



The Chronicle

ST. LUKE'S UNITED METHODIST CHURCH

JUNE/JULY 2017

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**Join us for our Summer
Sermon Series: June 4-Aug. 27**
Faith & Film: Scenes That Change Us



Calling All Stitchers!

The St. Luke's Itch to Stitch Guild needs your help! We have offered to help Warren Village give their children hand-made **Christmas Stockings** and they have lots of kids! We need your help in making 150-250 stockings by Nov. 1. Our member, Victoria Mason, has already finished 52! St. Luke's Children's Ministry will lead the effort in filling them with goodies. Itch to Stitch Guild will be holding a special **"Christmas in July" workshop on Sat., July 15, 10:30am-2:00pm.** We will provide the stocking pattern so all the stockings will be the same size, along with general instructions on construction. We will also have lots of Christmas material available for use in this project. This may be a good opportunity to use those scraps you have been saving for a rainy day. If you have any questions, just email Victoria at vlm23@q.com. This is a great beginner's project for someone who wants to explore crafting. Please join us on 7/15/17! Tea and lemonade provided; bring a light snack.



Golf Event - Aug. 5 Supporting Ministry in Motion (our bus!)

The annual St. Luke's Golf Event helps support the ongoing maintenance costs for our van and Ministry in Motion. There are numerous ways to contribute to the effort – even beyond chasing little white balls around the golf course.

The Golf Event will be held at Arrowhead Golf Club – one of the premier courses in Colorado on Saturday, August 5th. Fees for participation include breakfast AND lunch as well as a cart and a hole lot of fun (pun intended).

Whether you just missed the cut at the Masters or you're not quite sure which end of the putter to grasp, it doesn't matter as the event is meant to be fun! Sign up NOW with your foursome or as an individual. Grab a brochure in the Narthex or register online at stlukeshr.com and link to the "Golf Event". Get signed up soon while spots are still available.

Where: Arrowhead Golf Club

When: August 5, 2017

Cost: \$145/person, \$130 for 17 and under

Time: 8:00am Shotgun Start

Prizes: for 1st, 2nd, 3rd, 14th and 21st places & competitions for closest to hole, longest drive, longest putt

Food: Breakfast and BBQ Lunch buffet included

This is a fundraiser so we are looking for sponsors, donations for the raffle and an auction or just donations. **Help us keep our "Ministry in Motion"!**

Thank You Barry, for Over 10 Years of Dedicated Service!



Barry Curtis has been a remarkable member of our St. Luke's staff team for over 10 years! As our Facilities Manager, Barry has meticulously ensured that our church is safe, welcoming, and well cared

for in all respects. His kindness has extended to all who have and do call St. Luke's home; Little School students and their families, our staff team, and every person who enters our doors to be part of the ministries of the community.



We are grateful to Barry for his quiet and powerful spiritual wisdom, his patience, his depth of knowledge about all things St. Luke's, and his devoted service. By being who he is, Barry reminds us that there is enough love in the world for everyone. Barry, as you go on to pursue new and expanded vocational opportunities, we wish you every blessing. You will be greatly missed! While we respect your decision to move forward with new work opportunities and interests, we are especially thankful that you and Amy will continue to consider St. Luke's your family's spiritual home.

Thank you for everything!

Sunday Worship Services:

8:00am, 9:30am, 11:00am,
Contemplative Service
(Check website for dates & times)

Sunday School:

Adult, Youth & Children:
9:30am & 11:00am

Nursery available for:

8:00, 9:30 & 11:00am services

NEW! Mon.-Fri. Summer Office Hours

9:00am-12:30pm & 1:00-3:30pm

Church Office.....303-791-0659

Fax.....303-470-5615

Email.....office@stlukeshr.com

Website.....www.stlukeshr.com

Little School Office.....303-791-1982

**Staff:**

Rev. Dr. Sallie Suby-Long.....x132
Lead Minister of Spiritual Life

Rev. Ryan Canaday.....x112
Lead Minister of Worship & Missional Life

Rev. Jessica Rooks.....x109
Lead Minister of Community Life

Rev. Schawn Kellogg.....x143
Congregational Care Team

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Samantha Leahy.....x140
Director of Early Childhood Ministry

Stephanie Kirk.....x111
Children's & Family Ministries Coordinator

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Amy McMullen.....x119
Assistant Director of Youth Ministry

Jeremy Brown.....x141
Associate Director of Youth Ministry

Dr. James Ramsey.....x123
Director of Music & Arts Ministries

Kenrick Mervine.....x133
Associate Director of Music Ministry & Organist

Kay Coryell.....x136
Director of Handbells & Children's Music Ministry

Renae Parra.....x117
Director of Servant Ministry

Sheri Henry.....x124
Director of Finance

Kristi Pawley.....x116
Accounting Clerk/Music & Arts Admin. Assistant

Kelly Amadeo.....x115
Director of Little School

All submissions for the
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of *The Chronicle* are due
July 20

Editor: Sharon Oliver
chronicle@stlukeshr.com

The Chronicle is published up to 10 times per year and is emailed to those on our email blast list, and it can be found on the church website. Printed copies are available at church entrances. To receive *The Chronicle* via US mail, please call or email the Church Office.



Rev. Jessica Rooks
Lead Minister of
Community Life

Nobody Sings Like a Methodist!

In the United Methodist Church, summer is the season of Annual Conferences. United Methodists around the globe gather once a year for worship, fellowship, business, and to commission and ordain new clergy. For those of us who consider ourselves church-nerds, it is an exciting time of year.

As I was preparing for Annual Conference this year, I came across the following piece from Garrison Keillor about Methodists, and I found myself laughing out loud. As we move into summer, I thought a little Keillor humor could be good. If you grew up Methodist, you might just relate to what he has to say...

Garrison Keillor on Methodists:

"We make fun of Methodists for their blandness, their excessive calm, their fear of giving offense, their lack of speed, and also for their secret fondness for macaroni and cheese. But nobody sings like them. If you were to ask an audience in New York City, a relatively Methodist-less place, to sing along on the chorus of "Michael Row the Boat Ashore", they will look daggers at you as if you had asked them to strip to their underwear. But if you do this among Methodists, they'd smile and row that boat ashore and up on the beach! And then down the road!"

Many Methodists are bred from childhood to sing in four-part harmony, a talent that comes from sitting on the lap of someone singing alto or tenor or bass and hearing the harmonic intervals by putting your little head against that person's rib cage. It's natural for Methodists to sing in harmony. We are too modest to be soloists, too worldly to sing in unison. When you're singing in the key of C and you slide into the A 7th and D 7th chords, all two hundred of you, it's an emotionally fulfilling moment. By our joining in harmony, we somehow promise that we will not forsake each other.

I do believe this: People, these Methodists, who love to sing in four-part harmony, are the sort of people you can call up when you're in deep distress. If you're dying, they will comfort you. If you are lonely, they'll talk to you. And if you are hungry, they'll give you tuna salad.

Methodists believe in prayer, but would practically die if asked to pray out loud.

