



Highlands Ranch, Colorado

# The Chronicle

ST. LUKE'S UNITED METHODIST CHURCH

JUNE/JULY 2014

## Inside This Issue:

- From Rev. Sallie.....3
  - Spiritual Engagement.....5
  - Children's Ministry.....6
  - UMW Update.....7
  - Music & Drama .....9
  - SLY.....10
  - Graduates.....11
  - Seasoned Voyagers.....12
- and much more!*



## FROM REV. RYAN: Capture the Moments

I love summer evenings. There's just something about summer that says, "slow down, do life differently." Over the last few evenings Tami, Selah, Shiloh, and I have been enjoying popsicles together on the patio. On some of these evenings friends have joined us. There's nothing better! The Colorado nights are cool and the popsicles make them even cooler.

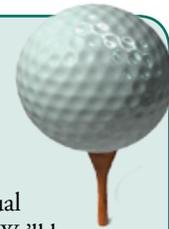
Slow down. Be still. This matters. It's my motto this summer. I want to live by these words. I want to slow down. I want to be still. I want to be constantly aware that all of this matters--especially the simple things like popsicles on the patio. I wish these things came naturally and easily for me. They don't. I, perhaps like you, really have to work at slowing down, being still, and realizing that all of this matters. Sometimes our tendency is to put our time and energy into all the things that don't really matter, like being "busy."

Do you ever notice...we love to tell each other how busy we are? Think about it. It's such a natural response in our culture: "How are you, how's it going?" "Oh, I'm doing great, just REALLY busy...can barely catch my breath!" Seriously. Ask around today. Ask your friends and colleagues how

*continued on page 3*



## Golf!



Golfer, Sponsor and Volunteer signups have begun for our 11th Annual Golf Event August 2nd! We'll be playing again at Murphy Creek Golf Course with a 8:00am tee-off. The tournament supports our church bus that is used for Windcrest rides each Sunday, youth mission trips, retreats and much more. Register at the Golf Event table or on line at [www.stlukeshr/golf](http://www.stlukeshr/golf) by July 20, 2014.

## Common Table – Conversations and More!

by Susan McIntosh

Do you ever feel like you have so much to say you need to talk fast? Well, that's a little how I feel with this article, so please bear with me! Take a deep breath and....

### Everything You Wanted to Know About Church, but Were Afraid to Ask

At the Common Table on Sunday, May 4, several people from the church community gathered to share a meal and discuss a variety of topics, ranging from baptism and church attendance to violence and gun control, ecological sustainability, and same sex marriage. All of these topics were based on questions that those in attendance had selected, and discussion frequently included Rev. Janet referencing material such as the Book of Discipline and the Book of Resolutions. Even as these books were discussed, Rev. Janet wanted to ensure that everyone present understood the purpose and process in creating them. Conversation ranged from whether you



## Thank You, St. Luke's

by Ali Young, Pastoral Intern

I feel so fortunate to have been a part of the St. Luke's community for the last nine months.

Thank you for giving me the opportunity to learn from each of you. For allowing me to visit you in hospitals, experience the joy of baptisms, to share in holy communion, to share in your grief and losses, to experience a community of love, to spend time with and to learn from your children and your confirmands. Thank you for encouraging me, showing me kindness, offering wisdom, and allowing me to make mistakes. I am so grateful to the whole staff, to Rev. Janet, Rev. Sallie, and Rev. Ryan for their guidance. I also want to thank my lay committee for all of their support, encouragement, and time over this last year. St. Luke's will always remind me of the ways in which God's hand has and is working in my life. Thank you, thank you, thank you for the privilege of being part of your community. There are no words to truly express what St. Luke's means to me. It has been such a joy and privilege to spend time here.



Thomas Williams served as one of St. Luke's pastoral interns this year. He helped plan and lead worship in various settings, provided pastoral care, as well as helping officiate memorial services, baptisms, and other events. We are grateful for his service and creative energy—he will be greatly missed! Thomas graduated with an M. Div from Iliff in early June. This summer he will be going back to Louisiana to serve as a worship leader in his home church. Thomas is pursuing ordination as an elder in the United Methodist Church in the Louisiana conference.

**Sunday Worship Services:**

8:00am, 9:30am, 11:00am,  
Contemplative Service  
(Check website for dates & times)

**Sunday School:**

Adult, Youth & Children:  
9:30am & 11:00am

**Nursery available for:**

8:00, 9:30 & 11:00am services

**Church Office**.....303-791-0659  
**Fax**.....303-470-5615  
**Email**.....office@stlukeshr.com  
**Website**.....www.stlukeshr.com  
**Preschool Office**.....303-791-1982

**Staff:**

**Rev. Dr. Janet Forbes**.....x13  
Senior Minister      Emergency: 303-241-9312

**Rev. Dr. Sallie Suby-Long**.....x32  
Associate Minister      Emergency: 303-475-0141

**Rev. Ryan Canaday**.....x12  
Associate Minister      Emergency: 303-944-5061

**Sharon Oliver**.....x27  
Director of Children's Ministry

**Samantha Leahy**.....x40  
Director of Early Childhood Ministry

**Stephanie Kirk**.....x11  
Children's Ministry Coordinator

**Dave Laurvick**.....x14  
Director of Youth Ministry

**Amy McMullen**.....x19  
Assistant Director of Youth Ministry

**Kay Swanson**.....303-791-1982  
Director of Little School

**Dr. James Ramsey**.....x23  
Director of Music & Arts Ministries

**Kenrick Mervine**.....x33  
Associate Director of Music Ministry & Organist

**Jennifer Ferguson**.....x37  
Associate Director of Music Ministry

**Kay Coryell**.....x36  
Director of Handbells & Children's Music Ministry

**Brenda Schaffer**.....x10  
Office Administrator

**Sheri Henry**.....x24  
Director of Finance

**Kristi Pawley**.....x16  
Accounting Clerk

**Lynda Fickling**.....x20  
Director of Servant Ministry/Spiritual Director

**Barry Curtis**.....x39  
Facilities Manager

All submissions for the  
**August 2014 issue**  
of *The Chronicle* are due July 20  
Editor: Sharon Oliver  
**chronicle@stlukeshr.com**

The *Chronicle* is published 10 times per year  
and is emailed to those on our email blast list,  
and it can be found on the church website.  
Printed copies are available at church entrances.  
To receive *The Chronicle* via US mail,  
please call or email the Church Office.



**Rev. Janet Forbes**  
Senior Pastor

# Celebrating Ordination

from Rev. Dr. Janet Forbes

**It will be our joy to celebrate the ordination of Rev. Ryan Canaday and his membership in full connection in the Rocky Mountain Conference at the Annual Conference session in Pueblo on Sunday, June 22.** Since 2012, Rev. Ryan has

been a provisional elder serving as Associate Minister specializing in ministries with young families, youth, and children.

**We'll celebrate Ryan's ordination at St. Luke's on Sunday, June 29 with a blessing ritual at each service and a special Common Table at 11:00am in the Fellowship Hall to respond to questions about how United Methodists credential and appoint ministers.**

The service will be celebrated at the Pueblo Convention Center at 320 Central Main Street from 8:30am to 12:00noon as we first pass the mantle of ministry from those retiring from ministry, then celebrate the service of ordination, and, finally, read and bless the assignments of all of the clergy in Colorado, Utah, and Wyoming. All are welcome to attend!

Since I was ordained in 1989, I will be honored at a reception celebrating my 25th anniversary as an elder. Amid all the celebrating and congratulations following my ordination, the obvious question that many people asked was, "So what does this mean?" What does it mean to be ordained, or for that matter, what difference does it make? Well, it does make a significant difference, many of which are not obvious in communities of faith.

