



The Chronicle

ST. LUKE'S UNITED METHODIST CHURCH

FEBRUARY 2011

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and much more!

BRINGING JOY TO Life

Join us during the season of Epiphany for a practical series about everyday life and an exploration of spirituality and wellness.

*Along the road to your dreams
The wisdom that springs up along
the way. Will add joy to your life
And hope to your journey.*

SUNDAY WORSHIP
JAN. 9-MAR. 6, 2011
8:00, 9:30 & 11:00am



SERMON SERIES:

FEB. 6 "How to Look Good Naked" —Rev. Bradley Laurvick

FEB. 13 "The Gift of a Lifetime is Being Who You Are!" —Dr. Stephen Collins

FEB. 20 "Sandwiching Generations: Caring for Children and Parents" —Rev. Dr. Janet Forbes

FEB. 27 "Riding the Roller Coaster: Finding Balance in the Midst of Change" —Rev. Sallie Suby-Long and Rev. Dr. Janet Forbes

MAR. 6 "May I Walk You Home? Gifts for the Final Journey" —Rev. Dr. Janet Forbes



Broadway on Broadway!

Come hear an original compilation of great Broadway hits from the past and present. Interwoven by our hostess Audrey Elling, these acts will have something for everyone. Ranging from *South Pacific* and *Annie* to *Ragtime*, *Rent*, *Phantom* and *Grease*, we are covering Broadway's history for children, youth and adults.

Show Dates and Times:
Friday, March 4 at 7:00pm;
Saturday, March 5 at 2:00pm and 7:00pm.

Admission is a suggested donation of \$5 for children and youth and \$10 for adults. A Benefit Dinner on March 5 at 5:30pm includes priority seating for the 7:00pm show. Tickets for the dinner are \$35 which includes a \$30 donation and are available in the church office. Spend a fantastic evening with the Wesley Players as they present this one-of-kind show of great musical theater! Proceeds from the show will benefit the expanding Drama Ministry at St. Luke's.



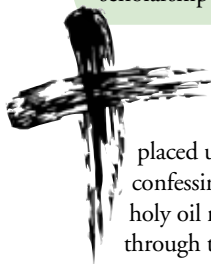
The **ADVENT OF JOY** led our congregation through the traditional events of the Christmas season culminating in the introduction of our new 15 foot King puppets for the day of Epiphany.

January 2011 "Milk Run" to Guatemala



by Ken Fong I recently returned from my seventh trip to Guatemala. This trip, led by Mark Ely of Pura Vida, was my first "milk run"; my other trips have been March construction trips where we work on projects such as building adobe block homes for needy families. On this trip we delivered milk to many of the families in Lemoa and Chontola (thanks to everyone who contributed to this program in December!), visited the John Wesley School in Santa Cruz del Quiche for the dedication of their Phase 4 building addition and inauguration of 2011 classes, and took updated photos of scholarship students.

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A Service of Fire & Ashes on Wednesday March 9

Ash Wednesday marks the beginning of the Lenten Season for Christians all over the world. Ashes are placed upon the forehead of those who choose the new life of Christ, confessing the old by fire so that the new may rise from the ashes. The holy oil represents the anointing of God's Holy Spirit which leads us through the forty days of the Lenten journey.

A Service of Fire and Ashes will be held in the sanctuary on Ash Wednesday, March 9 at 7:00pm. Everyone will be invited to write or draw a confession or a commitment to growth and give it to the flash of the fire! Then, everyone will receive the mark of the ashes and oil on the hand or forehead. This is a 45 minutes family-friendly service in which school-age children can participate fully. Very young children will enjoy the help of a parent.

Catch us, O God, in our aimless scurrying from you and others and hold us in this Lenten season. Hold our hearts to the beat of your grace and create in us a resting place, a kneeling place, a tiptoe place where we can listen for your whispered summons and be attentive to your healing love. In the name of the Holy One of Nazareth. Amen.

Sunday Worship Services:

8:00am, 9:30am, 11:00am

6:34pm: Fusion

Contemplative Services also offered

(Check website for dates and times)

Sunday School:

Adult, Youth & Children:

9:30am & 11:00am

Nursery available for:

8:00, 9:30 & 11:00am services

Church Office.....303-791-0659**Fax**.....303-470-5615**Childcare Reservations**.....x47**Email**.....office@stlukeshr.com**Website**.....www.stlukeshr.com**Preschool Office**.....303-791-1982**Staff:****Rev. Dr. Janet Forbes**.....x13

Senior Minister

Emergency: 303-241-9312

Rev. Bradley Laurvick.....x12

Associate Minister

Emergency: 720-296-1251

Rev. Sallie Suby-Long.....x32

Associate Minister

Emergency: 303-475-0141

Dr. Stephen Collins.....x22

Intern in Pastoral Ministry

Sharon Oliver.....x27

Director of Children's Ministry

Melanie Kirkpatrick.....x11

Assistant Director of Children's Ministry

Samantha Leahy.....x40

Director of Childcare

Chris Wilterdink.....x14

Director of Youth Ministry

Susan Johnson.....x19

Assistant Director of Youth Ministry

Erin Laurvick.....x41

Intern in Youth Ministry

Kay Swanson.....303-791-1982

Director of Little School

Dr. James Ramsey.....x23

Director of Music & Arts Ministries

Kenrick Mervine.....x33

Associate Director of Music Ministry & Organist

Kay Coryell.....x36

Director of Handbells & Children's Music Ministry

Matthew Rose.....x37

Director of Instrumental Music Ministry

Carrie Mallery.....x35

Assistant Fusion Worship Leader

Brenda Schafer.....x10

Office Administrator

Dave Cupp.....x24

Director of Finance

Lisé Takayama.....x16

Assistant Director of Finance

Lynda Fickling.....x20

Director of Servant Ministry/Spiritual Director

Barry Curtis.....x39

Facilities Manager

All submissions for the

March 2011issue of *The Chronicle* are due **Feb. 20**

Editor: Sharon Oliver

chronicle@stlukeshr.com



Rev. Janet Forbes
Senior Pastor

A State of the Church Report

St. Luke's United Methodist Church continues to set the pace for dynamic ministries in Highlands Ranch and the surrounding neighborhoods. As God leads the congregation forward into the next season of life, we remain true to our mission to be an inclusive community that lives the teachings of Jesus.

Our staff provides excellence in ministry! We anticipate a change in staffing for Children's Ministry as we celebrate **Joely Maddux'** acceptance to the University of Colorado Nursing School. We are delighted that **Sharon Oliver** will step up to full-time ministry as the Director of Children's Ministry and we have welcomed

Melanie Kirkpatrick as the new Assistant Director of Children's Ministry. We thanked **Kristina Linn** for her service to our youngest disciples and welcomed **Samantha Leahy** as the new Director of Childcare. **Kay Swanson** celebrates 16 years as Director of the St. Luke's Little School! What joy to watch the innovation and energy of **Chris Wilterdink**, Director of Youth Ministry, and **Susan Johnson**, Assistant Director of Youth Ministry. In 2011, we anticipate a transition to a new Director of Youth Ministry on May 31, 2011 as Chris seeks new opportunities. We celebrate the vision and passion of our music team under the leadership of **Jim Ramsey**, Director of Music and Arts Ministries. **Kay Coryell** moved to full-time music leadership for Douglas County Schools. So, she now specializes as Director of Handbells and Children's Music Ministry. **Ken Mervine** stepped into a new role as Associate Director of Music Ministry and Organist. **Matt Rose** joined this exciting team as Director of Instrumental Music Ministry. We thanked **Josh Carr**, our Fusion worship leader, for his incredible gifts and welcomed **Ernie Rodgers** as interim worship leader as he joins **Carrie Mallery**. **Bonnie Funk** retired after a decade of service and we welcomed **Brenda Schafer** as Office Administrator to manage our administrative life and public voice. **Dave Cupp** and **Lisé Takayama** care for our fiscal life with integrity. **Lynda Fickling**, Director of Servant Ministry, who is passionate about membership, serving, and hospitality, has partnered to launch a dynamic lay leadership system. **Barry Curtis** manages the logistical challenges of ministry with grace as Facilities Manager. We are grateful for the leadership of **Steve Collins** as intern in pastoral ministry and **Erin Laurvick** as intern and part-time staff in youth ministry, both from the Iliff School of Theology.

We celebrate **Rev. Sallie Suby-Long** as Associate Minister of Pastoral Care and Spiritual Direction as she continues her provisional work toward for Deacon's Orders in the Rocky Mountain Conference. She manages the new pastoral care tracking system that keeps the clergy team, Caring Connection, Care Team, support teams, and Stephen Ministers connected to the needs of the congregation. She is practicing spiritual direction and has launched a wellness series in partnership with Centus Education and Counseling and the St. Luke's Spirituality and Wellness Team. She manages all referrals to Love In the Name of Christ with whom we became a partner congregation. She leads in worship and oversees the contemplative experiences with **Rev. Jim George**. Rev. Sallie continues with her doctoral studies in human development.

