



The Chronicle

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and much more!

St. Luke's in the Great Outdoors

Nearly 100 people from St. Luke's headed up to Snow Mountain Ranch in Granby for the 12th annual Family Camp! by Pam Wiethoff



Snow Mountain Ranch was a new campground for us and we explored many new activities like the low and high ropes courses (great team building activities) and zip lines, both low and high (which was 55 feet off the ground!) We had fun playing tag in the canoes, which involved throwing a rubber chicken into another team's canoe to tag them and then rowing away as fast as we could! Rev. Brad led us on a night hike one evening. We saw a beaver early in the hike but with all of our excitement scared him away... imagine that. As we came back down, Brad said, "Let's all be really quiet and we'll shine just one light and see if we can see him. If we see him, don't yell, 'There's the beaver!' just press your lips together and be really really excited inside!!!" Believe it or not, it all worked.

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St. Luke's Picnic Aug. 7



The Bouncy Castle, Food, Games, Music, Fellowship and nice hot weather all contributed to a fantastic summer picnic for the St. Luke's congregation. Special thanks to Lynda Fickling and all of the teams that helped make the event possible.

Changing Lives for GOOD

I thank God every time I remember you. In all my prayers for all of you, I always pray with joy. (Philippians 1: 3-4)

by Rev. Janet Forbes

CHANGING LIVES FOR GOOD is the theme of our upcoming campaign to encourage us to be faithful in ministries envisioned for 2012. It is more than a theme – it's an effort to show how our congregation can make a lasting different in the lives of children, youth, adults, and families.

Stewardship always asks the question: What do I really care about? In what will I invest my life and my resources? As we continue in anxious times with so many families still affected by joblessness and tenuous financial realities, I would like for more and more families to enter into the joy of investing in St. Luke's and spiritual formation so that we might be blessed by blessing and supporting others. That's what families do for one another!

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Motown Memories

by Susan Johnson

On Sunday June 19th, 50 youth and 10 adults headed off to Detroit on an awesome adventure. None of us quite new what to expect having seen pictures of crime ridden streets on the news and heard stories of a forgotten town. The adult sponsors remember when Motown was about recording artists and manufactures of automobiles, both long gone.

We were fortunate enough to be part of a group called Motown Missions and housed in an incredibly beautiful church built in the early 1900's. In the library we found some fun sermons written in 1938 and a personal journal from the pastor at that time. We were told that at the time that the church was built it was the community center for the neighborhood.

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Dear Edwina coming soon!

Sept. 16 at 6:30pm
Sept. 17 at 2:00pm
and 6:30pm

Dear Edwina is a one-act charming children's pop/rock musical theater piece designed to be played by adults. Thirteen year-old Edwina Spoonapple would do just about anything to be a part of the Kalamazoo Advice-a-palooza Festival. While her siblings both have proof "up on the fridge" of their accomplishments, poor Edwina has nothing. When a talent scout from the convention visits her hometown of Paw Paw, Michigan, she trots out her musical advice giving shows live from the family garage in hopes of finding her place in the spotlight.

This show is perfect for kids of all ages!

The performance will take place in Fellowship Hall for a limited number of seats. Tickets are available NOW. Questions, contact Jenna Wilcox 303-791-0659 x22.

Sunday Worship Services:

8:00am, 9:30am, 11:00am

6:34pm: Fusion

Contemplative Services also offered

(Check website for dates and times)

Sunday School:

Adult, Youth & Children:

9:30am & 11:00am

Nursery available for:

8:00, 9:30 & 11:00am services

Church Office.....303-791-0659

Fax.....303-470-5615

Childcare Reservations.....x47

Email.....office@stlukeshr.com

Website.....www.stlukeshr.com

Preschool Office.....303-791-1982**Staff:**Rev. Dr. Janet Forbes.....x13
Senior Minister Emergency: 303-241-9312Rev. Bradley Laurvick.....x12
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Associate Minister Emergency: 303-475-0141Sharon Oliver.....x27
Director of Children's MinistryDawn Johnson.....x11
Assistant Director of Children's MinistrySamantha Leahy.....x40
Director of ChildcareErin Klein.....x14
Interim Director of Youth MinistrySusan Johnson.....x19
Assistant Director of Youth MinistryKay Swanson.....303-791-1982
Director of Little SchoolDr. James Ramsey.....x23
Director of Music & Arts MinistriesKenrick Mervine.....x33
Associate Director of Music Ministry & OrganistJennifer Ferguson.....x37
Associate Director of Music MinistryKay Coryell.....x36
Director of Handbells & Children's Music MinistryErnie Rodgers.....x44
Fusion Worship LeaderCarrie Mallery.....x35
Assistant Fusion Worship LeaderJenna Wilcox.....x22
Director of Drama MinistryBrenda Schafer.....x10
Office AdministratorDave Cupp.....x24
Director of FinanceLisé Takayama.....x16
Assistant Director of FinanceLynda Fickling.....x20
Director of Servant Ministry/Spiritual DirectorBarry Curtis.....x39
Facilities Manager

All submissions for the
October 2011 issue
of *The Chronicle* are due **September 20**
Editor: Sharon Oliver
chronicle@stlukeshr.com

The Chronicle prints 10 times per year and is emailed to those on our email blast list, and it can be found on the church website.

Printed copies are available at church entrances. To receive *The Chronicle* via US mail, please call or email the Church Office.



Rev. Janet Forbes
Senior Pastor

The Net: Connecting Hearts & Changing Lives

This fall, we will celebrate the St. Luke's community: connecting and changing lives!

Relationships are the ties that bind us together as a congregation. We are a people who live tied together by our belonging to the body of Christ.

The net is a symbol of these ties—persons of different ages, meeting in groups of differing interests, worshipping in different services, gathering from different backgrounds, longing for different spiritual journeys who are all linked together. The net also catches us in times of uncertainty as St. Luke's holds us up in times of growth, transition, and change.

My hope is that this theme will help our family strengthen the ways that we are woven together, cherishing each other, becoming a way station for those who come together with their own unique stories, diverse by generation, vocation, faith tradition, gifts, and backgrounds. Our community grows closer; our mission thrives! Lives are changed for good!

Guided by the Spirit of God, St. Luke's is an inclusive community of faith, seeking to meet people where they are, growing together toward full humanity through living the teachings of Jesus: love, acceptance, justice, and hope.

Let us dive deeper into the spiritual life of our netted community, singing the promises of this life we embrace. The Soul Purpose Youth Choir lifts us as they sing:

*I've heard it said that people
come into our lives for a reason
Bringing something we must learn*

*And we are led to those
who help us most to grow, if we let them
And we help them in return.*

*I know I'm who I am today because I knew
you.*

I have been changed for the better.

I have been changed for good."

(For Good, Stephen Schwartz)

As we prepare for the Feeding of the 5,000, let us seek this transformation in the full knowledge that serving others changes the ones who serve. ***Oh, the places we will go and the lives that God will change as we celebrate these connections!***

Grace, Rev. Janet

continued from page 1 Our new intern from the Iliff School of Theology, Angie Steinhauer, will lead us in a Children's Sabbath service on October 9 as the Soul Purpose Youth Choir sings the theme song, For Good. We will premiere our first of two brand new video celebrations on Sunday, Oct. 16 as we launch the campaign. Commitment Sunday is Nov. 6 as we celebrate a Service of Holy Communion.

Our Executive Team is asking each of us to consider disciplined, proportional giving. For those that give a percentage of their income now, take another step to two this year toward the biblical goal of the tithe or 10% of the household income for God's work.

Stewardship is not about money, it's about what we do with our money. Rev. Brad and I will be sharing what God has to say about the vital role of stewardship in our personal lives.

Author Rich Cunningham has described the four purposes of giving.

