

The Chronicle

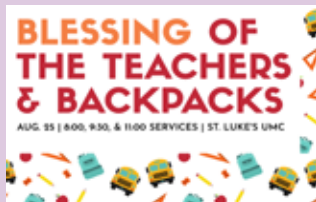
Highlands Ranch, Colorado

ST. LUKE'S UNITED METHODIST CHURCH

AUGUST/SEPTEMBER 2019

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August 25

Bring your backpack for a special back-to-school blessing at all 3 services. We will also do a blessing for teachers. We love teachers!



We collected over 1500 children's books for the African Library Project and got them sent on their way to Kenya in July. Kudos to all who donated and to Sharon Oliver, Betsy Keyack and Lisa Heaton for leading the project. We took 18 40lb boxes to the post office and the postal staff thought it was just an amazing thing we were doing and applauded our efforts. Was a nice moment of sharing our "beyond" with others!

Feeding of the 5000 Food Drive Sept. 21-22 & 5k Run Sept. 28!



It's now time to register for the St. Luke's Feeding the 5K Run/Walk which will be held on Saturday September 28 at 9:00am. Sign up now with the link on the St. Luke's website or at Race Roster at www.Feedingofthe5k.com. This year's food drive will be held the weekend before the race (Sept. 21-22) and will benefit FERN (Food Exchange Resource Network). FERN actively participates in supplying fresh and non-perishable food for less fortunate people in the Denver metro area. More information on the food drive can be found at www.feedingofthe5000.us.

This past May, Kendrick Castillo, a graduating senior gave his life to protect his fellow classmates at the STEM School Highlands Ranch. This recent tragedy has made us all want to hold our kids a little closer and this year the 5K committee decided to award all monetary donations and proceeds from the race to the Castillo Family and other STEM families who have been affected by this tragedy.

continued on page 12

CSE Spirituality & Wellness Speaker Series - Sept. 17: Megan Burch

"Building Your Emotional Immunity: Cultivating Resilience for Every Day Life" Tuesday, Sept. 17, 6:30-8:00pm

Everyone experiences ups and downs during life. Some of these experiences may feel especially challenging and might best fit the description of 'dumpster fire.' All of this is part of the human experience.

We hope you will join us for this interactive evening as we explore practices that build our emotional immune system to handle these complex circumstances with grace and compassion for ourselves. Megan Burch is a Licensed Clinical Social Worker in private practice, Joy Creek Counseling, LLC. Megan specializes in trauma recovery and secondary trauma resiliency for helping professionals and first responders. Megan enjoys creating opportunities for others to heal from difficult life experiences and reconnect with themselves. Megan also enjoys facilitating community workshops that focus on increasing awareness of the experience of trauma and building sustainable practices to help folks move through this journey of life. *Childcare available with 48 hour reservation to sam@stlukesbr.com.*



Homosexuality & THE CHRISTIAN FAITH

New worship series and small groups in September!

Nearly every Christian who acknowledges an aversion to homosexuality does so on the basis of what he or she believes the Bible says. So, what does the Bible actually say about this topic? When the Bible speaks of homosexuality, does it mean the same thing we mean when we speak of homosexuality? In this series we will examine six passages from the Old and New Testaments people traditionally quote as the Bible's teaching on homosexuality—Genesis 19, Leviticus 18 & 20, Romans 1, 1 Corinthians 6, and 1 Timothy 1.

This series is in response to many in our congregation asking for more opportunities for these conversations. Important questions to ask are: Have these texts been misread and misused? What is an appropriate interpretation and use of these texts? How does the Christian faith inform our thinking on this issue? And what does it look like for us to be a faith community together, even if we don't arrive at the exact same conclusions?

Join us in worship beginning Sept. 8 as we explore homosexuality and the Christian faith. Then, join one of the small groups as we delve deeper into these texts, listen to one another's stories, and explore how our faith informs our relationship with one another.

Homosexuality and the Christian Faith:

Worship Series: Sundays – Sept. 8, 15, 22 & 29 at 8:00, 9:30 & 11:00am

Small Group led by Rev. Jessica Rooks: Sundays – Sept. 8, 15, 22 & 29 from 12:30-2:00pm

Small Group led by Rev. Ryan Canada: Wednesdays – Sept. 4, 11, 18 & 25 from 6:30-8:00pm

Sunday Worship Services

8:00am, 9:30am, 11:00am,
Contemplative Service
(Check website for dates & times)

Sunday School

Adult, Youth & Children:
9:30am & 11:00am

Nursery

8:00, 9:30 & 11:00am services

Office Hours:

MON-THU: 8:30am-1:00pm & 1:30-4:00pm

FRI: 8:30am-12:00pm

Church Office.....303-791-0659

Email.....office@stlukeshr.com

Website.....www.stlukeshr.com

Little School Office.....303-791-1982



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Lead Minister of Worship & Missional Life

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Lead Minister of Community Life

Rev. Schawn Kellogg.....x143
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Sharon Oliver.....x127
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Director of Instrumental Music

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Director of Servant Ministry

Hannah Shepperd.....x110
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Rex Gradeless.....x124
Director of Finance

Kristi Pawley.....x116
Accounting Clerk

Leon Hreck.....x110
Building Maintenance/Custodian Fall-Spring

Jack & Luke Ramsey.....x110
Summer Custodians

Kelly Amadeo.....x115
Director of Little School

All submissions for the
October/November "Fall" issue
of *The Chronicle* are due

September 20, 2019

Editor: Sharon Oliver

chronicle@stlukeshr.com

The *Chronicle* is published 6 times per year
and is emailed to those on our email blast list,
and it can be found on the church website.
Printed copies are available at church entrances.

To receive *The Chronicle* via US mail,
please call or email the Church Office.



Rev. Jessica Rooks

Lead Minister of
Community Life

After the General Conference 2019 in February, we have seen a movement in Annual Conferences in the United States to speak out against the church's exclusionary policies directed towards the LGBTQIA community. This movement strengthened during the summer annual conference meetings across our country with the election of a majority of progressive and moderate delegates for next year's General and Jurisdictional Conferences. There were also several gay and lesbian individuals licensed, commissioned and ordained into ministry across the country, despite the church's rules against this. And, many annual conferences passed legislation declaring they would not follow the exclusionary and punitive rules passed at GC 2019.