The Book of Discipline of The United Methodist Church says that "Elders are ordained to a lifetime of ministry of Word, Sacrament, Order, and Service. By the authority given in their ordination, they are authorized to preach and teach the Word of God, to provide pastoral care and counsel, to administer the sacraments of baptism and Holy Communion, and to order the life of the Church for service in mission and ministry."

Some would argue that Ryan and I did all of those things during our years of candidacy and provisional supervision, and they would be right, to a point. But each year, we had to interview with the District Board of Ordained Ministry and send theological paperwork. We were required to attend additional workshops in church leadership and professional ethics and engage in conversations with clergy mentors.

Now, as a Full Elder, our ordination is for life and is recognized worldwide. We don't have the same required meetings but we do have something else. The Book of Discipline also says that ordained elders are "bound in special covenant with all the ordained elders of the annual conference." This means that all of us help one another and are to watch over and care for one another. It also means that we agree to subject ourselves to a process of clergy discipline. We believe that our lives should be measured by a higher standard and if we fail, it is possible to be face disciplinary action. If that happens, we are judged not by a civil court, but by our peers. Sometimes this means elders can be asked to seek counseling, sometimes it means a leave of absence, and in the worst of cases, ordination can be taken away. Curiously enough, because we agree to be subject to one another and because ordination is for life, even our retirement must be voted on by the other elders in the annual conference.

By being an elder, we get a vote on some things in the workings of the church where we did not have a vote before. As candidates for ministry and provisional elders, we did not have a vote in the election of delegates to General Conference (which is held every four years) and we were not eligible to sit on certain regional committees.

Because the journey can be a roller-coaster, there is a depth of grace in ordination that affirms God's vocational call on our lives, blesses our membership in the congregation of the clergy, and confirms the responsibilities of pastoring a congregation.

Ordination is a commencement, both ending and beginning. Thanks be to God. **-Rev. Janet**

## AGELESS SINGLES

*A social group for unmarried, divorced, widowed men and women of all ages.*

### UPCOMING EVENTS:

**Sun. June 15:** Services with Rev. Brad Laurvick at 10:00am at the Highlands United Methodist Church. Meet at St. Luke's at 9:00am to carpool. Breakfast or lunch after.

**Sat. June 28:** Dinner at Saj Mediterranean Grill at Southglenn Mall at 6:00pm.

**Sat. July 5:** Explore the Cherry Creek Arts Festival. Meet at St. Luke's at 10:00am to carpool to the Festival.

**Fri. July 25:** Denver Taiko at Civic Center Park, Highlands Ranch Culture on the Green series from 6:30 to 8:00pm. Bring a blanket, chair & food. Meet at St. Luke's at 5:30pm.

RSVP to Allison Wright, 720-371-6760,  
allisonwright303@yahoo.com



**Rev. Ryan Canaday**  
Associate Minister

*MOMENTS continued from page 1*

they're doing. You're guaranteed to hear how busy they are. To be honest, I'd much rather hear about the things you're passionate about, the things that made you genuinely smile this week, the things that brought tears to your eyes, the

interesting people you've met recently, the conversations that have fascinated you. Really, your "busyness" is not that interesting. Mine isn't either. What if we stopped being busy and we started being creative and aware of all the people and things around us that really matter? Sometimes I think we just miss it. God, people, life...all of it. I've been reading this book, "The Accidental Creative." It's been a good read and the author gives this helpful and gentle warning: "While the overstressed, 'gasping for air' worker is the celebrated hero of office folklore, for the creative, being one of these is simply not a realistic and sustainable way to do great work...you must avoid the kind of frenetic activity that seems like productivity but is really more about the appearance of being busy than the actual accomplishment of effective work." So, not only does being busy prevent us from experiencing the more meaningful things in life, it keeps us from doing our best work.

All of this brings me back to the message I gave a couple of weeks ago. Ruach. It's the word the ancient Hebrews used to convey the idea that God is everywhere, breathing life in us, through us, and all around us. These God-breathed ruach moments are everywhere. They're in those real life moments of pain, joy, brokenness, and celebration. Ruach is found in the simple moments too: evening walks, dinner with friends, an afternoon of volunteering at a local charity, and yes, popsicles on the patio with family and friends. But we miss the significance of these moments when we're into only ourselves and our busyness. Every time we put being "busy" before people and relationship, we miss it...big time. I wonder what God would write if we handed over a sharpie and a whiteboard. Maybe the message would read something like this: "Just stop. Seriously, just stop. Just as my breath swept over the waters when I began creating the world, let my breath sweep over you. Pay attention to everything I am doing all around you."

*So, back to my summer motto:*

**Slow down. Be still. This matters.**

Do me a favor. On your next trip to King Soopers (or wherever you do your grocery shopping), buy a box of popsicles. Invite a neighbor or two over that evening and enjoy popsicles on the patio...or porch, or lawn, or sidewalk...you get the point.

RUACH! God is everywhere, breathing life in us, through us, and all around us. These God-breathed moments everywhere. Don't miss them this summer! Capture them and tell the story of how and where God is moving in your life, your community, your world.

*Grace & Peace, Rev. Ryan*



**Rev. Dr. Sallie Suby-Long**  
Associate Minister

## St. Luke's Center for Spiritual Engagement and First Steps: Partnership Update

What an amazing partnership we are creating with First Steps and the Center for Spiritual Engagement! Our collaboration will create enhanced spiritual formation ministries for people of all ages – children, youth and

adults through the art of Holy Listening. On May 11th, we officially welcomed the gift of First Steps from Rev. Dr. Leanne Hadley and 1st UMC in Colorado Springs. First Steps and the process of offering healing and hope to hurting children/youth is now becoming integrated into our Center for Spiritual Engagement (see the article on page 5 that provides details!)

We want to keep you updated on our efforts to fully embrace the First Steps process and to ensure the success of the Center for Spiritual Engagement. Here are the most recent things that have or are taking place:

**April 21-22** – Completed Training of 19 people who are interested in serving as Holy Listeners for children and youth.

**May 1** – Created our Board of Directors

**May 26** – Finalized the Licensing Agreement for use of First Steps Materials

**June 14** – First Meeting of the Board of Directors

**June 16** – Meeting of all who completed Training to discuss implementation plans and supervision of Holy Listeners in our Children and Youth Ministries

**July 3** – First Steps Ministry Tools and Supplies will be moved from 1st UMC in Colorado Springs to St. Luke's UMC

**July 14** – Retreat for Center for Spiritual Engagement Leadership Team to Prepare Ministries for the coming year.

**September** – Second Training for people interested in becoming First Steps Holy Listeners

We will continue to provide updates so you are aware of our progress! If you are interested in being part of this ministry, please contact me or anyone on the Center for Spiritual Engagement Leadership team.

We appreciate your continued prayers as we move forward!

### What is a Holy Listener?

A Holy Listener through our First Steps program is an adult who has been trained in the First Steps Methodology and would be available to meet with a child or teen who might be experiencing a crisis of any sort (divorce of parents, loss of a loved one, moving to a new school/home, illness, bullying, transition, death of a pet, family financial or health difficulties, etc.) in their life. The meeting could be a one time event or ongoing. (Our Safe Sanctuary policy would apply to make sure all parties are meeting in a secure, safe and welcoming environment.)

### What is Holy Listening?

"When a person is fully present with another person: listening; not judging; not distracted; not analyzing; not diagnosing; and trusting that as they listen, God has joined them to offer wisdom, guidance and healing. As we enter into Holy Listening, God is present, and there is an air of holiness and sacredness" - Rev. Dr. Leanne Hadley

### What is the Purpose of Holy Listening?

The purpose of Holy Listening is to help children and teens know they are cared for, taken seriously, and that they are loved. The intention is to remind them of how wise, spiritual and wonderful they are and to help them remember that they have the inner wisdom of God to make good choices and to move toward health and healing.