Rev. Brad Laurvick, Associate Minister, continues responsibilities in spiritual formation, young adult and men's ministries. Our fourth worship experience, Fusion, every Sunday evening at 6:34pm has thrived in the move to Fellowship Hall after the installation of sound panels. Brad gave both leadership and passion to the collection of 60,000 of food for Denver Urban Ministries in the Feeding of the 5,000 and U2Charist. He had strengthened our connections to children and their families in his supervisory role with Children's Ministry and pastoral support within Youth Ministry.

In a rich year of worship, we explored Spiritual Types, Lent with the Vine and Branches, Sounds Like St. Luke's, Be Blessed and Be a Blessing, and the Advent of Joy. At Easter, we were honored to provide music leadership for a second year for the 10,000 persons attending the Sunrise Service at Red Rocks Amphitheater.

Under the leadership of **Ken Fong**, the Board of Trustees worked diligently to keep our church home warm, safe, and inviting. **Sandi Miyaki** continues to enhance our first impressions by coordinating the welcoming touches in the Bold Venture addition. The Staff Parish Relations Team, under the leadership of **Michelle Mallory**, gave oversight to significant staff transitions.

Marty Davidson, chair of the Executive Team, and **Audrey Elling**, facilitator of the new Common Table, deepened our new organic governance model, the net. Lay Leader, **Karin Wesson**, gave direction and coaching to the new Lay Leadership Team as it invited new leaders to serve in eight foundational teams with term responsibilities. **Laura Richards** and **Debbie Miller** led a Mission Team of members and specialists through local, national, and international outreach with two Guatemala Mission Teams, surgical and construction, and planned a two-week construction experience with 60 volunteers in mission in March 2011. **Jim Wolff** led the Long Range Planning team in research, interviews, and cottage gatherings to discern God's leading in Creating Tomorrow at St. Luke's.

With the transparency and oversight of our Director of Finance, we celebrated the commitment to a fifth year of a balanced budget and re-financed our mortgage, gleaning an additional \$100,000 for ministry each year. The fiscal uncertainty of the recession called us to keep our spending cautionary; but, we can celebrate the growing generosity of our families for 2011.

I am confident in God's goodness and prevenient grace! The Spirit has flourished in this dynamic congregation for 27 years! The prophecy that centers our hope is from Isaiah: "**Behold, I am doing a new thing; now it springs forth, do you not perceive it?**" (43:19) Blessings, **-Rev. Janet**



Rev. Bradley Laurvick
Associate Minister

How to Look Good Naked

The title of the sermon I shared at the beginning of this month, "How To Look Good Naked" was meant to raise a few eyebrows. But

more importantly, the content of the sermon was meant to raise awareness of body image and eating disorders. This topic does not come up easily for many of us. How we see ourselves is a very complicated thing. There are mornings all of us look in the mirror and sigh, for some people however, it is more than a sigh and it is more than once in a while. There are a wide variety of statistics, but the best estimates are that over 10 million Americans suffer from Eating Disorders.

Eating disorders are often associated with young women, but it is important to realize that men and women of all ages deal with this difficult issue.

As a pastor, it was (and is) my hope to not only raise awareness of this issue within our congregation, but to also start some conversations that may help change and save lives. If you or someone you love may be suffering from an Eating Disorder, please let Rev. Janet, Rev. Sallie, or me, know. We are here to help you connect with a wide variety of resources and professionals we know and trust. Whether it is disordered eating (both eating too little or over-eating) a negative self image, or frustration after unsuccessful diet after unsuccessful diet, we want to help you love and care for who you are and the body you have. Please call or email to begin a confidential conversation.

If you missed my sermon, please check it out online: www.stlukeshr.com, Quick Links, Sermons/Podcasts

Common Table Feb. 28

Join us on Monday, February 28 for The Common Table – it's a potluck dessert this time with chili, cornbread and salad provided!

We'll be discerning our focus for this year, including wellness, introduction of teams, and our community vision for 2011. Find out what's happening with your St. Luke's community, and be part of the discussion – we can't do it without you! Dinner at 6:00pm, meeting from 6:30-8:00pm. Childcare provided with RSVP (sam@stlukeshr.com). So, rustle-up your fun cold-weather dessert recipes and we'll see you on the 28th!

Celebrating Lent and Easter at St. Luke's: Turn the Christian Year with the Imposition of Ashes

The Christian year tells the story of Jesus in two cycles of time. The year begins with the Christmas cycle of Advent, Christmas, and Epiphany as we celebrate Jesus' birth. The story culminates in the Easter cycle of Lent, Easter, and Pentecost with the wonder of resurrection. The turning of the year from one cycle to the next is marked by the tension of two very different holidays... just 24 hours apart.

The Bible tells us that before Jesus began to teach the people he prepared himself by spending forty days praying in the wilderness. We call these forty days Lent, and Lent is the time when Christians prepare for the celebration of Easter. Some people still give up a favorite food during Lent, but in the Middle Ages, everyone had to go without eating meat or lard or eggs for the whole forty days.

Lent begins on Ash Wednesday, so on Tuesday everyone makes a good start by confessing their sins and having them shriven or shrove – in other words, forgiven. That is why the day is called Shrove Tuesday. After confession, they cook a meal of pancakes, using up all the eggs and lard in the house. Shrove Tuesday is still called, "mardi gras", which means "greasy Tuesday", when all the grease and fat in the house have to be used up.

After your family feasts on pancakes on Shrove Tuesday, March 8 from 5:30 to 7:00pm, our church family will mark the first day of Lent with the observation of Ash Wednesday, March 9, at 7:00pm. All Shrovetide jollity is now over, and people show their sorrow for their past sins by putting ashes on their heads. We prepare ourselves to journey with Jesus through Holy Week to the crucifixion. Come and worship... observe the turning of the Christian year.

Guatemala continued from page 1 We also checked out the site for a cinder block home we'll be building during the upcoming March construction trip, and I visited with the 5 students that our family sponsors. This trip was less hectic than previous January trips: because the scholarship program has grown so much, it is no longer physically possible to deliver backpacks and visit all the villages the students live in.

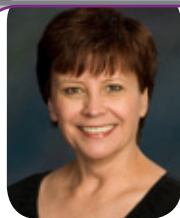
I enjoyed these scheduled parts of the trip; for me, though, the best parts of the trip were spending a week with my older daughter Kristine (for whom this was her third milk run) and the spur of the moment visits to three families.

The first family was in Chontala. The Trinity UMC youth had started building a cinder block home last June for a woman who was about to be evicted from her rental home. The youth were able to complete it to about waist height. Upon returning to Denver, they raised funds to pay a contractor to finish the home, which happened just before our trip. The woman and her family was just about to move in; she was extremely grateful, gave Mark Ely presents, and told us that she would never be able to repay Pura Vida for the home. The home has running water, but there was no budget for an electrical connection. We met some of her family members; 12 people will be living in the 2 bedroom home.

We met the second family a few minutes later, on our way back to Chichicastenango. The family's home had been wiped out by the mudslides in late May and early June of 2010. Three of their children were killed. The Trinity youth raised funds to buy corrugated steel, which the family used to build a shed for the 6 of them to live in until their home is eventually rebuilt. The shed was so dark that we had to take a flash photograph to see what was inside.

After visiting the John Wesley school, Josselin Adamari ("Ada"), one of the scholarship students, invited us to her home. She lives a few blocks away, with her mother, grandparents, and two siblings. The family is very poor; the mother does laundry for others as their primary source of income. Ada is a "poster child" for the Pura Vida scholarship program: she is very bright and there is no way that her family could pay for her to attend school. One of the most touching moments was when Ada hugged Mark and cried because she was so grateful for his help with her education.

We were only able to spend time with these families because we were a small group of 6 and had some schedule flexibility. I was very fortunate to visit them at their homes, hear their stories, better understand how people live in rural Guatemala, and better appreciate how our work with Pura Vida is making a difference.



