



The Chronicle

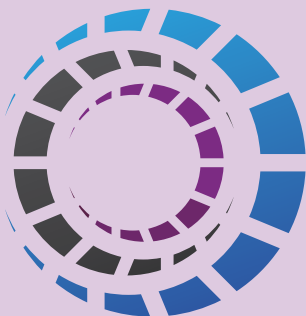
ST. LUKE'S UNITED METHODIST CHURCH

SEPTEMBER 2010

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and much more!



Journey toward Wholeness

**ST. LUKE'S UMC
SPIRITUALITY
AND WELLNESS
WORKSHOP
SERIES 2010/2011**

The Spirituality and Wellness Team invites the St. Luke's family to a series of workshops that are a response to the 2010 Wellness Inventory. You told us you'd like to learn more about:

- Integrating faith in all aspects of life
- Managing stress
- Parenting and supporting children and youth
- Living a wellness lifestyle

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Family Camp - Amazing!!!

One word sums up St. Luke's annual Family Camp - AMAZING! July 22-26 at Winding River Resort near Grand Lake was a great time, full of adventure, activities and devotion - it was just the right blend! So many folks came back with treasured memories. Scott Meade's father, Bud, said

everything was so fun and "to top it all off, Sunday morning worship, in a fantastic mountain setting, was the highlight of the whole weekend." There were pancake breakfasts, community meals, campfires with Rev. Brad, s'mores with giant marshmallow, family bike rides, hikes, playtime in the river (and a frosty dip in the swim hole), tie dye, crafts, singing, worship, lots of kids to play with, relax time, horseback rides and wildlife!



Amy Antinoro, one of the organizers of the annual event, said



"The best part of Family Camp is the community. There were 101 people at camp this summer, and even though I knew many of them previously, I feel like I now know those people better and have tons of new friends! There's nothing like doing things outside

together for 2...3...4 days to help you get to know each other. It's fantastic—an experience that you'll always treasure!" (Thanks to Amy Slade for photos.)

The Melodrama is Back!

Save the Date for "Tied to the Tracks"!

St. Luke's Wesley Players is presenting a very funny musical



melodrama with performances on
Friday, Sept. 24 at 7:00pm,
Saturday, Sept. 25 at 7:00pm &
Sunday, Sept. 26 at 4:30pm.

All performances are in Fellowship Hall. Come ready to "Boo", "Hiss", "Cheer", and throw popcorn! The shows are appropriate

for all ages so come and be prepared to laugh and have a lot of fun! Admission is a \$5 donation at the door. Proceeds will benefit Missions and the Drama Ministry. Childcare is available for our families that would like to take advantage of it on Friday Sept. 24, only. Please RSVP for childcare online or via phone 303-791-0659 x40. Donations will be accepted for the childcare service.

Blessing of the Animals!



It will be quite a cacophony of animal sounds Sunday, **September 12 at Fusion.** This year the Blessing of the Animals will

take place during Fusion on Sunday night at 6:34pm. We invite you to bring your animals to be a part of a special service where we will acknowledge the blessing that animals are to us, and bless them as well. All animals are welcome, we just ask you take whatever steps are necessary to keep them comfortable around other animals. We will meet in the backyard of the church for the service at 6:34pm. Please feel free to invite friends and neighbors.

Ministry Fair Sept. 19!

The Ministry Fair on Sept. 19 will celebrate the Hospitality and Service teams of St. Luke's. Come to Fellowship Hall between 8:45am and 12:15pm to meet members from the Communications Team, Trustees, Media, Bread Bakers, Grocery Team and others who sponsor booths with information and sign-ups.

Questions? Contact Karin Wesson, karin@thewessons.com, or Lynda Fickling, lynda@stlukeshrcom

Common Table - Join Us Sept. 27!

Save the date: Monday, September 27 will be the next meeting of the Common Table - an opportunity to connect with others at St. Luke's for discussion and fellowship as we explore what it means to be part of this vibrant community! Potluck dinner at 6:00, discussion and meeting from 6:30-8:00pm. Everyone is welcome; come and be curious with us!

Sunday Worship Services:

8:00am, 9:30am, 11:00am

6:34pm: Fusion

Contemplative Services also offered.

(Check website for dates and times.)

Sunday School:

Adult, Youth & Children:

9:30am & 11:00am

Nursery available for

9:30am & 11:00am services

Church Office: 303-791-0659

Fax: 303-470-5615

St. Luke's Youth.....x45

Childcare Reservations.....x47

Email: office@stlukeshr.comWebsite: www.stlukeshr.com**Preschool Office: 303-791-1982****Staff:**

Rev. Janet Forbes.....x13

Senior Minister

Emergency: 303-241-9312

Rev. Brad Laurvick.....x12

Associate Minister

Emergency: 720-296-1251

Rev. Sallie Suby-Long.....x32

Associate Minister

Emergency: 303-475-0141

James Ramsey.....x23

Director of Music & Arts Ministries

Kay Coryell.....x36

Associate Director of Music Ministry

Ken Mervine.....x42

Organist/Accompanist

Josh Carr.....x44

Fusion Worship Leader

Carrie Mallory.....x35

Assistant Fusion Worship Leader

Chris Wilterdink.....x14

Director of Youth Ministry

Susan Johnson.....x19

Assistant Director of Youth Ministry

Joely Maddux.....x11

Co-Director of Children's Ministry

Sharon Oliver.....x27

Co-Director of Children's Ministry

Samantha Leahy.....x40

Director of Childcare

Lynda Fickling.....x20

Director of Servant Ministry/Spiritual Director

Lisa Coryell.....x10

Office Administrator

Dave Cupp.....x24

Director of Finance

Lisé Takayama.....x16

Assistant Director of Finance

Barry Curtis.....x39

Facilities Manager

Kay Swanson.....303-791-1982

Director of Little School

All articles, photos and

announcements for the

October 2010**issue of The Chronicle**are due **September 20**

Editor: Sharon Oliver

chronicle@stlukeshr.com

A MESSAGE FROM OUR SENIOR PASTOR



Rev. Janet Forbes
Senior Pastor

Fall Afresh on Us!

If you believe the Bible, then there is no better proof that Jesus was who he said he was than the before-and-after pictures of the disciples. Before Pentecost, they were dense, timid bumbleres who fled at the least sign of trouble. Afterwards, they were fearless leaders. They healed the sick and cast out demons. They went to jail gladly, where they sang hymns until the walls fell down. How did this transformation occur? You can read about it in the Bible in the second chapter of Acts.

The last thing Jesus told his disciples to do before he ascended into heaven was to go back to Jerusalem and wait there for God's promise to come true. They would be baptized by the Holy Spirit, he told them, and they would be clothed with power from on high. With little or no idea what any of that meant, they did as they were told. They went back to Jerusalem – not to the temple but to an ordinary room in an ordinary house – and there they waited.

For the most part they prayed while they waited, and I expect at least some of them were asking God to tell them a little bit about what they were waiting for. How would they know when the power had fallen on them? Would it tingle? Would it hurt? How did the Holy Spirit go about baptizing people, exactly? Jesus had said something about fire, which sounded dangerous. Did he mean real fire or spiritual fire? Maybe they should fill some jars with water just in case things got out of hand.

They did not have to wait long for the answer to their prayers. On the day of Pentecost, a Jewish festival set fifty days after Passover, they were all together in one place when they got a crash course in power. First, there was wind, then there was fire, then they were filled with the Holy Spirit and overflowed with strange languages; one spoke Parthian while another spoke Latin, and two others found their tongues curling around the exotic sounds of Egyptian and Arabic. They may not have known what they were saying, but the crowd they drew did. Devout Jews from all over the world stood in the doorways and windows, listening to a bunch of Galileans tell about the power of God in their own tongues so that no one was left out. The Holy Spirit turned out to be a phenomenal linguist, whom everyone present could understand.

And still it baffled them all, the speakers as well as the listeners. They were in the grips of something that bypassed reason and some of them could not bear it, so they started hunting for a reason. *"They are filled with new wine,"* someone said (drunk, in other words), but Peter said no, it was only nine o'clock in the morning – meaning, I suppose, that if it had been later in the day drunk might have been a real possibility.

