



The Chronicle



ST. LUKE'S UNITED METHODIST CHURCH

AUGUST 2011

Inside This Issue:

- From Rev. Janet.....2
 - From Rev. Brad.....3
 - Guatemala 20123
 - Children's Ministry...6 & 7
 - Wellness Workshop.....8
 - Learning with St. Luke's..8
 - Music & Arts.....9
 - SLY.....10
 - Trustees.....11
- and much more!*

Stories from our Summer Mission Trip



From Ms. Susan Johnson: On July 5 we embarked on the Junior High Mission Trip to Grand Junction. We drove with 31 kids and 7 adults and were fortunate enough to be welcomed by Crossroads UMC where we used their gymnasium as our home base. We slept there, bathed there and prepared our meals there. It is also where we would gather in the evenings to recap our experiences and strengthen our new friendships. We were a tight group and my hope is that everyone felt as connected as they looked. By the end of the week folks would walk into the soup kitchen and say "Are you the St. Luke's kids that everyone is talking about?" a good sign that we did a lot of work for a lot of people. We worked in teams at the soup kitchen hosted by Catholic Outreach, at Homeward Bound, a homeless shelter and food bank, at The Grand Junction Botanical Gardens, and at the Bureau of Land Management clearing misused areas and clearing debris to help prevent forest fires. We took our entire group to shop for food that we then took to the food bank and stocked their shelves doubling their inventory. We organized a storage facility owned by the homeless shelter that was full of donations of all sorts, sleeping bags, coats, personal items, diapers, overflow cots, blankets, etc. and built shelving so that they could see where the items were located and get to what they need easily. All of this was done in the very hot sun-bathed area of Grand Junction without any complaining from our youngest SLY members. I couldn't be more proud of our kids, their ability and willingness to serve others, their faith and their love for each other. We have much to be thankful for!!!!

From Avery Hill & Kaitlyn Johnson: When the bus pulled up to the church in Grand Junction, we could tell that everyone was excited to be there. Everyone knew each other by the time we settled in for the night. The next few days we got up eager and ready to help the people. In our groups, we formed families that had fun and worked together to accomplish what we went for. Over our trip we did a carwash, cleaned up trails, planted seeds, worked at a soup kitchen, and organized homeless people's needs. One day, after a hard day's work, we found a stream. It started with just our feet being dipped in, then our heads, and eventually our whole bodies. Once we were all in, we went under at the same time. It was such a touching moment, it felt like we were one with God and he was one with us. When we all got on the bus to head back home, there were many tears. We knew it would take some getting use to not having each other around

continued on page 10

Pura Vida Concert

to Benefit the John Wesley School



St. Luke's has been a key part of Pura Vida's efforts to provide educational opportunities for children in rural Guatemala. Our contributions over the past several years have included prayer, mission trips, building houses, building chicken coops, providing scholarships and supporting the construction of the John Wesley School in Santa Cruz del Quiché, Guatemala. Funds from the concert will go toward the fifth (and final) phase of construction on the John Wesley School. For more info about Pura Vida and The John Wesley School, go to www.puravida.org. All ages are welcome to see Face All-Vocal Band. Face is a nationally recognized all-vocal rock band bringing a new edge and attitude to the human voice. In addition to Face, Mile 21 will also be performing. Mile 21 is a co-ed a cappella group from the University of Colorado in Boulder, representing some of the best in collegiate a cappella. The concert will be held at The Soiled Dove Underground at 7401 E. 1st Avenue in Denver on Friday, September 16, 2011. Doors open at 6:00pm and the show will begin at 7:00pm. Tickets are \$20 each (reserved seating). Please go to www.puravida.org to get your tickets or contact Jerry Hertzler at 720-480-0476 or jmhertzler@comcast.net.

**THIS IS IT!
NEXT
MONTH
The Chronicle IS
GOING GREEN!**



Beginning September, 2011, the St. Luke's newsletter *The Chronicle* will no longer be mailed door-to-door BUT will be found at our website www.stlukeshr.com under Publications and will be emailed out to everyone on our distribution list. We will be saving \$3000 a year or more! That's a lot of copies! You can always pick up a copy at St. Luke's at all of our entrances and at the Get Connected Center.

If you currently receive *The Chronicle* electronically nothing changes for you. If you should need to have a hardcopy still mailed to you, send an email to

Sunday Worship Services:

8:00am, 9:30am, 11:00am

6:34pm: Fusion

Contemplative Services also offered

(Check website for dates and times)

Sunday School:

Adult, Youth & Children:

9:30am & 11:00am

Nursery available for:

8:00, 9:30 & 11:00am services

Church Office.....303-791-0659
Fax.....303-470-5615
Childcare Reservations.....x47
Email.....office@stlukeshr.com
Website.....www.stlukeshr.com
Preschool Office.....303-791-1982

Staff:

Rev. Dr. Janet Forbes.....x13
 Senior Minister Emergency: 303-241-9312

Rev. Bradley Laurvick.....x12
 Associate Minister Emergency: 720-296-1251

Rev. Sallie Suby-Long.....x32
 Associate Minister Emergency: 303-475-0141

Sharon Oliver.....x27
 Director of Children's Ministry

Dawn Johnson.....x11
 Assistant Director of Children's Ministry

Samantha Leahy.....x40
 Director of Childcare

Erin Klein.....x14
 Interim Director of Youth Ministry

Susan Johnson.....x19
 Assistant Director of Youth Ministry

Kay Swanson.....303-791-1982
 Director of Little School

Dr. James Ramsey.....x23
 Director of Music & Arts Ministries

Kenrick Mervine.....x33
 Associate Director of Music Ministry & Organist

Jennifer Ferguson.....x37
 Associate Director of Music Ministry

Kay Coryell.....x36
 Director of Handbells & Children's Music Ministry

Ernie Rodgers.....x44
 Fusion Worship Leader

Carrie Mallery.....x35
 Assistant Fusion Worship Leader

Jenna Wilcox.....x22
 Director of Drama Ministry

Brenda Schafer.....x10
 Office Administrator

Dave Cupp.....x24
 Director of Finance

Lisé Takayama.....x16
 Assistant Director of Finance

Lynda Fickling.....x20
 Director of Servant Ministry/Spiritual Director

Barry Curtis.....x39
 Facilities Manager

All submissions for the
September 2011 issue
 of *The Chronicle* are due **August 20**
 Editor: Sharon Oliver
 chronicle@stlukeshr.com



Rev. Janet Forbes
 Senior Pastor

Marking the Tenth Anniversary of September 11, 2001

As we plan to recognize the tenth anniversary of September 11, 2011, a diverse group of faith leaders and organizations are partnering to plan a series of events to mark the day. As vice-president of the Colorado Council of Churches (which is one of the sponsoring groups), I am pleased to invite your participation. The theme for the series is **SHADOW AND LIGHT: A**

TIME OF REMEMBRANCE AND HOPE.

The series will begin with an open house and community gathering on Saturday, September 3 from 5:00-8:00pm at the Colorado Muslim Society - Masjid Abu Bakr - located at 2071 S. Parker Road, Denver. The leaders and members of the Colorado Muslim Society are hosting the event to help generate a better understanding of Islam and to promote the goal of fostering peace, harmony and tolerance among all people of faith and goodwill. A vegetarian meal will be served. As a sign of respect, attendees should be prepared to remove their shoes if entering the prayer space at the mosque. Women are encouraged to bring a head covering if they want to tour the prayer space.

On Sunday, September 11, 2011, opportunities for remembrance and learning are planned.

CONVERSATIONS THAT MATTER at St. John's Episcopal Cathedral, 1350 Washington St. in Denver from 1:30 to 3:30pm. These conversations will be facilitated by local faith leaders, community leaders, and interfaith advocates. Topics will include: "People of Faith Speak Out: What do I love and what troubles me about my tradition?" and "What are the sources of our greatest fears of each other?" From 3:30 to 4:30pm, a joint session of Conversations That Matter will be led by James Laurie (Jonny 5) of the Flobots. A light supper will then be served.

That evening from 6:00 to 7:15pm, a multi-faith, community-wide service, **A SERVICE OF REMEMBRANCE, HEALING, AND HOPE**, is being planned by Muslim, Jewish, and Christian faith leaders. The planners have affirmed the following quotation as the underlying intent for the service:

For nearly a decade now, since the attacks of September 11, 2001, we Americans have known without a doubt that any hope for a peaceful world will require profound engagement among the world's religions. (The Very Rev. Samuel T. Lloyd III, Dean of the Washington National Cathedral)

As each of us prepares to remember, I encourage conversation in homes and among friends and neighbors. What have we learned about our world, our communities, and ourselves since that tragic day?

Blessings –Rev. Janet

Get Connected Aug. 14 at our Mini-Ministry Fair

Come to the Fellowship Hall between 8:45am and 12:15pm on August 14 to celebrate "Learning with St. Luke's" and "Music and Arts" as they share their ministry!

This is a great way to meet the people who serve on these teams, learn how each team ministers to our community, and get involved in these ministries yourself.