Lynda Fickling
Director of
Servant Ministry/
Spiritual Director

We are Called to Serve

"People need exercise for physical health and service for spiritual health. We learn from the scriptures but we grow by serving others."—The Externally Focused Church

Greeters: Possibly the easiest,

but most important job in our church! We are the first step in being invitational—by just offering a hand, SMILING, and saying WELCOME. We are the hosts and our mission is to make our guests (and members) feel comfortable from the minute they walk through the front door. Easy, right?! You can do it! Spiritual Gifts: Helps, Hospitality Contact: Karmie Hilleary 303-683-4696 karmie@comcast.net or Valerie Goodstein 303-799-0907 valgoodstein@hotmail.com

Communications & Outreach Team:

Do you enjoy writing? We are seeking individuals to help writing articles for The Chronicle and local newspapers. If you enjoy creating and like to work at home, this is for you! Spiritual Gifts: Helps, Administration, Creative Communication. Contact: Amy Ash 303-799-6079 aash71170@aol.com

Fellowship Events Team (FET): Calling all cooks, event planners, servers, helpers to set up/clean up for special fellowship events at St. Luke's (dinners, breakfasts, picnics, meetings or banquets) Team members attend meetings to prepare for events and work in conjunction with other ministries to provide guidance and tactical support for special events. This team also includes our Sunday Morning Fellowship-Coffee & Donuts Team, which provides the enjoyment of food and fellowship on Sunday mornings. Let's get our parties rolling! Spiritual Gifts: Helps, Hospitality, Service, Creative Communication, Leadership, Administration Contact: Lisa Lehnus 303-346-8114 llehnus@yahoo.com or Mona Daniels 720-348-1662 moandtroy@msn.com

DenUM (Denver Urban Ministry): We are currently in need of intake volunteers to assist families who come to DenUM for food and infant item needs. By working in DenUM's Outreach Services department, you'll interact face-to-face with those who are vulnerable in our community. You'll share our food resources, referral information, and encouragement to help them get back on their feet. We need people who are interested in serving on the front lines and who have basic computer skills. Volunteers at DenUM commit to a three-hour shift each week and we provide all the training you need. Contact Amanda Baker amanda@denum.org to join our incredible team of volunteers!

If you are searching for a place to connect at St. Luke's, please contact Lynda Fickling, Director of Servant Ministry 303-791-0659 x20 lynda@stlukeshr.com or Karin Wesson, Team Leader for Lay Leadership,

As of January 29, 2011 Please stop by the Information Center, by the front door, where you will find the updated Prayer Concerns List (on yellow paper) and the Armed Forces Prayer List (on blue paper). Look it over and Rev. Sallie Suby-Long know if you have any additions/removals from either list. 303-791-0659 x32, leave a note on the front desk, or email at sallie@stlukeshr.com

Jerry Miyaki (Mike's uncle)
Maria Viera Harris
(friend of Cindy Barlow)
Norma Whitaker's mother, Jane
Denise More
(friend of Jenny Stevenson)
Helen Mueller
(Cindy Markham's mother)
Annie Schoenhals (friend of the
Muscianisi family)
Jason Ritter
(Ryan Hooke's teacher/coach)
Sonia Cajanda (Mercedes
VonNormann's sister)
Brian Rovetta
Cherie Hill
Erika Waldheim (friend of
Peter & Alicia Waldheim)
Dustin Baird
(friend of Lucero's)
Michael Van Baal
(Lucero's Kindergarten
teacher's brother)
Betty Kieser
(Bonnie Funk's mother)
Bill Havens
(Walt Havens' brother)
Jennifer Havens
Roberta Towell
(Jon Sreaty's sister)
Bob McCorkle
(family friend of Kay Ocai)
Mandy Paul (family friend of
Kay Swanson)
Scot Veach
(Norm Veach's nephew)
Jeff Lee
Norma Harris
Scott Ragan (Brian & Tonya
Stegman's cousin)
Jacob Dunnann (Brian & Tonya
Stegman's nephew)
Janet Stegman (Brian Stegman's
mother)
Bob Dover
(Cindy Gothard's father)
Kathy Rich (Ms. Kay's friend)
Mary Severns (Bob McBride's
Son-in-Law's mother)
Mel Ludlam
(Les Ludlam's uncle)
Jane Riegel
Curtis Hall
(Debbie Newby's brother)
Bob Worth
(Edee Worth's husband)
John Thompson
(Julie Ramsett's father)
Rick (Rachel Nolder's
co-worker's brother)
Joyce Buchanan
(Joan Goddard's mother)
Gerry Wright
(Gail Abernathy's mother)
Bob Lucero
(Gov Lucero's brother)
Ed Murrow
(Dave Murrow's father)

Roger Schoenwald
(Val Clark's friend)
Stanleigh Chism
(Val Clark's friend)
Don Leidig (Bob & Christy
Rowe's friend)
Betty Dunlap
Patty Norton
Cathy Horvath
(friend of Lisé Takayama's)
Tom Gabel
(family friend of the Haas')
Mike Quinn
(Pat Ludwig's nephew)
Dick Dunham
Janet Lehman
(friend of Caroline Butler)
Anne Thomas
Kenny Sharpe
Bernie Battaglin
Peter Waldheim
Monty Hoffman
Fran Keleher
Dayna Paxton
(Craig Ballard's sister)
Rev. Eric David
(friend of Victoria Mason)
Myles Krick
(friend of Amy McDowell)
Carolyn Cooper
(Angela Fuller's friend's 8
month old daughter)
Betty McIntyre
Mike Eckhoff
(Mary Harper's son's friend)
Friend of Brian Welch
Connie Bruhn
(Cheryl Wolff's sister)
Casey Clark
Ruth Johnston
(Grace George's sister)
Frank James
(Kathy Swier's uncle)
Karin Mason
(Victoria Mason's sister)
Alex Daniels (Nancy Latatis'
family friend)
Steve Marschke
Charlie Ernster
Megan West
Emily Slade
Kevin & Renee Parker
(Michelle Walters' friends)
Schelly Thompson (Sandy
Thompson's sister-in-law)
Mary Hogan
(friend of Sharon Scholle's)
Bill Harold
(Nancy Obertier's cousin)
Keaton Wong
(friend of the Takayama's)
David Joseph (friend of Bobbi
King/Marie Blue)
Darrell & Billie (wife)
Aderman (friends of Rick &
Louise Jasper)
Jack Fleming
(Julie Brower's father)

Richard Swier
(Dan Swier's father)
Lori Lieberman
(friend of Jane Damsgard)
Donna Craven
(friend of Cindy Barlow's)

ARMED FORCES:

Corporal James "Jim" Harding,
Mark Thompson, Ed Herring,
Josh Brady, Jeremy Brady,
Colin Gabriel, Dustin
Ellington, Christopher Gardner,
Shane Boeding

SYMPATHIES TO:

Scott & Lindsay Hetherington
on the passing of Scott's
grandmother, Lousie
Hetherington
Dain & Heather Swanson
on the passing of Heather's
grandfather, Jack Carr
Ed & Jenna Heyse on the
passing of Jenna's father,
Bill Hill
Mike & Sandi Miyaki on the
passing of Sandi's sister,
Paula Strader
Brian & Becky Fuller on the
passing of Becky's father,
Henry Clark
Ron & Suzanne Humphreys on
the passing of Ron's mother,
Eva Mae Humphreys
Sam & Teri Burget on the
passing of Teri's grandmother,
Lucille Swartz Paterson
Andy & Kristi Amick on
the passing of Kristi's
grandfather, Donald Cooper
Dave, Elizabeth, Rev. Brad,
Meghan & Erin Laurvick,
on the passing of Dave's
father, Richard Laurvick
Jed & Linda Walker on the
passing of Linda's aunt,
Doris Koester
Mr. & Mrs. Shanker Weigl on
the passing of their daughter,
Madison Weigl
Kathy Swier on the passing of
her co-worker, Lynn Butler
Nancy Jackson on the passing of
her friend, Judy Kantrowitz
Tony & Bev Ashworth of the
passing of Tony's mother,
Bonnie Orpha Buxton
Candy Keller on the passing of
friends, Claude & Carolyn
Bounds
David & Vicky Stone on the
passing of David's brother,
Glen Stone



Rev. Les Ludlam
St. Luke's Lay
Associate Pastor
1993-1997

More from Les: "I feel sorry for you" said my future mother-in-law

Betty's mother, Barbara Hoback, and I had a special relationship that went beyond her role as the mother of my girlfriend. She was a confidant and coach for me in a delicate, complex and dangerous process as I slowly learned what it meant to truly love her daughter.

Barbara was a devout Christian and a loyal member of First Methodist Church. She gave of her time and energy to provide care for others in whatever way she could. Hers had been a tough life; she had been abandoned by her mother at a young age and raised by a father who could be very selfish and verbally abusive. Barbara had a great talent of determining the condition of a person's soul from just being with that person for a short time. Empathetic and warm, she had a reputation of being able to lovingly challenge and stretch those she cared for.

