

The Chronicle

LUKE'S UNITED METHODIST CHURCH

SEPTEMBER 2014

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Need Directions? We've got a G.P.S.!

and much more!

Come check out our G.P.S. Fair for opportunities to connect with your St. Luke's community.



Grow. Participate. Serve.

Sunday, **Sept. 28** 8:30am-12:30pm

This month's focus:

- **Opportunities** to Serve (inside St. Luke's)
- **Fellowship**
- Children's **Ministry**

Get Connected!

15th Annual Family Camp -**Our Best Year Yet!**



This year was St. Luke's 15th annual Family Camp, with 31 families attending over the course of 10 days. Up in the beautiful mountains at Snow Mountain Ranch (SMR) in Granby, Colorado, everyone enjoyed a week full of fun, fellowship, and food.

We completed our first service project for SMR. We created a new segment in their single-track mountain bike trail system. Visitors to SMR enjoy these bike trails, and they are also used in the "Snow Mountain Ranch Stampede," one of the Colorado High School Cycling League's mountain bike races this fall. The campers worked as a team to build this new trail, with all ages pitching in. Andrew Hathaway (8) not only had a great time working, he was especially excited to be the first rider on the new trail that he helped create. continued on page 5



Paths to Better Family, Workplace & Personal Relationships, an evening with Carl Cleveland

Tuesday, September 16 (6:30-8:00pm) JOIN US in Fellowship Hall (More information on page 5)

Rev. Ryan Canaday

Feeding of the 5000

Oct. 3, 4, 5! It is that time of year again! Feeding

of the 5,000 is just around the corner and we need your help!

A Few Facts...

This year's Feeding of the 5,000 dates: October 3-5.

The Feeding of the 5,000 community food drive began in 2007 and is now in its 8th year.



The drive has seen an increase in food and financial donations collected year-over-year. An

estimated 105K lbs in combined food and financial donations were collected during last year's event. This fills up two semi trailers with almost 40 pallets of food. These donations equate to 105K meals that are provided to the over 1,100 hungry families in the greater Denver area that are clients of DenUM [Denver Urban Ministries].

Over 300 volunteers support the 3 day event in a variety of ways. This includes taking shifts handing out bags for donations at the 12 designated grocery store locations that partner with the drive, picking up donations from the stores and delivering them to the drop off location, and sorting the food at the drop off site.

The Story...

"No matter what I've helped with at the Feeding of the 5,000 I have seen God. There was the person at the grocery store that said they could not donate but then came out with a box of cereal. Again, when I was at the church sorting food and a neighbor drove up with a SUV full of non-perishable items. They said "we saw the truck and wanted to help." Then there was last year when I was counting the monetary donations from the stores. In the envelope from King Soopers at Belleview and Yosemite, miles away, there were two \$20 bills folded together. People want to help, they just have to be asked or given an avenue to do it. The very best part of the Feeding of the 5,000 was going to DenUM and seeing all the food on the shelves and hearing how they distribute it to people that really need it." -Feeding of the 5,000 volunteer

This is a huge project and it makes a difference in the lives of so many in the Denver area community. We need your help! I think Jesus likes the idea of hungry people being fed. I dig it. I hope you dig it too. Go to our website and sign up to be a volunteer! www.feedingofthe5000.us

Grace & Peace, Rev. Ryan

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Sunday Worship Services: 8:00am, 9:30am, 11:00am, Contemplative Service (Check website for dates & times)

Sunday School: Adult, Youth & Children: 9:30am & 11:00am

Nursery available for: 8:00, 9:30 & 11:00am services

Church Office	303-791-0659
Fax	303-470-5615
Email	office@stlukeshr.com
Website	www.stlukeshr.com
Preschool Office	303-791-1982



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Associate Director of Music Ministry

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All submissions for the
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Editor: Sharon Oliver chronicle©stlukeshr.com

The Chronicle is published 10 times per year and is emailed to those on our email blast list, and it can be found on the church website. Printed copies are available at church entrances. To receive The Chronicle via US mail, please call or email the Church Office.



Rev. Janet Forbes Senior Pastor

A Time of Grace, A Time of Renewal

from Rev. Dr. Janet Forbes

St. Luke's, let me thank you and the leaders of the Staff Parish Relations Team for the surprising 25th anniversary celebration of my ordination as an Elder in the United Methodist Church. Thank you to those who did research, finding

those equally-surprising pictures of me in the early years of ministry with all that 80s hair! I will enjoy spending the gift certificate at REI, a store for outdoor enthusiasts!

I am grateful for your generosity and your love of ice cream! What a creative way to honor my story as the great-granddaughter of an Oklahoma Choctaw wise woman! What a creative way to

be in relationship with survivors of the Sand Creek story, a legacy of our Colorado history!





Thank you for raising \$1,013 in my honor to gift two scholarships to native runners in the Sand Creek Spiritual Healing Run on Saturday, November 29. Bob and I hope to be on the Sand Creek site that day to cheer our runners on their way to the state capitol.

Second, I want to thank you for my Renewal Leave, August 25-Oct. 4. It took me several days to unplug after thirtyfive years of the cycle of the Christian year! Now I am enjoying my family. My brother, Joe Forbes,

who lives just north of New York City, has recently transferred the heart transplant process to a different team in a different state and the news is good! The doctors are hopeful for a three-six month window. We continue to covet your prayers for health and for those families who are givers and receivers of precious tissue donation.

Bob and I will also be visiting Spain for the first time! You may remember Stephen Marchionda, my brother-in-law, who is the classical guitarist specializing in Spanish music? We'll enjoy a twoweek visit at his home in Barcelona, taking time to see the legendary cities of Cordoba, Sevilla, and Granada as well.

Finally, thank you to Revs. Ryan and Sallie and our amazing staff team who are graciously taking my responsibilities so that I can rest, read, and renew. I'll be home for the Feeding of the 5,000 and the celebration of World Communion Sunday.

Grace,

-Rev. Janet

New Classes Pilot Covenant Bible Study

There's a brand new bible study starting now at St. Luke's! Everyone, from the beginning student to the biblical scholar, is welcome!

