

# The Chronicle

ST. LUKE'S UNITED METHODIST CHURCH

FEBRUARY 2013

## Inside This Issue:

From Rev. Janet.....	2
From Rev. Ryan.....	3
From Rev. Sallie.....	3
Spirituality & Wellness...	5
Children's Ministry.....	6
UMW Update.....	7
Missions.....	8
SLY.....	10
Seasoned Voyagers.....	11
<i>and much more!</i>	

## The King and I Arrives at St. Luke's



Rodgers' and Hammerstein's Broadway classic is coming to the St. Luke's stage! East versus West makes for a dramatic, richly textured and ultimately uplifting tale of enormous fascination. It is 1862 in Siam when an English widow, Anna Leonowens, and her young son

arrive at the Royal Palace in Bangkok, having been summoned by the King to serve as tutor to his many children and wives. The King is largely considered to be a barbarian by those in the West, and he seeks Anna's assistance in changing his image, if not his ways. With both keeping a firm grip on their respective traditions and values, Anna and the King grow to understand and, eventually, respect one another, in a truly unique love story. Along with the dazzling score, the incomparable Jerome Robbins ballet, 'The Small House of Uncle Thomas,' is one of the all-time marvels of the musical stage. A \$5 suggested donation will be accepted at the door and all proceeds will go to support the drama program at St. Luke's and missions.

**March 8 at 7:00pm**

**March 9 at 3:00pm and 7:00pm**

Benefit Dinner Hosted by FET March 9 at 6:00pm. \$30 for Adults and \$5 for students. Tickets will be on sale starting 2/17.

## Our 30th Anniversary Celebration!

Believe it or not, this is our 30th anniversary year! St. Luke's will celebrate the weekend of April 13 & 14. The weekend will include an Anniversary Concert on Saturday, April 13 at 7:00pm and a special commissioned Music Ministry for orchestra and choirs conducted by the composer, Mark Miller, during Sunday morning services on April 14! Our guest preacher on Anniversary Sunday will be the Rev. Dr. Harvey Martz, recently retired from St. Andrew United Methodist Church in Highlands Ranch, who will celebrate the dramatic and life-giving connection between the two congregations in our early years. Mark your calendar for a very special weekend of celebration.

## Celebrating Lent at St. Luke's

### Turn the Christian Year with the Imposition of Ashes



The Christian year tells the story of Jesus in two cycles of time. The year begins with the Christmas cycle of Advent, Christmas, and Epiphany as we celebrate Jesus' birth. The story culminates in the Easter cycle of Lent, Easter, and Pentecost with the wonder of resurrection. The turning of the year from one cycle to the next is marked by the tension of two very different holidays... just 24 hours apart.

The Bible tells us that before Jesus began to teach the people he prepared himself by spending forty days praying in the wilderness. We call these forty days Lent, and Lent is the time when Christians prepare for the celebration of Easter. Some people still give up a favorite food during Lent, but in the Middle Ages, everyone had to go without eating meat or butter or eggs for the whole forty days.

Lent begins on Ash Wednesday, so on Tuesday everyone makes a good start by confessing their sins and having them shriven – in other words, forgiven. That is why the day is called Shrove Tuesday. They cook a meal of pancakes, using up all the eggs and butter in the house. Shrove Tuesday is still called, "mardi gras", which means "greasy Tuesday", when, traditionally, all the fat in the house has to be used up.

After the family feasts on pancakes on Shrove Tuesday, February 12 from 5:30 to 7:00pm, our church family will mark the first day of Lent with the observation of Ash Wednesday, February 13, at 7:00pm. Everyone will be invited to write or draw a confession or a commitment to growth and give it to the flash of the fire! Then, we will receive the mark of the ashes and oil on the hand or forehead. This is a 45-minute family-friendly service in which school-age children can participate fully. Very young children will enjoy the help of a parent.

Join us as we observe the turning of the Christian year! –Rev. Janet

## Family Camp, Sign Up Soon!

It may be cold outside, but summer fun is just around the corner! Are you looking for adventure? Maybe you are the quiet type who wants to enjoy Colorado's natural beauty. Or do you just want the chance to enjoy a good meal in the company of good people? Family Camp is the perfect time to do any – or all – of this!

In the beautiful setting of Snow Mountain Ranch in Granby, Colorado, there is adventure for everyone – canoeing, hiking, horseback riding, zip lines, high and low ropes courses, just to name a few activities. We eat delicious meals together – last year included tacos, sloppy joes, pancakes, and breakfast burritos – and enjoy fellowship throughout the day.

Make your family – whatever it's size and shape – part of our St. Luke's Family Camp family this summer. Signup begins in early March. Family Camp runs from July 19-28, 2013. Stay for a few nights, or camp the whole week!

**Sunday Worship Services:**

8:00am, 9:30am, 11:00am

6:30pm: Revolution

Contemplative Services also offered  
(Check website for dates and times)**Sunday School:**

Adult, Youth &amp; Children:

9:30am &amp; 11:00am

**Nursery available for:**

8:00, 9:30 &amp; 11:00am services

**Church Office.....303-791-0659**

Fax.....303-470-5615

Email.....office@stlukeshr.com

Website.....www.stlukeshr.com

**Preschool Office.....303-791-1982****Staff:****Rev. Dr. Janet Forbes.....x13**  
Senior Minister Emergency: 303-241-9312**Rev. Dr. Sallie Suby-Long.....x32**  
Associate Minister Emergency: 303-475-0141**Rev. Ryan Canaday.....x12**  
Associate Minister Emergency: 303-944-5061**Sharon Oliver.....x27**  
Director of Children's Ministry**Samantha Leahy.....x40**  
Director of Early Childhood Ministry**Stephanie Kirk.....x11**  
Children's Ministry Coordinator**Dave Laurvick.....x14**  
Director of Youth Ministry**Amy McMullen.....x19**  
Assistant Director of Youth Ministry**Kay Swanson.....303-791-1982**  
Director of Little School**Dr. James Ramsey.....x23**  
Director of Music & Arts Ministries**Kenrick Mervine.....x33**  
Associate Director of Music Ministry & Organist**Jennifer Ferguson.....x37**  
Associate Director of Music Ministry**Kay Coryell.....x36**  
Director of Handbells & Children's Music Ministry**Ernie Rodgers.....x44**  
Revolution Worship Leader**Carrie Mallory.....x35**  
Assistant Revolution Worship Leader**Jenna Wilcox.....x22**  
Director of Drama Ministry**Brenda Schafer.....x10**  
Office Administrator**Dave Cupp.....x24**  
Director of Finance**Lisé Takayama.....x16**  
Assistant Director of Finance**Lynda Fickling.....x20**  
Director of Servant Ministry/Spiritual Director**Barry Curtis.....x39**  
Facilities Manager

All submissions for the  
**March 2013 issue of The Chronicle** are  
due **February 20**  
Editor: Sharon Oliver  
**chronicle@stlukeshr.com**

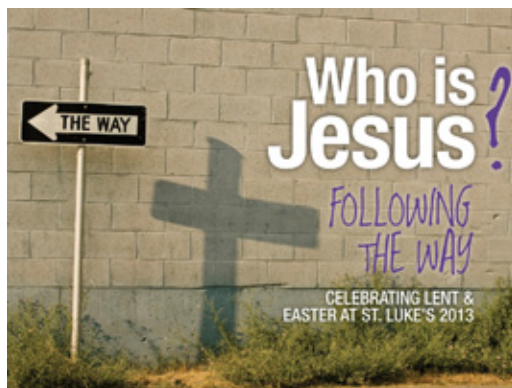
The Chronicle is published 10 times per year  
and is emailed to those on our email blast  
list, and it can be found on the church  
website. Printed copies are available at  
church entrances. To receive The Chronicle  
via US mail, please call or email the  
Church Office.



**Rev. Janet Forbes**  
Senior Pastor

# Who is Jesus? Following the Way

CELEBRATING LENT & EASTER AT ST. LUKE'S



**Who is Jesus?** The question seems simple and straightforward. But the answer is complex and subtle because it concerns the present identity of a person who lived in the ever more distant past. Whereas the question, *Who was Jesus?*, requests information that would identify him in his own time and place by referring to his date and place of birth, parents, occupation, social status, and time of death, asking, "Who IS Jesus?" signals an interest in his current identity.