***Give to honor God**—Each of you must give as you have made up your mind, not reluctantly or under compulsion, for God loves a cheerful giver. *2 Corinthians 9:7*

***Give to serve the needs of others**—A new commandment I give to you, that you love one another, as I have loved you. *Matthew 35:40*

***Give so that you may deepen your spiritual journey**—Think of us in this way, as servants of Christ and stewards of God's mysteries. *1 Corinthians 4:1*

***Give out of gratitude to support the leadership, life, ministry, and mission of St. Luke's**—Remember the Lord your God for it is the Lord who is giving you power to make wealth that God may confirm a covenant. *Deuteronomy 8:18*

Our giving and our sharing of our money is a deeply spiritual, devotional act. Giving is a spiritual exercise, a spiritual discipline just like prayer is a spiritual discipline. Prayer is not something optional if we have decided to follow Jesus' teachings. It comes with the job description. Serving other people is not something optional. It is one of the spiritual practices. Worshipping God is not something we vote on. It is one of the spiritual practices. It is the same with giving. It is an act of devotion. It is a spiritual discipline for all Christians just like praying or serving or worshipping. And that is why we call the act of bringing a portion or our resources forward to dedicate to God's work an offering, instead of a collection. It is an offering of our lives and ourselves and our treasure. The money symbolizes our lives and our work. It is a very spiritual thing. We are not balancing the budget here in this act, we're balancing our lives.

We continue in anxious, uncertain times. At St. Luke's, we are called hold one another in prayer and substance as many of our families struggle with unemployment. These times require much faithfulness, deeper relationships, and vigilant hope!

We are all changing lives for good!



Rev. Bradley Laurvick
Associate Minister

Feeding of the 5,000 - Oct. 1 & 2!

There are some things that can only be accomplished when people come together in love.

That has been our "Feeding of the 5000" motto for the last three years, and it has never been more true. As we prepare for this year's event, to be held October 1st and 2nd, we are hoping to raise 100,000 pounds of food for Denver Urban Ministries (DenUM). This is a 66% increase over last year's total. It will be a stretch, but if we don't believe it possible, we will never achieve it!

To help us grow we will be expanding our presence at local grocery stores. We will be making more bags available in local businesses, and

asking you to be very active in asking your friends and neighbors to be involved.

Here is a quick checklist of how you can help us make a difference in the lives of thousands of hungry families.

- 1- Make a personal food donation the weekend of October 1st and 2nd.
- 2- Take home bags, available at St. Luke's starting September 23rd, to hand out to as many neighbors as you can and ask them to donate. (You can hand out 100 bags in less than two hours, and you'll feel great after a nice walk!)
- 3- Sign up for shifts at our grocery store locations, and encourage friends and neighbors to do so as well. Sign ups will be available at St. Luke's throughout September or simply visit www.StLukesHR.com and click on the "Feeding of the 5000" logo.
- 4- Sign up to work the food trucks we will have at the church as we sort, box, and prepare the food for delivery. Signup at church or online.
- 5- Use Facebook to invite others to participate and donate. We need to reach every willing person we can!

In addition, there is a very exciting addition to the Feeding of the 5000—"Under a Blood Red Sky: the U2 Tribute" will be performing for our evening services on Saturday and Sunday at 6:34pm. This is Denver's premier U2 cover band and it will be an amazing experience you won't want to miss.

And of course, we need your prayers. Please pray for the work that is being done as well as for those for whom we collect food.

U2 said it well in their song "Windows in the Sky" when they declared "Oh can't you see what love has done... what it's doing to me" because there are some things that can only be accomplished when people come together in love.



Spirituality & Wellness Series 2011-12

Continuing our Journey toward Wholeness



Journey toward Wholeness

ST. LUKE'S UMC
SPIRITUALITY
AND WELLNESS
WORKSHOP
SERIES 2011/2012

by Rev. Sallie Suby-Long

Sometimes our lives feel like a race from one goal to the next as we pursue that ephemeral sense of Happiness:

If I could just get that job...

If I could just find that special relationship...

If I could just lose those 10 pounds...

Then, I will be happy! How does all of this relate to our spiritual journey?

As we race along, we often miss the meaningful moments along the way. The ancient Hebrews celebrated "Dayeinu," roughly translated, "it is enough." We can perhaps imagine that, as they wandered in the wilderness, God gave them water, and manna, and the concept of Dayeinu: "If God never gives us any other gifts, what has come before was enough."

We invite the St Luke's community and all interested others to join us for the 2011/2012 Spirituality and Wellness series to explore strategies for finding the peace and contentment we seek in the moment. Our three sessions will take an honest look at what drives human beings to pursue happiness, which is usually slightly beyond our reach at any given moment. Life often surprises us; we don't expect to be where we are. How do we find peace in the moment. How can we celebrate "Dayeinu" in our lives?

Please save the follow dates and plan to join us. Based on the transformative principles of Gracious Space—a framework to build trust, deep listening, honest exchange, and creativity around challenging issues—the intention for each session is to create a safe, respectful learning environment that encourages meaningful dialogue. All sessions begin at 6:30pm in the Fellowship Hall.

Come once, or come for all three sessions:

Chasing Happiness: October 4, 2011, 6:30-8:30pm

Dr. Andi Pusavat Andi led our memorable Stress Management workshop in last year's Spirituality and Wellness series. She joins us again in October to help us find practical ways to look at the hard things and the joyful things in our lives and to find meaning in them all.

Finding Wellness: January 17, 2012, 6:30-8:30pm

Rev. Jerry Herships Jerry will lead us with humor on an exploration of the different stages in our lives, including those challenging transitions. We'll consider ways to validate and celebrate what has come before, where we are right now, and where we want to go next.

Maintaining Wholeness: March 6, 2012, 6:30-8:30pm

Dr. Andi Pusavat & Rev. Jerry Herships Together, Andi and Jerry will facilitate us in a conversation about living intentionally and embracing all aspects of who we are with acceptance and gratitude. We'll explore what "a life well-lived" means to each of us, and how faith can help us experience joy in the present and guide us to wholeness.

For more information contact Rev. Sallie Suby-Long sallie@stlukeshr.com
303-475-0141



Lynda Fickling
Director of
Servant Ministry/
Spiritual Director

We invite you to take our Spiritual Gifts Assessment

Our Spiritual Gifts Assessment will help you discover and define the special abilities God has given you.

You have a unique and valued role; no one is without a gift and purpose. United Methodists have believed, from the beginning, that each of us is called to participate in

the outreaching ministry of Jesus Christ. John Wesley described this work in simple, practical terms: "Do all the good you can, in all the places you can, to all the people you can."



Putting our faith into action is at the very heart of our Christian calling. By volunteering to serve, every person in the church has the opportunity to live their calling more faithfully. Extend your gifts to the blessings and healing of the world.

Visit: www.stlukeshr.com, Volunteer to Serve

I look forward to working with you on your journey ~
Lynda Fickling, Director of Servant Ministry/Spiritual Director 303-791-0659x20 lynda@stlukeshr.com



The Seasoned Voyagers have come a long way in developing a new program for St Luke's.