One day, several months before Betty and I were married, Barbara and I were talking about my hopes and dreams for the future. I told Barbara that I had decided to change my membership from the Methodist Church in the small community of Clifton to First Methodist Church in Grand Junction; where Betty attended and sang in the choir. "Why change," she asked me, "since you live in Golden most of the time?" "To be closer to Betty," I replied, with what must have been a wistful look on my face. "And what does the church mean to you?" she continued with a smile. "Wow, this is getting deep!" I thought to myself, "This is my future mother-in-law, I'd better say the right thing!" "I've grown up in the church, it's kind of a second home for me." I replied, "The relationships with other Christians, especially Betty, are important to me."

We talked for a few minutes about her Bible study group, about the difficulty of staying active in the Wesleyan Society at the School of Mines, about my classes and the academic demand on my time and attention. Then Barbara spoke these words that have stuck with me since then. "Les, I feel sorry for you!" "What! Why?" I replied, startled at her words. "In some ways, it's easier for me to keep my faith intact than it is for you." "What do you mean, Barbara?"

"I don't have to have all the facts and figures and ideas and calculations you have in your head, to believe something," she said. "You have to dissect, analyze, evaluate, document all that you encounter, even in your faith matters. And that's not bad," she continued, "We need people like you, but it certainly makes it harder for you to keep up your spiritual life. My faith is based on trust in what I read in the Bible and experience in my life. I don't need to analyze everything, so it's simpler for me." Barbara leaned over and gave me a hug. "And I know you can't change and I wouldn't want you to change, and I love you anyway."

Thanks, Barbara! I needed that. *God bless us all! Rev. Les*

Terms I Never Wanted to Know

Hello, my name is Peter Reif. I wanted to introduce myself and tell a little bit about myself and my organization. I am a long time member of St. Luke's having joined in 1994. Perhaps we know one another. I have worked with the Missions team for a number of years helping out with various projects. Or, perhaps you have prayed for me, I was on the prayer chain for knee surgery a few years back. Or I may have prayed for you, I always keep my St. Luke's family in my prayers. Or maybe we took a class together; I have taken several of the Disciple classes. Last year I took a class called "Just Faith". This was a class that spurred my interest in working with homeless individuals. As a result of that class, a small group of people met with Love Inc., not even a year ago. From these meetings sprung H.A.A.T. Force.

continued on page 7

Love INC



Corinthians 13:13 "And now these three remain: faith, hope and love. But the greatest is love"

With Valentine's Day right around the corner, show your love for your neighbors in need. Support and volunteer for the many volunteer opportunities that Love INC offers to our communities and neighbors.

"All You Need is Love"

Concert Feb. 11: Celebrate

Valentine's day with unforgettable music, delectable chocolates and unique auction treats at the "All You Need is Love" benefit concert for Love INC. The concert makes giving and loving easy with the perfect notes for a celebration. Concert tickets are an affordable but a touching gift that keeps on giving as all the proceeds of this concert benefit Love INC's outreach programs. "The Soprano Effect" will headline the evening featuring musical selections from Broadway, Motown pop, classical and gospel spirituals. Friday, Feb. 11 at 7:00pm at Centennial Covenant Church, 401 W. Mineral, Littleton. Tickets \$10 in advance: www.loveinlittleton.org

Nursing Home Visits: Give 2 hours and brighten the life of the elderly. Did you know that 66% of nursing home residents have one or less visitors per year? These group visits transform the atmosphere by engaging each senior in a number of activities and conversations. Love INC is partnering with Bessie's Hope, a non-profit organization, who has designed an orientation on how to initiate a positive, meaningful relationship with the elderly which eases any discomfort anyone might have if they've never participated in anything like this before. Once the 30-min. orientation is completed, volunteers arrive 5-10 minutes prior to any future visits. February visits need volunteers!!!

Wednesday, Feb. 9 - 6:00-6:30pm (Orientation) 6:30-7:15pm (Visit) at Clare Bridge at 9160 S. University, HR, CO 80126

Saturday, Feb. 26 - 9:30-10:00am (Orientation) 10:00-10:45am (Visit) at Cherrelyn Manor House Care, 5555 S. Elati St., Littleton, CO 80120

If interested, contact Cindy at cac1162@yahoo.com or 720-320-7255. We are also in need of a couple people to co-coordinator this effort. Love INC's way is to take needs and make them manageable so that volunteers can use their gifts in meaningful ways. If your gift is coordination give Cindy or Doug McKinney 303-732-5925 with Love INC a call.

Power of Partnership Conference: Jefferson County and Faith Based organizations invite you to participate Thursday Feb. 24 from 8:30am-3:30pm. See Love INC's website for \$15.00 registration information

Homeless in the SW Metro Area: Call Love INC for longer term help 303-794-LOVE. On Severe Weather Nights motel vouchers available Criteria: 32 degrees with moisture, 20 degrees when dry

HAAT Force South Metro: addressing the unaddressed. Love INC's task group helping homeless families in Douglas/Arapahoe County. 303-250-3854

Jefferson County - Heading Home: 303-467-2604

Contact Love INC for: Children- Free Dental Services on Feb 4, Financial/Budget Counseling, Free Income Tax Preparation, Food, Clothing, Shelter, Lower cost Health service, Job Search resources.

Having a tough time making ends meet? With a modest income, Love INC's financial and budget counselors can help you set goals and utilize the resources you have and those available in the community to meet your goals. Call Love INC at 303-794-LOVE (5683)

Shoes Needed!

Throughout the month of February, the Guatemala Missions team will be collecting children's shoes. These shoes will be delivered to needy kids during our March mission trip. Any new or gently used shoes are welcomed—however, school shoes, sandals and tennis shoes are especially needed. Shoes can be left in the yellow collection bin in the Mission's closet. Thanks for your continued support. Questions, contact Laura at corichards@aol.com



Tucker & Jake's Take

Woof! Woof! Ruff! Ruff! This is Tucker (Ms. Melanie's Golden Retriever) & Jake (Ms. Sharon's Border Collie/ Chow mix), the newest dogs on the Children's Beat. Our buddy Bongo retired and brought us on board to sniff out the St. Luke's Kids news. And we can't believe how much there is to report!

In January, the **Acolyte team** added seven new members after Jordan Lee, Jade Stevenson, Emily Maddox, Jack Ramsey, Bailey Piskadlo, Quinn Kamberos and Savannah Turner completed their training. And 67 **SLY, Jr. kids** stayed over for the annual lock-in. They made their own pizzas

and sundaes, went on a scavenger hunt, played flashlight tag and spent time journaling. It was a night filled with fun and fellowship, and everyone is looking forward to next year. Maybe they'll need a watchdog... or two!! SLY, Jr. also went bowling in January and had a blast.

PEAK Sunday School students have loved learning about Occupations in Bible Times. They have also been experiencing first-hand the many gifts and talents our St. Luke's congregants bring to their occupations. The people of St. Luke's are so interesting! The kids have heard from a Professor of Psychology, a Music Teacher, a Photographer, a Rocket Engineer and a Doctor! Goliath has been filled with joy and excitement all month! Thanks to everyone who came and shared with the kids! Tucker, maybe next year you can talk about what it's like to fetch. Thanks, Jake, and you can talk about.... let me think.....hmmm.... napping...?

Moving right along.....The Children's Team is gearing up for spring. We can't wait. The **Children's Dinner Theater** is right around the corner! Auditions are Sunday, February 20 at 11:00am. Mark your calendars and be sure to be there! And **Family Movie Night** is Friday, February 25. It's one of our favorite movies of all time – **Ice Age: Dawn of the Dinosaurs**. Bring sleeping bags, come in comfy jammies and get ready for popcorn!

Mark your calendars – **Easter Fun Day** is April 16. It's the most FUN DAY ever! We heard that the Easter Bunny will be there. Jake will try hard not to chase it!

Stay tuned for next month's column. Tucker, has been sniffing around a story that I think is going to be big. It seems there is something happening this summer... some sort of Bible school event over summer vacation. There's something on the menu, something brewing. It's big. It's exciting. We'll continue to dig and bring you more next month!!



Good luck to Bongo in his retirement & to **Ms. Joely** as she moves on to being a full-time student at CU's School of Nursing. We hear from all of the parents and kids that she brought tremendous joy and passion to being the Co-Director of Children's Ministry but will be an **AWESOME** nurse. For 2 1/2 years she helped lead the programs for the children of St. Luke's and gave them new vitality and loads of fun and

kept the programs on track and moving forward. And the great thing is that we will continue to see her at St. Luke's each week! She promised to stay involved.... and bring us some doggie treats! **We love you and thank you, Ms. Joely!**

This is Tucker & Jake, sending you big doggy smooches and wishing you a Happy Valentine's Day and a great February!



Sharon Oliver
Director of
Children's Ministry



Melanie Kirkpatrick
Asst. Director of
Children's Ministry



Samantha Leahy
Director of Childcare

St. Luke's Kids
Growing with God

News & Notes:

Welcome Ms. Melanie! Melanie Kirkpatrick has come aboard as our new Assistant Director of Children's Ministry here at St. Luke's.