Methodists like to sing, except when confronted with a new hymn or a hymn with more than four stanzas. Methodists believe their pastors will visit them in the hospital, even if they don't notify them that they are there. Methodists usually follow the official liturgy and will feel it is their way of suffering for their sins. Methodists believe in miracles and even expect miracles, especially during their stewardship visitation programs or when passing the plate. Methodists think that the Bible forbids them from crossing the aisle while passing the peace. Methodists drink coffee as if it were the Third Sacrament.

Methodists feel guilty for not staying to clean up after their own wedding reception in the Fellowship Hall. Methodists are willing to pay up to one dollar for a meal at the church.

Methodists still serve Jell-O in the proper liturgical color of the season and think that peas in a tuna casserole add too much color. Methodists believe that it is OK to poke fun at themselves and never take themselves too seriously. All this means that, if you are to be counted among their numbers, you will know you are a Methodist when: It's 100 degrees, with 90% humidity, and you still have coffee after the service. You hear something funny during the sermon and smile as loudly as you can. Donuts are a line item in the church budget, just like coffee. When you watch a Star Wars movie and they say, "May the Force be with you," and you respond, "and also with you." And lastly, you'll know you've been in the presence of a Methodist, if it takes ten minutes to say good-bye!"

Grace & Blessings, *Rev. Jessica*

**It's natural for
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Rev. Dr. Sallie Suby-Long
Lead Minister of
Spiritual Life

Wellbeing Matters

About a year ago, in conversations with my young adult daughters, they pointed



out that I am passionate about health and wellbeing - spiritually, emotionally, mentally, and physically. After thinking about it, I believe their observation is accurate. Apparently, the people we love most are a great source of truth for our personal awareness! The books on my night stand might also reveal this passion as would my long-time interest in the study of psychology, transformative learning, and all topics related to growth, healing, spirituality, and self-discovery.

Wellbeing is most simply described as health of mind, body and spirit in which we feel peaceful, energized, resilient and safe. It's the experience of vitality and alignment with purpose so that we can fully engage in meaningful experiences that help us feel connected. Wellbeing also enhances our compassion toward ourselves and others, helps us embrace our inner resources to cope with difficulties, and inspires us to offer the best of who we are in our families, places of work and communities. As described by the Center for Spirituality and Healing at the University of Minnesota, wellbeing is the flourishing of the human spirit.

Due to the high levels of stress we often experience in our culture, there is an urgent need for attentiveness to our own wellbeing and the wellbeing of those we love. Our investment in care of mind, body and spirit is an antidote for intense stress that can lead to serious health issues, addictions, anxiety, depression, and harmful disconnection. Thankfully, much is known about ways to enhance wellbeing. Here are just a few things that contribute to wellbeing: connecting with others, clarifying your purpose, engaging in mindfulness practices, being part of a faith community, embracing the healing aspects of nature, eating nutritious foods, contributing to something beyond yourself, and making space for reflection and gratitude.

Summer is a great time to try something new with the intention of enhancing your wellbeing. Many of our ministries provide ways for you to foster the health and integration of mind, body and spirit and we welcome you join in and see what is most fulfilling to you. The Center for Spiritual Engagement is offering beautiful mountain hikes, mindfulness practices, and conscious cooking opportunities and all are welcome (see page 9 for details). You may want to be part of the Garden Ministry or teach children in Vacation Bible School, or sing with the Summer Choir. Or, you may be craving some relaxed family days with lots of open space or a chance to read a good book in your backyard. Whatever sounds renewing to you is an excellent choice.

Wishing you all a restorative summer!

Rev. Dr. Sallie



Rev. Ryan Canada
Lead Minister of
Worship &
Missional Life

Project Humanity Finding Joy in Africa

We just completed our first official mission experience since partnering with Project Humanity. The trip was a huge success... transformative and life-changing. Nine of us from St. Luke's joined about a dozen others from all over the country to work together in Rusinga Island, Kenya. I'm still battling a bit of jet lag, but I've had some time to reflect. I can keep it simple: when people with different backgrounds, different stories, different passions, come together with similar values (loving, lifting, encouraging, standing with, and creating space for those in the margins), the world can change. Truly, the world can change.



While in Africa, I saw so many people come alive—they came most alive through using their passion (their craft, their gifts, their WHY) as a tool to love and serve others. I saw so many people experience real joy. And here's the thing about joy...it's contagious. People want to be a part of it—we want to create it, sustain it, receive it, and have more of it. As a group of pilgrims traveling across the world, we were waking up together—waking up to who we were created to be, waking up to our lives, and waking up to a world in need of love, joy, connection, and a better story.

Waking up isn't always easy... you're groggy, you're disoriented, you've been sleeping. But in those moments when you're fully awake... the world all of the sudden becomes full of more life, more beauty, more energy, and more grace. Wake up... the world needs you! When it comes to your life, start showing up. Start participating. Your life is worth so much; don't give it to the trivial. Give it to something bigger than yourself.

Stay tuned for future trips to Africa! Grace & Peace, *Rev. Ryan*

Welcome Rev. Schawn Kellogg!



We are very happy to announce that Rev. Schawn Kellogg will be joining our St. Luke's **congregational care team** to offer a few hours of care each week. Rev. Schawn is an Ordained Deacon in the United Methodist Church and serves as a nurse at both Skyridge Hospital and Littleton Adventist Hospital. In addition, she designs and teaches programs with the Institute for Life and Care for those seeking spiritual growth and self-awareness. Schawn

will offer extended bereavement care, visits to those with longer-term health concerns and will connect with people in our congregation who may not be able to easily be present on Sunday mornings for worship due to health challenges.

Schawn and her husband Eric have been part of our St. Luke's community for the past year and a half and have already been involved in many of our ministries. Together, they are parents to three adult children and have recently added a new grandbaby to their family. We are grateful for Schawn's excellent experience and presence with us and we warmly welcome her to our team!

Those that presently serve with our pastoral team in congregational care ministries include Sam Leahy, Nancy Abbott, Rev. Pat Shaffer (who previously served in the Visitation Pastor role and continues to volunteer with our care ministries). We also work in collaboration with our Stephen Ministers, Faithful Friends, the Prayer Team, the Caring Connection and of course our whole staff team. Rev. Ryan, Rev. Jessica and I are very grateful to be in ministry with such compassionate and dedicated people.



Seasoned Voyagers Update

Busy Summer!

What will we see in Denver? Banjo Billy knows as we take his history tour, **Thursday, June 22**. We leave the church at 10:00am and carpool to light rail and the special parking places. Lunch downtown and then board the bus at 1:00pm for a 90-minute tour. We begin at the Big Blue Bear and the Convention Center, and talk about money at the Mint and Molly Brown at her house and much more. Spaces are limited to sign up early. June Daniels is in charge.



Our July 30 trip is a Sunday 7:00pm evening performance of the Colorado Music Festival at Boulder's Chautauqua Park with dinner in the Dining Hall. The program is Classical Jazz by the orchestra, including Joplin, Gershwin, Bernstein and Copland. Contact person, Joyce Rovetta.

In August, we tour our gold-plated Capitol up close and personal on **August 10** and end the month with an **August 27** outdoor concert benefiting Roxborough Park and listening to Skanson and Hanson on acoustic guitars.