One of my favorite books about Jesus is by Leander E. Keck, Professor of Biblical Theology at the Yale Divinity School. Keck is a frequent scholar in the Disciple Bible Study Series, *Jesus in the Gospels*. In his book, *Who is Jesus? History in Perfect Tense*, he writes about the "is-ness" of the Jesus that was. Did you catch that distinction?

Keck remembers that the ancient Greeks used the perfect tense of a verb to distinguish the ongoing impact of a completed action from its occurrence in the past. "The door was opened" asserts that a past action caused the door to be no longer shut, though it might have been closed later. "The door is opened," on the other hand, asserts that it still remains open as the result of past action. So, to speak of history in perfect tense is to consider the ongoing-ness of something from the past, namely Jesus.

Our Lenten Series from Sunday, February 17 through Easter, March 31, *Who Is Jesus? Following the Way*, is the invitation to explore the ongoing meaning—the perfect tense—of Jesus. What does it mean to be a follower, a disciple, of Jesus? How does he always seem to meet us in new and fresh ways in each season of our spiritual journey?

In listening to persons who are seeking the spiritual life, I have learned that many people are skeptical about "organized religion", but are compelled by what it means to follow Jesus! The exploration of that hunger leads people to communities of persons who share the friendship, the convictions, the transformation, the hope of the Christian life.

**The season of Epiphany ends with the family party of Fat Tuesday on February 12 at 5:30pm with pancakes, games, and masquerading. Lent begins with Ash Wednesday, 7:00pm on February 13, with the flashing of our Lenten hopes in the fire!**

Join us in worship as we seek a holy Lent by following the Way.

Grace,  
Rev. Janet

## Are You Experiencing a "Winter" in Your Life?

In addition to the cold weather outside, many people experience "winters" in their personal lives. A recent loss through death, divorce, or relocation may leave them feeling lonely. A hospitalization, cancer diagnosis, or ongoing medical problems may leave them feeling isolated. The loss of a job, the fear of layoffs, or a financial setback can devastate one's self-esteem. Family and personal struggles may leave them with nowhere to turn for support.

If you are going through a difficult time, our Stephen Ministers can bring God's warm love back into your life. They provide confidential, one-to-one Christian care. They will meet with you privately on a weekly basis, or whenever you feel comfortable, to listen, support, and encourage you, to pray with and for you, and to walk with you for the duration of your crisis.

To find out more about Stephen Ministry and how you or someone you know could be matched with a Stephen Minister, talk with one of our Stephen Ministers, look for their blue name tag, take a look at the St. Luke's Stephen Ministry webpage at [www.stlukeshr.com](http://www.stlukeshr.com) or email Rev. Sallie at [sallie@stlukeshr.com](mailto:sallie@stlukeshr.com). Our Stephen Ministers are ready to care for you!

—Paul Kirk





**Rev. Ryan Canaday**  
Associate Minister

## Why do you love your church?

A few weeks ago at Revolution, Danny McIntosh posed a few questions to those of us gathered. He began with this intriguing question: "If you love your church, what is it that you love about it?" The following question was just as intriguing: "Considering the things you love about your church, what would you be willing to give up in order to reach out to those who may have been hurt by some sort of church experience?" The discussion that followed was fascinating... I wish you all could have been there!

I want to stick with the first question for just a moment. What is it that I love about this church? My love for St. Luke's has little to do with the actual building. We have a beautiful sanctuary, but I'm not exactly the type to get warm, fuzzy feelings when I enter a sanctuary. I enjoy reading and studying in my office, but truth be told, just as many of my "office hours" are spent at Tattered Cover, Stella's, and other local coffee shops and eateries. So what is it about St. Luke's? Well, for me, it's the people who make up this community. Yes, it's the people—it's you all. When I walk through the doors of St. Luke's, I'm reminded of what's sacred. God is sacred. People are sacred. Not buildings. And that describes this church for me: a community of people wrestling together to know God and to be in relationship with God.

During the season of Epiphany we did a sermon series on making sense of God's will. Complex theological issues were discussed. Deep doubts expressed. Serious questions raised... and often times these questions defined us more than the answers. We wrestled together. There were various viewpoints on particular issues, but you all were gracious with one another. So many of you put love and relationship over belief and doctrine. I loved seeing this (through emails, phone calls, and other informal conversations.) One thing is clear: we will continue to wrestle together... because let's face it, none of us really has it all figured out. We simply demonstrate a willingness to journey together. We wrestle together. We encounter God together. And this is one of the reasons why I love being a part of St. Luke's.

*So now I throw the question to you:  
Why do you love your church?*

Grace & Peace,  
Rev. Ryan



**Rev. Sallie Suby-Long**  
Associate Minister

## Authenticity, Vulnerability, & Courage

Over the past few months, I have, surprisingly, heard the topics of courage, authenticity, and vulnerability come up numerous times in many different settings. Sometimes at St. Luke's and a couple of times at conferences I have attended, but mostly, the topics have come up in everyday events; talking with my daughters, in a magazine article, at lunch with friends, on YouTube, at the dinner table, and even in some of my research. And, speaking of research, several studies suggest that practicing vulnerability is essential for connection and authentic relationships. Often, authentic relationships are where we experience deep joy and fulfillment in our lives. So, maybe it is not so surprising after all that authenticity, vulnerability and courage are topics that continue to surface in a high expectation, fast-paced culture that can sometimes feel void of meaningful experiences and connections.

As I mentioned in an earlier *Chronicle* article, I have been fascinated by these topics. I'm curious about how to create welcoming experiences where people are encouraged to be authentic, vulnerable, and courageous. For most of us, continued growth toward wholeness happens more easily when we have opportunities to share our stories, raise questions, reflect on our experiences, and allow ourselves to truly be seen as we are. This type of authentic connection is the very way we gather courage, see hope-filled possibilities, learn to live our faith more fully, experience transformation, and see God's grace more clearly.

If this topic is compelling to you as it has been for me and several others, or if you are just intrigued by the topic of courage, authenticity and vulnerability and what it may mean in your life, there are a couple of great opportunities coming up this month:

- First, on February 12 at 6:30pm, Rev. Ryan Canaday and Rev. Jerry Herships are facilitating a conversation called **The Authentic Self**. The event will be hosted by the Spirituality and Wellness Team and it promises to be an engaging and meaningful evening!
- And, beginning on Sunday February 24 at noon (and for the following 3 Sundays, March 3, 10, & 17) I will be facilitating a brown bag lunch discussion on the topic of **Vulnerability, Authenticity and Courage**. We'll base our conversations on Brené Brown's book *Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead*. If you would like to join us, and I hope you will, please email me at [sallie@stlukeshr.com](mailto:sallie@stlukeshr.com) by February 15.

I'm looking forward to our conversations and to sharing our experiences with one another on these important topics! —Pastor Sallie

Janet Munoz  
presents a  
check from  
St. Luke's to  
Lisa Fellows,  
Chair of Board  
of Directors  
of Love INC  
on February 3,  
2013





**Lynda Fickling**  
Director of  
Servant Ministry/  
Spiritual Director

## Get CONNECTED Getting Connected at St. Luke's

We have all heard that getting involved is a great way to meet people. This is a true fact... but did you also know that connecting can also be transforming? Can give your life more meaning? Serving/Volunteering not only changes those you are serving but with God's amazing Grace – changes us, transforming our lives.

**Find your fit**, where you will passionately serve and connect with the community of St. Luke's and beyond. Don't forget to do the Spiritual Gifts assessment located at [www.stlukeshr.com](http://www.stlukeshr.com)

**Visit the Get Connected Center** on Sunday, where we will help you connect with a class, volunteer opportunities or fellowship. There is always a place for you!

Your Get Connected Team: Lisa Phillips, Tennie Christman, Mary Peterson, Allison Wright, Jenita Rhodes and Carleen Krening.