**Lynda Fickling**  
Director of  
Servant Ministry/  
Spiritual Director

## Get CONNECTED Summer in Colorado what's not to love?!

Hopefully we all have some time to step back and re-engage, with our families, our friends and our neighbors.

For seven months now, a small group of us have been gathering for a simple meal and to share in faith conversation. I have made friends for life who are presently accompanying me on my spiritual path. This time means the world to me and hopefully, to them too. Our early evening begins with sharing what we've been up to that day, to prayer, to sharing a meal that develops into deep conversation about our faith journey and ends (much later!) with a blessing for one another.

The simplicity of this hospitality is what I believe we all can do with one another, especially in the slow rhythm of summer. And then to add to this element, invite a neighbor over...we are out of our homes in this season and actually see one another in the driveways, mowing our lawns, playing with our children, cleaning our cars, etc.! Gone are the months where we drive in, close the garage and hide from the cold darkness of winter! Take advantage of this time to get to know your neighbor, fire up the grill and have them over, along with some good friends you've been missing! And while we are in the mood for inviting, invite them to Sunday morning's at St. Luke's! It's a great time to welcome the strangers among us, who then become lifelong friends.

*...and to think, it all began with a simple meal.*



## Monday Mornings at McDonald's

Here's an open invitation to you throughout the summer! Meet me at the Highlands Ranch McDonalds (Broadway & Highlands Ranch Parkway) 8:30-10:00am. I want to get to know you better and help answer questions you may have regarding St. Luke's, including our activities, programs and anything else that comes up! Consider this **Café St. Luke's** outside the building! Looking forward to Mondays!

## Or... Join us for Coffee & Conversation

about the History of St. Luke's, the United Methodist Church, our programs and ministries. 9:30am any 2nd Sunday of the month (Excluding December) Meet Rev. Sallie, Monty Hoffman and Lynda Fickling in Room 212. *We look forward to getting to know you!*



**Brenda Schafer**  
Office Administrator

## PRAYER CONCERNS

Please stop by the Information Center, by the front door; where you will find the complete and updated Prayer Concerns list or view the listing on our website. Contact Rev. Sallie Suby-Long or Brenda Schafer if you have any additions/removals. 303-791-0659 x32, leave a note on the front desk, or email [sallie@stlukeshr.com](mailto:sallie@stlukeshr.com) or [brenda@stlukeshr.com](mailto:brenda@stlukeshr.com)

### LATEST ENTRIES TO PRAYER LIST:

*Olivia Murrow*  
*Natalie Murrow*  
*Joe Forbes –*  
*Rev. Janet Forbes' brother*  
*Kathy Hutchinson –*  
*Dave Laurvick's sister*  
*Jan Lindquist*  
*Debi Sheppard*  
*Jane Riegler*  
*Les Ludlam*  
*Mike Nelson*  
*John Dunbar*  
*Susan Warren*  
*Cole Bauer*  
*Gail Armstrong*  
*Mary Onstot –*  
*Kay Swanson's friend*  
*Patrick O'Malley –*  
*Little School father*  
*Reuben Barril*  
*Betty McIntyre*  
*Lee Long – Annie Van*  
*Hoosen's sister*  
*Natalie Barnard*  
*Julia & Katie Klug –*  
*Peter & Linda Young's*  
*granddaughters*  
*Linda Young*  
*Gang Li – Penny Haas' father*  
*Tom Kee - Lee and Debbie*  
*Newby's niece's husband*  
*Jenny Avenell –*  
*Kathy Swier's niece*  
*Stephanie Fisher –*  
*Kathy Swier's niece*  
*Gail Abernathy*  
*Ernie Van Hoosen -*  
*Jay Van Hoosen's father*

### SYMPATHIES TO:

*Ted Dryer on the passing of his father-in-law,*  
*William Thompson*  
*Sally Wallace on the passing of her mother,*  
*Martha Weiss*  
*Steve & Janice Ashby on the passing of Steve's*  
*mother, Marilyn Ashby*  
*Dave, Lori, Amy & Carrie McMullen on the*  
*passing of Dave's mother, Marilyn McMullen*  
*Mark & Patti Speedy on the passing of Mark's*  
*uncle, Bill Langman*  
*Mark Alpert & family on the passing of wife/*  
*mother, Claire Alpert*  
*Greg & Nancy Plamp on the passing of Greg's*  
*mother, Elaine Plamp*  
*Caroll Gabert on the passing of her brother,*  
*Harold Nix*  
*Teresa Michael on the passing of her mother,*  
*Elizabeth Noakes*  
*Mark & Patti Speedy on the passing of Patti's*  
*uncle, Harry Sheetz*  
*Les & Betty Ludlam on the passing of Les' uncle,*  
*Mel Ludlam*  
**CONGRATULATIONS TO:**  
*Bob & Fran West on the birth of their*  
*grandson, Cayden Clayton Bergmeir*  
*Tim & Jenna Krening on the birth of their son,*  
*Sawyer Jacob Kahikina Krening, & proud*  
*grandparents, Rich & Carleen Krening*  
*Marilyn Watson on the birth of her*  
*granddaughter, Everlee Mae Felux, daughter*  
*of Sage and Derrick Felux*  
*Duane & Mary Wilterdink on the birth of*  
*their granddaughter, Luella Faye Wilterdink,*  
*daughter of Chris & Emily Wilterdink*

## You're Invited To A Hospitality Appreciation Breakfast

\*Childcare is available with  
reservations 48hrs in  
advance [sam@stlukeshr.com](mailto:sam@stlukeshr.com)

**WHEN:** SATURDAY AUGUST 16, 2014

**TIME:** 9:00-10:30am

**WHERE:** ST. LUKE'S FELLOWSHIP HALL

- **NOT ON A TEAM YET** BUT WOULD LIKE TO BE – YOU ARE WELCOME TO JOIN US! RSVP to LYNDA FICKLING 303-791-0659x20
- **GREETERS** RSVP to LISA PHILLIPS [lisaphill4@aol.com](mailto:lisaphill4@aol.com)
- **USHERS** RSVP to SHAWN SLADE [shawnslade@gmail.com](mailto:shawnslade@gmail.com)
- **GUEST SERVICE TEAM**  
RSVP to MERCEDES vonNORMANN [mercedes.vonnormann@urs.com](mailto:mercedes.vonnormann@urs.com)
- **WELCOME TEAM** RSVP to DIANNA STARNES [dianna.starnes@q.com](mailto:dianna.starnes@q.com)
- **BREAD BAKERS** RSVP to KRIS KINNEY [kmk830@earthlink.net](mailto:kmk830@earthlink.net)
- **GET CONNECTED TEAM** RSVP to LYNDA FICKLING [lynda@stlukeshr.com](mailto:lynda@stlukeshr.com)
- **COFFEE & DONUT TEAM** RSVP to LYNDA FICKLING [lynda@stlukeshr.com](mailto:lynda@stlukeshr.com)



## So Much To Celebrate!

On May 11, 2014 the Center for Spiritual Engagement and St. Luke's welcomed and

celebrated the arrival of First Steps, dedicated to providing spiritual care and healing to children and teens experiencing crisis. Celebrations included the gift of prayer beads to St. Luke's children and a Litany for the Gift of First Steps Spirituality. During the Litany, St. Luke's families, on behalf of Rev. Dr. Leanne Hadley, who developed First Steps Spirituality, presented gifts to St. Luke's: Holy Listening Stones, a Prayer Ball, Candles and Blessing Oils, Prayer Beads, and a book for children about death, *The Golden Cord*. Rev. Hadley offered a powerful message about the importance of sharing God's love with children at every opportunity.

