



The Chronicle

ST. LUKE'S UNITED METHODIST CHURCH

AUGUST/SEPTEMBER 2018

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<i>and much more!</i>	

St. Luke's Golf Event 2018

The date for the 2018 St. Luke's Golf Event is rapidly approaching. On Sept. 8 Arrowhead Golf Club will again be the venue for this popular event. This is a beautiful course and golfers are treated well.

Breakfast and lunch are provided as a part of the registration fee of \$145. We plan on having a raffle and an auction just after lunch as well.

With the condition of the bus and the push to purchase a new unit, this year's tournament is even more important to support.

Please invite your neighbors, coworkers and business associates to play and/or sponsor this event. Registration is filling up so please don't wait until the last minute to sign up.

It is easy to get more information and to register on-line by visiting stlukeshr.com/golf. Brochures are also available in the church entrance.

We also need volunteers that are not golfers to make this a success.

Look for the golf table in the Narthex or contact Dave Rhodes (use link on the golf website) to volunteer.

Feeding of the 5000 is Now the Last Weekend in September: Sept. 28-30



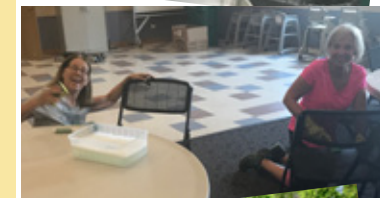
Due to the closing of DenUM last year, our Feeding of the 5,000 Food Drive and the Feeding of the 5K Run/Walk was hit with big challenges. Along with needing to identify other food banks to partner with and support here in the Denver metro area, our brothers and sisters in the Houston and Puerto Rico communities were hit hard by Hurricane Harvey

Exciting News! The 3rd Annual Feeding of the 5K Run/Walk is Coming Saturday Sept. 29!



You can register now for the St. Luke's Feeding the 5K Run/Walk which will be held on Sept. 29 at 9:00am. Sign up now with the link on the St. Luke's website or at Race Roster at www.Feedingthe5K.com. This year's race will benefit FERN for the purchase of equipment in its Englewood food warehouse. FERN actively participates in supplying fresh and non-perishable food for less fortunate people in the Denver metro area. This year, Feeding the 5K Run/Walk will offer an opportunity for you to become a Business or Family Sponsor of the Feeding the 5K Run/Walk. More information concerning these types of sponsorships can be found on the race website. Once again, All You Can Eat Pancakes, which will be flipped to you personally by Chris Cakes, will be provided to all race participants. Friends and family can enjoy the pancake breakfast for an additional charge of \$6.00 per person. Additionally, there will be prizes, certificates for race winners in certain age categories, pumpkin painting, as well as socializing and fellowship as we enjoy another beautiful Fall day at St. Luke's. We look forward to seeing you there.

and Maria. This motivated us to share approximately 6,000 lbs of food from the drive with Fair Haven UMC's Food Bank in TX, as well as directing all our nearly \$40,000 in financial donations to UMCOR for disaster relief. The remainder of the food was donated to the Food Exchange Resource Network (FERN) and Integrated Family Community Services (IFCS). *cont. on pg. 2*



Thank You!



St. Luke's generous giving to the Ministry in Motion fundraiser was a

great success, and we exceeded our goal of \$100,000. We are so very thankful for your commitment and support of this important ministry. Our Ministry in Motion fundraiser team is hard at work finalizing next steps. Now that we know the amount raised, we are weighing options and making a plan. It may be a few months, even close to nine months before we have a new vehicle, so be on the lookout for more information about what is next for Ministry in Motion. St. Luke's Golf Event is Sept. 8. We will continue hosting this tournament, with proceeds going towards upkeep and maintenance of our current bus and future vehicle(s). Again, thank you to everyone who donated to this vital ministry – we greatly appreciate your generosity!

WOW!!! Our 1st "Mini Mission" Service Week was a Huge Success!

The Board of Trustees would like to thank the 20 Little School



teachers and parents along with about 80 church members who volunteered around 300 hours. These volunteers helped deep clean

the kitchen and Fellowship Hall, paint 7 classrooms, touched up walls in 3 other classrooms, paint the downstairs office, painted the David and Goliath areas, along with putting down 5 tons of rock, 12 cubic yards of mulch, 4 1/2 tons of sand, and cleaning up flower beds around the church. Special thanks to Marty Davidson who made six trips to pick up rocks, mulch and sand. It's amazing what we can get done when we "come together"!

Sunday Worship Services

8:00am, 9:30am, 11:00am,
Contemplative Service
(Check website for dates & times)

Sunday School

Adult, Youth & Children:
9:30am & 11:00am

Nursery

8:00, 9:30 & 11:00am services

Mon.-Fri. Office Hours

8:30am-1:00pm & 1:30-4:00pm

Church Office.....303-791-0659
Email.....office@stlukeshr.com
Website.....www.stlukeshr.com
Little School Office.....303-791-1982

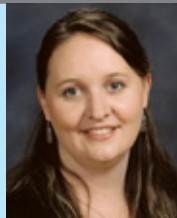


Staff

Rev. Dr. Sallie Suby-Long.....x132	Lead Minister of Spiritual Life
Rev. Ryan Canaday.....x112	Lead Minister of Worship & Missional Life
Rev. Jessica Rooks.....x109	Lead Minister of Community Life
Rev. Shawn Kellogg.....x143	Care Pastor
Sharon Oliver.....x127	Director of Children's Ministry
Samantha Leahy.....x140	Director of Early Childhood Ministry
Dave Laurvick.....x114	Director of Youth Ministry
Amy McMullen.....x119	Assistant Director of Youth Ministry
Jake Smith.....x145	Associate Director of Youth Ministry
Dr. James Ramsey.....x123	Director of Music & Arts Ministries
Kenrick Mervine.....x133	Associate Director of Music Ministry & Organist
Kay Coryell.....x136	Director of Handbells & Children's Music Ministry
Chris Rigolini.....x146	Director of Instrumental Music
Renae Parra.....x117	Director of Servant Ministry
Kristi Pawley.....x110	Temporary Office Administrator/Consult
Sheri Henry.....x124	Director of Finance
Kristi Pawley.....x116	Accounting Clerk
Kelly Amadeo.....x115	Director of Little School

All submissions for the next issue
of *The Chronicle* are due
September 25, 2018
Editor: Sharon Oliver
chronicle@stlukeshr.com

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and it can be found on the church website.
Printed copies are available at church entrances.
To receive *The Chronicle* via US mail,
please call or email the Church Office.



Rev. Jessica Rooks
Lead Minister of
Community Life

Family Camp Inspirations: Where Have You Experienced God This Summer?

My family and I were blessed to experience St. Luke's Family Camp for the first time this year. This was the 19th year church members joined for a week of camping. In my first two years at St. Luke's, I've heard stories about Family Camp, but had no idea what we were getting into.

Each day, families gather together for breakfast and dinner, along with scheduled activities. Everything from tubing, to swimming, to night hiking, to tie dying, to banner making, to roller skating, to campfires, to making ice cream, to kickball games... just to name a few. The level of organization and coordination is amazing, thanks to a great leadership team.

I've learned over time, that there is a different level of connection that occurs when we step out of our normal routines and patterns, and spend time with others. A different level of connection when we cook and clean side by side with people we wouldn't normally spend this kind of time with. A different level of connection when we step outside our comfort zones and build trust and friendship. A different level of connection when take time to pause, and simply be present with those around us.

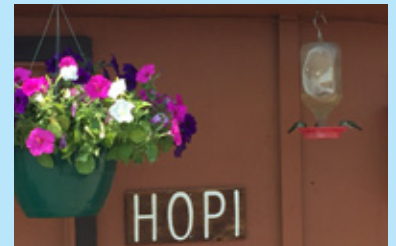
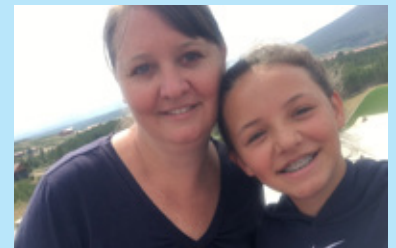
Not only was it meaningful to spend a few days at Family Camp this summer, but it was even more meaningful watching and experiencing the community that has been formed by the families that participate. What a great opportunity this week offers to the individuals and families in our faith community.