And as always, we will go Leaf Peeping in the fall! Join us on **Tuesday September 19**. We will tour the Mount Evans loop on the church bus with a stop at Echo Lake Lodge for lunch.

Check out at the Seasoned Voyagers table in Fellowship Hall on Sundays, pick up a brochure or contact Rich Krening, rkrening@msn.com.



by Rev.
Les Ludlam

More from Les: Briefly a Hero

Early in my career with Atlantic Richfield Company, Betty and I had developed a close friendship with another couple, Jerry and Ann MacLaren, in Long Beach. Both Jerry and I had started working in the process engineering department at the company's Watson Refinery during the summer of 1962, we had rented apartments not far from each other and we started car-pooling to work at the refinery.

Their first son, Jerry Jr., was born shortly after their move to Long Beach and Betty helped Ann with the baby. A few years later, Ann would help Betty after the birth of our son, Jim. Jerry and Ann purchased a used 1961 Plymouth

Valiant shortly after Jerry started work and they still had it after both families had moved from Long Beach to Orange County a few years later.

One Saturday, I got a call from Ann; she was stranded at the local grocery store. The Valiant had started running badly and the engine was making an awful noise. She was afraid to try driving it home. "I'll come check it out," I told her. Betty and I drove over to the store; Betty took Ann, the baby and groceries to their home in our car and I stayed behind with my toolbox to check out the Valiant. In those days, I always carried a toolbox in the trunk of my car, a carryover from the years I had worked in my father's garage.

I began checking the engine. I pulled valve cover off of the "Slant-6" engine and quickly saw that one of the 12 valve springs had broken and the valve it supported had dropped down onto the piston. Fortunately, I had some baling wire in my toolbox, so I wired the valve in the "closed" position, removed the broken valve spring and put things back together. The engine would run, rather roughly on five cylinders, but without all the banging. I then drove the Valiant to their house. Later, I would replace the broken valve spring and told Jerry he should have a complete "valve job" done on the engine head and, after that, the engine ran just fine!

I enjoyed working on cars and fixing the Valiant was no big deal in my mind, but later I would discover that it made me sort of an automotive "hero" in the eyes of Jerry and Ann.

One afternoon at work, I received a phone call from Jerry, "Les I've just accepted a transfer to the company's New York office. Why don't you and Betty come over for dinner this evening? I'll tell you more about the job." This was exciting and saddening news, it was a good job opportunity for Jerry, but we were about to lose being near to some good friends.

The evening would bring a surprise! After dinner we prepared to play cards as we had done often, when Jerry spoke up. "Les, living in New York is quite different than it is here, and we will need only one car. The movers will be coming in a few weeks and I really don't want to put up with the hassle of trying to sell a car before they arrive. What would you think if we just gave you the Valiant? It's more than paid for its self for us over the years we've had it. And you certainly know the car! You were Ann's hero the day the car broke down at the store! ("And," I thought, "she doesn't trust the car anymore.")

I glanced at Betty and she just smiled. We had been talking about needing second car since work was a half-hour drive from home. But this was a little unexpected. "OK" I replied. And then added, "and Thanks!"

Later on, I would wonder what else might break on the Valiant, but nothing did. We licensed it and kept it for about three years, and it performed admirably. I sold it after we moved to Colorado and bought a pickup. (4-wheel drive of course!)

The giver of an act of simple kindness to help another may see it as ordinary and simple. However, the receiver may not see it that way; not so simple at all.

God bless us all. -Les

Attention Gardeners!



Weekly Weeders Needed!

Our community garden is doing well but we need

your help to keep weeds under control. Call Fran West at 303-797-7107 if you can take 1 week beginning now through Sept. to weed.

Appreciation goes to all who supported Sedalia Elementary in the second half of our 6th school year.

Volunteers, who worked one-on-one or in groups with students, were Linda Streaty, Sue Stephenson, Janet Johnston, Carleen Krening, Sharon Oliver, Lee Seaman and Debbie Browne. Sharon Oliver even helped her class at Ameri-Town and had a great time. Thanks for all the gift cards, Box Tops for Education and other donations, such as underwear and shoe boxes! For the upcoming school year, **Vacation Bible School and Seasoned Voyagers are again teaming up to provide a complete set of supplies for the art program.** If you would like to get involved with our friends at Sedalia Elementary, contact Betsy Keyack, bkeyack@att.net.

Faith & Justice Opportunity

"You don't know what you don't know until you have the opportunity to know."

The new Faith and Justice Team has been formed to provide opportunities for us at St. Luke's to look at society's justice issues through the lens of our faith. Our first effort is to offer the opportunity to learn/know what we don't know about white privilege. This is the first event in a series on Facing Racism. The highlight of this event will be an opportunity to listen to our own member, Jon Streaty, share his personal story on his experience of living as an African American in a predominately white Highlands Ranch and worshipping in the predominately white congregation of St. Luke's. We will learn the different aspects of white privilege as we hear how white privilege has affected his experience. This is our last chance to hear Jon's story as he and Linda are moving to Atlanta in August. The evening will also include plenty of time for having small group conversations around the tables.

**The event will be in Fellowship Hall
on Wednesday evening, July 19, from 6:30-8:00pm.
Childcare will be available.**

This is an educational opportunity to learn what we do not know about white privilege. This is an emotional opportunity to learn from the personal experience of Jon. This is a faith/spiritual opportunity to learn what our faith has to say about being in relationship with ALL of God's people.



Renae Parra
Director of
Servant Ministry

Get **CONNECTED**

Get Connected at St. Luke's.

To learn more about opportunities for you to get involved, contact Renae at renae@stlukeshr.com or 303-791-0659 x117

Fill Your Cup with JOY!

What are you doing with your summer? Are you taking a vacation or a trip to see family? Perhaps your kids activities are keeping you rooted close to home? Maybe you are trying a new hobby or class or sport? Are you doing something that makes your heart sing? I hope so! Each of us can only serve others when our cups are full and overflowing. When you tend to yourself and live an authentic life that fills your soul, you have more to give to others. Dust off those tap shoes; make that recipe you've been wanting to try; get your hands in the dirt or spend the afternoon playing with a grandchild. Whatever fills your soul probably won't fill mine and that's why it is up to each of us to know who we are and make it a priority to include things we love in our busy schedules. Enjoy your summer and fill your cup with JOY and the blessings will flow forth.

A New Fun Fellowship Group is forming for men and women ages 45-65 years young

Come join us on Thursday, June 22 at 7:00pm in Fellowship Hall. Bring your ideas and suggestions as we start to plan activities for the next few months. We will also need to come up with a name for this group. Activities for the month of July:

- Thursday, July 6, 6:30-8:00pm: Concert (FACE A Cappella) at the Highland Heritage Regional Park (University and Quebec)
- Sunday, July 9, 7:00pm: Evening walk at High Point Trail in Highlands Ranch (southeast of Mountain Vista High School)
- Thursday, July 20, 6:30-8:00pm: Concert (Margarita Brothers-Surf Rock) at the Highland Heritage Regional Park
- Wednesday, July 26, 6:30-8:30pm: Backyard games and Potluck (place to be determined)

This is your invitation to Mission u 2017!