### *The statistics about the world in which our children grow up are sobering:*

1:2 will experience divorce; 3:4 of those will experience a second divorce

1:3 will experience death of loved one;

1M+ children in the US have had a parent deployed 4 times

1M+ children have a parent in prison

1:4 children live in poverty

1:3 children will go to bed hungry

8:10 children say they are scared to go to school because of bullying

Children need to be told the stories of God's love over and over again. And children need a safe place to express their deepest pain and hurts and tap into their personal and spiritual strength, while being helped along this journey by a trained and caring adult. From Rev. Hadley, "We have a God ... who journeys with us each and every day of our lives. Because of the work you will do, children across this country will be blessed and will win whatever battle faces them. Is there any greater gift that we could give than the gift of strength and love and knowing that we have a God who will never forsake us." Welcome First Steps!

First Steps is a 501(c)3 registered with the state of Colorado and will join St. Luke's ministries under the umbrella of the Center for Spiritual Engagement. A new Board of Directors will assume administrative oversight over the summer, while the current Center for Spiritual Engagement Team will continue to lead the planning for the Center's activities. The two entities will collaborate to plan for the practical integration of First Steps into the spiritual development ministries for St. Luke's children.

### **Outdoor Adventures:**

On Saturday, May 17 we celebrated the arrival of spring at Alderfer/Three Sisters Park near Evergreen. We delighted in the discovery of early spring wild flowers, listening for the unique song of faithfully returning birds, singing a half-remembered hymn of praise for God's creation, and the fellowship of old and new friends over a cup of hot chocolate in the early morning chill. We marveled at the creating hand of God, who loves us infinitely, and who surely must enjoy creating a garden of delight for us to discover.



### **Upcoming Adventures:**

- Join us on June 28 at Castlewood Canyon for an opportunity to Listen, Observe, and Discover. Janet Johnston, a trained and experienced "birder" will lead us. (janet.johnston@comcast.net)
- Coming in July (date TBD) canoeing and exploring Dillon Reservoir. Details in the St. Luke's Bulletin. (Julie.polikoff@msn.net)

### **Classes and Experiences:**

On Saturday, May 3, Jenita Rhodes led a celebration of labyrinths and their power to create alternative pathways for experiencing God's presence and God's voice in our lives. It was a beautiful spring afternoon as we walked the twists and turns of St. Luke's labyrinth. If you have not experienced St. Luke's labyrinth, we invite you to visit. You can prepare for your walk by sitting in the gazebo and listening to the bubbling of the nearby memorial fountain. (Jenita@rncumc.com for more information about labyrinths)

Mindful Presence moves to 10:00am on Mondays. Every Monday you are invited into St. Luke's Chapel for quiet meditation.

*continued on page 5*

*COMMON TABLE continued from page 1*

need to be baptized a second time (Janet's short answer: "Didn't it take the first time?") to the position of the UM Church on homosexuality (divided, to say the least).

### **What We Discussed:**

- **Church Structure & Decision Making Process**
  - What will Rev Ryan be able to do as an ordained elder that he doesn't already do now?
  - How does the United Methodist Church (globally) and St. Luke's (locally) decide on issues they face?
- **Baptism / Membership**
  - May I be baptized again?
- **Faith**
  - Do you have to go to church to be a Christian?
- **Social Issues (in the Social Principles)**
  - Does the United Methodist Church have a position on:
    - » gun control?
    - » the death penalty?
    - » homosexuality? What about gay marriage?
    - » abortion?
    - » our duty to be stewards of the earth?
    - » violence in the media?

### **You are Welcome at The Table**

Common Table is an opportunity for everyone to have a voice in the activities of the church. This isn't just for leaders (but we encourage all church leaders to be present, so they can be part of the discussion). Our goal is for everyone to be a part of the conversation – to build dialogue and trust within our church community. No conversation is off the table. **All are welcome.**

### **Executive Team Changes**

In order to encourage additional dialogue and provide members of the congregation direct access to leadership, the Executive Team will be open to all who are interested in attending, starting with the next meeting on October 20. The general session will start at 6:30pm, and if an executive session is needed (if the Executive Team needs to discuss issues of a more confidential matter), it will start at 7:30pm.

### **Call for a Common Table Discussion!**

We've traditionally held Common Table once a quarter or so, but feel the need for a dialogue sooner. There have been many questions around Rev. Ryan's upcoming ordination, and, in addition to celebrating this event, we'd love to talk about it as well. **Join us in the Fellowship Hall at 11:00am on Sunday, June 29**, to talk about what it means to receive ordination, and what it means to be an ordained elder in the United Methodist Church.

### **Future Common Tables**

We are tentatively planning for another **Common Table on Sunday, September 28**, around a potluck dinner (don't worry, the Broncos have a bye that week). As we gear up to take on another 501(c)(3) organization, let's explore what they are, how they've benefited our church so far, and how they fit in with the mission and values of St. Luke's. We'll be announcing other gatherings later this summer.

Please join us in the conversation! And if you have suggestions on ways to make the conversation more welcoming, or topics for dialogue, please contact me (commontable@stlukeshr.com)!



# Just the Facts

with  
Shea, Jake & Max

Woof! Woof! Meow! Jake, Max, and Shea here to bring you up to speed on what we are sniffing out at the church. We've interviewed several human folks around the church and this is what they are telling us:

## "Tweet!" Success!

The Children's Dinner Theater performance of "Tweet!" on May 2 was a huge success. The cast of 58 kids was amazing!! Not only was the show spectacular, but with donations raised we were able to meet both of our missions goals! We donated 250 Spanish-language children's books to the library at the John Wesley School in Guatemala (our goal was 200) and we had \$500 left over to donate to the Pura Vida fund to help those kids who



**Sharon Oliver**  
Director of  
Children's Ministry



**Samantha Leahy**  
Director of Early  
Childhood Ministry



**Stephanie Kirk**  
Children's Ministry  
Coordinator



have lost their tuition sponsors, continue their education. According to Dave Laurvick who recently went down to Guatemala (along with Nikki Markahm pictured at right with our pile of books) and delivered the books, "the librarian pulled me aside as we were leaving - eyes rimmed with tears while he expressed how grateful he was for the books." Way to go Children's Dinner Theater! Thanks to ALL who helped with this wonderful event.

## Gear Up! Workshop of Wonders - morning VBS is June 23-27!

Before you know it, VBS will be taking over the church - it's the BEST time of the year and you will love being a part of this great event. **We still need volunteers!** Please contact Sharon at [sharon@stlukeshr.com](mailto:sharon@stlukeshr.com) if you are available. You can help for the whole week or just 1 day - we need you! Training will be Tuesday June 17 at 10:00am and VBS is June 23-27 9:15am-12:15pm. We even provide lunch each day that you volunteer. This year VBS is all about turning the ordinary into extraordinary. **"You are the God who works wonders."**

—Psalm 77:14. We can't wait to welcome nearly 300 children and over 100 volunteers and create some WOW moments! Our VBS mission this year is to help fill the food pantry of Interfaith Community Services to help the hungry right here.

We'll do it all again for evening VBS July 8-11, 5:45-8:00pm. There are still a few spots for participants available. We'll close the registration on our website July 1. We need you! Email us if you can volunteer!

## Summer Sunday School offers sacred places

Join us on a Sunday morning at 9:30am and 11:00am to learn about wonderful Bible stories that help form our faith foundation and to find ways to grow close to God. At Joy Trek, PEAK and Godly Play - YOU are a blessing. You are listened to and you are valued. Whether as a child in the program or an adult or youth servant - YOU matter and make Sunday School the incredibly special place that it is. Come join us and learn more about how you can be part of the sacred space we call Sunday School at St. Luke's. Contact Sharon or Sam for info and to sign up! We will take 2 Sundays off in July for Family Worship Sundays: July 6 & 27. Pajama Sunday School is Aug. 24! We are off for Labor Day and then Promotion Sunday is Sept. 7! We look forward to seeing your family on Sunday. And remember whether your week is fantastic or not so great, we are here to welcome you with open arms and open ears. You are a blessing to all of us!