On the last morning I led a brief worship, based on the simple question, "Where have you experienced God this week?" Surrounded by the natural beauty of the YMCA in Winter Park, it wasn't hard to find God in our midst. Taking a break, a vacation, or a time away invites us to take time with God. To pause a moment and look for the many signs that God is in our midst.

When was the last time you paused for a moment to be with God?
Where have you experienced God this week, this season, this summer?

As we move into a new school year and a new season, I hope we might all remember to make time for moments of connection – connect with God and with others.

Grace and Blessings, *Rev. Jessica*



cont. from pg. 1 This transition year helped us reassess why we facilitate this food drive each fall and how we want to move forward with it over the upcoming years. We have discerned to partner with the Food Exchange Resource Network (FERN), whose vision is a collaborative, coordinated hunger relief system that supplies those in need with adequate, timely, and healthy supplies of food. FERN has 13 partner and member organizations, who serve as the food pantries, distributing the food to families in need throughout the south metro community. In 2017, the combined efforts of the food pantries supplied 165,991 individuals with fresh produce, dairy, meat, and bakery items, as well as non-perishable goods.

Along with the transition to the FERN partnership, the structure of the weekend will be a little different: the drive will be held Friday, September 28-Sunday the 30th. We will be filling stores with volunteers on Friday and Saturday, then Sunday will be gathering food at St. Luke's and loading up the semi-trailer following the last service (no stores on Sunday). The 5K Run/Walk will be held on Saturday morning the 29th. Our goal is to raise 50K lbs of food to support these many families in need right in our community and \$15K in financial donations to help FERN purchase a new forklift for their warehouse.

Please go to FeedingOfThe5000.us to sign up to volunteer for the food drive and FeedingOfThe5K.com to sign up to participate or volunteer for the 5K run walk. Both of these links can also be found at the St. Luke's website www.StLukesHR.com. For questions, please email Mike Preble at MP.Preble@gmail.com.



Rev. Dr. Sallie Suby-Long
Lead Minister of
Spiritual Life

St. Luke's Visioning & Strategic Planning

Moving Together in Connection & Grace

Thank you St. Luke's for your participation in our survey and the small group conversations. We appreciate the perspectives, ideas, and

feedback you have offered. In mid-August our clergy team, core visioning & strategic planning team, and conversation facilitators will meet with our consultant. Together, we'll review the collective feedback,

identify common themes, and integrate the shared wisdom of our community. The collective wisdom and input will lead us toward informed visioning and strategic planning. We'll continue providing information to you at each step. Thank you for your commitment to moving toward our specific goal:

To create an inspiring, energizing plan that will help St. Luke's thrive now and into the future.

- A community that is full of life, creates meaningful connection, and reflects God's grace for all people.
- Innovative, relevant ministries that engage people of all ages in spiritual growth and formation and that pour good into the world.
- Finances that provide for vibrant, well-maintained space, talented staff, and high-quality, transformative ministries.

Blessings, **Rev. Dr. Sallie**

Broncos Season is Fast Approaching for We Don't Waste!

Last year, St. Luke's volunteers contributed to We Don't Waste's rescue of more than 30 million servings of high quality surplus food across the Metro Denver area. Sign up to glean surplus food from the suites at Mile High Stadium after the games! We Don't Waste now offers online sign-ups on its volunteer page at: <https://www.wedontwaste.org/volunteer-signup/>. The website allows you to sign up individually or in groups, and even pick your games! The website is open to the public, so be sure to sign up soon! You can also sign up for other volunteer activities now proudly offered by We Don't Waste. Questions? Contact Andrea Kirchhoff, akirchhoff6652@yahoo.com!

Guatemala Trip 2019?

The Guatemala mission team will have an initial meeting for those interested in participating in our March 23-31, 2019 mission trip on **Sunday, August 12 at 12:15pm** in room 213. If you are thinking about joining us for this mission trip, this is a great opportunity to ask questions and learn more about what we do and our Guatemalan friends who we serve. Questions, please call Ron Miller, 720-381-9452, or email at ronmiller74@gmail.com.



Rev. Ryan Canaday
Lead Minister of
Worship &
Missional Life

Soundtrack Reflections

We are in the last few weeks of our "Soundtrack: Songs That Help Us Find God In Everyday Life" worship series. We have covered various genres of music—everything from classic rock to contemporary rap to old church hymns. We have

put these songs in conversation with some well-known (and some not so well-known) biblical stories as we pointed to where God is active in our lives and in the world. What a fun series this has been!

You might remember, we began with a story from the Old Testament book of 1 Kings 19. Elijah is in a tough spot. He's angry and exhausted and hungry and, he's paranoid that people are after him. God tells Elijah to go out and stand on the mountain in the presence of the Lord, for the Lord is about to pass by. Elijah was ready and waiting for his big moment when God was going to give him all the answers, give him his path, tell him exactly what he was supposed to do with his life. And big things happen—strong winds, an earthquake, fire:

but Yahweh was not in the wind.

but Yahweh was not in the earthquake.

but Yahweh was not in the fire.

then came a gentle whisper.

(The ancient Hebrew translates it as "a thin blowing sound.")

God was found in the thin blowing sound—the stillness, the quiet, the whisper, the ordinary. It's such a true story, isn't it? I mean, how often are we like Elijah? We look for the neon sign, the thunder, for it to be written in the sky, "Someone just tell me what to do here!" But it's not found in that. It's found in the... the ordinary.

As the summer days are coming to a close, as our series is wrapping up, take time to reflect on your life and the world around you. Take a seat. Take a breath. Turn on your favorite tunes. Push play on one of your most beloved songs... then play it again. Maybe you've been looking for God everywhere, you've been trying really hard: "God, if you'd just show up..." But are you taking time to listen? Are you finding the stillness? Perhaps God is whispering back: "I'm right here and I've been here the whole time." Keep sitting—don't get up just yet. Take another breath. Go ahead, hit play again. Look around you. Isn't God everywhere?

I don't know about you but I tend to have the deepest experiences with God on the most ordinary days and in the most unremarkable moments. But these days are good and these moments are sustaining.

We began with the story about Elijah and finding God and our true self in the ordinary. We also began with the song "Home" by Justin Furstenfeld. It's a song about finding God and the essence of life in the most everyday liveness of life. We play this song often in the Canaday kitchen—as we're getting ready for school or making dinner (or doing something completely random.) It reminds me to stay grateful, to look for God and joy and beauty in the most ordinary. In fact, I'm gonna hit "play" again right now. The chorus goes like this:

*Like dancing in the kitchen in the pale moonlight
Only care in the world is that our kids are alright
Daddy loves mama, mama loves him
Tomorrow we get to do it over again
Smile at me baby take my breath away
With the good Lord willing I'll be happy to say
Daddy loves mama, mama loves him
Tomorrow we get to do it over again*

Much Grace & Peace to you, **Rev. Ryan**





Renae Parra
Director of
Servant Ministry



Get Connected at St. Luke's. To learn more about opportunities to get involved, contact Renae at renae@stlukeshr.com or x117

Connect in a Class!

Despite the scorching temperatures, Fall is just around the corner. Soon there will be sign-ups for new classes! Consider taking a class or joining a group to study in community and enhance your connections here at St. Luke's. Learning and participating in small groups is one of the best ways to form new friendships, deepen your connections to St. Luke's and enrich your relationship with God. Here's a sampling of what we are working on for Fall:

General Classes:

Missions A-Z class with Betsy Keyack on Wednesday evenings

Culture Wars class with Steve Bennett on Tuesday evenings

Women's Bible Study with Kristin Foster on Thursday evenings

Bible 101 with Rev. Jessica Rooks on Sunday mornings at 9:30am (in November)

Theology 101 with Rev. Jessica Rooks on Sunday mornings at 11:00am (in November)

Biblical Archaeology classes with Rev. Schawn Kellogg

Weekly Bible Study with Rev. Jessica Rooks (will be offered in the day time)

Center for Spiritual Engagement:

Reiki I and II classes with Suzanne Rainey

Conscious Cooking class with Melinda Davidson

WHOLE - eating for mind, body and spirit class with Bob & Sharon Oliver - Aug. 25

Wisdom of You class with Rev. Sallie Suby-Long and Renae Parra (Thursdays in November)

Sunday School:

Join in any time - no sign ups required

Christian Connection Adult Sunday School (Sundays

9:30am) - Join the Christian Connections adult Sunday School class on Aug. 19 and 26 as we review *The Power of Imperfect Parents* with author Lynda Drake. It gives practical and spiritual tips for parenting children with challenges to enrich your parenting journey.