If you have any questions, please feel free to contact Julie Brower at julie_af_brower@yahoo.com or Lynda Fickling at 303-791-0659 X20 or lynda@stlukeshr.com.

H.A.A.T. Force: South Metro Fall Kickoff Event

On September 22, 2011 from 4:30 to 8:00pm we will be holding our fall kickoff event. It will be held at Café 180 located at 3315 S. Broadway. Due to space limitations at Café 180 we will have to limit the number of attendees. Thus we will be selling tickets for \$10 and a free will donation will be collected at the event. Pizza, salad, a dessert & drinks will be served. We will have entertainment and a local artist will be signing posters that she donated to us.

Please contact Peter Reif, 303-263-7225 for more information.



Rev. Bradley Laurvick
Associate Minister

Have You Seen Jesus My Lord?

One of our favorite songs at Family Camp this summer was "Have You Seen Jesus My Lord". This is an old campfire favorite of mine from my days

at church camp. The chorus continues, "have You seen Jesus my Lord he's here in plain view, take a look, open your eyes, he'll show it to you".

As I sat in the mountains with the picturesque views, the fresh air, and the sounds of our St. Luke's family enjoying everything God's world has to offer, it was easy to see what the song was talking about. But now I'm back home, stuck in traffic, managing a busy schedule, and seeing more lightbulbs than sunny days and starry nights. I miss the mountains.

The funny thing is, Jesus being in plain view hasn't changed... Only I have. That whole "take a look, open your eyes" thing seems to be my problem. So I'm stopping right now.

Stopping the things I am doing, if only for a moment, to look. There it is. And when I feel like I can't see it again, I will have to stop once more. And I need your help, actually, we all need each others help with this.

The final verse of the song asks us to recognize the divine presence we share together. "have you ever stood in The Family, with the Lord there in your midst, seen the face of Christ on each other, then I say, you've seen Jesus my Lord". This statement is true for me every time we gather together as St. Luke's family. I invite you to "take a look" with me, as we open our eyes to this divine presence that fills our everyday lives.



Guatemala - Spring 2012

by *Laura Richards* For the past seven years, St. Luke's has been sending Mission teams to Guatemala. We are currently in the planning stages for our March 2012 trip. The focus of this trip will be building a cinderblock school in the rural area of Lemoa. We recently were made aware of a "Cornstalk School" about 2 miles west of central Lemoa. The school has 2 classrooms of cinderblock and 4 classrooms literally built from cornstalks. The cornstalk classrooms have dirt floors which get very muddy during the rainy season. This

causes health issues with the students. In March 2011, community representatives presented Pura Vida with an estimate for building 3-4 cinderblock classrooms to replace some of the cornstalk classrooms. Given the value that Pura Vida and our St. Luke's teams place upon education we feel this will be an exciting opportunity for us to pursue next year.

As in the past, those team members who sponsor students attending school in Guatemala will have an opportunity to meet with their child while on the trip. We are also planning to build chicken coops for needy families and hold bible camps with the children.

Due to the overwhelming interest we have already received regarding this project, we are scheduling two back-to-back mission trips in March 2012. This will enable us to meet various scheduling needs of our volunteers while also providing the additional help the people of Guatemala need. Volunteers will have the option of going on the trip during:

- 1) Week 1 – March 16-25 (tentative dates) -OR-
- 2) Week 2 – March 23- April 1 (tentative dates)

The cost for a one week trip has not been finalized (due to fluctuating airfares) but in the past the cost has been approximately \$1,650 per person. More information about this trip can be found on the Pura Vida website (puravida.org). This website includes several journals, written by former St. Luke's missionaries, which describe our activities and missions work over the past few years. Also, due to the nature of this construction project, we will be enforcing the Pura Vida age policy which requires that youth be at least 15 years of age to go on the trip.

If you have any questions about the March 2012 trip, please email Laura Richards (corichards@aol.com).

In addition, *you are invited to attend our initial planning meeting on Sunday August 28 at 12:15pm*. The meeting will be held in Rm 213 and is open to anyone interested in our church's mission work in Guatemala. If you definitely plan to attend the trip, please bring a check for the initial deposit of \$200.

St. Luke's Participates In Love INC National Training

by *Carl Cleveland* Four members of St. Luke's traveled to Boise, ID the week of Jun 13th to learn more about the national model for Love In The Name of Christ affiliates and learn how we can strengthen our own partner, Love INC of Littleton. We were also blessed with the opportunity to tour the Love INC in Treasure Valley, ID which has been in operation for over 18 years transforming lives in their community in wonderful ways. St. Luke's participants included, Rev. Doug McKinney, Love INC of Littleton Executive Director, Cindy Raap, Clearinghouse Coordinator, Nita Dunn, Volunteer Co-Chair for Thrift Shop planning and operations, and Carl Cleveland, Board Member. Also, on the trip were Kari Mason and Steve Graber. Five of the six made the road trip together across the greenest Wyoming and Utah landscapes I have ever seen.

We learned about proven tools and processes, saw them in action during our tour of the local Love INC affiliate operations, networked with people from affiliates across the nation, and came away with great visions for the future. The most powerful message reinforced for all of us is that Love INC is truly in partnership with member churches to transform lives of people in need through caring, sustained relationships. While *charity* is a part of the model, Love INC goes beyond to *developmental compassion* in which both the giver and the recipient engage in finding solutions to needs in a way the empowers the recipient to take charge of their life. The volunteers get actively involved by getting to know the individuals and their stories. And all we do is modeled in excellence and love. It is a mission that neither Love INC nor a single church can perform alone. Together, in partnership, we can do so much more in the community, as we follow the teachings of Jesus to empower and love people in need.

Love INC of Littleton now has 20 partner churches including St. Luke's and 17 other affiliated churches involved in mission of love to serve our community. Each month hundreds of volunteers come together from these churches to share Christ's love through a wide variety of ministries designed to fill gaps in existing community services serving nearly 200 clients. It's exciting and the future is bright. If you want to know more about Love INC, go to www.loveinlitleton.org and watch for opportunities to support our community with Love In The Name of Christ.





We are Called to Serve

Love cannot remain by itself, it has no meaning. Love has to be put into action, and that action is service.

—Mother Teresa of Calcutta

Lynda Fickling
Director of
Servant Ministry/
Spiritual Director

Ushers: Assists in the weekly worship service by ensuring

worshippers are attended to during the services. Ushers typically serve on a quarterly basis. If you would enjoy serving our community on Sundays please call. **Spiritual Gifts:** Helps, Hospitality **Meeting Time/Place:** Rotating Sundays at 8:00am, 9:30am or 11:00am **Contact:** Shawn Slade 303-660-6113 Shawn.Slade@leicausa.com

Grocery Certificate Team: Help sell our grocery certificates on Sunday mornings. It's a wonderful way to meet and welcome others here at St. Luke's. The grocery certificate program is a "Fund Raising" function for the church. Every time people purchase the certificates, a donation is made by one of the local grocery stores to St. Luke's. Members generally work one Sunday per month selling certificates between services. **Spiritual Gifts:** Helps, Giving, Leadership **Contact:** Paula Severseike 720-519-1194 seikes@comcast.net or Marilyn Bacon 303-791-7649 jamesmarilyn@msn.com

Caring Connection: The Caring Connection provides support to members of St. Luke's and the surrounding community by making companion visits, taking meals to families in need, running errands or providing transportation. **Spiritual Gifts:** Helps, Hospitality, Mercy, Faith, Giving, Evangelism, Healing **Meeting Time/Place:** varied **Contact:** Nancy Jackson 303-798-2713 nlnjackson@comcast.net

Altar Team: The Altar Team helps create and maintain a worshipful experience at St. Luke's. Our team members design, create and change the banners for the Christian seasons. We plan and implement the Advent decorations in the Sanctuary and extend them into Fellowship Hall. We provide an expression of remembrance through poinsettias at Christmas and spring flowers at Easter. We are responsible for the elements, set-up and clean up each month for communion. We also maintain the candles and silk plants. We welcome new members! **Spiritual Gifts:** Helps, Hospitality, Leadership, Administration, Creativity **Meeting Time/Place:** Varies with season **Contact:** Julia Murrow 303-791-7437 juliamurrow@gmail.com or Kathy Swier 303-683-4620 kaswier@q.com

To Discover more about your own Spiritual Gifts and where you may serve best, visit www.stlukeshr.com and beginning serving where God has given you talents and gifts! If you are searching for a place to connect at St. Luke's, please contact Lynda Fickling, Director of Servant Ministry, x20 lynda@stlukeshr.com or Bruce Pawley, Co-Leader for Lay Leadership, 303-471-8353 brucepawley@comcast.net or Karin Wesson, Co-Leader for Lay Leadership, 303-683-0196 karin@thewessons.com and/or stop by our Get Connected Center



