Luke's Internet The Chronicle

ST. LUKE'S UNITED METHODIST CHURCH

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NEW BIBLE STUDY COMING THIS FALL!

Join us to preview the NEW Covenant Bible Study Monday March 17 6:00pm in the Chapel

Covenant is an in-depth group Bible study that centers around our relationships with God, with each other, and with the world.

It differs from other Bible studies in that it emphasizes the biblical concept of Covenant - the enduring commitment between God and people - as a unifying pattern throughout the entire Bible. As such, it underscores the unique relationship that God chooses with us as his people.

Covenant Bible study creates a learning experience where scripture meets everyday experience both within and beyond the sphere of church life. It builds trust in others as well as confidence in scripture. And it provides an exciting new opportunity to better understand God's call, his love, and his unexpected favor.



MARCH 2014

Pirate Invasion Welcome!

We want to thank everyone who stopped by St. Lukes during the four performances of The Pirates of Penzance, held Feb. 28-Mar. 2, for their support. Nearly a thousand people, kids and adults, witnessed the rollicking band of pirates, ditzy daughters and bumbling cops. Pirates creeping through the aisles did more than elicit laughs; the production raised close to \$5000 for the upcoming Guatemala mission trip. We want to also thank the many volunteers who helped make this production such an amazing success. Over 7,000 hours were volunteered by nearly 80 in the cast, crew and behind the scenes!

Be sure to look for audition and performance information for our next show - *Nunsense!* coming this fall to St. Luke's on Oct. 24 and 25. For drama information, sign up on the drama©stlukeshr.com list to receive emails regarding our Drama Ministry and the Wesley Players.

Online Lenten Study: Get Off Your Donkey!

One of the most famous parables, Jesus points to the man who gets down from his donkey and helps someone in dire need. We are called to dismount, get messy, and live a life that makes a real difference.

GET OFF YOUR DONKEY! This Semanary and Rolp Tenantia This Semanary and Tenantia This

REGGIE MCNEAL

We'll experience two reinforcing concepts. First, helping others is often the best path for our personal development. And second, as we become more the person you were designed to be, we increase your capacity to serve others. It all starts with a decision to get off the donkey - today! Jenita Rhodes and Lynda Fickling will lead this online class that begins Mar. 16, gathering in Room 206 from 12:15-1:30pm to learn how the discussions

will be structured. Then class goes to blogging beginning that week and runs through June 8. Sign-up at the Get Connected Center. The book, *Get Off Your Donkey*, by Reggie McNeal, is \$10.



St. Luke's & Love INC Celebrating Partnership

Jan Munoz, the 2013 St. Luke's Coordinator with Love INC, presents our partnership monetary gift to Carl Cleveland who serves of the chair of the Board of Directors of Love In the Name of Christ, a collaboration of 28 churches in the Littleton area which serves our neighbors in need.



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<i>Rev. Dr. Sallie Suby-Longx32</i> Associate Minister Emergency: 303-475-0141		
<i>Rev. Ryan Canadayx12</i> Associate Minister Emergency: 303-944-5061		
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Stephanie Kirkx11 Children's Ministry Coordinator		
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Amy McMullenx19 Assistant Director ofYouth Ministry		
Kay Swanson		
Dr. James Ramseyx23 Director of Music & Arts Ministries		
Kenrick Mervinex33 Associate Director of Music Ministry & Organist		
Jennifer Fergusonx37 Associate Director of Music Ministry		
Kay Coryellx36 Director of Handbells & Children's Music Ministry		
<i>Ernie Rodgers</i>		
Carrie Malleryx35 Assistant Vine Leader		
Brenda Schaferx10 Office Administrator		
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Kristi Pawleyx16 Accounting Clerk		
<i>Lynda Ficklingx20</i> Director of Servant Ministry/Spiritual Director		
Barry Curtisx39 Facilities Manager		
All submissions for the		

April 2014 issue of *The Chronicle* are due Mar. 20 Editor: Sharon Oliver chronicle©stlukeshr.com

The Chronicle is published 10 times per year and is emailed to those on our email blast list, and it can be found on the church website. Printed copies are available at church entrances. To receive *The Chronicle* via US mail, please call or email the Church Office.



Love Lent to the World: Imagine!

Glory to God, who is able to do far beyond all that we could ask or imagine by his power at work within us! –Ephesians 3:20

Rev. Janet Forbes Senior Pastor There is a growing new movement among people of faith about what it means to imagine a new future, to be oriented toward the culture and community out there.

That's exactly what Jesus did in his world! His passion was the welcoming of new relationships and new communities of care, compassion, and responsibility. Matthew describes it like this



(4:17): From that time Jesus began to announce, "Change your hearts and lives! Here comes the kingdom of heaven!"

It's a movement, to make real change in the world.

During the season of Lent and Easter, we will be imaging this way of living.

What if...?

What if following Jesus was less about Sunday, and more about the other days of the week?

What if St. Luke's wasn't just a place we go, but something we do?

What if church was the way church was in the beginning? Outbound. Unbound. Active.

It's life against the odds, outside the box, over the wall, the game of life played without goal lines other than, "Thy will be done!

Let's lend our love to the world in order to make a real difference! Let's IMAGINE NO MALARIA! Imagine No Malaria is an extraordinary ministry of the people of The United Methodist Church to eliminate death and suffering from malaria in Africa by 2015. Every 60 seconds, a child in Africa dies of malaria. Millions of lives, slipping through life's precious net.



Imagine No Malaria is more than just a campaign against a disease that kills children and destroys families. It's a movement, to make real change in the world. Throughout the season, we will honor mothers and fathers, confirmations, graduates, and ordinations with gifts of imagination toward our gift from St. Luke's of \$25,000. With a total goal of raising \$75 million worldwide to improve health infrastructure and empower a sustainable victory over the disease, Imagine No Malaria is our opportunity to rethink how we reach beyond our church, opening doors to those who need it most.

St. Luke's, let's imagine a future... and change the world.