St. Luke's is a member of the Mountain Sky Annual Conference, which met June 13-16, 2019 in Billings, Montana. Here are a few highlights that might be of interest to St. Luke's UMC:

- **Susan McIntosh (member of St. Luke's) was elected as a reserve delegate** to Jurisdictional Conference. The Western Jurisdictional meeting will be July 15-18, 2020 in Billings, Montana. This meeting includes elected laity and clergy from the Western Jurisdiction of the UMC, which includes the Mountain Sky, Desert Southwest, Oregon-Idaho, Pacific-Northwest, California-Pacific, California-Nevada, and Alaska Conferences. The meeting will consist of approximately 100 delegates from these conferences. The meeting will include the election of Bishops (if any current Bishops choose to retire). It is expected that this WJ meeting will also include discussion and possible decision making regarding next steps for the jurisdiction based on the events of the 2019 and 2020 General Conference meetings. Susan is a reserve delegate, which means she steps in if any of the laity delegates cannot attend.
- **I was elected as a reserve delegate to the General Conference**, and a delegate to the Jurisdictional Conference. The General Conference meeting will be May 5-15, 2020, in Minneapolis, Minnesota.
- **Rev. Emily Kintzel**, daughter of Bob and Fran West, was ordained an Elder in the UMC.
- **Rev. Ryan offered one of three speeches/sermons** on Friday related to addiction and healing – this is one aspect of beloved community Bishop Karen choose for this year's focus.
- **The conference passed petition MSC-10 titled All Are Welcome.** This states that the Mountain Sky Conference (MSC) believes the Traditionalist Plan goes against Christian teaching, and we as a conference will not comply with it. The petition states that the MSC rejects and will not comply with the exclusionary and punitive policies focused against the LGBTQIA community, allies, and those who wish to follow a biblical witness to the love of God revealed in Jesus. The petition states we will welcome all persons into the full life of our congregations.
- **The conference passed petition MSC-09 titled Moving Towards God's Good Future.** This petition authorizes the Roundtable (Executive Leadership Team of the Conference) to form a team to research and develop options for moving forward – this could include legislation for the 2020 General or Jurisdictional Conferences, plans for separation, or plans for joining with like-minded conferences and individuals within the UMC.



There are many questions about what is next for the United Methodist Church, and at this point there are no clear answers, but there are a number of possibilities. Clergy and laity from across the theological spectrum have been gathering, talking, praying, and trying to find a way forward. In September, three thousand Methodists are expected to gather in Kansas City for continued conversation.

It is important that we are aware of these conversations and the possible outcomes for the United Methodist denomination. At the same time, these denominational conversations do not have to detract from the ministries of St. Luke's. Whatever happens, we will continue to uphold our vision and live into our principles; we will continue to be St. Luke's together:

Because of the life and teachings of Jesus, we exist to deepen people's connection with God, show compassion for all, and reflect God's love in a way that changes lives.

Grace leads us to Courage. **Courage** moves us to Wonder. **Wonder** leads us to go Beyond. **Beyond** moves us to Grace for all.

Grace and Blessings, *Rev. Jessica*



Rev. Dr. Sallie Suby-Long
Lead Minister of Spiritual Life
Director – Center for Spiritual Engagement

Commitment to Wellbeing

HEALTH • HEALING • RECOVERY

Our commitment to fostering wellbeing of mind, body, heart and spirit continues to thrive! We've had some remarkable opportunities over the past months and we



continue to create new ways for you and your loved ones to experience enhanced health, healing and wholeness. There are opportunities for families, couples, and individuals of all ages. Here is what has been happening and some of the opportunities in store in the months ahead.

HEALTH and Wellbeing

What's Been Happening: A class about BLUE ZONES - What helps people thrive and live long, healthy lives, Weekly Feel Good Yoga Classes, Summer hikes in our gorgeous state. Mental Health First Aid training. One-on-One and Group Spiritual Mentoring. Enneagram Workshops for Deeper Self Understanding. Individual Coaching sessions to connect with purpose and enhanced wellbeing.

What Will Be Happening: More Hikes! Wellbeing Retreats. Conscious Cooking Classes. Self-Awareness through the Enneagram Self-Development Process. Nutrition and Conscious Cooking Classes. Individualized Coaching. Yoga. Wellbeing Counseling. A Seminar on Emotional Immunity to Cultivate Resilience in Everyday life - September 17, 6:30pm at St. Luke's. Go to the Center for Spiritual Engagement website www.stlukesce.org, or connect with me at sallie@stlukeshr.com.

HEALING and Wellbeing

What's Been Happening: Support through our pastoral team and compassionate Stephen Ministers for all who are in the midst of life transitions, health concerns, loss, spiritual questions, or the ups and downs of life. Hospital, home and care center visits. Referrals for additional support. Distribution of CARE NOTES, Grief Support Books and additional resources.

What Will Be Happening: Individual and family care and counseling. One-on-one listening and spiritual support through our trained Stephen Ministers. Individualized coaching and spiritual direction through certificated professionals. Grief support groups. Enneagram self-development consultation with certified enneagram educators. Continuation of all care ministries. Contact Sallie@stlukeshr.com or Schawn@stlukeshr.com or Sam@stlukeshr.com.

RECOVERY and Wellbeing

What's Been Happening: Multiple 12-Step Recovery program support groups meeting at St. Luke's daily and weekly. FREE, a new spiritual community for addicts, loved ones of addicts and spiritual refugees, has gathered every Saturday night at 7:00pm on Arapahoe Road just west of I-25.

What Will Be Happening: Continued opportunities to connect with 12-Step Recovery programs in the St. Luke's Community. FREE will continue weekly Saturday gatherings at 7:00pm and is also expanding opportunities to include new studies and small groups throughout the week! Contact Ryan@stlukeshr.com

We are here to connect you to opportunities that meet your needs at this time in your life. I look forward to our conversations, calls, texts, and emails!

We are committed to:

- proactive opportunities that enhance health and wellbeing.
- responsive opportunities that foster healing and wellbeing.
- recovery opportunities that restore wellbeing.

Every blessing, **Dr. Sallie Suby-Long**



Rev. Ryan Canaday
Lead Minister of Worship & Missional Life

Storyline is Back!

This Fall we are bringing back Storyline! You might remember, we did some Storyline groups in our community about four years ago. These groups helped us grow a stronger sense of

community while allowing us to go deeper in our relationships. Many of you have requested that we offer it again. So, beginning in October, we'll dive into our stories together through a 7-week worship series and small Storyline groups.

Have you ever thought of your life as a story?

God has given each of us a unique story. Your life tells a story, and the story you're telling matters. We tell this story with God and God wants to create something beautiful with us! A story is simply this: a character who wants something and overcomes conflict to get it. All good stories are made up of positive and negative turns—indescribable joy and deep pain, big achievements and major losses, simple celebrations and profound suffering.

- What's your story?
- What are the story turns that have taken place in your life?
- Who are you and where are you headed?
- And what does your story have to do with the vision of St. Luke's and our principles of GRACE, COURAGE, WONDER, and BEYOND?

It's going to be an exciting time here at St. Luke's this Fall!