Rev. Sallie Suby-Long
Associate Minister



Brenda Schafer
Office Administrator

Maria Viera Harris
(friend of Cindy Barlow)
Denise More
(friend of Jenny Stevenson)
Helen Mueller
(Cindy Markham's mother)
Sonia Cajanda (Mercedes VonNormann's sister)
Dustin Baird
(friend of Lucero's)
Mandy Paul (family friend of Kay Swanson)
Kathy Rich (Ms. Kay's friend)
Mel Ludlam
(Les Ludlam's uncle)
Curtis Hall
(Debbie Newby's brother)
John Thompson
(Julie Ramsett's father)
Don Leidig (Bob & Christy Rowe's friend)
Mike Quinn
(Pat Ludwig's nephew)
Kenny Sharpe
Dayna Paxton
(Craig Ballard's sister)
Myles Krick
(friend of Amy McDowell)
Carolyn Cooper
(Angela Fuller's friend's 8 month old daughter)
Mike Eckhoff
(Mary Harper's son's friend)
Friend of Brian Welch
Connie Bruhn
(Cheryl Wolff's sister)
Karin Mason
(Victoria Mason's sister)
Alex Daniels (Nancy Lataitis' family friend)
Steve Marschke
Kevin & Renee Parker (Michelle Walters' friends)
Bill Harold
(Nancy Obertier's cousin)
Darrell & Billie (wife) Aderman
(friends of Rick & Louise Jasper)
Jack Fleming
(Julie Brower's father)
Lori Lieberman
(friend of Jane Damsgard)
Donna Craven
(friend of Cindy Barlow's)
Jerry Miyaki (Mike's uncle)
Kevin Freymeyer
(friend of Greg Nolder)
Michael & Lona Cram
(friends of Nita Dunn)
Randy Still (Rake & Jennifer Jiang's neighbor)
Steve Irons (Bill Lee's friend)
Doug Bryden
(Kay Swanson's father)
Scott Sheffield (Alicia Waldheim's friend's son)
Rod Prentice (Betsy Keyack's friend)
Laura McCoy
(Kay Oscar's friend)
Tammy Ege
(Rachel Nolder's friend)
Carol Vestal
(Rachel Nolder's friend)
Jerry Keyack
(Betsy Keyack's brother)

PRAYER CONCERNS

Please stop by the Information Center; by the front door, where you will find the updated Prayer Concerns lists. Contact Rev. Sallie Suby-Long or Brenda Schafer if you have any additions/removals. 303-791-0659 x32, leave a note on the front desk, or email at sallie@stlukeshr.com or brenda@stlukeshr.com

As of
Aug. 1, 2011

Kim Burch
(Allison Wright's sister)
Bill Lee
Randy Carroll (Kristen Foster's friend's husband)
Charles Mervine
(Ken Mervine's father)
Kristy Tafolla (Kay Swanson's cousin's daughter)
Jeff Henderson
Darcy Grannis
(Susan Johnson's sister law)
Patty Colligan
(Jerry Hecht's sister)
Tom Gabel
(family friend of the Haas')
Louise Huntman
(Lisa Schuth's mother)
Ruby Gray
(Lise Takayama's mother)
Heather Obertier
Judy Austin
(MaryJo Weber's sister)
Mike Breneman (Scott & Lynda Fickling's brother-in-law) –
Megan Land
Brooke Giellis (Eileen Law's friend's daughter)
Helen Burton (Eileen Law & Joyce Eyer's friend)
Lorin Jackman
Bill Dearasaugh
Char Jackman
(Rachel Nolder's friend)
Jordan Obertier
David Ayres
(Keith Ayres' brother)
Norma Whitaker's mother, Jane Erika Waldheim (friend of Peter & Alicia Waldheim)
Betty Kieser
(Bonnie Funk's mother)
Scot Trosper
(Norm Veach's nephew)
Jeff Lee
Jane Riegel
Annie Schoenhals (friend of the Muscianisi family)
Betty Dunlap
Patty Norton
Joyce Buchanan
(Joan Goddard's mother)
Anne Thomas
Gail Abernathy
Dave McQuerry (Bud & Sharon Scholle's friend)
Gene Blair (Sharon Scholle's brother-in-law)
Brandon Coonfield (Sharon Scholle's nephew)
Val Kain (Val Clark's aunt)
Bonnie Snodgrass
(friend of Betty Halderman)
Jared Finco
(Elena Lynch's neighbor)
Regina Oetting (Brian & Janice Ernster's friend)
Daniel Nall (Cathy Schufreider's son)
Tom Metz
(Andrew Metz's father)
Lexi Sleye Petersen
(Steve & Linda Marschke granddaughter)
Elaine Plamp
(Greg Plamp's mother)

Scott Hart (husband of Little School teacher)
Jeannette Walker
(colleague of Kay Swanson)
John Crouse
(Marcy Suntken's father)
Louise McGill
(Sharon Oliver's mother)
Pat Eller (John & Marge Harper's son-in-law's father)
Victoria Mason
Blake Willman
(Lise Takayama's cousin's son)
Harold & Helen Nix
(Carroll Gabert's bother & sister-in-law)
Rollie Cabalane (Charlie & Jan Rufien's friend)
Judy Dryer
Kathy Bazz (Bobbi King's sister)
Ronald Ursin
(Lynda Fickling's father)
Carol Carnahan
Gail Straun
Sharon Greer
(Ralph Greer's daughter)
Jack Jones
Beth Turner
Susan Mabolland
Majorie, Elaine & Chris Bergmeier
Vicky Hertel
(Sandi Thompson's mother)
Patty Hertel
(Sandi Thompson's sister)
Isabelle Lucero
(Gov Lucero's mother)
Linda Young
Potter family (Charlie & Jan Rufien's daughter's family) –
Graydon Dows

SYMPATHIES TO:

Tony & Bev Ashworth on the passing of their friend, Michael Martin
Floyd & Connie Shoemaker on the passing of Floyd's brother, Richard Shoemaker
Lynda Fickling on the passing of her uncle, Art Ursin
Rick & Louise Jasper on the passing of their friend, Ross Megaughey
Lynn Montagne on the passing of her mother, Louise Cabill
John & Terri Church on the passing of John's mother, Yolanda Church
Frank & Linda Harris on the passing of Linda's uncle, Elmer Nagel
Norm & Beckie Veach on the passing of Norm's father, Norm Veach, Sr.
Edee Worth and family on the passing of Edee's husband, Bob Worth

CONGRATULATIONS TO:

Brad Klein & Erin Laurvick on their marriage 6/24
Julie Polikoff on the birth of her grandson, Logan James
Charlie & Bonnie Williams on the birth of their great-granddaughter, Adlyson Benight

More from Les: A Long Lost Acquaintance

by Rev. Les Ludlam, St. Luke's Lay Associate Pastor 1993-1997

It was 1977 and the Denver area was booming! Things were looking up in the energy industry and with Wyoming coal mines under development, Oil Shale economics appearing favorable, and oil drilling success in the Rocky Mountain Overthrust Belt, my employer, ARCO, had decided to expand its presence to Denver. Space in a newly constructed building in downtown Denver had been leased and we were moving in!

It was a new era for the company! With a new building, new office furnishings were in order. The floor where my new offices were to be located had a large conference room in the middle of the floor, facing west. The decision was made to furnish this office with equipment that was "a little nicer," and since visitors from other companies would likely use it, a successful image was to be subtly presented.

The centerpiece for this conference room was to be a custom-built blond hardwood table. It had elegant rounded ends and round center supports so there were no table legs at the corners.

I learned that the table and chairs would cost over \$10,000! The table arrived and the building manager soon discovered that there was a problem; the table was too large to fit through the doorway into the conference room! ("A good engineer could have anticipated that, I thought to myself.")

A quick decision by the building manager and a quick call to a local cabinet-maker solved the problem. This beautiful table was neatly cut in half! Then it was placed in the Conference room. At the same time, a hole was cut in the top of the table to accommodate the state of the art (for that era) cabling for conference call receivers and transmitters.

Fast Forward to 2008. In was late summer, 2008. I had finished my appointment at Thornton UMC, and my request to affiliate with St. Luke's as retired Clergy had been accepted. Rev. Janet invited me to meet with and be introduced to the St. Luke's staff at their regular Tuesday morning meeting in the Conference Room on the main floor, across from the Kitchen and Fellowship Hall.

As I sat there in the staff meeting, listening to what was happening in the life of the church, I looked at the table where we were sitting.

It was familiar...Very familiar! Blond hardwood, elegant rounded ends, supported in the center so there were no table legs at the corners. And then the clincher! The table had been cut in half and there was a round hole cut in the top. I realized suddenly that this was the same table that had been purchased by ARCO 20 years before!

I learned later that the table had been bought from a company in Lakewood that specializes in the resale of used office furniture.

High hopes and grand plans of the 1970's and 80's had gone, ARCO had gone, I had gone on to another Division of the Company, and eventually left the oil industry and entered the ministry. But the table had not gone.

For me, seeing this table was like seeing a long lost acquaintance, it was an encounter with something else that had survived the energy industry crash of the 1980's.

A metaphor: I thought to myself, "that lovely table is a metaphor for St. Luke's experience in the late 1980's." St. Luke's has survived some difficult times and throughout that difficult time has continued to do what the church was meant to do – serve the people and community in mission and love. The table had also survived difficult times and continued to do what it was meant to be and do, just in a different setting.