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Associate Minister

Our Stories Matter

I've met a lot of people who are unhappy, discontent, lost, who feel like their story doesn't matter, like their lives have no meaning. Heck, I've been this

person and it sucks to feel this way. I don't think God intended it to be this way. It's like our stories get hijacked somewhere along the way, whether it's commercialism, tragedy, guilt, shame. All of these things can step in and take over. But I don't think it has to be this way. We are created to experience meaning and abundant life. I think God wants us to tell the best story possible with our lives. Jared Ediger and I attended Donald Miller's Storyline conference recently in San Diego. What a great experience! It was addressing these issues. We were encouraged to identify the positive and negative turns in our lives... and to try to make sense of it along the way. Not easy stuff. But it's worth it. God is found in the struggle. God is found in the telling and retelling of our stories. We do this together in community.

What will the world miss if you do not tell your story?

I'm tossing it to Jared now to say a few more words about the Storyline experience.

"Going to Storyline was an uplifting opportunity to learn about how we can use our life story. I was amazed by the quality of the people talking in this conference and the stories they brought with them. This method of motivation through telling a story from what has happened in your life has always inspired me, and it makes me realize how important it is for me to openly talk about what has happened in my life, both good and bad. I realized from this conference that it is also hugely important that we do not try to edit the story to include just the good and uplifting parts. The common theme in this conference was that those deep and dark moments of our story help us to strengthen our stories. In the words of Mike Foster, who presented in this conference, "Taking risks is terribly important, taking risks by sharing struggles."Taking risks seemed to be a huge underlying theme of everyone that spoke.

If hearing some of this makes you uncomfortable, I would say that I felt the same emotion at multiple times during the conference. I feel so motivated in many ways to share my story, but there is a part of me that feels that doing this would be a little too risky. It is much easier to tell an edited story of life, one in which your reputation is upheld. I came away from this conference thinking that I would be cheating those around me if I do not share my struggles. Chances are, there is someone who is struggling with something similar. If we could be encouraged to engage in these conversations in the safety of smaller groups, I believe we could really turn the direction of our life story in a positive way. The possibility of helping other people, including myself, explore their story someday seems exciting and rewarding to me."

Grace & Peace, Rev. Ryan

Where do we go to discuss St. Luke's? Common Table!

We had a wonderful time at the Common Table on February 9. We learned about the long-standing partnership that SLUMC has with Urban Peak, culminating in us receiving one of four Maverick Thinker awards from Urban Peak, in recognition of our continuing support of their efforts. We also learned more about the "Imagine No Malaria" drive that will occur during Lent. Rev. Janet guided us in making mosquitoes with pipe cleaners! I'm intrigued to see where they will show up next!

Everything you always wanted to know about church, but were afraid to ask! - Join Us on May 4

Our next Common Table will be on Sunday, May 4, again immediately following the 11:00 service. The format for this will be different from previous Common Tables, as we are seeking a wider range of questions from the congregation! Rather than focusing on simply one or two topics, we'll be guided by the questions of the day (as well as a few submitted earlier). A potluck meal AND a potluck program!

Do you have a question about St. Luke's or the United Methodist Church in general? Send it to **commontable©stlukeshr.com** and we'll get it on the agenda for the May Common Table! Even if you don't have a question for us, join in the community conversation on May 4! Bring a potluck dish to share! Nursery care will be available – please notify Sam at least 48 hours prior to the event at sam©stlukeshr.com

Footprints in the Sand Retreat

Join us June 19-30, 2014 for a retreat and mission at Monarch Spur RV Park and Campground, Poncha Springs, CO. A southern Colorado experience near the Sangre de Cristos. Enjoy the Sand Dunes, Gold Medal Water fishing, hiking the 14teeners or the premier birding trails. Visit historic Buena Vista or tour a goat dairy. Or, participate in mission and help Elsie and Fred prepare the RV park for the coming season. Camping sites are free for those who join in the mission.

Make your own space for personal and spiritual time as the days are yours to plan. Enjoy community meals in the evening or one of the fine restaurants in Salida and Sunday brunch together. Gather for an evening campfire and experience the spirituality of the outdoors.

All ages are welcome. This is a small group event for building spiritual friendships in the beauty of Southern Colorado. Spaces are limited so please sign up early.

Don't have a tent or RV—no problem—cabin (1-sleeps 4-6) comes fully furnished including linens. All you need to bring are your personal items and food. Or, stay at one of the motels in Salida or Poncha Springs-only 15 minutes away.

Tent sites are down along the creek in the cottonwoods. All RV sites have 20/30/50 amp, water and sewer. All sites are pull-through and fit big rigs. There is ample space for



re is ample space for parking. Showers and laundry room are provided. There is no cellular service but WiFi is provided. Rates vary—weekly and monthly rates are available. Come early and stay late.

For info contact: Val Clark 303-918-3193

inthesandretreat©gmail.com or Betty Ludlam bludlam©wyoming.com or Linda Young lp2young©aol.com

CONGREGATIONAL CARE

PRAYER CONCERNS Please stop by the Information Center,

by the front door, where you will find the complete and

updated Prayer Concerns list or view the listing on our

website. Contact Rev. Sallie Suby-Long or Brenda Schafer if

you have any additions/removals. 303-791-0659 x32, leave

a note on the front desk, or email sallie@stlukeshr.com or



Director of

Servant Ministry/

Spiritual Director

During our closing song in community worship, we sing the words from Micah 6:8 "He has told you, human one, what is good and what the LORD requires from you: to do justice, embrace faithful love, and walk humbly with your God."

Stop by the Get Connected Center on Sunday and see where you can be God's hands and feet in the world. Take the Spiritual Gifts assessment (http://stlukeshr. com/SpiritualGifts/), take it with your kids/teens as they are going off to college or just wondering which path to take in life, discuss it as a family - where are we serving our community? When are we loving our neighbors and showing hospitality to the stranger? Are we speaking up for those who cannot?

