

St. Luke's United Methodist Church invites you to find new life through Jesus Christ. Engage your heart and mind within a community of faith that seeks to integrate scripture, tradition, reason and experience. Wherever you are in your life, you will be accepted and encouraged to grow spiritually, live relationally and walk in mission, as you relate your daily life and your faith. Join us in growing together toward full humanity through living the teachings of Christ: Love, Acceptance, Justice and Hope.

**Sunday Worship Services**

8:00 am 9:30 am 11:00 am

**Sunday School Classes**

9:30 am & 11:00 am - Adult, Youth & Children's Classes  
Nursery available for all services.

**Ministers**

All people of St. Luke's.

**Staff**

- Dr. Richard Evans.....Senior Minister - ext. 13
- Rev. Fred Venable.....Minister (1/2 time) - ext. 12
- Rev. Dave Money.....Minister (1/4 time) - ext. 33
- Dalai Dy.....Missionary in Residence - ext. 19
- Steve Riley.....Executive Administrator - ext. 22
- Bonnie Funk.....Church Secretary - ext. 10
- Jim Ramsey.....Director of Music Ministry - ext. 23
- Carrie Mallery.....Associate Director of Music - ext. 48
- Aaron Shipman.....Director of Youth Ministry - ext. 14
- Beth Debonis.....Associate Dir. of Youth Ministry - ext. 46
- Jenita Rhodes.....Director of Children's Ministry - ext. 27
- Kristi Frush.....Director of Ministry Development - ext. 20
- Tammy Heister.....Financial Secretary - ext. 16
- Carole Sue Woodrich.....Financial Treasurer - ext. 49
- Lynne Butler.....Nursery & Childcare Coordinator - ext. 47
- Kay Swanson.....Director of Little School - 303-791-1982

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**August 20th**

Please place them in *The Chronicle* folder at St. Luke's or e-mail to [chronicle@stlukeshr.com](mailto:chronicle@stlukeshr.com)

Editor: Bob Oliver 303-791-7302

**PHONE/E-MAIL/WEB SITE**

For more information please contact the church office.

Phone: 303-791-0659

Fax: 303-470-5615

SLY-line: 303-791-0659 ext. 45

E-mail: [office@stlukeshr.com](mailto:office@stlukeshr.com)

[www.StLukesHR.com](http://www.StLukesHR.com)

**..... Emergency .....**

Dick Evans: 303-683-6965

Fred Venable: 303-690-5759

Dave Money: 303-932-1035

Steve Riley: 303-887-4878



# The Chronicle

A NEWS & INFORMATION EXCHANGE FORUM

AUGUST 2002

## Back-to-School: An Invitation to Learn and Grow in Faith

By Michelle Mallory

In September, St. Luke's begins a new year of Christian Education, and you are invited to explore what these programs offer. This year, you will find more ways than ever to study and nurture spiritual growth, and to connect with others in a community of faith.

This issue provides a glimpse of the educational line-up at St. Luke's. Maybe you have in mind an engaging Sunday morning program for your children. Perhaps you are looking for an in-depth study of the Bible. It could be a small discussion group or a leadership workshop will meet your needs. Whatever your educational focus, chances are, there is something just right for you here.

Christian Education is an important way St. Luke's reaches out to us as we reach for deeper understanding of our lives and our faith. Look at some of the opportunities for learning—they are within your reach.

### A PEAK Adventure

That's what's in store for children in preschool through 6th grade when St. Luke's embarks on a completely new approach to Sunday school. PEAK—Purposeful Experiences and Activities for Kids will make Sunday morning learning an exciting journey for your children.

The new program is based on a Workshop Rotation Model that is gaining momentum across the country. It brings to life one Bible story at a time for 4 to 6 weeks. "We're trying something new and different," explains Jenita Rhodes, Director of Children's Ministries. "It's engaging because children experience the story through hands-on learning. And by using multi-sensory techniques, the message reaches all learning styles."

Each week is a new adventure, and children take in the story through age-appropriate music, drama, storytelling, videos, computers, arts and crafts, puppetry, and cooking workshops.

The first rotation, from Sept. 8 through Oct. 13, in a series of 8 rotations throughout the year, reveals the story of Joseph Living in a Land of Many Colors. Register your child anytime this month and be ready for the program kick-off on September 8.

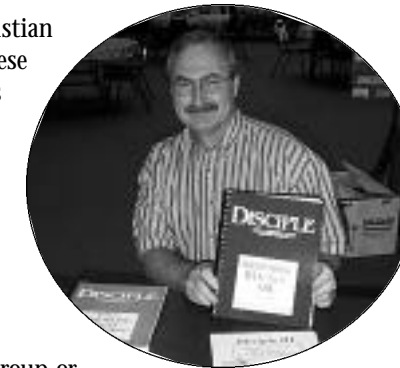
"The program is as much a growth opportunity for youth and adults as for children," reminds Jenita. Lend your passion and talents to the program by teaching, guiding, coordinating, creating an atmosphere, or leading music. The only requirement is a loving heart and a willingness to share it with children.

Get ready for a Sunday morning adventure like no other! Call Jenita Rhodes at the church or e-mail [jenita@stlukes.com](mailto:jenita@stlukes.com) to find out more.

### Adult Education—Lifelong Learning

"Never assume you've learned enough about the Christian life." Good advice from Rev. Fred Venable. While the children of St. Luke's embrace their faith through education, adults can also explore their own journeys.

*continued on page 3*



## Fall Kick Off 2002 Sunday, September 8th!!

This year's fall programs begin with a "kick off" celebration, including lunch and music, and featuring highlights of St. Luke's community and small groups. Don't miss it!!

**Worship:** Join St. Luke's for worship (8am, 9:30am & 11am) when we will honor many of the people who serve St. Luke's in many various church and community ministries.

**Promotion Sunday:** This is the important day that the children and youth of St. Luke's move to their new grades:

**Preschool Children:** Children, who have been attending nursery, two, three and four year old classes will check into their same rooms. Then their teachers and parents, who want to stay, will take the children to their NEW Sunday School room as a group.

### Elementary Children—PEAK Adventure:

This is the first day of the PEAK Adventure workshop rotational program for children in grades 1-6. Check-in to new class rooms in the Goliath open area downstairs.

### Youth "SLY" Program:

Sunday School resumes at 9:30am for all youth. Evening kick off dinner and program 5-8pm. Parents are invited.

**Ministry Fair:** We will celebrate together as you discover how to connect your unique gifts and passions to the St. Luke's community through: small groups, teams, activities, personal relationships, personal and spiritual growth, and missions.