If you have a moment, go to the Conference Room and reflect what this table's life has been like and how it continues to do what it does best. Then think about St. Luke's life and ministry in this community and thank God that we continue to do what we do best.

God bless us all! Rev. Les



What's Up at Love INC

Did you know that 60% of nursing home residents have one or less visitors

per year? Love INC is partnering with Bessie's Hope, a local non-profit, to bring joy into the lives of our resident elderly in two local nursing homes. These group visits transform the atmosphere by engaging each senior in a number of activities and conversations.

Saturday Visits (Aug. 27): 9:00-9:30am (Orientation) 9:30-10:15am (visit) at Cherrelyn Manor House Care, 5555 S. Elati St., Littleton, CO 80120

Wednesday Visits: 6:00-6:20pm (Orientation) 6:20-7:15pm (visit) at Clare Bridge, 9160 S. University Blvd., Highlands Ranch, CO 80126

Visitation teams of up to 18 volunteers work well. Each visit includes a 30 minute orientation - once the one-time orientation is completed, volunteers need to arrive 10 minutes prior to the visit. Cindy Chumacas is Love INC's coordinator - please contact Cindy if interested - cac1162@yahoo.com or 720-320-7255

Love INC Helpline: Sometimes just talking with someone about a concern or need can be helpful. Love INC volunteers are here to listen with a compassionate ear, to link callers with resources in the community and to pray with and for you. Call the Love INC Helpline at 303-794-LOVE (5683)

Teen Clothing volunteers needed:

A partner church will be offering 100 Love INC teens the opportunity to select clothing as they prepare for school on the first and second weekends of August. Lots of help is needed in sorting, displaying, staffing and concluding the event each weekend. Call Love INC to connect with the coordinator of the event. 303-732-5925 (admin line) or e-mail us at info@loveinclittleton.org

Upcoming Event:

Love INC Empty Bowl Event - Save the date! October 6, 2011 at the Pinehurst Country Club. We are looking for **POTTERS** and **WOOD WORKERS** now to donate the hand crafted bowls for the event. See the flyer. Purchase tickets on the Home page.



Jake's Take

Woof! Woof! Jake, Ms. Sharon's dog, here. I am on the Children's Beat, sniffing out and reporting all the latest news.

As you can see my friend, Tucker, the golden retriever, has retired from this column and has moved on to sniffing out news in his own backyard. Along with Tucker went his human, Ms. Melanie. She was a fantastic Assistant Director of Children's Ministry for the past 6 months but her parttime job at Quantum Corporation was expanded to a full-time position so she needed to step down as part of the St. Luke's staff. But she will remain very active in Children's Ministry as a volunteer here and we will see her in many other capacities at St. Luke's including music and drama. **Congratulations Ms. Melanie** and thank you so very much for your smiles and your hard work - we will miss you on staff! But I have sniffed out a new occupant of the Children's Ministry office and it is Dawn Johnson! **Welcome Ms. Dawn** as the new Assistant Director of Children's Ministry! I have seen Dawn around here a lot. She is very familiar with how things work around St. Luke's and will be a great addition to the staff. She is so passionate about children's spiritual growth and having fun, I bet she'll even let me come hang out with the kids occasionally. I also heard with my very sensitive canine ears that **Ms. Sam** will be doing more with Children's Ministry - this is fantastic news. Wow! What a team! I hope they all bring me lots of doggie treats!



Another big bow-wow shout out and thank you to Anne Hamilton, Tami Clement, the outstanding teachers and assistants and pastors for making this summer's **Wacky Wednesdays** a huge success and a fun time for all. Each Wednesday the kids participated in chapel time, crafts and games. Thank you to those who attended we hope to see you back again next summer!

PEAK Adventures 9:30am Sunday School (K-4th) is experiencing an amazing curriculum "Peace & Justice: Seeds of Love" July 24-August 28. Coming

Up: Aug. 14 - Games: "Seeds of Generosity: Sharing What We Have with Others"
 Aug. 21 - Science: "Seeds of Understanding: Love Your Enemies"
 Aug. 28 - Storytelling: "Seeds of Peace: Let there be peace on earth, and let it begin with me"

We continue to collect items for **The Gathering Place** through August 28. **Please donate:** New packages of underwear and socks for boys and girls. (All sizes needed - baby, toddler, small, medium and large.) Items for Hygiene Bags: Toothbrush, Toothpaste, Comb and Travel size: Soap, Shampoo, Conditioner and Deodorant. Items for Baby Care Baggies: (Small or travel-size) Lotion, Shampoo, Powder, Wet wipes. Drop items off in the Goliath area downstairs. **Thank You!**

The next **Family Movie Night** is Friday, August 26 at 6:45pm. Put on your pj's, grab the family and pillows and join us for "Rango"! We'll provide yummy popcorn. We love Family Movie Night!!!

Attention: 3rd-6th graders - come learn to be an **Acolyte**. Bring a parent with you. Pizza Provided! Sunday Aug. 28 at 12:15pm. RSVP to Ms. Sharon 303-791-0659 x27 sharon@stlukeshr.com

WE NEED YOU! We have opportunities to serve in Children's Ministry and will provide a very thorough **servant training** in early September. Check out the **Sunday School servant schedule** on our website or contact us and let us know what you would be interested in. You truly make a difference to our kids.

SLY, Jr. (5th & 6th graders) will kick off September 1!! Look for the full schedule on our website soon!! We have lots of fun and fellowship planned!!!!

Please let Sharon, Dawn & Sam know if you have any questions. They'd be happy to help you when they are done rubbing my tummy. This is Jake, signing out until next month!
 Sending everyone wet doggie kisses! Woof!



Sharon Oliver
 Director of
 Children's Ministry



Dawn Johnson
 Asst. Director of
 Children's Ministry



Samantha Leahy
 Director of Childcare

St. Luke's Kids Growing with God

News & Notes:

VBS "Shake It Up Café" was a huge success this summer. We had 305 kids attend Morning VBS and 68 kids for Evening VBS! **AND we collected nearly 900 pounds of food for DenUM!** Alex Phair summed it up on the last day of VBS: "I want a thousand more days of VBS!" Thanks to all of the children who came to VBS to carry out God's recipe of love and all of the volunteers and staff that made VBS happen. You are amazing and such blessings to the lives of our children! God is good!



Upcoming Events BUZZ:

- Sundays July 24- August 28 - PEAK Sunday School "Peace & Justice: Seeds of Love" 9:30am**
- Tuesday August 16 - Children's Ministry Team Meeting 6:30pm**
- Friday August 26 - Family Movie Night 6:45pm "Rango"**
- Sunday August 28 - Blessing of Teachers & Backpacks (all services) Acolyte Training 12:15pm**

- September Events:**
- Sept. 11 - SLY, Jr. Kick Off!**
 - Sept. 7 & 11 - Servant Training**
 - Sept. 16 & 17 - "Dear Edwina"**





Kay Swanson
Director of
Little School



**Little School News:
Ready! Set! Go!**

August is a very busy month with Little School gearing up for the beginning of school on Sept. 6. Teachers will be preping their rooms, taking 1st Aid training and CPR, as well as continuing education, to be as well-prepared as possible. There will be lots of scurrying around behind the scenes anticipating many new faces for fall.

REMEMBER: Little School does have 3 yr. old

openings as well as a few 4's, so if you get a new neighbor or friend looking for a preschool be sure to have them CHECK US OUT!

Little School Calendar:

- Teachers report August 24
- Parent's Open House - 6:00pm Thursday September 1, 2011
- Off for Labor Day weekend
- Children's Open House - 10:00am-noon Tuesday September 6, 2011
- School begins for MWF children Wednesday September 7 at 9:00am
- School begins for T/TH children Thursday September 8 at 9:00am

THERE IS ALWAYS OPPORTUNITY TO BE INVOLVED AT LITTLE SCHOOL. Please keep us in mind if you need a "Kid Fix" or would like to be a grandparent. We also appreciate substitute teachers (a paid position) to allow our teachers time off. If you are interested you need to love children, have patience and flexibility and enjoy having the time of your life! Please contact Ms. Kay at kay@stlukeshr.com if you are interested in putting your name on our sub list. As always we would appreciate your prayers as we prepare for our 16th year of Little School!!

Blessings, -Ms. Kay and Staff:-)

Welcoming our newest members of St. Luke's and their reasons for joining our community. **Contact Lynda Fickling for more info** x20 lynda@stlukeshr.com



Paul & Shannon Connolly



Kurt & Dena Fisher
"We like the comfort and size of the church and enjoy the messages from the pulpit."



Fred & Lisa Schuth *"We feel St. Luke's is the right fit for our family and are thrilled to have found a program with so many opportunities for our children to grow in their faith."*



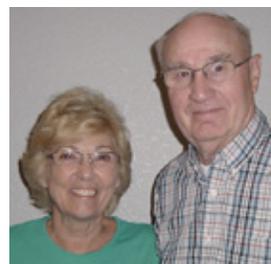
Corbett & Kristin Foster *"Fusion"*



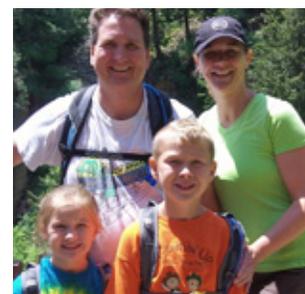
Jerry & Maryellen Davis



Bernie & Jean Battaglin *"Friendly people, caring when Bernie was in the hospital, convenient location."*



Ted & Judy Dreyer
"This church is the most friendly and caring church - We having been coming for 15 years and decided to make it official."