Then he got up and delivered a sensational sermon, based on the second chapter of Joel. *"In the last days,"* he proclaimed, quoting Joel quoting God, *"I will pour out my Spirit upon all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams."* That is what is happening now, Peter tells them. The Holy Spirit of God is being poured out on them and this is how it looks: wind like the wind that revived the valley of dry bones, and fire like the fire that led Israel through the desert, and tongues like the tongues that erupted at Babel, but in reverse this time. At Babel, God confused human speech so that people could not understand each other anymore; at Pentecost, God reverses the curse. What sounds like babble is intelligible speech – better yet, is gospel – and everyone present understands it.

According to Acts, three thousand people were baptized that day. It was a miracle. It was the birthday of the Christian church, when a dozen bumbleres received power from on high and proceeded to turn the world upside down. What happened in that room spread from Jerusalem to Athens to Rome to Alexandria. It spread across nations, across centuries, across cultures as far removed from Israel as we are from the moon. Because of what happened in that room, people who do not speak a word of Hebrew have come to believe in a Hebrew Lord, who is worshiped today in every language on earth.

As we enter this season of blessing, I pray: *"Fall afresh on us, O God, with a new energy for your people called St. Luke's."* In October, you will be invited to gather for conversation about our future as a congregation. Here are the questions that we will consider as we listen to the Spirit.

What is your hope for what St. Luke's will look like, feel like, and be doing in five years?

- **Are there changes that would facilitate this vision? If so, what?**
- **Do you see changes or situations that are or could work against this vision? If so, what?**
- **In thinking about St. Luke's as a whole, what you see as our strengths?**
- **What do you see as our weaknesses?**
- **If you could identify one Big Hairy Audacious Goal (BHAG!) for St. Luke's, what would that be?**

Have fun with your dreaming! When we listen to God and to each other, the Holy Spirit will lead us forward.

Grace, –Rev. Janet



Rev. Brad Laurvick
Associate Minister

Imagine over 5,000 families.

The parents, the children, the grandparents, whatever the configuration. Imagine their surprise when they walk to a cupboard they expect to be empty and instead find what they need to make it through a tough time.

No more empty cupboard, no more empty stomach. That is what our community accomplished last year in the "Feeding of the 5000: We Need U2" when we raised 55,000 pounds of food. It was awarded as one of the best actions against hunger in the state. It was also celebrated by all those who participated as, "one of the best things my family has ever done together" and "the neatest way to get to know more of the St. Luke's community."

So we're doing it again. **"The Feeding of the 5000: We Need U2" will take place October 1, 2 & 3.** Our goal will be bigger- 10,000 families. 80,000 pounds of food. A semi and a half. More people involved, more lives changed. Once again proving, "there are some things that can only be accomplished when people come together". So here's our invitation to you:

1- Help us distribute bags. The more bags out there, the more food comes in. We will have teams canvas neighborhoods, but you know your neighbors better- and they know you. Take bags to your neighborhood, your classes at school, the teams and clubs your family is connected to, take them to work. Please take them everywhere. And if you can, attach a personal note letting them know you are their connection. Bags will be available by Sunday Sept. 26.

2- Help us collect the food. We need countless people to help collect, sort, and manage the food we collect. Their is work for all ability levels and ages. Work as a family. Bring friends. Encourage your workplace to sponsor a volunteer shift. We need families at St. Luke's, we need families at more than 10 grocery stores, we need drivers to deliver food loads. This is sincerely one of the best ways to meet new people, connect more deeply with your own family, and change people's lives together. Sign-ups will begin mid-September and this year you, friends, neighbors, and the community can sign-up on-line.

3- Celebrate the event and worship in community. We once again will be blessed to have an amazing team of musicians lead us in worship and communion through the powerful music of U2. You don't have to know their music to participate, in fact, even if you think you know their music, you will be blown away by the powerful meaning and lyrics. This is our chance to remember that "there are some things that can only be accomplished when people come together" applies to worship as well. **The special U2 service will happen Saturday and Sunday nights, October 2 & 3 in our Sanctuary at 6:34pm.**

We need your help to make a difference in the lives of so many. We want your life to be changed by being a part of one of the greatest hands-on experiences of love and service in St. Luke's history.



Journey toward Wholeness

ST. LUKE'S UMC SPIRITUALITY AND WELLNESS WORKSHOP SERIES 2010/2011

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So, we're excited to offer some excellent learning opportunities tailored just for you!

Each workshop will create a 'Gracious Space' for respectful fellowship, learning, and growing. Large and small group activities will provide opportunities to consider new strategies to help us move toward a sense of wholeness in our lives. We hope you will join us for this journey. All workshops will be held at St. Luke's UMC.

Workshop #1:

Tuesday, Sept. 21, 2010 6:30-8:30pm - Chapel

Creating Gracious Space: Enhancing a Spirit of Compassion and Understanding

Facilitators: Spirituality and Wellness Team

Our first workshop will define the concept of Gracious Space, and together we will develop tactics and strategies to create Gracious Space for ourselves and those around us.

Workshop #2: Tuesday, January 18, 2011, 6:30-8:30pm - Chapel

Living in Gracious Space: Strategies for Managing Stress

Facilitator: Andi Pusavat, Ph.D., Counseling Psychologist, Director of Iliff School of Theology Counseling Center

Together we will learn new approaches for coping with stress and for living life with a greater sense of peace and purpose.

Workshop #3: Sunday, February 20, 2011, 5:30-7:30pm - Youth Room

Building in Gracious Space: Developing Assets - A Strength Based Approach to Helping Kids Thrive

Facilitator: Dana Max, PsyD., Clinical Psychologist specializing in Youth/Families

It takes a village to raise a child. Parents, grandparents, teachers, and all those who care about children and youth are invited to attend as we learn specific ways to encourage our kids' healthy growth and development.

Workshop #4: Tuesday, April 5, 2011, 6:30-8:30pm - Chapel

Growing in Gracious Space: Living a Wellness Lifestyle

Facilitator: Jane Mountain, M.D., Author, Speaker, Retired Physician

Dr. Mountain will help us identify ways that our faith can support us in growing more resilient, managing challenging life circumstances and integrating spirituality and wellness into all aspects of our lives.

NEW WORSHIP SERVICES

St. Luke's 2010-2011 Contemplative Services

Spirituality of the Seasons

With the change of each season, we are invited into the miracles of nature and to the hope and healing that God offers us in the seasons of our own lives. We welcome you to come and experience God's abiding grace. The Contemplative Services will be held in the Chapel on these Sunday mornings from 8:15-9:00am.

Autumn - October 17

Spring - April 10

Winter - January 16

Summer - June 12

Evening Prayers with Communion
Wednesdays from 5:45-6:30pm in the Chapel
Beginning Wednesday, September 22 the Chapel will be open for evening prayers, music, and to receive holy communion. Everyone is welcomed.



Lynda Fickling
Director of
Servant Ministry/
Spiritual Director

We are Called to Serve

We invite you to stop at our Get Connected Center to discover more about our programs and ministries

Bread Baker Team: Welcome our first time guests with a loaf of freshly baked bread made by members of this team. The baking schedule is planned in advance so that we can share in this labor of love. Contact: Linda Burdick 303-718-0011 *Spiritual Gifts: Creative Communication, Helps and Hospitality.

Grocery Certificate Team: Help sell our grocery certificates from King Soopers, Albertson's, Safeway and Tony's on Sunday mornings. It is a wonderful way to meet others here at the church. Contact: Paula Severseike 720-519-1194 seikes@comcast.net or Marilyn Bacon 303-791-7649 jamesnmarilyn@msn.com

2011 Pictorial Directory Project: Volunteer duties are staffing appointment sign-up tables before and after Sunday services on 8/1, 9/26, 10/3 and 10/10; and also to greet and sign-in families and individuals getting portraits taken at St. Luke's from 10/15 through 10/21. This is a fun way to meet and get to know others in the St. Luke's family, while serving a very important function for the church! For more information, please visit stlukeshr.com/photodirectory, or contact Jill Wright 303-927-6345, jill@jillwright.com or Kris Kinney 303-346-2740 kmk830@earthlink.net. *Spiritual Gifts: Administration, Helps, Hospitality and Service.