**The lunch, followed by music and a puppet presentation by One-Way Street, starts at Noon, Sunday, September 8th!!**

If you are a small group leader and want to reserve space to highlight your group at the Ministry Fair, please contact Kristi Frush, Director of Ministry Development, at 303-791-0659 x20 or at [Kristi@stlukeshr.com](mailto:Kristi@stlukeshr.com)

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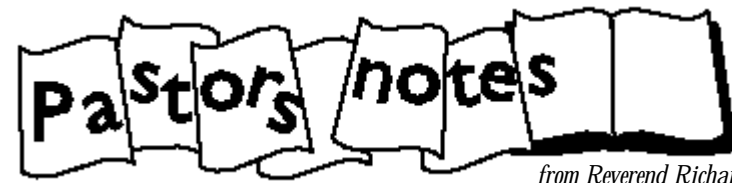
...AND MUCH MORE!

ST. LUKE'S UMC / 8817 SOUTH BROADWAY / HIGHLANDS RANCH, CO 80129 / 303-791-0659



ST. LUKE'S UNITED METHODIST CHURCH

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John Wesley, founder of the Methodist Church, once received a note that said: "The Lord has told me to tell you that He doesn't need your book-learning, your Greek and your Hebrew." Wesley answered, "Thank you, sir. Your letter was superfluous, however, as I already knew the Lord has no need for my 'book-learning,' as you put it. However, although the Lord has not directed me to say so, on my own responsibility, I would like to say to you that the Lord does not need your ignorance either."

Maybe John's response was a little acerbic, but I'm glad to know our founder could "dish it out" when he needed to. This 'Pastor's Notes' isn't about dishing it out, or about ignorance. It is about learning. We don't have classes on Greek or Hebrew right now, but we do offer a variety of learning opportunities. Some use books; some are experiential; some involve an hour; some involve several hours; some are on-going; some are local; some are international; some are small groups; some are large groups; some are supportive; some are challenging; some are personal; some are social; some are Bible-oriented; some are issue-oriented; some are... well, you get the point. They all try to be Invitational, Relational and Missional.

Philosopher Alfred North Whitehead once suggested that people usually approach life with routine, but sometimes need to draw upon understanding. It saves time to tie my shoes without reflection. But if I hurt my hand, I may have to reflect—how do I do this? Get a friend to tie my shoes? Get some slip-ons?

If we thought we could live routinely before, after 9/11/01 we find that we can't. There is much we need to understand. Part of being a community of faith is seeking to address the questions of our lives, in our time, with the resources of faith.

Our Adult Education Ministry Team is developing some wonderful opportunities for our learning together. I hope you will be a part of them.

Shalom,

*Dick*

### How much do you know about St. Luke's?

Our Senior Pastor has asked me to develop a unique course that discovers the "Spirit of St. Luke's" so on September 15th I will begin a class tentatively named "St. Luke's Basics." This will be a foundational study discovering what it means to be a St. Luke's-style Christian. St. Luke's is different from other churches, even other United Methodist churches. What are those differences? What makes us unique? Is it our approach to the Bible, or our theology, or our lifestyle, or our courageous search for the truth? We are a diverse group, but some truths do hold us together. We'll take a courageous approach to discovering our identity. It should be enlightening and loads of fun. Don't make the mistake of thinking you know more than you do, and don't need this adventure. This class should cover about thirteen weeks. The September class will help rewrite the material for the next class beginning in January. Your contributions are needed. - Associate Pastor Fred Venable



## Prayer Chain

Please keep these members, friends and concerns of St. Luke's in your prayers:

- Olivia Murrow;*
- The Nash family,*
- friends of Joely and Steve Maddux;*
- Karen Coleman;*
- Renie Sanek's brother, Don Palidwar;*
- Brad Chase's brother, Robert Chase;*
- Nelle Ferguson;*
- Nick Frush's grandmother, Patricia;*
- Chris Richards' aunt, Carolyn Richards;*
- Dorothy Day;*
- David Hall, Sherry Merrill's nephew;*
- Adele Givens' brother, Delbert Merritt;*
- Marcia and Don Enger's daughter, Kate;*
- Christy Blakely's dad, Bob Stong;*
- John Mann;*
- Louise Smith's daughter-in-law, Audrey Smith;*
- Matthew King;*
- Paul Gardner;*
- Maria Fox's dad, Manuel Pena;*
- Joan Venable;*
- Elizabeth Laurvick's brother, Ernie White;*
- Nancy Obertier;*
- Carole Sue Woodrich's friend, Doris Ross; and*
- Pam Zajak's dad, Gene Wlazik.*

We continue to pray for:

- Stewart Brown;*
- Corina Hall's friend, Freddy Arch Page*
- Tammy Clement's mother, Betty Nelson;*
- Earl Lawrence's sister, Lee;*
- Sharon and Bud Scholle's daughter, Lana Corbin;*
- Paul Zavacki's dad, Stan Zavacki; and*
- Brittan Griffith.*

We extend our prayers and sympathy to:

- Jan Williamson and family*
- on the death of her sister, Pauline;*
- Renie Sanek and family*
- on the death of her sister, Ruth McWilliams;*
- Brian Woodrich and family*
- on the death of his mother, Sara Jane Woodrich;*
- Dawn Anderson and family*
- on the death of her brother, Rob; and*
- Clayton Roberts and family on the death of his wife, Mimi; son, Jake; and daughter, MacKenzie.*

If you have a prayer concern, please contact the church office or Dianne Johnson (303-791-3477)

# Wednesday Night Live

## Need a 'faith-fill' by Wednesday night?

St. Luke's is continuing the Wednesday Night Live programs! WNL is designed to nourish our spirits as well as spark our sense of community. If you and your family would like to gather in the nurturing, Christian environment of St. Luke's for a mid-week spiritual lift, WNL is for you!

Every Wednesday evening St. Luke's will provide adults, youth and children opportunities for learning, faith building, renewing old friendships, and creating new relationships. "The World's Most Dangerous Bible Study" for youth, WNL Kidz Club, and Cherubs Choir and Kidz Pray are proven to be very educational and enjoyable for 3 to 18. New Christian education programs are also

stirring! Adults are encouraged to fill out the survey on the WNL registration form below. We want to meet your needs and look forward to hearing what WNL small groups you would like to participate in!

Oh, don't forget, WNL offers you and your family a night out of your own kitchen too! Yes, we will continue to offer WNL Community Dinners starting Sept. 18th! Many of you (nearly 200 people every week) shared in this time of fun and fellowship during the last few months! Dinners are provided by members and constituents of St. Luke's. Sign up in the Narthex to participate!