Covenant is an in-depth group Bible Study that centers around our relationships with God, with each other, and with the world. It differs from other Bible studies in that it emphasizes the biblical concept of Covenant—the enduring commitment between God and people—as a unifying pattern throughout the entire Bible. It underscores the unique relationship that God chooses with us as God's people.

The 24-week study covers the whole Bible by moving between the Old and New Testaments—discussing books from each in a way that shows the interconnectedness of scripture as a whole. Each week's episode includes a 20-minute video conversation between biblical experts that stimulates further discussion and reflection among the group members.

These conversations, held around a handcrafted table, serve as a model for the kind of learning and sharing that is central to Covenant Bible Study. Through community—through shared reflection and engagement together—we can best discover the Bible's transformative power.

Covenant Bible Study creates a learning experience where scripture meets everyday experience. It builds trust in others as well as confidence in scripture. And it provides an exciting new opportunity to better understand God's call, God's love, and God's unexpected favor.

Visit www.covenantbiblestudy.com Sign up at the Learning Opportunities and Get-Connected Center in the Fellowship Hall.

There are still openings!

Expanding Ministry in a New Way: St. Luke's and Not-For-Profit Organizations

As a part of the new generation of spiritual entrepreneurs eager to take faith beyond the church and into the world, expanding ministry requires new funding sources. One of the many ways we can generate financial support is through the vehicle of setting up ministry as a 501(c)(3) nonprofit organization under the umbrella mission and values of St. Luke's.



When a Spirited ministry begins to grow organically, there comes a time when leaders must ask the question: In order to follow the Spirit's guidance as the ministry reaches more people, do we 501(c)3...or not?

These are the clarifying questions through which we considered the future of both the **Performing Arts Academy** (which grew out of the St. Luke's Wesley Players) and the **Center for Spiritual Engagement** (which grew out of the Spiritual and Wellness Team and First Steps Spirituality). These four questions help to determine the next patterns of growth:

- I. Does the ministry align with the church's mission and passion long term?
- 2. Is it a ministry that will outgrow the church's capacity to resource?
- Is it a ministry that demands external funding? Does it fund ministry from a new pocket? Creating a nonprofit enables us to gain access to federal, state, and private grant money.
- 4. How does it realize a mission bigger than the church's capacity to manage? A new non-profit organization can be more flexible and adaptable in creating partnerships with schools, agencies, and foundations.

It is exciting to see leaders from St. Luke's functioning a spiritual guides in our multi-faith community, inviting transformation, connection, and inspiration in the public marketplace.

Check out our neighbor United Methodist Churches (Grant Avenue and University Park) and their ventures into this expanding resource: The Grant Avenue Community Center and Sacred Place (www.historicgrantave.org) and The Evanston Center for Spiritual Wholeness and Healing (www.evanstoncenter.org).

Sept. 28, from 6:00-8:30pm and a potluck dinner (don't worry, the Broncos have a bye that week). As we take on another 501(c)(3) organization (First Steps), let's explore what they are, how they've benefited our church so far, and how they fit in with our mission and values.



Rev. Dr. Sallie Suby-Long Associate Minister

Care, Counseling & Spiritual Formation Ministries

We often become more aware of God's healing and transforming grace through intentional connection to care and spiritual formation opportunities. St. Luke's offers many ministries

to support your emotional, mental, and spiritual health. I welcome your emails, calls, and conversations about your specific needs. Let me or any of our pastors and staff know about your interests and we will do our best to connect you with one of the following ministries or with resources that may be helpful to you. Confidentiality is always respected. You may reach me at 303-475-0141 or Sallie©stlukeshr.com .

Pastoral Counseling and Care – Rev. Sallie, Rev. Janet, Rev. Ryan, and Rev. Pat offer short-term, faith-based counseling, pastoral care, and referrals for individuals, couples, and families seeking support.

Stephen Ministry – provides confidential, one-to-one care to individuals in our congregation and community. Stephen Ministers are lay persons who have specialized training in listening and providing emotional and spiritual care. Contact a pastor or Stephen Leader if you or someone you love would benefit from this ministry.

The Caring Connection – provides support to members of St. Luke's and the community by making companion visits, taking meals to families in need, running errands or providing transportation. Contact Maryellen Davis if you have a need that the Caring Connection may provide.

Prayer Team – gathers regularly to pray for concerns of individuals, the congregation, and the community. Requests for prayers may be sent through the website, written on a prayer request card or shared with a member of the pastoral and staff team.

Support Groups and Classes – St. Luke's offers support groups and classes focused on a variety of topics including 12-step programs, divorce recovery classes, grief support groups, and parenting classes. Information about current groups is available on our website and in the Care Ministries brochures in the church entry.

Center for Spiritual Engagement – interactive workshops, retreats, seminars and classes featuring excellent facilitators, outdoor experiences, discussions etc. engage participants in learning new skills and practices that contribute to health and wholeness. Check the Website and Week at a Glance for upcoming opportunities. See upcoming opportunities listed in this issue of *The Chronicle!*

Spiritual Direction – The process of spiritual direction honors each person's unique life journey and supports people in managing transitions, enhancing self-awareness, working through challenges, and growing in faith. Contact Rev. Sallie or Lynda Fickling to connect you with one of our trained/certified Spiritual Directors.

Faithful Friends – The Faithful Friends ministry offers care and friendship to individuals in care centers, those who may be dealing with long term health challenges, and individuals who may have difficulty getting to St. Luke's on a regular basis. You may contact Nancy Abbott or the Church office for more information.

The Samaritan Fund – provides financial support and assistance for those who are part of our St. Luke's family. If you or someone you love is in need of extra financial support to make it through a difficult stretch, please contact one of the pastors.

Benevolence Fund – provides support for those in need who are not directly connected with the St. Luke's family.

If St. Luke's does not offer the type of support you need, the pastoral team will make every effort to connect you to additional resources, support networks, and care providers within our community.