Grace & Peace, **Rev. Ryan**



On July 31 FREE hosted a Panel Discussion on **"Loving a Loved One Who's Addicted."** We had three experienced and professional voices from the community come and share with us why this topic matters today, how to love the addicts in our

midst well, and what our response might be as people of faith. We had a packed house and the discussion was real, raw, and vulnerable... and we have lots of work to do in our community when it comes to issues of addiction and recovery. In addition to our weekly worship service on Saturdays at 7:00pm, FREE will continue to host these kinds of learning and interactive opportunities. —Rev. Ryan



Renae Parra
Director of
Servant Ministry



Get Connected at St. Luke's. To learn more about opportunities to get involved, contact Renae at renae@stlukeshr.com or x117

Opportunities for YOU!

Are you looking to engage (or re-engage) in St. Luke's through service? We have opportunities for you to help out one Sunday per month (such as working on our coffee/donut team,

Ushering, helping in Sunday School, etc.) We also have opportunities on our more formalized teams that do the work of our church such as: Trustees who care for our building, Missions who oversee the missional programs we participate in and Bereavement who prepare receptions for our funerals. These are just a sampling of the ways you can serve and be involved.

We all have God-given gifts that need to be shared to make us whole. Please consider giving a little of yourself to serving St. Luke's. I would be happy to help find the right place for you. Stop by the Get Connected Center on Sundays or email me at renae@stlukeshr.com

Like good stewards of the manifold grace of God, serve one another with whatever gift each of you has received. (1Peter 4:10)



Hannah Shepperd
Director of
Communications and
Office Administration

Moving BEYOND with technology: St. Luke's Church App

This summer, St. Luke's debuted its first ever Church App! The purpose of this app is to connect our congregation with technology and information in an efficient and simple way. But, why should **YOU** download the app? There are more than a few reasons:



- You can now get all of the information in the bulletin right on your phone in one place. Not only is there a button to directly view the **bulletin** in the app, but there is also an **"Announcements"** section, where you can click through the weekly announcements. No need to grab a paper copy!
- Did you miss a sermon? You can view all archived sermons in the app by clicking the **"Sermons"** icon. So, even if you pressed snooze a few too many times this Sunday, you can still enjoy the weekly message.
- Also, click on **"My Profile"** in the bottom right corner to type **sermon notes** (that stay saved on your phone!). No more searching through stacks of old bulletins to find that verse you liked.
- Through the **"Connect"** icon, our visitors can easily connect to our congregation, and groups that interest them.
- Let us know how we can pray for you by filling out the **"Prayer Request"** form.
- Keep up with church happenings through the **"Calendar," "Music," "Youth,"** and **"Children"** icons.
- Connect with our extension ministries through the **"FREE"** and **"Center for Spiritual Engagement"** icons!
- Finally, read the bi-monthly newsletter through the **"Chronicle"** button.
- There are even more ways to contact staff and connect with St. Luke's in the **bottom row** of icons.

So, why get download the app? Why not?! The app keeps us connected while **using less paper**, allows you to directly interact with announcements, and houses church information in a simple, accessible place on your phone.

- **To download**, search **"My Church App"** in the iTunes or Android app store, and download. Once the app has downloaded, open it, and search for **"St. Luke's United Methodist Church."** Our church should pop up with the recognizable purple logo: click on that, and you're all set!

We hope to continue progress on the app in the future, so look for announcements of improvements! If you have any questions, please email office@stlukeshr.com.

Check Out a Class!

- **Which God?** class by Steve Bennett (Wednesday evenings 7:00-8:30pm, starting September 25)

We live in a time when competing theologies demand allegiance. Not only are we confronted with the differences between major religions such as Islam, Buddhism or Hinduism but also the variations within the historical Christian community. Of particular note are the different views expressed by conservative and progressive Christians whatever denomination.

We will start with a juxtaposition of Evangelical and Natural theology and emphasize the root stance on who God is. For example, taking the extreme positions of pantheists as claiming God is in everything while presenting the conservative position that God creator is external to our world revealed through Christ and able to intercede in human affairs. Both positions should be recognizable as well as many variants, all of which lead to differing conclusions about how we should behave.

Sign up at Get Connected in September (or email renae@stlukeshr.com)

- **More Biblical Archaeology Classes:** September 8, October 13 and November 10 (all 11:00am-12:30pm) see details on page 7
- **Rev. Jessica Rooks will continue her Bible Study** on Fridays (noon-1:00pm) at the church. This Fall she will start with studying on the book of Acts.
- **Homosexuality and the Christian Faith.** We will offer two small group discussion classes tied to the scriptures we will be studying during this sermon series in September. The small groups will be offered on *Sundays 12:15-1:00 (led by Rev. Jessica)* and *Wednesdays 6:30-8:00 (led by Rev. Ryan)*.

These classes are a direct result of our large group conversations we have held since General Conference and are in response to your request to continue the conversations and learning in smaller groups. Look for registration in August.

- **We will be re-launching Storyline small groups which will start in October.** A variety of days and times will be available and we encourage full participation in this small group class! Look for sign-ups in September.



Have a Few Hours to Help?

Do you have a few hours to help with a missions project? We have several opportunities where a few hours of your time can make a meaningful contribution to a larger effort. One of the advantages of being part of a missions-oriented community is that we have chances to serve that fit the time you have to offer.

St Luke's continues to help at Sedalia Elementary. If you have a few hours a week to help a child, this is a good project for you. Betsy Keyack can provide information on this project: bkeyack@att.net

Friday, Sept. 20-Sunday, Sept. 22 is the weekend for Feeding of the 5000 this year. A half day of your time would be a great help to this project. The food that is gathered is distributed through the FERN food bank and supports food pantries all over the south part of the metro area. Look for an on line sign up starting in August: stlukeshr.com

St. Luke's has had a long time relationship with We Don't Waste. They continue to provide opportunities for volunteering. You can visit their website at: www.wedontwaste.org/volunteerjobs. You can help with both the gathering and distribution of meals. They have a particular need for help in gleaning the suites at Mile High Stadium after Broncos games.

Local mission partner Love INC offers a one-hour orientation at their office bi-weekly (2nd Wed. at 1:00pm; 4th Mon. at 6:30pm). Volunteer, email kris@loveincittleton.org or call (303) 794-5683.

A few hours of your time can make a real difference to someone in need. St Luke's has these and other projects that need people's time. Please see if you can help.

—Monty Hoffman

This year's Golf Event was a great success!

The 2019 St. Luke's golf event kicked off at 8:00 am on Saturday, August 3 at Arrowhead Golf Course. After a few announcements by Dave Rhodes and a prayer led by Rev. Jessica, seventy-three golfers took to their carts and spread out across the course. Having already filled up on coffee and breakfast burritos, the golfers were ready to fight the morning wind, purchase extra mulligans along the course, and help raise funds for the St. Luke's Ministry in Motion buses. All funds raised at the golf event support the maintenance and upkeep of our two buses, which provide transportation for our children, youth, Seasoned Voyagers, and residents at Wind Crest.