Class meets in Room 212 at 9:30am.

Open Minds Adult Sunday School (9:30am)

Joy Trek PreK Sunday School (9:30am)

PEAK Rotations K-4th grade Sunday School (9:30am)

Tweens ROCK 5th & 6th grade Sunday School (9:30am)

Godly Play Prek-6th grade Sunday School (11:00am)

SLY AM 7th-12th grade Sunday School (9:30am)

For more info on any of these classes, pick up a flyer at the Get Connected Center on Sunday, August 26 or email renae@stlukeshr.com



Do you "Carrot" all about our foodbanks? Then it's "Thyme" to become a "Weekly Weeder"! "Turnip" on "Thyme" to help our GARDEN look "Radish"ingly great! "Peas" "Lettuce" "Sow" seeds of

kindness. The "Thyme" you give can't be "Beet"! Call Fran at 303-797-7107



Rev. Schawn Kellogg
Care Pastor

Biblical Archaeology Classes:

Sisters of the Sinai

Stories of the discoveries of tangible links to our religious history is a fascinating topic to explore together! The curious as well as committed armchair archaeologists are welcome in our Biblical archaeology classes.

"Sisters of the Sinai: The True Tale of Twins and Their Manuscript Discovery"



Presented by Rev. Schawn and her twin sister Shani, MDiv along with Hillary Morgan MA Book and paper conservator CU Boulder

Sunday Sept. 16 - 11:00am-12:45pm or Sunday Oct. 21 11:00am-12:45pm

In 1892 identical twins from Scotland made one of the most important scriptural discoveries of modern times. As wealthy widows they funded an expedition that took them to St. Catherine's Monastery at Mount Sinai where they literally uncovered an ancient Syriac version of the Gospels, one of the oldest known to date. It was written in the language spoken by Jesus. Their



self-study and connection to the scholarly world brought those texts to light in a dramatic way! Come hear their story and see what the manuscript revealed about the lost ending of the book of Mark.

A Mediterranean meal will be served along with the presentation (seating limited to 12 for each session).

If you would like to attend, please email schawn6@hotmail.com or sign up at the desk in the Narthex.

Watch for these classes coming soon: *Hidden Books of the Bible; How We Got the Bible; Motley Crew: A Day with the Disciples; Archaeology of Easter and Archaeology of Jerusalem*



A 55+ MINISTRY

Seasoned Voyagers

The Seasoned Voyagers is a ministry for ages 55+. We meet monthly for fellowship activities. Please consider joining us for an upcoming event.

Our trip to the Forney Museum in July was so interesting. We are so grateful for our tour guide who knew everything about all the planes, trains and autos we saw. It was a hot day and we enjoyed being inside for this tour! On **Thursday, August 9** we are having fun at the church! Join us for an Ice Cream Social at 1:00pm. We will also have games to play and some fun ways to get to meet new people.

We have enjoyed the Acoustic Guitars Concert at Roxborough Park the past several years. So, we are going back to hear Skanson & Hansen again this summer on **Sunday, August 26**. Sign up to ride the bus to the park and back. (\$5 fee)

Save the date for our annual Leaf Peeping Tour! **Thursday, Sept. 20**. This trip always fills up fast; watch for sign up at the end of August.

Do you have an idea for one of our monthly activities? Stop by our table in Fellowship Hall to share your ideas with us. We also have flyers about our upcoming events, sign up sheets and other info.

Collecting Kit Supplies for UMCOR - Be Part of our Mission Experience!

In the aftermath of a hurricane or tornado, UMCOR (the United Methodist Committee on Relief) sends hygiene kits, cleanup buckets and school supply kits to disaster survivors to bring them support and comfort. These kits and buckets are assembled and stored at two major warehouses, one of which is the UMCOR West Depot in Salt Lake City. On behalf of St. Luke's, a team of 10 members will go to Salt Lake City September 9-15 to volunteer at the Depot. We will be assembling kits and working in the community. If you would like to be part of this mission, we invite you to donate supplies for hygiene kits, which we will take with us to the Depot.

The list of needed supplies, which is on the home page of stlukeshr.com, is very specific. A donation bin is in the missions closet. Come join us by donating any of the items on the list!

Hygiene Kit Materials

- **One hand towel (15 x 25 – 17 x 27 inches)**
 - » No kitchen, cleaning, or microfiber towels
- **One washcloth**
- **One comb**
 - » Must be sturdy with at least 6 inches of teeth
 - » No pocket combs or picks
 - » Rattail and combs without handles are acceptable but must have at least 6 inches of teeth
- **One toenail or fingernail clipper**
 - » No emery boards or metal nail files
- **Bath-size soap (3 oz. bar or larger)**
 - » No Ivory or Jergen's soap
 - » Do not remove from packaging
- **One adult toothbrush**
 - » Do not remove from packaging
 - » Personal advertising not acceptable
- **10 adhesive bandages (¾ by 3 inches)**
 - » Common household bandages acceptable
- **One one-gallon size re-sealable bag**

NEW "Missions From A to Z" Class

Would you like to learn more about making a difference in our community and the world? Here is a great opportunity! In this 6-week class, we will take a deeper look at the people and organizations St. Luke's is in ministry with. Through slides, videos and speakers, the class will cover 1) the purpose and goals of each Mission ministry; 2) how you can help with time, talent and resources; 3) context, i.e., why these ministries are important through discussion of history, demographics and stories; 4) critical thinking about making a lasting difference in partnership with individuals and communities; 5) devotions and spiritual practices to keep your "batteries" charged; 6) pointers to additional mission ministries not in our Missions brochure; and 7) optional field trips to community ministries of your choosing. **The class will be on Wednesdays from 6:30-8:00pm starting Sept. 26.** A signup sheet and the week-by-week syllabus will be available soon. Come join us! Leader: Betsy Keyack, bkeyack@att.net.

Feeding of the 5000 – for the 1 in 6!

At the end of September St. Luke's will sponsor Feeding of the 5000, our annual community food drive. **According to Hunger Free Colorado, nearly 1 in 6 Colorado households with children report food hardship, an inability to afford adequate food.** Nearly 1 in 7 Colorado kids may not always know when or where they will get their next meal - meals that can help them succeed in school. What a great opportunity to extend our love to the families who are part of the 1 in 6! For more info, see www.hungerfreecolorado.org/hungerfacts/

Yum! Aug. 12 Mission Fundraiser

Everyone, you are in for a real treat! On Sunday August 12 in between services, we will be selling shortbread and other homemade bread made by Peter and Linda Young. The shortbread is a secret family recipe of Linda's and Peter is a baker extraordinaire! Proceeds will go toward back-to-school gift cards for families at Sedalia Elementary and supplies for the Monday Lunches in the Park.

Warren Village Sept. 20 Fellowship Experience Planned... PLUS more Opportunities!

Here is an opportunity to mingle and have fun with single-parent families supported

by Warren Village! The Missions

Team is inviting a small group of people to participate in a Community Night Dinner with some of the Warren Village families on **Thursday September 20.** We will "break bread together" and have activities with the children. We will leave church at 4:00pm and return by 8:00pm. If you would like to be part of this experience, you can contact Betsy Keyack, bkeyack@att.net or Jensen Meier, jensenkmeier@gmail.com.

