



The Chronicle

ST. LUKE'S UNITED METHODIST CHURCH

JUNE/JULY 2015

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From Sarah

I am so grateful, dear people of St. Luke's, for your shepherding, teaching, and embracing way that nourished me this past year in your midst. This internship session has been no small thing for me and hopefully there were pieces, even small, that were life giving for you as well. As a new member of Denver in August 2014, St. Luke's became home and base camp for Mac and I as we grounded ourselves in the depth of God's sacred spaces in order to live the heights of God's calling. Through all of those who interact in and through St. Luke's, I was blessed. And in case you weren't sure, let me affirm that the leadership of this place, both lay and clergy, staff and volunteer, are incredible, creative people who choose to live in integrity and deep authenticity. I can't thank them enough for helping mold me into an effective leader. We depart from St. Luke's with full hearts and grace. Mac will begin a Masters in Music for accompanying at CU Boulder in the fall. I will serve Mt. View UMC in Boulder as a part-time associate pastor serving youth, pastoral care needs, and worship beginning July 1. We are excited for this move and new work ahead and thank you again for sending us with well wishes and prayers. Blessings to all of you in the years of ministry ahead. All are called and I'm delighted to have been called to to serve alongside you for a time.

—Rev. Sarah Merchant



Wesley Festival Memories

by Kay Swanson I believe that I can speak for all of us to say that singing in the Wesley Festival was extremely rewarding but really hard work! Because of Janice Ashby and her great organization everything worked on schedule and no one was lost! From our first three-hour evening rehearsal to our final encore, I was so impressed with the dedication of those who came from five Methodist districts around the United States, to participate in this very important mission of "Imagine No Malaria". Working with Dr. Jim Ramsey, Helen Chapyo and Ken Mervine, kept us on our toes and up late, but it

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Welcome Jeremy Brown to St. Luke's Youth Staff

We are pleased to announce that Jeremy Brown has accepted the position of Assistant Director of Youth Ministry at St. Luke's.

Jeremy grew up through the St. Luke's Youth program and attended Colorado State University, where he obtained a Bachelor of Science in Natural Resource Management with a minor in Global Environmental Sustainability. While in college, Jeremy studied abroad, volunteered as a mentor, and held leadership positions with Campus Crusade for Christ. He will continue with his education while working part time for St. Luke's Youth. Jeremy is a perfect fit for the team of staff and volunteers that serve St. Luke's.



Be transformed by the renewing of your minds, so that you may discern what is the will of God – what is good and acceptable and perfect. –Romans 12:2

Join us for an imaginative summer worship series!

In this time of information overload, people do not need more information. They want a story they can relate to. We learn best – and change – from hearing stories that strike a chord within us. Books, movies, and plays have the power to reveal the sacred, speak with the voice of God, and ask the question, 'who and whose am I?' There is no greater power on this earth than story. People think that stories are shaped by people. *In fact, it's the other way around.*

Sunday Worship Services:

8:00am, 9:30am, 11:00am,
Contemplative Service
(Check website for dates & times)

Sunday School:

Adult, Youth & Children:
9:30am & 11:00am

Nursery available for:

8:00, 9:30 & 11:00am services

Church Office.....303-791-0659

Fax.....303-470-5615

Email.....office@stlukeshr.com

Website.....www.stlukeshr.com

Preschool Office.....303-791-1982

**Staff:**

Rev. Dr. Janet Forbes.....x13
Senior Minister Emergency: 303-241-9312

Rev. Dr. Sallie Suby-Long.....x32
Associate Minister Emergency: 303-475-0141

Rev. Ryan Canada.....x12
Associate Minister Emergency: 303-944-5061

Rev. Pat Shaffer.....720-988-5430
Visitation Pastor

Rev. Sarah Merchant..... Pastoral Intern
Sharon Oliver.....x27
Director of Children's Ministry

Samantha Leahy.....x40
Director of Early Childhood Ministry

Stephanie Kirk.....x11
Children's Ministry Coordinator

Dave Laurvick.....x14
Director of Youth Ministry

Amy McMullen.....x19
Assistant Director of Youth Ministry

Jeremy Brown.....TBD
Associate Director of Youth Ministry

Kay Swanson.....303-791-1982
Director of Little School

Dr. James Ramsey.....x23
Director of Music & Arts Ministries

Kenrick Mervine.....x33
Associate Director of Music Ministry & Organist

Kay Coryell.....x36
Director of Handbells & Children's Music Ministry

Brenda Schafer.....x10
Office Administrator

Sheri Henry.....x24
Director of Finance

Kristi Pawley.....x16
Accounting Clerk

Lynda Fickling.....x20
Director of Servant Ministry/Spiritual Director

Barry Curtis.....x39
Facilities Manager

All submissions for the combined
August 2015 issue

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chronicle@stlukeshr.com

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To receive *The Chronicle* via US mail,
please call or email the Church Office.



Rev. Janet Forbes
Senior Pastor

Fearless Conversations and The Art of Listening

Conflict, debate, and disagreement throw many people into a tizzy out of fear or intense feelings. In most situations such reactions come from a simple fact. People have not practiced the skills necessary to engage in topics that hold a spectrum of opinions and wide range of emotions. However, practice and experience can give people confidence to engage with these subjects.

The hope of the Gospel goes beyond comfort in possible conflict and invites us to healthy dialog so we can and will continue to gather at the table of the resurrected Christ. Coming back to the table speaks to the possibility of disagreeing and still respecting. Returning to the table reminds us of our commonalities of hopes, fears, needs, and blessings. Engaging at the table creates a space of sharing at the deepest level through listening, affirming, and holding each other in the light.

Fearless conversations are crucial to the well-being of any community for in our diversity we experience the Kingdom of God. The timing of fearless conversations also seems pertinent to current cultural situations and in light of the upcoming United Methodist General Conference. Church can be a safe place to model such conversations, to engage with tough issues, and to practice preparing and living into the sacred space of a shared table with friends and enemies.