There's plenty of opportunity to practice your faith, we are here to help you find that special "nitch" God is calling

Monday Mornings at **McDonald's**

Highlands Ranch Pkwy & Broadway. Drop in! 8:30-10:00am

Or... Join us for Coffee & Conversation

about the History of St. Luke's, the United Methodist Church, our programs and ministries. 9:30am any 2nd Sunday of the month (Excluding December) Meet Rev. Sallie, Monty Hoffman and Lynda Fickling in Room 212 We look forward to getting to know you!

you to participate in. The next time you sing these words remind yourself how God is calling you to co-create with him in this world we live in... in this community we live in.

I'd like to hear your stories of experiencing God in the world and serving/working as an example of Micah. Send them to me at Lynda©stlukeshr. com or catch me on Facebook!

St. Luke's: Your Spiritual Community

Our hearts lead the way when we join in a community. We embrace new friendships, discover shared passions and connections, ask questions, and begin to understand who Jesus is for us, in our lives. We invite you to experience community with St. Luke's. To connect in a deeper way, please contact one of our Pastoral staff or Lynda Fickling, Director of Servant Ministry lynda©stlukeshr.com 303-791-0659 x20

> We look forward to sharing our journeys together.

Brenda Schafer Office Administrator

brenda©stlukeshr.com LATEST ENTRIES TO PRAYER LIST:

Olivia Murrow Joe Forbes -Rev. Janet Forbes' brother Kathy Hutchinson – Dave Laurvick's sister Jan Lindquist Pete Reif Minnie Mortimer Patty Hertel -Sandi Thompson's sister Todd Schurguard -Charlie Williams' friend Julia Klug – Peter & Linda Young's granddaughter Joe DeGiorgio Brian DeGiorgio

CONGRATULATIONS TO:

Mark & Leslie Ely on the birth of their son, Matthew Alexander Ely Mike & Linda Hollyman on the birth of their son, Adam Richard Hollyman, and to big sister Corinne & big brother Joel, too!

SYMPATHIES TO:

Carl & Joanne Cleveland on the passing of Joanne's mother, Sarah Oshita The family and friends of Norma Harris Eric & Jenn Failer on the passing of Jennifer's mother, Carol Rob

Welcoming our newest members

of St. Luke's and their reasons for joining our community.

Chris & Catherine Doernbrack (Jacob and Benjamin)

Reason for Joining: "As a congregation you have made us feel so welcome. We love all the activities you have that make it so much fun to get involved. Since coming to St. Luke's, church has gone from something we need to do to something we look forward to doing."



Bev Goodier (Husband Steve)

Reason for Joining:"I love the "family" feeling at St. Luke's. The music is beautiful and the sermons are relevant and inspirational."



Riley & Randi McFall (Patrick and Reagan)



connection • inspiration • transformation

snow on February 4 to come to St. Luke's to hear Kimba Ashworth's presentation, Mind Body Nutrition and Spirituality. Kimba shared her own story of struggles with food and cultural expectations. Through her study and certification as an Eating Psychology Coach, Kimba learned and shared some practical approaches to improve nutrition, health, and well-being. From Kimba, "Each of us has a unique, fascinating, and ever changing relationship with food. Dynamic Eating Psychology affirms the primary importance of this relationship. It sees our challenges with eating,



weight and health not as an indication that we're broken, but as a beautiful opportunity to grow and evolve." If you missed Kimba's presentation, we captured it on video. Contact Ken Fong (ken©stlukeshr.com) if you'd like to borrow a copy. Kimba also offered a four-week fee-based workshop series to dig more deeply into the inter-relationships our experiences, what we eat, and our bodies. The workshop featured tools and techniques for participants to create the

change they desire. The workshop series began February 17 at St. Luke's and continued through March 10. For more information, contact Kimba at kimba©kimbaashworth.com

Save the date: Friday, April 11 for an evening with Donald Miller, Are You Living a Good Story? This event is offered in partnership with area churches and will be held at St. Andrew UMC. Watch the St. Luke's bulletin for more details.

Outdoor Adventures:

Saturday March 8 – We went Snowshoeing at the Flying J Ranch. Recap coming in next month's issue.

Coming in April: Hike to Mallory Cave with Michelle and Carson Mallory. We'll hike to Mallory Cave near Boulder, named for Carson's father, E. C. Mallory, who discovered the cave in 1932. Watch the St. Luke's bulletin for details.

Classes and Experiences:

Ongoing. Mindful Presence offers the opportunity to be present with our self and our state of mind. You are invited every Monday at 9:00am into St. Luke's Chapel for quiet meditation. Give yourself permission to enjoy time for devotion, stillness, prayer and reflection. For more info contact sam©stlukeshr.com.

Spiritual Direction:

Spiritual Direction is a process that honors each person's unique life journey and supports people in managing transitions, enhancing self-awareness, working through challenges, and growing in faith. St. Luke's offers both Individual and Group Spiritual Direction for adults. Later this year the Center for Spiritual Engagement will be adding Spiritual Direction/ Formation for children and teens through the First Steps program. Starting this spring, St. Luke's will offer training for volunteers who want to learn the First Steps methodology and become Certified Holy Listeners for children experiencing crisis. For more information about First Steps contact Renae Parra (renaeparra@aol.com).

2014 Spirituality and Wellness Speaker Series:

Approximately 50 people braved sub-zero temperatures and swirling

Monty's Methodism Musings:

COMMUNITY

The Wesleyan Idea of Christian Perfection -Pt. 2 (continued from our February issue) *by Monty Hoffman*

It's Not About Being Perfect, It's About Love

Another point that has strained the ties in the Methodist movement is whether the experience of Christian Perfection can be defined by doctrine and codes of conduct. The call to love God and our neighbor extends from Deuteronomy to Isaiah to Matthew to 18th century England to 21st century Colorado. Over these 4000 years, the world has changed and so has the way we express our love for God and neighbor. In attempting to use doctrine to guide us to Christian Perfection, it is difficult to change doctrine as the world changes around us and this has caused conflict

As I have meditated on Christian Perfection over the years, I have tried to picture it as an experience, not a doctrine. I'd like to share that with you. Visualize the world as a large circle with all of the people of the world in it. We are all born at the very center of that circle, and very self centered. It has to be this way for each of us to survive as helpless infants who need to bend the world to our needs. As we can take care of more and more of our needs, we can be less self centered and start to move away from the center of that circle. At first, we are able to put the people we love and know closer to the center of the circle. As we mature and journey away from the center, we develop empathy and compassion for others and we are able to put them closer to the center also.