Melanie and her husband, Peter Jonnard, loved the Highlands Ranch community and when their daughter Katie was born January of 2007 they looked for an opportunity to move here from Northern California. That summer Peter was offered a position as a math teacher at Dakota Ridge High School, and the family relocated to Highlands Ranch to raise their family. They began attending St. Luke's soon thereafter. In July of 2009 their family grew with the addition of their son Ashton.

Melanie was born in Meridian, Mississippi. Her father was a Marine Corp pilot so the family moved often. She finished high school in California and obtained her bachelors in theatre from Willamette University in Salem, Oregon. She then obtained her secondary teaching credentials from Chapman University. Melanie taught theater at the high school level, as well as directed for a theater production company. Melanie has directed and performed in many productions and is looking forward to taking the stage again in St. Luke's spring production Broadway on Broadway. Melanie's most recent professional vocation is in corporate communications for Genentech and Business Objects.

A life-long Methodist, Melanie's passion for children's ministry has always been strong. Since coming to St. Luke's, she has been involved as a shepherd, music teacher, the craft prep team and also assists with Cherub's Choir. She has a deep love for St. Luke's and the children that go here. Melanie states, "I am so excited to be a part of the education and fellowship for the children and their families at St. Luke's." She feels blessed to be here, and St. Luke's is blessed to have Melanie and her family in our community. Welcome Ms. Melanie!

DVDs available! "Joy Around the World" Christmas Pageant DVDs and "Snow White" Children's Dinner Theater DVDs will be available on Sundays - \$1 donation appreciated for each.

SLY Jr. is collecting toothbrushes for our Guatemala missions team through February 28. Please drop off packaged toothbrushes on Sundays. Thanks!

Visit www.stlukeshr.com for upcoming events. If you have any questions about Children's Ministry programs contact Sharon Oliver x27 sharon@stlukeshr.com or Melanie Kirkpatrick x11 melnie@stlukeshr.com



Kay Swanson
Director of
Little School

Little School News: February Fun

Registration is OVER on Feb. 14! We hope that you were able to turn in a registration form for next year! If not, please see Ms. Kay or Ms. Tami immediately to be placed on our waiting list. We certainly do not want to overlook anyone!



February is a fun month packed with lots of love and exciting days. We will offer free vision screening for our children the beginning of the month. This is provided by "KIDSIGHT", a program done for us by the local Lion's Club. Last year four of our preschoolers

were prescribed glasses and it has improved their lives dramatically! If you have not had your young child's eyes checked we would highly recommend that you do so as soon as possible. Optometrists suggests eye checks as early as one-year-olds!

Dad's Saturday at Preschool will be on Sat. February 12 from 9:00-11:00am. This is a very fun way for daddies to come to preschool, spend some time in their child's classroom and make a special treat for their Valentine! The kids absolutely adore having their dads at school. Lots of Valentine fun will follow with parties and sweet treats! We love sharing God's love with other children. Our theme in chapel this month will be the "Good Samaritan" and we can't wait to hear Rev. Brad's next story!

Little School will be off on February 21 for President's Day and on Tuesday February 22, we will be closed for all day Parent/Teacher conferences.

We are so blessed to watch our children change and grow and see God's work first hand! Please remember that you are always welcome to stop by for a visit. On Valentine's Day, think about someone that might not get a Valentine: someone in a nursing home, a neighbor or friend. Spread LOVE all around and make this world a better place! HUGS and KISSES,
-Ms. Kay and Staff:-)

Upcoming Events Calendar:

Sundays Feb. 6-Mar. 6 - PEAK Sunday School 5-week rotation: "Lost & Found Parables" 9:30am

Sunday Feb. 13 - Scout Sunday

Tuesday Feb. 15 - Children's Ministry Team Meeting 6:30pm
- All are welcome to help us plan and vision

Sunday Feb. 20 - Children's Dinner Theater Auditions 11:00am

Sunday Feb. 20 - SLY, Jr. 5:30pm - Origami

Sunday Feb. 20 - 5:30pm Spirituality and Wellness Series
Session 3: *Developing Assets - A Strength Based Approach to Helping Kids Thrive*
Facilitator: Dana Max, PsyD., Clinical Psychologist specializing in Youth and Families

Friday Feb. 25 Family Movie Night 6:45pm
- Ice Age: Dawn of the Dinosaurs
rated PG



continued from page 5 We are a faith based organization interested in dealing with homelessness in the south metro area. Please visit us on Facebook to learn more about us. I met with Janet this fall to introduce her to H.A.A.T. Force and at that time she asked if I would teach a class on the face of homelessness. This article is my way of giving St. Luke's some insight into what I have learned so far.

There are terms used by individuals that work in the field of homelessness. I recall being in a meeting this last fall and having these terms being used. At the time I thought about the terms themselves and what they really stood for. I also recall thinking just how much I truly hated those terms; not because they were derogatory or demeaning to homeless individuals, but because they were really describing an actual situations that these individuals find themselves in or an accurate descriptions of them as a group.

Couch Surfing: This is a term used to describe a fairly common situation today. It is used often times to describe the situation that young adults find themselves in. It is when a homeless person spends 1, 2 or more nights with a friend and then moves on to another friend or family member. They are truly homeless and sleep on the couch to avoid having no place to stay. "Couch Surfing Anyone"

Chronically Homeless: This is a term used to describe what most people think of when homelessness is discussed. It is the situation we see quite often in the downtown Denver area. The individuals live on the streets, under the bridges, on the banks of the Platte river or in the parking garages... homeless individuals that for whatever reason choose not to seek help from a shelter but live on their own, outside. How would you like to be "Chronically Homeless" on a subzero night?

And finally, a term that I personally find the most disgusting of all.

Warming Center: This is an actual physical place. It may be a homeless shelter that is not allowed by municipal code to shelter people with a place to sleep, a cot or a mat on the floor. But, on severe weather nights they will open up their doors and allow individuals to come in, sit around a table and put their heads down and "STAY WARM". Or, it may be a retail business that is open 24 hours a day. Often times the employees turn a blind eye to homeless individuals that come in and spend time to just get out of the cold.

To think that we now have a term to describe a place that people go just to stay warm sickens me. I wish I had never heard any of these terms. I wish that they would go away and that we would have no need to use them anymore. As a matter of fact, I wish that H.A.A.T. Force would go "Out of Business" and that we had no reason to exist anymore. Unfortunately, I just don't see that happening anytime soon.

WELCOME NEW MEMBERS!

Welcoming our newest members of St. Luke's and their reasons for joining our community. **Contact Lynda Fickling for more info** x20 lynda@stlukeshr.com



Susan Tan (husband Peter) "Just moved to Colorado a year ago. Wish to be connected."



Ian Warmerdam & Kristy Walter-Warmerdam
"We were drawn to St. Luke's due to the strong youth program, vibrant and energizing ministry, and progressive outreach to the local and global communities."



Michelle Walters



Marj Mack



Kim Osoba (husband Ken)

Not pictured:

Mark & Suzanne Piskadlo

Ed Kasten

"I have been attending St. Luke's for six months and enjoy the spirit and joy of the services - enthusiasm and energy."

Michael & Allison Inman

To become a member of St. Luke's United Methodist Church:

Fill out the membership card located in the Friendship Pad or at the Get Connected Center. Simply hand the membership card to one of our Pastors or staff members at any time.



United
Methodist
Women
FAITH · HOPE · LOVE IN ACTION

"The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church."

FOOD, FAITH & FRIENDS

Food, Faith & Friends Winter Retreat:

All women are invited to join the UMW for the Winter Retreat Spiritual Growth day on **February 26** from 9:00am-2:00pm. We have found a different source for our materials

this year and therefore can reduce the cost to only \$10 (yummy lunch included!). Enjoy a comfortable environment where you can learn more about how faith is nurtured, strengthened and enhanced by food. We will explore how food creates community, offers hospitality and discuss food rituals. We will explore all of this while surrounded in an atmosphere of fun and friendship. Tickets will go on sale Jan. 30. Invite a friend and share the day; or come along and meet new friends. All women are welcome. The workshop is based on the book, *Food & Faith*, by Wendy Whiteside. Books will be available for purchase for only \$8.

Subgroups of UMW at St. Luke's UMC:

Simply Saturday: First Saturday of the month, 8:30-10:30am All women ages 18 and older are invited to join us in mission work, time for faith, devotions and building relationships.

For more information, please contact Elena Lynch at elenaclynch@gmail.com or Lynda Fickling at Lynda@stlukeshr.com. Visit stlukeshr.com Quick links, Email lists to add your name to the email distribution 'list.