Rev. Steve Goodier, in his *Life Support System*, writes about THE GREATEST COMPLIMENT.

The story is told of Franklin Roosevelt, who often endured long receiving lines at the White House. He complained that no one really paid any attention to what was said.

One day, during a reception, he decided to try an experiment. To each person who came down the line and shook his hand, he murmured, "I murdered my grandmother this morning." The guests responded with phrases like, "Marvelous!" Or, "Keep up the good work." Or, "We are proud of you. God bless you, sir."

It was not until the end of the line, while greeting the ambassador from Bolivia, that his words were actually heard. Not quite knowing what to say, the ambassador leaned over and whispered, "I'm sure she had it coming."

There are several reasons that no true listening can ever take place in a fast-paced receiving line. Music, noise and the activity of other people can be distracting. What's more, the purpose of the line is more for a quick greeting rather than concerted listening. And one more thing... folks are more intent on getting out what they want to say to the president than listening to what might be said to them. But I wonder... did they WANT to hear what he had to say?

All my life I've carried a mental picture of my uncle the way I saw him so many times – stooped over, head bowed low, intently listening to whomever he was chatting with. He was a tall and big man and a bit hard of hearing. The reason for his unusual posture was no doubt to get his ear closer to the speaker's mouth, but it gave the illusion that, for a few minutes at least, he wanted nothing more than to listen carefully to every word the other had to say.

Henry David Thoreau wrote, "The greatest compliment that was ever paid me was when one asked me what I thought, and attended to my answer." The way my uncle listened was as if he were paying the speaker a supreme compliment. His body language said, "Here, let me get a little closer and listen. I truly want to hear what you have to say."

The key to good listening isn't technique; it's desire. Eye contact is helpful. So is asking pertinent questions, paraphrasing to be sure you understand, refraining from interrupting or changing the subject – all of these techniques are helpful. But the best way to ensure that you will listen well isn't in HOW you listen, it's mostly in simply wanting to understand.

(Thank you, Steve!) I believe that is the crucial question. Do we really want to understand? Until we truly want to understand the other person, we'll never listen well... or fearlessly.

Blessings, Rev. Janet





Rev. Ryan Canaday
Associate Minister

Families at St. Luke's are Connecting!

People are gathering. Relationships are being built. Fun and meaningful times are being had. You are invited to join us! Jim and Katie Youll participate in SHINE and here's what Jim has to say: "SHINE has been a great way to meet other couples with young children. In today's busy world and hectic schedules, it has been nice to come together as a group to share our faith and our stories."

SHINE is up to all sorts of cool things. Check it out below! If you would like more information, shoot me an email ryan@stlukeshr.com

Grace & Peace, Rev. Ryan



A group of our Shine Families are camping overnight at Chatfield State Park Father's Day weekend! This second annual night is a great opportunity for

families to try the camping gig in a very mild environment and provides lots of hours of fellowship and relationship building.

This summer we're trying something new; a brew tour! The Highlands Ranch area is full of newer breweries and we're setting out to try four of them. We had a great time at Living the Dream in June, and are looking forward to the rest of our gatherings at Breckenridge Brewery (July 14), Grist (August 25), and 38 State (September 29). The nursery is open for participating families, and at \$10 a family, is a great deal for exceptional care! Starting in October, we'll be hosting a monthly get-together on the 2nd Monday of each month. While the location is yet to be determined, we hope you'll mark your calendars to join us each month.

We are excited to host a back-to-school bar-b-que again this summer! Join us on Aug. 23 from 11:00am-1:00pm at Northridge Park (across the street, behind the rec center!) for fellowship, food, and fun. We'll have additional details on our monthly gatherings and some dates set aside for our bigger, annual events. Come join us as we celebrate the beginning of the new school year and have one last summer fling together! —Stephanie Kirk

During the Executive Team meeting on Monday **June 29 (6:30-8:30pm)**, we will provide a summary of the Annual Conference. Join Us and learn about the important work of the United Methodist Church.



Rev. Dr. Sallie Suby-Long
Associate Minister

The Integrated Work of Leadership: A Journey of Transformation

I'm excited to be facilitating a leadership development opportunity this fall based on The Integrated Work of Leadership® process. I would love to have you be part of this experience offered through our St. Luke's Center for Spiritual Engagement! This leadership development process has been used with leaders around the country and internationally to enhance leadership capacities and to integrate character, calling, culture, and commitment to enhance effective, purposeful leadership.

My colleagues and I have had the privilege of facilitating this work with many leaders over the past 15 years through our work with Ki ThoughtBridge, a leadership development organization that serves leaders in all sectors. The Integrated Work of Leadership® engages participants in Habits of the Mind® and Practices of the Heart® that help to strengthen leaders for intentional, transformative work in their organizations and communities.

The leadership development segment of the experience will be held at The Hideaway, a beautiful retreat center near Monument, Colorado with inspiring views and inviting spaces. I truly hope you will consider joining us to learn and connect with others who are dedicated to transformational, authentic leadership practice.

If you are interested and would like to know more, I'll welcome a conversation. You may contact me at sallie@stlukeshr.com or 303-475-0141. Our intention is to create an engaging and meaningful leadership development experience!

Online registration opens June 22, 2015.

Introduction and Orientation

Wednesday, October 7 – 6:30-9:00pm

St. Luke's Chapel

Leadership Development Experience

Friday October 23, 9:00am through

Saturday, October 24, 2:00pm

The Hideaway Retreat Center

Closing Session

Wednesday, November 4 – 6:30-9:00pm

St. Luke's Chapel

Registration Fees are TBD



Lynda Fickling
Director of
Servant Ministry/
Spiritual Director

Get CONNECTED Summer is Here!

Guests will be arriving! Are we prepared? Are you ready to welcome all into our community?! I want to share with you excerpts from an article by Thom Rainer on how you can be a welcoming presence:

"Thank you for being here."

Guests often return because...they were invited to!