MORE Opportunities: Warren Village helps single parents achieve self-sufficiency by providing housing, advocacy and educational support. St Luke's is a long-time partner of Warren Village and we wanted to offer you some additional ways to get involved with their mission at any time:

- 1. Teach a Life Skills Class –** Warren Village Residents are asked to take "Life Skills" classes to enrich their abilities in parenting, budgeting and job retention skills as well as wellness. Do you have a Life Skill that you could share? Past classes have included Financial Planning, Yoga classes, Cooking classes and Conflict Management. Warren Village is looking for people to share their passions and knowledge. (Classes that run for several weeks are preferred since building relationships is part of the power of the classes.)
- 2. Evening Child Care –** Warren Village needs child care volunteers (14 years and older) on Monday, Tuesday and Thursday evenings so that residents can attend Life Skills classes. Volunteer Hour sheets can be signed if needed.
- 3. Young Professionals –** Warren Village is looking for people ages 25-39 who are passionate about the work of Warren Village and want to meet others while focusing on volunteering and fun!
- 4. Community Night –** St Luke's is hosting a Community Night dinner on September 20. (see details above)

For more information about how you can get involved, contact Laura Richards (mathrichards@gmail.com)



Sharon Oliver
Director of
Children's Ministry
sharon@stlukeshr.com



Samantha Leahy
Director of Early
Childhood Ministry
sam@stlukeshr.com

Children's Calendar Praise, Play & Prayers

(check website for full calendar)

- AUG 5 (SUN) - **PEAK (K-5th)**
9:30am **SUNDAY SCHOOL**
Begins 3-week lesson: "The Good Samaritan"
- AUG 5 (SUN) - **JOY TREK (PreK)**
9:30am **SUNDAY SCHOOL**
Begins 2-week lesson: "Lydia"
- AUG 10 (FRI) - **Parent's Night**
Out 6:00pm. Info/RSVP Sam.
- AUG 19 (SUN) - **JOY TREK (PreK)** 9:30am **SUNDAY SCHOOL** Begins 2-week lesson: "House on the Rock"
- AUG 26 (SUN) - **BLESSING of TEACHERS & BACKPACKS**
9:30 & 11:00am - Kids bring backpacks in for special blessing.
- AUG 26 (SUN) - **PEAK (K-5th)**
9:30am **SUNDAY SCHOOL** - Special MUSIC Sunday.
- SEP 2 (SUN) - Family Worship Sunday - No Sunday School
- SEP 8 (SAT) - **Parent's Time Away**
9:00am. RSVP Sam.
- SEP 9 (SUN) - **PROMOTION SUNDAY** (Children move up to their new grades in Sunday School)
- SEP 9 (SUN) - **JOY TREK (PreK)**
9:30am **SUNDAY SCHOOL**
begins 3-week lesson "The Sower"
- SEP 9 (SUN) - **PEAK (K-4th)** 9:30am **SUNDAY SCHOOL** begins 4-week lesson "Dig Into the Bible"
- SEP 9 (SUN) - **TWEENS (5th & 6th)** 9:30am **SUNDAY SCHOOL** begins their 9-month "Submerge" curriculum with a 5-week series on "Jesus' Family"
- SEP 14 (FRI) - **Parent's Night Out**
6:00pm. Info/RSVP Sam
- SEP 16 (SUN) - **THIRD GRADE BIBLES PRESENTATION** (see article this page)
- SEP 16 (SUN) - **SLY, Jr. INFO MEETING KICK OFF** 5:30pm
 - SEP 21 (FRI) - **Family Movie Night "COCO"** 6:45pm - Wear your pjs, bring your pillow - we'll provide the popcorn!
 - SEP 23 (SUN) - **SLY, Jr. Pizza & Bowling** 5:30-7:30pm - \$15/per person RSVP Sharon
- SEP 26 (WED) - 6:30pm **SERVANT TRAINING**
- SEP 30 (SUN) - **Acolyte Training** (2nd-6th) 11:45am RSVP Sharon



Wacky Wednesdays Thanks!

A very special thank you to the fabulous teachers and assistants who support our Wacky Wednesdays program this summer. We met over 6 Wednesdays and had a lot of fun with Bible water stories and adventures. Wacky attendees enjoyed connections through creative crafts, fun music and Chapel time.



Blessing of the Backpacks! Sunday August 26

Join us for this special day to bless our teachers, students and backpacks for the school year ahead.



VBS Makes a BIG Splash!

A full-to-capacity group of 266 amazing children from our community and over 120 volunteers joined us June 25-29 to experience the ride of a lifetime with God! We learned the scripture from Isaiah "When you pass through the waters, I will be with you" and found through the VBS Bible stories that God is always with us. This year we collected books for a Project Humanity library in Africa. Thank you VBS families! And thanks to all of the servants who made VBS possible! You are all AMAZING blessings!

VBS 2018



SHINE!

Shine is a ministry of SLUMC that brings people (all family arrangements) with younger (up to 5th grade) kids together to share in community and build relationships as adults as well as provide opportunities to get the kids together. Over the past several years we have had many opportunities to join in fellowship at various breweries, restaurants, and other members' homes to get to know each other and increase connections with others in the church community. We are looking forward to scheduling other activities throughout the year such as a baseball game outing and a Christmas gathering. Our first food truck **Backyard Picnic at the church is August 26**, right after the 9:30am service in the backyard/playground area. Check us out on facebook. Just search: ShineStLukes *We look forward to getting to know you soon!*

St. Luke's Kids

Growing with God

Registration is NOW OPEN AND our Volunteer Training is Sept. 26!

Register for the 2018-19 Sunday School year on the website: www.stlukeshr.com or paper forms are also available at the church. We ask all families to enroll their children EACH new school year so we can update our records. Our Sunday School year kicks off Sept. 9 PROMOTION SUNDAY with the kids moving up to their new grades. (finally!) We are so excited to share God's love with your kids. AND we can't do it without our wonderful volunteers. **Attend training and sign up to serve for the coming year.** Come serve with us - one Sunday or lots! We need to fill 20+ servant spots each week(!) so there's plenty of room for all. ONLINE SERVANT SIGN UP for the fall will be available SOON!



3rd Grade Bibles - Sept. 16!

St. Luke's has a wonderful tradition of gifting our 3rd Graders with their very own Bible! They have their Bible presented to them upstairs in the worship service and then get to meet as a class with the pastor and go over their Bible. This is a rite of passage that our families really look forward to. **This year Bible Sunday will take place on Sept. 16.** AND we will continue with 2 additional Sundays of Bible Study with our Pastors for our 3rd Graders Sept. 23 & 30 at 9:30am!! This will be an awesome experience for those 3rd graders to explore this amazing book in depth. If you know of a 3rd grader who would like a gift Bible on Sept. 16 and would like to participate in our 3rd Grade Bible Study Sundays, **please send their name to sharon@stlukeshr.com by Sept. 10.** Thanks!!!



Kelly Amadeo
Director of
Little School

ST. LUKE'S LITTLE SCHOOL A New Year!

It's our favorite time of year!
A new school year is about
to begin!

It has been shown that early childhood experiences have a lasting effect on the long-term development of children. That is why at Little School we strive to provide all of our children with a safe environment where they feel loved, can explore and learn, and form bonds under the guidance of highly-trained professionals. We truly feel that our program offers children in the area with some of the best opportunities and staff around!

We were swarmed with busy bees around Little School this summer, and we could not be more grateful! Many loving volunteers (special thanks to Ken Fong and Sandi Thompson) spent hours working on updating our facilities. We have newly waxed floors, steamed carpets, and brand new paint and sand! Our teachers attended trainings on topics such as reflective assessment at the early childhood level. While we enjoyed our summer vacations very much, we also used our time to work toward providing our incoming Little School children with the best early childhood experiences possible. We have some exciting opportunities available this year. If you or anyone you know wants to join our Little School family, give us a call. We keep our class ratios low, but we have a few spots left. We are opening a new 2.5-year-old classroom to meet our growing needs as well! Feel free to email me to schedule a tour or learn more.

As the new school year begins, so does the excitement of our staff, students, and families. We have some wonderful welcoming activities coming up! We have back-to-school night for the parents. We have open-house for the children where they get a chance to familiarize themselves with the school and meet their teachers before the new year begins. We also understand that on the first day of school, many parents struggle to leave their young child right away. To ease parents into the new year, we offer a First Day of School Kleenex and Caffeine event. It takes a village to raise children, and our village is pretty amazing. Welcome to the 2018-2019 school year!

Grace and Love,
Kelly Amadeo, Director
kelly@stlukeshr.com

Little School Families, please save the dates:

Aug. 23 6:00-7:00pm:

Parent Open House (Parents Only Please)

Aug. 24 10:00-11:45am:

Children's Open House (Parents and Children)

Aug. 27: First Day of School M/W/(F)

and Ms. Dawn's Explorers classes

Aug. 28: First Day of School T/Th/(F) classes



Mugged for Mission

Mile High/Pikes Peak UMW District is challenging all UMW Units to participate in MUGGED FOR MISSION! It is easy... just count the number of coffee mugs in your cabinet and donate 50 cents per mug. This is one way we can continue to support the National UMW so they may continue their incredible outreach to women, children and youth. Checks should be payable to St. Luke's UMW and may be dropped off in the office by Sept. 1.