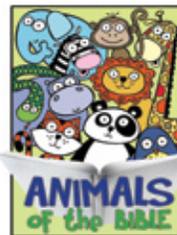
Doggie Kisses and Kitty Snuggles,



## SLY, Jr. 5th & 6th grade club

had a great year-end party with SLY on May 25. We will start up again in August with our new 5th & 6th grade classes. Details to come!!

**If you are looking for summer babysitters contact Sam at [sam@stlukeshr.com](mailto:sam@stlukeshr.com) for a list of some great St. Luke's youth!**



## Wacky Wednesdays

Each week children will enjoy music, crafts, chapel time and games.

Open to all children age 2 1/2 years through entering 3rd grade! (Must be potty-trained.)

**TIME:** 9:30am-noon

**WEDNESDAYS:** June 18, July 9, 16, 23

Registration is \$20 per day per child.

If you have any questions regarding registration contact: Tami Clement at [ma3clement@aol.com](mailto:ma3clement@aol.com)  
Registration forms are online and at the church.



**Kay Swanson**  
Director of  
Little School



## Little School News: Savoring Summer!

Little School just completed their 19th year with two fabulous graduation programs called "All Wrapped Up And Ready To Go", sending 151 graduates on to their new adventures. They charmed their parents, grandparents, Aunts and Uncles, siblings and friends with songs, clapping, rhythm instruments, and handbells ending with a Poem "I'm a preschool graduate"! In Chapel we have been talking about "Great things come in small packages" and now that our year is over, we wanted to give them a proper send off. We are always so proud to see the changes in our four/five year olds, that are now almost all five or six, become confident, articulate and charming kindergartners! Lots of tears and laughter for sure!

We say farewell, but not goodbye, to a couple of long-time teachers, who have promised to come back and sub for us on a regular basis. Ms.

Maryann and Ms. Lynn four's teachers are both taking time now to be grandmothers and spoil their grandchildren rotten! Each of them have dedicated many years to Little School. Ms. Maryann for 14 years and Ms. Lynn for 18 years. We are so blessed to have had them teach with us and provide such a loving, caring Christian preschool experience for all of these years. It is always a bitter sweet time, as we know they will be long time friends, but are on to their own new adventures just like our precious preschoolers. Their smiles and laughter will be greatly missed but we send nothing but good wishes for their days ahead.

Little School is VERY proud to accept the Macaroni Kid BEST preschool award for the 2014 school year, for the second time! This encompasses all of Douglas County and is a community nomination and vote. We are very excited to receive this award again and thank all of those who voted for us! We are very pleased to know that our community loves us!



It is now time for us to take a break from our regular schedule, but many of our teachers will be around for Wacky Wednesdays and Play School. The best way to reach Ms. Kay over the summer is by email (Kay@stlukeshr.com) as she will check that daily. If you are interested in Wacky Weds. please email Ms. Tami (ma3clement@aol.cm) to register.

We wish all of you a safe and happy summer break and look forward to seeing many of you return this summer and this fall. We are truly blessed to be a part of our families' lives and a ministry to St. Luke's United Methodist Church.

**Blessings, Ms. Kay and staff** "Children go where there is excitement and stay where there is love."

**The Spring Tea** delighted attendees with decorative hats, delicious food and educational entertainment provided by Judy Hill of Spellbinders. Judy wore a variety of hats representing different historical periods in U.S.



History and then performed dramatic readings from diaries written by women in those eras. Her presentation impressed everyone with educational and fun elements! Also speaking at the Tea was Jessi Lambert, from Love INC. Jessi is the Gap Ministry and Event coordinator for the organization. She showed a video of all the different Gap Ministries that Love INC offers and complimented the

organization of Renewed Treasures Thrift Shop and the hard work that St. Luke's has put into its success. Proceeds from the Tea were donated to Renewed Treasures.

**The Rocky Mountain Conference Spiritual Life Retreat** in Estes Park was held on a beautiful weekend in early May. Three women from St. Luke's attended this year. Guest speakers this year were the Reverends Margaret Gillikin and Stephanie Price. They inspired women with workshops on "Nurturing our Sacred Center." The biggest take-away from the weekend was "Don't pretend tension and conflict away; love it away."

Tuesday, July 8 the UMW will be hosting **Family Night at Warren Village**. This is a yearly event where we plan a meal for some of their families and enjoy a meal and conversation with the women and their children. We also plan an activity for the children and always take book donations for the children and mothers. We need volunteers to donate some of the food for the meal. Please call Fran West at 303-791-7107 to help.

**The UMW Itch to Stitch group** made a beautiful prayer shawl that was presented to our intern Ali Young on her last day at St. Luke's. Ali has been such an inspiration to our church and we wanted to give her something to remember us. Blessings to Ali as she continues her studies at Iliff.

### Subgroups of United Methodist Women at St. Luke's:

*Women are welcome to attend a subgroup of UMW anytime during the year!*

**Women's Night Out** - First Monday, 6:30pm August 4 will be the planning dinner. Watch the Sunday bulletin to see where we will meet in August. Come help plan where we will eat the next year! Contact Elaine Carlstrom at ecarlstrom@comcast.net or Jean Dunn at jd-teacher@hotmail.com

**Itch to Stitch** - Second Saturday 10:00-11:30am. Meet in church basement. All skill levels welcome! July meeting is Christmas in July sew-a-thon for UMCOR. You may want to bring a sack lunch so you can stay longer and sew more! Contact Fran West 303-797-7107 mfranwest@gmail.com

**Common Thread** - meets First Thursday at 10:00am, usually at the church. Call Caroline Butler for more info 303-797-3225

**Simply Saturday Helping Hands** - Meets random Saturdays throughout the year. June 14 is Ubuntu day of Service; women from Methodist churches in our area will serve at a variety of local organizations. Sign-up required. Contact Janet Sackett for more info jsackett@comcast.net

**Women's Monday Night Bible Study** - second Monday, 6:30pm Rm 213. We are studying the DVD set "Sisters - Bible Study for Women" beginning with "Knowing God". The new DVD in the set starts in September. Contact Janet or Lisa for info (jsackett@comcast.net or lisaphill4@aol.com)

**Book Group** - Fourth Monday, Room 206, 7:00pm. Potluck 6:15pm. RenaeParra@aol.com for info.

- June 23 - "Murder at the Brown Palace" by Dick Kreck
- July 28 - "Crossing Purgatory" by Gary Schanbacher

### Save the Date:

Sun., Aug. 24 (2:00-4:00pm) - St. Luke's UMW Fall Kick Off mtg.  
Sat., Sept. 20 - Mile Hi Pikes Peak District UMW Mtg at St. Luke's  
Fri. and Sat., Oct. 17-18 - Rocky Mountain Conf. UMW Mtg. at Parker UMC

## MISSIONS OF THE MONTH

Highlighting Mission Opportunities: For more about missions supported by St. Luke's, please contact Jerry Hertzler 720-480-0476, [jmhertzler@comcast.net](mailto:jmhertzler@comcast.net) or Scott Hetherington 484-883-0778 [scott.g.hetherington@gmail.com](mailto:scott.g.hetherington@gmail.com)

## Blood Drive a Great Success

by Jerry Hertzler

The Bloodmobile from Bonfils Blood Center was at St. Luke's on June 1 from 8:30am until 12:30pm. The response from St. Luke's was tremendous! A total of 20 pints were collected at the event from 24 donors, with



17 of the registered donors being first timers!! Interest was so great, that an additional 15 potential donors could not be accommodated due to Bonfils' staffing level/time constraints.