Evening Book Group:

Fourth Monday of the month, 7:00pm Room 206

Feb. 28 – *Tallgrass* by Sandra Dallas

Mar. 28 – *The Girls* by Lori Lansens

For more info, please call Renae Parra at 303-683-0872.

To be added to the email mailing list, send a request to RenaeParra@aol.com

Itch to Stitch: Third Wednesdays of the month, 7:00-8:30pm downstairs near the Children's Library. For more information, please call Fran West at 303-797-7107.

Women's Night Out: First Monday of the month, 6:30pm various locations:

Feb. 7 – Little Basil's

Mar. 7 – Merle's Restaurant (*note new location)

For more info, please contact Sandy Frasier at Sandy.

Frasier@yahoo.com or Elaine Carlstrom at ecarlstrom@comcast.net.

Mark Your Calendars:

Sat., Feb. 26 – UMW Retreat

Sat., Mar. 26 – 50th Anniv. Reception for Betty and Les Ludlam

Sun., May 15 – UMW Spring Tea

Upcoming Rocky Mountain Conference UMW Events:

Website: www.rmcmw.org

Spiritual Life Retreat

April 29-May 1, 2011 Y Camp of the Rockies, Estes Park, CO

Upcoming National UMW Events:

Women's Division website: <http://new.gbmg-umc.org/umw/>

UMCOR (United Methodist Committee on Relief)

website: <http://new.gbmg-umc.org/umcor>



Journey toward Wholeness

ST. LUKE'S UMC SPIRITUALITY AND WELLNESS WORKSHOP SERIES 2010/2011

A Workshop Series responsive to St. Luke's Wellness Inventory.

For more information contact Rev. Sallie or any member of the Spirituality and Wellness Team.

sallie@stlukeshr.com

Great Turnout for Wellness Workshop

On Tuesday, January 18, Andi Pusavat, Counseling Psychologist and Director of the Iliff School of Theology Counseling Center lead more than 80 participants in education activities that provided opportunities to consider new strategies for managing stress and moving toward a sense of wholeness in our lives. This was our 2nd workshop in our Living in Gracious Space Spirituality and Wellness series and covered Strategies for Managing Stress.

Don't miss our upcoming events!

3rd Spirituality and Wellness Workshop:

Sunday, February 20, 2011, 5:30-

7:30pm – St. Luke's Youth Room

Building in Gracious Space: Developing Assets – A Strength Based (and Gracious) Approach to Helping Children & Youth Thrive

The Spirituality and Wellness Team invites the St. Luke's family to join us for our third Spirituality and Wellness Workshop. Our facilitator will be Dana Max, PsyD., Clinical Psychologist specializing in Youth

and Families. Dana will lead us in large and small group activities that will provide opportunities to consider how each and every member of St. Luke's can help to create the "Gracious Space" required to nurture competent, caring, and responsible children and youth. At each St. Luke's baptism we make a congregational commitment to be the sisters and brothers, uncles and aunts, grandfathers and grandmothers in Christ to our newest and youngest members; we promise to surround them with love and to help them grow to full humanity, through living the teachings of Jesus Christ: Love, Acceptance, Justice, and Hope. Within this context of our baptismal covenant, we will explore the Assets Building approach to living our commitment. We'll explore our personal barriers to helping children and youth develop the assets they need to thrive. We will consider specific steps that we can take to help our St. Luke's community develop greater capacity to help our children and youth build more Assets into their lives. We hope you will join us as we continue our journey in Gracious Space.

And save the date for our 4th and final Spirituality and Wellness Workshop in this series:

Tuesday, April 5, 2011, 6:30-8:30pm – St. Luke's Chapel
Growing in Gracious Space: Living a Wellness Lifestyle

Facilitator: Jane Mountain, M. D., Author, Speaker, Retired Physician

Dr. Mountain will help us identify ways that our faith can support us in growing more resilient, managing challenging life circumstances, and integrating spirituality and wellness into all aspects of our lives.

For more information please contact anyone on the Spirituality and Wellness Team: Renae Parra, Cindy Raap, Jane Staller, Brenda Schaefer, Bryan Hutchinson, Jenita Rhodes, Lynda Fickling, Janet Forbes and Sallie Suby-Long



The Boulder Philharmonic Orchestra Celebrates American Music with "New World Celebrations"

Richard Stoltzman, world renowned clarinetist, gives two performances in Boulder and Highlands Ranch of works by Copland and Bill Douglas

The Boulder Philharmonic Orchestra presents works by Leonard Bernstein, Aaron Copland, Antonín Dvorák, and Bill Douglas, in "New World Celebrations," Saturday, February 19, 2011, at 7:30pm, at Macky Auditorium on the CU campus. The program repeats on Sunday, February 20, at 3:00pm, at St. Luke's United Methodist Church in Highlands Ranch, in a benefit concert with proceeds supporting two mission projects in Guatemala. For a concert preview video featuring Michael Buttermann, music director of the Boulder Philharmonic, visit: www.youtube.com/boulderphilvideos

The program begins with Three Dance Episodes from *On the Town*, the musical written in 1944 by Leonard Bernstein (1918-1990), which launched the choreography career of dancer Jerome Robbins. Richard Stoltzman, known as one of the world's foremost clarinetists, then takes the stage to perform the *Clarinet Concerto* by Aaron Copland (1900-1990). The concerto was commissioned in 1947 by Benny Goodman, who premiered the work on an NBC radio broadcast. Stoltzman, a two-time Grammy award-winning artist known for his virtuosic talents as both a classical and a jazz musician, has played with major orchestras around the world and with musical giants who include Emanuel Ax, Yo-Yo Ma, Chick Corea, and Judy Collins.

For 30 years, Stoltzman toured and recorded with composer-pianist-bassoonist Bill Douglas (b. 1944), who makes his home in Boulder and is a faculty member of Naropa University. Douglas, on piano, joins Stoltzman for the performance of two of his works which conclude the program's first half: Afro-Cuban Baroque for Clarinet and String Orchestra and Feast.

Symphony No. 9 in E Minor "From the New World," written in 1893 by Antonín Dvorák (1841-1904), is the featured work on the second half of the program. It is ironic that the most famous American symphony was written by a Czech composer. Though the work incorporates



James Ramsey
Director of Music
& Arts Ministries



Kenrick Mervine
Associate Dir. of
Music Ministry/
Organist



Kay Coryell
Dir. of Handbells
& Children's Music
Ministry



Matthew Rose
Dir. of Instrumental
Music Ministry

elements of American music, it also maintains a Czech identity throughout. The New World Symphony has become Dvorák's most popular work and one of the best-loved pieces in all of classical music.

The repeat performance at St. Luke's Methodist Church is possible thanks to the support of the Scientific and Cultural Facilities District and Richard Stoltzman. Proceeds will benefit the John Wesley School in Santa Cruz del Quiché, Guatemala, funding scholarships and instrument purchases for a newly formed school band, as well as to help build homes and chicken coops for Widows of Lemoa, Guatemala. St. Luke's has raised thousands of dollars to help build the school as well as many different adobe homes over the last 6 years. For information on these mission projects sponsored by St. Luke's United Methodist Church through Pura Vida, call 303-791-0659 or visit www.stlukeshr.com.

Program Information: *New World Celebrations*

Sunday, Feb. 20, 2011, 3:00pm
(2:00pm, Panel Discussion with
Richard Stoltzman, St. Luke's
United Methodist Church)

Boulder Philharmonic
Orchestra, Michael Buttermann,
Music Director
Richard Stoltzman, *Clarinet*

Tickets for the performance
are available at the door as well
as online at www.stlukeshr.com
or in the Church Office.
Ticket prices for the Feb. 20
benefit performance are
\$25 for premium seating,
\$15 general admission,
and \$10 for students.

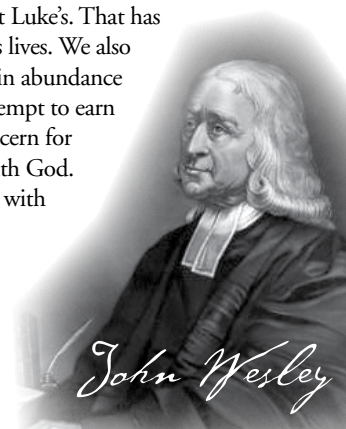
St. Luke's Youth Jazz Orchestra

Charlie Parker, Miles Davis,
John Coltrane... all great jazz
improvisors. All youth musicians
are invited to attend St. Luke's
Youth Jazz Orchestra starting
Sundays February 13. This semester
we will be focusing on jazz
improvisation. Rehearsals will be
7:30-8:15pm Sunday evenings
beginning February 13 in the Choir
Room. We will be performing
7:30pm Sun., April 10, at St. Luke's
and 6:00pm Sat., May 14, at the
HRMA Music Festival. Contact
Matt Rose at matt@stlukeshr.com
for more info.