Friendly competitions along the course included the longest drive, putting, and closest to the pin. Golfers could even buy their first shot on a par 5 hole, assuring prime location for a second shot. After a few hours on the course, volunteers and participants enjoyed lunch and a silent auction together. It was a beautiful Saturday on the course, and a fantastic event for all involved.

A huge THANK YOU to Dave Rhodes, chair of this year's Golf Committee which included Alan Babcock, Marty Davidson, Brian Owens, Jon Takayama and Brad Warren. Also, thank you to the volunteers -

Stephanie Kirk, Linda Babcock, Jenita Rhodes, Kam Boles, Edee Worth, Nan Woods and photographer Ken Fong. And, thank you to the seventy-three participants who spent the day golfing for a good cause.

Winning Team pictured above (Andy Harman, Jason Ingram, Brian Penner, Shaun Wandler)

Lastly, we want to thank our sponsors for this year's event - Nancy Abbott, the Performing Arts Academy, Ludvik Electric Co., Jane & Josh Staller, AGS Construction, JSM and Associates, Henkel Phelps, Logplan, and Inter Mountain Electric.

Guatemala Mission Trip 2020!



St. Luke's will sponsor a mission trip to Guatemala March 14-22, 2020. Cost for the trip is \$1,900, with \$250 due at the time of application. Registering by Sept. 24 will reduce the trip price to \$1,850. If you would like to go and have any questions, please contact Ron Miller (720-381-9452, ronmiller74@gmail.com). Our first team meeting will be Sunday, August 18 at 12:15pm in room 213.

During our trips our construction projects will cost a total of \$11,000 which the teams will raise, however, prior construction experience is not required. We will also spend time helping at the school in the village.

Fundraisers for the trip will be our Annual Guatemala Burrito Breakfast that will be held on Jan. 5, 2020. Burritos will sell for \$4 for pre-sales and \$5 on the day of the breakfast, and pre-sales will be available in the Fellowship Hall between services during early-to-mid December.

Dudes Clean up Our Labyrinth



On June 26 the Dudes on Deck men's group at St Luke's completed a service project to clear the Labyrinth area behind the church of weeds and grass clippings. We spent a couple of hours weeding, edging and trimming the trees around the area.

Many of you may not know what a Labyrinth is or that we have one at St Luke's. Our Labyrinth was completed in June 2011 by Ben Krantz of Boy Scout Troop #634 as his Eagle Scout

project. A Labyrinth is an ancient symbol that relates to wholeness. It combines the imagery of the circle and the spiral into a meandering but purposeful path. The Labyrinth represents a journey to our new center and back again out into the world. Labyrinths have long been used as meditation and prayer tools. Our Labyrinth is behind the church just west of the garden and playground. If you haven't seen it, please check it out. Walk slowly and prayerfully through the maze to the center. Then pause and continue back through the maze to the outside. It is a great way to journey to a deepening spirituality. —Bob West



Children's Calendar Praise, Play & Prayers

(check website for full calendar)



- August 25 (SUN) - **BLESSING OF TEACHERS & BACKPACKS**
- August 25 (SUN) - **Special MUSIC SUNDAY SCHOOL - PEAK 9:30am.**
- September 1 (SUN) - **NO SUNDAY SCHOOL** Enjoy Family Worship!
- September 7 (SAT) - **PARENT'S TIME AWAY 9:00am-noon.** Contact Sam for more info.
- September 13 (FRI) - **PARENT'S NIGHT OUT 6:00pm.** Contact Sam for more info.
- September 15 (SUN) - **SLY, JR. KICK OFF 6:00-7:15pm.** For all 5th & 6th graders and their parents. Contact Sharon for more info.
- September 25 (WED) - **ANNUAL SAFE SANCTUARY VOLUNTEER TRAINING 6:30pm.** Join us for important info and prize drawings and a special guest speaker!
- September 29 (SUN) - **ACOLYTE TRAINING - 11:45am** for 2nd-6th graders.
- September 29 (SUN) - **SLY, JR. 5:30-7:30pm.** Contact Sharon for more info.
- October 5 (SAT) - **PARENT'S TIME AWAY 9:00am-noon.** Contact Sam for more info.
- October 6 (SUN) - **3rd GRADE BIBLE SUNDAY** St. Luke's has a wonderful tradition of gifting our 3rd Graders with their very own Bible! They have their Bible presented to them upstairs in the worship service and then get to meet as a class with the pastor and go over their Bible. This is a rite of passage that our families really look forward to. This year Bible Sunday will take place on Oct. 6 AND we will continue with 2 additional Sundays of Bible Study with our Pastors for our 3rd Graders Oct. 13 & 20 at 9:30am!! This will be an awesome experience for those 3rd graders to explore this amazing book in depth. If you know of a 3rd grader who would like a gift Bible on Oct. 6 and would like to participate in our 3rd Grade Bible Study Sundays, **please send their name to sharon@stlukeshr.com by Sept. 29.** Thanks!!!
- October 11 (FRI) - **PARENT'S NIGHT OUT 6:00pm.** Contact Sam for more info.



Sharon Oliver
Director of
Children's Ministry
sharon@stlukeshr.com



Samantha Leahy
Director of Early
Childhood Ministry
sam@stlukeshr.com

St. Luke's Kids
Growing with God

Welcome to St. Luke's Kids – our ministry to children birth through grade 6.

In caring for the children of St. Luke's and their families, we seek to nurture and develop faithful loving lives, modeled after the Love, Acceptance, Justice, and Hope of Jesus, through relationship and learning. We strive to create sacred spaces and experiences for children to discover and be inspired by God's love.

Join us for Sunday School at 9:30 & 11:00am and register online any time throughout the year. We run on volunteer help. Sign up online to serve our children. Thank you!



WOW! VBS & Wacky Wednesdays – Summer Fun & Learning at St. Luke's

Summertime at St. Luke's means children and lots of them!

Our Wacky Wednesdays program (6 Wednesday mornings) this summer focused on courage through characters from the Bible such as Daniel, David, Esther and Paul. We also experienced wonder in the crafts and music shared each week and moved beyond ourselves by making new friends and connections. And 222 children joined us each day for a week of Vacation Bible School at the end of June. We went "To Mars and Beyond" and explored where God's power can take us! We experienced Bible stories and concepts of Faith, Boldness, Kindness, Thankfulness and Hope through Crafts, Music, Science, Games, Bible Drama and Snacks. And our favorite song taught us

to "ROAR" like lions. Thank you to our over 120 VBS volunteers and to our Wacky Wednesdays teachers and assistants who were examples of grace through their poise and gentleness with every student. We are also grateful for the generosity of our congregation for donating lots of our VBS supplies and to our mission of hygiene kits for the homeless. THANK YOU! We look forward to another VBS and Wackys summer next year!

Glory to God, who is able to do far beyond all that we could ask or imagine by his power at work within us. –Ephesians 3:20



Registration is NOW OPEN AND our Annual Volunteer Training is Sept. 25!