VBS Taco Tuesday

The church was rockin' on June 26 with over 250 kids attending VBS. The UMW ladies joined in the fun by preparing and serving lunch to the volunteers and their children on Taco Tuesday. What a joy to interact with the volunteers & kids while learning new creative ways to build tacos!



"The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church."



St. Luke's UMW Annual Pie & Prayer



It's time for the St. Luke's United Methodist Women's annual Pie and Prayer event: Sunday, August 26, 2:00-4:00pm. The theme is "Blessings in a Box". We'll share our blessings and friendships in a workshop lead by Rev. Jessica. We'll sing hymns lead by the Sisters of Soul with Linda Harris at the piano. You'll decorate your own Blessing Box and of course eat homemade pie. This is our free event, but still need you to sign up starting August 5. Our Mission will be Sedalia Elementary School families.

Taste of Fall Bake Sale

Stop by our Taste of Fall Bake Sale on October 28 in Fellowship Hall and pick up some homemade goodies! Donations will help support UMW Mission Projects and Youth 2019 Mission trips.

Did You Know...

The Itch to Stitch group knits/crochets Prayer Shawls for the pastoral staff to hand out during their care visits. Each one is unique and created with love and prayer by the Itch to Stitch members.

Please join us at the upcoming UMW special events:

St. Luke's events:

Aug. 26: Pie & Prayer Event

Oct. 28: Taste of Fall Bake Sale

Dec. 4: UMW Candlelight Dinner

Mile High/Pikes Peak District UMW events:

Sept. 15: MHPP District UMW Annual Meeting – Hope UMC

Oct. 20-21: RMC UMW Annual Meeting– Scott UMC

Check out the UMW Facebook page for the latest happenings and UMW updates: <https://www.facebook.com/stlukeshrumw>

Interest Groups of UMW

Looking to expand your participation in our community? Join one of our Interest Groups! Email umwinfo@stlukeshr.com

Book Club ~ Fiction/Non-fiction/ Informative/Fun. Fourth Monday, Room 206, 7:00pm. The monthly Potlucks will kick off on September 24, 6:15pm followed by our Book Club meeting at 7:00pm.

- August 27 – *Freeman* by Leonard Pitts
- September 24 – *The Newcomers* by Helen Thorpe

For more information about book club or to receive a list of the 2018 books, contact Cathy Collins at scecollins@q.com.

Common Thread ~ Friendship/ Fellowship/Caring/Sharing. First Thursday of each month, 10:00am. Meets at the church. Contact: Caroline Butler carolinebutler@q.com or Betty Smith 303-797-3225

Itch to Stitch ~ Projects of Crochet, Knitting, Sewing, Quilting donated to charities. All skill levels are welcome! Meets monthly, 3rd Saturday, 10:00am (No meetings August, December). Kick off for fall will be September 15. Contact Fran West 303-797-7107. Check out our Facebook page – "St Luke's UMC Itch to Stitch Guild".



CSE Purpose:

To foster healing and wholeness of mind, body, heart, and spirit through experiences that inspire connection and wellbeing. Take a look at our website:

stlukesCSE.org

CSE SPIRITUALITY & WELLNESS SPEAKER SERIES:



Love Matters! An evening with Lawrence Martin, Tues., Sept. 18, 6:30-8:00pm

"What is invisible... and yet you can see it. What is intangible ... and yet you can feel it. What is imperceivable and inexplicable... and yet you can experience

it. What cannot be bought or sold ... and yet it is more valuable than all the treasures on earth. It is Love which is invisible, intangible, imperceivable, inexplicable."

Love Matters! That is what Lawrence Martin has come to know. That is the message that he delivers. He hails from Indianapolis, Indiana and is married to his dream come true, Melissa Martin. Lawrence is a graduate of the University of Phoenix with his Master's degree in Clinical Mental Health Counseling. He is the Executive Director of Love Matters Therapy Centers and a retired war veteran. As a professional speaker, he shares infectious love where ever he speaks. He also facilitates Mental Health First Aid Certification Trainings and has led several trainings at St. Luke's. He has conducted seminars at the University of Denver and has presented for the National Alliance for Mental Illness (NAMI). Lawrence believes that we all are world changers and that we all make a difference when we share love because Love Matters!

TICKETS ON SALE beginning Aug. 19: \$10 each, plus \$1 processing fee at stlukeshr.com. Tickets also will be sold, beginning Sunday, Aug. 19 for \$10. Evening of event, price \$12. Childcare is available with a 48 hr. reservation to sam@stlukeshr.com. For more info contact: julie. polikoff@msn.com, polikoff@msn.com, www.stlukesescse.org

CSE OUTDOOR ADVENTURES:

- **Aug. 19 - Potluck and Paddling** 4:30-7:00pm at beautiful Standley Lake in Westminster. Join us for a potluck picnic and opportunities to explore the lake via standup paddleboard, canoe, kayak, and hydro cycle. Janet Johnston will lead an exploration of the diverse birds that inhabit this area. \$7 gets you in the gate, and we suggest a \$5/person donation to use paddle craft. Bring a dish to share.
- **Sept. 22 - Fall Colors Hike on the Walter Pesman Trail.** Colorado is amazing when temps dip and the Aspens turn golden. This beautiful trail passes through a forest of ancient Bristlecone pines, offers grand vistas of Mt. Evans.
- **Oct. 13 - Fall Colors Hike in Eldorado Canyon** (near Boulder)
- **Nov. 17 - Spruce Mountain Hike** (near Palmer Lake)

Contacts:
julie.polikoff@msn.com
janestaller@gmail.com

CSE CLASSES & EXPERIENCES:

On Purpose *Saturday, Sept. 15*, Dr. Sallie Suby-Long and Renae Parra will guide this exploration and reflection on life narratives, purpose, and story. The day-long experience will be held in the beautiful peacefulness of the Hideaway Retreat Center where you can begin to discover, to clarify, or to celebrate your unique and individual purpose. We hope you'll join us for this retreat experience! Contact Sallie for more information (Sallie@stlukeshr.com). **Our September 15 session is FULL! We have opened an additional session for Saturday, October 20. There are only a few remaining spaces. The \$89 fee is due upon registration.**

The Enneagram and You: Ancient Lenses & Timeless Traits

Tues., Oct. 30, 5:00-8:30pm - Facilitators Schawn Kellogg & Sallie Suby-Long

What if you had a roadmap – a "soul-map" for understanding who you are and what makes the people around you tick - A time-tested system that integrates your whole being and can be applied to every area of your life? And, what if this map could help you tap your essential nature, resulting in more genuine relationships and a deeper sense of purpose? The Enneagram is a time-tested model for understanding our unique way of being in the world. It allows us to explore our authentic self. We'd love to have you be part of this experience with us! Whether you are new to the enneagram or have participated in previous enneagram workshops, we encourage you to attend. To register, contact Sallie. (sallie@stlukeshr.com) Registration fee is \$35 (includes light appetizers, materials and full workshop). Online registration opens August 26. Additional \$10 fee to complete the online Enneagram Assessment if you have not taken the assessment previously. When you register for the workshop, we'll provide the a link to the Enneagram website where you can complete the assessment prior to the workshop.

WHOLE – eating for mind, body & spirit: *Saturday, August 25, 9:30am-12:00noon.*

Bob and Sharon Oliver will teach us how we can eat more mindfully. We'll learn about the benefits of a whole-food plant-based lifestyle, discover pantry/refrigerator stocking tips, and share recipe ideas. Your \$20 registration includes light lunch/snacks. For more info/To register: sharon@stlukeshr.com

Yoga – *Continues Thursday mornings 9:00-10:00am* in the St. Luke's Chapel.