Brian & Michelle Welch
"St. Luke's engages our sense of community, our love in Jesus Christ as our savior and a warm, welcoming home for our children and entire family."

Gregory & Blair Strickland *"It felt like home from the very beginning and we love raising our family within the church."*

Cambodia Student Scholarships *by Laurie Gilbert*

Striving to make a positive and productive difference in the lives of Cambodian children.

St. Luke's and friends have been supporting students in Cambodia with Academic Scholarships for over 10 years! Dalay Lawrence (St. Luke's former Missionary in Residence - pictured at right with her family) is excited to be translating over 40 Thank You and informational letters to send on to current sponsors. The scholarships are given to selected students that come from families that wouldn't be able to send their children to an all day school. Many of the children end up staying home and helping with sibling care, garden work, or taking care of the daily family needs. With a once a year \$100 scholarship, they have the opportunity to have an education—an education that otherwise wouldn't be available to them.



St. Luke's visited Cambodia in 2001 and 2002 and had the opportunity to meet with many of the children we currently support. Dalay and I were able to visit with Rev. Joseph Chan and his wife last year, in San Francisco during one of their state side trips. They were able to give us positive and encouraging news about how the scholarships are making a huge difference for many children. Rev. Chan and his wife actively work with children all through Cambodia; however have a special connection with the Seim Reap community, where many of our sponsored students live. Our goal and prayer is to increase our sponsored student list by at least one each year. Unfortunately, our students "needing sponsorships" grows much more than that each year. The word is out that lives are changing because of our scholarships and more requests are coming in. We need your prayers and your support, if you would like to learn more about sponsoring a student, please go to our website today www.helpcambodianstudents.com, the site will answer all your questions and have pictures of students currently hoping for a sponsor. If you need more information or would like to talk with someone, please feel free to contact Dalay Lawrence at: dydalay@gmail.com or laurie.gilbert77@gmail.com.

The Spirituality and Wellness Team has begun planning a new series of programs for the 2011/2012 St. Luke's calendar.

To guide our planning we are returning to the results of the church-wide Wellness Inventory, as well as feedback from last year's workshops.

If you have ever wondered: What is spirituality? How can I find my spiritual self? Where does a spiritual journey go anyway?

Then we'd like to offer you engaging speakers, thoughtful conversation, and the Gracious Space to explore some possible answers. We invite you to "put a hold" on the following dates:

Tuesday, October 11, 2011

Tuesday, January 17, 2012

Tuesday, March 6, 2012

Look for more information about the 2011/2012 Spirituality and Wellness series in upcoming issues of *The Chronicle*, the weekly bulletin, and Ministry Moments. Spirituality and Wellness programs are open to the entire St. Luke's community – bring your friends. (If you have an interest in joining our planning team, please talk with Reverend Sallie.)



"The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church."

Patches Past & Present: The fall kick-off meeting will be held on Sunday, September 11 at 2:00pm. The afternoon will be filled with skits telling the history of mission work. Quilts will also be on display. Our mission will be the Douglas County School District Family Food program. Join us for pie and beverages.

Subgroups of United Methodist Women at St. Luke's UMC:

- **Simply Saturday:** First Saturday of the month, 8:30-10:30am; bring a breakfast item to share. Women ages 18 and up are invited to participate in a time of devotions, deepening our faith, relationship building, and mission work. For more information, please contact Lynda Fickling at Lynda@stlukeshr.com or 303-791-0659 x20.
- **Book Group:** Fourth Monday of the month, Room 206, Afternoon meeting 1:00pm, Evening meeting 7:00pm, August 22 - *The Color of Water* by James McBride
September 26 *Saving CeeCee Honeycutt* by Beth Hoffman
October 24 *Zetoin* by Dave Eggers
November 28 *The Miracles of Santo Fico* by D.L. Smith
For more information, please call Renae Parra at 303-683-0872. To be added to the email mailing list, send a request to RenaeParra@aol.com
- **Itch to Stitch:** Third Wednesdays of the month, 7:00-8:30pm downstairs near the Children's Library. No meetings during the summer. For more information, please call Fran West at 303-797-7107.
- **Women's Night Out:** First Monday of the month, 6:30pm various locations. For more information, please contact Sandy Frasier at Sandy.Frasier@yahoo.com or Elaine Carlstrom at ecarlstrom@comcast.net.

Mark Your Calendars:

- Sunday, Sept. 11: United Methodist Women Fall Kick-off, 2:00-4:00pm
- Sept. 17: District Annual Meeting 9:00am-3:00pm in Colorado Springs
- Nov. 4: UMW Hosting World Community Day, 8:30-noon

Keep Connected:

Rocky Mountain Conference UMW Website: www.rmcmw.org
Women's Division website: <http://new.gbgn-umc.org/umw/>
UMCOR (UM Committee on Relief): <http://new.gbgn-umc.org/umcor>
Visit www.UMWOnline.net to network with others and share resources.

Learning with St. Luke's

Adult Christian Education at St. Luke's has a new name: Learning with St. Luke's. This new name reflects the many different ways and opportunities inside and outside the walls of St. Luke's. We are offering numerous courses spanning a diverse subject base. To sustain our variety of courses, we need facilitators to foster discussion and create an atmosphere of intellectual and spiritual growth. If this interests you, *join us for a facilitation training session on August 28 at 12:15pm.*

Signups begin August 14 at St. Luke's and via the website.

NEW Learning with St. Luke's offerings:

- **BIBLE @ A GLANCE – THE NEW TESTAMENT** begins September 18 and will meet every Sunday from 11:00am-noon. This class is open to anyone, regardless of experience or comfort level with the New Testament. From Matthew to Revelation, journey with one another through an overview of the New Testament.
- **CONFIRMATION FOR ADULTS** If you have ever been curious as to what our youth go through on their confirmation journey or want to get to know what Methodism is all about then Confirmation for Adults will be for you. Gain an overview of the United Methodist Church and what St Luke's is all about through insightful discussion and participation. This course commences on Sept. 18, meeting every Sunday at 12:15-2:30pm through Dec. 18.
- **WORLD RELIGIONS** We are very excited to offer short term studies beginning this fall with a look at World Religions. Join one another as we look for background and a greater understanding of what individuals around the world are devoted to and how it impacts our lives. This course starts September 18, meeting Sunday evenings from 5:00-6:30pm until October 30.
- **MICAH SERIES** A class where we take on the objective laid out in Micah 6:8 "What does the Lord require of you? To act justly and love mercy and to walk humbly with your God." We are going to discuss social justice issues and what we can do as Christians in response. Join us Sundays from 11:00am-noon beginning Sept. 11, or Tuesdays 7:00-8:00pm beginning on September 13.

Plus our continuing opportunities for learning:

- **CAFE ST. LUKE'S** (An Orientation of St. Luke's) 9:30am 2nd Sunday of the month: Sept. or Nov. Meet Rev. Janet & Lynda in Rm 213
- **CHRISTIAN CONNECTION** Adult Sunday morning class studying books of topical interest and chosen by the class.
- **SERVANT BY DESIGN** Sundays, Sept. 11-Oct. 30, 6:30-8:30pm Discover who you are... *Why are YOU here? What do YOU do best? What are YOU passionate about? What do You value? What are Your priorities?* Begin your journey to a God-centered life by discovering how you are designed to serve. Discover your: Life gifts and Spiritual gifts (*What you do best!*) Personality type and Values (*The places or atmospheres that give you the most energy*) Passion (*The purposes God placed in your heart*). Signup online www.stlukeshr.com or at the Get Connected Center. Cost is \$13.00. Lynda Fickling x20 lynda@stlukeshr.com or Brenda Schafer brenda@hotmail.com
- **CONTEMPLATIVE FELLOWSHIP**
- **DISCIPLE** (I, II, III, IV, Jesus & the Gospels)
- **FINANCIAL PEACE UNIVERSITY**
- **GAP GROUP**
- **JUST FAITH**
- **LIVE, LAUGH, LOVE CLUB**
- **MONDAY MORNING METHODISTS**
- **OPEN MINDS: A SPIRITUAL DIALOGUE**
- **WESLEY WRITERS**

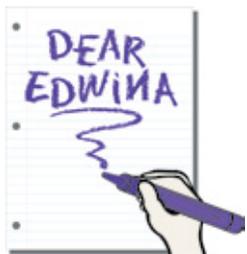
For more information please contact Andy Amick at andyamick@yahoo.com or 720-733-0693 or Rev. Brad Laurvick.