Seniors

Faithful Guest Softball Cartificate Relations Stewardship Serving Serving Serving Sunday Bereavement Community Communications United Grocery Equipping St Ubrary Direction Giving Bakers Atar Parish Vacation Spinitual Book Support Mission Connected Women Support Caring Wesley Get Learning Mission Connected Women Support Maker Parish Vacation Spinitual Book Support Mission Connected Women Simply Children Carter Connected Women Support Carter Connected Women Support Carter Connected Women Support Carter Connected Women Simply Carter Cart

Are You Looking for Ways to Connect at St. Luke's?!

The Equipping Ministry Team is all about seeking those who would like to be a part of our community via the many teams we have in place. There are 38 teams in need of members and leadership, plus there are over 133 areas for you to get involved in! We invite you to keep our thriving community filled with your many gifts and passions. Contact Lynda Fickling lynda©stlukeshr.com or Audrey Elling audreyvoice©aol.com to begin serving and growing our community.



Seasoned Voyagers and Mother Nature

Unfortunately Seasoned Voyagers July plans were disrupted by Mother Nature when she rained out our planed 25 July "Star Gazing" much to our dismay. However, those of our voyagers (yours truly included) who were able to attend

the Aug. 24 Skanson & Hansen performance at beautiful Roxborough State Park might agree that a concert beneath sun and stars in magnificent weather provided by Mother Nature this time, that she made up for her foul treatment in July.

In a nutshell, Darren & Gregg performed the entire set from their latest ("Heart Medicine") CD and it was available for sale at concert (or see below* please.) While having CD will let you hear great music, you'll miss all the great color commentary, side humor and background information they gave us attendees. We even got to collectively say hi to his 7 year old daughter and remind her it was bedtime, realtime, via Darren's cell call home. We got a wonderful performance on a beautiful evening in a marvelous Colorado venue.

They provide (and have for years) these annual concerts at Roxborough as a contribution to Friends of Roxborough. Whether Seasoned Voyagers will plan a voyage there next August I can't say but if any of you wishes to "enter a vote in favor" feel fee to email to me, David, at (idlamore©ecentral.com) and I'll get your info to our core team for consideration at our monthly meetings.

Please watch for our table in Fellowship Hall to display info about the upcoming "Leaf Peep" trip during the week of Sept. 22-27 up to Echo Lake Lodge. Should be fabulous viewing so plan to bring cameras, iPads whatever you use to record some great views.

* See website at: http://coloradoacoustic.com/SkansonandHansen.html or For CD sales via phone call 720-941-6088.

-David Lamoreaux

Church Pictorial Directory

Calling all members and those who call St. Luke's home. We are creating a new church pictorial directory and want your picture. You can have your picture taken at Bettinger's Studio (2431 S. University Blvd. Denver 80210) until December. If you prefer you may also have your picture taken from Sept. 19-27 at the church. There is no sitting fee. Those having their pictures taken will receive a 5x7 photo and directory free. There is no obligation to buy any photos but you may purchase additional ones if you desire. Schedule your appointment at pictorialservices.com (Bettinger's studio) or at 303-400-6023. We will also be scheduling appointments between services in August for photos to be taken at the church. Pictures will be ready for Christmas gift giving. Any questions contact Deb at dhofer744@gmail.com or 575-302-3017.

Thank you

to everyone who participated in the Backpack Program for Interfaith Community

Services. Because of your generosity, we were able to sponsor 40 backpacks this year! These children were able to start the school year with a new backpack, new school supplies, and a brand new outfit and this has made a tremendous difference in their lives. Interfaith and all the backpack recipients were thrilled and thank you so much. Once again, thank you for all your help to make this mission a reality.



Marriage Encounter: Rekindle the sparks you felt on your wedding day!

What: Worldwide Marriage Encounter Weekend

When: October 10-12, 2014

Where: Doubletree Inn, Iliff & I-225, Aurora, Colorado

Who: Husband and Wife seeking to strengthen their marriage

Apply Online: www.encounter.org

More Information: Elizabeth Billups elizabethbillups©gmail.com



Is this your Family Portrait?

Our Mission:

To promote healing and wholeness by creating opportunities for authentic connection, and by providing experiences that inspire and transform.

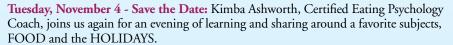
Speaker Series:

Tuesday, September 16 (6:30-8:00pm): Paths to Better Family, Workplace & Personal Relationships, an evening with Carl Cleveland.

Are You:

- Finding yourself in emotional triangles?
- Facing family/life transitions?
- Feeling fear and trepidation about family gatherings?
- Reacting to issues just like your parents did?
- Wishing you could all just get along better? Then this presentation is for YOU!

Join us for an evening of interactive discussion about how we can strengthen our ability to connect authentically with those who matter most to us: our families, our friends, and our co-workers. We'll meet in the St. Luke's Fellowship Hall. (Suggested donation to support this ministry - \$5)



Classes and Experiences: (Starting soon; sign up now with Learning with St. Luke's)

- Embracing Spirituality Thursdays, Sept. 18-Nov. 6 (8 weeks) 6:30-8:00pm. For more info, contact sam@stlukeshr.com, renaeparra@aol.com, jenita@pcisys.net.
- Contemplative Writing with Marty Shopes Thursdays, Sept. 25-Nov. 6 (7 weeks) 6:30-8:00pm. Class is limited to 6 students, so sign up NOW. For more information contact janet.johnston@comcast.net
- Mindful Presence has moved to 10:00am on Mondays. For more information contact sam@stlukeshr.com

Outdoor Adventures: For more information about our upcoming adventures, contact janet.johnston@comcast.net, julie.polikoff@msn.net, janestaller@gmail.com

- Saturday, September 20 at 4:00pm. At Chatfield Reservoir. Join us for our Two-year Anniversary Celebration. We've been sharing outdoor adventures for two years, and we want to celebrate! Come join us for a hike along the shores of Chatfield Reservoir, a potluck pice
 - hike along the shores of Chatfield Reservoir, a potluck picnic (bring your favorite picnic dish), opportunities to share photos and reflections of past adventures, and conversations to generate feedback from the past to guide the future. Meet at 4:00pm at the Platte River parking lot.
- Saturday, October 4 Fall Colors Hike to Chief Mountain
- Saturday, October 25 High Line Canal Trail to the Marjorie Perry Nature Preserve
- November (Date TBD) An Illuminating Evening with Chihuli (Denver Botanic Gardens)

First Steps: Our trained and compassionate holy listeners will begin the integration of holy listening opportunities into our Sunday morning programs for children, starting in September. For more information, contact sallie©stlukeshr.com.