***NEW Welcome Team:** A new look to an old name. We are a team built for helping those new to St. Luke's or new to becoming involved in our community, feel comfortable and connected. If you enjoy listening to others, meeting new people and walking with them on their journey within our community please contact Lynda Fickling lynda@stlukeshr.com 303-791-0659 x20. Training provided. *Spiritual Gifts: Shepherding, Encouragement/Counseling, and Hospitality.

Love INC: Love in the Name of Christ is a network of churches that links church ministries and volunteers to our neighbors in need. Volunteers are needed for different times and areas. Contact: Rev. Doug McKinney 303-732-5925 doug@loveinlittleton.org

To Discover more about your own Spiritual Gifts and where you may serve best, visit stlukeshr.com/p_volunteer.asp and beginning serving where God has given you talents and gifts!

"Do all the good you can, By all the means you can, In all the ways you can, In all the places you can, At all the times you can, To all the people you can, as long as ever you can."

—John Wesley-Founder of the United Methodist Church

If you are searching for a place to connect at St. Luke's, please contact Lynda Fickling, Director of Servant Ministry 303-791-0659 x20 lynda@stlukeshr.com or Karin Wesson, Team Leader for Lay Leadership, 303-683-0196 karin@thewessons.com



As of September 5, 2010

Please stop by the Information Center, by the front door, where you will find the updated Prayer Concerns List (on yellow paper) and the Armed Forces Prayer List (on blue paper). Look it over and Rev. Sallie Suby-Long know if you have any additions/removals from either list. 303-791-0659 x32, leave a note on the front desk, or email at sallie@stlukeshr.com

- | | |
|--|---|
| <i>Paula Strader (Sandi Miyaki's sister)</i> | <i>Jim Eckberg (Kris Reif's brother)</i> |
| <i>Lori Lieberman</i> | <i>Bucky Thompson</i> |
| <i>(friend of Jane Damsgard)</i> | <i>(friend of the Cepull family)</i> |
| <i>Schelly Thompson</i> | <i>Linda Ready</i> |
| <i>(Sandy Thompson's sister-in-law)</i> | <i>Ralph Cordonnier</i> |
| <i>Mark Bartellina (Mike Hutchin's cousin)</i> | <i>Jeff Lee</i> |
| <i>David Joseph</i> | <i>Cherie Hill</i> |
| <i>(friend of Bobbi King/Marie Blue)</i> | <i>Nelson family</i> |
| <i>Daniel Winkle (friend of Gail Strawn)</i> | <i>Erika Waldheim (friend of Peter & Alicia Waldheim)</i> |
| <i>Darrell & Billie (wife) Aderman</i> | <i>Dustin Baird (friend of Lucero's)</i> |
| <i>(friends of Rick & Louise Jasper)</i> | <i>Michael Van Baal (Lucero's</i> |
| <i>Ross Magaughey</i> | <i>Kindergarten teacher's brother)</i> |
| <i>(friend of Rick & Louise Jasper)</i> | <i>Valerie Block (Terry & Janet Walter's</i> |
| <i>Jerry Miyaki (Mike's uncle)</i> | <i>daughter)</i> |
| <i>Rosie Shaw (friend of Eric Ransick)</i> | <i>Jan Cook (Amy Curtis' mother)</i> |
| <i>Lolitha Fernandes</i> | <i>Frank James (Kathy Swier's uncle)</i> |
| <i>(friend of Joely Maddux)</i> | <i>Betty Kieser (Bonnie Funk's mother)</i> |
| <i>Zach Bingham</i> | <i>Sara Wright</i> |
| <i>(3 mo. nephew of Ashlee Favilene)</i> | <i>(Kathy Swier's friend's daughter)</i> |
| <i>Bill Harold (Nancy Obertier's cousin)</i> | <i>Carol Barns (friend of Val Goodstein)</i> |
| <i>Donna Craven (friend of Cindy Barlow's)</i> | <i>Sandy Murray's parents</i> |
| <i>Maria Viera Harris</i> | <i>Bill Funk (David Funk's father)</i> |
| <i>(friend of Cindy Barlow's)</i> | <i>Bill Havens (Walt Havens' brother)</i> |
| <i>Mary Hogan (friend of Sharon Scholle's)</i> | <i>Jennifer Havens</i> |
| <i>Norma Whitaker's mother, Jane</i> | <i>Brayden Fuller</i> |
| <i>Denise More (friend of Jenny Stevenson)</i> | <i>(Janet & Wally Sackett's grandson)</i> |
| <i>Emily Geraghty (3yr old- Little School)</i> | <i>Roberta Towell (Jon Sreaty's sister)</i> |
| <i>Thelma Noah (friend of Rachel Nolder's)</i> | <i>Bob McCorkle</i> |
| <i>Joan Dixon (friend of Eileen Law)</i> | <i>(family friend of Kay Ocai)</i> |
| <i>Keaton Wong (friend of the Takayama's)</i> | <i>Mandy Paul</i> |
| <i>Chris Kellams (friend of Joely Maddux)</i> | <i>(family friend of Kay Swanson)</i> |
| <i>Jack Fleming (Julie Brower's father)</i> | <i>Michelle Mallory</i> |
| <i>Richard Swier (Dan Swier's father)</i> | <i>Jane Whitaker</i> |
| <i>Brenda Zachek (friend of Kathy Swier's)</i> | |
| <i>Dean Mathena (Rick Jasper's friend)</i> | ARMED FORCES PRAYER CHAIN: |
| <i>Terry Bohn (friend of Lisé Takayama,</i> | <i>Mark Thompson, Ed Herring,</i> |
| <i>Kam Boles, & Joely Maddux)</i> | <i>Josh Brady, Jeremy Brady,</i> |
| <i>Helen Mueller</i> | <i>Colin Gabriel, Dustin Ellington,</i> |
| <i>(Cindy Markham's mother)</i> | <i>Justin Boggy, Lt. Jeff Hamer,</i> |
| <i>Bertha Roth</i> | <i>and Christopher Gardner.</i> |
| <i>Norma Whitaker</i> | |
| <i>Pamela Hinrichs</i> | SYMPATHIES: |
| <i>Annie Schoenhals (friend of the</i> | <i>To Bob & Peggy on the passing of Bob's</i> |
| <i>Muscianisi family)</i> | <i>mother;</i> |
| <i>Jan Rufien</i> | <i>To Jack Jones on the passing of his wife,</i> |
| <i>Susan Robertson (sister of Janet Sackett)</i> | <i>Betty;</i> |
| <i>Brianna Bennett</i> | <i>To Ken & Anne Reck on the passing of</i> |
| <i>(Lynette McKinney's cousin)</i> | <i>their daughter's fiancé;</i> |
| <i>Jason Ritter</i> | <i>To Rose Templar on the passing of her</i> |
| <i>(Ryan Hooke's teacher/coach)</i> | <i>sister, Virginia.</i> |
| <i>Elaine Schafer</i> | |
| <i>(Brenda Schafer's mother)</i> | NEW BABY CONGRATULATIONS: |
| <i>Sonia Cajanda</i> | <i>To Jason & Megan Pressman on</i> |
| <i>(Mercedes VonNormann's sister)</i> | <i>the birth of their son, Colin Neil</i> |
| <i>Mary Durston (Diana Starnes' mother)</i> | <i>Pressman, born August 11.</i> |
| <i>Brian Rouetta</i> | |

Discover Your Spiritual Gifts: Sundays Oct. 3-24 11:00am-noon

Room 213 Come discover, develop, and affirm the gifts God has given to you to serve as his hands in this world. Sign up at the Get Connected Center. No fee. All are welcome! Contact: Lynda Fickling lynda@stlukeshr.com or Brenda Schafer bschafer63@gmail.com



Rev. Les Ludlam

St. Luke's Lay
Associate Pastor
1993-1997

More from Les: The 5th Grade at Fruitvale Elementary

Betty and I just attended her 50th High School reunion in Grand Junction on August 21st.