Alison DeBoer, the Bonfils representative, said "As a result of your blood drive, as many as 60 patients in Denver Metro hospitals will be saved. It helps out tremendously as we come out of the holiday weekend and enter into the summer months". Closer to home, Jane Damsgard expressed her gratitude: "...thanks to all the donors on behalf of those who have received blood products at our church. William is one of them. He received approximately 200 plus donations while going through his cancer treatments."

Every 2 seconds, someone in the U.S. needs a transfusion of donated blood. If you'd like to make a blood donation, Bonfils has a donation center conveniently located in Highlands Ranch (near Broadway and HR Parkway). Donations can be made every 8 weeks by an individual donor. For more information, or to schedule a donation, go to [www.Bonfils.org](http://www.Bonfils.org).

## We Don't Waste

It's never too early to start thinking about those Broncos—and helping We Don't Waste rescue leftover food from the suites at Sports Authority Field! Last season, St. Luke's volunteers rescued more than 45,000 servings of wholesome, nutritious food after Broncos home games, and We Don't Waste distributed it to local agencies serving Denver's underserved populations. The pre-season opener against Seattle is Thursday, August 7, followed by a Saturday evening game against the Texans on August 23. Looking for a corporate, college or high school team-building or community service event? Check the home game schedule and enlist support from your work and school mates! Contact me, Andrea Kirchhoff, [akirchhoff6652@yahoo.com](mailto:akirchhoff6652@yahoo.com) to volunteer or for more info.

## Seasoned Voyagers to Learn about Ancient Mayans and Pura Vida

On June 17 the Seasoned Voyagers will visit the Denver Museum of Nature and Science to visit "Maya: Hidden Worlds Revealed." It is the largest exhibition about the Maya people ever to be displayed in the United States. For more information contact Kay Oscai, [koscai@earthlink.net](mailto:koscai@earthlink.net). The mission emphasis for this Seasoned Voyagers event will be St. Luke's work with Pura Vida ([www.puravida.org](http://www.puravida.org)) to promote education with indigenous Mayan students in Guatemala. Betsy Keyack will give an overview of Mayan history in Guatemala and the Pura Vida Scholarship Program. If you would like to donate to the Scholarship Program, simply write a check to St. Luke's UMC with "Pura Vida Scholarship Program" on the memo line. You can also sponsor a specific student for \$450 per year. Scholarship Program application forms will be provided on the field trip.

## Relay for Life is Coming July 25!

You are invited to participate in the Relay for Life to raise funds for the American Cancer Society. It will take place on Friday evening July 25 starting at 6:00pm at Cresthill Middle School, Highlands Ranch.

The Relay is a low-pressure event in which you walk as many laps as you would like around the track, enjoy the music and purchase food and souvenirs from various participating teams. Later in the evening there will be a beautiful luminaria ceremony honoring cancer survivors and those who have passed on due to cancer. There is an option of spending the night in your tent or coming back the next morning for the closing ceremonies.

You can participate in several ways:

1. Join the St. Luke's team and plan on joining the fun on July 25. Go to [www.relayforlife.org](http://www.relayforlife.org). Go down to the "Support a Participant or Team" box. Where it says "Find a team" enter St. Luke's United Methodist Church. Select the team with Betsy Keyack as captain. Click on "Join Our Team." Cost is \$10.
2. Raise money for the team or on behalf of a team member. Go to the same web site. Click on "Donate Now" and make your donation.
3. Purchase a luminaria in honor of someone. Go to the same website. Click on "Dedicate a Luminaria." Cost is \$10.
4. We will be making custom T-shirts again this year with the names of survivors, those who have passed on and caregivers on the back. If you would like to honor or remember someone on our St. Luke's Relay for Life T-shirt please email Betsy Keyack, [bkeyack@att.net](mailto:bkeyack@att.net) by July 6 or call me at 303-346-7057. Be sure to let me know whether the name is "In Honor Of," "In Memory Of" or a Caregiver.
5. You can purchase a T-shirt for \$10 by July 10.
6. As a team we will need to decide what we want to sell at the Relay to raise more money. Last time we did cupcakes. Whatever we decide, you can help with that, too.

I (Betsy Keyack), or a representative will be in the Fellowship Hall between services on June 29, July 6, July 13 and July 20 to help you with any of the above ways to participate.

## Sedalia Elementary Says Thank You and Working to be an Eco-School

by Betsy Keyack

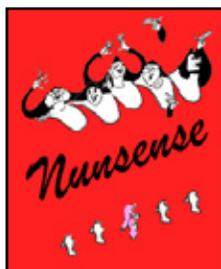
Recently I met with George Boser, Principal of Sedalia Elementary. Looking over the past year, he was very appreciative of all that St. Luke's has done to help them and wants us to continue these efforts next year. Specifically:

1. Box Tops for Education - these go to help purchase technology and other needed items for the school. Please keep dropping them off in the envelope on the Missions Closet door.
2. Classroom Help - this is so appreciated by the teachers! Thank you to all at St. Luke's who helped in the classrooms this past year. I found it very rewarding to work with a group of 3rd graders along with Jon and Linda Streaty. I'm not sure who all our volunteers are but I do know of Anne Reck, Joanne Cleveland, Michael Streevy, Jon Streaty, Linda Streaty, Trevor Streaty, and Glenda Watson. Thank you everyone! School will start up again in August. To volunteer, contact Kathy Prior, [kathy.prior@dcsdk12.org](mailto:kathy.prior@dcsdk12.org).
3. Gift cards to King Soopers and Safeway are also very much appreciated. They give families a boost to enable them to get the items they need.

Looking forward to next year, Sedalia is working with the Eco-Schools USA program to be an "Eco-Friendly" school and welcomes our help in this regard. This is a terrific educational program for the students.

(See [www.nwf.org/eco-schools-usa.aspx](http://www.nwf.org/eco-schools-usa.aspx) for more details.)

*continued on next page*



## Nunsense is coming to St. Luke's!

It may be summer, but we the Wesley Players are already gearing up for fall. We will be kicking off the season with Dan Goggin's *Nunsense*, playing the weekend of October 24, 2014 in the Fellowship Hall. Working with FET, Nunsense will be "dessert theatre," offering coffee and dessert with this hilarious production. The story begins when the Little Sisters of Hoboken discover that their cook, Sister Julia, Child of God, has accidentally poisoned 52 of the sisters, and they are in dire need of funds for the burials. The sisters decide that the best way to raise the money is to put on a variety show, so they take over the school auditorium, which is currently set up for the eighth grade production of "Grease." Here we meet Reverend Mother Regina, a former circus performer, Sister Mary Hubert, the Mistress of Novices, a streetwise nun from Brooklyn names Sister Robert Anne; Sister Mary Leo, a novice who is a wannabe ballerina; and the delightfully wacky Sister Mary Amnesia, the nun who lost her memory when a crucifix fell on her head. Featuring star turns, tap and ballet dancing, an audience quiz, and comic surprises, the show has become an international phenomenon.

Directed by Anna Kilbon, auditions will be held Saturday and Sunday, August 23 and 24 with callbacks on Tuesday, August 26. The specific rehearsal schedule and more detailed information will be sent out during the summer; as in the past, rehearsals will held Wednesday evenings, Saturday mornings and Sunday afternoons up until Tech Week.

There will be a minimal participation fee that includes the script and cast t-shirt. In addition, to create a successful production, all performers must agree to volunteer a minimum of 10 hours (in addition to Strike) in one of several support areas, such as set construction, set painting, costumes, props, make-up, lights, etc. There will be an opportunity for actors to choose which area they will support when they are cast and sign their participation covenant.

Auditions for the spring musical will be held shortly after *Nunsense* closes.

Be on the lookout for ticket information and audition details for *Nunsense*. More information will be sent out during the summer. In the meantime, if you have questions, please contact Dr. Jim Ramsey at [drjim@stlukeshr.com](mailto:drjim@stlukeshr.com).