Welcome Jennifer Ferguson as Associate Director of Music Ministry

Jennifer Ferguson joined St. Luke's as the Associate Director of Music Ministry in the summer of 2011. She is also the Artistic Director of the Cherry Creek Children's Chorus and the Director of the Colorado Women's Chorale. Jennifer earned her music education degree from Saint Mary's College in Notre Dame, Indiana. Additionally, she recently completed her M.M. in Conducting from DU's Lamont School of Music. Jennifer loves sharing the joy of music with others. She lives in Centennial, CO with her husband Brett and their two children, Patrick and Samantha.

Dear Edwina coming soon!

Sept. 16 at 6:30pm
Sept. 17 at 2:00pm
and 6:30pm



Dear Edwina is a one-act charming children's pop/rock musical theater

piece designed to be played by adults. Thirteen year-old Edwina Spoonapple would do just about anything to be a part of the Kalamazoo Advice-a-palooza Festival. While her siblings both have proof "up on the fridge" of their accomplishments, poor Edwina has nothing. When a talent scout from the convention visits her hometown of Paw Paw, Michigan, she trots out her musical advice giving shows live from the family garage in hopes of finding her place in the spotlight. She is assisted by her older siblings (on piano and drums) and a host of quirky friends and neighbors: Becky, the perky cheerleader; Kelli, the cool, sophisticated ballerina; Annie, the girl-scout cookie-selling champion; the Vanderploonk triplets; Bobby, the befuddled new kid on the block; and Scott, who is helplessly and hopelessly in love with Edwina. Together they set out to tackle the world's problems, in number after hysterical number about everything from birthday party etiquette to the proper way to set a table ("salad fork, fork, plate, knife, spoon"). This show is perfect for kids of all ages! The performance will take place in Fellowship Hall for a limited number of seats. Tickets are available the end of August. Questions, please contact Jenna Wilcox at 303-791-0659 x22.



James Ramsey
Director of Music
& Arts Ministries



Kenrick Mervine
Associate Dir. of
Music Ministry/
Organist



Jennifer Ferguson
Associate Director
of Music Ministry



Kay Coryell
Dir. of Handbells
& Children's Music
Ministry



Jenna Wilcox
Director of
Drama Ministry

The Music Ministry is gearing up again for the Season!

Please see the schedule below to find out when specific groups will meet. All choirs and ensembles meet in Room 137 downstairs unless otherwise stated. For a more detailed description of each group, please visit the website www.stlukeshr.com and click on Music and Arts. If you have further questions, please contact James Ramsey at jim@stlukeshr.com or 303-791-0659 x23.

Vocal Ensembles Start Dates -
The invitation to join is open to all!

Children

Cherubs Choir (ages 3-K)
Wednesdays beginning Sept. 14 at 6:30pm
in the David Area
Music Team Leader – Dyani Galligan

Primary Prayz Program (1st-3rd grade)
Wednesdays beginning Sept. 14 at 6:30pm
Music Team Director – Angela Alderson

Junior Prayz Program (3rd-6th grade)
Wednesdays beginning Sept. 14 at 6:30pm
Music Team Director – Kay Coryell

Youth

Soul Purpose Youth Choir
Sundays beginning August 21 at 4:30pm
Music Team Director – James Ramsey

Adults

Chancel Choir
Thursdays beginning Sept. 8 at 7:00pm
Music Team Director – James Ramsey

Grace Notes
Thursdays TBD
Music Team Leader – Marge Harper

Arts Ministry -

Learn more about our Arts opportunities by checking out our Arts opportunities online www.stlukeshr.com or contacting Jenna Wilcox x22 jenna@stlukesr.com:

Puppet Ministry
Wesley Players
Improv Groups: SLIP & WITY
Performing Arts Academy

Instrumental Ensembles Start Dates -
The invitation to join is open to all!

Children

Tone Chimes (4th-6th grade)
Wednesdays beginning Sept. 14 at 7:20pm
Music Team Director – Kay Coryell

Youth

St. Luke's Youth Jazz Orchestra
(7th-12th grade)
Sundays beginning August 21 at 3:30pm
Music Team Director – Jennifer Ferguson

Joyful Noise Youth Bell Choir (7th-12th)
Tuesdays beginning Aug. 23 at 6:30pm
Music Team Director – Kay Coryell

Adults

St. Luke's Orchestra
Saturdays beginning Sept. 24 at 8:00am
Music Team Directors – James Ramsey and Jennifer Ferguson

Brass Ensemble
Saturdays beginning Sept. 10 at 8:45am
Music Team Director – James Ramsey and Jennifer Ferguson

Ministers of Swing
Saturdays beginning Sept. 10 at 9:30am
Music Team Director – James Ramsey and Jennifer Ferguson

Tintinnabulators Adult Bell Choir
Tuesdays beginning August 23 at 7:30pm
Music Team Director – Kay Coryell

Flutes Ensemble
Saturdays beginning Sept. 10 at 8:00am
Music Team Leader – Kay Coryell

A Christmas Carol Auditions will be Sept 24-26

Look for more information soon! Save the Date – Performances:
November 18 at 7:00pm and November 19 at 2:00pm and 7:00pm




Upcoming Events

- * **Sunday August 14 - Messy Games 6:00-7:34pm.** Come ready to get dirty! (and we mean DIRTY!) An evening of ooey, gooey, hilarious games.
- * **Sunday August 21- Faith Day at the Rockies.** Buy your tickets ahead of time upstairs. The game is at 1:10pm. Casting Crowns concert after. Meet at the light rail at noon.
- * **Sunday August 28- FREE Day Denver Nature & Science Museum.** Pirates. Dinosaurs. FREE! Need I say more? Noon to 5:00pm. Meet at church around 11:45.
- * **Sunday Sept. 4- Water World** Woohoo!! America's Largest water park! Labor Day weekend. NO SLY AM. Meet at church at 10:00am. Be back around 6:00pm.
- * **Sunday September 11- Fall Kickoff** Information meeting for all parents and youth BBQ before & campfire after!!
- * **Check www.stlukeshr.com/sly** for up-to-date info on programs, activities, ministry opportunities and more!

HELLO FROM BELOW

It's Erin Klein downstairs in the Youth Office. As you might have heard, we switched things up a bit at the end of the school year. The Youth Ministry staff now consists of Susan Johnson and me. I have moved from Student Pastoral Intern to Interim Director of Youth Ministry here at St. Luke's. Susan and I have been hard at work this summer—praying, playing, and planning—continuing on through this time of transition to make things as easy as possible for our youth and their families.

It has been an amazing few months. The youth went on two mission trips this year—one to Detroit and one to Grand Junction. The stories I have heard are simply INCREDIBLE. We should all be so proud of our teens that were out there serving other communities in need during their summer vacations. We have also had our gender specific ministries active all summer. Our guys play ultimate frisbee every week and our gals have done everything from beading to Zumba.

It's been a fun, but fast summer. School is just around the corner! We here at SLY are excited to be moving closer to Fall. We have some big events coming up, including a weekend retreat and our annual Pumpkin Patch. We also have two new awesome Sunday AM opportunities starting up in September. Parents—keep your eyes out for our Fall mailing that will include calendars and information about all the great stuff we have coming up. A quick glance ahead at the beginning of next month: WaterWorld and then our Fall Kickoff! Find more details at stlukeshr.com/sly - Check out the new look!

Susan and I both feel so blessed to be working with such a fantastic group of young people. Stop down ANY time to see what we are up to!
Until next month, Erin



Erin Laurvick
Interim Director of
Youth Ministry



Susan Johnson
Assistant Director
of Youth Ministry

How am I supposed to study for my test on Friday when I have a track meet and the school musical on the same day? Don't the teachers and coaches and directors know how busy I am? Every adult thinks that what is most important to them should be most important to me. I enjoy all these activities, and I'm doing okay, but I can't seem to make anybody happy, much less everybody. And when do I see my friends?

Some of these thoughts may have run through your head in the past year or two. They would be normal. Of course you want spend your time in activities you enjoy. You may need help managing your time. You may feel you are not in control of your life. Someone else is always telling you what to do and where to be. You may feel out of balance or you are struggling to fit in. Maybe you wish your parents understood you better.

There are a lot of things about us that contribute greatly to who we are that we can't change or control. We did not choose our parents, but we will carry parts of them forever. Eye color, height, and shoe size may all come from our ancestors. That we were born in the USA allows us to live in a way which is different from someone born in Guatemala. However, beyond genetics and environment, we can shape our lives. We have the ability to choose. We can choose to be happy, we can choose to be sad. We can choose to study or not to study. We can choose to go to a party the night before the state swim meet or we can sleep and be rested. We are the end result of our choices, and making good choices is a habit.

A habit is something we repeatedly do without thinking. Our habits can make us or break us. I, Paul Peterman, will be facilitating a class called *The Seven Habits of Highly Effective Teens* this fall. I hope you will learn some new habits which will help you get through your teenage years successfully and with less stress. Let us know if you are interested: paulpeterman@gmail.com or 303-346-2768. There will be more details to follow. See you Sunday.

continued from page 1 and being able to see God's love so easily. There were many joys on this trip and many eyes were opened to the hardships some people face. We hope another wonderful mission trip like this one comes our way.