Mission u brings together women, men, youth and children to explore the implications of our Christian faith in today's contexts.

Participants learn and discuss together study topics related to spiritual growth, a geographic area and a current issue—leaving each Mission u better equipped to set faith into action. This is the largest educational opportunity provided by the church. Study topics for 2017 include the following:

- **Living as a Covenant Community** - Covenants are found in the Bible from the moment God created man and woman until the last page of Revelation. We will discover that covenantal living calls us to acts of mercy and justice with all. As we grow to understand the divine covenants made by God with our ancestors, and thus with us, our faith and our lives will transform.
- **The Missionary Conferences of the UMC in the United States** - The history of the three Missionary conferences in the US is a rich story. It is also a story about class and race. The aim of the study is to give an overview of these three conferences, the contexts out of which they grew, and their current engagements. What does the future look like for these conferences?

- **Climate Justice: Call to Hope and Action** - This study is designed to deepen your understanding and awareness of climate change and its impact on God's creation. It will offer us Biblical, theological, and ethical insight as a basis of our advocacy on climate justice in churches and in the public sphere.

Schedule:

United Methodist Women and Global Ministries of the Rocky Mountain Conference are cooperating to host eight (8) events between July-October 2017. To see a full list of the Mission u event dates, locations, and topics, please visit the websites listed below.

Registration:

Rocky Mountain Conference UMC
www.rmcmc.org/mission_u

Rocky Mountain Conference UMW
www.rmcmw.org/events/mission-u

Mission u Two-Day Event July 21-22, 2017

St. Andrew United Methodist Church
9203 S. University Blvd.
Highlands Ranch, CO 80126



Children's Ministry News

Praise, Play & Prayers

CHILDREN'S CALENDAR:

(check our website for full calendar)

Summer is a great time to serve in Sunday School! We need YOU!

SIGN UP online stlukeshr.com

June 4-25 (SUN) - 9:30am **JOY TREK (PreK: 2-4 yrs.) & PEAK (K-5th grade) Sunday School** 4-week lesson "VBS; Hero Central Bible Lessons"

June 20 (TUE) - 6:00pm **VBS Volunteer Training** Contact Ms. Sharon to RSVP

June 21 (WED) - 9:30am-12noon **Wacky Wednesdays** Contact Ms. Sam

June 24 (SAT) - 9:00am **VBS Decorating!**

June 25 (SUN) - 3:00pm **VBS Decorating!**

June 26-30 (MON-FRI) - **VACATION BIBLE SCHOOL** - 9:00am-noon

July 2 (SUN) - NO SUNDAY SCHOOL - Enjoy Family Worship

July 8 (SAT) - **Parent's Time Away** 9:00am-noon Contact Ms. Sam to RSVP

July 9 (SUN) - 9:30am **JOY TREK (PreK: 2-4 yrs.) Sunday School** begins 2-week lesson "The Good Shepherd"

July 9 (SUN) - 9:30am **PEAK (K-5th grade) Sunday School** "Prayer 101"

July 10 (MON) - 5:30-7:00pm **VBS Evening Session Volunteer Training**

July 11-13 (TUE-THU) - **VACATION BIBLE SCHOOL** - Evening Session 5:45-8:00pm (session will be cancelled if we do not have 30 or more participants)

July 12 (WED) - 9:30am-12noon **Wacky Wednesdays** Contact Ms. Sam

July 14 (FRI) - **PNO Parent's Night Out** 6:00pm Contact Ms. Sam for more info

July 16 (SUN) - 9:30am **PEAK (K-5th grade) Sunday School** "Bible 101" Sign up to serve here

July 19 (WED) - 9:30am-12noon **Wacky Wednesdays** Contact Ms. Sam

July 23 (SUN) - NO SUNDAY SCHOOL - Enjoy Family Worship

July 26 (WED) - 9:30am-12noon **Wacky Wednesdays** Contact Ms. Sam

July 30 (SUN) - 9:30am **JOY TREK (PreK: 2-4 yrs.) Sunday School** 3-week lesson "Daniel"

July 30 (SUN) - 9:30am **PEAK (K-5th grade) Sunday School** "Spirituality 101"

Wacky Wednesdays

Each week children will enjoy music, crafts, chapel and games.

The theme this year is:



Open to all children age 2 1/2 years through entering 3rd grade!*

(Must be potty-trained to attend.)

TIME: 9:30am-noon

WEDS.: June 7, 14, 21
July 12, 19, 26

Registration is \$25 per day per child.

If you have any questions regarding registration contact: Tami Clement at tami@stlukeshr.com

Registration forms available now!

***Young Toddler Option**
18-30 mos. Contact sam@stlukeshr.com for info



Sharon Oliver
Director of Children's Ministry
sharon@stlukeshr.com



Samantha Leahy
Director of Early Childhood Ministry
sam@stlukeshr.com



Stephanie Kirk
Children's & Family Ministries Coordinator

St. Luke's Kids
Growing with God



Volunteers Needed for

Vacation Bible School sign up online

MORNING session:
June 26-30: 9:00am-12:00pm

EVENING session:
July 11-13: 5:45-8:00pm
(need minimum of 30 registrants by July 1)

www.stlukeshr.com

Summer is Hoppin' at St. Luke's!

While some churches actually shut down Children's Sunday School for the summer, (*crazy, I know!*) St. Luke's GEARS UP for a busy and active faith-filled season. We gave our 6th graders a big "silly string" send off party at SLY, Jr. on May 21 and promoted them to SLY (St. Luke's Youth 7th-12th grade) to be a part of SLY Sundays, summer mission trips and activities. We will miss them but know that great things await them at SLY. **The rest of our kids (PreK-5th grade) will stay in their same grades/classes until Sept. 10 when we will promote up to the next grade... until then we have a GREAT summer planned!** Summer Sunday School has started with our **VBS "Hero Central" Bible lessons** and we are learning stories about David, Abigail, Young Jesus, the Beatitudes and Pentecost through activities like drama, crafts, games, cooking and science. We are singing the amazing VBS songs and learning the hero code: God's Heroes Have Heart, Courage, Wisdom, Hope, and Power! Our **VBS Morning Session (June 26-30)** will be a blast as we welcome 265 kids and over 130 volunteers to St. Luke's Hero Central. One of the best weeks of the year! An our evening session will be July 11-13 - there are still spots available! We also have **6 Wacky Wednesdays** throughout June and July and we've kept the hero theme going offering even more great stories of heroes of the Bible including Noah, Jonah & Deborah! St. Luke's **Family Campers** will be having a great time at Snow Mountain Ranch July 21-28! During July & August we will be featuring the stories of **"The Good Shepherd"** and **"Daniel"** in our Joy Trek (PreK) Sunday School and during our **PEAK Elementary Sunday School (K-5th)** we have 3 of our favorite lessons: **Bible 101, Prayer 101 & Spirituality 101** and then we end the summer with 4 weeks on the **Care of Creation** and our annual **Blessing of the Backpacks**. Whether you can attend all or just some of our summer programs, we welcome you. We strive to create a meaningful, fun and sacred experience for all - each and every time. It's gonna be an awesome summer! Don't forget to sign up to serve online. We need you. Pick a Sunday or 2 to join us!