**James Ramsey**  
Director of Music  
& Arts Ministries



**Kenrick Mervine**  
Associate Dir. of  
Music Ministry/  
Organist



**Jennifer Ferguson**  
Associate Director  
of Music Ministry



**Kay Coryell**  
Dir. of Handbells  
& Children's Music  
Ministry

## St. Luke's Performing Arts Academy

Learn. Perform. Grow.

### St. Luke's Performing Arts Academy

We invite you to come to any of the PAA performances during June and July. Most performances require tickets (\$10) that are available online a week before the performance at our website. [www.stlukespaa.org](http://www.stlukespaa.org)

**Jungle Book** - June 13 at 6:00pm  
(Performance at East Elementary)

**Aladdin and Hairspray** - June 19 & 20 at 6:00pm  
(Performance at St. Luke's - each show is performed both nights)

**Oliver** - July 17 & 18 at 6:00pm  
(Performance at Mountain Vista High School)

**School of Rock concert** - July 25 at 6:00pm  
(Performance at St. Luke's)

**Band and Orchestra concert** - July 25 at 8:00pm  
(Performance at St. Luke's)

**Acting Workshop** - Saturday July 26 at 6:00pm  
(Performance at St. Luke's)

## Summer Choir

begins Saturday, July 19 with a retreat from 9:00-11:00am. The Summer Choir will sing both services on July 20 and August 3. Please contact Jennifer Ferguson at [jennifer@stlukeshr.com](mailto:jennifer@stlukeshr.com) if you have any questions. All are welcome!

### SEDALIA continued

The school has chosen the following 4 pathways for their focus:

1. Sustainable food - educating the students on healthy food choices and helping the environment; understanding where food comes from, how it is grown, and the impacts of production, processing and transport.
2. Energy - reducing energy usage at the school.
3. Consumption and Waste - reduce, reuse and recycle.
4. Healthy Schools - ensuring a healthy physical environment for the students.

With respect to Sustainable Food, Sedalia now has a thriving garden on the east side of the school. It uses a sophisticated method for water conservation. I've seen students bring buckets of food scraps for the compost bins next to the garden. One educational emphasis is on the value of food grown locally and in an environmentally-friendly way. Mr. Boser

would eventually like to have a Farmer's Market and this year a student-run, educational Fall Festival. At the Festival, people could bring items to sell made from locally-grown ingredients, such as salsa made from tomatoes and peppers from the garden. Or someone could bring a pie made from Colorado peaches, along with an educational story of the Colorado peach.

Sedalia is planning to have a chicken coop and would like to have a greenhouse some day. In line with its focus to reduce consumption and waste, it would like donations of RE-PURPOSED chicken wire and 2X4 pieces of wood. They would also like re-purposed wooden pallets for a raspberry patch. Other needs may arise that we can help with, too.

I am excited about our ongoing relationship with Sedalia Elementary and expressed thanks to Mr. Boser for the opportunity to be a part of the Sedalia Elementary community.



## Upcoming Events!

- \* **June 11: GEMs & STMs start**
- \* **June 23-27: Volunteer to help with VBS - go to children's webpage to sign up**
- \* **July 6-12: Jr. High Mission trip - Flood Relief work, Northern CO**
- \* **July 26-Aug. 2: Sr. High Mission Trip - Navajo Reservation, New Mexico**
- \* **Sign up to receive our emails and Check [www.stlukeshr.com](http://www.stlukeshr.com) and click on "Youth" or "SLY"**

for up-to-date info on programs, activities, opportunities and more!



### Sundays:

- **9:30-10:30am – SLY AM**  
look at the Bible
- **6:00-7:30pm – SLY PM**  
All sorts of fellowship and fun activities are happening Sunday nights in the youth room! Check out our website for details.

### Wednesdays:

- **6:00-8:00pm –**  
**For boys:** STMs - Frisbee and food  
**For girls:** GEMs – Fun stuff!!!

## ON THE SLY: A Fun & Fulfilling Summer Ahead!

It's finally here... Summer!! School is out and we are on to our crazy busy summer schedule! We kicked it off with a year-end bash with SLY, Jr. to welcome our new 7th graders!!

WELCOME!! The beginning of summer also means the beginning of our Wednesday groups STMs and GEMs. The youth wait all year for these!

STMs (Shortcuts to Manhood) is a group made especially for the boys to get together, hang out, and play ultimate Frisbee. And of course, our boys LOVE to eat, so after getting all worn out and sweaty, they had to a fast food restaurant for food and fellowship! All boys going into 7th-12th grade welcome! Meet at the church at 6:00pm and bring money for dinner!

GEMs (Girls Enrichment Ministry) is a group made for just the girls! GEMs also meets at 6:00pm on Wednesdays. We do all sorts of fun things including a mall scavenger hunt and making crayon art! Check out our for a detailed schedule.

Summer also means its Mission Trip Time!! Some of the older youth are kicking off their summer with a trip to Guatemala. Look for a recap in our next issue! The Jr. High will be going to northern Colorado to help with debris removal from the Colorado flood destruction earlier this year. The Sr. High will be heading to New Mexico to work on the Navajo Reservation. They were so thrilled with last year's Native American experience that they wanted to do it again! Much prayer and support is welcomed this summer as we go out into the world and be the hands and feet of Christ!

SLY (St. Luke's Youth) is an inclusive group for all 7th-12th graders that focuses on fellowship, fun, and finding out what this God thing is all about! As always, we have a lot going on! We are blessed to be able to work with the youth of St. Luke's and love to watch God work in their lives!

Congratulations to all our seniors! It was such a blessing to be a part of your journey through high school! We can't wait to watch you change the world!

*–Yours in Christ, Dave & Amy*



**Dave Laurvick**  
Director of  
Youth Ministry



**Amy McMullen**  
Assistant Dir. of  
Youth Ministry



### More from Les: "The On-Air Radio Interview" by Rev. Les Ludlam



I really enjoyed my High School years. Among other things, I had fun participating in the school's thespian group that performed in a variety of plays and public speaking activities. We

were encouraged to be creative in our thinking and performances. "Make your stories something people will want to hear!" we were told.

I was particularly flattered when I was given the opportunity to host the Central High School student radio program, "Smoke Signals," on a local radio station in Grand Junction, KSTR.

For one Saturday radio show, my classmate and co-host, Carole, and I decided to be particularly creative and perform a pseudo interview with a nationally famous Chimpanzee, J. Fred Muggs,

known for his impressionist art.



(How many of you remember him and Dave Garroway on NBC's Today Show in the late '50s?)

Carole and I would alternate with questions, and I, proud of my chimpanzee imitation sounds, would represent Muggs. We wrote up the script; then went over it with the radio station announcer, Bob Collins, as we prepared for the show. We asked Mr. Collins to cue up a sound track of a man laughing to play on our signal near the end of the show.

The on-air dialogue:

**Carole:** "Good morning, welcome to "Smoke Signals" from the students at Central High School. I'm Carole and my co-host is Les. We are fortunate today to have a celebrity guest! He's the nationally famous artist, J. Fred Muggs, who recently had his art published in none other than *The Saturday Evening Post* and *Life Magazine*! Welcome, Mr. Muggs!"

**Muggs:** (Les's chimp voice) "whoooo hoo - whoop! he-he."

**Carole:** "And, congratulations on being recognized! What projects are you working on now?"

**Muggs:** "Eh, eh, whuh, humph"

**Les:** (in his own voice) "Mr. Muggs, how do you react to the comments by some that your art shows no evidence of formal training?"