From Amanda Burget: The most memorable part of the mission trip for me was the last devotion, because it was so emotional. We started the devotion by sitting in a circle, and telling everyone something you loved about the trip. After that, we had communion, and sang the song "Sanctuary". After the devotion was done, everyone promised to keep coming to SLY, because we had become a family, and no one wanted that family to fall apart. Everywhere people were talking about the mission trip and other experiences they had had before with others. Everyone was hugging, and being loved by one another, it was so powerful to see that on the mission trip. I know that everyone grew closer together that last night, and I am pretty sure that not a single person avoided shedding tears.



I also loved rafting, because I got to know the people who were on my raft, better. When we were just floating along the river, it gave us time to talk about the trip, and what we loved about the week. It was really fun when the raft was rocked by waves. Almost everyone loved rafting, because almost no one had been before, and it was a new experience. Even though a lot of people were scared to go rafting, they ended up having a great time. I can't wait to go on the next trip!



Dave Cupp
Director of Finance



Lisé Takayama
Assistant Director
of Finance

Thank You for your continued support!

Free King Soopers Grocery Cards Available at Grocery Card Table.

Yep—FREE. If you do not currently participate in our grocery card program it's easy to get started. Just stop by the

grocery card table on Sunday mornings and pick-up your free Kings Soopers \$5.00 reloadable gift card. St Luke's will receive a 5% rebate for every purchase you do with this reloadable card. You can load the card at Kings with any dollar amount you need and as often as you like by going to the Kings service desk or at the cashier using cash, check or your regular credit card. What a great way to build up points on your credit card.

The grocery card rebates from Kings, Safeway and Tony's contribute approximately \$12,000 to our general budget each year. This is a considerable amount that can grow significantly if more of our members and constituents will use the Kings reloadable cards that you obtain at our grocery card table. Give it a try.

Pick and Choose Your Method Of Giving to SLUMC. We have many ways for you to make your giving to SLUMC easy and convenient. You may want to consider one of these convenient methods for your contributions. In addition to cash and checks, we offer online credit card transactions, stock transfers and scheduled automatic withdrawals from checking or credit card accounts. The following is a general summary:

- 1. General Fund and Capital Campaign:** All methods.
- 2. Grocery Cards:** Cash, check, scheduled eft from checking accounts.
- 3. Special Events:** Depending on the type of event may include cash, check, PayPal and online credit card transactions. .
- 4. Plus:** We're anxious to consider any reasonable method you know about that we haven't adopted.

Welcome Back! As we begin to get things in order for our fall routines, we thought it would be a good idea to refresh everyone on emergency evacuation procedures. Many of you have children enrolled in our Sunday School classes with new teachers. It's important that you and your children know what to expect before the unexpected occurs so you have a plan. **Evacuation routes:**

MAIN FLOOR, SANCTUARY – if you have mobility challenges, our Ushers will help to guide you out the main front doors. Otherwise, those seated in the front NW section (nearest to the Sonrise Band section of the stage), should proceed to the front, evacuating via the staircase that's behind the pulpit area. If you're seated in the front NE Corner (nearest the choir loft), proceed out that back hallway directly to the exit door and down the North Fire Escape stairs to the outside.

People seated in the back SW quarter of the Sanctuary (nearest the Sound/Tech booth) should exit via the West stairway from the Fellowship Hall. Those in the back SE quarter (nearest the Usher's Closet), should exit via the front door – if you can lend a hand to ushers helping any mobility challenged attendees, please do.

People in the Chapel, Rms. 210, 212, and 213, should exit via the west stairs in that hallway and out to the backyard. People in the Fellowship Hall and Conference Room should exit the south stairs (same end as the kitchen).

Anyone in the Office area should exit through the staff entrance door into the main parking lot.

DOWNSTAIRS many classrooms have doors that exit directly to the backyard. After grabbing their class roster so they can make a full headcount once they're outside, teachers, students, etc., in these classrooms should gather at the far west side of our property in the backyard and stay together until each family comes to pick up their children. Teachers will check students' names as parents retrieve them. People in the music/choir/performance rooms, and any classrooms without exit doors, should exit out the lower NW exit door.

Please keep clear of any emergency personnel so they can care for the issue that caused the evacuation, and move to the perimeter of the lot or to your car if it's out of the way. If we're still awaiting their arrival, please help us to maintain a clear path for them to set up as needed.

We plan to have a fire drill in the fall, so that everyone can get familiarized with these procedures.

Monty's Methodism Musings: Involving Yourself in Missions *by Monty Hoffman*

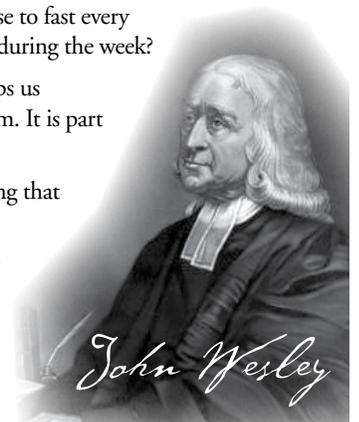
"Do all the good you can." –John Wesley "One does what one can." –Bill Fethke

As Methodists, we are familiar with John Wesley's call to acts of mercy for all of God's children. As people of St. Luke's, many of us knew and loved Bill Fethke, whom we lost to cancer. At a time in St. Luke's history when finances were difficult, Bill made the point that if each of us did what we could, the community would prosper. He was right and I have always remembered that phrase when I have been faced with a difficult situation. When we look out on the world, our first inclination is to feel overwhelmed with the problems that are present. When that happens, it is important to remember that we are called to do what we can, not to solve all of the world's problems by ourselves.

Many of my good intentions get lost in the busyness of my life. When that happens, I get frustrated. At those times, I try and remember Bill's advice and focus on what I can do. Here are some of the things I do to help me do what I can.

1. Be intentional. Make a conscious decision on what you will do to make the world a better place. John Wesley chose to fast every Friday of his adult life and give the money to feed the poor. Is there something that you could do with one less of during the week?
2. Be habitual. Note that John's act was something he did every week. Planning something on a continuing basis helps us remember to do it. Raina makes sure that we buy food every Saturday or Sunday and bring it to church for Denum. It is part of our weekly schedule and much easier to remember to do because it is.
3. Be present. Most of us are very busy people and time is valuable. Don't just write a check, get involved in something that interests you. Service to others then becomes a means of grace and gives back more than you will ever put into it.
4. Involve your children. St Luke's does a great job of providing opportunities for younger people, both as part of the family and with their peers. It gives your children a chance to develop compassion and to sense how rewarding it can be to be of service to others. I am humbled by the things that my children have done in service to others and I am sure that it has made them more compassionate people.

If as a community we all do what we can, the world will be a better place because St Luke's is a part of it.





St. Luke's United Methodist Church
 8817 S. Broadway • Highlands Ranch, CO 80129
 303-791-0659 • www.stlukeshr.com

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St. Luke's United Methodist Church welcomes you to our Christian family, where we share life. Wherever you are in your faith journey, you are accepted and encouraged to grow spiritually.

Join us in growing together toward full humanity through living the teachings of Jesus: Love, Acceptance, Justice and Hope.

RETURN SERVICE REQUESTED



We Don't Waste The NFL lockout is over and the Broncos season is here! St. Luke's is entering its second season helping *We Don't Waste* rescue leftover food from the suites at Broncos home games. Last year, St. Luke's volunteers rescued an estimated 45,000 servings of food, all of which were distributed to Denver's underserved populations. Please help St. Luke's continue providing volunteers to support this outstanding cause by volunteering for one or more games. Look for the *We Don't Waste* sign-up table in the Narthex after the 8:00 and 9:30 services during August. Contact Andrea Kirchoff akirchoff6652@yahoo.com