SLY, Jr. Year-End Party



Kelly Amadeo
Director of
Little School



Little School News:

Changing of Seasons

As I closed out the school year with my class of twelve, amazing, four-year olds, they stood at our large windows of the classroom and watched the snow fall heavily on their last day of school. One of them asked, "Ms. Kelly, is it Christmas break or summer break tomorrow?" I replied, "I wish it was Christmas break because then I would



get five more months to spend with you." Our students have grown so much this year, and we are so proud of them. We wish you all fun in the sun this summer.

All of our staff is returning next year, with the exception of Ms. Kay and Ms. Susan who are both retiring and moving to different states after over twenty years of service each to Little School. We shed some tears as we said good-bye, but we know we will see them again, and we know we are moving forward as a family at Little School together.

I wanted to leave you for the summer with some important dates and information. By now, you should have turned in your registration paperwork and tuition if your child is returning to Little School in the fall of 2017. If you have not, please turn those in to the church office any day of the week. The church office will have a box for your paperwork. It is important for us to receive any medical paperwork and allergy information before school begins in August. For June and July, Ms. Kay and I will be in the office on Tuesdays. Ms. Tami will be in the office on Wednesdays. We will also be available for tours on those days if you know of anyone looking for a wonderful place to send their preschooler. We only have a few spots left! Please feel free to email me or Ms. Tami if you have any questions over the summer.

Aug. 7: Teacher Letters mailed to students

Aug. 24: Parents(Only) Open House (evening)

Aug. 25: Children's Open House (morning)

Aug. 28 & 29: First Day of School

Grace & Blessings, Ms. Kelly

A Visit to Appalachian Kentucky

by Betsy Keyack The landscape is lush – dense forests of tall maple, oak and pine trees rising up beside curvy mountain roads and streams. The woods are alive with birds – cardinals, warblers and songsters I have never heard before! Occasional bright green fields accent the view. Small settlements and homes are scattered far and wide in this very rural area in the Appalachian Mountains.

This is the setting for the United Methodist Red Bird Missionary Conference in southeast Kentucky. This part of Kentucky is beloved home to its families. If I could use one word to describe Red Bird it is "COMMUNITY."

Red Bird has its origins in the 1920's when people in isolated mining villages longed for churches and schools. Today, 23 churches, 4 outreach centers and three major agencies – Red Bird Mission, Red Bird Clinic and Henderson Settlement - bring people together to take care of their spiritual, emotional, physical, educational and material needs.

Red Bird Missionary Conference ministers with people in several counties, some of the poorest in the United States in terms of median income. In one county, most people don't have running water. The coal industry, once a major source of employment for the citizens of the area, has declined over the decades, with a sharp dip since the 1980's, creating a new class of poor citizens. Coal mining and processing plants have laid off miners or shut down entirely due to economics of mining, emergence of other energy sources, automation and less labor intensive methods. Many people have lost their homes. Needless to say, unemployment is very high. There are some other job opportunities, but they are farther away and low-paying.

Over time, coal mining has caused water pollution. The mining companies, doing mountain-top removal, have not reclaimed the land and replanted trees, causing more damage from floods and wind. If some mines were to open up again due to less environmental regulation, what would people choose?

By the way, a "missionary conference" is a special entity designed to do creative and unique ministry in an area with special needs. The Red Bird Missionary Conference ministers in a region where resources are insufficient to maintain an adequate program without outside help. It looks to the church-at-large for support.

When I visited Red Bird recently I saw images of children, teens, parents and elderly people participating in a variety of events and ministries at the churches under the Conference's wing. The churches were alive with love, care and fellowship. In addition to the churches, the four outreach centers provide food, "meals on wheels" for seniors, clothing, and youth and drug recovery programs.

The major agencies supported by United Methodist Women and the United Methodist Advance are Red Bird Mission, Red Bird Clinic, and Henderson Settlement.

The Red Bird Mission is awesome. Programs include an impressive preschool and K-12 school, serving about 260 children and youth; food and clothing assistance; a clean water kiosk; benefit counseling; elderly ministries; baby pantry; mother-to-mother group; adult education; and after-school enrichment. Extensive housing is provided for Volunteers in Mission teams, who do home repairs, largely for elderly and disabled people in the area. There is also a craft store, where homemade quilts, baskets and other items made locally are sold. In addition, there is an emerging farming program, in which people are encouraged to raise their own food organically and "can" the produce.

The coolest program I heard of is the Family-to-Family program that connects families in the Red Bird Conference with "sponsor" families in another state. The sponsor family regularly sends funds for food and a meaningful connection is established between the two families, writing letters back and forth.

The Red Bird clinic, on the campus of Red Bird Mission, partners with the closest hospital, about 35 minutes away. It provides a variety of medical and dental services and wellness programs. Clients may have insurance or Medicaid. There is a sliding-scale fee for procedures not covered by insurance.

Henderson Settlement is in the community of Frakes, a couple of hours west of Red Bird Mission. Here, unemployment is about 50%. What impressed me the most was the number of Volunteers in Mission teams that come to Henderson. In 2016, there were 2500 volunteers, who completed 400 community projects, mainly home repairs, and 150 "campus" projects! A 34th home build was finished. "To get a new roof or broken windows replaced or a handicap ramp to name a few when no real opportunity to fix it yourself is available is a true blessing for so many people in this area." The relationships formed between homeowners and volunteers are priceless.

continued on page 12

Celebrating UMW During Mother's Day Worship Service

Taking a Leap of Faith

On a day devoted to mothers, the St. Luke's United Methodist Women showed their devotion to the well-being of their church family and the leadership they provide to the church not only by serving communion, reading the scripture, and ushering, but also by leading in mission and outreach work and serving in leadership roles within the church throughout the year.

Rev. Jessica shared that United Methodist Women 140-year legacy began in 1869 when the Woman's Foreign Missionary Society first organized a small group of 8 women in Boston responding to a lack of women's health in India. The organization has taken a leap of faith and currently has 800,000 members in America around the world.

Mother's Day is a time to reflect on those women in our lives that have taken the leap of faith and encouraged us to believe in ourselves by setting an example of how to make a difference by leading and serving those around us and around the world.

"Our work is not just about service, it's about worship, it's about standing up, stepping up, making our voices heard, We try to help governments see the world the way we see the world because it will positively impact the lives of women, children and youth." —Harriett Jane Olson, UMW Chief Executive Officer



Count Your Soles and Share Some Blessing

Support the UMW mission projects by counting the number of soles or pairs of soles in your closet. Some suggestions for donation amounts are: 10, 25, 50 cents per sole or pair of soles. This is a good time to do some spring cleaning and donate any of your soles in good condition to Renewed Treasures or Shoes for Shepherds, a Four Corners Native American Ministry (kyker.brayton@gmail.com). More information can be found at the Get Connected Center.