Our program is for people who are at a stage in life where they are free to come and go and want to have fun and good fellowship with other like-minded individuals. There are other programs around that may

offer the same type of activities, but what we offer is different. You know when you walk through the doors at St Luke's that you have found a special place and know that you are accepted where you are in your journey. You have found a home where you can partake of the activities and know that it is a safe and trusted place. It is a community. Our Core Team has developed a calendar of activities for you:

1. **Kick-Off Sept 21, 2011** 11:00am-2:00pm, lunch included.
2. **A Leaf Peeping Tour through Boulder Canyon to Estes Park** from 9:00am-4:00pm with lunch at the Baldpate Inn on Oct. 5, 2011
3. **An Introduction to Missions** on Oct 18, 1:00-4:00pm
4. **A Movie at AMC HR** on Nov 1, 2011
5. **Fun and Games** - suggested games are Bridge, Mah Jong, Scrabble, Pinochle, Euchre, etc. on Nov 15, 2011 from 1:00-4:00pm
6. **White Elephant Christmas Party** Dec 9, 1:00-4:00pm

As we plan for 2012 we encourage people to sign on and help with program planning and outings. We also need more people on our Core Team. Call Ann Roadarmel at 303 792 5110



Rev. Sallie Suby-Long
Associate Minister



Brenda Schafer
Office Administrator

AUGUST ENTRIES TO PRAYER LIST:

Linda Henry (Louise Jasper's sister)
Katy Drake
Mark Severseike
Nancy Obertier – foot surgery
Gloria Mathis
(Estelle & Chad Mathis' mother)
Jennifer (Vern & Eileen Coy's daughter)
Betsy Thrall (Val Clark's cousin)
Corey Roseberry (Stefani Roth's friend)
Jack Wells
Ashley Moore
(Lise Takayama's neighbor's daughter)
Samantha Ferguson (2 months old)
Mark Ellsworth (one of our cleaning crew)
Charlie Williams
Jan Szegegy
David Van Liere (Kathy Swier's friend)
Jim Ott (Lise Takayama's friend)
Olivia Murrow
Joyce Anderson (Lynda Fickling's aunt)
Paul Dunlap

PRAYER CONCERNS

Please stop by the Information Center; by the front door; where you will find the complete and updated Prayer Concerns list or view the listing on our website. Contact Rev. Sallie Suby-Long or Brenda Schafer if you have any additions/removals. 303-791-0659 x32, leave a note on the front desk, or email at sallie@stlukeshr.com or brenda@stlukeshr.com



*As of
Aug. 22, 2011*

Heidi Carlson
Jan Rufien
Sherry Smiley (Nancy Obertier's friend)

SYMPATHIES TO:

Jeff & Jan Goehring on the passing of Jeff's father, Gerald Goehring
The Waldheim family on the passing of Erika Waldheim
Judy Dearasaugh and the Howard family on the passing of Bill Dearasaugh
Claire Alpert on the passing of her mother, Helen Euker
Adam Funk & the Brunco family on the passing of Amanda Brunco
Peter & Sandi Thompson on the passing of Sandi's mother, Vicky Hertel

CONGRATULATIONS TO:

Kristin Baumgartner and husband on the birth of their son, Masen Robert Baumgartner
Cindy Chumacas on the birth of her granddaughter, Alexandra King

Monthly Contemplative Services

Sunday, September 18, marks the return of monthly third-Sunday Contemplative/Communion Services at 8:15am in the Chapel. Throughout the 2011-2012 year, the first Sunday service each quarter will focus on the spirituality of the new season, for example, the Sept. 18 service will reflect the spirituality of autumn. Services during the major seasons of the liturgical year will be informed by them, so that the November 2011 service will be Advent-related, and the March 2012 service will be Lent-related. Other services will be in the manner of Taizé, a form of worship reflecting peace, simplicity and vibrant spiritual life. Dr. Jim Ramsey and other St. Luke's musicians will provide accompaniment to Taizé songs and times for reflection, Ken Fong will select seasonal visuals for the minutes of silent meditations and contemplation, and Fran West will adorn the chapel altar with seasonal plants and flowers. Youth and adults from the congregation will offer scripture, meditations, and additional readings for the services.

All are welcome to attend. If you have questions or would like to become more involved in the Contemplative Services please contact Rev. Jim George bjquegrace62@gmail.com

September 18 – Spirituality of Autumn

October 16 – Taizé Service

November 20 – Taizé & Thanksgiving Service

December 18 – Advent Service

January 15 – Spirituality of Winter

February 19 – Taizé Service

March 18 – Lenten Taizé Service

April 15 – Spirituality of Spring

May 20 – Taizé Service

June 17 – Spirituality of Summer

July 15 – Taizé Service

August 19 – Taizé Service

More from Les: Transformation #1

“Luck is what happens when preparation meets opportunity.”

by Rev. Les Ludlam, St. Luke's Lay Associate Pastor 1993-1997

This is my first installment of a three-part series of the story of transformation during the three years I served as pastor of a very small, rural United Methodist congregation in Alaska. I believe this story has an important message about how we recognize a “call” in our own lives, whatever it may be, how we respond to that call, and how God uses people around us to affirm and support us as we move forward. I hope you enjoy the story. It's not just mine, but a story of the people who traveled with me and helped me on this sometimes confusing and circuitous path.

When my employer, ARCO, transferred me to Alaska in 1988, I was fairly sure that I would not continue to work for the company all the way to my retirement. With some encouragement and support from Tony and Paul, my local United Methodist pastors, I had started the candidacy process. So, when the transfer came, I decided to continue the process in Alaska and “see what develops.” I filed a request for transfer of my candidacy to the Alaska Missionary Conference. I had no specific plans of how this was to happen; I would be working full time in my new position as Manager of the ARCO Pipeline Alaska Field Office and did not intend to leave that job for a long time.

Betty, our daughter, Cindy, and I settled into Anchorage quickly in late winter. We really liked the area and joined St. John UMC near our home.

Meanwhile, the Alaska Missionary Conference Board of Ordained Ministry and Conference Superintendent Carol Sekel agreed to affirm and continue my candidacy. Carol and the Board of Ordained Ministry were not about to let me sit idle! Rev. Billy Still, the Senior Minister at Anchor Park UM church in Anchorage, was assigned as my Supervising Elder. We started meeting monthly for me to explore the nature of serving as a minister of a congregation.

“This is a big change!” Billy asked me one day, “What makes you think that your engineering background would make you a good minister? Are you prepared for a dramatic change from dealing with things to dealing with people?” Over and over, Billy would ask, “What, do you think will be the greatest demand on you?” Billy asked some hard questions, but these were questions that needed to be answered. And at that time, I had only mediocre answers for him. I was ill prepared to be the spiritual leader of a congregation, but I didn't know it.

The preparation would come, and it came soon. One evening, I was pondering over the questions that Billy had posed to me. I began having doubts. Was my seeking ordination as a United Methodist minister a good idea? Maybe I was moving too soon and had gone too far. I had no clear idea of just how or when I would do something to put my declaration of candidacy into action. But, there was this sense in me that something else was needed... I prayed about it. “This process is likely to take several years,” I prayed “and I feel I need to do something more than just talking about it.”

“Luck is what happens when preparation meets opportunity.” The very next day, I received a call from Superintendent Sekel. “Les, could you come by the conference office sometime soon, I have something I'd like to talk over with you.” We made an appointment for the next day. I hung up, wondering what she wanted to talk to me about. The following day I went to her office. She invited me to come in and sit down. I did and said, “What's up?” “Billy Still tells me that he believes you are ready for something beyond the candidacy book, perhaps some practical experiences,” said Carol. “Well,” I replied, “I have been thinking about doing something more than just talking about my candidacy.”

“Would you consider working as a part-time licensed local pastor?” she asked. The Board tells me that you are close to being ready for Certification and a license to preach. “There is a group in Palmer that wants to start a United Methodist Church worship location there. Appointing you as a part-time local pastor, seems to me to be a workable way to help them. They don't have any money; the best you could expect to receive would be some cash to pay for your gas, since Palmer is about 50 miles north of here.”

Carol paused a moment to let what she had said sink in. Then she looked me straight in the eye. “Could you help? We'll send you to Local Pastor's Licensing School and approve you for entering the Local Pastor's Course of Study. You would need to take one or two special summer classes each year for about a 5-year period.”