Monty's Methodism Musings: A Grateful Life

You may have had a previous church home that spent a lot more time talking about sin and salvation than we do at St Luke's. That has to do with our beliefs as Methodists. We believe that God loves all people and that God's Grace is a part of all people's lives. We also believe that these are a gift to us, not something that we earn. God loves us so much that God's Love and Grace exist in abundance well beyond our ability to imagine it. As Methodists, we try and live our lives in gratitude for these gifts, not in an attempt to earn God's Love and Grace. In John Wesley's writings, he suggests that our gratitude be shown by personal piety and a concern for social justice. Piety simply means a devotion to God. How we express this devotion is as varied as our relationships with God. My choice is to try and reflect the Love and Grace that is given me in this relationship in all of my other relationships with other people. While I'm not completely successful, it is a worthy goal that helps me be a better person.

At St Luke's, our life together as a community of faith is focused on our concern with social justice. Our efforts to support and care for each other are one aspect of this. Another is our support of missions across town, across the nation, and across the world. We express our gratitude for what we are given by showing our concern for God's children everywhere. In response to the love that is given us, we try to be a positive influence in the world that we live in. We live grateful lives. —Monty Hoffman



St. Luke's
Youth

Don't miss

Upcoming Events

- ✱ **February 6: Church Wide Football Party for the Big Game!** Join us starting at 4:30pm for a great time watching the game, enjoying the commercials, and discovering their messages during halftime.
- ✱ **February 9: Wednesday Night SLY** 6:30pm
- ✱ **February 13: SLY PM Non-Valentine's Valentine's Day Party.** Confused? Me too...just be there for dinner at 5:30pm, and we'll wrap up by 7:34pm!
- ✱ **February 16: Wednesday Night SLY** 6:30pm
- ✱ **February 20: Youth Leadership Team** noon
- ✱ **February 20: SLY PM goes to JumpStreet!!!** Bring \$\$\$ to pay for an hour on the massive trampolines at Jump Street.
- ✱ **February 23: Wednesday Night SLY** 6:30pm
- ✱ **February 27 SLY PM: Getting to Know You.** What happens to use when we dig beneath the surface and show who we really are to the world?
- ✱ **FAT TUESDAY PANCAKES!**
This year Fat Tuesday is on March 8. Join us for Pancakes, Mask Decorating, Fun Games, Prizes, and a little jubilation before Lent officially begins. Pancakes start slinging at 5:30pm.
- ✱ **SLY PM Dinner** every regularly scheduled Sunday night at 5:30, \$2 Donations appreciated! You can now sign up to help provide dinners online www.stlukeshr.com/sly/sundaydinners Having parents help provide a group meal in the middle of 4 hours of youth activities allows our youth to set aside blocks of time at church! We thank you for your help!
- ✱ **Check www.stlukeshr.com/sly** for up-to-date info on programs, activities, ministry opportunities and more!

CHRIS's CORNER

A Baby Changes Everything

My baby boy is due February 24, and man are Emily and I ready! Over the past several months, our house has slowly been transformed into a landing area for our newborn. Grandma and Grandpa

have given us a gliding chair to rock the baby to sleep. My old office room has now become a nursery complete with a crib, changing table, and little man dresser. The nursery is covered with jungle animals like giraffes, monkeys, and elephants. The stroller is put together, the car seats are installed – we have many gifts from our generous friends and church (thank you for all the baby shower gifts SLY!) filling every last nook and cranny of our two-bedroom bungalow. Now that the space is ready, am I ready for how this baby is going to change my world?

I actually found myself asking this same question on Christmas Eve. As I worshipped at the 1:00, 3:00, 5:00, and 10:00pm services (yes, all but one!) the words about expectation and the impact of a single baby on the world hit me in a much different way than ever before. Were Joseph and Mary ready to care for a baby? The diapers? The feeding? Were they ready to welcome God-With-Us? The baby that they welcomed on Christmas really was going to change the whole world!

Now while my own child may end up changing the whole world, he is definitely going to change my world. And the thing that links the two (besides them both being babies?) – they both demand rearranging priorities so that I put someone else's needs in front of my own. My baby will need me to sleep less, change my schedule, be ready to learn new talents, and need me to love him more than myself. As Jesus entered the world, he also demanded that we love others more than ourselves, to change our schedules to serve each other, and love our neighbors as we love ourselves.

As you continue into 2011, I encourage you to look toward babies (and anyone else younger than you!) for lessons on love, serving others, and life changing demands. Pray for my growth as a parent, just as I will pray for you to become selfless servants inspired by the life of Jesus – even from the time when he was a baby himself.

– Peace and Love, Chris



Chris Wilterdink
Director of
Youth Ministry



Susan Johnson
Assistant Director
of Youth Ministry



Erin Laurvick
Intern in Youth
Ministry

A big **THANK YOU** to all who came to celebrate our baby shower with us for SLY PM on January 23. Emily and I had a great time looking at all of your baby pictures, watching you play silly games, feeding you baby food, and reading you Ferdinand. We are especially grateful for the advice you wrote down for us as parents, for the stories you shared about Chris, and for the generous gifts you gave to us. In addition to loads of diapers, clothes, and toys – we are very grateful for the monetary donations you gave. We collected enough to buy a very strong and sturdy car seat, a definite need! The due date is February 24, and we can't wait to introduce our baby to all of you!

– Chris & Emily Wilterdink

Confirmation Classes

Confirmation classes are in full swing and take place from 11:00am to noon on Sunday mornings. Confirmation Dessert and Ceremony is Friday April 29. Confirmation Sunday is at 11:00am on May 1. Retreat is March 11-13. These classes help youth learn more about their personal faith, and whether they want to become members of the United Methodist Church. We welcome your support of the participants through prayer.

2011 Mission Trips

The Sr. High trip is booked and ready to go! Reserve the week of June 19-25 so you can participate! We will travel to Detroit and serve MoTown Missions in their urban renewal projects. Youth who have graduated 9th grade through graduated 12th grade are welcome on this trip. Registration forms and cost information available in church and at www.stlukeshr.com/sly. We also need adult sponsors for this trip. If you are interested in serving this trip, please contact Chris ASAP!

The Jr. High trip is still being built, but registration forms will be available by the end of February. Please watch for details! This trip is open to all youth who have graduated 6th grade through 8th grade. Adult sponsors also welcomed!



Dave Cupp
Director of Finance



Lisé Takayama
Assistant Director
of Finance

Thank You! We have just completed another successful year financially. Your response to our stewardship campaign for 2011 has been outstanding. Thank you for making this happen.

Year End Giving Record Mailing Schedule. Year end giving records will be mailed during the last

week of January. Please contact us if you do not receive your record or if you have questions regarding the record.

Pick and Choose Your Method Of Giving to SLUMC. We have many ways for you to make your giving to SLUMC easy and convenient. You may want to consider one of these convenient methods for your contributions.

In addition to cash and checks, we offer online credit card transactions, stock transfers and scheduled automatic withdrawals from checking or credit card accounts. The following is a general summary:

- 1. General Fund and Capital Campaign:** All methods.
- 2. Grocery Cards:** Cash, check, scheduled automatic withdrawal from checking accounts.
- 3. Special Events:** Depending on the type of event may include cash, check, PayPal and online credit card transactions. The method(s) available at each event will be announced at the time of the event and are at the discretion of the sponsor.
- 4. Plus:** We're anxious to consider any reasonable method you know about that we haven't adopted.

Trustees Corner: **New Team, New Year!**

First order of business for us is sharing our appreciation for Candy Keller's service to our team during her time with us. Candy brought her experience with landscaping and tireless care and feeding of our outdoor spaces. Through her leadership we got rid of the overgrown and shabby bushes and brought huge improvements to our lawns. Thank you, Candy! What a difference—we'll miss you!

We'd also like to extend a warm welcome to our newly appointed team members, including James Bacon, Gary Gilbert, Mike Stephens, Paul Kirk, and our new director, Sandi Miyaki. We're thrilled that some of our seasoned veterans will continue on as specialists for our team – including: Randy Larson (energy systems), Greg Tripple (finance and our support group liaison), Diane Tolleson (our liaison to our scout troop), Tim Boles (tech team – sound, video, and lighting), Dave Rhodes (building maintenance), and hopefully, Rich Krening (golf tournament).

Our returning team members include: Ken Decker, Lisé Takayama, Ken Fong, Bill Kemman, and Dee Duncan. We're also very blessed to have the partnership of our Facilities Manager, Barry Curtis – what a difference he makes for all of us every day!