Suzanne Rainey, certified yoga teacher and St. Luke's member, leads an inclusive, relaxed yoga class that provides mindfulness readings and reflection. Come try this calming, centering class. Suggested donation - \$10/class. More Info: renaeparra@aol.com

Melinda's Cooking – Sheet Pan Suppers – *Saturday, October 6, 10:00am-1:00pm.*

Melinda Davidson invites us into her gracious kitchen to learn to prepare simple and easy one-cooking-pan dinners to help participants ease back into busy family fall routines. She'll provide the how-tos for adjusting recipes to feed a family or just 1-2 people. We'll cook together and share a delicious lunch. \$35/ person with your online registration. (Registration opens Aug 26)

Reiki Training – Due to popularity, we are offering two more opportunities to learn about Reiki ("ray-key") healing energy with Suzanne Rainey, a member of St. Luke's and a certified Reiki Practitioner:

Reiki Level I - Basic Fundamentals, Sunday, September 30, 12:30-5:00pm at St. Luke's. You will learn the healing, clarifying benefits and practical uses of Reiki healing energy. You'll receive an initial energy attunement and learn how to share this gift with family and friends. You'll also receive a Reiki manual. Cost \$150. renae@stlukeshr.com

Reiki Level II - Healing Symbols, Sunday, October 28, 12:30-5:00pm at St. Luke's. You will learn about the three types of Reiki energy. You'll expand your knowledge of Reiki energy and how to work with it. You also will gain confidence in your ability to share Reiki healing energy with others. Cost \$150. renae@stlukeshr.com

Gracious Space – *the second Friday of every month, 10:00-11:30am.*

Jenita Rhodes invites us into the warm environment of her home, where she creates the time and space to renew, refresh and regenerate. Each session includes a devotion/lesson and time to explore through various Arts. New participants are welcome. Come when you can, and see what exciting things Jenita will bring to your day. jenita@pcisys.net

The Wisdom of You – *Thursdays, November 1, 8, and 15, 4:00-*

5:00pm at St. Luke's. Rev. Sallie Suby-Long and Renae Parra will use the power of story and reflection to create an environment for listening, reflecting and sharing. The goals of this class are to affirm who we are and to celebrate the wisdom of our journey. sallie@stlukeshr.com

Christmas on Broadway 2018 - Auditions

School has just started, but we are already gearing up for Christmas, and we hope you will join us!

Christmas on Broadway was so much fun last year, we decided to do it again. Some of the music will be the same, some is new, but it will definitely be a season of fun, music and dancing as we prepare to kick off the holidays. There is room for all, ages 8-80, in the show. We will hold placement auditions for solos and small groups. If you aren't interested in a solo, we still ask you to come to auditions, and we will have you sing in small groups (so we can place you in the appropriate ensembles/group numbers). There are solo and small group opportunities for kids and adults. If you are interested in auditioning for one, please choose a musical theatre song and bring the sheet music with you. An accompanist will be provided at the audition.

AUDITIONS

Wednesday, Sept. 19 - 6:00-8:00pm (Sanctuary)

REHEARSALS

Wednesday evenings, Oct. 3, 10, 17, 24; Nov. 7, 14
Sunday afternoons, Oct. 7, 14, 21, 28; Nov. 4, 18

TECH WEEK

Monday-Thursday evenings, November 26-29

PERFORMANCES

Friday, Nov. 30 7:00pm and Saturday, Dec. 1, 2:00 & 7:00pm

With the exception of tech week, when we will need everyone, not everyone will be called to all rehearsals. Once we have cast the show, a detailed rehearsal schedule will be released. There will be a \$35 participation fee, with a \$100 max per family. There is no need to sign up for auditions - just plan to join us on Wed., Sept. 19 from 6:00-8:00pm. If you can't be there that evening, please let me know so we can arrange for a video submission. — Melanie Kirkpatrick at melanie.kirkpatrick@gmail.com



James Ramsey
Director of Music
& Arts Ministries



Kenrick Mervine
Associate Dir. of
Music Ministry/
Organist



Kay Coryell
Dir. of Handbells
& Children's Music
Ministry



Chris Rigolini
Director of
Instrumental Music



Mark Your Calendars!!!

We have our Kickoff dates on the calendar for the fall and hope you'll join us! Please contact anyone on the Music and Arts staff for more details.

- **Adult Bells (Tintinnabulators)** will rehearse Tuesdays from 7:00-8:30pm beginning Tuesday, August 21
- **Chancel Choir** (adult choir) will rehearse Thursdays from 7:00-8:30pm beginning Thursday, Sept. 6
- **SLYJO** (youth orchestra) will meet Sunday afternoons from 3:30-4:15pm beginning on Sept. 9
- **Soul Purpose** (youth choir) will meet Sunday afternoons from 4:30-5:15pm beginning on Sept. 9
- **Joyful Noise** (youth handbell group) will be Tuesday evenings from 6:00-7:00pm beginning on Sept. 11
- **Cherub's Choir** (choir for children aged 3 through Kindergarten) will rehearse Wednesdays from 6:30-7:15pm beginning Sept. 12
- **Junior Prayz and Primary Prayz** (choirs for children in 1st through 6th grade) will meet Wednesday evenings from 6:30-7:20pm beginning on Sept. 12
- **Tone Chimes** (for children in 4th through 6th grade) will meet Wednesday evenings from 7:25-8:00pm beginning on Sept. 12
- **Wind Ensemble** ("cross-generational" ensemble open to all) will meet Sunday evenings from 5:30-6:15pm beginning Sept. 23
- **Ministers of Swing** or "MOS" (big band style jazz ensemble) will meet Sunday evenings from 6:15-7:00pm beginning Sept. 23

Music & Drama Fall Picnic: Sept. 29

All participants of the Music and Drama Ministries are invited to join together for a Fall Picnic! We'll gather from 5:00-8:00pm at the large shelter at Civic Green Park on Saturday Sept. 29. We'll provide the main course and beverages, and ask that participants provide side dishes and dessert to share. RSVP to Stephanie by e-mailing MusicArtsAdmin@stlukeshr.com no later than September 23 so we can plan accordingly. Families are invited!

Music Retreat for Chancel Choir and Tintinnabulators

Friday, September 28: Dinner at 6:00pm (\$5 per person, families invited), Rehearsals from 7:00-9:00pm

Saturday, September 29: Coffee and Fellowship at 8:30am, Rehearsals from 9:00-11:00am
Childcare available with 48 hour notice to Sam@stlukeshr.com.

This will be a time to work through many of the pieces that Chancel Choir and Tintinnabulators will be offering throughout the fall, as well as begin work on the musical selections for the Christmas Cantata that will happen on December 9. RSVP to Stephanie at MusicArtsAdmin@stlukeshr.com no later than Sept. 23 for the Qdoba Hot Bar dinner on Friday night.



St. Luke's Makes Music & Memories in Spain & France

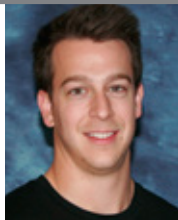
This June, 37 singers, instrumentalists, and family members from St. Luke's enjoyed 9 days together performing at the American Celebration of Music in Spain and France. Our musical adventure started in Barcelona with recital performances at La Sagrada Familia and Montserrat Monastery. We then made our way to Arles, France by way of Perpignan. In Arles, we toured several monuments of Roman Provence and managed to squeeze in a quick performance at the Theater Antique. Later that evening we sang a concert in Eglise St. Julien. We stopped for a tour of Aix-en-Provence the next day, on our way to Nice where we performed our final concert in the Cathedral Notre Dame de Nice. Our last day as a group we spent in Monaco for a day of sight-seeing then returned to Nice for our traditional farewell dinner and this obligatory group photo. Many of us extended the trip to see more of Europe with friends and family. It was a truly wonderful trip and we're already looking forward to the next one!



Dave Laurvick
Director of
Youth Ministry



Amy McMullen
Assistant Dir. of
Youth Ministry



Jake Smith
Assistant Dir. of
Youth Ministry

ON THE SLY: Keeping the Good Times Rolling

It's officially time. The mission trip clothes are being put away and the school clothes are coming out! But just because summer is coming to an end does not mean things begin to slow down in the youth department! We got all sorts of events going on this fall including a day out at Bear Creek Lake, kickball, throwback night at Skate City, and even a campfire night in one of our youth's backyard!



Upcoming Events!