Carol paused to read my non-verbal reactions to her proposal and then continued. “I would expect you to work with the Palmer folks to help them establish a worship location and begin regular Sunday morning worship as soon as practical.” Wow! My vague dream was on the verge of reality! Scary! All this was coming pretty fast and I think my face showed it! Can I balance a job at ARCO with this?

Carol leaned forward, “Les, I need someone with your administrative background to help them get things off the ground or to help them understand why they can't, and stop trying!” “Frankly,” she continued, “I'm not sure the town of Palmer is big enough to support a new UM church, but I need someone to help the United Methodists there understand what it's really going to take to establish a new United Methodist Church there.”

She smiled, “Will you do it?” **“Luck is what happens when preparation meets opportunity.”** The realization of the benefits of luck, however, means that one must act on an opportunity and take it toward completion. This takes faith, a belief in something not yet seen, and being willing to act without knowing just how the results of the action might turn out. And it takes trust in those people who support you as you take those steps.

I trusted Billy and Carol and knew that I would have their support. I would quickly find that there was also strong support from my local church, St. John. **And today I see that same thing here at St. Luke's for those ministry Candidates we have guided and are now supporting.** I said “yes.” Carol smiled again. And much more would develop from then on.

God bless us all! Rev. Les (Next month, *The Palmer United Methodist Fellowship*)

Grow Together at Common Table Sept. 19 - 6:00pm

The Common Table - help grow our community! Please join us on Monday, Sept. 19 for our fall meeting of The Common Table as we share the next steps in our long range planning. Potluck dinner at 6:00pm, discussion and fellowship from 6:30-8:00pm. The Common Table is a way to discern the will of God individually and collectively; it's a way to grow as spiritual friends. Everyone is invited: first-time guests, long-standing members, clergy and staff, ministry team leaders, and everyone who wants to learn and grow with us and help shape our direction. We're all connected, like the strands of a net, and there are no boundaries to dreaming, mission, discipleship and growing; The Common Table is how we can all come together. Childcare is available: 303-791-0659 x47 and please call 24 hours in advance.



Jake's Take

Woof! Woof! Jake, Ms. Sharon's dog, here. I am on the Children's Beat, sniffing out and reporting all the latest news.

We have had an amazing August in Children's Ministry. **We collected lots of items for The Gathering Place** and learned all about Peas and Juicy Stuff - oops, I mean Peace & Justice! And we had a cool "Music" Sunday where Ms. Angela let the kids play with boom whackers! We learned that music is one of the reasons people come to church and that music can be really fun. **Don't forget that all of our children's choirs start up on Sept. 14!** Just don't hit any really high notes or I'll come running!

On Sept. 4 the 2 year old class started - what cuties!! And **Sept. 11 we start our PEAK Adventures 9:30am Sunday School (K-4th) workshop rotations!** Our first Bible story is Elijah. We'll learn about trusting in God.

Speaking of the Bible, coming up on Oct. 9 - 3rd graders will get their very own Bible! Please let Ms. Sharon know if you have a 3rd grader who would like a Bible by emailing her by Oct. 1 - sharon@stlukeshr.com - and please give her the full name of the child receiving the Bible. Can't wait to see those kids open their Bibles - those stories in there are awesome!

Our August **Family Movie Night** was tons of fun - we had over 50 people join us to watch "Rango" and we ate lots of popcorn. Our next movie night will be Nov. 6 - mark your calendars now. **We also blessed our teachers and our backpacks on August 28.** We are so grateful for all of the teachers and Children's Ministry servants out there who care so very much for our children and we want to let them know. If you didn't get your special gift, there is one waiting for you! I prefer belly rubs but I think this gift is nice, too. We also have backpack tags with a special blessing for all of the kids. "Changing Lives for GOOD" is our theme and I know teachers and everyone at St. Luke's is all about that!

The church was a little warmer in August because we had **lots of new Acolytes** all practicing lighting the candles! Congratulations to Francesca Emig, Dawn Lipfert, Colton Koenig, Sydney Welch, Quinten Alderson, Josh Lowrey, Nicholas Fry, Chris Swanson, Lauren Middleton, Anwyn Owens, Juliana Speedy and Sam Maddux on completing Acolyte Training!

We are having our very important **Servant Training on Wed. Sept. 7 at 6:00pm and again on Sun. Sept. 11 at 11:00am.** This is a chance for everyone serving our St. Luke's kids to learn how to keep our programs safe and fun.

Don't forget we have a great website www.stlukeshr.com/children with lots of important info on it. You can even check out the **Sunday School servant schedule** on our website!

SLY, Jr. (5th & 6th graders) will kick off September 11! We will meet at 5:30pm down in Goliath and have a parent info meeting and then we'll all go get some yummy food outside from the grill. After eating, parents can go check out the Fusion service while the rest of us have campfire time with SLY. I smell a s'more! The full SLY, Jr. schedule is on our website - mark those dates now!! We have lots

of fun and fellowship planned!!!!

Please let Sharon, Dawn & Sam know if you have any questions. They'd be happy to help you when they are done feeding me treats. This is Jake, signing out until next month! Sending everyone big toothy smiles! Woof!

Upcoming Events BUZZ:

Sept. 8, 15, 22, 29 - Love & Logic Parenting
 Sept. 9 - Parent's Night Out Group Meets
 Sept. 7 & 11 - Servant Training
 Sept. 11 - PEAK Workshops start: "Elijah"
 Sept. 11 - SLY, Jr. Kick Off!
 Sept. 15 - Children & Chattin' Playgroup
 Sept. 16 & 17 - "Dear Edwina"
 Sept. 25 - SLY, Jr. Silly Games
 Oct. 2 - SLY, Jr. Feeding of 5,000
 Oct. 6 - Children & Chattin' Playgroup
 Oct. 9 - 3rd Grade Bibles



Sharon Oliver
 Director of
 Children's Ministry



Dawn Johnson
 Asst. Director of
 Children's Ministry



Samantha Leahy
 Director of Childcare

St. Luke's Kids
 Growing with God

Love & Logic Parenting Classes begin Sept. 8 for 4 Thursdays. \$69 per person, \$130 per couple. To register please contact: Suzanne Crawford 303-883-8800 thecoloradocrawfords@gmail.com



Kay Swanson
 Director of
 Little School



Little School News: Little School opens for year 16!!

We are looking forward to another spectacular year with an enrollment currently of 273 children and 34 on staff. Summer has flown by and we are anticipating some wonderful days ahead.

School officially begins the 7th of September after hosting two open houses for our parents and children. It is always such a blessing to see the anticipation on their

faces as they begin a new journey at preschool. (And most of the uneasiness is on the faces of the parents! :-))

We participated in the blessing of our school baskets on August 29 and sent our teachers off to a new year with support and prayers from St. Luke's. We are truly blessed to have such an amazing relationship with the greater church and very much appreciate our partnership!

This year we welcome two new staff members: Ms. Andrea (Kerby) joining us from Denver Christian as a 3 year-old teacher and Ms. Karen (Kirby) a familiar face but new to assisting in the 4 year-old classes. We said goodbye to two fabulous teachers last Spring, Ms. Linda (Daigler) and Ms. Nan (Fisher) so we are thrilled to our new teachers with us!

We still have openings in our Little School, so please tell your friends or new neighbor that might move in, as we would love to have them join us! REMEMBER: There is always a spot for you to substitute with us or volunteer! Contact Ms. Kay 303-791-1982 for more information!