As we move out from our self centered place, we also move closer to God. The journey creates room for God in our lives. It gives us the sense that we are not alone, but that God is with us through the good and the bad times in our lives. Even though being a Christian does not excuse us from the pain and difficulties of life, we do not face them alone. When we experience the joyful times in our lives, we show our gratitude by acknowledging God's presence in them.

As we make the journey, we will encounter walls along the way that we can't seem to get through or get around. They are built of fear, anxiety, doubt, or anger. Try as we might, we can't get to the other side by our own efforts. At times like this we use the faith community as our support and our guidance. We experience God's grace through each other and we learn to trust in that grace. When we do, one morning we wake up on the other side of the wall.

The journey takes a lifetime. Maybe a few of us can make it to the edge of the circle and put the love of God and all

of God's children ahead of our self centered place all of the time. Most of us won't, but we will experience what it means to be a Christian, to love God and neighbor and we will be better people because of the journey. It will bring meaning and peace to our lives and we will help make the world a better place.

Enjoy the journey.



CHILDREN'S MINISTRY



Woof! Woof! Meow! Jake, Max, and Shea here to bring you up to speed on what we are sniffing out at the church. We've interviewed several human folks around the church and this is what they are telling us:

We are getting to know our disciples! Thanks to Rev. Ryan,

our Intern Ali Young, Bryan Hutchinson and Rev. Janet for stopping by our PEAK Sunday School classes over the last month and telling us about which of the 12 disciples that they relate to. We had great discussions and learned so much! Coming up PEAK will be discussing Mary Magdalene and making Easter gardens and so much more as we travel though Lent. towards Easter. During Lent we will be participating in the Imagine No Malaria Campaign. Kids bring your extra change to help fill up our jar!

We had a great time at Family Movie Night on Friday Feb. 21. We had a great crowd and even had a fun little group of little ones gather in a side room to take a break from watching the movie and play. We raffled off the actual DVD and congratulations to Blake Hightower for winning the raffle. We are also looking for families to help us host Family Movie Night. Let us know if you are interested in helping out quarterly making popcorn and greeting families. It's a fun gig! A big thanks to Ken, Gina, Josh & Rachel Lowrey for hosting the event for the last 2 years. Contact sharon©stlukeshr.com for more info. Look for "Frozen" at our next movie night May 16!

Welcome 6 New Acolytes! Congratulations to Liam & Lucy Roby, Ally Wright, Jonah Metz, Andrew Hathaway and Berit Brookfield for completing Acolyte training. Looking forward to you all bringing in the light!

SLY, Jr. (our 5th & 6th grade service & fun club) had a great time learning all about our Puppet Ministry with Mr. Steve and his team and learning about flight with Mr. Barry, and Imagine No Malaria with Rev. Janet. On March 16, we'll be painting ceramics, playing games and making lunches for the homeless. Our trip to Warren Village for a book fair and party. has been moved to April 6 at 2;30pm. Check the website for more info.

Registration for St. Luke's 2014 Family Camp has begun. This year, we have an all new Family Camp website at www.stlukeshr.com/FamilyCamp. Here you can find all the information you need about Family Camp – including making your Family Camp reservation, activity sign up, and the delicious Camp breakfast and dinner menus served each day.

St. Luke's Family Camp will be July 18-July 27, 2014, at Snow Mountain Ranch in Granby Colorado. Become part of our Family Camp Family – join us for a few days or stay for the entire week! Registration is available through April 6; spots are limited, and filling up quickly. Sign up early to guarantee your Family Camp reservation. We look forward to seeing you at Family Camp this summer! Questions? Contact Amy Antinoro at 720-445-5845 or slumcfamilycamp©gmail.com.

Don't forget we have a great website **www.stlukeshr.com/children** with lots of important info on it. You can even check out the **Sunday School servant schedule** there! Please let Sharon & Sam know if you have any questions. **Furry Blessings!**

Easter Fun Day Saturday

April 12 10:00am-noon Enjoy games, Easter egg hunts, live bunnies and much more!!

Look for the sign up to volunteer soon on our website!





Put on your pjs, grab the family and pillows, and come see this fun film with your St. Luke's family. Popcorn provided! Rated PG.

Children's Dinner Theater Fri. May 2 Dinner 6:00pm, Show 7:00pm

St. Luke's Kids 1st-6th grade tell the musical tale of a family of baby birds trying to figure out what the world is like outside of the nest! Enjoy food and fun! Proceeds benefit our missions.





Sharon Oliver Director of Children's Ministry Samantha Leahy Director of Early Childhood Ministry

Stephanie Kirk Children's Ministry Coordinator



Wacky Wednesdays

Each week children will enjoy

music, crafts, chapel time and games.

> The theme this year is:



Open to all children age 2 ¹/₂ years through entering 3rd grade! (Must be potty-trained to attend.)

TIME: 9:30am-noon

WEDNESDAYS: June 4, 11, 18 July 9,16, 23

Registration is \$20 per day per child.

If you have any questions regarding registration contact: Tami Clement at **ma3clement**©**aol.com** Registration will start in April.



Vacation Bible School

VBS Morning session: June 23-27 9:15am-12:15pm VBS Evening session: July 8-11 5:45-8:00pm

Online Registration begins April 14 at 7:00am

www.stlukeshr.com Sign up for one or both sessions. \$35 per session. For all kids age 3-entering 5th grade. Adults: Volunteer to help all 5 days and get a free registration.



Director of

Little School

Little Sex.

