@stlukeshr.com)



**Dave Laurvick**  
Director of  
Youth Ministry



**Amy McMullen**  
Assistant Dir. of  
Youth Ministry



**Jake Smith**  
Assistant Dir. of  
Youth Ministry

## ON THE SLY: Spring at SLY means...

Gearing up for adventure! The YLC (Youth Leadership Conference, Confirmation retreats and services, and our Senior Dinner are in the rear-view mirror, and now district Youth Quest retreat (current 7/8 grade) AND GRAD SUNDAY and mission trips are just ahead!

Wednesday night Holy Grounds continues with our 5:30 homework hour followed by "Coffee

and Conversation" until the end of May. SLY PM has JumpStreet, Progressive Dinner, and the annual "Rites of Spring" all-out-capture-the-flag events coming up soon. We welcome our new incoming 7th grade and their families with a cookout May 20th.

We are gearing up for summer adventures as well with our mission teams heading to Guatemala (May 25-June 3), the Sr. High to Crownpoint NM (June 17-24), and the Jr. High to Crownpoint NM (July 8-15).

Speaking of summer, we start STM/GEM schedule. Our STM (Shortcuts To Manhood) for the guys and GEM (Girls Enrichment Ministry) for the gals will be starting the beginning of June. Schedule will be announced soon – including district gatherings for fun, food, and fellowship.

***Yours in Christ,  
Dave, Amy & Jake***



## Upcoming Events!

### \* SUMMER MISSION TRIPS

*Guatemala: May 25-June 3*

*Jr. High Mission Trip: July 8-15, 2018 (current 6/7/8 grades)*

*Sr. High Mission Trip: June 17-24, 2018 (current 9/10/11/12 grades)*

### \* YOUTH QUEST DISTRICT RETREAT for 7th & 8th grade - April 27/28/29

### \* May 13 MOTHER'S DAY NO SLY AM/PM

### \* SUNDAYS

9:30-10:30am SLY AM in the youth room: Life Lessons from the New Testament – PLUS:

- \* April 15 Guatemala Team Meeting 11:00am Youth Room
- \* April 22 Guest Speaker Native American Culture 11:00am Youth Room Jr. & Sr. Teams
- \* May 13 NO SLY AM
- \* May 20 Guatemala Team Blessing 9:30 service

5:30pm SLY PM Dinner

6:00-7:30pm SLY PM

- \* April 15 Jumpstreet
- \* April 22 Progressive Dinner
- \* April 29 Capture the Flag
- \* May 6 Sonic Night
- \* May 13 NO SLY PM
- \* May 20 Cookout

### \* WEDNESDAYS

5:30-6:30pm Homework Hour

6:30-8:00pm "Holy Grounds - Coffee/ Cookies/Conversation" Your time - your topic - your discussions & fun activities!!

### \* Mission Opportunities: See Dave if you are looking for community service hours !!

### \* Jeremy's Africa Blog: [coloradoboyinlesotho.wordpress.com](http://coloradoboyinlesotho.wordpress.com)

### \* Sign up to receive our emails and Check [stlukeshr.com](http://stlukeshr.com) and click on "Youth" or "SLY" for up-to-date info on programs, activities, opportunities and more!



## Congratulations 2018 Confirmands!

*Welcoming our newest members to the United Methodist Church on April 8:*

Tyler Daniel Amick  
Kaila Suzanne Davidson  
Ethan Garry Harrison  
Sofie Leigh Hill  
Hannah Corinne Hollyman  
Claire Marie Hubbard  
Clara Jane Koenig  
Allison Kate Lundberg  
Owen Thomas Metz  
Caitlin Jane Owens  
Emilie Marie Owens  
Amy Ellen Pytte  
Gabrielle Evelyn Rose  
Amelia Grace Rowe  
Lily Elizabeth Shanor  
Emily Nell Slade  
Allison Ann Stockford  
Cameron Paul Van Hoosen



*And BIG THANKS to our Group Leaders and ex-Cons:*

Ann Smith, Jake Smith, Brian Bacon, Jessica Rooks, Eryn Meyers, Evan Meyers, Allison Howard, Cole Bauer

*And Prayer Partners!*



# Trustees Corner

Four times a year the Board of Trustees sponsors "Service Saturday." This is a church wide work day – a type of 'spring cleaning' once every season – and all church members are invited to help. Our last Service Saturday was March 30, and we want to thank the families and individuals who came out to help us get the church building and property ready for Easter.