WNL Fall programs begin Wed., Sept. 18th. To ensure success and adequate preparation for the Wednesday evening programs, we ask that you register you, your family and friends

on or before Sept. 18th. (We need to know whether we'll have 5, 50 or 500 folks!)

Please consider joining us for WNL! We invite you to celebrate God's presence in our lives and support one another through our life journeys. Register NOW and experience the spirit of St. Luke's!

Please complete and return the WNL registration form into the church office or WNL box in the Narthex. You may also mail it to: *St. Luke's WNL, 8817 South Broadway, Highlands Ranch, Colorado 80129* - Or register online at [www.stlukeshr.com](http://www.stlukeshr.com).

For more information on WNL or to take part in its development, contact Kristi Frush at 303-791-0659 or [kristi@stlukeshr.com](mailto:kristi@stlukeshr.com).

## "WNL" Registration Form

### WNL Small Groups for Adults:

6:15-7:15pm

WNL for Adults wants you to have the opportunity to get a mid-week uplift or time just to spend with members of your church family. We want to know what small groups you would like to see being offered during WNL. So take this opportunity to tell us what it is that you need from your church. There are some interests that have already been expressed for WNL for Adults! Please use this survey to express your interest in either one of those groups or to share another idea of your own! As we gather interests and form new groups, you will be personally invited to participate. Thank you!

### United Methodist Women's Bible Study Circle

Yes - # of Participants \_\_\_\_\_

I could help Lead \_\_\_\_\_

### Active Parenting Study Group

Yes - # of Participants \_\_\_\_\_

I could help Lead \_\_\_\_\_

### Other Needs?

\_\_\_\_\_

### Home Improvements: 6:15-7:15pm

*Natalie & Dennis Rodriguez*

The Home Improvements small group is open to all couples for fellowship and support. Discussions range from family, parenting, relationships to faith development issues. Social gatherings are created from time to time outside of the WNL program.

Yes - # of Participants \_\_\_\_\_

### Community Dinner : 5:30-6:30pm

Join your church family for WNL Community Dinners. St. Luke's members provide good meals and service with a smile as people gather together for fellowship. Allow yourself a night out of your own kitchen and join your St. Luke's family for dinner every Wednesday. Menus will be provided in the Narthex and in the church office. Suggested donation for dinner: \$4/person; \$2/child under 12?

Yes, I/We will attend dinners on a regular basis.

### Cherubs Choir : 6:15-7:15pm

*Stacey Baird, Sharon Oliver, Nancy Betts*  
Musical and movement experience for 3 yrs to Kindergarten.

Yes - # of children \_\_\_\_\_

### Kidz Prayz I and II: 6:15-7:15pm

*James Ramsey, Carrie Mallery & Janet Harm*

Last year was a HUGE success for the Kidz Prayz programs. Kidz Prayz allows kids a chance to sing a variety of Christian songs and play several different kinds of instruments while praising God. The program will enhance your child's musical learning while opening new opportunities of learning for others. All children are encouraged to join and participate. Please know, consistent attendance is key for the quality of Kidz Prayz programs.

Yes Kidz Prayz I (children 1st & 2nd grades)

# of children \_\_\_\_\_

Yes Kidz Prayz II (children 3rd-6th grades)

# of children \_\_\_\_\_

### WNL Kidz Club: 6:15-7:15pm

*Jenita Rhodes*

Kidz Club is a great opportunity for kids to discover what it is to be a Christian, grow in their faith and build deeper, closer relationships with each other, their mentor leaders and God. Kidz Club mentors and children alike enjoy lively discussion and at times games and crafts.

Yes - # of children \_\_\_\_\_

Ages of children: \_\_\_\_\_

### WNL for Youth: 6:15-7:15pm

*Aaron Shipman, Beth Debonis*

"The World's Most Dangerous Bible Study" is still on! A blending of the secular and the sacred as Jr. and Sr. High explore the emotions of pop music and the personalities of the bible.

Yes - # of participants \_\_\_\_\_

### St. Luke's Basics: 6:15-7:30pm

*Fred Venable*

A foundational study discovering what it means to be a St. Luke's-style Christian.

Yes - # of participants \_\_\_\_\_

*Nursery is provided from 6:15-8:00pm.  
Call Lynne Butler for more information or for reservations at 303-791-0659 ext.47.*



# Music Notes:

**Strike up the Band!.. And Choirs!... And Handbells!**

After taking a brief hiatus during the summer, many of the music ensembles at St. Luke's will begin their weekly regular schedule to sing and play during worship services, concerts and programs for the upcoming year. There are many opportunities for music making, fellowship and fun in every ensemble. If you have any questions regarding any ensembles in the music program at St. Luke's, please don't hesitate to call me or email me at the church. I look forward to seeing some new faces participating this year! - *James Ramsey*

**Come join us!! Starting Rehearsal Times:**

**Handbell Ensemble**

Tinntinabulators: August 27th from 7:00-8:30pm in Asbury Music Room

**Instrumental Ensembles**

Flute Ensemble: September 7th from 8:00-8:50am in Asbury Music Room

Brass Ensemble: September 7th from 9:00-9:50am in Asbury Music Room

Ministers of Swing big band: Sept. 7th from 10:00-11:15am in Asbury

Sonrise will continue rehearsing on Wednesday evenings at 7:30pm.

**Choir Ensembles**

Cherub's Choir (3yrs-K): September 18th from 6:15-7:00pm in Goliath

Children's Choir (grades 1-6): September 15th from 8:45-9:25am in Asbury

Joy-full Noyz Youth Choir (grades 7-12) is part of SLY kickoff on

September 8th, 5:00-8:00pm

Chancel Choir: September 5th from 7:30-9:00pm in Asbury Music Room

Women of Note will continue rehearsing on Thursday evenings at 6:30pm.

**Music Programs**

Kidz Prayz I (grades 1 & 2) : September 18th from 6:15-7:15pm in Asbury

Kidz Prayz II (grades 3-6): September 18th from 6:15-7:15pm in Asbury

## About Kidz Prayz I & II

The Kidz Prayz program is designed to enhance each child's cognitive development through musical learning within a Christian environment. Cognitive development is achieved in a variety of means with music making. It is primarily recognized when the child creates music through synthesis of previous learning, consequently one of the highest forms of learning. In addition, the child will also continually expand and advance their gross motor skills by playing a variety of instruments. It is our sincere desire not only to foster this philosophy of musical education within the community of St. Luke's for the benefit of each young participant but also to recognize the importance of music's role in educating the young mind.