Register for the 2019-20 Sunday School year on the website: www.stlukeshr.com or paper forms are also available at the church. We ask all families to enroll their children EACH new school year so we can update our records. Our Sunday School year kicks off Sept. 8 "PROMOTION SUNDAY" with the kids moving up to their new grades. (finally!) We are so excited to share God's love with your kids. AND we can't do it without our wonderful volunteers. **Attend training and sign up to serve for the coming year. THANK YOU!**



Kelly Amadeo
Director of
Little School



Little School News:

Welcome Back to School!

We are so excited to welcome all our returning families as well as our brand new families! School starts on August 26th and we have a lot of fun activities planned to welcome our Little Schoolers to the new school year.

In April, we went through a very intense rating process with Clayton Early Learning and Colorado Shines Quality Rating and Improvement System. Our teachers were observed in their classrooms at random, and large amounts of documentation was required during the process. We were thrilled to be awarded a Level Four, which made us the highest-rated Christian Preschool in Highlands Ranch! We continue to carry these standards into our next school year while providing top-notch early childhood education to the children in our community.



This summer, volunteers from different ministries of the church have continued to bless us through the Mini Missions project. Volunteers have been painting, pulling weeds, cleaning, tidying up the playground, and much more. We are officially ready for the new school year!

This school year, we will continue to offer events and activities designed to welcome family involvement at Little School. We have such a wonderful and fun school year planned.

Little School Families, please save the dates:

August 22: Parent Open House, 6:00-7:30pm

August 23: Children's Open House
MW, MWF, and Explorers 10:00-10:45am,
TTH, TTHF 11:00-11:45am

August 26 & 27: First Day of School!

God Bless our students, teachers, and families!

With Love,

Kelly Amadeo, Director

UMW: Purposeful Future

St. Luke's United Methodist Women has had a year of thoughtful preparation for the future living through our PURPOSE. During this time, we have continued to support local church youth, district pledge and local and international agencies with \$1,400 in donations. We are always striving to live into the future. Our activities have been limited during 2019, however, we did support Sedalia Elementary School, awarded the Veteran Quilt, the Holiday Shop and Vacation Bible School.

We are looking forward to resuming events that you have enjoyed in the past:

Bake Sale (Oct. 20), Winter Dinner (Dec. 6)

Our Interest Groups are still active:

Book Club, Common Thread, Itch to Stitch

Keep an eye on the Sunday Bulletin, weekly emails and the brochure in the information racks by the front door for the new fall schedules and updates. If you have suggestions or questions feel free to contact Betty Ludlam, betty.ludlam1718@gmail.com



"The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church."

BIBLICAL ARCHAEOLOGY with REV. SCHAWN KELLOGG

fall 2019 | 11:00am | room 213

9/8 HEROD THE GREAT...

...AND HORRIBLE

Herod was a prominent figure in the Bible and a real and documented ruler. Come hear about his role in Christian history as we tie it to Scripture, his building campaign, and some incredible archaeological finds that illuminate this history along with the tragic modern day ending to the story!

9/29 THE EXODUS:

WHAT WE KNOW, SUPPOSE, AND HAVE DISCOVERED

The journey from Exodus has deep meaning; is any of it legend? Join us to see what has been discovered. We will hear video descriptions and insights from Biblical archaeologists who have devoted much of their careers to studying Exodus.

10/13 CUNEIFORM CLUES:

ANCIENT TABLETS AND THEIR LINKS TO THE FLOOD AND CREATION STORIES

In the mid-19th century, a collection of clay tablets are found among the ruins of an ancient Babylonian city. The find contained an extraordinary record of what life was like in the ancient near east 3,000-4,000 years ago. Among those texts, scholars were startled to find a creation story very similar to the Genesis creation story as well as an ancient flood story. Come hear about the Enuma Elish and the Epic of Gilgamesh, described by some as the world's oldest works of literature, and how they may be related to our Biblical stories.

11/10 MASADA:

THE MAJESTY AND TRAGEDY OF THIS DESERT FORTRESS AND THE EERIE FINDS THAT HELP TELL THE STORY

A fortress in the Judean desert, not far from the Dead Sea, Masada was a palace site for King Herod and the site of a first-century stand-off between Jewish zealots and the Roman army. See photographs of the archaeological artifacts found at the site that support the legend of the tragic end of its occupants.

EMAIL REV. SCHAWN (SCHAWN6@HOTMAIL.COM) IF YOU PLAN TO ATTEND.





CSE Purpose:

To foster healing and wholeness of mind, body, heart, and spirit through experiences that inspire connection and wellbeing.

Take a look at our website:

stlukesCSE.org

CSE OUTDOOR ADVENTURES:

Alpine Hike on the Burning Bear Trail – July 13:

We hiked this gentle out and back trail along beautiful, free-flowing Geneva Creek, against the towering backdrop of Flat Top Mountain and Geneva Peak. We enjoyed beautiful, abundant wild flowers, thanks to late spring moisture. Janet Johnson pointed out “middens” along the trail, created by red squirrels feasting on spruce cones. Sitting on their favorite branch, stump, or wherever, red squirrels pull the outside bits of the cone off, letting them fall to the ground below, and eat the seeds inside.

Spruce Mountain Hike – June 8:

We climbed up through pine forests on a trail with well-designed switchbacks to the top of the mountain, which is actually a butte. A loop trail at the top circles the mostly level perimeter and offers beautiful views of Pikes Peak, the Palmer Divide, and the beautifully sculpted sheer south face. Our cool wet spring has encouraged the growth of abundant and varied wildflowers. It was great, once again, to welcome new “first-timers” to this outdoor adventure.

For further information on this and future hikes please contact Jane or Julie. (juliepolikoff@msn.com).

Save the dates:

August 16 (Fri.) - Chicago Lakes Hike
(challenging)

September 21 (Sat.) - Hike to Silver Dollar Lake at the height of Colorado's Fall Colors

October 8 (Tue.) - Hike Rattlesnake Gulch in Eldorado Canyon

November 9 (Sat.) - Hike Mount Galbraith, near Golden

Please visit the CSE Photo Gallery www.stlukesce.org/gallery to view our outdoor adventures over the past six years.



CSE CLASSES & EXPERIENCES:

Women's Weekend! Sept. 27-29. Join us at a beautiful home in Breckenridge. Relax and connect with others. \$295 (nonrefundable) includes 2 nights, most meals, and transportation. (\$175 holds your place; total due by Sept. 1.) Contact renae@stlukeshr.com



Feel GOOD Yoga – with Suzanne Rainey: Thursdays - 9:00-10:00am in the St. Luke's Chapel. Suzanne Rainey, certified yoga teacher, leads an inclusive, relaxed yoga class that provides mindfulness reading and reflection. Come try this calming, centering class. We invite you to drop in whenever your busy life allows. Bring a yoga mat. Suggested donation is \$10/class. Contact Renae@stlukeshr.com for more information.