The Board of Trustees is a group of about 15 volunteers whose job is to make sure our church property is safe, clean, heated/cooled, and ready for the many ministry programs and events that happen at St. Luke's. These 15 individuals work hard throughout the year, but they can't do it alone.

Did you know - our church building has over 1,000 light bulbs, and there is always at least one bulb needing replaced (this doesn't include the 22 parking lot lights). And, we have 14 furnaces helping to keep our church at a comfortable temperature.

The St. Luke's building is over 40,000 square feet, and parts of our building are over 30 years old. Around 1,500-1,750 people walk through our doors every week, with over 20 church groups and 20 non-related church groups using our space in a week. Our building is an active place, which is something to celebrate!

The Board of Trustees needs some help. There are always odd jobs that need done, from painting to pulling weeds to cleaning chairs to replacing batteries and filters. If you can give an hour or two or ten, or any amount of time, we would greatly appreciate the support. Join us on a Service Saturday, or find a time that works for you. The church belongs to all of us, and we want everyone to feel welcome here.

The Trustees would like to offer our thanks to Lee Seaman, David McMullen, James Bacon, Matthew Bacon and Brian Bacon for their many hours of volunteer work to convert our parking lot light to LED lights. This was an incredibly large project and we are grateful for their time and work.

If you can help, please contact me or Ken Fong (Trustee Chair). Thank you for your support of our Trustees and our church community.

—Rev. Jessica



**James Ramsey**  
Director of Music  
& Arts Ministries



**Kenrick Mervine**  
Associate Dir. of  
Music Ministry/  
Organist



**Kay Coryell**  
Dir. of Handbells  
& Children's Music  
Ministry



**Chris Rigolini**  
Director of  
Instrumental Music



## News & Upcoming Events:

**PAA Presents Alice in Wonderland, Jr.!** Join us on April 13 and 14 at 6:30pm for a fun, updated, re-telling of this Disney Classic featuring new songs and fast-paced action following Alice on her adventure through the Rabbit Hole! Tickets are available for \$10 each and can be purchased online at [www.stlukespaa.org](http://www.stlukespaa.org).



**Summer Choir Tour:** There are 37 participants (and traveling family companions) making up the St. Luke's contingent headed to the 2018 American Celebration of Music in Spain and France. Planning for this trip began over a year ago to coordinate payments, deviations, insurance, passports, and practices! The tour will be gone May 31-June 9, 2018 and will perform at La Sagrada Familia and Montserrat Monastery in Barcelona, Eglise St. Julien in Arles, and Cathedral Notre Dame in Nice. Look for a recap and amazing pictures in the next *Chronicle*!



**Mother's Day Dinner Dance - May 12:** What better way to celebrate the women in your life than by treating them to dinner AND dancing?! Join us on Saturday, May 12 for an Italian dinner buffet at 6:00pm followed by dancing. Music will be provided by our very own Ministers of Swing band. Tickets will be available online.



**The Spirituals Project Comes to St. Luke's on April 15 at 3:00pm:** Founded by Arthur C. Jones, this decorated choir is recognized as one of Denver's treasured cultural resources. The driving factor in the creation of the group was to "preserve and revitalize the music and teachings of the sacred folk songs called "spirituals," created and first sung by African Americans in slavery. This is will a delightful musical exploration of the spirituals featuring the musicians of The Spirituals Project as well as collaboration with our very own Chancel Choir. We hope you'll join us for this afternoon of riveting music.



*The Spirituals Project*

### PAA Summer Programs Are Filling Up Fast!

There are NINE summer offerings for kids ages 3-12th grade to participate in this summer, but they are filling up fast! Hop online to [stlukespaa.org](http://stlukespaa.org) to register and reserve your spot for one of our summer camps for preschoolers or a show for your kindergarten through high school senior student.