If you'd like to serve on this team, please contact Lynda Fickling [Lynda@stlukeshr.com](mailto:Lynda@stlukeshr.com)



**Brenda Schafer**  
Office Administrator

## PRAYER CONCERNS

Please stop by the Information Center, by the front door, where you will find the complete and updated Prayer Concerns list or view the listing on our website. Contact Rev. Sallie Suby-Long or Brenda Schafer if you have any additions/removals. 303-791-0659 x32, leave a note on the front desk, or email [sallie@stlukeshr.com](mailto:sallie@stlukeshr.com) or [brenda@stlukeshr.com](mailto:brenda@stlukeshr.com)

## LATEST ENTRIES TO PRAYER LIST:

Diane Tolleson  
Carroll Gabert  
Millie Cleveland Liss – Carl Cleveland's mother  
Cheryl Zaic – Lee Seaman's sister  
Glen Barta – Natalie Barnard & Michelle Tekolste's father  
Jackie Durban  
Violet Bellis – Candy Keller's cousin  
Larry Dunlap  
Jessica Ladd – Ed & Eileen Law's granddaughter  
Pat Dublin – Bob Davis' mother  
Edie Collins  
Jinny Widen  
Carl Cleveland  
Dave Brown – Brenda Schafer's friend  
Mercedes vonNormann  
Brett Ferguson  
Ben Robison – Phil & Chris Goldsberry's nephew  
Kara Piwowar – Jerry & Terry Hertzler's niece  
Shirley Amick – Andy Amick's mother  
Debi Sheppard  
Al Takayama – Jon Takayama's father  
Emily – Sandi Miyaki's friend's daughter  
Dewey Smith  
Sandy Gibbons  
Trevor Sreaty  
Gerold Radcliffe – Renea Parras' father  
Ron Ursin – Lynda Fickling's father  
Rob Walker  
Shelley Bordas – Caroline Butler's neighbor  
Phil Spence – Val Clark's friend  
Jan Lindquist  
Diana Starnes  
Deacon Harrison  
Melissa Shenton – Dawn Johnson's friend  
Kenny family – Nancy Abbott's friends

Robert McBride  
Don Haas  
Jan Goehring  
Bailey Piskadlo  
Joe Newman  
Rita Menendez – Brenda Schafer's cousin  
Coleen Keefe – Mary Jo Weber's friend

## CONGRATULATIONS TO:

Tim & Jena Krening on the birth of their daughter, Bailey Rose Krening and proud grandparents Rich & Carleen Krening

## SYMPATHIES TO:

Dean Luallen on the passing of his wife, Deola Luallen  
Friends and family of Mary Kuritoni  
Andy & Val Goodstein on the passing of Val's father, Charles Guest  
Cindy Lopez on the passing of her husband, Jerry Lopez  
Shaun & Amy Slade in the passing of their niece, Brittany Grosse  
Tom & Sharon Hayllar on the passing of Sharon's father, Alwyn Carvalho  
Ed & Kay Coryell on the passing of Kay's grandfather, Russell Zimmerman  
Victoria Mason on the passing of her friend, Mary Jo Brezzel  
Glenda Watson on the passing of her father, Durward Gunnells  
Bob & Betty Halderman on the passing of Bob's brother, Jim Halderman  
Bob & Sharon Oliver on the passing of Sharon's mother, Louise McGill  
Janet Loughry on the passing of her husband Richard Loughry

## "A New Beginning" a 12-week Divorce Recovery Seminar Monday, March 4, 6:45-9:00pm

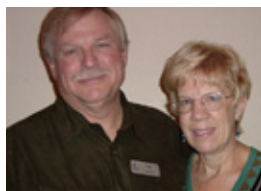
For those who are separated or divorced, this workshop brings healing from a Christian community where one can experience acceptance, care giving, and the love of God.

Cost is \$100 ~ register with Larry Sears 720-524-0440 or [lrsears@q.com](mailto:lrsears@q.com) Scholarships are available

## Welcoming our newest members of St. Luke's and their reasons for joining our community.



**Larry & Eleen Carr**



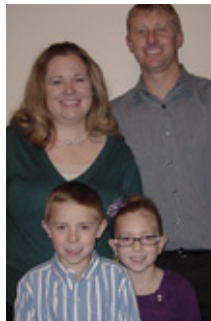
**Rick & Bonnie Haney**  
"Inspired by music and arts ministries"

### Steve & Becky Hathaway (Andrew and Sarah)

"We have always felt welcome here, our kids love St. Luke's and it was finally time to join."

### Troy & Elizabeth Mardesen

(Cullen and Meredith)  
"We really felt welcomed by the community and our children loved Sunday School from the first Sunday!"

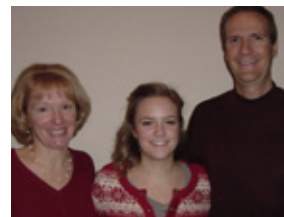


**Charles & Alice McNamara**

"Well thought out worship and amazing ways of engaging people."

### Wally Speers (Wife Bev)

(restored membership)  
**Rich & Joyce Horan**  
"Music, Ministers and Closeness"



**Wes, Vicki and Michelle Vargo**

"The warmth and sense of community we feel from everyone."



**Harry E. King**

"Moved to Denver, living at Windcrest and it is

close to St. Luke's."





*Journey toward  
Wholeness*

## Spirituality and Wellness

*“Owning our story can be hard, but not nearly as difficult as spending our lives running from it. Embracing our vulnerabilities is risky but not nearly as dangerous as giving up on love, and belonging, and joy” –Brené Brown*

**February 12, 2013, 6:30-8:30pm:** The Spirituality and Wellness Team invites you to spend an evening with Rev. Ryan Canaday and Rev. Jerry Herships. Through laughter and stories, we will explore Authenticity & Vulnerability: Becoming Your True Self. Together, we will consider important questions:

- How would it look if we really grasped the idea of living into our true self?
- What if we could take off the mask, stop comparing ourselves to others; stop trying to be someone who we weren't created to be?
- What if God really isn't interested in our best performance?
- What if we could do away with all the shame and guilt?

God has made each of us uniquely ourselves. What if we could discover this self, accept this self, and thrive in this self? We are ALL storytellers, and we all tell a unique story with our lives. Donald Miller, author of *A Million Miles in a Thousand Years*, put it this way: “A good storyteller speaks something into nothing. Where there is an absence of story, or perhaps a bad story, a good storyteller walks in and changes reality. He doesn't critique the existing story, or lament about his boredom... He just tells something different and invites other people into the new story he is telling.” What kind of story are you telling?

**Beginning on February 24, 2013 at noon:** (and continuing for the following 3 Sundays, March 3, 10, & 17), Reverend Sallie Suby-Long will facilitate brown bag lunch discussions on Vulnerability, Authenticity, and Courage, based on Brené Brown's book, *Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead*. All are welcome.

For more information, see Rev. Sallie's article in this *Chronicle* issue. If you are interested in participating, please let Reverend Sallie know (sallie@stlukeshr.com) by February 15.

**Outdoor Adventures:** January 25-27, 2013 the Spirituality and Wellness team hosted 11 outdoor adventurers for a Winter Weekend Getaway in Tabernash, CO. Our diverse group (age range from 26 to 70) snow-shoed, cross country skied, hot tub'ed, played games, roasted marshmallows for s'mores, laughed, made new/strengthened old friendships, and marveled together over God's great creation. Janet Johnston opened and closed our time together with poems and readings to guide us toward a deeper appreciation of the beauty of winter in our Colorado Rocky Mountains. More outdoor adventures are being planned. Look for activities/dates in the St. Luke's Bulletin and Week © a Glance.

**February/March** – More snow-shoeing and cross country skiing; date TBD

**April/May** – Wildflower hikes; date TBD

**Mindful Presence:** This weekly contemplative experience continues to offer an opportunity to begin each new week through quiet contemplation of what really matters. (Every Monday at 9:15am in the St. Luke's Chapel; all are welcome.) –*The Spirituality and Wellness Team*

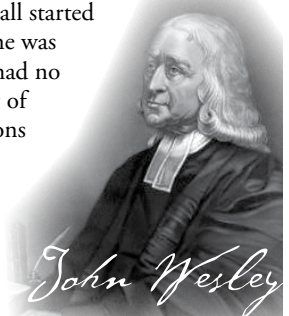
## Monty's Methodism Musings: Hannah Ball and the Sunday School Movement

*by Monty Hoffman*

Following his mother's example and sometimes her advice when his contemporaries spoke against it, John Wesley licensed women to be Methodist lay ministers. They, like the men who were lay ministers, were not ordained and could not perform the sacraments of the Church of England. They could preach the good news of God's love and grace and help their fellow Methodists to make the world a better place. Hannah Ball was a licensed Methodist lay minister appointed by John Wesley. The story of her ministry is not what she preached, but what she did. She founded the Sunday School Movement.