We had a lot of fun and it brought back memories of my own school experiences. I remembered Raymond.

Raymond was the biggest, strongest and the scariest kid in my 5th Grade class at Fruitvale Elementary.

He had a gruff personality; he tended to get into a lot of trouble with the teachers. There were rumors that he had taken three years to complete the second grade. Raymond's sheer size seemed to intimidate others. And he tended to keep to himself a lot.

He didn't live too far from my house, so I would often see him going to and from school. But, I was so afraid of him that I would make sure that I walked on the opposite side of the street when departing for or returning from school. I was one of the smallest boys in my class and pretty "wimpy." I certainly didn't want to have to deal with an encounter with Raymond!

This non-relationship would have continued unchanged if there had not been an encounter with William, the "spoiled bully" of the neighborhood.

One morning, I encountered William just as I approached the school building. He grabbed me by the arm and began to twist it. "Gimme your lunch money!" he snarled. I tried to pull away. "Give it to me!" William shouted. I began to cry and started to pull my lunch money out of my pocket. "And I'll wring your neck if you tell!"

William was a master of intimidation! I was no match for him. That is until Raymond arrived!

We had not noticed the very large frame of Raymond approaching, but suddenly, there he was! "What's going on?" Raymond asked.

"Nothing" replied William, releasing my arm and shrinking back. I said nothing; I was trying to gather myself and stop crying.

"Don't seem like nothing" replied Raymond. Then he looked at the coins I was holding in my hand. "What's that money for?"

"My lunch money," I respond timidly (I thought to myself, "Maybe they're going to fight over it while I escape!")

"He's giving it to me!" said William suddenly.

"Oh, yeah; what are you going to use it for?" asked Raymond sarcastically.

"None of your business!" shot back William.

Then Raymond put his face as close to William's as he could and gripped his arm. "I've been watchin' you; I know what you've been doin'. You better give him his money back before I break your arm. And you better not bother him again, or you'll have to answer to me!"

William sputtered something incomprehensible, pulled back, and walked away. I put the coins back into my pocket.

Raymond was my hero! He had saved my lunch money and just possibly my life! But now there were just the two of us, standing next to the school building. I knew I had to say something. There was something more to this; I was a little afraid to find out. I swallowed hard and blurted out, "Thanks for helping me, but why?"

"I know you are pretty good with arithmetic," Raymond said tersely. "You can help me out!" Well, I wasn't about to say "no"! So for the rest of the semester, Raymond and I would meet after school and go over the arithmetic lessons.

But, we'd talk about a lot more, like the fact that his dad had died in a mining accident, that his older sisters were gone from home a lot, and his mom had "sort of a drinking problem."

"Gets kinda' lonesome sometimes," he said. We became sort-of friends; Raymond did a little better in arithmetic, but he wasn't exactly a top student. And, we made a point of walking to and from school together.

That's probably why William seemed to ignore me after that.

Raymond left Fruitvale after the 6th grade; his mom had decided to try to make a new start on the Eastern Slope somewhere, and they moved away that summer. The next fall, I started at the Junior High School in Clifton.

I haven't heard from or about Raymond since then. Sometimes I wonder where he is and how he's doing... somehow, I'm sure he's okay.

Raymond's response to me was based on a need; he needed help with math and he knew I happened to be good at. Perhaps there was something more. Whatever the reason, the encounter couldn't have come at a better time for me. I sometimes wonder if my helping Raymond with arithmetic really helped that much, or if he just needed a friend to talk to. We may never know.

But it certainly changed me. *God bless us all! Rev. Les*

Welcome Interns from Iliff

Stephen Collins and Erin Laurvick will be sharing in ministry at St. Luke's from September 2010 through May 2011 through Advanced Field Education at the Iliff School of Theology.

Dr. Steve Collins teaches Communication at Pikes Peak Community College and serves St. Luke's as a Disciple facilitator, a puppeteer, and thespian. He will be serving as a pastoral intern, learning more about preaching, worship leadership, and pastoral care as he completes a Masters of Divinity degree. **Erin Laurvick** has an undergraduate degree in Communications and is completing a Masters in Specialized Ministry. She will be serving as an intern in Youth Ministry, learning more about the spiritual formation of young people.

Thank you to the Lay Consultation Teams from St. Luke's who partner with our interns to make the learning environment rich and interactive.

Members Who Have Recently Moved:

It is always difficult to say good-bye to dear friends.

May God's Peace, Grace and Love be with them always, as they begin a new journey away from their St. Luke's community:

- Steve & Janice Ashby - Columbia, MO 65203
- John, Erika, Josie, Callie & Addie Brimberry - Winter Park, FL
- Cliff, Erin, Alyssa & Rebecca Brown - Lewisburg, PA
- Mike, Edith & Zachary Hanson - Orlando, FL
- Matthew, Nancy, Madeline & Alexandra Martinucci - San Francisco, CA
- Lynne & Terry Montagne - Dover, AR
- Catherine & Rachel Santee - Monroe, LA

Thank You! Jan and Charlie Rufien want to extend a big thanks of appreciation for all the prayers, cards, emails and positive thoughts sent to us during and after Jan's stem cell transplant. Jan is home and doing well, and hopes to be able to attend services in November. Thanks St. Luke's!



The Bongo Beat!

Woof! Woof! Hello it's me Bongo! Wow what a fun time I had in Sunday School on August 22! Me and my brother, Cheeks, the hamster, went to Sunday School that morning to be a part of the "The World is Our Parish" Science lesson. Throughout the month of August

the children have been learning about **John Wesley, origins of the Methodist Church and the Wesleyan Quadrilateral**. We explored these lessons through Games, Cooking (yum yum), Videos, Music, Art, Puppets and, of course, Science. Cheeks and I, along with our new friend, Abby Oro (a Springer Spaniel mix), were part of the "animal exhibit" during the Science lesson exploring God's world of animals, minerals, and plants. Oh what wonderful pats and hugs we received from the children! And what fun it was to look closely at the details of God's wonderful earth!

Coming up in September we start new lessons in **Joy Trek (9:30am Preschool Sunday School)**, **PEAK (9:30am Elementary Sunday School)** and **Godly Play (11:00am Sunday School)**. We are also **welcoming all of our new 2 year old children to Sunday School** and I love watching as they build the foundation for learning about and experiencing God's love. Plus, they are more my size! I also am excited that PEAK is starting their new rotation workshops! This 5-week session they will be learning the amazing Old Testament story of **Abraham & Sarah**. I think even Jesus learned this story! Wow! God's blessings have been around a long long time!

I hope to come back to Sunday School soon, lots of great stuff happening all the time. Until then keep your tails waggin'!!!
—Love, Bongo



Joely Maddux
Co-Director of
Children's Ministry



Sharon Oliver
Co-Director of
Children's Ministry



Samantha Leahy
Director of Childcare

St. Luke's Kids
Growing with God

News & Notes:

Serve in Sunday School: If you would like to serve our children in Sunday School, we can use you! Contact Joely or Sharon and we'll find the right fit for you.



New Acolytes: We are pleased to announce that we have 11 new Acolytes to serve St. Luke's worship services: Lee Hazelwood, Josh Burget, Angela Dean, Mats Dale, Sami Martin, Mattie Martin, Anwyn Owens, Sam Maddux, Emily Maddox, Stephen Smith and Matthew Smith. Congratulations!

If you have any questions about Children's Ministry programs contact Joely Maddux x11 joely@stlukeshr.com or Sharon Oliver x27 sharon@stlukeshr.com.

What's Happenin' at 11?

To answer the question simply, A LOT! We have a new Sunday School class just for parents beginning September 12 call Family Ties. This "no homework" drop in Sunday School class is designed for busy parents who are looking for an hour to study a short devotion and share thoughts with other parents. This class will strengthen ties within your family, to other St. Luke's families, and to God. Come when you can we'll be there every Sunday in room 213 at 11:00am! Contact Teresa Cepull tandem@cepull.com or Elizabeth Billups elizabethbillups@gmail.com for more information.