"Let me help you with that."

If you see someone struggling with young children, diaper bags, getting a door... this comment is appropriate for all!

"Can I show you where that is?"

Guests may not know where the restrooms are, the nursery, coffee/donuts!

"Let me introduce you to..."

We all wish to meet other people don't we? And that makes "next-time" a bit easier when you know a few more faces.

"Would you join us for lunch?"

What if you invited someone new to join you? What a difference you will make for them (and you!)

At Connexus Church they use this as a reminder to one another...

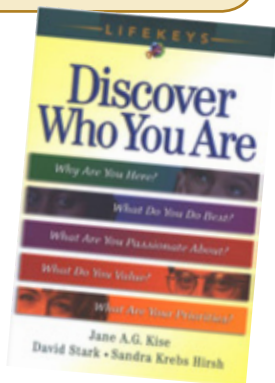
Every Sunday is someone's first Sunday!

Thank you for your welcoming presence!

"Servant by Design" Class Starting Soon! Join us for a fun summer course!

Sundays, June 28-Aug. 23,
11:00am-12:00pm,
Room 213

Discover who you are...Why are YOU here? What do YOU do best? What are YOU passionate about? What do You value? What are Your priorities? Begin your journey to a God-centered life by discovering how you are created to be God's hands and feet in the world. Discover your Life gifts and Spiritual gifts (What you do best) Personality type and Values (The places or atmospheres that give you the most energy) Passion (The purposes God placed in your heart). Cost \$14.00. Sign up online www.stlukeshr.com or at the Get Connected Center. Facilitators: Renae Parra renaeparra@aol.com and Lynda Fickling Lynda@stlukeshr.com 303-791-0659 x20



St. Luke's Community Communications Survey

Please take a few minutes to tell us how we are doing in communicating with you.

With six generations sharing in our faith community and literally hundreds of opportunities to get connected, St. Luke's uses many tools to communicate with you. Perhaps some of these grab your attention more than others. Maybe you did not know about some of the ways you can access information, or you have ideas on how we can improve.



Let us know what you think by completing this brief survey. It is part of a broader effort to enrich your experience at St. Luke's. We value your input as key users of information.

You can respond anonymously or provide your name. Anyone in your household may respond. Feel free to give additional comments in the space provided.

Go to the church website to access the survey www.stlukeshr.com. Hard copies will be available in the church office starting June 7, if you prefer.

Estimated time to complete the survey: 15-20 minutes.
Please complete by July 3, 2015.

Thank you!

Communications Task Team:

Rev. Janet Forbes, Audrey Elling, and Michelle Mallory

St. Luke's Gap Ministry for Love in the Name of Christ (Love INC) Renewed Treasures Named Best of the Best!

Love INC's gap ministry, Renewed Treasures Community Resale Shoppe, was voted "The Best of The Best" by readers of the Littleton Independent Newspaper. All winners will be featured in the June 25 community newspapers.

The Shoppe opened in August of 2012 with a goal of offering upscale clothing and small household goods to the public and to Love INC clients in need. Originally started as a gap ministry led by St. Luke's United Methodist, the shop is completely operated by volunteers from 16 churches Monday-Saturday. Volunteers serve as team leads, along with sorting, sales, displays, and marketing. We celebrate with them in this achievement!

Rev. Doug McKinney, Executive Director of Love INC writes, "This award speaks well of the commitment of St. Luke's in serving the community and to the excellence that you strive toward in all that you do. Thanks for your leadership in making this all happen."

Trustees Corner: Volunteers Make a Difference!

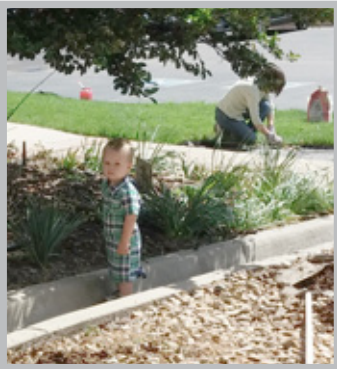
On June 6th our small in numbers, but mighty in ambition and skills volunteers transformed our front entry to be much more inviting. We moved rocks, removed tired junipers and other shrubs, divided and transplanted overgrown daylilies, mowed the grass, trimmed fence lines and perimeters, pulled weeds – simply stated worked very hard to make a difference for everyone who visits St. Luke's this summer. In the end, the scope of this project was more

than we could complete in a single event – and we didn't finish on the 1st day.

On day one, our Saturday volunteers included several members of Trustees and their families, youth, and participants of our outside support groups. Day two began very early on Sunday morning well before sunrise and services – more planting done, and more to go. Day three started on Monday at 9:00am and ended with the Trustees monthly meeting that continued until about 9:30pm – by the end of this day we finally figured out

our irrigation options, and got our water-saving drip irrigation underway. On Tuesday, more planting, and spreading rock continued.

We truly appreciate all of the hard work completed by everyone who made the time to support this project and hope we have good luck keeping the bunnies away so we all enjoy the summer color for many years to come! Here's wishing everyone a wonderful and safe summer!



Our Mission: To promote healing and wholeness by creating opportunities for authentic connection, and by providing experiences that inspire and transform.

Please visit our new website www.stlukesce.org to learn about upcoming opportunities and explore our photo gallery.

Welcome Summer! The Center for Spiritual Engagement has planned a rich variety of opportunities to connect you with others and with our beautiful earth, to inspire your senses, and to transform your summer into a spirit-filled adventure. We hope you will join us often!