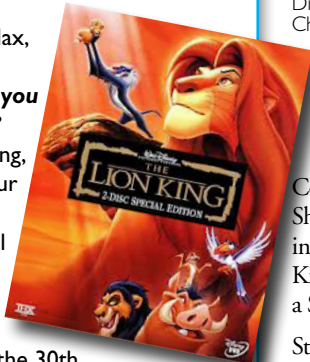
In the factories of 18th century England, most people worked 7 days a week. In deference to their age, children worked only 6 days a week. Since their parents worked on the children's Sunday off, they were not supervised and got involved in crime. To provide supervision, give the children a Christian education, and teach them to read and write, the Sunday School movement was started. It had its origins when Hannah Ball, a Methodist lay minister and a native of High Wycombe in England, founded a school within the town in 1769. Hannah was a woman in 18th century England and had limited resources and influence and could not expand the Sunday School beyond her town. Her school did provide the model and inspiration for an expanded movement. In 1780, Robert Raikes, editor of the *Gloucester Journal*, saw the need to prevent children in the slums from descending into crime. He put his influence and money behind the establishment of a nationwide Sunday School movement and it greatly expanded. In 1784, John Wesley endorsed the movement and the Methodist societies became more deeply involved. In 1790, the first American Sunday School was established in Philadelphia. By 1831, 25 percent of the population was attending Sunday School classes in England. The value provided by these classes was recognized and they proved to be the model for universal publically paid education for the children of England and America. One Methodist lay woman, doing what she could, provided the inspiration on which our public school system was built. You and I have had the opportunity for a free public education because Hannah Ball answered a call to be of service to others.

As you look out on a world that has needs that sometimes seem overwhelming, it is instructive to remember John Wesley's instructions to us on what we are called to do. Wesley said, “Do all the good you can, By all the means you can, In all the ways you can, In all the places you can, At all the times you can, To all the people you can, As long as ever you can.” We are not called to solve all the problems of the world. We are called to do what we can. When Hannah Ball started her Sunday School Program, she was doing what she could do. She had no thought that she would impact of the lives of people for generations to come, but she did. Do what you can. You don't have to transform the world, but you might.





Woof! Woof! Jake and Max, here! It's February - the month of **LOVE**! "Can you feel the love tonight?" Oh, I love it when you sing, Max... Is this a hint for our upcoming Family Movie Night?? Why, yes! We will be going back in time, to the Disney vaults to play "The Lion King" - yea!! This is in honor of the 30th Anniversary of the church. St. Luke's is 30!!? Is that dog years?? No, people years. We've come a long way, baby! Anyway, grab your pillows, wear your pjs and join us for **"The Lion King" on Feb. 22 at 6:45pm**. We'll provide the popcorn.



Also, did you hear about the SLY, Jr. lock in last month??? My dog ears sure heard it!! Forty-five 5th & 6th graders were rocking out - singing songs,

making videos and learning that their song matters. It was so much fun!

#### Coming up in February:

**Acolyte Training** for children 2nd-6th Grade on February 24 at noon - rsvp to [sam@stlukeshr.com](mailto:sam@stlukeshr.com)

**Children's Dinner Theater Auditions** for children 1st-6th Grade on February 17 & 24 at 11:00am - see info on this page.

**Becoming a Love and Logic Parent** is coming to St. Luke's: Three Thursdays - Feb. 21, 28, & Mar. 7 6:00-8:30pm

To register contact: Suzanne Crawford - [suzanne@justshutterup.com](mailto:suzanne@justshutterup.com) or 303-883-8800  
Cost: \$69 per person, \$130 per couple

**Book Drive for Warren Village.** Bring your gently used children's and young adult books to donate. Drop them off through Feb. 23 in Goliath. Share the love of reading! SLY, Jr. is going to deliver them on Saturday Feb. 23 at 4:00pm.

**Respite Day-Out** Saturday March 2 from 1:00-4:00pm for families with children with special needs. Contact Sam for more info and to reserve your spot - [sam@stlukeshr.com](mailto:sam@stlukeshr.com)

Don't forget our great website [www.stlukeshr.com/children](http://www.stlukeshr.com/children). You can check out upcoming **VBS dates** and our **Sunday School schedule** there! Please let Sharon & Sam know if you have any questions. **Love and Doggie blessings!**



**Sharon Oliver**  
Director of  
Children's Ministry



**Samantha Leahy**  
Director of Early  
Childhood Ministry



**Stephanie Kirk**  
Children's Ministry  
Coordinator

## Welcome Stephanie!

We are pleased to announce the addition of Stephanie Babcock Kirk to the Children's Ministry staff as Children's Ministry Coordinator. She will serve as administrative support to Children's Ministry and assist Sharon and Sam 8 hours per week.

## St. Luke's Kids Growing with God

Stephanie was born in Parker, Colorado, and after a 5 year hiatus in Columbus, Ohio, returned to the Highlands Ranch area. She graduated from Fort Lewis College with a B.A. in English Education and taught for a year in the Durango schools as a student teacher and long-term sub. Stephanie is married to Paul Kirk who joined St. Luke's in 2010 and serves on the Learning with St. Luke's team, as well as a Stephen Leader. ***They are expecting their first child in July!***

Stephanie has a vast background in a variety of office settings; professional, casual, and even a church. Stephanie stated, "All my experience has provided me with training to prepare me for this new position!" As the Children's Ministry Coordinator, her primary responsibility will be to provide administrative support to the growing and thriving Children's Ministry programs at St. Luke's: She will keep records and registrations updated and provide administrative support to our Sunday School programs, in addition to keeping the worship bags full, and helping organize Easter Fun Day, Wacky Wednesdays, and Vacation Bible School and more!

Stephanie and her family joined St. Luke's in 1994. She and her brother were both confirmed here, and her parents have been active participants in the choir for the past 10 years. Stephanie views St. Luke's as a great fit for their family; the Children's Ministry programs were a draw when they first joined. She recalls Betty Ludlam teaching her Sunday School class, and singing in the Children's Choir (when Fellowship Hall was the Sanctuary!), and the Youth Program was a huge part of her teenage years.

"St. Luke's is home. There are people here who have seen me in Christmas Pageants, serve as an Acolyte, be involved in every Youth Sunday from 1998 to 2004, get confirmed, participate in the very first Wesley Players Production (*Godspell* - it was amazing!), and now I get to participate as an adult! I love that I still get to come to church with my parents - it was an important part of my faith journey growing up, and it's so comforting to know that it continues. I also love that St. Luke's welcomed my husband and provided opportunities for him to serve using his gifts."

Stephanie currently serves as a Sunday School teacher on the Cooking Team, sings with the Chancel Choir, and serves on FET (Fellowship Events Team) organizing, cooking, and serving full-scale dinners throughout the year. *We welcome Stephanie to our Children's Ministry staff!*

## Fun Facts:

- Paul and Stephanie were married in June 2010. They chose their wedding date in honor of Stephanie's grandparents and married on what would have been their 61st anniversary.
- They have a dog, Franky, a rescue mutt - part fox terrier, part cattle dog, and all spoiled and is often a challenge and suffers from separation anxiety. They always have new stories and are often asked "WDFD" - What Did Franky Do?
- Stephanie spent a summer working for Sierra Service Project in South-Central L.A. as part of the inaugural urban experience.



## Attention 1st-6th graders, it's time to AUDITION for St. Luke's Annual Children's Dinner Theater!

This year we are doing **"A Walk in the Woods"**! Where the tales of Goldilocks and the Three Bears, Red Riding Hood, the Three Pigs, and Hansel and Gretel, *and more* are all blended into one delightful play. You will experience a tale of energy, adventure, suspense, humor and LOVE. Open to all children in 1st-6th grade. Rehearsals will be Wednesday evenings 5:30-6:30pm beginning March 13 (more rehearsals 2 weeks before show) The dinner & performance will be May 3 at 6:00pm. **AUDITIONS:** Sunday, February 17 or 24 at 11:00am in the Goliath area. All will get a part! If you'd like to participate in the show but cannot make it to either of the auditions please contact Sharon by Feb. 24. Questions, [sharon@stlukeshr.com](mailto:sharon@stlukeshr.com) or x27.