And as always, please keep our preschool in your prayers! Blessings, -Ms. Kay and Staff:-)

Seeking Servants

St. Luke's Lay Leadership Team is inviting you to serve with your spiritual gifts. We have 10 operational teams, 15 fellowship teams, 5 support teams, 17 service teams, Music and Drama Ministries, Children's Ministry, and Youth Ministry. Please prayerfully consider where you could grow your gifts. **Feel free to come by the Lay Leadership booth at the Ministry Fair on September 25,** where we can help you match your spiritual gifts to service for St. Luke's and our community. Contact Lynda Fickling lynda@stlukeshr.com, Bruce Pawley brucepawley@comcast.net, or Karin Wesson karin@thewessons.com.

Team Leaders, Save the Date: Sunday, Oct. 9 from 12:15-2:00pm Leadership Luncheon in Fellowship Hall, hosted by the Lay Leadership Team, discussing "Leading with Questions". See you there!

Children's book by St. Luke's member to be published



Kirk Hall and his wife, Linda, have been members here at St. Luke's for two years. Kirk is an active member of our choir. He also has Parkinson's, a disease that afflicts 1 million people in the U.S. and 5-7 million worldwide.

Kirk has written a children's book, *CARSON & HIS SHAKY PAWS GRAMPA*, that shares the relationship he and his seven year-old grandson have developed. Written in Carson's words,

the book tells about the experiences they have shared since he was an infant and then talks about how "Grampa" changed and developed "shaky paws" and then had a "special procedure" (deep brain stimulation surgery-like a pacemaker for the brain) that stopped the shaking. It is a story about love, relationships, and how Kirk chose to communicate with Carson about his illness and the operation that has had such a positive impact.

The book will be published by Innovo Publishing, a small Christian publisher in Memphis, in 8x10 laminated hardback and will retail for \$19.99. It will be available in October 2011. The book features 16 ink and watercolor sketches by illustrator Alison Paolini (who also has Parkinson's) in a 34-page format. Information on Parkinson's and relevant resources is included.

A press release including a video trailer about the book will be printed on the church website when it is available, and will allow readers to place an order if they are interested.

Welcoming our newest members of St. Luke's and their reasons for joining our community. **Contact Lynda Fickling for more info** x20 lynda@stlukeshr.com



Jeff & Anna Kahns



Bob Halderman (wife Betty)

"Having been associated with the church for several years, I have decided I would like to spend the rest of my years as a member of St. Luke's. I am very pleased with all the staff members and especially Rev. Janet."



Kenny & Dianna Starnes

"We have been coming to St. Luke's for years and love the open and welcoming feeling, and the spiritual growth here. Everyone is very friendly and appreciated."



Softball Victory!

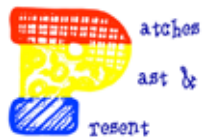
We were incredibly blessed to, again this season, field two teams for the inter-church softball league this season. St. Luke's Blue and St. Luke's Red competed this season and we had a lot of fun. On Sunday, the 21st of August,

the St. Luke's Red team won the tournament! After having to play the Blue team on the first day of the tournament (an unfortunate thing indeed, that one of the St. Luke's teams was going to lose) the Red team went on to win two, one run games over Salem and Hope United Methodist to win the tournament. We are happy to have dedicated this tournament win to the memory of Bill Dearasaugh and we presented the award to his wife, Judy. We look forward to another fantastic season next year. —Keith Johnson



"The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church."

Patches Past and Present Join United Methodist Women on Sunday, Sept. 11 for our fall kickoff meeting, Patches Past and Present. Join us at 2:00pm for pie and quilts on display. The afternoon will also be filled with quilts telling the history of United Methodist Women. Betsy Keyack will present a program on our mission, St. Luke's School Partnership with Sedalia Elementary. Sign up for this fellowship opportunity at the Get Connected table.



Subgroups of United Methodist Women at St. Luke's UMC:

Remember to check out the Interest Groups and find your spot to help us fulfill the PURPOSE of United Methodist Women.

• **Simply Saturday** Meetings are generally from 8:30-10:00am. *Upcoming Events:* **Sept. 10: Torah as a Culture and History of the Tallit (Jewish Prayer Shawl)** Our host, Val Clark, will explain the history of the tallit and give us background on the blessings at the Last Supper. Please bring a breakfast item to share with the group. Mission Focus: Socks for homeless teens at Urban Peak.

Oct. 1: Feeding of the 5000 We will be helping with food collection throughout the morning. Please bring a breakfast item to share with the workers. Mission Focus: Non-perishable food items

November 5: Financial Planning for the Holidays

Childcare available
303-791-0659 x47
24hrs advance. For more information, please contact: Elena Lynch
elenalynch@gmail.com or

Lynda Fickling lynda@stlukeshr.com. Visit www.stlukeshr.com, Quick links, Email Lists, to add your name to the email distribution list

• **Book Group** Fourth Monday of the month, Room 206, Afternoon meeting 1:00pm, Evening meeting 7:00pm **September 26** - *Saving CeeCee Honeycutt* by Beth Hoffman **October 24** - *Zetoin* by Dave Eggers **November 28** - *The Miracles of Santo Fico* by D.L. Smith. For more information, please call Renae Parra at 303-683-0872. To be added to the email list, send a request to RenaeParra@aol.com

• **Itch to Stitch** Third Wednesdays of the month, 7:00-8:30pm downstairs near the Children's Library. For more info, please call Fran West at 303-797-7107.

• **Women's Night Out** First Monday of the month, 6:30pm various locations **September 12** - Salsa Brava, 52 W. Springer Rd., Highlands Ranch.

October 3 - Elephant Bar and Grill, Arapahoe Rd.

November 7 - Wild Ginger, Littleton Ave

December - Annual Candlelight dinner

For more information, please contact Sandy Frasier at Sandy.Frasier@yahoo.com or Elaine Carlstrom at ecarlstrom@comcast.net.

Mark Your Calendars:

- **September 17** District Annual Meeting, 9:00am-3:00pm in Colorado Springs
- **October 21-22** Annual Meeting and Celebration of the Rocky Mountain Conference United Methodist Women, Crossroads United Methodist Church; *Speaker: Julia Tulloch, Exec. Sec. for Leadership Development, Women's Division*
- **October 20** Littleton United Methodist Trip: Vickie Luviano from McCurdy School in Espanola, New Mexico will be presenting a program at 10:00am, with the gathering starting at 9:30am.
- **November 4** St. Luke's United Methodist Women Hosting World Community Day, 8:30am-noon

Simply Saturday offers women ages 18 and over a chance to meet once a month for fellowship and friendship. For 2011-2012 our theme is Friendship and we will be using *The Friendship of Women* by Joan Chittister to help guide us. Each month we will have fun examining and sharing on topics such as love, wisdom, joy and acceptance and seeing how it may have been expressed by women in the bible such as Deborah, Miriam, Lydia and Phoebe to name a few. We invite you to join us in sharing of this wonderful topic through out the year. Check the website calendar, bulletin and *The Chronicle* for dates and times.

Mean People *by Jim Wolff, Vision Team*

Walking down the Sixteen Street Mall in Denver yesterday after several weeks away, I was surprised once again by the diversity of people: young adults with backpacks traveling for the summer, homeless men chatting in the shade, handicapped individuals dodging traffic in their wheelchairs, black, yellow, brown, red and white, street musicians, people talking to themselves about experiences they never had, suited bankers and lawyers, khakis and sandals, coifed and shaved. It seems like every corner of the world is represented downtown on a sunny summer day! I can tell you it is refreshing to talk to a homeless street vendor in the morning or the cleaning crew late in the day, getting out of my comfortable suburban cocoon!

Despite the outer differences, it occurred to me that we have one thing in common: we are each moving through our individual life. I can respect that. Each of us has different experiences, dreams and opportunities. We each make choices about how we will live.