**Muggs:** (With some tension) "Who, hoo hoo, hee hee, hoo - bah!"

**Carole:** "But Mr. Muggs, one critic has said that a two-year-old could do as well. How do you respond?"

**Muggs:** (Now very angry, and beginning to lose control) "Whah, ba, who, he-he-be, whaaah!" (A fist bangs a table and we hear more angry chimp sounds!)

**Carole:** (With more Chimpanzee sounds in the background by Les) "Les, I think you had better help Mr. Muggs settle down."

**Les:** (Sounding desperate, from across the room) I'll try! (Then there are more angry Chimpanzee sounds).

continued on page 12



**Quentin Boose**  
Rock Canyon High School  
Tulane University  
New Orleans, Louisiana



**Savannah Carlson**  
Arapahoe High School  
University of Colorado



**Elise Collins**  
ThunderRidge High School  
University of Colorado,  
Boulder



**Davis Cook**  
Highlands Ranch High School  
Montana State University



**Hannah Curtis**  
Mountain Vista High School  
Colorado State University



**Charles Daniel**  
Arapahoe High School  
Colorado School of Mines



**Camille Daniels**  
Legend High School  
Colorado State University



**Sarah Eagleston**  
Rock Canyon High School  
University of Colorado,  
Denver



**Blake Graf**  
Mountain Vista High School  
Colorado Mesa University,  
Grand Junction



**Alyssa Gross**  
Mountain Vista High School  
William Jewell College,  
Liberty, Missouri



**Jasmine Hayllar**  
ThunderRidge High School  
Arapahoe Community College



**Natalie Hoagland**  
Mountain Vista High School  
Johnson & Wales University,  
Denver



**Paige Husa**  
Arapahoe High School  
Colorado School of Mines



**Christina Ingell**  
Highlands Ranch High School  
University of San Diego



**Connor Jurrens**  
ThunderRidge High School  
Colorado State University



**Hayden Kinney**  
Mountain Vista High School  
University of Colorado,  
Denver



**Annie Larsen**  
University of Nebraska - Lincoln  
BS, Forensic Science



**Claire Larsen**  
Highlands Ranch High School  
University of Nebraska,  
Lincoln



**Ryann Leahy**  
Mountain Vista High School  
University of Colorado,  
Boulder



**Chiara Lorenzo**  
ThunderRidge High School  
Arapahoe Community College



**Kelsie Martin**  
Rock Canyon High School  
University of Colorado,  
Boulder



**Carrie McMullen**  
Rocky Mountain College  
BS, Equestrian Studies in  
Therapeutic Riding



**Bryn Menzel**  
ThunderRidge High School  
University of Central  
Florida



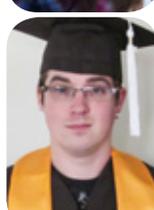
**Austin Merchant**  
Heritage High School  
Lewis and Clark College



**Jacob Pawley**  
Highlands Ranch High School  
University of Colorado,  
Boulder



**Josh Pawley**  
Colorado State University  
BS,  
Mechanical Engineering



**Matthew Plamp**  
University of Houston  
MFA,  
Stage Design



**Copland Rose**  
Castle View High School  
University of Northern  
Colorado



**Derek Sheppard**  
Highlands Ranch High School  
Arapahoe Community College



**Kristin Speedy**  
University of Colorado,  
Boulder  
BS,  
Business Administration



**Hannah Staller**  
Willamette University (Salem, OR)  
BA,  
English Literature



**Rebecca Suby-Long**  
Mountain Vista High School  
University of Colorado,  
Boulder



**Jamie Suntken**  
Mountain Vista High School  
University of Colorado,  
Boulder



**Ryan Tekolste**  
Arapahoe High School  
Saint Louis University



**Tamara Thevarajah**  
University of Colorado,  
Denver  
BS,  
Biology



**Christi Thompson**  
Northern Arizona University  
BA,  
English



**Gina Thompson**  
Western State Colorado University  
BA,  
Business Administration



**Spencer Tolleson**  
ThunderRidge High School  
University of Colorado,  
Boulder



**Kate Wester**  
Mountain Vista High School  
University of Arizona,  
Tucson



**Tasia Williams**  
University of Northern Colorado  
BA,  
Interdisciplinary Studies



**Dakota Wright**  
University of Northern Colorado  
BS,  
Business Administration


  
**CONGRATULATIONS!**  
*Blessings to you all!*  
*Your St. Luke's family is so very proud of you!*



**St. Luke's United Methodist Church**  
8817 S. Broadway • Highlands Ranch, CO 80129  
303-791-0659 • [www.stlukeshr.com](http://www.stlukeshr.com)

*St. Luke's United Methodist Church welcomes you to our Christian family,  
where we share life. Wherever you are in your faith journey,  
you are accepted and encouraged to grow spiritually.*

*Join us in growing together toward full humanity through living  
the teachings of Jesus: Love, Acceptance, Justice and Hope.*

For the most up-to-date calendar of events check [www.stlukeshr.com](http://www.stlukeshr.com)

## OUR STORIES

continued from page 11

The Cue is given go Mr. Collins in the control room to begin the man's laughter track as we hear more Chimpanzee screeching in the background.

**Carole:** (after some hesitation and with some desperation in her voice and the laughing track continuing) "Mr. Collins, are you all right? We could use a little help in here!"

**Les:** (shouting) "Ow! He bit me! (the laughing track continues)"

**Carole:** (hurried) "Thank you for listening to Central High School's Smoke Signals. Tune in next Saturday, Same time, on KSTR!"

(Laughing track fades out... Switch to regular programming) Mr. Collins commented to us after we left the air, "I was laughing too and wish I had a camera of you two in the studio!"

There can be too much of a good thing, and while our fellow students who heard the broadcast told us they loved it, our speech instructor advised us to end our Muggs interviews with this one broadcast. The school can't afford any legal costs that might come from intellectual property copyright infringement action from NBC. "That's no fun," I thought, but I agreed. So the Muggs imitations ended.

But often spontaneity can bring the most memorable times in our lives.

Acting on the spur of the moment brings both the potential for delightful or disastrous life experiences. Only we can judge if the possible reward is worth the risk at that moment.

**God bless us all! –Rev. Les**



A 55+ MINISTRY

### Seasoned Voyagers

**JUNE 17:** The Seasoned Voyagers will visit the Denver Museum of Nature and Science to visit "Maya: Hidden Worlds Revealed." It is the largest exhibition about the Mayan people ever to be displayed in the United States. 9:30am-2:45pm. Cost is \$20, which includes RTD bus ride and admission. For more information contact Kay Oscai, [koscai@earthlink.net](mailto:koscai@earthlink.net).



The mission emphasis for this Seasoned Voyagers event will be St. Luke's work with Pura Vida ([www.puravida.org](http://www.puravida.org)) to promote education with indigenous Mayan students in Guatemala. Betsy Keyack will give an overview of Mayan history in Guatemala and the Pura Vida Scholarship Program. If you would like to donate to the Scholarship Program, simply write a check to St. Luke's UMC with "Pura Vida Scholarship Program" on the memo line. You can also sponsor a specific student for \$450 per year. Scholarship Program application forms will be provided on the field trip.

**JULY 25:** Star Gazing at Southbridge Park, time TBD (likely 9:30pm)

**AUGUST 24:** Roxborough Skanson/Hanson guitar/mandolin

Leave St. Luke's at 5:15pm, Concert @ 6:30pm

**SEPTEMBER 23:** Echo Lodge "Leaf Peep"

If you want to know in advance what's coming, please sign up on St. Luke's website to Seasoned Voyagers ministry email to receive our regular email blasts to keep informed of "voyages" before they occur. You can get email notices of all activities simply by going to [StLukesHR.com](http://StLukesHR.com) and using "Quick Links" selection "email lists" to go select list "SeasonedVoyagers" in Ministry email lists and enter your name and email address. You can use same mechanism to remove your name later if you choose.