**Kay Swanson**  
Director of  
Little School



## Little School News: Fabulous February!

We made it through a chilly January and some wonderful sunny days and we can't believe how fast it flew! We leave behind a fabulous "Spaghetti Western Night" that was enjoyed by all. Lots of spaghetti, line dancing and games made the evening a very special family event! Now we have packed up our spurs and are getting ready for a month of LOVE!

February is a great time to share love with all of our family and friends and let them know how much we appreciate them! One of our most fun events of the year is "DADDY'S SATURDAY", where all of the dad's or grandpa's or uncles get to come to Little School and see what it is all about. They visit the classroom and do a Valentine craft for their wives and mothers! It is great to see the Dad's interacting together and enjoying a fun Sat. morning with their child(ren).

February is also the time Little School does a Scholastic Book Fair for our families and a wide assortment of books will be available for our parents to purchase! The BOOK FAIR will be open Feb. 7- Feb. 14, downstairs in David (before and after school and on Sat am.) EVERYONE IS WELCOME! The timing is perfect for Valentine's Gifts! Be sure to check us out!

REGISTRATION for Fall 2013 preschool has taken place, but we will certainly work with you to find an opening for your child! Please pick up a registration form at the front door or in the Sunday School/Little School office downstairs and register TODAY! If you have friends or new neighbors, please let them know that we are still accepting applications! Information: 303-791-1982 or stlukeshr.com ~ click on preschool!

All of us at Little School (264 of us and 32 staff!) send you LOTS of LOVE and wish you a blessed February!  
—Ms. Kay and Staff



*"The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church."*

**Missionaries Report** - UMW Spiritual Growth Chair Sharon Smith has been writing letters and sending birthday greetings to missionaries around the world the past year. She also sent a Christmas greeting to everyone in the UMW prayer calendar book! In return, she has been receiving lots of letters from all over the world in return! The missionaries update us on their assignments and projects and thank us for thinking of them and keeping them lifted in prayer. **Thanks Sharon for this meaningful communication!**



**Warren Village Family Night** - UMW Board Member Fran West organized the yearly UMW Family Night for Warren Village. Each January UMW prepares a meal and activity for the young moms and children, usually serving over 60 people. We also collected and distributed books to the moms and children at the end of the evening. This year we had three boxes of books to share. In addition, this year UMW also presented a cash donation to Warren Village. Thanks to Fran and all the women who provided food and meal prep.

**UMCOR Health Care Kits** - Thanks to Betsy Keyack for her informative session on UMCOR for the Simply Saturday group. We are continuing to collect for UMCOR health care kits until July when members of St. Luke's will be traveling to the UMCOR Depot in Salt Lake City for a week of mission work. Place items in the bin in the mission closet. All items MUST be new.

### Subgroups of United Methodist Women at St. Luke's UMC:

**Women's Night Out** - First Monday, 6:30pm

- March 4 - Bono's Pit BBQ; 9393 E. Dry Creek Rd.
  - April 1 - La Polleria (Peruvian); 7422 S. University Blvd
- Contact Elaine Carlstrom at ecarlstrom@comcast.net for more info.

**Simply Saturday** - First Saturday, 9:00am; Room 206

- March 2: Cafe180 - watch for Simply Saturday emails for sign-up info
- April 6: St. Luke's Garden; meet in room 206

For information contact: Janet Sackett jsackett@comcast.net or www.stlukeshr.com, Quick links, Email Lists, to add your name to the email distribution list.

**Book Group** - Fourth Monday, Room 206, 7:00pm (Potluck Dinner 6:15)

- Feb 25 - "The Secret Daughter" by Shilpi Somaya Gowda
- Mar 25 - "Where the Heart Is" by Billie Letts

Contact RenaeParra@aol.com to for more info.

**Itch to Stitch** - Second Saturday 10:00-11:30am. Meet in Goliath area of church basement; Call Fran West 303-797-7107 for more info. New mission: knitting caps for the homeless in Denver.

**Common Thread** - meets First Thursday at 10:00am, usually at the church. Call Caroline Butler for more info 303-797-3225

### Save the Date:

- Saturday, March 9 (8:30am-2:30pm) Spiritual Day Apart at Castle Rock UMC (we will be taking a group from St. Luke's) Guest Speaker - Nancy Butler "Uncluttering Our Hearts"
- Sunday, April 14 - UMW Annual Tea (2:00-4:00pm) at St. Luke's
- Saturday-Sunday, April 27-28 - Spiritual Life Retreat at Estes Park YMCA of the Rockies. Guest Speaker Jorge Lockward, Global Praise Program Coordinator. For more info www.rmcmw.org

## Easter Fun Day is coming!

Sat. March 23

10:00am-noon

Can you help us with games, Easter egg hunts, egg dyeing, making cookies or cotton candy or other really fun stuff?!? We need you. Look for sign ups coming soon. This is a great and FUN way to serve our church and our kids!



**FEBRUARY:**  
**Love INC**

## MISSIONS OF THE MONTH

**Highlighting Mission Opportunities:** Our Focus for February is **Love INC**. For more information about the following mission opportunities or any other missions supported by St. Luke's, please contact Jerry Hertzler 720-480-0476, [jmhertzler@comcast.net](mailto:jmhertzler@comcast.net) or Mike Preble 303-997-7474, [mikepreble@yahoo.com](mailto:mikepreble@yahoo.com).



### February is Love INC Month at St. Luke's

The Missions Team invites, and strongly encourages, you to take part in the Love INC events planned in February. Your attendance and participation will help Love INC fulfill its goal of helping many in our community who have fallen on tough times.

#### *Put these events on your calendar:*

• **Information and Orientation Meeting** – Tuesday, 1:30 pm, February 19th, at Love INC's office, 5458 S. Datura St., Littleton. A tour of Renewed Treasures Thrift Shoppe will follow meeting. Come to learn about Love INC's mission and its many volunteer opportunities. Call 303-798-0037 to reserve a spot.

• **All of February – Diaper Drive** for Love INC client families with infants and toddlers. Please donate diapers, wipes, or money, so Love INC can help families in need.



Since opening in August last year, the Renewed Treasures Resale Shoppe is off to a great start. The store began as St. Luke's "gap" ministry through our affiliation with Love INC of Littleton. A St. Luke's leadership team laid the ground work for the shop and coordinated everything from putting the business plan together to lease negotiation and getting building permits to remodel the space at the store location.

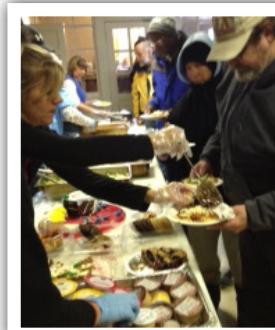


The store is run entirely by volunteers and all of the merchandise is donated. New and gently used clothing as well as household items can be found at the store.

Approximately 10% of the sales volume, so far, has been associated with merchandise that is given to Love INC client families at no cost to them. Many of these needy families appreciate being able to shop for school clothing for their children or household items for their homes.

If you haven't visited Renewed Treasures yet, please take the short trip up Broadway to check it out. The store is located at 6512 S. Broadway in Littleton. It's just north of Arapahoe on the east side of Broadway, behind the McDonald Hyundai dealership and right next door to the Solid Grounds Coffee House. You're sure to find a "treasure" that catches your eye!! To learn more about Renewed Treasures, visit our web page at <http://www.loveincittleton.org/renewedtreasuresresale.html>.

### St. Paul's UMC Sunday Meal Program *by Pam Wiethoff*



St. Paul's is a United Methodist church in downtown Denver that offers a hot meal to the homeless or maybe those just struggling a bit right now. It is served every Sunday by a great group of team leaders. We help out on the third Sunday of each month. Volunteers arrive at 7:15... yes, that's 7:15am, downtown! Volunteers from St. Luke's drive themselves downtown to 1615 Ogden St. Denver, CO 80218 to St. Paul's United Methodist. Park in the back and go into the church basement and ask for Stephanie. She'll soon give you a job

making salad, putting out coffee or passing out bagels. By 8:00am quite a line of hungry people has formed. Volunteers step up to serve the meal. It's very eye opening to see the many different places people are at in their lives as they graciously accept a hot meal. After everyone has eaten we stick around and help clean up the food, sweep and mop. You can be back in Highlands Ranch by about 10:30am.