Which brings me to the point of this writing: mean men earn more than nice guys. You heard that report on the news. It rings true to me. Why would that be? The news report said that half of our disposition is genetic. (I inherited my Dad's nice genes.) And the other half? We become what we are rewarded to become. If you remember the bullies in your school yard, you can likely see that same behavior in their current environment. They demand and get your lunch money. Is it a bad thing that mean men earn more? I think it is neutral. I think it is sad that there are people who continue to reward meanness by continuing to work for the mean person, validating that behavior as acceptable. (Now, do not quit your job tomorrow if you are now working for a mean person, wait until you find another job!)

One of the items of note when people-watching on the Sixteen Street Mall is the confidence they express in their eye contact and posture. Many have been subdued by life or other people and expect to be treated badly. If we were all self-confident there would be no place for mean people in any walk of life except with a bunch of other mean people. Where does that self-confidence come from? It starts inside, is nourished outside ourselves, and is maintained within.

To regain self-confidence and remove the power from mean people, I think we need to believe in our own value. Easy enough to say, but hard to achieve? Think of it this way: if God is grace and God made you, and God intends good things for you, are not you equal to everyone else? Everyone on the mall was made in God's image and is loved the same. It is small-spirited people who attempt to diminish others. These are the bullies and the mean ones.

If you are a mean person, check it at the door and expand your respect to include everyone. The world becomes much more colorful and fulfilling. If you lack confidence, trust in God. Look at the variety of creation and realize you are just as valuable as anyone else. Let self-confidence grow from inside, confident that you are loved! If you need nourishment for your spirit, you are in the right place. St. Luke's does not tolerate meanness, we nurture self-awareness and have a place for you to practice confidently accepting God's challenges for you. Participate in some activity to reduce the meanness in your life (inside or out) and grow your inner spirit.

A Jim Morrison lyric has resurfaced lately: "No one here gets out alive." We all start the same and we all end the same. Let us try to make the middle part be something special by respecting and appreciating the diversity of our world.

Family Camp continued from page 1 We DID see the beaver and we WERE really really quiet! Many families went into Winter Park one day to the Adventure Park to ride the alpine slide, gyroscope and bungee trampoline. We swam, went horseback riding and we all tie dyed an item of our choice. People got very creative tie dying everything from pillow cases to underwear! There was also free time for



bike riding, crafts or just hanging around the campsite. After such great days followed by either vespers by the lake or a campfire and s'mores no one had trouble falling asleep at night! Come join us next year!

Get Connected September 25 at our Ministry Fair

Come to the Fellowship Hall between 8:45am and 12:15pm on Sept. 25 to celebrate our Hospitality Teams, Service Teams, Operations Teams, Spirituality & Wellness Team and Contemplative Worship Team as they share their ministry to St. Luke's! There will be tables sponsored by the following teams: Hospitality (Bread Bakers, Greeters, Guest Service Station, Ushers, and more) Service Teams (Fellowship Events Team, Communications, Altar Team, Grocery Certificates, and more), Operations Teams (Executive, Common Table, Finance, Long Range Planning, SPRT, Trustees, Missions, Lay Leaders, Planned Giving, Stewardship and more), Spirituality & Wellness, and Contemplative Worship. This is a great way to meet the people who serve on these teams, learn how each team ministers to our community, and get involved in these ministries yourself.

If you have any questions, contact Julie Brower at julie_af_brower@yahoo.com or Lynda Fickling at 303-791-0659 x20 or lynda@stlukeshr.com.



James Ramsey
Director of Music
& Arts Ministries



Kenrick Mervine
Associate Dir. of
Music Ministry/
Organist



Jennifer Ferguson
Associate Director
of Music Ministry



Kay Coryell
Dir. of Handbells
& Children's Music
Ministry



Jenna Wilcox
Director of
Drama Ministry

The Music Ministry is gearing up again for the Season!

Please see the schedule below to find out when specific groups will meet. All choirs and ensembles meet in Room 137 downstairs unless otherwise stated. For a more detailed description of each group, please visit the website www.stlukeshr.com and click on Music and Arts. If you have further questions, please contact James Ramsey at jim@stlukeshr.com or 303-791-0659 x23.

Vocal Ensembles Start Dates -
The invitation to join is open to all!

Children

Cherubs Choir (ages 3-K)
Wednesdays beginning Sept. 14 at 6:30pm
in the David Area
Music Team Leader – Dyani Galligan

Primary Prayz Program (1st-3rd grade)
Wednesdays beginning Sept. 14 at 6:30pm
Music Team Director – Angela Alderson

Junior Prayz Program (3rd-6th grade)
Wednesdays beginning Sept. 14 at 6:30pm
Music Team Director – Kay Coryell

Youth

Soul Purpose Youth Choir
Sundays beginning August 21 at 4:30pm
Music Team Director – James Ramsey

Adults

Chancel Choir
Thursdays beginning Sept. 8 at 7:00pm
Music Team Director – James Ramsey

Grace Notes
Thursdays TBD
Music Team Leader – Marge Harper

Arts Ministry -

Learn more about our Arts opportunities by checking out our Catalog of Ministries online www.stlukeshr.com or contacting Jenna Wilcox x22 jenna@stlukesr.com:

Puppet Ministry
Wesley Players
Improv Groups: SLIP & WITY
Performing Arts Academy

Instrumental Ensembles Start Dates -
The invitation to join is open to all!

Children

Tone Chimes (4th-6th grade)
Wednesdays beginning Sept. 14 at 7:20pm
Music Team Director – Kay Coryell

Youth

St. Luke's Youth Jazz Orchestra
(7th-12th grade)
Sundays beginning August 21 at 3:30pm
Music Team Director – Jennifer Ferguson

Joyful Noise Youth Bell Choir (7th-12th)
Tuesdays beginning Aug. 23 at 6:00pm
Music Team Director – Kay Coryell

Adults

St. Luke's Orchestra
Saturdays beginning Sept. 24 at 8:00am
Music Team Directors – James Ramsey and Jennifer Ferguson

Brass Ensemble
Saturdays beginning Sept. 10 at 8:45am
Music Team Director – James Ramsey and Jennifer Ferguson

Ministers of Swing
Saturdays beginning Sept. 10 at 9:30am
Music Team Director – James Ramsey and Jennifer Ferguson

Tintinnabulators Adult Bell Choir
Tuesdays beginning August 23 at 7:30pm
Music Team Director – Kay Coryell

Flutes Ensemble
Saturdays beginning Sept. 10 at 8:00am
Music Team Leader – Kay Coryell

A Christmas Carol Save the Date!

Wesley Players present another fantastic production! November 18 at 7:00pm
November 19 at 2:00 and 7:00pm, Benefit Dinner at 5:30pm on November 19



Upcoming Events

- * **Sunday September 11 - Fall Kickoff** Information meeting for all parents and youth Plus: BBQ & S'mores campfire!!
- * **Sunday Sept. 18 - Frisbee Tournament & Afternoon at the Park** SLY (kinda-annual) Ultimate Frisbee Tourney is BACK! Noon to 5 at Red Stone Park. BBQ dinner at 6:00pm. See flyer for details.
- * **Friday Sept. 23 thru Sunday Sept. 25- FALL RETREAT** "Reap What You Sow" at Snow Mountain Ranch YMCA. Registration forms & \$100 due by 9/11/11 (scholarships available)
- * **Sunday September 25 - Bags & Sundaes** Handing out FEEDING OF THE 5000 bags door to door in HR. Icecream Social/Build a Sundae Bar back at church.
- * **Youth Email Lists** – Looking for weekly info and updates from SLY? Well, you can sign up for an email list and get tons of important information straight to your inbox! Simply go to www.stlukeshr.com, click on the 'Eministry' button at the top of the page, then select 'Email Lists'. Parents should sign up an email address for the 'SLY Parents' list and youth should sign up for the 'St. Luke's Youth' list. **Make sure we have a recent & working email address for you!**
- * **Check www.stlukeshr.com/sly** for up-to-date info on programs, activities, ministry opportunities and more!