- * **SUNDAYS SLY AM**
9:30-10:30am SLY AM in the Youth Room: Life Lessons from the New Testament
- * **SUN. 8/12: SLY PM 1:00-5:00pm "SLY Day at the Lake"** - be IN the Youth Room BY 1:00 - and we head to Bear Creek Lake Park. Bring swimsuit, towel, sunscreen, WATER BOTTLE and any water toys.
- * **WEDNESDAYS** 6:00-8:00pm Your time - your discussions, food & fun activities!!
- * **Fall Kick Off Sunday Sept 16**
5:30-7:30pm GOOD NEWS - NO PRESENTATION!!! It the greatest of Methodist traditions, it's a POT LUCK Gathering. All youth and parents invited!!
- * **Guatemala Mission Trip Information Meeting** Sunday Sept. 16 at noon
- * **District IGNITE! Retreat** - Grades 9-12
Buckhorn Methodist Camp
TENTATIVELY Nov. 2-4 RSVP Please!!
- * **All SLY Retreat** Nov. 30-Dec. 1 and 2
RSVP Please!!
- * **Mission Opportunities:** See Dave if you are looking for community service hours !!
- * **Jeremy's Africa Blog:**
coloradoboyinlesotho.
wordpress.com
- * **Sign up to receive our emails and Check stlukeshr.com and click on "Youth" or "SLY" for up-to-date info on programs, activities, opportunities and more!**



October will be here before we know it, which means pumpkins will be here, too! They arrive September 22 and the sign up is already available for working the patch! Thanks in advance to all who help cover shifts and buy pumpkins! We wouldn't be able to do what we do without this important fundraiser!

Good times were had by all this summer and we're looking forward to even more adventures! Check out the mission trip recaps for personal accounts of how God moves through these trips! And as always, check out our website or sign up for our weekly emails for details on weekly happenings!

Don't forget to follow us on instagram @st.lukes.youth and on snapchat @wesosly

Yours in Christ, Dave, Amy & Jake

YOUNG ADULTS

Introducing: JC!!!



The tides are a changin' in the Young Adult world! Oh no, don't worry, we are still kickin booty at trivia every Tuesday night (go Victorious Secret!), but man are we bein' called to do some much bigger things! Our passion for creating a worship experience for Young Adults started to grow as we talked to college kid after college kid about how they felt they were missing the connection to God they had experienced in youth group. Looking into it deeper, we found that there was a huge gap missing in the church, not just our church, but the Christian Church as a whole. Once you graduate highs chool, there isn't much for you until you get married and have kids of your own! There truly is this whole group of young adult who are being missed. Finding no real good options for places to send our college kids and young adults... we decided to create our own!!

We chose to call our movement JC, standing for Just Church (you thought it was going to be Jesus Christ didn't you!) The Bible says "where two or more are gathered, there I will be also" so we decided.. let's gather, let's do church, let's worship, let's talk about God and our faith and what it all means for us now as young adults. And that's it, Just Church, no hidden agendas, no requirements or restrictions, just a truly inclusive community where we can talk the Bible and life and figure it all out together.

We wanted our first JC event to be BIG! We rented out a local club house, brought in live music, catered dinner and had a great time! Over 30 young adults showed up to hang out, worship, and hear Jake preach.

We weren't sure where it was gonna go from there, but it was clear we couldn't slow down our momentum! We have JC events currently scheduled in August and September and are looking at

eventually maybe even moving to once a week! A calling like this comes with lots of obstacles, financially of course being one. But we are adamant on pushing through and intent on filling the need this community is so desperately asking for!! If you or someone you know is interested in attending a JC event (or helping making this ministry possible!) please don't hesitate to reach out to one of us!

-Amy & Jake



Mission Trip Blessings



Kaila Davidson had the chance to play her harpsicle (a small harp) for some of the Navajo residents while on the Jr. High

mission trip in Crown Point as well as gift it to the community. Now the local church in Crown Point is thinking about creating a worship band with their new instruments. What a gift and blessing!



Dave and Meryl Cupp are returning to Arkansas to be closer to family and they are moving in a couple of weeks! Sunday, August 12 marked their last Sunday singing with the Chancel Choir after 35 years. As charter members, Dave and Meryl's incredible commitment to St. Luke's has been unparalleled and we can't thank them enough.

Post Modern Methodism

If you are a part of the St Luke's community, you are part of a Post Modern Methodist community. We didn't start out to be one and we didn't know we were one until someone told us we were one. I'd like to spend a little time explaining what the phrase "Post Modern Methodism" means and how St Luke's fits the phrase.

First of all, the phrase has no theological connotation. While it may have a theological meaning in the future, right now it just means we are a church that does not fit the mold of the modern Methodist church. We are post the modern church.

The Methodist Movement can be looked at as several different time segments, each with its own way of being Methodist. The modern Methodist church in America started in the first few decades of the 20th century. It reached its peak in terms of membership in the 1950's through 1970's and has been in decline in membership since the last quarter of the 20th century.

Methodism does not have a creedal statement. Instead we are called to try and live our lives for the love of God and our neighbors. Different groups of Methodists have found different ways of living this call that fit the time and place that they were in. As times and places change, so did the way Methodists express their faith.

The St Luke's community is asking itself, how do we live meaningful lives that express our faith in the 21st century? Fortunately, we have a 300-year tradition that helps guide us. During the next several months, I'll try and highlight the parts of the tradition that our community has used to guide it on our faith journey into the 21st century. —Monty Hoffman



CSE Hearts for Honduras!

Thank you to our CSE Honduras Team and to everyone at St. Luke's that contributed support for books to be given to the children at Abundant Life Christian School! Because of your generosity, we were able to send additional children's books to Honduras this summer and also to provide funding for teacher resources. When Rachel Suby-Long Compaan and her husband Jake, educators at Abundant Life Christian School, were home this summer, they packed up the extra

books. They will deliver them to the children at Abundant Life. Thank you CSE Honduras Team and St. Luke's for your generosity!



by Rev. Les Ludlam
(retired)

More with Les: School Supplies

My 6th and 8th grade grandkids just started the fall semester at their respective schools. It is an exciting time! They get to see school friends again and start a whole new year.

And it also means getting school supplies. It's a treat for the grandkids, because they get to go shopping with Grandma!

That led me to reflect on my own school years and how school supplies, as well as school in general, have changed. Today, kids' supplies are more tech-oriented, and as technology has changed so rapidly, many of the supplies that you and I might have used, have fallen by the wayside.

Test your memory with these pictures. Which do you remember? Do you think of them fondly? Are there some that you're glad you don't have to deal with anymore.



How about the Big Chief Tablet? Got mine each fall for the 1st, 2nd, and 3rd grades.

To go along with the tablet, were lead pencils, #2 lead. Some things never change, even if the brand and box changes. Typical classrooms for elementary schools tended to follow a standard format during my school years. This classroom has the usual features: A blackboard with eraser tray, Cursive alphabet on the wall showing both capital and lower case letter letters. And individual desks lined up in rows.



Metal Lunch Boxes with thermos bottles were the rage in the late 1950's and '60's. I lived only a few blocks from the school and if I didn't eat at the school lunchroom, I would walk home for the midday meal.

Something else now gone from schools is the Ditto machine used for making multiple copies of exams, announcements or any other document intended for distribution to a large group. I can still remember the characteristic smell of the copies! They were usually located at the school office, a place many of us tried to avoid as much as possible.

As we grew older and began taking more advanced classes in school, the supplies become more complex. Geek that I am, I really liked Geometry and the Compass & Protractor sets in High School. They have been replaced by computer aided digital drawing.

Then came the premier status symbol for any student who was into math and science, the Slide Rule! Mine was a Keuffel & Esser K&E 4081-3 Duplex Slide Rule with leather case.

Gone, replaced with newer technology or methods but not forgotten. And I have a longer list!

To all who are students: Have a great year, no matter what supplies you need!

God bless us all! Les



St. Luke's United Methodist Church
8817 S. Broadway • Highlands Ranch, CO 80129
303-791-0659 • www.stlukeshr.com

*St. Luke's United Methodist Church welcomes you to our Christian family,
where we share life. Wherever you are in your faith journey,
you are accepted and encouraged to grow spiritually.*

*Join us in growing together toward full humanity through living
the teachings of Jesus: Love, Acceptance, Justice and Hope.*

Pura Vida Ministries Benefit Dinner & Celebration: Friday, Oct. 26

in Lakewood, Colorado. The dinner will provide an opportunity to join in the celebration of the success of Pura Vida's Guatemala ministries. St. Luke's has been instrumental in that success via mission trips and financial and prayer support throughout Pura Vida's history. The program for the dinner event will include a presentation exploring the unique approach of our work trips, and a short video showcasing the success of our students and staff in Guatemala. There will also be a silent auction. For more details about the event and to order tickets, go to topuravida.org/dinner or Nickie Rounds at rounds@roundscpa.com 303-632-8191.