AUGUST 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>7 Church Picnic 11:00am-2:00pm 8:00, 9:30, 11:00am: Worship -Rev. Bradley Laurvick 11:00am: Bible From Scratch: Old Testament 12:30pm: Dear Edwina Auditions 6:34pm: Fusion</p>	<p>8 6:00pm: Live, Laugh, Love Club 7:00pm: Trustees</p>	<p>9 6:30pm: Finance Team 6:30pm: Lay Leadership Team 7:00pm: Missions Team</p>	<p>10 1:00pm: Seasoned Voyagers Team</p>	<p>11 6:30pm: Communications Team 6:30pm: Contemplative Fellowship</p>	<p>12 5:45pm: Parent's Night Out 6:00pm: Jr. High Mission Trip Party</p>	<p>13 6:45pm: Bridge Club</p>
<p>14 Ministry Fair 8:30-11:30am 8:00, 9:30, 11:00am: Worship -Rev. Dr. Janet Forbes 11:00am: Bible From Scratch: Old Testament noon: UMW Team noon: Youth Leadership Team 6:00pm: SLY PM 6:34pm: Fusion</p>	<p>15</p>	<p>16 6:30pm: Children's Ministry Team 7:30pm: Planned Giving Team</p>	<p>17 6:30pm: SLY Wednesday 6:30pm: Parents of Teens, Young Adults with Depression/Bipolar 7:00pm: Itch to Stitch</p>	<p>18 9:30am: Playgroup 6:30pm: CM Craft Prep 6:30pm: Contemplative Fellowship</p>	<p>19</p>	<p>20 10:00am: Wesley Writers</p>
 <p>21 Faith Day at the Rockies - game 1:10pm 8:00, 9:30, 11:00am: Worship -Rev. Dr. Janet Forbes 11:00am: Bible From Scratch: Old Testament 12:15pm: Learning With St. Luke's (LWSL) Team 6:34pm: Fusion</p>	<p>22 1:00pm: Women's Afternoon Book Study 6:00pm: Women's Evening Book Study</p>	<p>23 7:30pm: Staff Parish Relations Team</p>	<p>24 6:30pm: SLY Wednesday</p>	<p>25 6:30pm: Contemplative Fellowship</p>	 <p>26 6:45pm: Family Movie Night "Rango"</p>	 <p>27 8:00am: Work Day 1:30pm: Golf Tournament</p>
 <p>28 Blessing of Teachers & Backpacks 8:00, 9:30, 11:00am: Worship -Rev. Dr. Janet Forbes 11:00am: Bible From Scratch: Old Testament 11:45am: SLY PM - Museum Day 12:15pm: Acolyte Training 12:15pm: LWSL Facilitator Training 12:15pm: Guatemala Missions Team 6:34pm: Fusion</p>	<p>29</p>	<p>30 7:00am: Men's Group @ Egg & I</p>	<p>31 6:30pm: SLY Wednesday</p>	SEPT 1		<p>2 9:30am: Playgroup 6:30pm: Little School Parent Night 6:30pm: Contemplative Fellowship</p>
<p>4 8:00, 9:30, 11:00am: Worship 11:00am: Bible From Scratch: Old Testament 10:00am: SLY PM - Water World 6:34pm: Fusion</p>	<p>5 Labor Day Office Closed</p>	<p>6 9:00am: Little School Children's Open House</p>	 <p>7 9:00am: Little School Begins 6:00pm: Sunday School Servant Training 6:30pm: SLY Wednesday 6:30pm: Parents of Teens, Young Adults with Depression/Bipolar</p>	<p>8 9:30am: Common Thread 2:30pm: Stewardship Team 6:00pm: Love & Logic Parenting 6:30pm: Contemplative Fellowship</p>	<p>9 5:45pm: Parent's Night Out</p>	<p>10 8:30am: Simply Saturday 9:00am: Genealogy 101 6:45pm: Bridge Club</p>

How to Help Your Child Leave for College

—Rev. Janet Forbes

For college students, leaving home for the first time may be one of the most exciting times of their life; however, it's still a difficult and sometimes challenging change to make. As a parent, you're probably experiencing mixed emotions – proud to see your child move on to higher goals and sad to see them leave.

It's a good idea to be both supportive and encouraging. And at the same time, it's okay to let your child see your sadness and how much you'll miss them.

- Tell them how proud and excited you are for them. They need to know and feel confident that they're doing the right thing. You can help by telling them how right this decision is and by becoming their biggest supporter. Hold your child in prayer every day.
- Spend time helping them plan their move. Even if your child is moving into a dorm or other on-campus housing, there's still a lot to buy and pack. You can help by asking them what they need to do, what they'd like to take with them, and how you can help. You can make suggestions on how to move their things and what they might need, but it's also important to take a step back and let them prepare for this change the way they need to.
- Make sure they know that their home will always be their home and that you'll always be there to support them. Your child will experience a range of emotions before leaving and in the first few weeks. Let them know that you're just a phone call away.
- If you're driving your child to campus, try to make sure that once he or she is moved in, that you leave them to settle in. Most colleges have activities and orientation plans scheduled so it's best to leave as soon as possible, allowing your child to be on their own.
- Pack a surprise "care kit." It could contain special items that you know your child will be without for a while: their favorite cookies, photos, a phone card, coins for laundry, something that says that you care and are rooting for them. It doesn't need to be much, just a little something from home.

Here are five things to do after you drop the kids off at college:

- 1. Parent Weekend Plans:** For most families, Parent Weekend is the first time you'll see your child since dorm move-in day. It may make drop-off - and imminent empty nesthood - a little easier if you start laying plans for that first reunion now. So reserve your spot for Parent Weekend, and make hotel reservations and any necessary travel plans. This might be a good time to sign up for the university's parent association too. It won't take the time commitment that ye olde PTA took up, but it's a good way to stay on top of campus events.
- 2. Fall Break:** If your child will be flying home for Fall Break, now's the time to book those plane tickets.
- 3. Thanksgiving:** Ditto, but even more essential because Thanksgiving week plane tickets disappear quickly.
- 4. Start Baking:** If your child is even the least bit homesick, a care package from home will help – and baking is marvelously therapeutic for parents too. So rev up the mixer, pull out the Tollhouse and start baking.
- 5. Date Your Spouse:** Your child may have gone off to college and perhaps your nest has emptied of children, but this is the time to rekindle your marriage, your friendships and your own life. Date your spouse as if this was the very beginning of a new relationship. Befriend your friends once more. Take up a new hobby.

Connect Your Student to Campus Ministry

Campus ministries offer immediate connections for new students. Check your college directory. The Rocky Mountain Conference campus ministry programs invite your student to check them out!

Wesley Foundation
Colorado State University
 Rev. Rebecca McFee
 rebeccamcfee@
 fcfumc.net
 970-482-2436
 www.csuwesley.org

Wesley Foundation
University of Wyoming
 Rev. Laura E. Rainwater
 laura.
 rainwater@bresnan.net
 307-742-8121
 www.laramiewesley.com

Wesley Foundation
University of Colorado
 Rev. Roger Wolsey
 brotherrog@
 hotmail.com
 303.443.3934
 www.wesleyf.org

Wesley Foundation
University of Denver
 Ryan Canaday
 rycanday@yahoo.com
 303-944-5061
 www.foundationdu.org

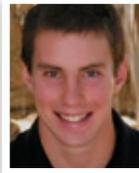
*Congratulations Graduates
Class of 2011*



Jennifer Ballard
Arapahoe HS
CO State Univ.



Michael Barlow
Denver Academy
Cornish College of the Arts, Seattle



Jeremy Brown
Mountain Vista HS
CO State Univ.



Stephanie Cole
Thunder-Ridge HS
CO State Univ.



Melanie Colman
Univ. of CO, Boulder
BA, Communications



Jon Coryell
Cherry Creek HS
Univ. of Northern CO



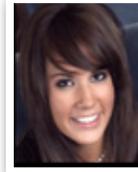
Kyle Curtis
Mountain Vista HS
Metro St. College



Alex Drake
Plum Creek Academy
Bridge Program



Katy Drake
RM School of Expeditionary Learning
Univ. of N. CO



Lauren Eagleston
Univ. of Denver
BA, Integrated Sciences



Perry Eliassen
CO State University
B. of App. Science, Human Nutrition



Jordan Fickling
Rock Canyon HS
RM School of Art & Design



Kristine Fong
Harvey Mudd College
BS, Chemistry



Ian Hutchins
Mountain Vista HS
Univ. of Kansas



Bria Hutchinson
Littleton HS
Univ. of Puget Sound, Tacoma



Kelly Jackson
Highlands Ranch HS
Univ. Of CO, CO Springs



Kaitlyn Jensen
Littleton HS
Univ. of Miami, FL



Andrew "AJ" Johnson
Eagle Academy
Front Range Community College



Katie Johnson
Home-schooled
Employment



Kayla Jurens
Thunder-Ridge HS
Kansas St. Univ.



Drew Kirchoff
Miami Univ., Ohio
BA, Finance



Benjamin Krantz
Cherry Creek HS
Univ. of Nebraska



Andrea Larsen
Mountain Vista HS
Iowa State Univ.



Jennifer Lukas
Arapahoe HS
CO State Univ.



Jessica Lukas
CO State Univ.
BS, Family & Consumer Sciences



Holly Markel
Rock Canyon HS
Univ. of Northern CO



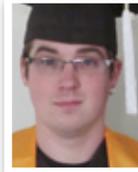
Alyssa Markham
Douglas County HS
CO School of Mines



Ashley Martin
Highlands Ranch HS
Univ. of Northern CO



Olivia Murrow
Mountain Vista HS
Univ. of CO, Denver



Matthew Plamp
Univ. of Wyoming
BFA, Theater & Dance



Austin Raap
Mountain Vista HS
New Mexico St. Univ.



Janelle Rhodes
CO St. Univ.
BS, Landscape Construction



Mitchell Rubner
Mountain Vista HS
Kirkwood College, Iowa



Hunter Smith
Colorado's Finest HS
CO Mtn. College or other



Madison Smith
Cherry Creek HS
Miami Univ. of Ohio



Trevor Streaty
Chaparral HS
Embry-Riddle Aeronautical Univ.



Douglas Tourillot
Thunder-Ridge HS
Univ. of Northern CO



Katie Van Horne
Univ. of CO, Boulder
BS, Journalism, BA, Spanish



Colton Willoughby
D'Evelyn HS
Univ. of CO, Boulder



Madisen Wright
Park City Independent HS
Metro St. or Arapahoe CC

Best of luck to you all! And come see us at St. Luke's often!