Visit our NEW website:

www.stlukescse.org



Family Camp continued from page 1
Our first annual mini-golf tournament
was a success with over 30 people joining
in the fun. Everyone who played earned
a unique award. Some of the winners
included Lowest Score: Brion Antinoro,
Leader of the Pack: Austin Merchant,
Loudest: Vicki Lauer, Best Peanut Gallery:
Della & Steven Krochta, Best Caddy:
Joel Hollyman, Most Relaxed: Madeline
Sharpe, and Best Human Obstacle:
Cameron Van Hoosen. Thanks to all who
came and putted with us.

SMR recently finished their new summer tubing hill, and our campers loved it! This popular new activity was enjoyed by all many times during Family Camp. As always, campers participated in a variety of other activities, including archery, canoeing, zip lines, high ropes course, horseback riding, tie-dye, our annual kickball game, s'mores, and a day at Winter Park. While the activities are always fun, most campers agree that it is the fellowship that brings us back to camp each summer. This year was no exception, and the women even had a special new Girls Night Out to spend time together.

New activities and first-time families combined with Family Camp traditions, delicious meals, and returning campers helped make this our best year yet. We hope you will join us next year (JULY 17-26, 2015) for more Family Camp adventures and memories.



Woof! Woof! Meow! Jake, Max, and Shea here to bring you up to speed on what we are sniffing out for children at St. Luke's.

Our new Sunday School Year Kicks Off!

Register for the 2014-15 Sunday School year online www.stlukeshr.com/children and paper forms are available at the church. Children need to be enrolled for each new school year. We are starting things off with Creation (preschool) and Noah & the Ark (elementary) and our new Tweens curriculum and we are creating our new "My Story Book" workbooks to help us share our stories.

Check out our NEW Online Servant Sign Up! Thanks to all who have gone online www.stlukeshr.com/children to sign up. It's fast, easy and a great way to double check when you serve. Come serve with us - one Sunday or lots! We need to fill



25 servant spots each week(!) so there's plenty of room for all. We need YOU! Especially workshop leaders. Share your gifts with our children.

Sept. 19 6:45pm Family Movie Night "Rio 2". Wear your pj's and bring your pillows. We'll provide the movie

and the popcorn! Bring a friend!

Acolyte Training will take place on Sept. 28 at 12:30pm. All children 2nd-6th grade eligible. RSVP by Sept. 27 sharon©stlukeshr.com.

Love & Logic Parenting Classes Three Thursdays, Oct. 9, 16 & 23 6:00-8:30pm. \$69/person, contact suzanne©justshutterup.com to register

Mark your calendars:

Sept. 19 - Family Movie Night

Sept. 21 - 3rd Grade Bibles Sunday

Sept. 21 - SLY, Jr. Game Night

Sept. 28 - Acolyte Training (2nd-6th grade)

Doggie Kisses and Kitty Snuggles,

NEW! HOLY LISTENING DURING SUNDAY SCHOOL

To further our

mission of caring for the spiritual lives of our children, St. Luke's is now offering the opportunity for a child to meet with a Holy Listener during 9:30am Sunday School. A Holy Listener (HL), through our recently acquired First Steps program, is a St. Luke's adult volunteer who has been trained in the First Steps methodology. This methodology is not professional counseling but is the spiritual gift of listening to a child in a special way using tools that allow them to feel God's presence and comfort. A sign will be out on those Sunday mornings to indicate that a HL is available to meet with a child who might be experiencing a crisis of any sort (divorce of parents, loss of a loved one, moving to a new school/ home, illness, bullying, transition, death of a pet, family financial or health difficulties, etc.) in their life. The short meeting could be a one time event or ongoing. (Our Safe Sanctuary policy would apply to make sure all parties are meeting in a secure, safe and welcoming environment.) Parents can request that a HL meet with their child through our Staff or the Superintendent and will be informed if a meeting occurs. Any information shared will be held in confidence within our Holy Listening Team.



Sharon OliverDirector of
Children's Ministry

BIBLE



Samantha Leahy Director of Early Childhood Ministry



Stephanie Kirk Children's Ministry Coordinator

St. Luke's Kads Growing with God

Third Grade Bible Sunday is Sept. 21!

Families of 3rd graders! Your children

have reached a very special milestone! It's time to present them with their very own Bible! A gift to you from St. Luke's. We have a special Sunday each fall where the pastors will bless the Bibles in worship and present them to the children. We will also have a special "Get To Know the Bible" Sunday School for K-4th grade. If your third grader would like to be part of this wonderful St. Luke's tradition, and would like to receive a Bible, email sharon©stlukeshr.com their full name to put on the name plate and which service they will be attending on Sept. 23 (9:30 or 11:00am) - we would love to honor them with their very own Bible. Please email by Sept. 18. If for any reason, you will be unable to attend service on Sept. 21, but would still like to receive a Bible, just contact Sharon.

Attention: All 5th & 6th graders - SLY, Jr. Kicks Off!!!

SLY, Jr. is St. Luke's 5th & 6th grade service and fun club and we had a wonderful kick off event on Sept. 7. Our next gathering is Game Night on Sept. 21 at 5:30pm. We'll have dinner (bring \$2), play games, and then make sack lunches to give out for Lunches in the Park. We also had a great time on our Summer Mission in August harvesting produce from the St. Luke's garden and taking it to Warren



Village and touring this amazing facility that helps single parent families. Please



check our SLY, Jr. webpage at www. stlukeshr.com/ children for the latest schedule. Join us for any or all events! Contact Ms. Sharon for info.





Kay SwansonDirector of
Little School



Little School News: Happy 20th Year to Us!