- **Energy Yoga** - Join us on the second Tuesday (6:30-7:45pm) of each month (July 14, and August 11) in St. Luke's Fellowship Hall; bring a yoga mat. Our instructor, Gargi Agarwala, is a life-long yoga practitioner and teacher. All levels/abilities welcome; children 10 and over are welcome WITH adult. Recommended donation is \$10/class. (janestaller@gmail.com) Childcare available (\$5) with 24-hour reservation. (sam@stlukeshr.com)
- **Journaling Experience** - Jenita Rhodes will facilitate three journaling classes in August (Aug 14, 21, 28, 9:00-10:30am). Explore various journaling techniques to embrace your senses, explore your dreams, reconnect with your inner child, and connect with your subconscious self. Each class is unique, so come for one class or all three. (jenita@pcsisys.net)
- **Women's Retreat** - Renew your spirit in the peaceful simplicity of nature. We're hosting a two-day, one night retreat August 7-8 at the Franciscan Retreat Center near Colorado Springs. Registration opened June 1. (sallie@stlukeshr.com)



OUTDOOR ADVENTURE MINISTRY:

Birding May 30: After weeks of rainy weather, May 30 graced us with sunshine and crystal blue skies for birding at Lair O' the Bear during this important migration season. It was a perfect Colorado morning of meandering along swollen Bear Creek and listening to the rushing water and the singing birds. Janet and David Johnston shared their extensive birding expertise.

Janet invited us to consider "time" and "abundance" as we hiked. We identified numerous birds, including the catbird, lazuli bunting, and yellow warbler. We also had the rare opportunity to observe a nesting hummingbird! There is nothing better than learning and sharing with friends in the splendor that is Colorado!

Coming up: Evergreen Lake – July 18: Join us for late afternoon boating on Evergreen Lake, followed by a potluck picnic as we watch the sunset over the High Peaks. (Julie.polikoff@msn.com)

Yoga on the Rocks – August 1: All are welcome to join us for sunrise yoga at Red Rocks. Tickets (\$12) are available online at <http://yoga.redrocksonline.com/yotr>. We'll carpool from St. Luke's, arriving just in time to see the sunrise over the plains. After yoga we'll share a tailgate breakfast. (Julie.polikoff@msn.com.)

SAVE THE DATE:

Tuesday, September 15. Engaging the Spirituality of Children and Teens: Perspectives from a Pastor and a Psychiatrist (renaeparra@aol.com)

Rev. Dr. Leanne Hadley will provide a full-day of **Holy Listening training on Wednesday, September 16, 2015.** (sam@stlukeshr.com)





Woof! Woof! Meow! Jake, Max, and Shea here to bring you up to speed on what we are sniffing out for children at St. Luke's.

There are still spots open for **Wacky Wednesdays** (July 8, 15, 22) and **Evening Vacation Bible School** (July 7-9)



Summer Sunday School at St. Luke's!

We are learning all about "G-Force: God's Love in Action" during 9:30am

Sunday School at St. Luke's. We have been learning Bible Stories that inspire us to Move! Act! Care! Follow! and Share!

Please take a moment and go to the **Summer Sunday School** Servant Sign Up website and pick a day or 2 to help out. It's so much fun and a great way to spend an hour on a Sunday morning. Our kids need you so let's get those spots filled up! **We have so many wonderful things in store for Sunday mornings this summer! Join us!** Thanks so much!!

MARK YOUR CALENDARS:

May 31 (SUN) - 9:30am SUNDAY SCHOOL: Joy Trek (PreK) & PEAK 5-wk. VBS Lessons Begin

July 3 & 17 (FRI) - PLAYGROUP 9:00am - All are welcome!

July 5 (SUN) - Family Worship Sunday - No Sunday School

July 6 (MON) - 5:30pm Evening VBS Training for all VOLUNTEERS Contact Ms. Sharon for more info

July 7-9 (TUE-THU) - 5:45-8:00pm Vacation Bible School - G-FORCE Evening Session (Registration still open)

July 12 (SUN) - 9:30am SUNDAY SCHOOL: Joy Trek (PreK: 2-4 yrs.) begins 2-week lesson: "Saul to Paul"

July 12 & 19 (SUN) - 9:30am PEAK K-5th Grade SUNDAY SCHOOL: "Bible 101 & Prayer 101"

July 14 (TUE) - Children's Ministry Team Meeting 6:30pm - All are welcome!

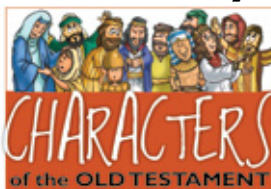
July 27 (SUN) - Family Worship Sunday - No Sunday School

August 2 (SUN) - 9:30am SUNDAY SCHOOL: Joy Trek (PreK: 2-4 yrs.) begins 2-week lesson: "Lydia"

August 2 (SUN) - 9:30am PEAK K-5th Grade SUNDAY SCHOOL begins 5-week lesson: "John Wesley's World"

Blessings to you!

Wacky Wednesdays



Open to all children age 2 1/2 years-entering 3rd grade!

TIME: 9:30am-noon

WEDNESDAYS:

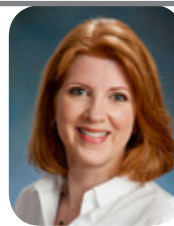
June 3, 10, 17, July 8, 15, 22

Registration is \$20 per day per child. If you have any questions regarding registration contact: Tami Clement at tami@stlukeshr.com

Registration forms available NOW on the website and at the church.

VBS is Giving Back to IFCS

VBS is getting ready to take over the church June 22-26 and provide an amazing experience for kids to know God's love. Every year we have a mission project for our VBS families and the church to participate in. This is year it is Interfaith Community Services School Supplies. We are so grateful to have this opportunity to give back to our community. The theme for VBS this year is "G-Force: God's Love in Action" and our mission project is putting that theme into action. Since 1964, IFCS has been the safety net helping people in the south metro Denver area get to self-sufficiency. In mid-August IFCS expects 500 additional children needing school supplies. We hope you will help us meet this tremendous need. We will have a mission board up the week of VBS at the main entrance to let you know what is needed. Thank you for your support!