- Prayer/Joys and Concerns: Sharing our faith provides the central theme for the activities. Praying together fosters this faith relationship with God and the children. In addition, it also teaches compassion by sharing joys and concerns.
- Movement: Creating activities that use movement as a means to incorporate many developmental skills such as body awareness and gross motor skills are also key to the program. Structured movement activities develop cognitive skills such as mirroring which enhances literacy.
- Music: Singing, playing instruments, learning about patterns in music, and creating their own music are only some of the opportunities they will have in the Kidz Prayz program. Children will participate in a variety of musical activities.

Consistent attendance and being on time is paramount for the success of this program as each activity builds upon previous experiences which inherently builds self esteem for each child.

If you are interested in having your child participate and would like more info about the 13-week Kidz Prayz program, please contact James Ramsey or Carrie Mallery by phone or email.



## St. Luke's Music Ministry

**Music Team Coordinators & Directors:**

*James Ramsey, Director of Music Ministries*  
Jim@stlukeshr.com  
303-791-0659 x23

*Carrie Mallery, Associate Director of Music*  
Carrie@stlukeshr.com  
303-791-0659 x48

**Tinntinabulators**

*James Ramsey, interim director*

**Flute Ensemble**

*Ruth Smith*

**Brass Ensemble**

*Erik Wangsness*

**Ministers of Swing**

*James Ramsey*

**Cherub's Choir**

*Stacey Baird/Sharon Oliver/Nancy Betts*

**Children's Choir**

*Kay Coryell*

**Joy-full Noyz Youth Choir**

*James Ramsey*

**Chancel Choir**

*James Ramsey*

**Kidz Prayz I and II**

*James Ramsey/Carrie Mallery/Janet Harm*

**Sonrise**

*James McCurry*

**Women of Note**

*Sallie Suby-Long*



## Corner

### All Work Day is September 7th!

Trustees

Well, now that the long hot days of summer are coming to a close, attention on our team has turned to getting our church home ready for fall and winter.

Please plan to join us on Saturday, September 7th for our general cleaning and fall fix-up.

This time our generous sponsoring teams include the amazing SLY folks, and the St. Luke's Drama groups. We plan to begin at 8:00 and complete by 12:00 noon so everyone can make other commitments for the afternoon.

This time we'll be doing general outside and inside cleanup - we've got short jobs for short folks, tall jobs for tall folks, and everything in-between for the rest of us! We work to match small teams of volunteers with projects so we have a lot of fun, and the church gets needed attention.

Even if you're not in one of the sponsoring teams, this is a great way to meet others, and we can really use a big turnout, so come one come all!



## We are up and running!

After much anticipation, our new elevator has been completed and is ready for operation. It's first official trip, with Lauren Blakely and friends aboard, took place Sunday June 30th after a ribbon cutting ceremony. Many thanks to those who contributed and helped make accessibility a reality for St. Luke's.

*cont. from page 1*

Martha Riley, the church's new Adult Education Coordinator and a dynamic team have been busy expanding the adult curriculum. They invite you to take part both for the sake of learning and to gain a feeling of connection in the church. Martha points out another benefit: "Adult education classes help you pass on beliefs to your children. Kids learn in Sunday school, but they learn more from you at home."

In the next few weeks, the Adult Education team will present "A Taste of Adult Education" during Sunday services. It's a chance to "sample" classes, small groups, and workshops. Get a feel for already popular classes, such as:

- **Disciple I-IV**—A series of classes for students who are ready to take an in-depth look at the Bible and find meaning in the Word
- **Christian Connections**—Fosters connections with others through discussion and fellowship
- **Sunday Morning Studies (formerly Study of Islam)**—Provides ongoing study and reflection of religious topics
- **Serendipity Small Groups**—Offers a 6 to 8-week study of issues based on the published "Serendipity" curriculum

In addition, the education sampler will unveil new classes slated for the fall. Consider these possibilities:

- **St. Luke's Basics**—Find out what our church is all about—what we believe and why. Rev. Venable will begin this 13-week series to help you build a foundation for growing in faith at St. Luke's.
- **Meeting Jesus Again for the First Time**—"It's for anyone who thinks about Jesus," says Rev. Venable about this new class in the works. Based on the book by Marcus Borg, this class could renew your ideas about Jesus after considering how his words have been reinterpreted throughout history.
- **Business Owner's Small Group**—Though still in development, this group will be a new source of support and connection for those who share the common goal of making a business thrive.

Sign-up details and schedules will be part of "A Taste of Adult Education." You can call Martha Riley at 720-529-0296 or Fred Venable at the the church with questions or ideas.

### Leadership Potential

If you lead any program at St. Luke's or you have an interest in guiding others, take part in a new leadership training later this month. The program offers a practical focus on skill-building and mentoring techniques. However, what makes this training unique is the focus on personal discovery. Part of growing into leadership is "discerning God's call for you," says Kristi Frush, Director of Ministry Development, who is helping to develop the program. **The 1 hour leadership workshops will be Wednesday, August 21 at 7:00 pm and Sunday, August 25 at 8:00 am and again at Noon.** Call Kristi Frush at the church or e-mail Kristi@stlukeshr.com.

### Accept the Invitation

Read more about educational opportunities at St. Luke's in these pages. This is your invitation to find a path for learning, understanding faith, and sharing with others. Accept by taking part in the new education year.



*Welcome!*

### New Members: June 2002

**Troy & Dawn Anderson**  
9231 Aspen Creek Way  
Highlands Ranch, CO

**Suzanne Kalutkiewicz**  
5033 Dakota Run  
Littleton, CO

**Bill & Carolyn Maddox**  
6380 W. David Drive  
Littleton, CO

**Donna & Dan Magee**  
22396 Quail Run Drive  
Parker, CO

THE GIFT THAT KEEPS ON RECEIVING

## Doing Something Meaningful for God

By Dennis Becker

Betsy Keyack is passionate about missions. Her greatest joy in life is "to do something meaningful and important for God." When Betsy was pursuing a career, she found that a lot of what she did was just earning a pay check. That's important, but is it meaningful? Now that she is retired with her husband, Ken Fong, you can find both of them all over St. Luke's doing what is meaningful and important.

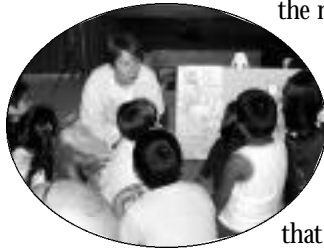


Betsy and Ken came to St. Luke's in 1999. They had retired, had family in the Denver area and decided to move here. Ken came to Denver to look for a house. While here he also looked for a church. Betsy and Ken attended a United Methodist Church in New Jersey, so Ken attended St. Luke's as part of his house hunting. The sermon was good and the people were friendly that Sunday so the search for a church ended almost as soon as it started.