We appreciate these volunteers who have signed on for the year, offering us the gifts of their time, talent, and service as we work to maintain and improve our worship and classroom spaces. It's a tall order, so when you see an announcement from our group asking for volunteers on one of our quarterly workdays, we'd really love it if you could make time to join us as we tackle larger projects on a Saturday morning.

We're looking forward to a terrific year – Thank You, Everyone!!!

An excerpt from a letter **from Denver Inner City Parish to St. Luke's**

Jan. 8, 2011: Dear Rev. Forbes, Over the last six months, the efforts of the volunteers from St. Lukes have been truly amazing in their participation with the Denver Broncos at INVESCO Field at Mile High in conjunction with the food recovery program of WE DON'T WASTE and Epicurean Catering.

As many of you personally know from your own experience as part of the group, each volunteer commits to being at the stadium prior to the fourth quarter and works for approximately three hours securing the food, which is then consolidated in the Epicurean kitchen, then refrigerated over-night to be picked up by WE DON'T WASTE and distributed to the underserved populations in the Denver area.

My personal appreciation is extended to Jerry Hertzler, who raised the idea of volunteering, Andrea Kirchhoff and Laura Richards, who took up the challenge and organized the effort to secure volunteers and coordinate their attendance at each game and the individuals who were there for the games – 70 different individuals:

ANDREA KIRCHHOFF, BRUCE KIRCHHOFF, LAURA RICHARDS, MICHAEL RICHARDS, JOHN SCOTT RICHARDS, JERRY HERTZLER, TERRY HERTZLER, KELSIE HERTZLER, BRANDON GRIFFIN, DAWN BRANCH, GENE BRANCH, PETER WALDHEIM, MIKE PREBLE, ANDREA MEZGER, JOHN MEZGER, SHARON WILLIAMS, EDEE WORTH, JULIE GUSTAFSON, LARRY GUSTAFSON, BLAKE SUTTIE, JOCELYN SUTTIE, REV. JANET FORBES, ANN METZ, GLEN GRAF, JOEL GRAF, BARRY CURTIS, AMY CURTIS, KYLE CURTIS, HANNAH CURTIS, DIANA MARAMA, MIKE PARSONS, MARTHA PARSONS, BETSY FONG, KEN FONG, ALAN BABCOCK, LINDA BABCOCK, STEPHANIE KIRK, GLENN HERTZLER, ASHLEY HERTZLER, AMANDA HERTZLER, PAUL KIRK, SHELLY RICHARDS, JOHN RICHARDS, GRETCHEN HAZELWOOD, DREW KIRCHHOFF, TYLER KIRCHHOFF, SPENCER ROUGHIER, MYLES JOYCE, CONNOR JOYCE, SEAN JOYCE, PATTY JOYCE, TERRANCE O'BRIEN, JERRY HECHT, BILL BRADLEY AND THE THUNDER RIDGE HIGH SCHOOL GIRLS BASKETBALL TEAM.

If I have overlooked anyone, it was unintentional and I apologize.

The mission of WE DON'T WASTE is to create a cooperative green initiative to help minimize the waste of wholesome, nutritious food prepared by caterers, restaurants, supermarkets and other food suppliers, as well as soft goods, by sharing these with Denver's underserved populations. In 2010, WDW distributed over 712,400 servings to the agencies we partner with.

Our Recipient Partners include: Beacon Place of the Colorado Coalition for the Homeless, Denver Inner City Parish, Father Woody's Haven of Hope, Harbor Light-Salvation Army, Judi's House, Platte Forum, Project Angel Heart, New Genesis, SafeHouse Denver, Samaritan House, Servicios De La Raza, Sobriety House, The Gathering Place, The Bridges Project, St. Elizabeth's of Hungary Church, Grant Avenue Street Reach, Holy Ghost Church, Broadway Assistance Center, Rainbow Alley, Sox Place and Urban Peak.

With warm regards and a Happy New Year.

Sincerely, Arlan Preblud, *Director*
We Don't Waste at the Denver Inner City Parish



St. Luke's United Methodist Church
 8817 S. Broadway • Highlands Ranch, CO 80129
 303-791-0659 • www.stlukeshr.com

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*St. Luke's United Methodist Church welcomes you to our Christian family,
 where we share life. Wherever you are in your faith journey,
 you are accepted and encouraged to grow spiritually.*

*Join us in growing together toward full humanity through living
 the teachings of Jesus: Love, Acceptance, Justice and Hope.*

RETURN SERVICE REQUESTED

"A New Beginning" a 12-week Divorce Recovery Workshop

will begin Monday, March 7, 6:30-9:30pm at St. Luke's

For those who are separated or divorced, this workshop brings healing from a Christian community where one can experience acceptance, care giving, and the love of God.

Cost is \$100- register by contacting Larry Sears 720-524-0440.

Scholarships are available.

FEBRUARY 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BRINGING JOY TO Life Epiphany Sermon Series 8:00, 9:30, 11:00am: Worship -Rev. Dr. Janet Forbes 11:00am: God & Me 11:00am: Confirmation Class noon: Youth Leadership Team 5:30pm: Community Meal (\$2) 5:30pm: SLY, Jr. 6:00pm: SLY PM 6:34pm: Fusion	31 6:30pm: Executive Team	FEB 1	2 6:30pm: Parent's Depression/Bipolar Support Group 6:30pm: Wed. Night SLY	3 9:30am: Children 'n Chattin' Playgroup 6:00pm: Love & Logic 6:30pm: Contemplative Fellowship 6:30pm: Finding & Following God's Will Study begins (ends Mar. 17)	4	5 8:30am: Simply Saturday
BRINGING JOY TO Life Epiphany Sermon Series 8:00, 9:30, 11:00am: Worship -Rev. Bradley Laurvick 11:00am: Confirmation Class 4:30pm: BIG GAME Party (\$2) & Fusion	7 6:30pm: Women's Night Out	8 6:30pm: Finance Team	9 6:30pm: Wed. Night SLY	10 6:00pm: Love & Logic 6:30pm: Communications Team 6:30pm: Contemplative Fellowship	11 5:45pm: Parent's Night Out 6:30pm: UMW Missions Study	12 Little School Dad's Saturday 6:45pm: Bridge Club
BRINGING JOY TO Life Scout Sunday & free Burrito Breakfast Epiphany Sermon Series 8:00, 9:30, 11:00am: Worship -Dr. Stephen Collins 9:30am: Cafe St. Luke's 11:00am: Confirmation Class noon: UMW Team Meeting 12:15pm: Guatemala Mission Meeting 5:30pm: Community Meal (\$2) 6:00pm: SLY PM 6:34pm: Fusion	14 Little School Registration Due 6:00pm: Live, Laugh, Love Club	15 6:30pm: Children's Ministry Team 7:30pm: Planned Giving Team	16 6:30pm: Parent's Depression/Bipolar Support Group 6:30pm: Wed. Night SLY	17 9:30am: Children 'n Chattin' Playgroup 6:00pm: Love & Logic 6:30pm: Contemplative Fellowship	18 6:30pm: UMW Missions Study	19 9:00am: Sanctuary Care Team 10:00am: Wesley Writers
BRINGING JOY TO Life Epiphany Sermon Series 8:00, 9:30, 11:00am: Worship -Rev. Dr. Janet Forbes 11:00am: Confirmation Class noon: Youth Leadership Team 12:15pm: Spiritual Formation Team 3:00pm: Boulder Philharmonic 5:30pm: Wellness Workshop: Helping Kids Thrive 5:30pm: Community Meal (\$2) 5:30pm: SLY, Jr. 6:00pm: SLY PM 6:34pm: Fusion	21 President's Day Office Closed Little School break 7:00pm: Trustees	22 Little School Parent Teacher Conferences 6:30pm: Learning Differences Group 7:00pm: Staff Parish Team	23 6:30pm: Wed. Night SLY	24 6:00pm: Love & Logic 6:30pm: Contemplative Fellowship	25 6:45pm: Family Movie Night Ice Age: Dawn of the Dinosaurs	26 9:00am: Women's Annual Retreat
BRINGING JOY TO Life Epiphany Sermon Series 8:00, 9:30, 11:00am: Worship -Rev. Sallie Suby-Long & Rev. Dr. Janet Forbes 11:00am: Confirmation Class 5:30pm: Community Meal (\$2) 6:00pm: SLY PM 6:34pm: Fusion	28 6:00pm: Common Table 6:30pm: Women's Evening Book Club	MAR 1	2 Little School Career Day 6:30pm: Parent's Depression/Bipolar Support Group 6:30pm: Wed. Night SLY	3 Little School Career Day 9:30am: Children 'n Chattin' Playgroup 6:30pm: Contemplative Fellowship	4 7:00pm: Broadway on Broadway	5 8:30am: Simply Saturday 10:00am: Guatemala Packing 2:00 & 7:00pm: Broadway on Broadway