Little School News: March Merriment

We always look forward to March because we have some very exciting events! Career Days happen March 5 & 6 where we ask parents to come in and talk about their careers or hobbies! The kids love to see what parents do and it gets them to start thinking about what they would like to do when they grow up. This year we have a mom who is

a rocket engineer, a photographer dad, a sheriff, musicians, and karate instructor. Such a great variety! If you would ever like to share your job skills with us, we would love to have you!

REGISTRATION IS STILL OPEN! Please be sure to pass along the information about the #1 preschool in Douglas County! We will keep registration open for as long as needed! Tell your new friends and neighbors!

Be sure to keep an eye out for those pesky leprechauns as we know that they like to visit us in March and play tricks on us! We will be wearin' the green to avoid getting pinched and we will put out our leprechaun traps to see if we can catch one! Every year we try! The kids love this time of mischief! We will also be talking about the real St. Patrick and why he became a saint!

Class pictures will be taken this month to help the children celebrate and remember all the friends that they have made this year. Be sure to check out our website at stlukeslittleschool.org and BE A FRIEND on Facebook!

Little School will be on a well-deserved Spring Break March 21-30. We wish our families a safe and fun break and hope that they have lots of great family activities planned!

Blessings, Ms. Kay and staff

"Children go where there is excitement and stay where there is love."

Little School Play School

July 15, 17, 29, 31, Aug. 12 & 14 Look for more info soon on this additional summer morning opportunity for children. Contact Kay©stlukeshr.com for more information.



"The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church."

Roma Mission Study - Saturday, March 22 (9:00-11:00am) Room 206 This is a one-time class to learn about the Roma people (not to be confused with Roman people). We will watch a DVD and then have a discussion about the movie. Within Europe negative misconceptions about this vagabond group of people abound. This DVD will lead you to a deeper understanding of the Roma, their history, culture and faith. Please RSVP to renaeparra©aol.com so we know how many attendees to plan for. No fee; breakfast snacks provided.

Itch to Stitch MARCH MADNESS - Come join a different kind of March Madness - sewing nightgowns and diapers for UMCOR layette kits. Saturday, March 15 at 10:00am. Bring your sewing machine or come help cut or iron. Bring a sack lunch so we can work through lunch. Contact Fran West for more info at 303-797-7107.

Subgroups of United Methodist Women at St. Luke's:

Women are welcome to attend a subgroup of UMW anytime during the year!

<u>Women's Monday Night Bible Study</u> - second Monday, 6:30pm Room 213. We are studying the DVD set "Sisters - Bible Study for Women" beginning with "Knowing God". Contact Janet Sackett or Lisa Phillips for more information (jsackett©comcast.net or lisaphill4©aol.com)

<u>Itch to Stitch</u> - Second Saturday 10:00-11:30am. Meet in church basement. All skill levels welcome! Contact Fran West 303-797-7107 mfranwest©gmail.com for more info.

Women's Night Out - First Monday, 6:30pm

- April 7 Carlos Miguels Highlands Ranch Town Center
- May 5 Little Holly's in Highland Ranch (2223 W. Wildcat Reserve)

Contact Elaine Carlstrom at ecarlstrom©comcast.net or Jean Dunn at jd-teacher©hotmail.com

Simply Saturday Helping Hands -

First Sat. morning of each month Rm. 206



• April 5 - Work in St. Luke's Garden

Contact Linda Osborn at lmosborn5@gmail.com for more info.

Book Group - Fourth Monday, Room 206, 7:00pm. (Potluck 6:15 pm) Contact RenaeParra©aol.com to for info.

- March 24: "The Shoemaker's Wife" by Adriana Trigiani
- April 28: "Killing Jesus" by Bill O'Reilly

Contact RenaeParra@aol.com for more info

<u>Common Thread</u> - meets First Thursday at 10:00am, usually at the church. Call Caroline Butler for more info 303-797-3225

Save the Date:

DATE CHANGE: May 18 - UMW Annual Spring Tea - 2:00-4:00pm

MISSIONS OF THE MONTH

March: Guatemala - Pura Vida

Highlighting Mission Opportunities: For more about missions supported by St. Luke's, please contact Jerry Hertzler 720-480-0476, jmhertzler©comcast.net or Scott Hetherington 484-883-0778 scott.g.hetherington©gmail.com

Blessings to our Guatemala Mission Team Travelling March 22-30

Prayers and safe travels to our Guatemala mission team: Nancy Copher, Ed Coryell, Kay Coryell, Lisa Coryell, Marjorie Dolson, Kara Fong, Ken Fong, Kristine Fong, Betsy Keyack, Jerry Hertzler, Dominic Jacobucci, Jonel Jacobucci, Matt Karp, Sam Leahy, Ralph Lidge, Alicia Nelson, Jack Perdue, Laura Richards, Mike Richards, Shelly Richards, Kayla Riege, Heather Shoup, Marie Swartz, Beth Unger, Janie Williams, Edee Worth

Guatemala English Camp June 2014

Pura Vida Ministries will be holding an "English Camp" in Guatemala. The best students at the John Wesley School will attend a week of intensive English at the Methodist Camp in Lemoa. Come join the team – no special skills needed except the ability to speak English.

English speakers needed to:

- Teach small groups of 3-4 well behaved kids
- Lead crafts and games using English

Team members with sponsored students will also be given time to meet and visit with their students. Trip dates are June 21-28, 2014. Application and additional details are available at www.puravida.org. If you have questions, contact johnpwilliams©comcast.net.

14,000+ Diapers for Love INC!

February was Love INC Month at St. Luke's. One of the events that took place during the month was the annual diaper drive. St. Luke's donations of diapers, wipes, and money for diapers are given to Love INC's two diaper ministries to distribute to client families who have fallen on tough times. Because St. Luke's did such a remarkable job on the diaper drive last year (8,251 diapers), this year the goal was set at a challenging 10,000 donated diapers! St. Luke's members not only met this hefty goal, they surpassed it big time!! The number of diapers, plus the monetary gifts (assuming the cost of 25 cents per diaper) extrapolates to 14,364 diapers!! Also donated were 3,572 wipes. Way to go St. Luke's!! Love INC's staff and volunteers are grateful for, and in awe of, the amazing kindness and generosity of St. Luke's UMC. Should we shoot for 15,000 next year?!