CONGREGATIONAL CARE



PRAYER CONCERNS

Contact Rev. Sallie Suby-Long if you have any additions/removals 303-791-0659 x132, leave a note at the front desk, or email sallie@stlukeshr.com

LATEST ENTRIES TO PRAYER LIST:

Rodney Albert	Norma Kleiver Jerry	Nancy Rawls	Esther Van Lier
Caroline Butler	Lubben Dee Lucas	Kris Reif	Jim and Nicole Anderson
Lynne Harris	Michael McCarthy	Sharon Smith	Parker Cushing
John Heaton	Carolyn McIntosh	Brian Thomas	Ann Wohlbeber
Todd Hunter			

CONGRATULATIONS TO: Brian and Emily Benight on the birth of Riley A. Charles Benight.
Congratulations also to Riley's great-grandparents, Charles and Bonnie Williams.

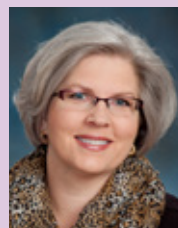
SYMPATHIES TO:

The family of Gretchen Berry (wife of Bob Berry, Mom of Hannah and Lee Hazelwood, former wife of George Hazelwood, daughter of Ben Daby) who passed away June 16.
Dick Evans on the June 12 passing of Judy Evans.
Dick, Chris, and Kevin Frame on the July 5 passing of Carol Frame, wife of Dick and mother of Chris and Kevin.
Cynthia Hardenbrook on the early June passing away of her brother, Carl Nathaniel Hardenbrook.
Sharla Hottman on the June passing away of her mother, Charlotte Ruth Weed.
Stephani Maher on the early June passing of her grandmother Victoria Miran.
Kris Reif on the June 23 passing of her aunt, Sally Eckberg.
Sheri and Steve Larsen on the passing away of their friend, Angie Anderson.
Allison Wright on the recent passing of her mother, Norma Kleiver.
Marshall Kuhn on the July 13 passing of his sister Diane Kuhn Jenkins.
Debbie Newby on the early August passing of her mother, Dolores Hall.
Scott Horn on the recent passing of his brother, Randy.
Karl and Buffy Krantz on the unexpected passing of Karl's brother-in-law, Andy Kamlet.

Staff Updates: In early August, our Office Administrator, Kim DeVries, said goodbye to the staff and congregation. She and her husband recently built a house east of Aurora and the commute to St. Luke's was just too much. The staff celebrated Kim's year with us, and we sent her off with appreciation and blessings. Thank you, Kim – You will be missed!



The Clergy Team and Staff Parish Relations Team agreed to create a Temporary Office Consult position through January 31, 2019. This person will serve as the Office Administrator and help us learn more about the staff and congregation needs, and shape the new job description. This will allow us to incorporate what we learn from our Visioning Process into the new position.



Kristi Pawley has accepted the Temporary Office Admin. Consult position. Kristi is currently our Accounting Clerk and will continue in this role as well. Kristi brings many qualities to this role, along with a knowledge of the staff and church. We are excited and thankful for her presence and leadership.

SLY MISSION TRIP SUMMER!

2018 SLY Guatemala Team Outruns Volcano to Cap Off Another Amazing Experience in Lemoa!



The team of 32 arrived to continue work on homes for 2 families and a kitchen for another. The week was filled with adventure (bus rides, market day, and early AM mortar fireworks), blessings (Sisters Helen and Connie, 19 student visits, and time with our local Guatemala team members), and... well, WORK.

After early morning breakfast and "60 second Devo" time, the three teams headed out to the work sites and to begin to meet their families - in each case single parent families headed by the

mom. It was a blessing to work with the families and just a little bit of play time, too!

With MANY thanks to Children's Ministry through the amazing cast of the St. Luke's Children's Dinner Theater, their donations enabled us to add another 107 families to the water filter project started by our own Savannah Anne Carlson in 2014. This brings our total to 460 families, and according to our partner EcoFiltro, improving the lives and health of over 14,720 people. Our goal for 2019 is another 100 plus families!!!

About that volcano - Fuego erupted less than 10 minutes after we went airborne, and closed the airport less than an hour after we took off. While all our Guatemalan teammates and their families have let us know they were safe, we were saddened to hear that at least 109 others lost their lives.

We will be returning to Lemoa in May of 2019 to continue our work with the beautiful people of Guatemala. —*Dave Laurvick*

Jr. High Mission Builds Relationships in Crownpoint

On July 8th at 4:35am, 32 youth and 12 adults from our church and Northglenn United Methodist headed to Crownpoint, NM. Crownpoint, which is approximately 570 miles from Highlands Ranch, has a demographic very different than the south Denver community. Not only was the population around 2,300 people, but 90% of the population is Native Americans with a median



income of \$30,000. For this particular mission trip, our church partnered with Next Step ministries. Next Step's motto is "where short mission trips collide with long-term community development" and our group of 44 experienced this during our week there. In addition to making our meals and a schedule that keeps us occupied, they set up construction projects and offered opportunities of devotion and worship throughout the day to discuss and think about our relationships with God. Each morning after breakfast and devotion, our group which was divided into 4 work teams headed to their assigned building project. Two of the teams remained at the Lighthouse church where we stayed for the week. One of those two

groups built a wheelchair ramp and the other group disassembled palates and then put them on the ceiling of the outdoor pavilion. Of the groups that went off-site, one group built a lean to and redid a section of dry wall on the ceiling. The other group built a shed. Owen Metz said that his favorite part of the trip was "getting to meet new friends and having fun while working for a good cause."

Upon finishing our day's work and thankfully almost always under sunny skies, everyone took a 5-minute shower, had some free time, and headed off to a yummy dinner in which some of the church's community would attend. The evening was filled with devotions that had videos, singing, and a time of reflection. We would follow this with dessert and time for smaller prayer groups.

On Thursday, the members of the community set up stands for those visiting to purchase jewelry and made tacos for dinner on incredible fry bread. Tessa Smith, one of the youth on the trip, said that her favorite part was "...getting to know members of the community. In the beginning they told us that the people may not talk to them or have eye contact, so it made me feel good that I was able to talk with them and get to know them." Our group headed to Arizona on Friday to hike Window Rock, go to the Navajo Nation Museum and Zoo. Later that night, the entire group hopped in the car and drove to a grocery store parking lot where we had a fantastic community barbecue with lots of burgers, football, and fun. As we departed on Saturday after saying goodbye to the amazing staff at Next Step, we headed to Durango, CO where we took a mild rafting trip down the Animas River. We were fortunate to be able to stay at Durango High School that evening where the adults and other students imparted knowledge to our 18 outgoing 8th graders about how to be successful as they are soon to head into high school. Sunday morning came early with departure time of 6:00am to head back home. We arrived home at 1:15pm and were greeted by family and friends. —*Ann Metz*

Meaningful Work in NM on Sr. High Trip

June 17-23, 73 adults & youth of the SLY community went to the Crownpoint, New Mexico Native American Reservation, for the annual senior high mission trip. This is the largest group we've ever had! Many of the youth and adult sponsors (myself included) look forward to the mission trip each year as a time to get away from their daily routines, make new friends, and serve God.



We stayed with a group called Next Step: an organization that sets up centers all over the world for teams to come and complete short

term mission work. The group of people in Crownpoint this year were very welcoming and kind, and they even made us dessert every night! Since there were so many of us, we were split into 8 work teams of between 8-10 people. My group worked on building a wheelchair ramp for a family home, while others did projects such as painting, flooring,



drywall, and building a ramp at the church where we were staying. The youth on my team worked so hard; they even had to dig post holes for the ramp through solid rock in the hot sun, and they hardly complained at all! Although the dogs

are essentially wild and we are told not to touch them, our site had two small puppies that kept everyone entertained from afar.

On one evening, the members of the church cooked us Navajo tacos, and several of the locals came and sold their handmade jewelry. On our last night, we held a community cookout in the parking lot of the grocery store and got to meet the people we were helping. It is events like these that make the work we're doing so meaningful. It is such a cool experience for our youth to get to step outside of their everyday environments and get to know people from different backgrounds and life experiences. On our way back to Colorado, we spent the night in Durango for our fun day. We did river tubing, which was a lot of fun, but left several people quite sun burnt!

This mission trip was a great way to witness the amazing work that youth can do, and I already can't wait for next summer! —*Liza Nolder*