**St. Paul's really counts on us. If you sign up, please fulfill your commitment. If something comes up and cannot help, please find a replacement. Thanks!!**

A few stats about St. Paul's:

- More than 7,600 meals served
- An average of 150 meals each Sunday (from 130 to 170)
- An average of 8 volunteers per Sunday
- Total expenditures of almost \$14,000; all available funds have been exhausted as of the end of the year. To donate: 303-832-4929 or [www.stpauldenver.com](http://www.stpauldenver.com)

**Background:** The St. Paul's Sunday Meal Program began in October 1986, with church members serving sandwiches and coffee in the parking lot. At the time, there were no meals available on Sunday to those in need. St. Paul's continues to offer a unique hot sit-down meal in a safe, warm and welcoming environment every Sunday morning.

### Thank you from HAAT Force!!

We raised over \$1,500 from this year's Giving Tree," Just wanted to say a "Big Thank You." Here are this year's figures through Jan. 11, 2013 vs. LY results:

Comparison last year to this year, YTD

Funds Raised		Spent on Motel Vouchers		Nights of Shelter Provided	
2011/2012	TY/YTD	2011/2012	TY/YTD	2011/2012	TY/YTD
\$29,425	\$12,409	\$19,115	\$20,927	631	818

On Jan. 11, 2013 we had an extremely busy day. The largest number of vouchers we ever distributed was 30 in one day. On this day we distributed 65 vouchers, served 118 individuals, provided 339 nights of shelter and spent \$8,667.

Needless to say we are at present stretched to our limits. It remains extremely difficult for many individuals this winter.

A couple of other brighter notes, we are now an incorporated nonprofit in the state of Colorado. And have begun the process of applying for our 501 c 3 statuses with the IRS. We continue our relationship with Family Tree as our fiscal agent as we go through this process. Thank you!

—Peter Reif, President HAAT Force



## Christmas in the Park

by Sam Leahy

Once again St. Luke's joined with others on Christmas Day to give out items to the homeless in



downtown Denver. This year over 50 St. Luke's folks went down to Civic Center Park to hand out items our congregation had collected over the holiday season. It was amazing to see the number of kind-hearted people who added this time of sharing to their Christmas day celebrations. We go down most Mondays to serve lunches to the homeless that our Revolution service here at St. Luke's makes each week, so we have come to know many of our homeless neighbors. The few we spoke to on this day were beaming, the generosity of strangers had overwhelmed them with joy! We were blessed with so many to help hand out our donated items. But it didn't matter if folks were able to hand anything out on this day, what most will remember is they were there – setting aside time on that cold cold day to show another human being that they cared just by being present. So whether people came down with their family or by themselves or whether they personally handed out some of the gloves, long underwear, hats, socks, hand warmers, or coffee to people they may never see again or whether they donated items, they can be assured they made someone's day. Because doing something for others makes us happy. We ended our season of to-do lists and added a to-give list. Revolution will be collecting gloves and hand warmers while the weather is still cold and we will deliver along with lunches on Mondays to the park. Your generosity comes with its own karmic rewards, maybe we make a resolution to practice Christmas charity all year long and continue our to-give lists.



**James Ramsey**  
Director of Music  
& Arts Ministries



**Kenrick Mervine**  
Associate Dir. of  
Music Ministry/  
Organist



**Jennifer Ferguson**  
Associate Director  
of Music Ministry



**Kay Coryell**  
Dir. of Handbells  
& Children's Music  
Ministry



**Jenna Wilcox**  
Director of  
Drama Ministry

### Music Ministry!

Have you ever thought it might be fun to be singing with Jim and the Chancel Choir on Sundays? Or maybe the orchestra, the handbell choir, or the jazz band might be more in your comfort zone? St. Luke's has a vibrant music ministry program made up of several vocal and instrumental groups led by a very dedicated team of musicians. The ministry is fun and rewarding, and there is something for everyone! If you are interested in getting involved, contact Jim Ramsey at [jim@stlukeshr.com](mailto:jim@stlukeshr.com), or any member of the music staff. See you at rehearsal!

### Wind Ensemble!

Wind Ensemble is just a fancy word for concert band. The St. Luke's Wind Ensemble was founded for people who love concert band music and for families with young musicians of all ability levels. Would your family like to be a part of Wind Ensemble? Rehearsals started in January, so contact Jennifer Ferguson at [jennifer@stlukeshr.com](mailto:jennifer@stlukeshr.com) for more information.

### Trustees Corner

This month our Trustees Team launched with 6 new team members! Please help us welcome Ben Daly, Paul Connolly, Vicki Lauer, Brian Owens and our tag-team members, Jennifer and Randy Richeson!

As St. Luke's continues to grow and expand programs, managing our church home becomes more complicated. Much like the 'honey-do' lists you manage for your home, we maintain a list of tasks we hope to complete each year. Like you, we consider our budget, time, and priorities in selecting projects to complete seeking feedback from a variety of stakeholders as we make decisions. We also work hard to fit projects into our very busy on-site schedules so we're not interrupting activities underway on any given day.

This year along with a number of smaller projects we're hoping to replace our front doors, provide additional storage for our growing Performing Arts Academy, improve our landscaping and meditation garden, and update our front walk. Looking for a service project to do as a family? We'll hold 4 **Service Saturdays** this year - watch for announcements, we truly appreciate your help on these 'catch-up' days as we perform seasonal maintenance. Your participation is most welcome and needed.

Last year with your patience, understanding, and feedback we learned a lot as we conducted a number of safety and evacuation drills. You can expect us to hold more drills this year as we continue to improve our processes, and learn from first responders as well as other subject matter experts who are a part of St. Luke's.

Most importantly, we want to thank our past members for their service to our team. These members include Ken Decker, Dee Duncan, and Bill Kemman. We know we'll have their support on future projects as needed, and are very thankful for their gifts of time and talent over the past several years! Thank you, gentlemen! We are truly blessed!

## Thank You from DenUM

St. Luke's received a wonderful letter from Denver Urban Ministries thanking us for our Feeding of the 5,000 Food Drive that we held last fall. The letter started out "Wow! The DenUM staff is at a loss for words." The letter went on to say that "...the food donations we provide don't just supply someone's immediate needs, it helps them know they are not alone. There is no more effective witness of faith, and no more hopeful news for people in vulnerable situations. It's gratifying and humbling to be a partner in your ministry."

## Thank You from We Don't Waste

St. Luke's also received a letter bringing us up to date on the benefits We Don't Waste derives from its relationship with St. Luke's. "Without the incredible response from your congregation WDW would be unable to fulfill our obligation with Mile High and the Denver Broncos. To put our relationship in perspective, St. Luke's has provided WDW with more than 100 volunteers this past year... that have contributed over 700 hours of service. Using values provided by a nationally recognized organization, the hours account for over \$15,000 of donated time. During the Denver Bronco season from August through the end of 2012, (we) provided more than 73,000 servings of nutritious food to those in the Denver Metropolitan area who are less fortunate. The donated value of the food sourced was more than \$113,000. Thank you St. Luke's! We look forward to a long and supportive relationship in providing for those most vulnerable in our community."



## Upcoming Events!

- \* **February 17 – Skate City (6:00-7:30pm)** We're heading to Skate City! \$4 dollars for entry, \$1.50 for skate rentals, bring more for food if you'd like!
- \* **March 3 – Hip Hop Night part 2!! (6:00-7:30pm)** The last time Dave's friend Eddy (the professional choreographer) came out we couldn't get enough of him, so he has agreed to come out again!!! You don't want to miss this night!
- \* **March 10 – Pool Party (6:00-9:00pm)** Once again, we are renting out the entire South Suburban Rec-Center! Yes, the pool is great, but so are the basket ball courts and gymnastics room!! Bring a friend because it will be fun! (Parents - Note the late return time, and we could really use some extra drivers for that night!)
- \* **Sign up to receive our emails and Check [www.sites.google.com/site/stlukeshr/youth2012](http://www.sites.google.com/site/stlukeshr/youth2012)** for up-to-date info on programs, activities, opportunities and more!

### SLYA: St. Luke's Young Adults

SLYA is a group for all high school graduates and beyond! The focus for this group is fun and fellowship. We meet Thursdays at 7:00pm, unless an activity warrants a change in time. So far we have gone to dinners, watched movies, held game nights, gone stargazing, ice cream, coffee, and on and on! We would love for you to join in the fun! The best way to get the down low on what's going on is to join the young adults email list on the St. Luke's website. We also have a facebook page, which is a great way to communicate information! Feel free to contact Amy or Dave with any questions!