Betsy immediately inquired about the mission program at St. Luke's, went to a missions committee meeting to check it out and now finds herself co-chairing the missions program with Laurie Gilbert and Andrea Mezger, dreaming about and planning missions activities.

But Betsy is more than a dreamer and planner. She is also a doer. She is involved in the DenUM Outreach Volunteer Experience, better known as DOVE Days, sponsored by Denver Urban Ministries. One of the DOVE Days was at Grant Avenue Street Reach at a downtown Baptist church. Every Monday afternoon a spaghetti dinner is offered to people who are homeless or poor. Betsy greatly enjoyed chatting with the diners and learning a little about their lives. Betsy also tutors young people in Math at Denver Inner City Parish La Academia School. The students and the Math are fun. She has taken her two daughters Kristine, age 13, and Kara, age 8, to nursing homes to do skits and visit with the residents. To see their smiles is reward enough. As an active member of St. Luke's Caring Connection, she has made some wonderful older friends.

Betsy's most recent mission experience was the mission trip to Muscatine, Iowa to work with the San Pablo UMC in reaching out to a large and growing Latino and Hispanic immigrant population. She and her family, together with other people from St. Luke's, conducted a Bible Day Camp for the neighborhood children. They played games, made craft projects and told Bible stories. Then on Saturday the church sponsored a carnival for the neighborhood. "I just fell in love with the kids," says Betsy.



Iowa was Betsy's first mission trip from St. Luke's. Ken was on the earlier trip to Cambodia. This winter both Ken and Betsy will be going to Cambodia. Betsy says of the Iowa experience, "It was exciting to understand what the needs were and being a part of what the church is trying to do."

Betsy is excited about missions and she joyfully shares that excitement. She hopes that people of all ages can become involved in missions, especially families with their children. She says, "You can do missions even if you have small children and are working full time. Sometimes I took a day off of work to do missions projects. Even if you're a busy family with little kids, you can do something. The rewards of reaching out and sharing life with others are great. There is a lot of satisfaction in filling a need in people's lives, of seeing a smile, of sharing an interest or skill, of following in Jesus' footsteps. It may be difficult, but it can be done." Her advice is, "Start small with a doable project. Do something for an hour or half a day. Just get involved."

You can check out the mission activities by contacting Betsy. The Missions Committee meets on the 2nd Wednesday of each month at 7:00 p.m. Come to visit or join the committee. Learn more about missions. Check it out.

Betsy's last word, "If everyone does something once a year, we can make quite an impact."

## August: Take your Kids to Worship Month!

Sunday school for kids 3rd grade through Sr. High will be suspended for the month of August. The worship services are going to be addressing topics from which our kids could benefit.

**Aug. 4** - John Wesley Live!

**Aug. 11** - Movie Sunday. Where do we find our faith in films

**Aug. 18** - Donor Sunday. Life is a good idea. Olivia Murrow's experience and information on donations of living organs.

**Aug. 28** - Hymn Sing Sunday. Presented as an old style Camp Meeting. An opportunity to learn about, hear and sing your favorite tunes.

## Like to Play Cards? Join the St. Luke's Bridge Group



When: First Saturday of Each Month-7pm

Where: St. Luke's UMC

Next Meeting: September 7th, 2002 (this will be a kick-off meeting for the new year)

Who We Are: A Social Gathering for those who enjoy playing bridge.

For the challenge of an exciting evening of bridge, come join the St. Luke's Bridge Group.

We meet every first Saturday of the month at the church except on holiday weekends. Our next meetings are on September 7th and October 5th, at 7:00 pm at St. Luke's. If you have any questions or would like to join us for an animated evening with the Bridge Group, please call: John and Andrea Mezger at 303-791-7350 or Harvey Eastman at 303-791-1519 (or email at hseastman@mactec.com).

In July, we had a turnout of 12 players. The winners for the night were Irv Durban (3610 pts), Steve Blue (2870 pts), and Bill Barber (2600 pts).

Be sure to bring a dish of your favorite snack or dessert! Our bridge games can bring out an appetite.



## Children's Ministries Update

**PEAK is coming!** It's unique! It's exciting! And it will be engaging and educational for all ages! St. Luke's is on the cutting edge of children's Sunday morning education. It's called PEAK Adventures and it's a new way of teaching the kids about God and the Bible. We will focus on one Bible story in a different workshop each week for four to six week rotations. Each rotation will end with a Celebration Sunday where we will celebrate what we have learned and introduce the next rotation topic and workshops. Our first rotation will focus on faith through the story of Joseph and his coat of many colors. The workshops included will be:

- Drama
- Computers
- Cooking
- Science
- Bible Knowledge
- Arts, where they build and create based on their experience.

How can YOU be involved? Working in teams of two, you might be a:

- **Trailblazer:** helps organize one workshop area for all rotations in which it will be used.
- **Ranger:** teaches the actual workshop on Sundays for one or more rotation.
- **Guide:** stays with their grade level class each week and are the ones who welcomes the kids and becomes the familiar face that the kids will see when they come on Sunday.
- **Minstrel:** Individuals who lead the 1st-6th graders in the opening of music, offering and prayer and teach the pre-schoolers and Kindergartners those simple Bible songs.

You don't need to have children in our Sunday program to join the fun. Just sign up in the narthex or contact Jenita Rhodes or Lynne Butler at the church or by email. **Our children need you!**

Training will be provided on:

- Saturday, August 17 at 9 am
- Thursday, August 22 at 7 pm

For more information on summer fun and fellowship for our children contact Jenita Rhodes at ext. 27.



**Son Canyon: River Adventure** was a huge success! The children had a great time singing songs, playing games, making crafts and learning to follow God's instructions—how to choose friends wisely, make peace, show respect, and trust Jesus. There were 165 kids from 3yrs-5th grade that attended Vacation Bible School, plus we had a wonderful group of adult and youth helpers and we could not have made it work without them. Thank you to everyone who helped in any way! We were able to cover our costs and the remaining amount goes to help fund Children's Ministry programs.

## The LITTLE PEAK Program: Sunday school for 2 yrs – Kindergarten

We are very excited to kick off our new, fall Sunday school program for 2 year olds though kindergarten: "Little PEAK!" We are working hard to put together a fun and stimulating curriculum for the younger kids that will be similar to what the 1st – 6th grade kids will be doing in the PEAK rotational program. Our first six weeks of lessons will focus on Joseph and his coat of many colors. This will be exciting as St. Luke's will be presenting this musical in November and the kids will be able to learn the lessons and watch the play. We would love to have you join us in teaching the kids about Joseph. It is very easy to be a Sunday school teacher. You do not need any teaching experience because the lesson is planned for you. There is also very little prep time involved since all of your supplies are waiting in your room for you each week. In order for a Sunday school program to work, everyone needs to help and the rewards are many. Please consider helping to make a difference in the lives of our littlest children and contact Lynne at 303-791-0659 ext. 47 or email at lynne@stlukeshr.com.