Save the Dates: Join our Celebrations, Educational Studies and Volunteer Mission Projects

- **July 9 & August 13, 8:00-9:15am, Room 206: UMW Leadership Meeting (All are Welcome)**
- **July 21 & 22: Mission U at St. Andrew UMC**
- **Aug. UBUNTU mission service day at St. Luke's**
- **Aug. 27, 2:00-4:00pm: Pie and Prayer**

If you would like to join us at any of these events, please contact umwinfo@stlukeshr.com

Save the date Sunday, August 27, 2:00-4:00pm for the **Annual United Methodist Women's Pie and Prayer event**. Titled *"Come to the Prayer Meetin"*. There will be old time hymns lead by the Sisters of Soul, inspirational guidance from Rev. Jessica, fellowship fun and of course delicious homemade pie. Ya'll plan to come. More details coming.

UMW Around the World

Faith, Hope and Love in Action

United Methodist Women supports Mission projects and organizations around the world. These projects affect women, children and youth by addressing health, literacy, income generation, and peace issues.

United Methodist Women live out their faith in Liberia, help girls dream of a college education in China; assist women farmers feeding their families in Haiti, give tuberculosis treatment to women and children at a missionary hospital in the Philippines, provide crisis intervention for migrant domestic workers in Hong Kong and unlock financial opportunities for rural communities in Mozambique. UMW impacts more lives than can be counted and support 121 programs carried out by 107 organizations in more than 110 countries.

Each life touched by your gift is improved and, in turn, that woman or child is empowered to reach out in a positive way in the local community. Internationally, 2013 Mission Giving funds.

United Methodist Women

enhance your spiritual journey; support you in friendship and fellowship; keep you in prayer, satisfy mission needs, and supply you with renewal. Let us be a part of your journey. We are open to ALL women.



"The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church."

Interest Groups of UMW at St. Luke's:

Book Club ~ Fiction/Non-fiction/Informative/Fun. Fourth Monday, Room 206, 7:00pm (potluck 6:15pm) Contact: Renae Parra (renaeparra@aol.com)

- **June 26 ~ "The Magic Strings of Frankie Presto"** by Mitch Albom
- **July 24 ~ "Winter Garden"** by Kristin Hannah
- **August 28 ~ "Three Wishes"** by Erin Moriarty

Common Thread

~ Friendship/Fellowship/Caring/Sharing. First Thursday of each month, 10:00am. Meets at the church. Contact: Caroline Butler carolinebutler@q.com or Betty Smith 303-797-3225

Itch to Stitch ~

Projects of Crochet, Knitting, Sewing, Quilting donated to Charities. All skill levels welcome. We will be taking a break during the summer (**BUT we ARE meeting on July 15 - see info on pg.1**) and will resume meeting on the 2nd and 4th Saturday from 10:00am to 12:00pm in the church basement in the fall. Summer project kits are available in the Narthex. Contact: Fran West 303-797-7107. Check out Our Facebook page!!! - "St. Luke's UMC Itch to Stitch Guild"

For more information about UMW: Email us at umwinfo@stlukeshr.com.

Look for our brochure at the church entrance AND we are on Facebook www.facebook.com/stlukeshrumw "St. Luke's United Methodist Women - Highlands Ranch, CO"

Also, for info about the United Methodist Women Rocky Mountain Conference and Mile High Pikes Peak District - www.rmcmw.org

UMW national website: <http://www.unitedmethodistwomen.org>



CSE Mission:

To promote healing and wholeness by creating opportunities for authentic connection, and by providing experiences that inspire and transform.

Visit **stlukesce.org** to learn more!

CSE Classes, Experiences & Workshops:

Save the Dates - Coming this Summer!

We have terrific opportunities planned for the summer and for the upcoming year including, nutrition classes, inspirational speakers, yoga classes, retreats, spiritual pilgrimages and outdoor adventures in the beauty of Colorado. We invite everyone – children, youth, young adults, families, and individuals of all ages to join us! Take a look at what's coming up and join in! We'll continue to share updates with you as new opportunities are created! See you soon!

GET YOUR TICKETS NOW! June 28 (Wednesday) 7:00-8:30pm – Rituals of Restoration, an evening with Gargi Agarwala

St. Luke's CSE and Capital Tea offer a unique opportunity to immerse in YOU and explore your relationship with yourself. This experiential evening of restoration will be led by Gargi Agarwala, Author, Certified Life Coach and Yoga/Meditation instructor. Without giving it all away, expect to be guided on a reflective visualization giving you insights and opportunities to author more of your life, learn about mindfulness techniques, engage in the art of pause, and make your own individual commitments to rituals of restoration that serve you.

Capital Tea, a locally owned, beautiful and cozy gathering place, will provide tea and desserts to enhance a delightful evening experience! Space is limited and this is one you won't want to miss!!

Capital Tea, 1450 S. Broadway, Denver, 80210

TICKETS: \$40 (stlukeshr.com) – includes: A copy of Gargi's book *Wellthy Ways, 8 Counterintuitive Steps to Longevity, Self-Care, and Inner Freedom* (\$28 value),

Guest speaker, Tea and desserts provided by Capital Tea.

MORE INFO: julie.polikoff@msn.com



CLASS IS FULL! THANK YOU! June 24 (Saturday) 9:00am-1:00pm – Melinda Davidson's "Effortless Summertime Entertaining Cooking Class"

This experience will allow you to breathe a sigh of confidence to host your next family celebration or neighborhood gathering. Through "The Art of an Entertaining Heart" cooking experience, Melinda will guide her class through the step by step process of creating a featured multi-course appetizer, signature beverage, main entree with complimentary side and capped with a decadent dessert. All will feast upon these festive foods atop of a nature-inspired tablescape that will set the stage of complete hospitality. Cooking class fee is \$35 (includes a recipe book) and is limited to 8 guests. Please email Renae Parra (renaeparra@aol.com) to inquire about future classes.

From Melinda: *"Being in my kitchen is my Sanctuary. It's where I connect to myself, spiritually, and cooking is how I show my love for my family. Food is art to me visually, aesthetically through the array of colors, textures and shapes... it is proven that we eat first with our eyes. Food is gratitude... appreciation for nature and it's vast role as it sustains what we grow from our lands, for the Farmers who give their complete selves to harvesting crops. Food is nourishment to our bodies and to our souls. It profoundly enables us to do all that we do. Food is the heart of my family... from our traditions and gatherings it is the center of our laughter, our tears, our memories. Food is God's nurturing and reminding presence of this precious Earth and our connectiveness to our own humanity. Email me for recipes and additional cooking opportunities, md.md@comcast.net"*



Introduction to Reiki: Thanks to Suzanne Rainey and Kathy Pelmo, the introduction to Reiki was very informative and well attended. We heard what Reiki is and how it is used. This healing energy can help

individuals with relief of many conditions. Many people signed up for the training which will take place in July and August and Suzanne and Kathy are looking forward to sharing this experience.

Reiki I Class – Sunday July 9 from 1:00-5:00pm

Cost is \$140 and includes the manual.

Reiki II Class – Sunday August 13 from 1:00-5:00pm

Cost is \$120.