## ON THE SLY: Partying in the Name of God!

St. Luke's Youth know how to have fun, and the holiday season was no exception. The Denver Zoo Lights was first on our list of "must do's" in December. We look forward every year to this outing, and despite the bitter cold, a huge number of youth showed up to see the dazzling light displays. As always, we HAD to have our annual White Elephant Gift Exchange. It was a blast, and to no one's surprise, the Hawaiian Santa and giant wrench showed up again! I hope you got to see the 1 o'clock or 3 o'clock Christmas Eve services. Tons of our youth participated in it this year. From singing and puppets to characters in the manger scene, they were simply marvelous! And how else do you end 2012 but by throwing a New Year's party to celebrate 2013! The fun didn't end there though, we partied all through January with youth from other churches as we attended Karaoke at St. Andrew UMC and a Dance at Littleton UMC.

It's not all parties and fun down in our neck of the woods though. We've really been delving into some of the bible stories in SLY AM. This month we took a good look at the Book of James and tried to answer the intriguing question, "What if God had a Facebook?" Also, we've always known that these youth had a passion to help people, but it is coming to light just how much. The youth bagged up 50 sack lunches to feed the homeless on Christmas Eve, and a few were even able to make it to Christmas in the Park with Rev. Ryan. They were so moved by the opportunity to hand out food and clothes to the homeless that they insisted on finding a time to do it again. Well, it just so happens that nearly all the kids have the same spring break this year so on March 25, we're packing up the bus and heading down town! Let Dave or Amy know if you'd like to join in. It's going to be a blast!

So who are these kids having all this fun? They are SLY!!! SLY (St. Luke's Youth) is an inclusive group for all 7th-12th graders that focuses on fellowship, fun, and finding out what this God thing is all about! As always, we have lots going on and are so excited to grow closer while having fun and being the hands and feet of Christ! Here is a snapshot of what coming up:

### Sundays:

- SLY AM (9:30-10:30am) – We're taking a look at Social Justice issues and learning a little more about the world we live in.
- Community Dinner (5:30-6:00pm) – \$2 per person. We need help feeding our youth, please let Dave or Amy know if you can help. These youth are HUNGRY!!
- SLY PM (6:00-7:30pm) – Its a busy February coming up with a Mardi Gras Party, a trip to Skate City, a question and answer session exploring other faiths, and more! All sorts of fellowship and fun activities are happening Sunday nights in the youth room! Check out our website for details.

### Wednesdays:

- Homework/Tutoring Hour (5:30-6:30pm) – A chance to get your homework done and even get help if you need it!
- Wed. SLY (6:30-8:00pm) – Youth directed fellowship activities! Coming up we have bowling, cake decorating, going out to dinner, making giant soft pretzels, and playing games!

As always, we have a lot going on! We are blessed to be able to work with the youth of St. Luke's and love to watch God work in their lives!

*Yours in Christ, Amy (& Dave!)*



**Dave Laurvick**  
Director of  
Youth Ministry



**Amy McMullen**  
Assistant Dir. of  
Youth Ministry

## NEW Look to St. Luke's Website

The St. Luke's website has been refreshed, giving it a more modern and streamlined appearance. It now features large photos and an updated navigation scheme that should make it easier for both new and experienced users to find what they are looking for. The home page, [www.stlukeshr.com](http://www.stlukeshr.com), has photos and icons that lead to pages for those searching for a new church home; the Music and Arts and the Missions pages; and the Youth, Children's, Little School, Performing Arts Academy, and Learning With St. Luke's websites. The primary navigation is at the top of each page; hovering or clicking on **home**, **calendars**, **about us**, **ministries**, and **resources** will lead to the rest of the website. There is also a quick links capability for popular topics such as the latest weekly bulletin. Finally there is a search box on the home page. This is a work in progress - browse the site for the latest. **BIG thanks to Ken Fong for all of his work on this!!**







**Dave Cupp**  
Director of Finance



**Lisé Takayama**  
Assistant Director  
of Finance

## Thank You For Your Continued Financial Support

### Changing Lives For GOOD Stewardship Campaign.

The response has been very strong. So far, our results for 2013 are a little better than at this point for 2012. If you have not turned in your commitment card, we encourage you to do so immediately. We would even be happy to get it via email at davec@stlukeshr.com or receive a message from you via email of your intentions for 2013. Or, a phone message at 303-791-0659 x24. It is so important for you to share with us your estimate of giving for 2013. Please keep in mind that when you provide us with information about what your contribution plans are you are not making a legal commitment and your plans may change. But, any information we can get about your plans is better than us guessing what everyone will do. Thank you in advance for your cooperation.

### Pick and Choose Your Method Of Giving to

**SLUMC.** We have many ways for you to make your giving to SLUMC easy and convenient. You may want to consider one of these convenient methods for your contributions. In addition to cash and checks, we offer online credit card transactions, stock transfers and scheduled automatic withdrawals from checking or credit card accounts. The following is a general summary:

- 1. General Fund and Capital Campaign:** All methods.
- 2. Grocery Cards:** Cash, check, scheduled eft from checking accounts.
- 3. Special Events:** Depending on the event, may include cash, check, PayPal and online credit card transactions.
- 4. Plus:** We'd consider any reasonable method you know about that we haven't adopted.

### Seasoned Voyagers News

## A Taste of Thailand

**Thursday February 28**

**11:30am-1:30pm**

**Fellowship Hall**

Enjoy authentic Thai food prepared by natives of Thailand! Sign up now in Fellowship Hall - \$10 person.

#### Menu:

- Pork Laap, Ground Pork, Onion, Cilantro and Lemon Grass
- Garlic Pork, Sliced Pork, Garlic and Onion
- Chicken Curry
- Cashew Chicken
- Basil Chicken
- Steamed Rice
- Dessert: Mango with Sticky Rice

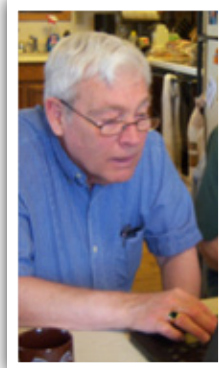
Enjoy authentic Thai food prepared by natives of Thailand! (including cook Bunkong [Lorann] Pyles, daughter-in-law of Steve and Jimetta Pyles)



## More from Les: My Resolution

by Rev. Les Ludlam, St. Luke's Lay Associate Pastor 1993-1997

I've resolved, again, to get rid of some of my stuff in the basement. But getting rid of that stuff is hard!



"I might use that some day," is a well-worn phrase in my vocabulary! I think I will need something again some time so I keep it. But each year I get closer to never using it.

I also keep some things because they have sentimental value. It was my grandmother's. I loved her so I keep it. It's good to keep some of the things that remind us of the people who helped shape who we are.

Monetary value, however, is not usually one of the reasons I save stuff. *I'm a packrat...*

However, I've have been forced to change somewhat over the years. In preparation for each of the last four home moves that Betty and I have made, there have been some tough decisions to make about what to keep and what to divest. Each move has shown us something that just had to be left behind, even though I thought it was important.

The first things to go when we left California for Alaska in 1998, were a 100# capacity cider press, several 5-gallon glass bottles, a laboratory scale, and other bulky items classed as "winemaking" equipment. But, fresh grapes don't grow in Alaska and they're very costly to bring in by airfreight!

Then, when we left Alaska for Colorado in 1993, I left behind my rock collection, a lot of books, two pairs of old boots and my extensive baseball cap collection. And there were rumblings that my stamp collection, untouched for over 10 years, might be in jeopardy!

"These things," I cry out, "are symbols of who I am, what I have done, how my life has been shaped!" But the symbols were just that, and they took up way too much space. So, sadly, I resolved to let them go. But it was hard. Later, I would discover that I really didn't miss them!

And now, our freshly minted New Year is sparkling in the sun of a frigid new day. We may have made resolutions for the occasion! This is a time for new beginnings. This is a time to look critically at all the baggage that we carry with us from one place to the next and ask ourselves the hard question once again... "What is truly worth keeping, and what should be sold or thrown away?"

If we hang on to our material possessions for what they say about us, they can hold us down; they must be disposed of. It's what we do that really defines who we are. If we have memories of conflicts with someone else or residual anger over some hurt that continues to carry some feelings of animosity, these too, must go. We can remember the past to learn from it, but we cannot live in the past.