**Summer Service Musicians:** We are looking for musicians to provide ministry during the Sunday services between Memorial Day and Labor Day; individuals, duets, small groups, singers or instrumentalists. If you are interested in sharing your musical talents with our community, please contact Ken Mervine ([kenm@stlukeshr.com](mailto:kenm@stlukeshr.com)).





**St. Luke's United Methodist Church**  
8817 S. Broadway • Highlands Ranch, CO 80129  
303-791-0659 • [www.stlukeshr.com](http://www.stlukeshr.com)

*St. Luke's United Methodist Church welcomes you to our Christian family,  
where we share life. Wherever you are in your faith journey,  
you are accepted and encouraged to grow spiritually.*

*Join us in growing together toward full humanity through living  
the teachings of Jesus: Love, Acceptance, Justice and Hope.*

## CONGREGATIONAL CARE



**Kim DeVries**  
Office Administrator

### PRAYER CONCERNS

Contact Rev. Sallie Suby-Long if you have any additions/removals 303-791-0659 x132, leave a note with Kim at the front desk, or email [sallie@stlukeshr.com](mailto:sallie@stlukeshr.com)

#### **LATEST ENTRIES TO PRAYER LIST:**

Emily Adcock	Irv Durban	Victoria Mason
Calmer Anderson	Cecelia and Lilly Fries	Jim Mitchell
Denise Anderson	Riley Goings	Betty Nelson
Nancy Boyer	Lynne Harris	Davis Tilt
Karen Cook	Kimberly Hendreschke	
Debbie Davidson-Stanfill	Betsy Keyack	

#### **SYMPATHIES TO:**

*The family of Cliff Hamburg who passed away February 2.  
Cynthia Hardenbrook on the February passing of her husband, David Linder.  
Linda Harris on the February passing of her aunt, Luella Frick.  
Carleen Krening on the February 18 passing of her cousin Gayle Koppes.  
Jenna Krening on the January 28 passing of her aunt, MaryAnn Christian.  
Joanna Murray on the March 18 passing of her father, Alec Murray.  
The family of Derrick Sanstead who passed away mid-March.  
Michelle and Brian Welch on the March 28 passing of Michelle's mother,  
Thelma Kaup.*

#### **CONGRATULATIONS TO:**

*Jensen and Cassy Meier on the birth of their daughter, Emryn Joy, born  
February 22.*

*Don't you be  
afraid, for I  
am with you.  
Don't be  
dismayed,  
for I am your  
God. I will  
strengthen  
you....* —Isaiah 41:10



### The InBetweeners Group

The InBetweeners Group is for adults who fall between the Shine Group and the

Seasoned Voyager's Group. It is for both men and women would like to get together for fun and fellowship. Join us once a month or twice a month. Mark your calendars:

#### **Tuesday April 17 at 6:00pm:**

Dinner at the Ranch Smokehouse and Grill on 1164 Sergeant Jon Stiles Drive, H.R. 80129 (by Target off Highlands Ranch Parkway).

#### **Sunday April 29 at 12:45pm:**

Bowling at AMF Bowling Lanes on 2530 E. County Line Rd (University and County Line)

#### **Tuesday May 8 at 6:00pm:**

Dinner at El Meson 3506 Town Center Drive (just off Santa Fe).

#### **Sunday May 20 at 12:45pm:**

Bowling at AMF Bowling Lanes on 2530 E. County Line Rd.

For more information contact: Sandi Thompson at [silyp@Comcast.net](mailto:silyp@Comcast.net) or 303-791-3407





## More *with Les:* Stephen Hawking

During the last supper with his disciples, Jesus says, "I will not leave you fatherless. I will come to you. Yet a little while and the world will see me no more. But you will see me." (*John 4:18-19*)

by Rev. Les Ludlam  
(retired)

Jesus knows his arrest is imminent and he may be killed soon; he offers his disciples encouragement to carry on his ministry after he is gone.

I thought about this passage as I read the obituary notice on Stephen Hawking in *The Denver Post* last week. Hawking's death did not leave us without his help; we continue to know him and learn from him in his writings and revelations about the physical world where we live.