## nursery news

Our Nursery "Caregivers of the Month" for July and August are Mike and Joey Miyaki. Mike volunteers his time on Sunday mornings to help keep our kids safe and happy. In fact, Mike has built up quite a fan club in the Nursery. When he leaves the room the kids stand at the door waiting for him to come back. Joey is Mike's son and he is a great help in the Nursery. He plays mostly with the

one-year-olds and he is great at building blocks and reading them stories. Our Nursery is very lucky to have both of them!

As we get back into the fall activities, please remember that reservations need to be made for all activities. If no reservations are made for an upcoming event, we will tell our scheduled caregivers that they are not needed. You may make a reservation by calling Lynne at 303-791-0659 ext. 47, email Lynne@stlukeshr.com or make a reservation on the St. Luke's website. You never need to make a reservation for Sunday services.

The Nursery is in need of paid, adult workers. If you like working with young children then we would love to talk with you. The days we offer childcare are Sat. and Sun. mornings and Tues., Wed., and Thurs. evenings. Your schedule can be very flexible. You can contact Lynne at 303-791-0659 Ext. 47 or email Lynne@stlukeshr.com.

# Insights from Dalai Dy

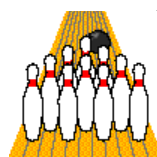
I would like to share a personal story about hope in what seemed to have been a hopeless situation. From 1975-1979, Pol Pot, a fellow Cambodian, was the most wicked ruler of Cambodia. He imposed the most horrendous government upon the citizens of Cambodia. Under his leadership, he forced all Cambodians to move out of their homes into long-houses in the countryside to take up farming. Cambodians would work 14-18 hours a day, every day in the year, and were given only 2 tiny and unhealthy meals per day. If a Cambodian was sick and could not go to work, the soldiers would accuse them that they were lazy and would kill them. Cambodians had no freedom, not even the freedom of speech. Each morning, parents were separated from their children. They reported to the field for work for about 14 hours of hard laboring work in the hot sun. The children were given other kinds of job to do, for example, watching cattle, or feeding chicken. The children were taught to spy on their parents and report anything that their parents said or did about the government to the soldiers. Many times the parents were killed because of the report that their own children made. Pol Pot regime was designed to destroy not only the individual, but the family relationship.

Under these horrible circumstances, my father reached a point in his life where he considered committing suicide. He, like most Cambodians, felt so hopeless. He decided that it would be better to die by suicide rather than starvation, or being murdered by the soldiers because he was unable to work. He attempted suicide several times, but each time God spared his life. After one of his suicide attempts, my mother asked him why he wanted to leave her and the children behind. My father's response to my mother was, "I love you, I love our children, I want to spend the rest of my life with all of you, but I just have no more hope to go on."

None of my father's suicide attempts was successful. It was because of my mother who helped him to restore his hope to live on. If my father had completely given up hope to live, he would have missed seeing his children growing up to be a blessing to him. He would have missed seeing my older brother get married. He would have missed enjoying a beautiful marriage to my mother and growing old together. He would have missed the freedom that he now has and the joy of being a pastor. He would have missed all of these blessings that God had in store for him.

So when you face a difficult time, remember to allow someone or something to give you hope, otherwise you may miss some of God's most precious blessings in life.

## 10 Good Reasons to Join the St. Luke's Bowling League



1. Great exercise.
2. Good company.
3. Makes up for a Manic Monday.
4. Pretend the head pin is your boss's head.
5. You meet some very interesting people.
6. Much more fun than a movie, but about the same price. Cheaper if you include the food.
7. You will have a Ball!
8. Great discounts on bowling at other times.
9. You can be a turkey and feel good about it.
10. The best way to end a game is to strike out.

The St. Luke's Strikers are getting ready to kick off another exciting year of bowling.

We don't just bowl, we have fun! We bowl once a week at the AMF Broadway bowling lanes in Littleton between Littleton Blvd and Belleview, only 10 minutes from the church. We are a mixed league (men and women), so bring your spouse. If you haven't bowled before, you are in good company, and you do get a handicap. Last year, we bowled on Monday nights at 6:30 p.m., with practice beginning at 6:15. However, we are open to suggestion as to alternate evenings this year. We welcome your input. For more information, please call Harvey Eastman at 303-791-1519 (hseastman@mactec.com) or Peter Thompson at 303-791-3407 (silyp@aol.com).

## Little School is Gearing Up for Another Spectacular Year!



After a refreshing summer, we are VERY excited to begin our 8th year at Little School. We have added new, wonderful teachers and again have an outstanding staff! The school will be decorated and ready to go for the first day of Little School, WEDNESDAY SEPTEMBER 4TH!

**Please note that we have changed our orientation for students this fall!**

THURSDAY AUGUST 29TH  
Parents ONLY (no children)  
Meeting with Teachers & Ms. Kay

- M/W & MWF am and pm from 6:30 to 7:30 pm (with teachers in classroom 6:30 to 7 & Ms. Kay-sanctuary 7:00 to 7:30pm)

- T/TH & FRI BUNCH from 7:00 to 8:00 pm (with Ms. Kay-sanctuary 7:00 to 7:30 & teachers in classroom 7:30 to 8pm)

CHILDREN'S OPEN HOUSE  
TUESDAY SEPTEMBER 3RD  
10 am to Noon

Please drop in and meet your teacher and see your room!

Little School has office hours on Tuesdays and Thursdays in August. If you are currently on our waiting list, and have not heard from us, we probably unfortunately do not have an opening. If you are still interested, please let us know!

We hope that you have had an excellent summer and we are looking forward to helping your children grow in God's Grace!

Lovingly,  
Ms. Kay ☺

## SLY Activity Calendar

### AUGUST

- 7..... Breakfast Club/WMDBS. Last one of the summer, 10am-11:30am at Einstein's Bagels in HR, Safeway Shopping Center at HR Parkway and S. Broadway. Both Arapahoe and HR Breakfast Clubs will resume the week of September 8.
- 11..... Messy Games!!! Here at St. Luke's from 6-8pm
- 18..... Summer Celebration Scavenger Hunt at the Denver City Zoo. 1-7pm, bring a sack dinner and spending money.
- 24..... Youth Leadership Team Planning Retreat. Call Aaron for details.
- 25..... AIDS Walk with the St. Luke's Team. Combine your love of walking and helping others. By participating in the 15th annual Colorado AIDS walk. We will meet at 7am at St. Luke's before heading downtown for registration and the opening ceremonies. The walk begins at 10am. Sign-ups are available from Aaron's office or Susan McIntosh. (303)347-0727. SLY will then spend the afternoon in LoDo and return to the church by 4pm.

