



The Chronicle
Highlands Ranch, Colorado



ST. LUKE'S UNITED METHODIST CHURCH

Lent/Spring

MARCH/APRIL 2025

Guatemala March 2025- Relationships, Cinder Blocks, and Lots of Kids!

Our Guatemala team returned on March 11 from a very rich 9-day experience. We renewed relationships with our long-time Guatemalan Pura Vida friends. Team members had deeply-impacting visits with 25 sponsored scholarship students! Three team members were so inspired by their experience in Guatemala that they initiated student sponsorships while on the trip and were able to meet their new students!

We helped construct cinder block houses for two families, under the direction of the Guatemalan construction foremen and alongside family members. We were in the village of Patulup, high in the mountains, with



spectacular views. The photo leading us in the blessing of the house for Maria and Diego and their 5-year old daughter. Working on this house was particularly a labor of perseverance and love. To get to the work site our mostly "senior citizen" team members walked down a 1/4 mile steep trail through the woods and in the afternoon labored with dedication in the fairly hot sun. What a wonderful team; they accomplished so much! Maria was laid up with a broken foot and couldn't come to the construction site. On the day of the home blessing, Ken Fong took photos of the house in progress and printed them on site. When we gave them to Maria, she started to cry.

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HOLY WEEK & EASTER
WORSHIP 2025

PALM SUNDAY APRIL 13 - 9:30 & 11:00am
Easter FUN Day 12:30-2:30pm

MAUNDY THURSDAY APRIL 17 - 7:00pm
POTLUCK 6:00pm

GOOD FRIDAY APRIL 18 - 7:00pm
Featuring Karl Jenkins STABAT MATER

EASTER APRIL 20 - 6:00*, 8:00, 9:30, 11:00am
*(*6:00am Sunrise worship, in cooperation with Holy Companion Episcopal community, Lois Webster Amphitheater at Denver Audubon Kingery Nature Center | 1280 Waterton Rd, Roxborough)
Childcare at 9:30am*

Do you live in the communities west of Santa Fe/US 85 and south of C-470? As we envision the future of St. Luke's, the church is going to be doing some focused outreach to the communities immediately to the west of Highlands Ranch. If you live in Sterling Ranch, Roxborough, Waterton, Solstice, or anywhere else in that area, Rev. Calob wants to connect with you! You are invited to be a part of shaping the next chapter in the life of St. Luke's. You can help the church think through some questions, such as: **Who do we need to connect with in the area? What can St. Luke's offer to the communities there? How can we best spread the word about St. Luke's? How can St. Luke's best be present in the area?** To be a part of this vital conversation, contact Rev. Calob directly at calob@stlukeshr.com or 303-791-0659 x103.

OFFICE HOURS:
9:00am-1:00pm M-F

WORSHIP SERVICES:
9:30am large traditional worship
(live streamed and in person)
11:00am small gathering/large spirit,
with communion

SUNDAY SCHOOL:
9:30am PreK-12th grade
Nursery available with reservation
Church Office.....303-791-0659
Email.....office@stlukeshr.com
Website.....www.stlukeshr.com
Nursery.....sam@stlukeshr.com
Little School Office.....303-791-1982



Staff

- Rev. Calob Rundell.....x105
Lead Minister
- Rev. Liza Stoltz Hanson.....x107
Associate Minister
- Rev. Dr. Sallie Suby-Long.....x132
Minister of Healing & Wellbeing
- Dr. James Ramsey.....x123
Director of Music & Arts Ministries
- Kenrick Mervine.....x133
Associate Director of Music Ministry & Organist
- Kay Coryell.....x136
Director of Handbells & Children's Music Ministries
- Chris Rigolini.....x146
Director of Instrumental Music Ministry
- Angela Alderson.....x136
Director of Youth Music Ministry
- Kelly Amadeo.....x115
Director of Little School
- Samantha Leahy.....x140
Dir. of Community & Early Childhood Ministry
- Sharon Oliver.....x127
Dir. of Children's Ministry & Comm., Creative Dir.
- Josey SeEVERS.....x128
Director of Youth Ministry
- Cassy Meier.....x110
Communications & Office Administrator
- Melissa Graham.....x124
Director of Finance
- Jessica Shelton.....x116
Financial Assistant
- Barry Curtis.....x144
Facilities Manager

Our next issue of **The Chronicle** will be the Summer issue. Content due May 20, 2025. Please send inquiries and submissions to: chronicle@stlukeshr.com Editor: Sharon Oliver

The Chronicle is published quarterly and is emailed to those on our email general information list, and it can be found on the church website. Printed copies are available at church entrances. To receive a printed copy of The Chronicle via US mail, please call or email the Church Office.



Rev. Calob Rundell
Lead Minister
calob@stlukeshr.com

Journeying Through Holy Week

The season of Lent (March 5 -Ash Wednesday, and ends on April 20-Easter morning) is an intentional time of preparation. We are invited to this season because the story of Holy Week that brings us to Easter is intense, dramatic, and contains the full range of human emotions. So much happens during Holy Week that it can be hard to take the whole story in with just 8 short days. (Holy Week starts with Palm & Passion Sunday on April 13th and includes Easter on April 20th.)