He produced a masterwork of popular science, one that guided a generation of enthusiasts through the esoteric world of anti-particles, quarks and quantum theory. His success in turn transformed him into a massively popular scientist, one as familiar to the wider world through his appearances on prime time television as his work on cosmology and black holes.

Hawking was a hero for me on two levels, first he made the complex mechanics of the working of the Universe more understandable and exciting, for me and other Physics nerds, in his book, "A Brief History of Time;" and second, he did all this while dealing with a progressive disease that usually kills people at a relatively young age.

Hawking died Wednesday, March 14, at age 70 from ALS, "Lou Gehrig's Disease," leaving behind an understanding of the universe that opened up many paths of inquiry in Physics that had not existed before. His influence will continue for a very long time.

As Professor of Mathematics at Cambridge University, Hawking was involved in the search for the great goal of physics – a "unified theory." Such a theory would resolve the contradictions between Einstein's General Theory of Relativity, which describes the laws of gravity that govern the motion of large objects such as planets, and the Theory of Quantum Mechanics, which deals with the world of subatomic particles.

For Hawking, the search was almost a religious quest. He wrote, "A complete, consistent unified theory is only the first step: our goal is a complete understanding of the events around us, and of our own existence." Finding a "theory of everything," he said, would allow mankind to "know the mind of God."

He followed up his first book with a sequel, "The Universe in a Nutshell," which updated readers on concepts such as supergravity, naked singularities and the possibility of an 11-dimensional universe.

But if you are working to put together your grocery shopping list, or figuring out how much fertilizer the lawn needs this spring, you probably have not put much thought into the theories of Relativity or Quantum Mechanics. You may not really care about whether or not the universe has eleven dimensions. And that's okay; you don't need to know how a clock works to tell the time.

But it is important that we see Hawking's achievements as guides to our thinking about our own relationship to this physical world, it's inhabitants and it's creation. On another level, it's equally important to see his amazing longevity as proof that even the most severe disabilities need not stop people from achieving great things.

**God bless us all! Les**



## Seasoned Voyagers

We are an active ministry for ages 55 and up; most Sundays we have a card table set up in the Fellowship Hall area where you can get information on our upcoming activities and tours. Stop by to say hello, pick up a flyer or to sign up for something fun.

### Seasoned Voyagers Spring into Action

Recently we attended the Littleton Town Arts Center for a hilarious performance of "Something's Afoot". We all enjoyed a meal at Merle's in downtown Littleton before the show.

#### On Thursday, April 19,

we will travel into to Denver's Museum of Nature and Science to view the Dead Sea Scrolls, the ancient ancestors of our Bible, plus anything else we have time to visit. We have reserved a group of 50 tickets and anyone is welcome to join us...

while tickets still remain. Bus leaves from St Luke's. Be there at 8:30am. Cost is \$5 for bus, plus your admission and lunch.



#### On Tuesday, May 15,

keeping with the religious theme we board the bus at 9:15 am for Garden of the Gods in Colorado Springs. Stops in the Visitor Center, a bus tour of the incredible rock formation and some free time to explore at the lunch stop fill the day. Cost \$10 for the bus plus lunch money.



**On Thursday, June 14,** we meet at the church at 9:00am for a Tour of the Colorado School of Mines and Geology and Gem Museum, led by CSM alumni Les Ludlam. Cost, \$5 for the bus plus lunch money.

**CONVERSATIONS with the Pastors:** The first Tuesday of each month a 2:00pm we meet at the church and one of our pastors spends an hour or more with us discussing whatever we want to talk about. Bring your questions or curiosity. This is a great way to get to know more about our pastors, church and Methodism. We sponsor this event, but it is open to anyone in the church to attend.

**MISSIONS:** Did you know that each month the Seasoned Voyagers also has a Mission Focus? Upcoming Missions for 2018 will be HAAT Force, collecting Diapers for the Love INC Diaper Drive and supporting UMCOR during their once a year drive to support their administrative costs.

**If you have questions about Seasoned Voyagers or would like to join our planning team, contact Rich Krening (rkrening@msn.com) or stop by the Seasoned Voyagers table on Sundays.** To be added to the email list to receive updates on Seasoned Voyagers activities, send your email address to Renae Parra (renae@stlukeshr.com) and she will add you to the list.