HELLO FROM BELOW

I feel like it was just yesterday I was writing to you all about the beginning of the school year... and now here we are already weeks in and going at full throttle. By the time you read this, we will already have baked in the sun at WaterWorld over Labor Day weekend and will be days away from our Fall Kickoff BBQ. I really hope you will all be able to attend this s'more makin', hamburger eatin', informational affair. It will be a very informative (BUT FUN) evening, filling you in on all of the awesome opportunities we have coming up in the next several months. ALL youth and parents are invited.

We are also VERY excited about the upcoming retreat at the end of the month. We will be heading up to Granby, CO to stay at the beautiful Snow Mountain Ranch YMCA retreat center. Our theme this year is "Reap What You Sow". We will be looking at the importance of our decisions, thinking about call and discernment, and contemplating all of the pieces of the puzzle—the puzzle being our very busy lives!

Susan and I hope that the beginning of the school year has treated you all well so far. I know many of our youth are already waist deep in homework, commitments, and responsibilities. We strive to be a calm within the storm and are always here to provide love and support throughout the chaos of the school year. Please don't hesitate to let us know if you need ANYthing.

Until next month, Erin

PS. Next month, we will all be seeing orange... Start getting ready for pumpkins!!



Erin Laurvick
Interim Director of
Youth Ministry



Susan Johnson
Assistant Director
of Youth Ministry

Wednesday night SLY JOIN US MID-WEEK FOR OUR LOW KEY, SMALL GROUP GET TOGETHERS!

SLY WED is both adult & youth led. Activities vary, but our focus remains building relationships within a relaxed, comfortable setting.

Join us for homework hour from 5:30 to 6:30pm and SLY from 6:30 to 8:00pm.

Motown Memories continued from page 1

It had a bowling alley, a gymnasium, showers and three floors of classrooms and music rooms. There must have been 17 pianos in that church and our SLY kids found every one. The bowling alley has since been turned into a facility to aid the homeless and the basement houses a daycare program for neighborhood children. This church had something I had never seen in a church before, a 24 hour guard stationed at the only entrance. The neighborhood that we stayed in was in downtown not far from the Tigers Baseball stadium. There was a pizza joint down the street and a Burger King across the street – both became very popular with our group. They, too, offered sights we had not seen before, bullet proof glass from the countertop to the ceiling. To talk to the employees we would talk loudly through the tiny holes at face level and then our food was placed in a turn style box that was spun around so that we could retrieve our meals and then back around so that they could reload the next order.

Our days were filled with interesting work. Some of us were fortunate to work in a personally owned garden with it's caretaker, Jess. In the inner city neighborhoods just about every third or fourth home has been abandoned. In Jess' neighborhood many of the abandoned homes had been in such horrible shape that they had been knocked down and left empty lots. There were three lots next to Jess' home and she had purchased two of the three and was in the process of trying to find the title holders to the third so that she could farm that land as well. She has turned the properties into a large urban garden and has planned the crops so that when they grow they will form a picture scene of a large sunflower with a water feature at it's center and surrounded by leaves and interesting designs. She took us on a tour of her approximately 15 square block neighborhood which was completely owner lead, no association. They gather as a community to make decisions of what to do with the lots that become vacant. Leaving them to gather weeds and trash. They band together to use what has been left behind to make a community park for gathering and sharing meals or a lot that was good for planting potatoes. Whoever felt so inclined planted a row of potatoes and they take turns a week at a time to care for the land, another lot served as a place for local school kids to plant and harvest produce engaging grades 4 through 12. Those youth that graduate are then employed during summers to teach the younger ones about horticulture. One of the most significant moments for me was getting to harvest mustard seeds and having a very tangible connection to the scripture of having the faith of a mustard seed for it was evident in this neighborhood that

continued on page 11





Dave Cupp
Director of Finance



Lisé Takayama
Assistant Director
of Finance

Thank You for your continued support!

Free King Soopers Grocery Cards Available at Grocery Card Table. Yep—FREE. If you do not currently participate in our grocery card program it's easy to get started. Just stop by the grocery card table on Sunday mornings and pick-up your free Kings Soopers \$5.00 reloadable gift card. St Luke's will receive a 5% rebate for every purchase you do with this reloadable card. You can load the card at Kings with

any dollar amount you need and as often as you like by going to the Kings service desk or at the cashier using cash, check or your regular credit card. What a great way to build up points on your credit card.

The grocery card rebates from Kings, Safeway and Tony's contribute approximately \$12,000 to our general budget each year. This is a considerable amount that can grow significantly if more of our members and constituents will use the Kings reloadable cards that you obtain at our grocery card table. Give it a try.

Pick and Choose Your Method Of Giving to SLUMC. We have many ways for you to make your giving to SLUMC easy and convenient. You may want to consider one of these convenient methods for your contributions. In addition to cash and checks, we offer online credit card transactions, stock transfers and scheduled automatic withdrawals from checking or credit card accounts. The following is a general summary:

- 1. General Fund and Capital Campaign:** All methods.
- 2. Grocery Cards:** Cash, check, scheduled eft from checking accounts.
- 3. Special Events:** Depending on the type of event may include cash, check, PayPal and online credit card transactions.
- 4. Plus:** We're anxious to consider any reasonable method you know about that we haven't adopted.

continued from page 10 their faith and sense of community had created hope for a better tomorrow

Other days were not as encouraging as we worked in another area called the Joy Southfield community. Here there was not a strong sense of community. Our job was to go through and pick up trash and cut down over grown brush so that a large mower could come through and cut the grass without propelling glass and foreign articles around. We also boarded up the windows and doors of the homes long abandoned. We did see some of the local folk. Every once in a while there would be a couple out trimming and caring for their own yard. Every now and then we would come across a finely manicured front yard and know that someone there was making all the efforts necessary to make the place a home for it's inhabitants but mostly we saw adults walking the streets asking if we had found any aluminum cans that they could have to turn in for money, we saw folks sitting on their front porch drinking first thing in the morning, we saw a grandmother and daughter sitting fanning themselves as they sang generation old songs, sometimes hymns. The unsettling sights were when there was a home of children contained to the front porch because the neighborhood was not safe to venture into. Every abandoned lot was rich with empty broken liquor bottles, trash, personal items left behind as if the owners were in a hurry and could only take so much. Sometimes clothes and sometimes children's items. At one point, as I stood looking at some deteriorating children's books, some toys and a once white teddy bear partially covered in mud and bugs, I was lost in thought that no child should live like this, no child should see things like this and my thoughts were interrupted by a tiny nudging on my right forearm. As I looked down I found a maggot trying to nuzzle it's way into my flesh. A reminder that we were in a place of decay where hope was not fully shared, life was not rich and the task of renewal was large.

We played hard in our off hours. We enjoyed many devotionals, a trip to the Second Ebenezer Baptist Church for a Wednesday night Bible study/worship which did not disappoint anyone who expected a culturally rich, old time Baptist experience. We took a trip to the Henry Ford Museum where the original Emancipation Proclamation was on display. The lines of locals were up to an eight hour wait which only reinforced how important it was to that community to see the very papers that mean so much to them and their history. Something that many of us simply take for granted. We ended our week by going to a Tigers game in a beautiful baseball park with a very impressive fireworks show to really celebrate the end to our week.

I don't think that any one of us will ever forget the work we did there, the people we met, those that we served or the experience that will bind us together forever as God worked through us and around us and brought to life a renewed sense of SLY community and our ability to accomplish great things.