In Love with Broadway

Saturday February 8th, St. Luke's hosted a delightful Love INC (In the Name of Christ) benefit concert, silent auction and dessert event. Featured performers were Ken and Barbara Mervine, the Soprano Effect, Jenna Wilcox and Teig Stanley. Broadway Selections from Wicked, Oklahoma, Les Miserables, Shrek and other favorites were performed throughout the first half of the show. During the intermission there were opportunities to bid on a number of items from getaway vacations to restaurants to art. If you are a fan of dessert, there were delicious selections galore. The second half of the program with the Mervine's rendition of P.D.Q. Bach was amazingly entertaining.

The affair was well attended with approximately \$10,000 raised to support Love INC's many services. These include financial counseling, diapers, transportation, clothing, yard work, home repair, moving, a cold weather shelter for the homeless, prayer and more. See the Love INC website for more details. (www.loveinclittleton.com) Many thanks to those who attended the event, donated to the auction, shared talents, baked a dessert, planned, organized or volunteered their time. Each of these contributed to the success of the evening and a worthwhile cause. Your support is greatly appreciated.

Mondays in the Park - Thank You, Linda

Every Monday morning a group of St. Luke's folks gather in the Fellowship Hall and prepare 70+ sack lunches to serve alongside Rev. Jerry Herships to those who are hungry and many homeless in downtown Denver. For over a year now Linda Osborn has been joining the group on her lunch hour to help serve in Civic Center Park but now her schedule has changed and she won't be able to serve on Monday. Thank you Linda for your ministry of presence this past year. Serving in the park helps us connect with people who stretch our hearts. Here is Linda's story ~



When I first started going to the park I don't really know why I went. I think I heard they needed help and I thought well that is really close to my office sure I could do that. So I joined Sam Leahy, Kristin Foster, Rev. Ryan Canaday and Rev Jerry Herships.

I had a lot of questions about the people receiving the sandwiches. (How could people get themselves into this situation? Where were their families?). As the weeks went by I watched the people in line some would joke some would look at their feet when they took the sandwiches but most were so grateful for this lunch. I listened to these people that were so thankful and wanted to do something for us like play a song on their harmonica and I really began to see the face of Jesus in them. The human qualities we all share no matter where we are or what we do. We all have joys and concerns each and everyday. We all need someone to help us maybe with a sandwich, a kind word, a job, etc. That is what Jesus was trying to tell us. I am so thankful for my time in the park, for the people from St Luke's that I have gotten to know, for Jerry and Kelly and their dedication and to all the people that come for lunch. They have shown me the face of Jesus. Mondays in the Park has shown me that we are all on a journey through this life and we all need each other to get through.

If you would like to participate in this ministry, contact Sam Leahy at sam©stlukeshr.com.



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Come Write With Us!

Wesley Writers is a small group of writers from St. Luke's and Littleton UMC who meet monthly at St. Luke's in the conference room. Our purpose is to give writers a forum in which to read their works and receive positive and constructive feedback. Some are memoir writers who wish to pass their life stories on to their children and grandchildren. Others are writers who draw upon their own life experiences in the hopes of publications, which assist others in specific life challenges. Wesley Writers meet the third Saturday of each month. Moderators are Rev. Les Ludlam and Sylvia Brady.

AGELESS SINGLES

A social group for unmarried, divorced, widowed men and women of all ages.

UPCOMING EVENTS:

Wed. Mar. 12: Line dancing lessons at the Stampede. 2430 S. Havana St., Aurora. Meet/carpool from St. Luke's at 5:00pm.

> RSVP to Allison Wright, 720-371-6760 or allisonwright303©yahoo.com



Seasoned Voyagers

Tuesday 18 Feb. 25 Seasoned Voyagers took a special private tour of Anschutz Western Art Collection Downtown.

55+ MINISTRY

On St Patrick's this March we will host a potluck luncheon from 11:30am-2:00pm. More

specific info is provided in email blast before the 17th but missions focus will be on Habitat for Humanity.



Then on April 10 will be a voyage to Cherokee Ranch & Tweet Kemble's Castle. Look for sign ups starting mid-March.

Again details will follow in email to all those registered for Seasoned Voyagers Ministry email.t. You can get email notices of all activities simply by going to StLukesHR. com and using "Quick Links" selection "email lists" to go select list "SeasonedVoyagers" in Ministry email lists and enter your name and email address. You can use same mechanism to remove your name later if you choose.



lames Ramsev Director of Music & Arts Ministries



MUSIC & ARTS MINISTRIES



Kenrick Mervine Associate Dir. of Music Ministry/ Organist

Jennifer Ferguson Associate Director of Music Ministry



Kay Coryell Dir. of Handbells & Children's Music Ministry

Good Friday Music on Good Friday will feature movements from Karl Jenkins'

Requiem by the chancel choir and members of the orchestra.

Good Friday service is at 7:00pm on April 18.



Quiet Disciple Award

The Preble Family was recently honored as St. Luke's Quiet Disciple recipients for 2013. Mike, Lori, Annajulia (AJ), and Hope Preble graciously lead by supporting missions to feed the hungry. An example of their selfless work was the planning and organizing of the complex logistics during the St. Luke's annual "Feeding of the

5000" held October 4-6, 2013. This signature community-wide food drive involved many dedicated hands at all phases, but the Prebles' commitment stood out. They steadfastly helped St. Luke's collect two semi-trucks of food for Denver Urban Ministries by mobilizing 250 volunteers, expanding outreach to neighboring churches, and arranging service hours for highschool student volunteers. Mike coordinated van pickup drivers and routes, while AJ and Hope recruited their peers and sold t-shirts. The family spent all spare waking hours sorting and loading food, without fanfare. Individually humble, and collectively a force of discipleship, the Prebles take action through service. St. Luke's UMC proudly nominates the Prebles as Quiet Disciples. They will represent our church at the District Annual Conference in March.