What is there, then, that must be saved?

- Keep those things that make life more meaningful.
- Keep those things that work for peace and understanding among people.
- And keep those things that can bring healing and hope.

Take them with you into this New Year and nourish them, let them grow.

We should keep zippers, which make coats warmer, pockets more secure and makes toddlers a whole lot easier to dress in the morning. "Velcro" fits into that same category let's keep that, too. We should keep ice cream cones, the first and possibly the greatest example of edible food packaging. We should keep Scotch Tape and Post-It Notes and a host of other simple, inexpensive items that help to make life simpler.

And, finally, remember that the words spoken by the Prophet Jeremiah (Jer. 30:10) remind us that God sees us as worth saving now and in the future!

God knows our imperfections and loves us anyway.

So welcome to the New Year and let us sweep out some of the old, unused or misused "stuff" from our spiritual lives. Let us save those things that make life more meaningful, that work for peace and understanding among people, that can bring healing and hope. God bless us all, Les



**St. Luke's United Methodist Church**  
8817 S. Broadway • Highlands Ranch, CO 80129  
303-791-0659 • [www.stlukeshr.com](http://www.stlukeshr.com)

*St. Luke's United Methodist Church welcomes you to our Christian family,  
where we share life. Wherever you are in your faith journey,  
you are accepted and encouraged to grow spiritually.*

*Join us in growing together toward full humanity through living  
the teachings of Jesus: Love, Acceptance, Justice and Hope.*

### St. Luke's: Your Spiritual Community

Our hearts lead the way when we join in a community.

We embrace new friendships, discover shared passions and connections, ask questions, and begin to understand who Jesus is for us, in our lives.

We invite you to experience community with St. Luke's.

To connect in a deeper way, please contact one of our Pastors or Lynda Fickling, Director of Servant Ministry  
[lynda@stlukeshr.com](mailto:lynda@stlukeshr.com) 303-791-0659 x20

*We look forward to sharing our journeys together.*

FEBRUARY 2013						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>3</b> 8:00, 9:30, 11:00am: <b>Worship</b> –Rev. Dr. Janet Forbes 12:15pm: <b>Seasoned Voyagers Core Team Mtg.</b> 12:20pm: <b>Altar Team Mtg.</b> 3:30pm: <b>SLY Big Bowl Party</b>	<b>4</b> 6:30pm: <b>Women's Night Out</b> 6:30pm: <b>Why? Making Sense of God's Will Conversation</b>	<b>5</b> 2:00pm: <b>Conversations with Janet</b> 5:30pm: <b>Youth Mission Trip Meetings</b>	<b>6</b> Seasoned Voyagers to "Noises Off" 5:30pm: <b>SLY Homework Hour</b> 6:30pm: <b>SLY Wednesday</b> 6:30pm: <b>Parents of Teens/Young Adults with Depression/Bipolar</b>	<b>7</b> 1:00pm: <b>When There are No Words</b> 6:30pm: <b>Contemplative Fellowship</b> 7:00pm: <b>Young Adults</b>	<b>8</b> 5:45pm: <b>Parent's Night Out</b>	<b>9</b> 10:00am: <b>Genealogy 101</b> 10:00am: <b>Itch to Stitch</b> 6:30pm: <b>Love INC Jazz Concert</b> 6:45pm: <b>Bridge Club</b>
<b>10</b> <b>SCOUT SUNDAY</b> 8:00, 9:30, 11:00am: <b>Worship</b> –Rev. Dr. Janet Forbes 8:00am: <b>UMW Committee Mtg.</b> 12:15pm: <b>Common Table</b> 4:00pm: <b>Servant by Design starts</b> 5:30pm: <b>Youth Dinner (\$2)</b> 5:30pm: <b>SLY, Jr.</b> 6:00pm: <b>SLY PM</b> 6:30pm: <b>Revolution</b>	<b>11</b> 6:30pm: <b>Finance Team</b> 7:00pm: <b>Trustees</b>	<b>12</b> 5:00pm: <b>Fat Tuesday Pancake Dinner</b>  6:30pm: <b>Spirituality &amp; Wellness: Authenticity &amp; Vulnerability</b> 7:00pm: <b>Missions Team</b>	<b>13</b>  5:30pm: <b>SLY Homework Hour</b> 6:30pm: <b>SLY Wednesday</b> 7:00pm: <b>Ash Wednesday Service</b>	<b>14</b> <b>Valentine's Day</b> 1:00pm: <b>When There are No Words</b> 6:30pm: <b>Contemplative Fellowship</b> 7:00pm: <b>Young Adults</b>	<b>15</b> 9:00am: <b>Playgroup</b> 5:30pm: <b>Ageless Singles</b> 	<b>16</b> 9:00am: <b>Sanctuary Care Team</b> 10:00am: <b>Wesley Writers</b>
<b>17</b> 8:00, 9:30, 11:00am: <b>Worship</b> –Rev. Ryan Canaday 11:00am: <b>Children's Dinner Theater Auditions</b> 5:30pm: <b>Youth Dinner (\$2)</b> 6:00pm: <b>SLY PM</b> 6:30pm: <b>Revolution</b>	<b>18</b> <b>President's Day Office Closed</b>	<b>19</b> 6:30pm: <b>Children's Ministry Team</b>	<b>20</b> 5:30pm: <b>SLY Homework Hour</b> 6:30pm: <b>SLY Wednesday</b> 6:30pm: <b>Parents of Teens/Young Adults with Depression/Bipolar</b>	<b>21</b> 1:00pm: <b>When There are No Words</b> 6:30pm: <b>Contemplative Fellowship</b> 7:00pm: <b>Young Adults</b>	<b>22</b> 6:45pm: <b>Family Movie Night Confirmation Retreat</b> 	<b>23</b> 4:00pm: <b>SLY, Jr. to Warren Village Confirmation Retreat</b>
<b>24</b> 8:30am: <b>Ministry Fair</b> 8:00, 9:30, 11:00am: <b>Worship</b> –Rev. Dr. Janet Forbes 11:00am: <b>Children's Dinner Theater Auditions</b> noon: <b>Acolyte Training</b> noon: <b>Vulnerability, Authenticity &amp; Courage</b> 5:30pm: <b>Youth Dinner (\$2)</b> 6:00pm: <b>SLY PM</b> 6:30pm: <b>Revolution</b>	<b>25</b> 1:00pm: <b>Women's Afternoon Book Study</b> 6:15pm: <b>Women's Evening Book Club/ Potluck</b> 6:30pm: <b>Executive Team</b>	<b>26</b> 7:00am: <b>Men's Group @ Egg &amp; I</b>	<b>27</b> 5:30pm: <b>SLY Homework Hour</b> 6:30pm: <b>SLY Wednesday</b>	<b>28</b> 11:30am: <b>Thai Luncheon</b> 1:00pm: <b>When There are No Words</b> 6:30pm: <b>Contemplative Fellowship</b> 7:00pm: <b>Young Adults</b>	<b>MAR 1</b> 9:00am: <b>Playgroup</b> 	<b>2</b> 9:00am: <b>Simply Saturday</b> 1:00pm: <b>Respite Day-Out</b>
<b>3</b> 8:00, 9:30, 11:00am: <b>Worship</b> –Rev. Dr. Janet Forbes noon: <b>Vulnerability, Authenticity &amp; Courage</b> 12:15pm: <b>Seasoned Voyagers Core Team Mtg.</b> 5:30pm: <b>Youth Dinner (\$2)</b> 6:00pm: <b>SLY PM</b> 6:30pm: <b>Revolution</b>	<b>4</b> 6:30pm: <b>Women's Night Out</b>	<b>5</b> 2:00pm: <b>Conversations with Janet</b>	<b>6</b> 5:30pm: <b>SLY Homework Hour</b> 6:30pm: <b>SLY Wednesday</b> 6:30pm: <b>Parents of Teens/Young Adults with Depression/Bipolar</b>	<b>7</b> 6:30pm: <b>Contemplative Fellowship</b> 7:00pm: <b>Young Adults</b>	<b>8</b> 7:00pm: <b>"The King &amp; I"</b> 	<b>9</b> 10:00am: <b>Genealogy 101</b> 10:00am: <b>Itch to Stitch</b> 6:45pm: <b>Bridge Club</b> 3:00 & 7:00pm: <b>"The King &amp; I"</b>