Partnering with Sedalia Elementary School Begins

There are 3 ways you can participate:

1) Food Program - we will be working with Food Bank of the Rockies and Hope UMC to provide food boxes for 30 families for 3 long weekends as well as Spring and Fall Breaks. Volunteers are needed to pick up food at Food Bank of the Rockies and/or distribute food boxes at the school on the following Friday dates: September 23, October 14, January 20, February 17 and March 23. If you are not available on Fridays, you can volunteer at Food Bank of the Rockies on behalf of Sedalia Elementary. For 3 hours of volunteer work per person, Sedalia Elementary will earn 20 pounds of food credit.

2) Tutoring/reading - once the teachers are settled into a routine, they will be letting us know when they would like us to come to tutor and/or read with the students.

3) Box Tops for Education - Sedalia Elementary participates in this program and would love to have us help them. A collection envelope is on the inside door of the Missions Closet. One need they have is for more technology.

Contact Betsy Keyack, bkeyack@att.net, 303-346-7057 to volunteer.

Every Sunday at the end of worship we sing the words of Micah 6:8:

"What does the Lord require of you?..." How do these words speak to you personally? What is your place at the river? Drop in to the Micah Series Sunday School class from 11:00am to noon to pick up some food for thought (snack food, too). Starts September 11 with various facilitators.

Volunteer Opportunities

H.A.A.T. Force has several volunteer opportunities at this time:

- someone to help with clerical, administrative tasks, such as helping with mailings and general office tasks.
- someone to help with maintaining our website and developing our social media presence.
- someone to help in event planning. From fund raising events to informational events.

Contact: peterreif@msn.com



St. Luke's United Methodist Church
8817 S. Broadway • Highlands Ranch, CO 80129
303-791-0659 • www.stlukeshr.com

St. Luke's United Methodist Church welcomes you to our Christian family, where we share life. Wherever you are in your faith journey, you are accepted and encouraged to grow spiritually.

Join us in growing together toward full humanity through living the teachings of Jesus: Love, Acceptance, Justice and Hope.

Get Your Flu Shot at St. Luke's!



On Sunday September 25 and October 9 from 7:30am till 12:30pm, you can get your flu shot right here at St. Luke's. Anyone 3 and older can receive a flu shot for \$27.99. Don't like shots? Flumist, the nasal vaccine, will also be available to anyone aged 2 to 49 for \$39.99. Payment can be cash or check. For Medicare Part B recipients, the cost of the vaccine is completely covered (just bring your Medicare card). Have insurance that covers your flu shot? Stop by and see us on either Sept. 11 or 25. We'll take your information, process the claim, contact you with your copay, and then give you your shot on the next scheduled Sunday. Questions, contact Brion Antinoro at 303-619-5681 or antinoro@me.com

SEPTEMBER 2011

does with
St. Luke's
God
but
and to
kindness
humbly
what do
Lord
require
love
your

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>4</p> <p>Following Micah into the World sermon series</p> <p>8:00, 9:30, 11:00am: Worship -Rev. Bradley Laurvick 11:00am: Bible @ a Glance 10:00am: SLY PM - Water World 6:34pm: Fusion</p>	<p>5</p> <p>Labor Day Office Closed</p>	<p>6</p> <p>10:00am: Little School Children's Open House 7:00pm: Stephen Ministry Continuing Ed: 12-Step Programs</p>	<p>7</p> <p>9:00am: Little School Begins 6:00pm: Sunday School Servant Training 6:30pm: SLY Wednesday 6:30pm: Parents of Teens. Young Adults with Depression/Bipolar</p>	<p>8</p> <p>2:30pm: Stewardship Team 6:00pm: Love & Logic Parenting 6:30pm: Contemplative Fellowship</p>	<p>9</p> <p>5:45pm: Parent's Night Out</p>	<p>10</p> <p>8:30am: Simply Saturday 9:00am: Genealogy 101 10:00am: Library Work Day 6:45pm: Bridge Club</p>
<p>11</p> <p>8:00, 9:30, 11:00am: Worship -Rev. Dr. Janet Forbes 9:30am: Café St. Luke's 11:00am: Sunday School Servant Training 5:30pm: Youth Dinner (\$2) 5:30pm: SLY, Jr. Kick Off 6:00pm: SLY PM 6:34pm: Fusion</p>	<p>12</p> <p>6:30pm: Women's Night Out 7:00pm: Trustees Meeting</p>	<p>13</p> <p>6:30pm: Lay Leadership Team 6:30pm: Finance Team 7:00pm: Missions Team</p>	<p>14</p> <p>1:00pm: Seasoned Voyagers 6:30pm: SLY Wednesday</p>	<p>15</p> <p>9:30am: Playgroup 6:00pm: Love & Logic Parenting 6:30pm: Contemplative Fellowship</p>	<p>16</p> <p>DEAR EDWINA 6:30pm: Dear Edwina</p>	<p>17</p> <p>10:00am: Wesley Writers 2:00 & 6:30pm: Dear Edwina</p>
<p>18</p> <p>8:00, 9:30, 11:00am: Worship -Rev. Dr. Janet Forbes 8:15am: Contemplative Worship 12:00pm: SLY Ultimate Frisbee 6:34pm: Fusion</p>	<p>19</p> <p>6:00pm: Common Table</p>	<p>20</p> <p>6:30pm: Children's Ministry Team 7:30pm: Planned Giving Team</p>	<p>21</p> <p>11:00am: Seasoned Voyagers Kick Off 6:30pm: Parents of Teens. Young Adults with Depression/Bipolar 6:30pm: SLY Wednesday 7:00pm: Itch to Stitch</p>	<p>22</p> <p>6:00pm: Love & Logic Parenting 6:30pm: Contemplative Fellowship</p>	<p>23</p> <p>5:00pm: SLY Fall Retreat</p>	<p>24</p> <p>9:00am: Sanctuary Care Team SLY Fall Retreat</p>
<p>LOOK DEEPER Ministry Fair 8:00, 9:30, 11:00am: Worship -Rev. Bradley Laurvick noon: SLY Fall Retreat return 5:30pm: Youth Dinner (\$2) 5:30pm: SLY, Jr. 6:34pm: Fusion</p> <p>7:30am: Flu Shot Clinic</p>	<p>25</p> <p>The Gathering 1:00pm: Women's Afternoon Bible Study 6:00pm: Women's Evening Bible Study</p>	<p>26</p> <p>The Gathering 7:00am: Men's Group @ Egg & I</p>	<p>27</p> <p>The Gathering 1:00pm: Seasoned Voyagers 6:30pm: SLY Wednesday</p>	<p>28</p> <p>The Gathering 6:00pm: Love & Logic Parenting 6:30pm: Contemplative Fellowship</p>	<p>29</p> <p>The Gathering 6:00pm: Love & Logic Parenting 6:30pm: Contemplative Fellowship</p>	<p>30</p> <p>FEEDING OF THE 5000 8:30am: Simply Saturday 9:00am: Genealogy 101 Pumpkins Arrive</p>
<p>FEEDING OF THE 5000 8:00, 9:30, 11:00am: Worship 2:00pm: SLY, Jr. 6:34pm: Fusion</p>	<p>1</p> <p>11am-7pm</p> <p>6:30pm: Women's Night Out</p>	<p>2</p> <p>11am-7pm</p> <p>6:30pm: Spirituality & Wellness Series</p>	<p>3</p> <p>11am-7pm</p> <p>9:00am: Seasoned Voyagers 6:30pm: SLY Wednesday 6:30pm: Parents of Teens. Young Adults with Depression/Bipolar</p>	<p>4</p> <p>11am-7pm</p> <p>9:30am: Playgroup 6:30pm: Contemplative Fellowship</p>	<p>5</p> <p>11am-7pm</p>	<p>6</p> <p>11am-7pm</p> <p>9:00am: Genealogy 101 6:45pm: Bridge Club</p>