Discover Your Roots!

Genealogy 101 is a small group of St. Luke's and Littleton UMC attendees interested in discovering the roots and location of their families' past generations. Meetings are 10:00am to noon the second Saturday of each month in St. Luke's Conference Room.



- * March 25 & 28 Work Days at DenUM. RSVP now!
- April 25-27: Jr. High Youth Quest District Retreat
- Sign up to receive our emails and Check www.stlukeshr. com and click on "Youth" or "SLY"

for up-todate info on programs, activities, opportunities and more!



Sundays:

- 9:30-10:30am SLY AM Delving into Lent
- **5:30-6:00pm SLY Dinner** We need help feeding these hungry teens! Sign up to help on our website. \$2 per person.
- 6:00-7:30pm SLY PM All sorts of fellowship and fun activities are going on this month! Check out our website for details.

Wednesdays:

- 5:30-6:30pm Homework/Tutoring Hour: A chance to get your homework done and even get help if you need it!
- 6:30-8:00pm Coming up we have Jumpstreet, going out to dinner, and laser tag!!



ON THE SLY: Kicking Off Lent

Lots of fun has been going on down in the Youth Room! There was a night of Giant Jenga, a trip to Waffle House, and even a huge Birthday Party. We figured it is hard to do something on everyone's birthday, so we decided to throw a birthday party for everyone! And what would a party be

without cake and a piñata! Everyone got a candle to blow out and a whack at the piñata!

It's true, we do know how to throw a good party, and Fat Tuesday was no exception! Not only did we have delicious pancakes with all the fixin's, but there was mask making and pancake flipping as well. The Fellowship Hall was colored with purple and green and the sound of 'As the Saints Come Walkin' In' radiated throughout the church. The pancake dinner was a fundraiser for the summer's youth mission trips and we are so grateful to all that came to support us! It was a beautiful and fun way to kick off the Lenten season!

Down in Sunday School we have really started to delve into what Lent is. Everything from what Fat Tuesday is all about, to why 40 days, and what happened on Holy Week. Throughout Lent we are focusing on introspection, prayer, and sacrifice. These are what Jesus focused on in his 40 days in the desert. We are finding ways in our lives to do the same and make more room for God. The favorite lesson so far however has been learning why pretzels are traditionally a Lenten food. Who knew that the traditional pretzel is actually upside-down and is supposed





Dave Laurvick Director of Youth Ministry

Amy McMullen Assistant Dir. of Youth Ministry







to emulate children praying with their arms crossed? Of course the fact that there was food involved in this lesson could have something to do with how popular it was!

We have lots coming up in SLY as well! As a part of our focus on sacrifice and service to others, the youth have decided to give up a few days of their spring break to work at DenUM. They will be getting to sort and package up goods as well as work with the people who benefit from DenUM's services! We also have an absolutely wonderful group of youth who will be getting confirmed later this month. Look for a recap of the fun and learning going in in confirmation in our next issue!

SLY (St. Luke's Youth) is an inclusive group for all 7th-12th graders that focuses on fellowship, fun, and finding out what this God thing is all about! As always, we have lots going on and are so excited to grow closer while having fun and being the hands and feet of Christ!

-Yours in Christ, Dave & Amy

More from Les: "Wisdom and Persistence Wins" by Rev. Les Ludlam



As you might know, sled dog racing is quite popular in Alaska.Sled dog use has evolved over the decades, from the primary way to travel from community to community in the wintertime, to the sport it is today. Top sled dog racers are like thoroughbred horse owners. They carefully breed their racing stock and spend most of their time conditioning and training the animals. And, of course, there are the amateurs who keep the sport going. They can be adults or children, with local leagues holding races for a variety of ages and skills.

One of the most popular amateur events in Anchorage is the Beginner's Competition. The race covers about a mile of winding trail; it starts and ends close to the trailhead and it is well attended.

Young Tommy had just started the fourth grade and had dreamed of the day he could race his own dog Star. Star had been his father's "lead dog" for long distance sled dog racing years before. In fact, his father had even entered a team in the famous Iditarod race years before, with Star as the lead dog on his team. But now, Star was aging; she no longer had the stamina needed for a long, intense race. Tommy had asked his father if he could have Star after she was retired from her lead dog status. Dad had said "yes" and Star became Tommy's pet and friend.

The two had great fun together during the long winters. Tommy's father built a small sled designed for one dog to pull, and on weekends, the boy and dog could be found traveling down any one of a number of the trails in town. Tommy's father knew his son wanted to race with Star, but he had been reluctant. There were all sorts of safety measures taken to protect the racers and dogs, but there were still some dangers to be considered.

But finally, Dad gave in. "OK," he told Tommy, "You can run Star this year." And as soon as the snow began to stick in October, Tommy and Star were out practicing with the sled. His dad would follow along on skis to see how they were doing.

Finally, the winter carnival and sled dog races arrived in February. Tommy filed his entrance form with excitement and a little nervousness. On the day of the race the whole family went down to the park where the track was located and helped get the sled ready to go. Star knew exactly what was going on as well, she would jump, bark, and wiggle her whole body with excitement.

The dogs were in their harnesses and on the line; there was the usual yapping and shouting and occasional snapping by one dog at another as the contestants waited for the signal to start. Bang! The starting gun fired and they were off! The older racers with sleds pulled by several dogs quickly moved away from the starting line, leaving the single dog sleds. Tommy and Star were leading the single dog sleds but were beginning to loose ground on the larger teams. But Star had been here before and she knew what to do. She maintained a steady pace, not straining too hard to keep up. After a quarter mile, Tommy and Star were in sixth place overall.