We are so blessed and thrilled to begin our 20th year of Little School! St. Luke's church took a leap of faith in 1995, with Rev. Bill Selby and Joy Damsgard (the Children's Education Director), to plant the seeds of a new faith-based preschool in Highlands Ranch. Our first year we scrambled to get a license starting in May, to begin school in the fall, with 84 children, 5 classrooms and 10 teachers. We hung a sign out front,

and announced the arrival of the new school, and the Lord provided us with wonderful families and teachers. I started in May of 1995 and have had the distinct pleasure of being the only Director for Little School. Today we are about 256 students, with a staff of 32 teachers and 15 classrooms. What changes we have seen over the years, more children (our highest enrollment was 294), more teachers, more education, more equipment and more LOVE to go around. Many of our first little preschoolers are now going off to college and it is just so heart-warming to know that they got their start right here at St. Luke's Little School. We plan some fun activities this year to celebrate our little school. We hope you will find time to pray for our 20th year and for all of our staff and families.

Little School opened it's year with Open Houses, August 27th and 28th for our children and families. The children were all very excited to see their new teachers and make new friends. The parents were all very excited to see their little one off to preschool, the teachers are very happy to see each other after the summer break, AND we are all looking forward to a very exciting year ahead! Little School officially began on Sept. 2nd and Sept. 3rd. Now the halls are alive with the sound of joy, laughter, singing and learning.

FACT ABOUT 1995 ~ We were watching the movie "Babe" about a happy little pig and "Toy Story" was the big movie of the year! Woody is now 20 years old!

We wish you all a healthy, happy school year ahead. May you all grow each day and learn something new!"

Blessings, Ms. Kay and staff

"Children go where there is excitement and stay where there is love."



"The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church."



Thank you for supporting FACES Family and Child Advocacy program at our Annual Pie, Prayer and Purpose program in August. We appreciate your support and thank you for your generous donations of toys and funds for their organization.

On Saturday, September 20th St. Luke's will be hosting the Mile High/Pikes Peak District UMW meeting. The church will be full of about 100 women from Methodist churches around the area. The theme of this year's program is Environmental Justice. Any woman from St. Luke's is welcomed and encouraged to attend this meeting!!! The schedule runs from 8:30am-3:00pm. Registration is required as meals will be provided; the cost is \$8.50. We also need help in the kitchen that day for a few hours. Please contact Renae Parra or Janet Sackett if you are interested in attending or helping with the event. (renaeparra@aol.com or jsackett@comcast.net)

Board Positions Open - The United Methodist women will have openings on the Board for 2015. Some women are rolling off the team and others are switching positions so there are opportunities to get involved! Please contact our current President Janet Sackett (jsackett©comcast.net or 303-794-4303) to discuss where your gifts might used on this fun team.

Subgroups of United Methodist Women at St. Luke's: Women are welcome to attend a subgroup of UMW anytime during the year!

Women's Night Out - First Monday, 6:30pm

- October 6 Schwarma (Mediterranean) at 7527 S. University Blvd (at Dry Creek in King Soopers center)
- November 3 Landsdowne Arms at 9352 Dorchester St. (in Highlands Ranch Town Center)

Contact Elaine Carlstrom ecarlstrom@comcast.net or Jean Dunn jd-teacher@hotmail.com

Itch to Stitch - Second Saturday 10:00-11:30am. Meet in church basement. All skill levels welcome!

• Still collecting flannel for UMCOR diapers and nightgowns. Place in UMCOR bin in mission closet.

Contact Fran West 303-797-7107 mfranwest@gmail.com

Common Thread - meets First Thursday at 10:00am, usually at the church. Call Caroline Butler for more info 303-797-3225

<u>Simply Saturday Helping Hands</u> - Meets random Saturdays throughout the year.

- October 4 work at Renewed Treasures
- December 6 Samaritan's Purse Operation Christmas Child

Contact Janet Sackett at jsackett@comcast.net to sign up for a shift to work.

Women's Monday Night Bible Study - Second Monday, 6:30pm Rm 213.

 September 8 - starts the new DVD/Book in the series Sisters: Bible Study for Women - Unfailing Love, Growing Closer to Jesus

Contact Janet Sackett or Lisa Phillips(jsackett©comcast.net or lisaphill4@aol.com)

Book Group - Fourth Monday, Room 206, 7:00pm. RenaeParra@aol.com for info.

- Sept. 22 Three Weeks with My Brother by Nicholas Sparks
- October 27 Ade by Rebecca Walker

Save the Date:

Sat., Sept. 20 (8:30am-3:00pm)- Mile Hi Pikes Peak District UMW Mtg at St. Luke's Fri. and Sat., Oct. 17-18 - Rocky Mountain Conf. UMW Mtg. at Parker UMC Tuesday, December 2 - Candlelight Dinner

MISSIONS OF THE MONTH

Highlighting Mission Opportunities: For more about missions supported by St. Luke's, contact Jerry Hertzler 720-480-0476, jmhertzler@comcast.net or Scott Hetherington 484-883-0778 scott.g.hetherington@gmail.com

Are you interested in being a part of St. Luke's mission trips to Guatemala in 2015? If so, plan to join us in

the Chapel for a quick meeting between services (10:30-10:50) on Sunday, Sept. 14. We will gauge interest for our various trips and explain the possible projects. For more info (or if you are unable to make the meeting), email Laura Richards laura©puravida.org



Love INC Empty Bowl Event Thursday, October 2

It will take place 6:00-9:00pm at the Terrace Gardens Ken Caryl Event Center, 11851 Shaffer Dr., Ken Caryl, CO 80127. The national founder of Love INC, Virgil Gulker, is the keynote speaker. In addition to the Love In the Name of Christ presentation, guests will have an opportunity to select their favorite hand-crafted bowl and bid on silent auction items. A simple meal of soup is served up with love for the journey with the less fortunate in our community. For more information about Love INC and purchasing

tickets, go to the Love INC website: www.loveinclittleton.org. It is not too soon to take that step to support this worthy cause.

Help We Don't Waste rescue unused food after the Broncos games! All individual community service and corporate or school

team-building volunteers are welcome! For more information or to sign up, contact Andrea Kirchhoff, akirchhoff6652@yahoo.com

Cambodia Student Scholarships Needed!