And for the children at 11:00am we have Godly Play! Godly Play was designed using the Montessori format of learning. The children first listen to an interactive Bible story, given by one of the Godly Play leaders. Next the children explore the story through a method of their choosing. We offer crafts, games, puzzles and storytelling figures. Godly Play is designed for children 4yrs.-grade 6. We encourage you to let your child try this new approach to learning Bible stories while forming an intimate relationship with God. You may sign in your child in the Narthex and we gather in the chapel for the Bible story. Contact Joely Maddux joely@stlukeshr.com, or Sharon Oliver Sharon@stlukeshr.com for more information.



Our SLY, Jr. Year of Blessings has Begun!

SLY, Jr. had a great kick-off event with our Geocaching Adventure. Thirty-five 5th & 6th graders hiked out beyond the trails behind the church and searched for treasure. We got to know each other a little better and found out that log bridges can be quite slippery! A big thanks to all of our adult helpers! Our upcoming gatherings include bringing our pets to the "Blessing of the Animals" on Sept. 12 (have parents bring pets at 6:30pm), watching the hilarious melodrama "Tied to the Tracks" on Sept. 26 and helping out all afternoon with the "Feeding of the 5,000" on Oct. 3 and then staying for the incredible U2Charist service. We are so grateful for our time together, our chance to serve each other and our community and explore how we are blessed and are also blessings! We look forward to a great year of fun and fellowship. Our evening usually begins with the Community Dinner at 5:30pm - bring \$2 for the meal. SLY, Jr. provides the dessert. Parents are also welcomed to sign up to volunteer and bring desserts throughout our year together. For more info contact Ms. Sharon at sharon@stlukeshr.com. See you soon!!!



Upcoming Events Calendar:

- Sundays Sept. 12-Oct. 10** - "Abraham & Sarah" rotation in PEAK Sunday School
- Sunday Sept. 12** - SLY, Jr. "Blessing of the Animals" 5:30pm for dinner; pets at 6:30pm
- Tuesday Sept. 21** - Children's Ministry Team Meeting 6:30pm
- Sunday Sept. 26** - SLY, Jr. "Tied to the Tracks" 4:30pm show, dinner after
- Tuesday Oct. 5** - Love & Logic Parenting Classes 6:00pm (4 Tuesdays - Oct. 5, 12, 19, 26)



Kay Swanson
Director of
Little School



Little School News: Little School is Back!

The halls are filled with laughter, hugs and happy children! Summer was a wonderful break, but we are so thrilled to be back in school. Our theme this year is S.H.I.N.E and we will be looking at the many ways **God will help us SHINE!**

We are sad to say that we lost two wonderful teachers, Ms. Sally (Wallace) who has been

with us 11 years and has left us to become an Assistant Director at Mile High Montessori in the Lowry area. She will be greatly missed but we wish her well. Ms. Charlotte (Weider) has moved with her family to Japan to teach at a DODS School, part-time kindergarten and counseling. What an adventure! We ask that you keep them both in your prayers. Joining us is Ms. Deon (Zitek) moving from Denver Christian with excellent experience in Early Childhood Education. We are thrilled to have her! Also joining us is Ms. Susan (Hooke) as an assistant teacher and Ms. Kandace (Boudra) and returning Ms. Laurie (Gilbert). God always provides wonderful teachers for us!

You should be seeing more improvements to the lower level classrooms as Little School replaced 5 more classrooms with brand new tile floors! Thanks to Mr. Barry (Curtis) for all of his hard work making them shine and for cleaning all of our carpets. We also thank Gary Gilbert for his extra loving time and energy making sure that the floors were completed for us on time! We do love our men!

You will also see new improvements to our playgrounds with new bark, sand and a climbing structure. We PRAY that everyone from toddlers to 5th graders will enjoy our play area and take good care of it! **PLEASE REMEMBER PARENTS, THAT CHILDREN MUST BE SUPERVISED AT ALL TIMES!**

Make sure you stop by some time and visit Little School! We ask that you keep our children and our staff in your daily prayers as we begin our 16th year!

Blessings,
—Ms. Kay and Staff :-)

Parents of Teens/Young Adults with Depression or Bipolar Disorder

will meet starting Wednesday, September 8. This peer led support group will provide discussion, education and support for parents with older children who are dealing with either depression or mood disorders. Join us for bimonthly meetings on Wednesdays from 6:30-8:00pm in Room 118. We will also meet on Sept. 22. Questions, contact Sallie Suby Long, 303-791-0659. No need to RSVP, just come and join us!

Divorce Recovery Workshop For those who are separated or divorced, this 12-week seminar provides insight into issues surrounding divorce, offers concepts for dealing with recovery and connects participants with others who are going through similar experiences. Professional, caring facilitators help those in the workshop to address issues related to divorce in a constructive manner. The focus is to support people in the process of healing within a Christian community. A new session will begin on September 13, 6:30pm at St. Luke's. If you would like more information about this opportunity, please contact Larry Sears at vnsears@msn.com 720-524-0440.

Grief Support Group Significant loss, whether through death, divorce, or estrangement, brings about many changes in life and in how we go about functioning. If you are grieving a loss and would appreciate a safe, supportive environment as you grieve and move toward healing, you will be warmly welcomed into the grief support group. The group will meet for a 4-session series on November 4, November 18, December 2 and December 9 in Room 210 from 5:00-6:30pm. For more information, please contact Rev. Sallie Suby-Long, 303-475-0141, Sallie@stlukeshr.com

My Turn to Care: Support for Caregivers of Aging

Parents Caring for the needs of aging parents can be accompanied by many emotions, decisions and challenging circumstances. When the health of one's parent declines, relationships and family dynamics can be impacted, care decisions often need to be made and there can be concerns about how to offer care while also juggling work, family and community responsibilities. We are aware that many families within our community may be dealing with these types of transitions. If there is interest, we would like to form a support group that connects people with others who share similar concerns. The purpose of the group would be to offer encouragement and spiritual support as well as to provide a safe place for individuals to share their experiences and to learn about helpful resources. If this type of support group is of interest to you, please contact Rev. Sallie Suby-Long, 303-475-0141, sallie@stlukeshr.com.

Two Offerings from Contemplative Outreach of Colorado located at 3650 Yates St., Denver

Introductory Workshop to Learn The Centering Prayer Practice

Sat. Sept. 18 Time: Registration 8:30am/Workshop 9:00am-1:00pm
RSVP: 303-698-7729 by Thurs., Sept. 16 *Walk-ins welcome

Are you looking for a way to deepen your relationship with God? This is a prayer method in which you sit in silence with God, opening your mind, heart and whole being to the Ultimate Mystery-beyond thoughts, words, and emotions.

AA 11th Step Introductory Workshop to Learn The Centering Prayer Practice

Sat. Sept. 11 Time: Registration 8:30am/Workshop 9:00am-1:00pm
RSVP: 303-698-7729 by Thurs., Sept. 9

In our recovery, those of us who practice the 12 Steps in AA, Al-Anon, and other 12 Step programs, sometimes find ourselves searching for the experience of emotional sobriety and deeper relationship with our Higher Power that is suggested in the 11th Step. When applied as a daily supplement to the 12 Steps as an 11th Step prayer practice, Centering Prayer opens us to the contemplative dimension of spirituality.

Follow-up these courses by attending St. Luke's Tuesday evening Contemplative Fellowship. Contact Marshall Kuhn 303-931-5473 marshall.kuhn@hotmail.com for more information about our group.



supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church."

Who is a member of St. Luke's UMW? Any woman can be a member of UMW. You can participate in a subgroup of UMW or in one of our four annual events. You do not need to be a member of the Mission Team or make an annual pledge to be a member. Please join us as our membership continues to grow at St. Luke's. For more information, visit the Get Connected Table or contact Elena Lynch at elenaclynch@gmail.com.



UMW Fall Event: "Bringing New Life to Old Things" St. Luke's UMW will be Changing the Season by "Bringing New Life to Old Things" on Sunday, Sept. 12, from 2:00-4:00pm. The cost is nothing to attend... *priceless to be present*. UMW invites all women in the church to celebrate our ability to help women in our community and the world. Join us as The Women's Crisis and Family Outreach Center (TWCFO) shares how they assist women and families in our community. Over the next few weeks our various women's groups will be collecting stylish, yet gently used women's clothing that will be donated to TWCFO and used to assist women on the path to renewing their lives. We will also be celebrating the wonderful women's groups we have here at St. Luke's and the missions they support. Looking forward to your donations and participation. Refreshments will be served.