Suzanne Rainey, member of St. Luke's, and a Reiki Practitioner will provide the training.

Reiki is a gift that is meant to be shared, and our community is offering two workshops to teach the powerful practice. Reiki is a healing modality that is easy to learn, natural, completely safe, does not require extensive training, and does not require any "pre-requisites" to get started. The beauty of Reiki is that it's both an incredible "self-care" and self-healing practice, as well as a vessel to offer energy work to others in our community. In Reiki I, you will receive an initial attunement that will prepare your being to receive healing symbols, offered in Reiki II. These 2 classes really go hand in hand and are best taken back to back. Contact Renae@stlukeshr.com for more info and to register.



Save the Dates - Coming this Fall!

We have some outstanding opportunities coming up this Fall that you won't want to miss. More details and registration information will be coming soon!

September 17-19 – "Whiteboarding Your Why: A Couple's Retreat"

This two-day, two-night experience in the beauty of the mountains will be facilitated by Tami and Ryan Canaday. The retreat is a collaborative partnership between the Center for Spiritual Engagement and Project I Am For You. Contact: Tami Canaday projectiamforyou@gmail.com

October 27-28 – "GLOW! A Women's Wellbeing Experience"

This two-day, one-night opportunity is designed to inspire health and wholeness of mind, body and spirit. The event will be hosted in the gracious space of a peaceful, restorative mountain setting. Contact: Sallie Suby-Long Sallie@stlukeshr.com

CSE Outdoor Adventures:

The CSE Outdoor Adventure team invites all in our community to join us to experience connection, inspiration, and the possibility of transformation, as we explore Colorado's magnificent wildness. Join us for any or all of our upcoming adventures:

July 15 – Dawson's Butte Open Space

This lovely 5-mile loop trail north of Larkspur meanders through forest and open meadows, and offers views of the Front Range and beautiful summer wildflowers. janestaller@gmail.com



August - Date and event – TBD

September 23 – Join us for an Archaeology Experience in Ken-Caryl Ranch

We'll visit sites excavated by the Colorado Archaeology Society; these sites indicate occupation by native peoples starting some 7,000 year ago. janestaller@gmail.com



Dave Laurvick
Director of
Youth Ministry



Amy McMullen
Assistant Dir. of
Youth Ministry



Jeremy Brown
Assistant Dir. of
Youth Ministry

ON THE SLY: Transitions

The time for transitions is near as we say goodbye to senior graduates and welcome to our incoming 7th graders. We have officially started our GEMs and STMs summer programming (each Wed. 6:00-8:00pm). GEMs, Girls Enrichment Ministry, has all sorts of fun and spiritual nights planned just for the girls including crafts, scavenger hunts, and movie nights. STMs, Shortcuts To Manhood, is a little more predictable as the guys nights typically start with throwing a ball around and end with fast food and fellowship. Mission trips are of course a staple of our summer schedule as well.

cont. on page 11

CONGRATULATIONS & BLESSINGS! Your St. Luke's family is so very proud of you.



Ray Baldwin

Thompson Falls
High School, MT
University of
Montana



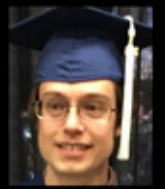
Meg Bleyle

Highlands Ranch
High School
University of
Denver



Isaac Chinault

Douglas County
High School
Texas Tech
University



Dylan Church

Metro
State
BS,
Biology



Jana Coryell

Colorado State
University
BS,
Project Management



Sally Davis

Rock Canyon
High School
University of
Colorado, Boulder



Eliza Ducnuigen

Colorado
Academy
Barnard College,
New York City



Lauren Egelston

University of Colorado
School of Medicine
MD (Doctor of
Medicine)



Anna Fisher

Highlands Ranch
High School
University of
Northern Colorado



Jakob Fletcher

Dakota Ridge
High School
University of
Colorado, Boulder



Kara Fong

University of Cambridge,
UK
MPhil, Materials Science &
Metallurgy



Spencer Harned

Arapahoe
High School
Colorado State
University



Thomas Hayllar

ThunderRidge
High School
Arapahoe Community
College



Caleb Heaton

Concordia College
Moorhead, MN
Bachelor of
Music



Luke Heaton

William Jewell College
Liberty, MO
BS, Business Administration
and Applied Critical
Thought & Inquiry



Megan Howard

Mountain Vista
High School
Northern Arizona
University



Nathan Keplinger

Colorado
Academy
Trinity University
San Antonio, TX



Anthony Lorenzo

ThunderRidge
High School
Colorado Northwestern
Community College



Samantha Martin

Rock Canyon
High School
University of
Colorado, Boulder



Bennett McIntosh

Massachusetts Institute
of Technology
SM (Master of Science),
Science Writing



Jonathan Meade

Rock Canyon
High School
University of
Colorado, Boulder



Jenna Nolder

Highlands Ranch
High School
University of
Colorado, Boulder



Jackie Parra

School of Traditional
Chinese Medicine
Masters,
Oriental Medicine



AJ Preble

STEM School
and Academy
Fort Lewis College
(Durango)



Chris Raap

Mountain Vista
High School
Gap year in California
to golf



Brooke Richeson

Highlands Ranch
High School
University of
Northern Colorado



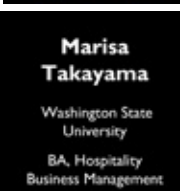
Grant Smith

Mountain Vista
High School
University of
Colorado, Denver



McKay Smith

Cherry Creek
High School
University of
Nebraska



Marisa Takayama

Washington State
University
BA, Hospitality
Business Management



Ransom Tyson

Columbine
High School
University of
Northern Colorado



Lauren Willoughby

Colorado State
University
BS, Health and
Exercise Science



Emily Wright

Montana State
University
BS,
Animal Science



cont. from page 10 Our Guatemala Mission team just returned from an amazing and spiritual week abroad building homes and bringing hope to the people of Guatemala. Next up is our Sr. High mission trip consisting of 70 students and adults! We will be caravanning to Moore, OK to do construction and tornado relief. In July our Jr. High team will be traveling to Albuquerque, NM to work with food banks and shelters. Keep all our mission teams in your prayers as we head out to do God's work! It is shaping up to be a full summer as we also have a lock out and some other fun events planned! Check out our website for all the details and look for recaps of our summer mission trips!

Yours in Christ, Dave, Amy & Jeremy

Hola! Bonjour!

Join us for the 2018 Concert Tour in Spain and France!

Members of the Brass Ensemble, Chancel Choir, and Tintinnabulators are headed to Spain and France to perform in Barcelona (Cathedral of Santa Eulalia & Santa Maria del Pi), Arles (Eglise Saint Cesaire), and Nice (Basilique Notre Dame).

YOU can join us for this amazing trip! Travel to Barcelona, Montserrat, Perpignan, Arles, Aix-en-Provence, Nice, and Monaco from May 31 to June 9, 2018! Get ready for beautiful music in beautiful places. It will be an incredible experience and we hope you will be there with us!

Interested? Contact Kristi Pawley at kristi@stlukeshr.com.