Sharon Oliver
Director of
Children's Ministry



Samantha Leahy
Director of Early
Childhood Ministry



Stephanie Kirk
Children's Ministry
Coordinator

St. Luke's Kids
Growing with God

Volunteering as a Family

by Sam Leahy

At St. Luke's we know that volunteering is a great way for families to connect with each other, have fun and feel closer. If volunteering starts at an early age, service and helping others becomes part of their lives. It also gives a child an empowering message that they can make a difference in another person's life. Whether it's once a week, once a month or twice a year volunteering as a family can benefit both the community and your family.

Ethan Harrison a ten year old from St. Luke's who spends his Mondays this summer making and handing out lunches to those who are homeless said, "If I can help someone who has less than me, one day they will help someone else when they can, I feel really good about that"

Grab a garbage bag and clean up your local park, support our next Service Saturday, sign up to work with the children during our VBS, help make lunches for the homeless at St. Luke's every Monday morning at 10:30am or decorate the lunch bags, even the smallest child can get involved.

The feeling of fulfillment and satisfaction of helping others can be priceless.





Kay Swanson
Director of
Little School

Little School News:

Lazy Days of Summer



How very precious are these days of summer and hopefully a more relaxed schedule – time with family and friends, and pictures to fill lots of memory books! Little School has been taking somewhat of a break, but

Play School and Wacky Wednesdays have kept some of our staff busy and before we know it, it will be “full steam ahead” to get ready for fall!

Important Dates to mark on your calendar!

July 1, 2015: Enrollment papers are due for a ALL students attending school this year. First and last months tuition is also due, unless you have made arrangements with the Little School office. Papers may be dropped off at the main church office (9:00am-noon or 1:00-4:00pm M-F)

August 10, 2015: Welcome Letter sent from Teachers to all children and families.

August 19, 2015: Teachers back to school!

August 26, 2015: Parent Evening Orientation (strongly advised for new families)

August 27, 2015: Children's Morning Open House

August 31, 2015: LITTLE SCHOOL BEGINS YEAR 21 !

If you are interested in enrollment at Little School, please contact Ms. Kay at Kay@stlukeshr.com to find out about our wonderful program for Children ages 2 ½ (potty trained) to almost 6. We would love to hear from you!

Wishing you all... Warm Days and Firefly nights!

Blessings from Ms. Kay and Staff

“Children go where there is excitement and stay where there is love.”

St. Luke's Little School - Best Preschool in Douglas County 2013, 2014, 2015

United Methodist Women

RMC Annual Conference: The 2015 Annual Conference of the Rocky Mountain United Methodist Church, will be held at the YMCA of the Rockies, Estes Park, Co. from June 11 to June 14. The United Methodist Women Breakfast will be held as part of this Annual Conference on Saturday morning, June 13, 6:30am.

Mission u: “Learning Together for the Transformation of the World”. Co-sponsored by Rocky Mountain Conference UMC and United Methodist Women. All are welcome (Adults, Youth, Children) to join in these educational studies. Three studies are available. 1. Geographic Study: Latin America, People and Faith. 2. Social Issue Study: The Church and People with Disabilities; 3. Spiritual Study: Created for Happiness;

Dates: July 16-18, 2015 ~ Three (3) Day Event. Location: 1st UMC of Colorado Springs, 720 N. Nevada Ave., Colo. Spgs., Co. ~ or ~ Aug. 15, 2015 ~ One Day Event, Smoky Hill UMC, Centennial, Co. If you are not able to attend the three-day event, we hope you will register for a one-day event. For additional information and registration forms please contact umwinfo@stlukeshr.com. Register by July 1, 2015.

Save the Dates: Enjoy your busy sunny summer activities with family and friends, but save the following dates for our volunteer mission work and educational studies.

- June 18 ~ Mission Project - Supplying Dinner for Warren Village
- June 27 ~ Mission Project - Hosting and Volunteer work (1/2 day) at various local locations for District Ubuntu Work Day
- July 16-18 ~ Education - Mission u - (3 day study) Location - 1st UMC, Colo. Springs.
- July 19-25 ~ Mission Project - Mission trip to UMCOR WEST, Salt Lake City, Utah
- August 2 ~ Spiritual - UMW Sunday
- August 15 ~ Education - Mission u - (one day study) Location - Smoky Hill UMC, Centennial, Co.
- August 30 ~ Invitation - Pie Prayer Purpose Celebration. Fellowship Hall, 2-4pm.

Interest Groups of United Methodist Women at St. Luke's:

Women are welcome to attend an Interest Group of UMW anytime!

Book Group - Fiction/Non-fiction/Informative/Fun. Fourth Monday, Room 206, 7:00pm (6:15pm potluck) RenaParra@aol.com for info.

- June 22 “Sum it Up” by Pat Summitt
- July 27 “Orphan Train” by Christina Baker Kline
- Aug 24 “Boys in the Boat” by Daniel James Brown

Itch to Stitch - Mission - Crochet, Knit, Sew. Meets 2nd Saturday in church basement. All skill levels welcome! Contact: Fran West 303-797-7107

The Following Interest Groups are on Summer Break:

Common Thread - Friendship, Fellowship, Caring, Sharing.
Women's Night Out - Food, Friendship, Fun
Women's Monday Night Bible Study - Jesus' Teachings

Goodbye pot holes!

Facilities Manager Barry Curtis hard at work on our parking lot repairs.



“The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.”

Seasoned Voyagers Teams Update



A 55+ MINISTRY

Sign up Sunday for the Seasoned Voyagers double header trip to Celestial Seasonings Tea Company and Leanin' Tree greeting cards and art museum in Boulder.



The bus will leave St. Luke's June 25, Thursday at 9:30am



and return by 3:00pm. Lunch may be purchased at the Celestial Seasonings lunchroom or you may bring your own.

Cost is \$10. For more information contact Rich Krenning at rkrenning@msn.com.

Future plans include a evening at Roxborough Park for a concert by Skanson and Hansen August 30, Sunday. We leave St Lukes at 5:00pm taking our picnic suppers to set up our seats early and eat as we wait for the 6:30pm concert to benefit the part.