UMW Communications UMW is looking for someone to join our team who is good with computer graphics and design. We have four major events each year that require designing a logo for our flyers, tickets, and advertising in the Chronicle. If you are interested, we would love to have you attend our monthly board meetings and help during the planning phases for events. This role has the potential to grow as much as the participant desires! Please contact Betty Ludlam at 303-451-5141 or bludlam@wyoming.com.

Subgroups of UMW at St. Luke's UMC:

• Simply Saturday! All girls 18 & over are invited! **Sept. 11: Hudson Gardens:** Join us on a beautiful morning stroll through the gardens. Please meet in the Youth room at 8:30, bring a breakfast item to share with the group and then we will car pool over to Hudson Gardens. Mission Focus: Stylish new or gently used women's clothing that will be donated to The Women's Crisis and Family Outreach Center and used to assist women on the path to renewing their lives. Please note there will be no childcare available since we will be offsite. Host: Teri Burget teriburget@msn.com. Invite a friend/neighbor/relative – all are welcome! **Oct. 2: Feeding of the 5000:** We will be helping with food collection throughout the morning starting at 8:30. Please bring a breakfast item to share with the workers. Mission Focus: Non-perishable food items. Childcare available 303-791-0659 x47. 24hrs in advance Hosts: Carolyn Maddox and Brenda Schafer

• Evening Book Group Fourth Monday of the month, 7:00pm Conference Room. September 27- *The Help* by Kathryn Stockett For more info, please call Renae Parra at 303-683-0872. To be added to the email mailing list, send a request to RenaeParra@aol.com

• Itch to Stitch Third Wednesdays of the month, 7:00-8:30pm downstairs near the Children's Library. *Itch to Stitch Summer Mission recently sent handmade infant items to Bridgeway Home for pregnant teens and to Mommy Rocks serving needy Moms. You can help by making items and dropping items in our basket in the Narthex or by*

donating yarn, fleece, flannel, and cotton fabric.

For more information, please call Fran West at 303-797-7107.

• Women's Night In Fourth Monday of the month. Sept. 20 6:00pm in Conference Room 206. Bring your favorite Italian dish to share during fellowship fun with other St. Luke's women. Childcare available until 8:00pm with reservation 24 hours prior 303-791-0659 x47. For more information, please contact Dawn Johnson at drjohnson636@gmail.com.



• Women's Night Out First Monday of the month, 6:30pm Sept. 13 – Grand Lux (Park Meadows Mall) Oct. 4 – Los Dos Potrillos (8252 Holly) For more information, please contact Sandy Frasier at Sandy.Frasier@yahoo.com or Elaine Carlstrom at ecarlstrom@comcast.net.

Mark Your Calendars

Sept. 12: UMW Fall Kick-Off Event
Sept. 18: Mile High Pike's Peak Annual Meeting @ St. Luke's UMC
Oct. 22-23: Rocky Mtn Conference UMW Annual Meeting @ Littleton UMC
Dec. 7: Women's Candlelight Dinner

Upcoming Mile High Pikes Peak District UMW Events
Annual Meeting Sept. 18 St. Luke's UMC

WELCOME NEW MEMBERS!



Jack Lewis

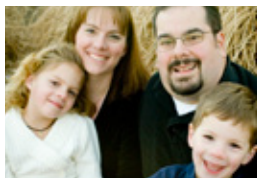


Mark & Teresa Cepull

not pictured:

Kent & Linda Osborn

Miriam West



Clay & Amy Dobronyi



Blake & Jocelyn Suttie

To become a member of St. Luke's United Methodist Church:

Fill out the membership card located in the Friendship Pad or at the Get Connected Center. Simply hand the membership card to one of our Pastors or staff members at any time.



Ron & Sherrie Miller



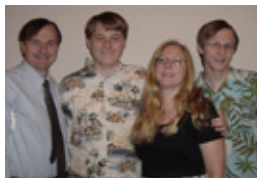
Stephen & Andrea Velasco



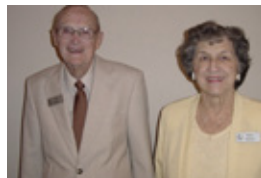
Beth Miller



Bob & Pat Warner



Rich, Marta, Rob & Will Nelson



Mike & Betty Nelson

Contact

Lynda

Fickling for

more info:

303-791-0659
x20 or

MUSIC & DRAMA



James Ramsey
Director of Music
Ministry & the Arts



Kay Coryell
Associate Dir. of
Music Ministry



Ken Mervine
Organist/
Accompanist

All are welcome!

It's that time of year again. Many of the music ensembles at St. Luke's are getting ready start a new year of music ministry and we'd love for you to join one of the 18 ensembles with over 350 participants from children to adults. For information on all the ensembles, please go to our website at www.stlukeshr.com or you can simply ask Jim.

Amahl and the Night Visitors

Coming Dec. 17-19

During the third week of December this year, the St. Luke's Music Program and the Wesley Players will present a Christmas Festival featuring an American opera, "Amahl and the Night Visitors", by Gian Carlo Menotti. **Auditions for "Amahl" will take place the weekend of Friday Oct. 29 at 6:00pm, Saturday, Oct. 30 at 10:00am, and Sunday, Oct. 31 at 3:00pm.** Music for each role will be provided outside the music office the beginning of October. Written and debuted on NBC Television in 1951, the 45 minute opera will be the grand finale to an evening of beautiful Christmas music presented by St. Luke's Music Ministers. **Roles for "Amahl" include:** Mother - Mezzo Soprano, Balthazar - Bass, Melchior - Baritone, Casper - Tenor, Page - Baritone, Shepherds Chorus, Dancers

All are invited to audition. Questions, contact James Ramsey at 303-791-0659 x23.

OUR COMMUNITY



Time to Smile!

It's time to get photographed for the 2011 St. Luke's Pictorial Directory, and we would like to have full participation! You'll get a free 5x7 portrait, a complimentary pictorial directory, and the option of purchasing specially priced packages—no hard selling involved. Bettinger Photography will be on-site at St. Luke's for portrait appointments on Friday, Oct. 15 through Thursday, Oct.

21, 2010. Volunteer appointment setters will be in the Narthex on Sept. 26, Oct. 3 and Oct. 10 to help schedule your portrait sitting. The Pictorial Directory team is also requesting volunteer helpers to greet members and sign them in during appointment sittings in October. For complete information about the Pictorial Directory, or if you'd like to help the team, please visit stlukeshr.com/photodirectory, or call or email Kris Kinney at 303-346-2740, kmk830@earthlink.net, or Jill Wright at 303-927-6345, jill@jillwright.com.

St. Luke's College Student Sails with Desmond Tutu



St. Luke's own Katie Johnson who attends Rocky Mountain College in Billings, Montana, will be studying in a Semester at Sea. She left in late August and won't be back in the United States until mid-December. She will be traveling to Spain, Morocco, Ghana, South Africa, Mauritius, India, Singapore, Vietnam, Hong Kong, China, and Japan. After a visit to Hawaii, the ship returns to San Diego. Katie has been working at multiple jobs and scholarship opportunities in order to finance this incredible

experience. She completed a project for the Bross Peace Seminar at the college which opened the door to dreaming about this travel. Archbishop Desmond Tutu will be sailing with the students and serve as a professor in global studies. She will be volunteering at the Chen Su Lan Methodist Children's Home in Singapore, the SOS Villages in Casa Blanca and Mauritius and Mother Theresa's Missionaries of Charity orphanage in India. She has asked for our prayers! Blessings and traveling mercies, Katie!

Flowers for Sunday Options: To order altar flowers: (1) you order and take care of delivery yourself or (2) have the Flower Steward take our vases to Safeway where they arrange two altar arrangements for the cost of the flowers and we pick-up and place on the altar stands. The cost is \$30 to the church flower fund. This has helped in assuring that there are flowers every Sunday. **Flower Observance:** Have you noticed the red, white and blue arrangements on the first Sunday of June -Sept.? This is in observance of the 65th anniversary of the end of WWII and to thank all our armed forces - past and present. *We are a blessed country.*

Getting to know a new church is often overwhelming and simply...not simple!