All was going well until they neared the end of the race. The teams entered a fairly open area after leaving a heavily forested section of the trail. This area was good for passing, so the second place team tried to pass the first place team. But the dogs came too close to each other and the teams began to fight. As each following team came up, their dogs too joined in the fight! No one seemed to be able to stay clear of it! From the start/finish line, about a quarter-mile away, all that could be seen was a big seething mass of dogs, kids and a couple of course supervisors.

Tommy's family was standing near the finish line and could see the dog fight, but Tommy and Star were nowhere in sight. "Where's Tommy?" his mother exclaimed! She started to run toward the track, but was held back by her husband. "We can't do anything but wait and hope for the best," he said. That wasn't much comfort.

A short distance back up the trail, Star began to slow. She had heard what was going on ahead. Before Tommy could say anything, she veered off to the right, and away from the dogfight that kept growing. The snow off the main track was not packed down and Star had to pull much harder. But she was used to it from her years in the big, long-range races. This wasn't the shortest route to the finish, but it was the safest!

Tommy realized what Star was doing and shouted encouragement. "Mush! Mush! Let's go Star!" Then came a shout, "There's Tommy and Star!" Star had successfully negotiated around the dogfight; she had pulled hard through the deep snow and was now on her way toward the finish line. Not only were Tommy and Star able to finish the race, they actually won it! A happy day for the family!

No matter how difficult the challenge and impossible the task seems to be, if you are sure of your goal, just keep on doing as best you can.

Wisdom and Persistence wins! God bless us all!



FINANCES



Pick and Choose Your Method Of Giving

Sheri Henry Director of Finance

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We have many ways for you to make your giving to SLUMC easy and convenient. You may want to consider one of these convenient methods for your contributions.

In addition to cash and checks, we offer online credit card transactions, stock transfers and scheduled automatic withdrawals from checking or credit card accounts. The following is a general summary:

- I. General Fund and Capital Campaign: All methods.
- 2. Grocery Cards: Cash, check, scheduled EFT from your checking account.
- 3. Special Events: Depending on the event, may include cash, check, PayPal and online credit card transactions.
- **4. Plus:** We'd consider any reasonable method you know about that we haven't adopted.

We appreciate your continued support!

Trustees Corner: 2014 Promises to be HUGE at St. Luke's!

We all have signs we look to as we try to predict what might happen next. The Farmer's Almanac writers predicted a tough winter, and they really seem to have hit the mark. Rev. Brad kicked off a food drive alongside our Broncos that got people from several states focused on helping food banks all around, and our very own Brenda is a master at solving our space needs as our small groups and classes have us bursting at the seams from sunrise well past suppertime.

We are a community of abundance, and it is with this experience that we're coming to all of you to ask for help so we can do our very best to make sure each class, team, or event that's held at St. Luke's offers a terrific experience for all participants.

At the conclusion of your meeting, practice, meal, or class, would you please take a few minutes to put the space(s) you used in order for the next event? It may not have been perfect when you got there, we truly do appreciate your help so those gathering in the session that follows yours have a wonderful experience for their event. This includes the kitchen, sanctuary, chapel, classrooms, our bus, and grounds. It's just one more aspect of what each of us can do to help others to feel welcome! There IS a place for you here... let's make sure it always looks that way!



St. Luke's United Methodist Church

8817 S. Broadway • Highlands Ranch, CO 80129

303-791-0659 • www.stlukeshr.com

St. Luke's United Methodist Church welcomes you to our Christian family, where we share life. Wherever you are in your faith journey, you are accepted and encouraged to grow spiritually.

Join us in growing together toward full humanity through living the teachings of Jesus: Love, Acceptance, Justice and Hope.

OUR CALENDAR

For the most up-to-date calendar of events check www.stlukeshr.com

Thursday ~ March 13 7:00pm Learning w/ St. Luke's Team Friday ~ March 14 5:45pm Parent's Night Out Saturday ~ March 15 10:00am Guatemala Packing Day 10:00am Wesley Writers 6:00pm **Confirmation Desserts** Sunday ~ March 16 8:15am **Contemplative Worship** 11:00am Confirmation 12:15pm Get Off Your Donkey! Monday ~ March 17 11:30am Seasoned Voyagers St. Patrick's Day Luncheon **Covenant Bible Study Preview** 6:00pm Wednesday ~ March 19 6:30pm Support: Parents of Teens/Young Adults w/ Depression/Bipolar Friday ~ March 21 9:00am Playgroup

Saturday ~ March 22 UMW Roma Mission Study 8:30am Monday ~ March 24 7:00pm Women's Book Club Tuesday ~ March 25 7:00pm Staff Parish Sunday ~ March 30 noon Equipping Ministry Team Meeting 4:30pm Grief Support Group begins Wednesday ~ April 2 6:30pm Support: Parents of Teens/Young Adults w/ Depression/Bipolar Thursday ~ April 3 Common Thread 10:00am 7:00pm St. Luke's Young Adults Friday ~ April 4 9:00am Playgroup Friday-Sunday ~ April 4-6 4:00pm Youth Quest Retreat Saturday ~ April 5 9:00am Simply Saturday

Sunday ~ April 6

12:15pm	Seasoned Voyagers	
	Core Team	
2:30pm	SLY, Jr. ~ Warren Village	
Monday ~ April 7		
6:30pm	Women's Night Out	
Tuesday ~ April 8		
2:00pm	Conversations w/Rev. Janet	
6:30pm	Children's Ministry Team	
7:00pm	Missions Team Meeting	
Wednesday ~ April 9		
4:00pm	Spiritual Directors Meeting	
Thursday ~ April 10		
10:00am	Seasoned Voyagers - Cherokee	
	Ranch & Tweet Kemble's Castle	
7:00pm	Learning w/ St. Luke's Team	
Friday ~	- April I I	
5:45pm	Parent's Night Out	
Saturday ~ April 12		
10:00am	Easter Fun Day	
10:00am	Genealogy 101	
10:00am	Itch to Stitch	
	2:30pm Monday 6:30pm Tuesday 2:00pm 6:30pm 7:00pm Wedne 4:00pm Thursd 10:00am Friday 5:45pm Saturda 10:00am 10:00am	