Have you been to the revamped Union Station? We are looking at a trip there with a combination mission trip to the Woman's Bean Project downtown. TBA



"Seasoned Voyagers were informed that the Red Rocks are still rising and so is Dinosaur Ridge pictured here with Voyagers viewing dino footprints that the rain is nearly washing away according to our guide Brentasaurus."

MISSIONS OF THE MONTH

Highlighting Mission Opportunities:

For more about missions supported by St. Luke's, contact Scott Hetherington 484-883-0778 scott.g.hetherington@gmail.com



Save the Date: Feeding of the 5000. The dates are set for Friday, Saturday & Sunday October 2-4. We will be looking for many, many volunteers to fill needs at the stores and at the church.

UMCOR Relief Supplies: During the week of July 19-25, a group of volunteers from St. Luke's will be working at the United Methodist Committee on Relief Depot (warehouse) in Salt Lake City. We will be processing relief supplies that are sent by UMCOR to survivors of disasters in the United States and around the world. We invite you to contribute supplies for UMCOR health kits for the team to take to Salt Lake City.

These supplies include: new wash cloths; new hand towels (15 X 25 inches to 17 X 27 inches; kitchen, cleaning and microfiber towels not acceptable); bath size soap (3 oz. and larger size, do not remove from original packaging); toothbrushes (in a single package); Band-Aids (3/4 inch to 1 inch-size); nail clippers.

Our team will also be visiting Crossroads Urban Center, a Methodist-connected ministry that helps people in need in the Salt Lake City area. They need donations of new socks and new underwear.

A labeled bin will be in the Missions closet for your donations. They will be collected on Saturday, July 18.

Here is more information about Crossroads Urban Center:

Crossroads Urban Center is the only National Mission Institution in the Rocky Mountain Conference. Crossroads operates one of Utah's busiest emergency food pantries, a free/low-cost thrift store, an emergency assistance fund to help with prescriptions, bus passes, gasoline and other needs, extensive holiday food programs, and community organizing and advocacy with low income people and their allies. In 2014, Crossroads' direct service programs touched some 36,300 families and individuals in need. Hundreds of volunteers help serve thousands of people in need through Crossroads every year. Since 1966, Crossroads has been serving low-income people in the greater Salt Lake area. The agency emerged from the work of the Women's Home Missionary Society of the Methodist Episcopal Church in the 19th century.

Blood Drive Thank You!!

I'm happy to report that we had a great turnout, and met both of our goals! The final numbers are listed below for you:

Donors Scheduled: 24
Donation Goal: 18 pints
Registration Goal: 19 donors
Donors Registered: 20
Pints Donated: 18
First-Time Donors: 6
Walk-Ins: 2
No-Shows: 3
Self-Deferrals (Donors that Don't Meet Pre-Screening Question Criteria): 4

The 18 pints of blood generously given by your donors will go on to save the lives of as many as 54 patients in Colorado hospitals. Please extend our sincere appreciation to everyone at St. Luke's for supporting this event and also to all who took part. Thanks again! -Bonfils Blood Center

Happy 3rd Anniversary Renewed Treasures!

Love INC's resale shop, Renewed Treasures, will celebrate its 3rd anniversary in August. We've been able to give over \$15,000 a year to Love INC through sales from the shop and have helped numerous clients with clothing and household items. Join us for our celebration Aug. 21 & 22.



Bailey Ash
Highlands Ranch High School
Arizona State University



Michael Barlow
Cornish College of the Arts
BFA, Theater



Natalie Betts
Arapahoe High School
University of Colorado, Boulder



William Bleyle
Highlands Ranch High School
University of Northern Colorado



Amanda Burget
Mountain Vista High School
Dixie State University, St. George, Utah



Joey Cavanaugh
ThunderRidge High School
University of Colorado, Colorado Springs



Jennifer Rose-Lukas Dement
Colorado State Univ. Bachelor of Liberal Arts & Sciences, International Studies



Katy Drake
University of Colorado, Denver
BS, Political Science



Jordan Fickling
Rocky Mountain College of Art & Design
BA, Fine Arts



Jackson Goldsberry
Highlands Ranch High School
Colorado School of Mines



Taylor Griggs
Littleton High School
University of Oregon, Eugene



Meg Henry
Mountain Vista High School
Whitman College, Walla Walla, WA



Alyvia Hildebrand
Castle View High School
University of Colorado, Boulder



Avery Hill
Heritage High School
Colorado State University



Dayna (Newby) Hudson
University of Northern Colorado
MA, Curriculum Studies



Ian Hutchins
University of Arizona
Bachelor's, Business Management



Bria Hutchinson
University of Northern Colorado
BA, International Affairs



Tyler Kirchhoff
University of San Diego
BA, Accounting and Finance



Andrea Larsen
Iowa State University
BS, Industrial Engineering



Blair Larson
Colorado State University
BS, Chemical & Biological Engineering and Biomedical Engineering



Jeff Lee
Denver Academy
Metropolitan State University, Denver



Alyssa Markham
Colorado School of Mines
BS, Chemical & Biochemical Engineering



Nikki Markham
Mountain Vista High School
Northern Arizona University, Flagstaff



Emerson McIntosh
Heritage High School
South Dakota School of Mines & Technology



Nick Nickless
Arapahoe High School
Arapahoe Community College



Laura Nolder
Highlands Ranch High School
University of Colorado, Denver



Alex Oliver
ThunderRidge High School
University of Colorado, Boulder



Kim Ransick
University of Colorado, Colorado Springs
BS, Nursing



Scott Roberts
Mountain Vista High School
Colorado State University



Jocelyn Roth
STEM School & Academy



Nolan Rubner
Mountain Vista High School
Mesa University, San Diego



Rebecca Skalla
Highlands Ranch High School
Knox College Galesburg, IL



Jessica Stanley
Pine-Richland HS
Gibsonia PA
University of Kansas



Shanelle Thevarajah
Rock Canyon High School
University of Guelph Ontario, Canada



Tamara Thevarajah
Regis University
MS, Medical Science



Katie Tourtillott
ThunderRidge High School
University of Colorado, Colorado Springs



Wes White
Kent Denver School
Purdue University



Dakota Wright
University of Northern Colorado
Master of Accounting

CONGRATULATIONS!