We offer to you, **3 simple ways** to discover more about our community and how you may get connected easily.

Please join us at one or all three of the following sessions in order of your needs or preferences.

We will be offering these monthly, so the choice is yours!

For more information, stop by our Get Connected Center located in our large foyer.

Questions? Contact Lynda Fickling 303-791-0659 x20 Lynda@stlukeshr.com

**childcare and/or Sunday school is available*

Three Simple Ways: 9:30am Sundays Room 206

1. 2nd Sunday of the Month: Café St. Luke's *Fellowship, coffee and conversation covering the History of St. Luke's, how to find the answers to all of your questions about our community and a tour of the facilities.*
2. 3rd Sunday of the Month: Connecting to St. Luke's *Discover our programs and ministries. How do you volunteer to serve and where can I serve inside and outside of the St. Luke's community? What are my Spiritual Gifts and why do they matter?*
3. 4th Sunday of the Month: My Spiritual Growth *How does one continue their journey of faith as an adult? Together we will explore the answer to this question and introduce you to some of our classes.*

Upcoming Events

- * **SLY PM Dinner** every regularly scheduled Sunday night at 5:30, \$2 Donations appreciated! You can now sign up to help provide dinners online www.stlukeshr.com/sly/sundaydinners Having parents help provide a group meal in the middle of 4 hours of youth activities allows our youth to set aside blocks of time at church! We thank you for your help!
- * **September 18 – Lock In!** Watch for more details, but we want to kick off the fall with some fun, fellowship, and possibly a bonfire! Activities Saturday overnight into Sunday morning.
- * **September 26 – Tied to the Tracks + Fusion.** Come watch Tied to the Tracks, hang out for dinner, then worship with Fusion on this special SLY PM night.
- * **October 3 – Pumpkin Unload!** Come in work clothes, close-toed shoes, and work gloves. Do some stretched before the unload begins at 1pm. Normal unloads take 2-3 hours.
- * **October 3 – U2 Worship & Feeding of the 5000.** Be there and bring a friend, no SLY dinner beforehand, but worship starts at 6:30! Bring non-perishable food to support the drive!
- * **Donut Whole** is on for another school year at Mountain Vista! Join Chris & Mrs. Mires (Spanish teacher) at 7:15am on Thursdays starting September 9! We'll provide donuts & juice, you can help us come up with meaningful discussion topics and current events!
- * **Check out** www.stlukeshr.com/sly for up-to-date info on programs, activities, ministry opportunities and more!



Chris Wilterdink
Director of
Youth Ministry



Susan Johnson
Assistant Director
of Youth Ministry

CHRIS's CORNER

Change According to Me and DMB

You may have heard about big changes coming to SLY by now. If you haven't heard yet, I present the short and sweet version of upcoming events. Sept 13 Erin Laurvick will join youth staff as an intern from the Iliff School of Theology.

January 1, 2011 Chris will reduce his role from 40 to 20 weekly hours as a way of beginning to transition out of a paid staff position, culminating at the end of May 2011. Chris and his family plan to stay at St. Luke's as members after this staff transition. All this follows the announcement of Emily and Chris having a baby who is due in late February. The reason I choose to share this with everyone now? St. Luke's deserves to see healthy change, and healthy transition. So, armed with the knowledge that change is coming, I wanted to share some quick thoughts on change, based on lyrics found in the songs of one of my favorite musical artists, Dave Matthews.

A rolling stone gathers no moss, but leaves a trail of busted stuff. St. Luke's and myself have been really lucky over the past 6 years, since there is something to be said for the growth that consistency can bring. Progress and growth are good things, but not when they leave a trail of destruction behind them. I've been blessed to be in this church in the same role for a long time by youth ministry standards. If I'm the stone that is about to get in motion, I want to make sure my transition doesn't leave any busted stuff behind...

To change the world, start with one step. However small, the first step is hardest of all. Your first reaction to this news might be fear about what's coming next, or anxiousness about the things that might have to change at St. Luke's because of a staff realignment. But know that we've prepared a lot to take this first step, and that now that we're walking, we walk with purpose and in a very good direction! We'll find a new great leader!

Celebrate we will, for life is short but sweet for certain. For some of you, you might feel like the time you've gotten to share with me has gone by too quick. To you, know that I'm not going anywhere, I just won't be paid by St. Luke's to do everything that I do now. I still want to laugh with you, hang out, and be your friend. Emily and I want to stay members here, we want to raise our children here and have you continue to be a part of our lives!

Don't beat your head - dry your eyes, let the love in there. There're bad times, but that's okay... Just look for love in it. I'm here to be a part of the grieving process, and I want you to know that I'm experiencing sadness at the same time as you are. As long as we love each other through the process, even these initial tough feelings will end!

Nothing is here to stay, everything has to begin and end. A ship in a bottle won't sail. All we can do is dream that the wind will blow us across the water, a ship in a bottle set sail. So what will I do when I'm not on staff anymore? Be the best father and husband I can. I'm also finishing a Master's program at Regis University that focuses on project management. I am feeling called to service work, missions opportunities, and non-profits that don't necessarily involve getting ordained. I discovered this call by being in ministry at St. Luke's and working alongside so many of you on missions projects through the years. In more than one way, I owe who I am now... to you. Thank you for molding and making me. – *Peace and Love, Chris*



Sign Up Now for Pumpkin Patch Shifts Make sure you and your parents sign up for shifts!!! The Patch will be open from October 3 until October 31!

MISSIONS

Collect food after Broncos Games

St. Luke's! We're looking for 8-10 volunteers to help We Don't Waste, a program of Denver Inner City Parish, (DICP), collect leftover food from the suites at Denver Bronco home games this fall. Volunteers will collect the food, which will be stored overnight at Invesco Field and picked up Monday morning by DICP for distribution. There is enough leftover food to feed hundreds of people! We will be meeting at the end of the 4th quarter to start "sweeping the suites." Get involved soon! Together we can make a difference! Contact Andrea Kirchhoff, akirchhoff@yahoo.com, with questions. (Fun community service hours for High School Students!)



Dave Cupp
Director of Finance



Lisé Takayama
Assistant Director
of Finance

Thank You For Your Continued Support.

The first six months of our budget performance was running very close to plan and it appears that July will show similar results. Thank you for making this happen.

Mark Your Calendar For 7:00 p.m., October 26. That is the evening we will have our first Planned Giving Team presentation in the Sanctuary to share with you the many ways you can give to St Luke's through one of the programs offered by The Planned Giving Team and have it be a win win situation for you and St Luke's. Linda Gardner, CPA, will be our guest speaker. Linda has worked closely for many years with the Rocky Mountain Conference United Methodist Foundation (RMC Foundation) serving as a Consultant and Board Member. Currently, she is serving as their Gift Planning Director. The purpose of her presentation will be to explain the various estate planning tools available to you for discussion with your estate planner. I know Linda and know that she is very dedicated to the success of the RMC Foundation and helping our Rocky Mountain Conference members do their estate planning in a beneficial way. It would be appropriate for you to bring a family member or friend. Refreshments will be served.

Pick and Choose Your Method Of Giving to SLUMC.

We have many ways for you to make your giving to SLUMC easy and convenient. You may want to consider one of these convenient methods for your contributions. In addition to cash and checks, we offer online credit card transactions, stock transfers and scheduled automatic withdrawals from checking or credit card accounts. The following is a general summary:

1. **General Fund and Capital Campaign:** All methods.
2. **Grocery Cards:** Cash, check, scheduled automatic withdrawal from checking accounts.
3. **Special Events:** Depending on the type of event may include cash, check, PayPal and online credit card transactions. The method(s) available at each event will be announced at the time of the event and are at the discretion of the sponsor.
4. **Plus:** We're anxious to consider any reasonable method you know about that we haven't adopted.