Wesley Players

Show Dates and Auditions - 2017-18 Season

Christmas
on BROADWAY

December 2, 2017

Christmas on Broadway is a musical celebration to kick off the Advent season. The Wesley Players will perform Christmas songs from Broadway shows such as *Meet Me in St. Louis*, *Elf the Musical*, *White Christmas*, *A Christmas Carol* and many others. There will be ensemble, featured and solo opportunities for children and adults aged 8 to 80. No dancing required.

AUDITIONS

Sunday, Sept. 17, 2017

1:00-5:00pm Sanctuary

JOSEPH
and the AMAZING
TECHNICOLOR
DREAMCOAT

March 2-4, 2018

Directed by

Roberta Hamilton-Griggs

One of the most enduring shows of all time, Tim Rice & Andrew Lloyd Webber's *Joseph and the Amazing Technicolor Dreamcoat* is the irresistible family musical about the trials and triumphs of Joseph, Israel's favorite son.

AUDITIONS

Wed. Nov. 8, 2017

6:00-9:00pm Sanctuary

Sat., Nov. 11, 2017

10:00am-1:00pm Choir Rm

Questions should be directed to Melanie Kirkpatrick at melanie.kirkpatrick@gmail.com



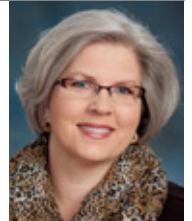
James Ramsey
Director of Music
& Arts Ministries



Kenrick Mervine
Associate Dir. of
Music Ministry/
Organist



Kay Coryell
Dir. of Handbells
& Children's Music
Ministry



Kristi Pawley
Music & Arts
Admin. Assistant/
Accounting Clerk

Your Choice - Hymn Sing!

During the Summer months, we welcome your hymn requests to be presented within our worship services.

They might be used as a congregational hymn, instrumental or soloist offering. Hymns needn't be from our Methodist Hymnal. While we've had some great tunes already submitted, we certainly look forward to yours! Please visit Ken Mervine following a Sunday service or email him at KenM@stlukeshr.com.



St. Luke's Music is Everywhere

St. Luke's Music Ministers are always busy, not just on Sunday mornings! It is truly a blessing every week to experience the sacred gifts of so many varied and talented music ensembles at St. Luke's. From our smallest singers to our very experienced performers, everyone loves and appreciates the invitational and relational aspects of coming together to create "music moments," those moments when tears flow, peace is felt, joy resounds and grace fills your soul.

Our music ministers share these moments outside the walls of our building, taking these experiences into the heart of the community. The Wind Ensemble and Ministers of Swing had the pleasure of performing at Windcrest on April 29. If you recall, that was the day winter returned to town, but despite rain and snow, the show went on! And what a fun and well-done show it was! Both audience and musicians alike enjoyed the time to perform and experience stories through music.

The Ministers of Swing were "swinging" again on May 6 at a 100th Birthday Celebration. Big band selections from the age of swing, as well as "Happy Birthday", filled the fellowship hall. The guest of honor joined the group to play her "tub bass", an instrument she played back in the day!

The Denver Bronze Handbell Ensemble came to St. Luke's May 21 to present their spring program in partnership with St. Luke's Handbell Choirs. Sacred and secular literature filled the Sanctuary. Our Joyful Noise Youth Handbells and the Tintinnabulators presented selections of their own, culminating in a massed ringing finale.

We are blessed at St. Luke's with our music ministers. Please take a moment this summer to let our musicians know how they have impacted your life. Ensembles are off during the summer months to enjoy family time and a little relaxation before we begin again in September. We'd love to have you join any or all of the musical groups at St.

Luke's. For more information, please contact Dr. Jim at jim@stlukeshr.com, Kay Coryell at kayc@stlukeshr.com, or Ken Mervine at kenm@stlukeshr.com. Keep a song in your heart and Happy Summer!

UPCOMING EVENTS: PAA Shows

Music Man Kids and Singin' in the Rain Jr

June 15-16, 6:00pm at Mountain Vista High School

Aristocats Kids June 22-23, 6:00pm at St. Luke's

Pirates of Penzance Jr and The Knight at Dawn

June 29-30, 6:00pm at Mountain Vista High School

Mary Poppins

July 20-21, 6:00pm at Rock Canyon High School

101 Dalmatians Kids

July 27-28, 6:00pm at St. Luke's



St. Luke's United Methodist Church
8817 S. Broadway • Highlands Ranch, CO 80129
303-791-0659 • www.stlukeshr.com

*St. Luke's United Methodist Church welcomes you to our Christian family,
where we share life. Wherever you are in your faith journey,
you are accepted and encouraged to grow spiritually.*

*Join us in growing together toward full humanity through living
the teachings of Jesus: Love, Acceptance, Justice and Hope.*

CONGREGATIONAL CARE



***Don't you be
afraid, for I
am with you.
Don't be
dismayed,
for I am your
God. I will
strengthen
you....*** –Isaiah 41:10

PRAYER CONCERNS

Contact Rev. Sallie Suby-Long if you have any additions/removals 303-791-0659
x132, leave a note at the front desk, or email sallie@stlukeshr.com

LATEST ENTRIES TO PRAYER LIST:

Betty Nelson	Betty DeBerry	Linda Harris
Peggy Link	Jordan Obertier	Peg Pascal
Minnie Mortimer	Debbie Davidson-Stanfill	Nona Fithian
Andrew Mann	Debi Sheppard	Kay Mervine
Julie Love-Ott	Kay Swanson	Phil Keyack

SYMPATHIES TO:

Martha Boon on the passing of her sister, Katherine Tinsley
Janet Loughry on the passing of her brother, Roger W. Catlin
Bill Kemman on the passing of his brother-in-law, Roger W. Catlin
Barbara and Ken Mervine on the passing of Barbara's father, Gerald Feldman
Jenita Rhodes on the passing of her Aunt, Charlene Swanson

CONGRATULATIONS TO:

Grandparents Debi and Schawn Sheppard and parents Chelsea and Justin Sheppard on the
birth of twins Kaylee and Cooper Sheppard.

Appalachian Kentucky continued from page 7

I visited Red Bird because I am one of the facilitators for Mission u, a yearly program that provides education on mission, justice and spiritual topics. This year it will be at St. Andrew UMC in Highlands Ranch on July 21 and/or 22. For more information, see http://www.rmcmuc.org/mission_u. I invite you to sign up for the Mission u study, "Missionary Conferences of the United Methodist Church" to learn more about the people in the special communities with which United Methodists are in ministry!

Our Mission u studies are both informational and spiritual. I will close with a quote by John Wesley from one of the books I have read in preparation for facilitating the study. It is about how we receive and act on the inspiration of the Spirit:

"...the continual inspiration of God's Holy Spirit: God's breathing into the soul. And the soul's breathing back what it first receives from God; a continual action of God on the soul, and reaction of the soul on God; an unceasing presence of God, the loving, pardoning God, manifested to the heart, and perceived by faith and an unceasing return of love, praise and prayer, offering up all the thoughts of our hearts, all the words of our tongues, all the works of our hands, all our body, soul and spirit..."

May the blessings of the Spirit be with you!