Enneagram Panels: Our exploration of the Enneagram continues through Enneagram panels! One “core style” will be featured each month. Learn how to recognize different personality patterns as panelists share their inner world, behaviors and realities related to their core style. All are welcome! The panel conversations are facilitated by Rev. Shawn Kellogg and Dr. Sallie Suby-Long – trained Enneagram educators. Cost is \$10. To sign up for the Enneagram Panel conversations, contact Sallie at Sallie@stlukeshr.com

Panels are monthly on Sundays from 12:30-2:00pm:

- Core style “6 - The Loyalist” on Sunday, August 25
- Core style “1 - The Reformer” on Sunday, September 22
- Core style “5 - The Investigator” on Sunday, October 20
- Core style “4 - The Individualist” on Sunday, November 17

Your Wellbeing:

Wednesday, Nov. 6 Save the Date! CSE is planning a new holistic wellbeing experience: “Your Wellbeing.” The first piece is an opening retreat day on Wednesday, November 6th at the Hideaway. Individual and group follow-ups will be included in the overall experience. Space will be limited to a small group so watch for registration to open soon!

WHOLE: Exploring Wellness in the Blue Zones – with Sharon and Bob Oliver:

On July 20th Sharon and Bob Oliver invited us into their home once again to share their knowledge about how to eat more mindfully and healthfully. They focused on 5 areas of the world (blue zones), where people live longer, happier and healthier lives.

Common themes across these cultures include physical activity (natural movement), purpose, wise eating with an emphasis on plant-based nutrition, and community. We shared a light meal and blue zone recipes and left inspired. **Look for a repeat of this class coming in early November.**

CSE SPIRITUALITY AND WELLNESS SPEAKER SERIES:

“Building Your Emotional Immunity: Cultivating Resilience for Every Day Life” with Megan Burch: Tuesday, Sept. 17, 6:30-8:00pm
(See details on Page 1 of this issue)

Music & Arts Picnic

All participants of the Music and Drama ministries are invited to join together for a Fall Picnic! We'll gather from 5:00-8:00pm on Saturday, Sept. 28 at the large shelter at Civic Green Park. We'll provide the main course and beverages, and ask that participants provide side dishes and dessert to share. Please RSVP to Stephanie by e-mailing MusicArtsAdmin@stlukeshr.com no later than Sept. 23 so we can plan accordingly. Families are invited!



James Ramsey
Director of Music
& Arts Ministries



Kenrick Mervine
Associate Dir. of
Music Ministry/
Organist



Kay Coryell
Dir. of Handbells
& Children's Music
Ministry



Chris Rigolini
Director of
Instrumental Music

Music Retreat for Chancel Choir and Tintinnabulators

Friday, Sept. 27: Dinner at 6:00pm (\$5 per person, families invited), Rehearsals from 7:00-9:00pm

Saturday, Sept. 28: Coffee and Fellowship at 8:30am, Rehearsals from 9:00-11:00am

Childcare available with 48 hour notice to Sam@stlukeshr.com.

This will be a time to work through many of the pieces that Chancel Choir and Tintinnabulators will be offering throughout the fall, as well as begin work on the musical selections for the Christmas Cantata that will happen on December 8th. Please RSVP to Stephanie at MusicArtsAdmin@stlukeshr.com no later than September 23rd so she has an accurate count for the Qdoba Hot Bar dinner on Friday night.

Forbidden Broadway - Oct. 11-13



Mark your calendar! *Forbidden Broadway's Greatest Hits* are coming to St. Luke's this fall. In this long-running Off-Broadway hit musical revue, Broadway's greatest musical legends meet Broadway's greatest satirist in this hilarious, loving, and endlessly entertaining tribute to some of the theatre's greatest stars and songwriters. See 20 Musicals in 1 Show as monster hits such as *Les Miserables*, *Chicago* and *Mamma Mia* get the parody treatment from master satirist Gerard Alessandrini. "Forbidden Broadway: Greatest Hits" is designed to be a satirical, cabaret-style review.

Performances:

Friday and Saturday, Oct. 11 & 12 at 7:00pm, Sunday Oct. 13 at 2:00pm

Tickets are \$10 - online or at the door. If you have questions, please contact Melanie Kirkpatrick at melanie.kirkpatrick@gmail.com

Music Program Starting Dates: MARK YOUR CALENDARS!

We have our Kickoff dates on the calendar for the fall and hope you'll join us! Please contact anyone on the Music and Arts staff for more details.

Tintinnabulators: our adult handbell group, will meet Tuesday evenings from 7:00-8:30pm beginning August 20.

Chancel Choir: our adult choir, will meet Thursday evenings from 7:00-8:30pm beginning September 5.

SLYJO: our youth orchestra, will meet Sunday afternoons from 3:30-4:15pm beginning September 8.

Soul Purpose: our youth choir, will meet Sunday afternoons from 4:30-5:15pm beginning September 8.

Joyful Noise: our youth handbell group, will be Tuesday evenings from 6:00-7:00pm beginning September 10.

Cherub's Choir: our choir for children aged 3 through Kindergarten, will meet on Wednesday evenings from 6:30-7:15pm beginning September 11.

Junior Prayz and Primary Prayz: our choirs for children in 1st through 6th grade, will meet on Wednesday evenings from 6:30-7:20pm beginning September 11.

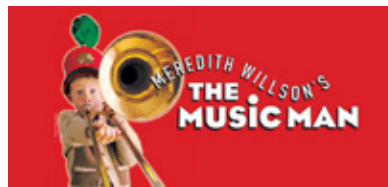
Tone Chimes: our chime group for children in 4th through 6th grade, will meet on Wednesday evenings from 7:25-8:00pm beginning September 11.

Wind Ensemble: our "cross-generational" ensemble open to all, will meet on Sunday evenings from 5:30-6:15pm beginning September 22.

Ministers of Swing: or MOS, our big band style jazz ensemble, will meet on Sunday evenings from 6:15-7:00pm beginning September 22.



The Music Man Auditions!!

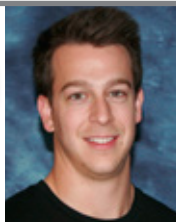


Join the Wesley Players this Spring for *The Music Man*! One of the greatest Broadway musicals of all time! When lovable, smooth-talking Harold Hill comes marching into town, you know there's going to be trouble in River City. He promises to teach the town's children

how to play in a magnificent marching band as part of a big con, but falling in love with Marian the Librarian wasn't part of the deal. When Marian tries to expose him as a swindler, Hill sets out to win her heart and save his hide. Will the town get wise to Hill or will Marian make an honest man out of him? This wonderful slice of Americana will leave your entire family humming such all-time favorites as "Ya Got Trouble", "Shipooi", "Goodnight Ladies", "Gary, Indiana", "Til There Was You", and the show-stopping "Seventy-Six Trombones". Winner of 5 Tony Awards including Best Musical. **Auditions for The Music Man are from 9:00am-12:00pm on Saturday, Nov. 16 and from 1:00-4:00pm on Sunday, Nov. 17.** Performances are Feb. 21-23, 2020. We encourage everyone 8-80 to participate! If you have questions, please contact Melanie Kirkpatrick or Jim Ramsey.