For the past 14 years, August has been our kickoff month to start our collection for the muchneeded scholarships for youth in Cambodia. We are blessed with many faithful sponsors, but more are always needed. A \$100 scholarship enables a full year of education for children in kindergarten through high school. Please check www.

helpcambodianstudents.com to learn more specific details about the program, or contact Laurie Gilbert at Laurie_gilbert77@gmail.com or Dalay Lawrence at dydalay@gmail.com

St. Paul's UMC Sunday Meal Program CHANGE CHANGE CHANGE There's a NEW way to sign up to help feed the homeless down at St. Paul's. Please sign up ONLINE www.stlukeshr.com or at the kiosk in Fellowship Hall to volunteer. We help the third Sunday of each month. (Pam Wiethoff 303-204-0252)

Lunches in the Park

St. Luke's makes and takes lunches to Civic Center park on Mondays and hands them out to those in need. Families are welcome to join in the weekly mission. Recently the Blum family participated and Kimberly had this reflection: "Handing out lunches to the homeless in downtown Denver was a great experience for our family. It gave us an opportunity to teach our girls that they should appreciate and be thankful for what we have, and there are people out there who struggle to have enough to eat."





Please help out by donating: jam, peanut butter and bags of chips. Donations can be left in mission closet in the foyer.

Here's an excerpt from Are you raising nice kids? A Harvard psychologist gives 5 ways to raise them to be kind by Amy Joyce

"Children are not born simply good or bad and we should never give up on them. They need adults who will help them become caring, respectful, and responsible for their communities at every stage of their childhood," the researchers write.

The five strategies to raise moral, caring children, according to Making Caring Common:

- 1. Make caring for others a priority.
- 2. Provide opportunities for children to practice caring and gratitude.
- 3. Expand your child's circle of concern.
- 4. Be a strong moral role model and mentor.
- 5. Guide children in managing destructive feelings such as anger, shame, envy, or other negative feelings.

OUR STORIES FINANCES

More from Les by Rev. Les Ludlam



Change what you can change, but don't worry about the things you can't change...

In the early 1950's my uncle Mel had purchased an empty piece of property on 29½ Road, near Grand Junction, for his new home. Preparations began for a building a new house; plans were drawn up and building costs were estimated.

Then he learned that the C. R. Brown house, located nearby, at the corner of 30 and C Roads, was to be removed in anticipation for the new U.S. Highway 6 & 24 by-pass to be constructed from Clifton to downtown Grand Junction.

"That house would be perfect for us," said his wife, Ruth, "and building a new home would take

much more time." The Brown house had just been redecorated and Mel's lot was one of the very few places to which it could be moved easily. After some discussions, Mr. Brown agreed to sell the house, where it sat, for \$5,000!

But, could the house be moved the mile or so to the 29 ½ road address? Mel decided to try.

South House Movers was contacted. The home had two stories and a high peaked roof. Moving it would be easiest by going in a straight line to the northwest, diagonally across undeveloped property owned by the Memorial Gardens Cemetery. This would avoid the problem of moving the house down the existing U.S. highway, and then negotiating a sharp right-hand turn north on to the narrow, unpaved, 29½ Road.

Memorial Gardens Cemetery officials agreed to allow the crossing of the cemetery property. No existing gravesites would be disturbed and the path traveled by the house would be completely cleaned up and restored afterward.

The day of the move arrived! It was cold, snow was predicted, but everything was ready.

U.S. 6 & 24 was closed off and the State Patrol had designated a temporary detour and erected "Road Closed" signs to be used when the house crossed the U.S. highway. The patrol had given the house movers six hours to get the house moved from its present location to a spot on the opposite side of the highway.

The move began! The house had been jacked up enough to allow the wheeled moving supports to be slipped in beneath the house. The jacks were then lowed till the house sat upon the moving supports. The tractor, designed to pull the assembly of house and moving supports, was hooked up. Huge planks,

large enough to distribute the weight and reduce the ground pressure, were placed in front of wheels of the tractor.

As the tractor/house assembly moved forward, planks would be picked up from behind the wheels under the house and moved to the front. After about 30 minutes, the tractor/house assembly was moved across U.S. 6 & 24. Then the assembly moved on through the undeveloped part of the cemetery property.

An obstacle that had to be dealt with, as the house was moving across the cemetery property, was a power line that followed a small road that served a few private homes nearby. As they approached the power line, Mel climbed on the roof of the house. He lifted the line with a special insulated pole as the house passed underneath. However, as the house moved by the power line, the tractor driver had to steer slightly to the side to make sure the house would clear the power pole that stood at the edge of the road.

Then, the wheels on the right side of the moving support slipped off the planks into the muddy soil

and forward motion stopped. The house was stuck!

Quickly they added more power to pull the house back on track. Several trucks on-site were put into pulling service! The

effort was successful, the house was pulled back on the planks and a disaster was averted! In an hour or so, the house had arrived safely at the new foundation.

The movers slowly and carefully centered the house over the foundation and preparations began to lower it. Then, slowly the house was lowered into place.

"Wait," came a shout! "Something's not lining up on the steps to the back door!" Mel took a quick look at the steps. He made a loud exclamation that can't be printed here!

The foundation and back step had been poured about three inches to the right of where they should be. Mel examined the situation and determined that the sill height was OK but that the back door would not be exactly centered, left to right, on the back step. "That'll be OK," he thought, "It'll just look a little odd."

"Drop it on down!" he said.

The house settled into place the anchor bolts were tightened.

And since then, the back doorstep has worked quite well, even if it isn't centered on the back door. It serves to remind those who enter, of the adventure of those who moved the house to this location.

When things don't go as expected, change what you can change but don't worry about the things you cannot change and get on with life as best you can.

God bless us all, Les





Sheri Henry Director of Finance

Kristi Pawley Accounting Clerk

Financial FACT

Did You Know?... It's nice to have a hot beverage and a treat after church on Sunday. Our average donation collection for Coffee, Tea & Donuts has been \$325 per month. Our monthly bill for donuts and drinks is \$650. Enjoy!

Trustees: Cone Zone Alert!