Blessings to you all!

Your St. Luke's family is so very proud of you!



Upcoming Events!

SLY (St. Luke's Youth) is an inclusive group for all 7th-12th graders that focuses on fellowship, fun, and finding out what this God thing is all about! As always, we have lots going on and are so excited to grow closer while having fun and being the hands and feet of Christ!



- ✧ **June 21: No SLY PM - Spend time with the Dads in your life**
- ✧ **June 28: SLY PM- Human Foosball Night!**
- ✧ **June 13-21: Sr. High Mission Trip** to Rockford, IL
- ✧ **July 12-18: Jr. High Mission Trip** to Crownpoint, NM

Sign up to receive our emails and Check www.stlukeshr.com and click on "Youth" or "SLY" for up-to-date info on programs, activities, opportunities and more!

Sundays:

- **9:30-10:30am – SLY AM**
Exploring life issues and the bible
- **5:30-6:00pm – Community Dinner** - \$2 per person.
- **6:00-7:30pm – SLY PM**
All sorts of fellowship and fun activities are happening Sunday nights in the youth room!
Check out our website for details.

Wednesdays:

- **STMs - For all boys 7th-12th grade. Come play Frisbee, eat fast food, and have fun!**
- **GEMs - For all girls 7th-12th grade. All sorts of fun happens in GEMs including yoga, canvas painting, a mall scavenger hunt, and a cooking night!**

ON THE SLY: Full Summer Ahead!

It's finally here... Summer!! School is out and we are on to our crazy busy summer schedule! The beginning of summer means two important things for SLY; the beginning of our Wednesday groups STMs and GEMs, and MISSION TRIPS!! The youth wait all year for these!

STMs (Shortcuts to Manhood) is a group made especially for the boys to get together, hang out, and play ultimate Frisbee. And of course, our boys LOVE to eat, so after getting all worn out and sweaty, they had to a fast food restaurant for food and fellowship! All boys going into 7th-12th grade welcome! Meet at the church at 6:00pm and bring money for dinner!

GEMs (Girls Enrichment Ministry) is a group made for just the girls! GEMs also meets at 6:00pm on Wednesdays. We do all sorts of fun things including a mall scavenger hunt, yoga, and painting! Check out our website for a detailed schedule.

Summer also means its Mission Trip Time!! Some of the older youth are kicking off their summer with a trip to Guatemala. Look for a recap in our next issue! In mid-June 50 Sr. High youth and 15 adults will be heading to Rockford IL to do urban renewal projects including roofing, painting, and building a wheelchair ramp. Then, in mid-July, over 40 Jr. High youth will be heading down to the Navajo Reservation in Crownpoint New Mexico. This is where the Sr. High group went last year, and they loved it so much, they suggested the Jr. High go this year! They will be working on houses of the local Navajo people. Please pray for us as we go out and be the hands and feet of Christ in the world this summer!

As always, we have a lot going on! We are blessed to be able to work with the youth of St. Luke's love to watch God work in their lives!

*—Yours in Christ,
Dave & Amy*



Dave Laurvick
Director of Youth Ministry



Amy McMullen
Assistant Dir. of Youth Ministry



Meet A Youth!

Natalie Betts just finished her senior year at Arapahoe High School. Not only did she graduate with a GPA of 4.21, but she was also captain of the tennis team, senior class vice president, prom queen, and was chosen to speak at her graduation! Next year she will be attending CU Boulder. We are so proud of you Natalie!

Wesley Festival continued from page 1 was such a good kind of tired. It was a treat to work with Helen, who was a challenging director and pushed us to improve. Her enthusiasm was contagious and between our two directors and our accompanist Ken, they were able to put together a pretty outstanding chorus of 101 singers in a matter of 15 hours of rehearsal. Some of us were privileged to have sung many of the pieces of music but some had never seen them before! Then to top off this bevy of talent, Adrienne Danrich was our guest soloist that took our breath away with her inspiring soprano voice that rocked the house!

What I came away with after taking this trip was, the incredible spirit of our choir members. We spent time together, rehearsing, laughing, eating and sight seeing, but most of all we had the opportunity to get to know each other on a deeper level. Some of us only see each other a couple of times a week, and by taking this joyful trip, we are now better connected.

I told Jim that it really hadn't sunk in, that we were actually singing at the Kennedy Center, until we walked into the concert hall and there were the Air Force orchestra members, our two conductors, our organist and our soloist, all standing under the sparkling chandeliers overhead. It really is hard to describe what that feels like, but it is a rush of emotion, nerves and pride. The evening went by so fast, I wanted to say "stop we need to do that again!"

Our important focus and goal of course was to raise awareness and funds for "Imagine No Malaria". I am hopeful that we did make an impact. I know that I came away from this experience knowing that a group of volunteer singers came together to make a difference. It was fitting to be in Washington, DC on Memorial Day weekend, to be in our nation's capital and do something from the heart that was reaching out to another country. I'm proud to be a member of St. Luke's choir and am truly blessed to have been able to share this experience with such amazing people.



Sheri Henry
Director of Finance



Kristi Pawley
Accounting Clerk

Thanks for Your Financial Support!

We offer a variety of ways for you to make your contributions.

We invite you to select the method that is best for your particular need from the following methods:

- Cash, check or stock transfers
- Scheduled automatic withdrawals from your checking or credit card accounts.

You may enroll in either of these methods by going online at stlukeshr.com or contacting me directly.

- One-time online transaction. Go online at stlukeshr.com and do a one-time transaction from your checking or credit card accounts. This method is great for situations such as forgetting to leave your check in the offering plate on Sunday or if you're out of town.