Recurring & Upcoming Events!

- * **SUNDAYS SLY AM**
9:30-10:30am
Youth Room: SLY AM
Sunday School
- * **SUNDAYS SLY PM** 5:30pm Dinner (\$2)
6:00-7:30pm Youth group fun stuff
- * **WEDNESDAYS** 5:30-8:00pm
Youth Group
- * **Sign up to receive our emails and Check stlukeshr.com and click on "Youth" or "SLY" for up-to-date info on programs, activities, opportunities and more!**



Jake Smith
Interim Dir. of
Youth Ministry

ON THE SLY: 7th-12th grade adventures

What a summer it has been! We had our High School mission trip to Texas and Middle School mission trip to New Mexico. We had a lock in, a lake day, a day at Water World and a bunch of fun in between! A special thank you to all of our amazing volunteers that make this ministry run so

smoothly! I could not do it without you!!!

Nederland Mission Trip: We took 70 people to southeast Texas where we sweat a lot. We worked on 7 different work sites with work ranging from building a roof to installing dry wall and lots of other jobs in between. This area was hit especially hard by Hurricane Harvey in 2017. It was such a blessing to be even a small part of the recovery in this area. We met so many people from the area who shared stories of the storm and their lives since Harvey.

Albuquerque Mission Trip: The middle school group went to work in the city of Albuquerque. We built 4 wheelchair ramps working with Doug Rowley (Rev. Pam even came to hang out with the group one night!) We worked at a food shelter packaging a total of 20,000 pounds of food for the week. We also cleaned up and pulled weeds at a local city park and worked with a homeless shelter doing regular maintenance and cleaning. For some of the kids it was their first mission trip experience and what a great trip it was!

As the school year kicks off so too do some changes around the Youth Room. Keep an eye on us downstairs and see what we are up to! We will continue to meet on Sunday mornings, Sunday nights and Wednesday nights. So, come hang out and bring a friend!!!

Yours in Christ, Jake

P.S. Pumpkins Are Coming! (first load Sept. 21!)



Mission Trip Hints

As someone who has gone on mission trips all throughout middle and high school, I have picked up a few tips along the way. For example,

1. Bring an extra outfit for each work day to wear after you shower.
2. Plan on having no signal on your electronics for the majority of the drive (to and from).
3. Bring a deck of cards with you (regular and Uno).
4. Don't be afraid to talk to new people.
5. Talk to the locals at your worksite, their life stories are amazing!
6. If you wear something inappropriate, Mr. Bacon will make you wear his neon orange, long sleeve, horrible smelling, cotton t-shirt.
7. Work the pumpkin patch as much as possible, it gets you money off your mission trip!
8. If your not sure how to do something on your worksite, don't be afraid to ask an adult.
9. If you go to Guatemala, take extra food with you, never tell a vendor your name, and don't feed the dogs (don't tell anyone that I did, lol).
10. Take extra underwear and socks.
11. Hair ties are your best friend.
12. Don't forget sunglasses or your hat.
13. Go to Goodwill for scrubs, the uglier the better.
14. Don't bring anything you remotely care about, it is not worth it to try and look cute.
15. Bring extra deodorant, guys especially.

Hope these tips make your next mission trip as much fun as mine were!

—Hope Preble

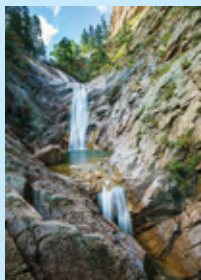


A 55+ MINISTRY

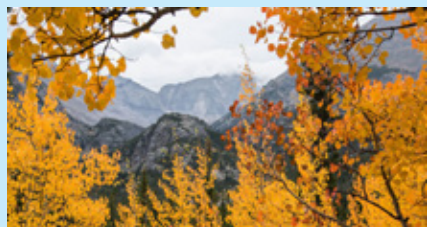
Seasoned Voyagers is a ministry for our 55 and older crowd. We do events at least once per month, often using our church bus to transport us. You can get more information or sign up for events at our table in the Fellowship Hall on Sundays. Most months we have at least one participant who is new to the group - let's keep that trend going!

We have had a great time this summer visiting the Denver Botanical Garden and Central City. We ride on our church bus for ease of transportation. If you are 55+, consider joining us for one of our upcoming events. We welcome newcomers and would love to get to know you.

- **Thursday, Aug. 15** - Seven Falls in Colorado Springs with lunch afterwards



- **Thursday, Sept. 19** - Our annual Leaf Peeping Tour with lunch at Echo Lake Lodge



- **Tuesday, Oct. 22** - Our Comfort Food potluck at the church
- **Tuesday, Nov. 12** - Monet exhibit at the Denver Art Museum
- **Tuesday, Dec. 10** - Annual kick-off meeting and Christmas celebration

Starting Tuesday, September 3rd we will resume our month Conversations with the Pastors. Revs Sallie, Ryan and Jessica take turns meeting with us to hear what we are thinking and let us ask them anything we'd like. It is fun and informative. Conversations are held the FIRST Tuesday of each month at 2:00 at the church (room 212). Join us for one or all of the Conversations. This is open to anyone in the church, not just our 55+ community.

Each month you can optionally donate to the mission of the month that we have chosen to support. Thanks to Betsy Keyack for choosing missions which are meaningful for us to support. See the June/July issue of the Chronicle for an update of all we have done this past year with missions!



by Rev. Les Ludlam
(retired)

More with Les: Not So Crazy After All!

Rufus shook his head and frowned as he thought about his son, Harold, and his situation. Harold had contracted some serious disease when he was quite young and there had been some sort of brain damage that limited his ability to work detailed problems. He was warm and caring, but "a little slow." Rufus' wife, Laura had "kept an eye on Harold" as he was growing up, but now she was gone. Laura had died just before Harold's 24th birthday. Rufus put his hand on Harold's shoulder, "Son, it's time for you to be on your own, and I believe you would do best to get a job that doesn't require a lot of intellect. Go to Wyoming, maybe herd sheep."



"OK, I can do that," replied Harold. Rufus smiled. Harold took the train from Kansas to Wyoming and landed a job in Niobrara County. He herded sheep for several years, and must have done quite well, for along with a horse and sheep dog, he was able to purchase some property.

My mother would talk about her great-uncle Harold as I was growing up. She would share the stories of his travels and work. My father would roll his eyes at the stories and refer to him as "Crazy Uncle Harold." To him, Harold didn't fit the image of what one might consider to be a "normal" Kansas farmer. That name would stick with me until I learned more about Harold decades later.