Early this year our Trustees team consulted with a couple of engineers to develop a better understanding of what we can do to improve our north parking lot and entry during the ice and snow season, made more difficult by our long winter shadows, and lots of daily traffic on that side of our property. After many volunteer hours, study and review, we've selected a contractor to help us mitigate runoff, and hopefully reduce resulting ice that frustrates us and our snow removal contractor.

Following the engineer's recommendations, our contractor will be installing a trench drain system along the north walk, curb and gutter, and repairing several sections of the adjoining sidewalk. We'll do our best to provide signage offering directions for you during construction, and know we can rely upon your grace and patience as the project moves forward. Weather permitting, once we're underway the project should take about 5-7 days.

You might ask, what kept us from doing this over the summer? With such a wide variety of programs offered, our church is busy all year long! And just as you've noticed extensive concrete work underway throughout the metro area, with the rebounding economy, concrete and building contractors are in high demand. Building permits throughout the front range are up sharply making it very difficult to engage contractors in the bidding process on such a small project.



Upcoming Events!

- ★ September 19-21: Jr. High Retreat
- September 27: Pumpkins arrive -9:00am



for up-todate info on programs, activities,



Sundays:

- 9:30-10:30am SLY AM A look at the Bible
- 6:00-7:30pm SLY PM All sorts of fellowship and fun activities are happening Sunday nights in the youth room! Check out our website for details.

Wednesdays:

Homework/Tutoring Hour **5:30-6:30pm** – A chance to get your homework done and even get help if you need it! Wed. SLY 6:30-8:00pm - Youth directed fellowship activities including dinners out, game nights, and fun art projects!

ON THE SLY: Ready for Fall!

With school starting, so do our many fall time activities! We celebrated the end of summer with our annual messy games night and an outdoor movie night. They can both





Dave Laurvick Director of Youth Ministry

be described

fun... and a

as a lot of

little bit



Amy McMullen Assistant Dir. of Youth Ministry

sticky! We are ready to head full blast into the fall with our annual fall Junior High Retreat and the coming of the pumpkins!

Towards the end of September, our Jr. High will be heading to the Ponderosa Retreat Camp for some

fun and reflection. They will building relationships with themselves and each other as we discuss what it means to truly 'see' someone. Of course all sorts of fun will be had as well! There are still spots available for all 7th and 8th graders, but RSVP to Dave ASAP!

Then on September 27 we will need EVERYONE's help as the pumpkins arrive!! The pumpkin patch is our main fundraiser for our mission trips and the reason the youth get to go out and do the amazing things they do! We need your

> support, whether that be helping to unload the truck, working the patch, buying pumpkins, or just spreading the word about all the good the patch does! Check out our website for the link to sign up to work the

SLY (St. Luke's Youth) is an inclusive group for all 7th-12th graders that focuses on fellowship, fun, and finding out what this God thing is all about! As always, we have lots going on and are so excited to grow closer while having fun and being the hands and feet of Christ!

-Yours in Christ, Dave & Amy

pumpkin patch!

Sr. High Mission Trip: **Making Connections in** Crownpoint New Mexico

At the end of July, over 50 senior high youth left for a trip they would never forget. Headed to the desert, the youth were excited to have the opportunity to hang with friends, and do some construction work on the Navajo Reservation. No one anticipated the deep relationships that would be built and the impact this trip would have on so many.

The youth did so much work in the week they were there and learned so many new skills. There was drywall and flooring, painting and roofing, and everything in between! They worked on getting the new community center ready to use as well as building houses for some of the locals. Getting to meet and play with the local children at the worksite was definitely

a highlight for many of the youth. When asked however, it was the spiritual moments that stood out the most.

"I really saw God when our prayer group went on a night walk and looked at the stars and moon. I think being able to see so far and realize the vastness and beauty of everything really helps center you and helps you realize there is something more and that God has created all of it."-Kathryn Smith

The beauty of the land we were in truly was breathtaking. Every night we would have people out looking at the stars and every morning have people wanting to wake up to watch the sun rise over the cliffs. If you know teenagers, you know it must have been beautiful to get them out of bed early!

> "One of my favorite parts was when my friends and I would go on walks in the morning to see the sunrise. It was beautiful, majestic, and awesome in the original sense of

the word. I could see God in both my friends and the scenery around me. I shall cherish this memory for a long time." - Elise Collins

There were some amazing moments in our worship each night as well. Worship was led by some awesome college students from around the country passionate about God and helping people. One night the activity was a foot washing similar

to that Jesus did for his disciples.



A FEAST FOR THE SENSES!

GORGEOUS PHOTOS COMPLEMENT A WORLD PREMIERE BY "ADVENTURER-COMPOSER" STEPHEN LIAS INSPIRED BY GATES OF THE ARCTIC NATIONAL PARK IN ALASKA.

THEN 21-YEAR-OLD YOUNG ARTIST CONCERTO COMPETITION WINNER ARIS DOIKE PERFORMS DVORAK'S MELODIC AND VIRTUOSIC CELLO CONCERTO.

WE CONCLUDE BY CELEBRATING THE ARRIVAL OF THE BOULDER PHIL'S NEW CONCERTMASTER, CHARLES WETHERBEE, AS HE LEADS US INTO THE EXOTIC SOUND WORLD OF SCHEHERAZADE.

GENERAL ADMISSION STUDENT/SENIOR - \$10
GENERAL ADMISSION ADULT - \$20
PREMIUM SEATING - \$20

TICKETS AVAILABLE ONLINE WWW.STLUKESHR.COM AND AT ST. LUKE'S UNITED METHODIST CHURCH 88 17 S. BROADWAY HIGHLANDS RANCH, CO 80129

303-791-0659

More information and tickets; www.boulderphil.org/concerts/opening-night or call 303-449-1343 x2



James Ramsey Director of Music & Arts Ministries



Kenrick Mervine Associate Dir. of Music Ministry/ Organist



Jennifer Ferguson Associate Director of Music Ministry



Kay CoryellDir. of Handbells
& Children's Music
Ministry

Nunsense Nunsense

Nunsense Oct. 24-26!