TRUSTEES CORNER

Parking Lot Makeover

As you have probably noticed by now the parking lot is getting some much needed attention. Starting the week of August 16th the cracks were filled in. The contractor also removed the west islands in the south parking lot. This will give us a few more parking spaces and also eliminate the need to periodically pull the weeds in the rocks. That's a good thing! The larger east island was shortened up for the same reasons. The week of August 23rd the lot was swept clean and resealed. It was done in two phases so parking would always be available. Following that the lot was restriped. We added two additional handicap spaces in front of the church. Trustees are always working to keep our church grounds in good condition. Let us know if you have any questions or concerns during this renovation process.

Care Ministry of St. Luke's

We all experience challenges in life – times when we could benefit from extra support and care. St. Luke's has an excellent care ministry network that is designed to meet people's needs in a variety of circumstances. If you or someone you know may benefit from these ministries, I encourage you to contact me so we may have a confidential conversation to connect you with a care ministry or resources that may be helpful to you. You may reach me at 303-475-014 or sallie@stlukeshr.com –Rev. Sallie Suby-Long

Stephen Ministry – provides confidential, one-on-one care to individuals in our congregation and community who are experiencing difficulties in their lives. Stephen Ministers are lay persons with gifts for caregiving who have completed specialized training in providing emotional and spiritual care.

Pastoral Team – Rev. Brad, Rev. Janet, and Rev. Sallie offer short-term care, counseling, and referrals for individuals, couples, and families experiencing many life circumstances.

The Caring Connection – provides support to members of St. Luke's and the community by making companion visits, taking meals to families in need, running errands or providing transportation.

Prayer Chain – supports our church family through an ongoing prayer ministry. Requests for prayers may be called in to the church office, sent through the website, or written on a prayer request card.

Care/Prayer Team – is a small group of individuals that gather regularly in the chapel to pray for concerns of the congregation and the community. The care/prayer team ministers together with The Caring Connection, Pastoral Team, and Stephen Ministry.

Spiritual Direction – supports individuals who are discerning vocational and life decisions, embracing change and new chapters of life, negotiating challenges, recognizing and celebrating important insights, enhancing self-awareness and being attentive to what is sacred in all aspects of life. This ministry is offered by individuals who have completed specialized, professional training as Spiritual Directors.

The Samaritan Fund – provides financial support and assistance for those who are part of our St. Luke's family.

Benevolence Fund – provides support for those in need who are not directly connected with the St. Luke's family.

Support Groups and Classes – St Luke's offers support groups and classes focused on a variety of topics such as divorce recovery, parenting, and healing after experiencing loss.

If St. Luke's does not offer the type of support you may need, we will make every effort to connect you to additional resources, support networks, and care providers within our community.

New Stephen Ministry Class!

We warmly welcome our new Stephen Ministry class that will begin training and preparation on September 28: Marge Harper, Paul Kirk, Diane Lindsay, Jana Money, Linda Osborn, Mary Peterson, Ron Miller, Cindy Raap, Brenda Schafer, Peter Waldheim

If you missed the earlier invitation to apply for this ministry and you are interested in the possibility of becoming a Stephen Minister please contact Rev. Sallie (sallie@stlukeshr.com, 303-475-0141) or any of our Stephen Leaders (Nancy Abbott, Janet Forbes, Bryan Hutchinson, Laura McCarthy, Jerry McLeland, Sherry Merrill, and Sherrie Miller). We would love to talk with you about this growing ministry!

"Love one another as I have loved you" –John 13:34



St. Luke's United Methodist Church
8817 S. Broadway • Highlands Ranch, CO 80129
303-791-0659 • www.stlukeshr.com

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*St. Luke's United Methodist Church welcomes you to our Christian family,
where we share life. Wherever you are in your faith journey,
you are accepted and encouraged to grow spiritually.*

*Join us in growing together toward full humanity through living
the teachings of Jesus: Love, Acceptance, Justice and Hope.*

RETURN SERVICE REQUESTED

Building an Equipping

Church Denver Equipping Ministry Alliance is teaming up with Group Publishing – Church Volunteer Central hosting a workshop on **Sept. 9, 10:0am-noon** focusing on “The Biblical Foundation of Equipping”. All servants, volunteers, and leaders of our church (that would be all folks!) who are interested in attending contact Lynda Fickling, 303-663-7501 lynda@stlukeshr.com

Get Your Flu Shot at St. Luke's!

Date: Sunday
Oct. 10, 2010

Time:
8:30-11:30am



SEPTEMBER 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Be Blessed and Be a Blessing 5 8:00, 9:30, 11:00am: Worship - Rev. Brad Laurvick 6:34pm: Fusion	6 Labor Day Office & Little School Closed	7	8 6:30pm: SLY Club Wed 6:30pm: Adult Ed Facilitator training	9 9:30am: Equipping Ministry Workshop 6:30pm: Servant By Design begins 6:30pm: Contemplative Fellowship	10	11 8:30am: Simply Saturday
12 8:00, 9:30, 11:00am: Worship - Rev. Janet Forbes 9:30am: 3 Simple Ways to Discover Our Community 2:00pm: UMW Kick Off 5:30pm: Community Dinner (\$2) 5:30pm: SLY, Jr. 6:00pm: SLY PM 6:34pm: Fusion "Blessing of the Animals"	13 6:30pm: Women's Night Out 6:45pm: Divorce Recovery 7:00pm: Trustees	14 6:30pm: Finance Team 7:00pm: Mission Team	15 Wednesday Night Activities Begin 6:30pm: Wed. Night SLY	16 Thursday AM classes start 6:30pm: Long Range Planning meeting 6:30pm: Contemplative Fellowship	17	18 UMW District Meeting 10:00am: Wesley Writers 6:00pm: SLY Fall Lock In
LOOK DEEPER 19 8:30am: Ministry Fair 8:00, 9:30, 11:00am: Worship - Rev. Janet Forbes 9:30am: 3 Simple Ways to Discover Our Community 5:30pm: Community Dinner (\$2) 6:00pm: SLY PM 6:34pm: Fusion	20 6:00pm: Women's Night In 6:30pm: Executive Team 6:45pm: Divorce Recovery	21 6:30pm: Spirituality and Wellness Series 6:30pm: Children's Ministry Team 7:00pm: Lay Leadership Team 7:30pm: Planned Giving Team	22 5:45pm: Evening Prayers with Communion 6:30pm: Parent's Depression/Bipolar Support Group 6:30pm: Wed. Night SLY	23 6:30pm: Contemplative Fellowship	24 TIED TO THE TRACKS 7:00pm: Melodrama "Tied to the Tracks"	25 TIED TO THE TRACKS 7:00pm: Melodrama "Tied to the Tracks"
26 8:00, 9:30, 11:00am: Worship - District Superintendent Melanie Rosa 9:30am: 3 Simple Ways to Discover Our Community 4:30pm: SLY PM/SLY, Jr. 4:30pm: "Tied to the Tracks" 5:30pm: Community Dinner (\$2) 6:34pm: Fusion	27 6:00pm: Common Table 6:45pm: Divorce Recovery 7:00pm: Women's Book Club	28 6:30pm: Learning Differences Support Group	29 5:45pm: Evening Prayers with Communion 6:30pm: Wed. Night SLY	30 6:30pm: Contemplative Fellowship	OCT 1	2 FEEDING THE 5,000 9:00am: Sanctuary Care 6:34pm: U2Charist
Feeding of the 5,000 3 8:00, 9:30, 11:00am: Worship - Rev. Janet Forbes World Communion 1:00pm: Pumpkins Arrive 1:30pm: SLY, Jr. 5:30pm: Community Dinner (\$2) 6:34pm: Fusion	4 11am-7pm 6:30pm: Women's Night Out 6:45pm: Divorce Recovery	5 11am-7pm 6:00pm: Love & Logic Parenting	6 11am-7pm 5:45pm: Evening Prayers with Communion 6:30pm: Parent's Depression/Bipolar Support Group 6:30pm: Wed. Night SLY	7 11am-7pm 6:30pm: Contemplative Fellowship	8 11am-7pm FEEDING THE 5,000	9 9am-7pm 7:30am: Men Under Construction Breakfast