After some time in Wyoming, Harold decided that he was ready to be married and wanted to find a wife. He thought, "I'm not very good at romance; I'll write to my family ask for some help." "Harold wants to do what?" Exclaimed his brother, Fred, when he received the letter, "I'm not in the match-making business!" His wife, Lillian, put her hand gently on his shoulder and smiled, "Your brother is a good man and he knows his limitations," she said gently, "he wouldn't ask for help if he didn't truly need it."

So, Fred, Lillian and their older children, began to discreetly ask around about eligible women. They learned there was a single woman in town about the right age for Harold. Her name was Edna Mae. But she was thought, by local gossipers, as having been involved in several romantic trysts with men in the county and her family wanted her to leave town. She was healthy and strong and those who knew her said she was really quite sweet. She might be just what Harold needed.

Harold traveled back to Kansas and the two were introduced. "Harold, this is Edna Mae, she lost a husband a few years ago." "Edna Mae, Harold is our uncle who works in Wyoming." "Howdy," said Harold as he took her hand, "Happy to make your acquaintance." "Pleased to meet you as well," said Edna Mae, as she squeezed his hand tightly. Nothing was said about why they were meeting, but both Harold and Edna Mae knew. Later, Harold told his brother, "I think she just needs some patient loving care." The introduction soon blossomed into a romance and a wedding was arranged, they were wed in October 1942 and moved back to Wyoming.

Before the wedding, Harold learned that his 18-year-old niece, Ora Jean, had recently graduated from high school. "What's your plans now?" he asked. Ora Jean blushed, "I was hoping to go to college at Kansas State University but, it costs too much for me to attend." Harold smiled, "How much?" he asked. Ora Jean paused and replied, "The cost of tuition. books, room and board would be about \$300 per semester." "I can cover that," he said, "But don't talk about it, I don't want to be known as some sort of 'rich uncle'."

Harold would send Ora Jean the money each semester she attended school. She graduated four years later.

I learned about Harold's paying for her college education during a visit with my aunt, Ora Jean, about 3 years ago. After that, I had to find out more about him and did some digging. What surfaced was the picture of a hard-working, loyal and caring man who was perhaps not highly intellectual, but one who worked hard and would freely speak his mind when necessary. When he made up his mind to do something, he would see it through to the end. Harold was certainly not crazy, but somewhat unconventional, he was a good, gentle, hardworking man! We could use more people like him.

God bless Harold. *God bless us all! Les*

Fellowship Hall Flowers!



Our chart for altar flowers is almost full for the year.

If the week you want is taken, we have a new way for you to honor or celebrate someone. For \$25 you can sponsor Fellowship Hall flowers. These are small vases of flowers we put on the Fellowship Hall tables. Your designation will be noted in the bulletin just like an altar flower recognition. See Hannah in the office during the week or the Get Connected Center on Sundays to sign up.



St. Luke's United Methodist Church

8817 S. Broadway • Highlands Ranch, CO 80129

303-791-0659 • www.stlukeshr.com

GRACE • COURAGE • WONDER • BEYOND

Because of the life and teachings of Jesus, we exist to deepen people's connections with God, show compassion for all, and reflect God's love in a way that changes lives.



continued from page 1 This year, Feeding the 5K Run/Walk will offer an opportunity for you to become a Business or Family Sponsor of the Feeding the 5K Run/Walk. More information concerning these types of sponsorships can be found on the race website. Once again, All You Can Eat Pancakes will be provided by Flippin

Flapjacks, for all race participants. Prizes will be awarded. Let's come together as a community and enjoy this day of being together. We look forward to seeing you there. —Hope Preble

CONGREGATIONAL CARE



Hannah Shepperd

Director of Communications and Office Administration

Don't you be afraid, for I am with you. Don't be dismayed, for I am your God. I will strengthen you...

—Isaiah 41:10

PRAYER CONCERNS

Contact Rev. Sallie Suby-Long or the Office Administrator if you have any additions/removals 303-791-0659 x132, leave a note at the front desk, or email sallie@stlukeshr.com

LATEST ENTRIES TO PRAYER LIST:

| | | |
|-------------------------|--------------------------|-----------------------|
| Marc Abbott | Bonnie Garrett | Dean Luallen |
| Tiffany Alverson | Rev. Jim George | Jerry Lubben |
| Ross Barnard | Mark Godsey | Carrie Mallery |
| Pearl Carlisle | Donna Halstein | Will Maniatis |
| Sarah Cleary | Linda Harris | Katie Mueller |
| Karen & David Corson | Warren Heaton | Richard O'Neil |
| Bill Dale | George and June Hutchins | Brian Reamy |
| Todd Davis | Inge Verhaegen Lyons | Justin Schnackenburg |
| Kim DeVries | Brie Katz | Jan and Peggy Schultz |
| Charlie and Diane Dokmo | Evan Kellogg | Roger Stork |
| Carrie Enloe | Dean Kittel | Amy Weiske |
| | | Mil Younkers |

CONGRATULATIONS TO:

Lee and Yvonne Seaman on the birth of their grandson, Carson Jones;
Parents Nate and Carlynn Fitzgerald and grandparents Bill and Sandi Barnard on the birth of baby Claire;
Parents Jana and Jacob Wesson, grandparents Kay and Ed Coryell and Karin and Scott Wesson, on the birth of their new baby boy, Charles Scott!;
Bob and Fran West on the ordination of their daughter, Emily Kintzel, at Annual Conference!;
Grace and Jim George in Celebration of their 69th Wedding anniversary!;
Diana Marrama on the birth of her great grandson, Brantley;
Kay and Ed Coryell on another grandson, Layton Robert, born July 11.;
Kris Reif on another granddaughter born July 17, Emma Jean.

SYMPATHIES TO:

The family and friends of Wanda Morrow, on her passing;
Roger and Donna Stork on the passing of Roger's brother, Ronald Stork.;
Billie Marvel on the passing of her 96-year-old mother, Frances King.;
Stuart Wright on the passing of his uncle, Jay Price Jr.;
Rev. Ryan and family on the passing of his cousin, Jeff Wright.;
Tom and Mary Harper on the passing of Tom's brother, Don Harper.;
Family of friends of Matt and Sheri Henry's nephew, Meg Henry's cousin, Mason Schlechte, on his passing.;
Family and friends on the passing of Larry Dunlap, a founding member of St. Luke's;
Ken and Barbara Mervine and family on the passing of Ken's mother, Kay Mervine.;
Karl Krantz, Catherine, Ben, Tucker, family, and friends of Buffy Krantz on her passing on July 11.;
Cindy Markham and family on the passing of her mom, Helena Mueller, "Oma" to Nikki and Alyssa;
Steve Parra and family on the passing of Steve's father, Manuel Parra;
Laura Abbott and family on the passing of her husband, Marc Abbott.