Who doesn't want to see a bunch of tap-dancing nuns? *Nunsense*, the hit Broadway show, is coming to St. Luke's! This lively hilarious show about 5 Catholic nuns is being lovingly produced by the St. Luke's Wesley Players and will show in the Fellowship Hall Oct. 24-26. Look for

advertisements in the bulletin and during worship service! *Nunsense* will be free to the public with a suggested \$5 donation at the door.

Jazz at St. Luke's - Oct. 19

Join Gabe Mervine and St. Luke's Minister's of Swing for our rocking and swinging annual "Jazz at St. Luke's". This popular concert is FREE and you can attend it on Sunday, Oct. 19 at 7:00pm in the Sanctuary.

Do you play? Do you sing?

Calling all violins, trumpets, hand bells, kazoos, vocal sopranos, baritones, shower singers, and everyone in between. If you sing or play an instrument, there is a place for you in the St. Luke's music ministry program. Contact Jennifer at jennifer@stlukeshr.com to inquire about groups and availability, or check out the website for a list of our groups.

Join our Youth Music!

SLYJO (Youth Band) begins at 3:30pm on Sundays followed by Soul Purpose (Youth Choir) at 4:30pm in the music room. Open to any youth grades 7-12. Join in any time! See you there!

"I really saw God when our work groups washed each other's feet during devotion. We didn't expect it to be a big deal, but by the end we were all crying and hugging. It was a much more emotional and spiritual connection than we anticipated and it really helped us connect with each other." — Sarah Eagleston

"Connection" was a key word heard around camp. All over, connections were being made and built stronger. Whether it was the connections with others from our church, from other churches, with the leaders of our trip, with the community, or with God, everyone can agree that there was a much defined purpose and specialty about this trip, and that was building connections.

"This experience was a true commitment and opportunity of a lifetime. I will remember the mission trip due to the new relationships and interactions formed outside my community and my comfort zone as well as our new neighbors who we positively impacted throughout our journey." – Anna Fisher



The Second Wind Fund is an outgrowth of several teen suicides in the 2000-2001 school year at Green Mountain High School. As a result of these tragic occurrences, the people at Green Mountain Presbyterian Church dedicated their annual picnic in 2001 to raising funds to try and help out the staff at Green Mountain HS. They managed to raise nearly \$500 with what was originally thought of as a one time event. Their funds were given to people in the mental health community, and The Second Wind Fund was born. It has been in existence for 13

years, and to date has provided therapeutic counseling for over 3600 teens considered to be at risk to suicide. During the 2013/2014 school year they served over 500 teens.

The 13th Annual Second Wind Walk/Run will take place at Jefferson County Fairgrounds on Sept. 21 10:00am-3:00pm 5K • 3 mile walk • 1 mile walk

Second Wind Fund saves lives by connecting children and youth at risk of suicide with professional, specialized therapy and by paying for up to 12 counseling sessions. Your help and support is critical to Second Wind Fund's ability to continue this life-saving work.

Event Details and Registration: **www.secondwindwalkrun.org.** You can register a team of friends or colleagues with any team name (one individual registers then there is a team option).



St. Luke's United Methodist Church

8817 S. Broadway • Highlands Ranch, CO 80129

303-791-0659 • www.stlukeshr.com

St. Luke's United Methodist Church welcomes you to our Christian family, where we share life. Wherever you are in your faith journey, you are accepted and encouraged to grow spiritually.

Join us in growing together toward full humanity through living the teachings of Jesus: Love, Acceptance, Justice and Hope.

For the most up-to-date calendar of events check www.stlukeshr.com

FLU SHOT CLINIC THIS FALL

Many thanks to Brion Antinoro for hosting our FLU SHOT CLINIC on Sundays, Sept. 7 and Oct. 5.

CONGREGATIONAL CARE

Brenda SchaferOffice Administrator

Don't you be afraid, for I am with you. Don't be dismayed, for I am your God. I will strengthen you. Yes, I will help you. Yes, I will uphold you with the right hand of my righteousness.

–Isaiah 41:10

PRAYER CONCERNS

Please stop by the Information Center, by the front door, where you will find the complete and updated Prayer Concerns list or view the listing on our website. Contact Rev. Sallie Suby-Long or Brenda Schafer if you have any additions/removals. 303-791-0659 x32, leave a note on the front desk, or email sallie@stlukeshr.com or brenda@stlukeshr.com

LATEST ENTRIES TO PRAYER LIST:

Joe Forbes – Rev. Janet Forbes' brother Kathy Hutchinson – Dave Laurvick's sister Jan Lindquist Debi Sheppard Jane Riegle Lee Long —
Annie VanHoosen's sister
Sue Thompson —
Diana Stephen's mother
Eileen Law
Midori McCarthy
Linda Fligg
Pete Middleton

Paul Peterman
Lynne Harris –
Rev. Jim Harris' wife
Lynn McNichol –
Trudy Turner's friend
Susie Jenkins –
Sharon Smith's friend
Bob Halderman

Kate & David Unruh –
Val Clark's friends
Mike Stephens
John Brendlinger
Dax
Julia Klug – Peter & Linda
Young's granddaughter
Diane Snyder –
Lynne Sorsby Barker's sister

SYMPATHIES TO:

Michelle Welch

Don & Marcia Enger on the passing of their sister-in-law, Dixie Enger

Joanna Murray on the passing of her colleague, Karen Bricklemeyer

Steve Marschke & Linda Friedrichsen-Marschke on the passing of Linda's mother, Donna Friedrichsen

Kay Swanson on the passing of her cousin, Barry Erben

Kathy Enloe-Miller on the passing of her husband, Chuck Miller

Leslie Porter on the passing of her mother, Bonnie Debbie Dowis on the passing of her mother, Ernestine Pennock

Charlie & Jan Rufien on the passing of Charlie's cousin, Bea Lasky

Tom & Sharon Hayllar family on the passing of Tom's uncle, Tom Humphries and family friend, Greg Johnson

Bill & Joan Goddard on the passing of Joan's father, Denis Buchanan

Kay Swanson on the passing of her former mother-in-law, Colleen Swanson

CONGRATULATIONS TO:

Adam & Nettie Funk on the birth of their daughter, JoElla Avonlea Funk and to big sister Avianna, too!