### SEPTEMBER

- 1..... No Evening SLY program; Labor Day Weekend
- 7..... Church Work Day; Youth are sponsoring. Come out and participate with the church family in getting ready for Fall Kick-off.
- 8..... Fall Kick-off!!! Sunday School resumes at 9:30am for all youth. Evening kick-off program begins at 5-8pm. Parents are invited to come and join us for dinner and a special parent of teens presentation.
- 10..... HR Breakfast Club resumes 6:30-7am, Einstein's Bagels
- 11..... Arapahoe Breakfast Club resumes 7-7:15am, Einstein's Bagels across from AHS campus  
Memorial Service in the evening, time TBA.
- 15..... Regular SLY Schedule

### Regular SLY Sunday Schedule

- 9:30am Sunday School
- 11:00am Friends in Faith Class with Linda
- 5pm Joy-full Noyz Youth Choir
- 6pm Youth Dinner
- 6:30-8pm SLY Evening Fellowship

### \*NOTE\*

There will not be Youth Sunday School for the month of August. This is to give your teachers a break and to give you an opportunity to participate in family worship services. Upcoming Events: Pumpkin Patch begins at 4pm Oct 4 with the arrival of the pumpkins.

## \* SLY - a place to grow, love, pray and laugh \*

Welcome to Beth Debonis, St. Luke's New Associate Youth Minister. We are so blessed to have you!

Youth Mission Trip, July, 2002 The St. Luke's Youth left for a 10-day mission trip on Friday, July 12. The group consisted of 25 youth and 4 adults. The first stop was Albuquerque, New Mexico. There, on Saturday, they visited the Southwest Organizing Project, or SWOP, to see the work they are doing for people living in the South Valley of Albuquerque. One of the projects visited was Intel, where Ravi and Lolita show how they monitor the air quality. We were also fortunate to visit the Maher's (former St. Luke's members), who graciously hosted a pool party for us. On Sunday, July 14, they cleared trash on the road to the Pajarito Mesa (see the after and before pictures, below). This road is the primary access for many people on the Mesa, which provides low cost housing; for example, school children walk this road to get to school. 42 large trash bags were filled by the mission team.

The group arrived in Flagstaff, Arizona, Sunday evening. Monday, the team worked all day on a duplex for married students at the Indian Bible College. The work consisted of painting the outside of the house and excavating the basement to allow the installation of new support columns. A great deal was accomplished during a satisfying work day. The culinary event of the evening was Laura Boon's now infamous "disinfectant pot" chili mac.

Tuesday, Aaron made a fantastic breakfast of pancakes, bacon and eggs for everyone. The team then left for Las Vegas, a rest stop on the way to Salt Lake City. We had a rest stop at Bullhead City, on the Colorado River and the Nevada border, for lunch, and then visited the Labyrinth at St. Andrew's Catholic Church in Boulder City, Nevada.

On Wednesday, we had a wonderful, but unplanned, lunch in the Cafe at the Bellaggio on the Strip and then drove to Salt Lake City. On Thursday, we had a long but very productive day. 2/3 of the team worked outside at the new Mountain Vista UMC, working on their landscaping and cleaning up their vacant lot. We filled a very large dumpster with overgrowth and trash from the lot. The rest of the group cleaned, painted, and sorted at the Crossroads Urban Center Thrift Store.

The Friday morning schedule contained a workshop led by the Crossroads group, and then driving to Glenwood Springs for rafting.



Dear Youth:

Greetings!!! The Summer is winding down, and it is time to start gearing up for school. I know, I know, but that is the cycle of life as a teen. Don't worry, soon you will get to trade summer vacations, Fall/Winter/Spring Break, and in service days for two weeks vacation a year. Doesn't seem so bad in perspective. Plus, while you're a youth, you have the opportunity to participate in SLY events! Speaking of which, check out the list on this page...

In Christ's Love,

Aaron Shipman  
Dir. Of Youth Ministries

.....  
SLY-Line: 303-791-0659 x45  
Youth@stlukeshr.com  
Aaron Shipman: 303-791-0659 x14  
Aaron@stlukeshr.com  
.....



## Bananas, Spaghetti and Ham: DenUM DOVE Days Are Rewarding

During this past Spring, several people from St. Luke's participated in Denver Urban Ministries' Outreach Volunteer Experience (DOVE) Days.

In March, Theresa LaRock, Kim and Roger Young (who got a babysitter for the little ones) and I went to Metro Care Ring, a food bank in downtown Denver. When we arrived, we attended the staff meeting, which ended with devotions and prayer. Then we got to work "shopping" with big carts in the food bank to make customized food packages for each of the clients who came. We were trained for our tasks by an 8-year old volunteer Zack, who made sure we gave out the correct amount of bananas! We all thought that Metro Care Ring is a terrific organization – Theresa has been back to volunteer there four times.

In April, a St. Luke's group went to Grant Avenue Street Reach in downtown Denver. Participants included Roger Young, J. Forrest Marsh, Tyler Marsh, Diane Tolleson and her three young children, Carolyn McIntosh and Kara Fong. There we helped to serve a weekly spaghetti dinner for people who are homeless or poor. The children poured Kool-Aid and served bread. The best part was talking with the people who came to eat. One man was an avid chess player, who had a string of games going at his table. There was a family with two very young children. What a wonderful ministry the Street Reach is! Subsequent to our DOVE Day, the St. Luke's ministers and staff also went there to volunteer as a group.

In May, we had a DOVE morning at Project Angel Heart. This ministry prepares and delivers hundreds of meals each week to people who have HIV/AIDS and terminal illnesses, such as cancer. I was very impressed with how organized the operation is and how much the chef cares about the quality of the food. The food was highly nutritious and there was attention to detail in making the food visually appealing. Our volunteer jobs were to package salad bowls, cut croutons from fresh bread and serve the meal foods into containers, which were then covered by a special sealing machine.

Project Angel Heart also welcomes volunteers to deliver the meals. One day last year, Laurie Gilbert, her daughter Alaina, Dalai Dy and I did just that. It was fun to drive around together and meet new people.

More DOVE Days will be coming this Fall – watch for the info! You can also create your own 1-day mission experience by contacting Denver Urban Ministries (303-355-4896) or asking a local agency how you can help them with their ministry!