Thanks to everyone who has returned your 2015 Commitment Cards. If you have not had an opportunity to return yours yet, you may mail them in or drop them off at the church at any time. We greatly appreciate your support!

Broadway on Broadway is coming again to St. Luke's!

Back by popular demand, the Wesley Players will present

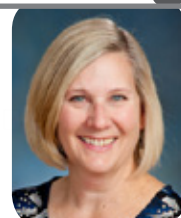
Broadway on Broadway **November 13-15!** Auditions are Saturday, September 12 from 9:00-12:00pm and Sunday, September 13 from 1:00-4:00pm. Auditions are open to children, youth and adults. The general format will be solo, small ensemble, and full cast selections interwoven with a narrative theme. More information will be in the next edition of *The Chronicle* and sent out to the music and drama email list in August. **SAVE THE DATE!**



James Ramsey
Director of Music & Arts Ministries



Kenrick Mervine
Associate Dir. of Music Ministry/Organist



Kay Coryell
Dir. of Handbells & Children's Music Ministry

Summer Choir

Summer choir begins Saturday, July 18 with a retreat from 8:30-11:00am. During the retreat, we'll rehearse the music ministry anthems that will be sung on Sunday, July 19 and Sunday, August 9. All are welcome to attend and sing, even if you can only make one of those Sundays. For more information, please contact Dr. James Ramsey at jim@stlukeshr.com or call the church at 303-791-0659 x23.



St. Luke's Performing Arts Academy - going strong through the rest of the summer!

Summer is flying by and the Performing Arts Academy is in full swing. After the first 2 weeks of Music Theatre Intensives alone, PAA has had over 200 students in classes and performances with over 1,200 audience members so far! Come see our students perform this summer. The remaining shows are perfect for the whole family and a lot of fun. Advance ticket prices are available online. For more information about all PAA programs, please visit www.stlukespaa.org. Space is still available in selected summer camps and intensives and Little Mermaid is coming this fall!



In the adventure of a lifetime the travelers come face to face with a ticking crocodile, a fierce Indian tribe, a band of bungling pirates, and of course the villainous Captain Hook. July 16 & 17 at 6pm Advance Tickets are \$10 and available at stlukespaa.org.

Dinosaurs Before Dark - Travel back in time with Jack and Annie to the land of the dinosaurs in this adaptation of the best-selling book series. June 25 & 26 at 6:00pm. Advance Tickets are \$5 & \$10 and available at stlukespaa.org. Location: Mountain Vista High School

Peter Pan - Peter and his mischievous fairy sidekick Tinkerbell visit the nursery of the Darling children late one night and with a sprinkle of pixie dust begin a magical journey across the stars that none of them will ever forget.





St. Luke's United Methodist Church
8817 S. Broadway • Highlands Ranch, CO 80129
303-791-0659 • www.stlukeshr.com

*St. Luke's United Methodist Church welcomes you to our Christian family,
where we share life. Wherever you are in your faith journey,
you are accepted and encouraged to grow spiritually.*

*Join us in growing together toward full humanity through living
the teachings of Jesus: Love, Acceptance, Justice and Hope.*

For the most up-to-date calendar of events check www.stlukeshr.com

CONGREGATIONAL CARE



Brenda Schafer
Office Administrator

*Don't you be afraid,
for I am with you.
Don't be dismayed,
for I am your God.*

*I will strengthen
you....* –Isaiah 41:10

PRAYER CONCERNS

Contact Rev. Sallie Suby-Long or Brenda Schafer if you have any additions/removals. 303-791-0659 x32, leave a note on the front desk, or email sallie@stlukeshr.com or brenda@stlukeshr.com

LATEST ENTRIES TO PRAYER LIST:

Joe Forbes – Rev. Janet Forbes' brother

Debi Sheppard

Jane Riegle

Lee Long – Annie VanHoosen's sister

Lynn McNichols – Trudy Turner's friend

Natalie Murrow

Grant Larson

Bob Halderman

Jan Lindquist

Denise Anderson

Stephanie Stanley – Joy

Damsgard's sister-in-law

Debra Mitchell

Ken Reck

Julie Gustafson

Renie Sanek

Jeff Veach – Laura

McCarthy's brother

Manju Mandal – Marshall Kuhn's friend

Bernie Battaglin

Delores Eagelston – Maryanne Eagelston's mother-in-law

Jan Rufien

Orie Roberts

Jim & Judy Askam – Jan

Munoz's brother-in-law & sister

Havana Gilbert – Gary

& Laurie Gilbert's

granddaughter

Barb Farnholz – Jon Streaty's co-worker

Kay Mervine – Ken Mervine's mother

Marsha Delouchery – Ed & Eileen

Law's niece

Annie VanHoosen

Betty Halderman

Dru & Betty DeBerry

Marge Johnson – Kristen Foster's

grandmother

Deb Browne

Joe McMinn

CONGRATULATIONS TO:

Andrew & Kit Campbell on the birth of their daughter, Ailey Campbell, and to big brother Torin too!

SYMPATHIES TO:

Myndi Hoffman on the passing of her grandfather, Bill Pitts
The Murrow family on the passing of their friend, Noah McMahon
Randy & Sandy Larson on the passing of Sandy's father, Harold Maul
Steve & Martha Riley on the passing of Martha's mother, Marjorie McRae Riser Roseborough
Mike & Diana Stephens' on the passing of Diana's aunt, Jeane Krandell

Rich & Marta Nelson on the passing of Marta's father, Martin Fox
Highlands Ranch High School friends & family on the passing of Justin Bondi

June Daniel on the passing of her husband, Lee Daniel
Rick & Nancy Lataitis on the passing of Rick's mother, Aldona Lataitis
David Whitelaw on the passing of his father, Walter Whitelaw
Gary & Laurie Gilbert on the passing of Laurie's father, Harold Johnson
Bret & Marla Schroeder on the passing of family friend, Preston Dulmer
Marsha Benshoof on the passing of her mother, Lois Craig
Val Clark on the passing of her uncle, Art Kain