The Missions Team would like to express appreciation to the members and constituents of St. Luke's for their generous support of the following missions projects:

Taste of Cambodia Dinner and Silent Auction – thank you for all of the wonderful donations for the auction and for your participation in the event! About \$11,500 was raised for the Siem Reap Community Training Center.

San Pablo Church, Muscatine, Iowa – the Bible Day Camp and carnival were made financially possible through our church's Missions budget, monetary donations, and donations of items needed by the San Pablo Church. Thank you!

Garage Sale – your donations to this event were also appreciated. The Home Improvements Group and Cambodia Mission Team raised about \$1300 for the backyard landscaping project and the Siem Reap Community Training Center.

## St. Luke's Memorial Bricks - Give a Gift That Lasts!

St. Luke's is creating a lasting memorial of commemorative bricks forming a patio at the center of our new backyard landscaping. Your donation will help our church in two ways. For the first \$45,000 of net proceeds, 75% will go to reimburse the church's advance funding for the landscaping project. Twenty-five percent of these proceeds will benefit Cambodia Mission Possible II. One hundred percent of the brick proceeds in excess of the \$45,000 will go to support our Cambodia mission project. Our goal is subscriptions for at least 500 Memorial Bricks by October.

Pay tribute to a loved one; celebrate special occasions such as anniversaries, birthdays, weddings or the birth of a child; congratulate a recent graduate or simply show your support of St. Luke's and its missions program by listing your name!

The order deadline is September 30, 2002, with installation of our new patio scheduled for early December. For more information, see the table in the Fellowship Hall or contact Steve Riley at the church office, 303-791-0659.



The Cambodia Mission Team and the Home Improvement Group would like to thank everyone who donated items, rented spaces, and shopped at our Yard Sale.

## Mission Trip to San Pablo Church, Muscatine, Iowa

By Betsy Keyack

In June, nine members of St. Luke's traveled on a Mission Trip to the San Pablo church in Muscatine, Iowa. The mission team, who went on behalf of everyone at St. Luke's, consisted of Betsy Keyack and Ken Fong and their daughters, Kristine (age 13) and Kara (age 8); Diane Keyack and her foster child Reyna (age 2); Linda Harris; Dalai Dy; and our pastor, Dick Evans.



Muscatine is a small industrial town on the Mississippi River. The surrounding area is spacious green countryside - farms with fields of corn and soybeans bordered by country dirt roads. The San Pablo Church is part of a group of five connected United Methodist Churches in the Muscatine area. Together these churches are called Fellowship United Methodist Church. They share resources and work together to accomplish what the individual churches alone could not.

There is a growing Latino immigrant population in Muscatine and nearby towns. Many of the immigrants work in dangerous jobs in the local meat packing industry and need help and support in becoming settled in the United States. In 2001, United Methodist missionaries Ron and Cathy Whitatch were assigned to the Muscatine District to lead an effort to reach out in hospitality and inclusion to the local Latino community. One of the first steps is to work with the three pastors and people of Fellowship UMC to revitalize the San Pablo church.

Currently San Pablo has only two member families and on a typical Sunday less than a dozen people come to the service. Yet there are many Latino families in the neighborhood. To help San Pablo reach out to the local community, St. Luke's was invited to design and conduct a 4-day Bible Day Camp for the neighborhood children as well as a Saturday carnival for families.

When we arrived in Iowa, we were given a warm welcome with a pot luck dinner at the Musserville worship center. The next day we got started on the Day Camp. It was held in the basement of the San Pablo church, which had just been refurbished by another mission team (and, thankfully, had air conditioning!) At the Day Camp, we provided Bible stories and skits, indoor games, activities at a nearby park, crafts, music and food. About 25 wonderful and lovable children showed up each day. On the last day of the Camp, the children walked to the home of Ruth, a church member who had helped us during the week. There they sang the songs they had learned over the past few days. The favorites were "Allelu, Allelu – Praise Ye the Lord" and "I've Got Joy, Joy, Joy, Joy Down in my Heart."



During our week we also visited the Diversity Center in Muscatine, which is very busy providing help to immigrants and senior citizens in the area. Many immigrants need help with paperwork and logistics. Some are tricked by acquaintances into coming into the US without proper documentation. Then they go to work in the meat packing plant. When they get hurt on the job, they are in a bind because they are not properly documented – they cannot collect insurance and their jobs are in jeopardy. On Friday evening, we took a wonderful dinner cruise on the Mississippi River. On Saturday, we provided games and prizes, along with lunch, face-painting, balloon animals and crafts for the carnival. After the carnival, we were treated to a memorable dinner at the farm of one of the local church members. On Sunday, we had a beautiful bilingual service and a good-bye Pot Luck lunch at the countryside High Prairie worship center.

Our mission trip to Iowa was very rewarding – it felt good to be participating in such an important mission for God. Interacting with the children was heart-warming (although we were very tired each day). We learned a lot about industry in the Muscatine area and some of the issues facing immigrants. Our hearts and prayers remain with the children of San Pablo along with the Ron and Cathy and the pastors of Fellowship UMC as they work to build a supportive community of faith and loving fellowship with the members of God's family in Muscatine.

### Congratulations Disciple Graduates

This year at St. Luke's we have had three Disciple study groups complete 32 -34 week courses of study to improve their knowledge of the Bible, strengthen their relationship with God and build relationships with others. They have spent hours each week reading and studying and then, in class, shared their faith, their stories and their lives as they journeyed through the Bible. Congratulations on your wonderful achievements to the following graduates:

#### Disciple I

Leaders: **Kory Nelson & Carl Cleveland**

**Judson Byrn  
Ken Fong  
Ann Roadarmel  
Amy Curtis  
Linda Harris  
Bill Roadarmel  
F. Dee Duncan  
Debbie Heaney  
Cathy Shinn  
Jean Ann Duncan**

**Sandy Hutchinson  
Teri Sprague  
Deliah Dykes  
Tracey Moe  
Marla Vasten  
Mary Anne Egelston  
Lynn Montagne  
Brett Vasten  
Kris Eckberg  
Kim Nelson**

#### Disciple II

Leader: **Dale Balu  
Elizabeth Bauer  
Angela Chaplin**

#### Disciple IV

Leaders: **Dennis Becker & Carl Cleveland**

**Claire Alpert  
Trudi Mathews  
Dorothy Day  
Kathy Balu  
Lisé Takayama**  
**Nancy Becker  
Dale Balu  
Chris Richards  
Joyce Eyer**

New sessions for all Disciple classes will begin early Sept. Contact Carl Cleveland 303-791-3874 or e-mail at cleveland@highstream.net