All of this is designed to deepen and enhance our experience of Easter. The joy of a risen savior and an empty tomb on Easter morning is made more meaningful if we have journeyed through Holy Week. The power of Jesus very much alive is made more real if we have witnessed Jesus on the cross and laid in the tomb.

To help us experience Lent as a time to prepare for Holy Week, our messages during Sunday morning worship during Lent have been and will be focused on the different things that take place in the Biblical narrative. Each Sunday will focus on one part of that very full week. It begins with the entry of Jesus and the disciples into Jerusalem. We will be following the story in chronological order, with the exception of the story of the first communion. We'll hear about the teachings of Jesus He gives in Jerusalem during the week. We will also meditate upon the trial and crucifixion of Jesus that is a part of the story.

You are invited to be a part of worship at St. Luke's as we journey through Lent together. Let us prepare our heart, our minds, and our souls for the story of Holy Week. Feel free to watch past sermons on our YouTube channel under our archived live streams. <https://www.youtube.com/@stlukeshr/streams>

- **March 9, 2025 - The Entry Into Jerusalem**
- **March 16, 2025 - The Teachings**
- **March 23, 2025 - The Trial**
- **March 30, 2025 - The Crucifixion**
- **April 6, 2025 - The First Communion**
- **April 13, 2025 - Palm & Passion Sunday**
- **April 20, 2025 - Easter**



Our 6:00am Easter Sunrise worship, in cooperation with Holy Companion Episcopalian community held at the Lois Webster Amphitheater at Denver Audubon Kingery Nature Center, 11280 Waterton Rd, Littleton, CO 80125 denveraudubon.org/nature-center/

On Communion/Maundy Thursday during Holy Week we will have a Potluck at 6:00pm and a Communion Worship at 7:00pm. As the first followers of Jesus gathered for a ritual meal that was sacred to them before Jesus led them in the first communion, so we will gather for a meal that is sacred to us: a church potluck! Bring any kind of dish to share at 6:00pm. I've always found the term Maundy Thursday confusing. The term is usually tied to foot washing and the commandment to "love one another," both only found in John's Gospel in the first communion story. The term Maundy, from the Latin "mandatum" meaning mandate or command.

This Lenten season, let's encounter Holy Week together, Rev. Calob



During the month of February, all of the church was invited to be a part of The Acts Challenge.

The Acts

Challenge is an invitation to read one chapter of the book of Acts in the Bible each day in February: 28 chapters, 28 days. And for each chapter, a short study video from Rev. Calob was posted to the church's Facebook and Instagram pages.

The best part is that you can do The Acts Challenge anytime on your own! The study videos can always be found online, with the best place to find them at facebook.com/stlukeshr/videos in The Acts Challenge playlist. If you have questions from Acts, or question from the Bible, you can always send your questions to anyone on the clergy team at St. Luke's.

ST. LUKE'S UMC 21ST ANNUAL

Golf Event

Save the date!
(it's early this summer)

Saturday June 14

Contact Brian Owens
brian.owens@comcast.net



Rev. Liza Stoltz Hanson
Associate Minister
liza@stlukeshr.com

Embrace the Moments

In this season of Lent, I find myself reflecting on the rhythm and pace of our lives. Lent is often seen as a time of spiritual preparation—anticipating the joy of Easter and the celebration of Christ's resurrection. But I wonder if we sometimes become so focused on what lies ahead that we forget to embrace the gift of today. Or maybe we are too focused on the past, trying to recreate what once was or too often revisiting moments we cannot change. How much are we missing out on the sacred opportunity to be fully

present in the here and now?



Lent invites us to pause. It calls us to step away from the endless distractions of our hurried lives and to embrace even the mundane moments that make up our everyday. God does not dwell solely in the future we plan for, nor only in the past we remember, but in each breath, each heartbeat, each moment we are given.

This Lent, I encourage each of us to find ways to be present in each given moment. Perhaps that looks like setting aside a few minutes each day for prayer or reflection, creating space to simply sit with God and listen. Maybe it means engaging more deeply with loved ones—putting away our phones, leaving chores long enough to walk to the park, calling a friend. Don't forget to notice the ways God's love is breaking into our world, even in the midst of challenges and uncertainty.

As we journey together through this season, let us remember that Lent is not a race to the finish line. It is a sacred time to draw closer to God and to one another, one present moment at a time.

With peace and grace,
Rev. Liza



Our winter session of Pub Theology on February 19 continued to enlighten with **Conversations on Community** with Rev. Liza. A group of around 40 people were inspired by the learning that community, relationship, conversation, trust, laughter, food, connection, warm spaces on cold nights, love, old and new friendships, thoughtfulness, generosity, authenticity, care, compassion, courage, witness, faith, hope and grace will see us through. This topic of the vital importance of community, guided by the article *Parting Prescription* from US Surgeon General Dr. Vivek Murthy, led us to deep and profound discussion and ideas for further connection. The world is heavy these days, but community will carry us.

Pub Theology will continue in 2025 with new speakers and topics.

Our next session is April 23. We will plan on continuing to meet at Landsdowne Arms, which has been an incredible host.



Rev. Dr. Sallie Suby-Long, LPC
Minister of
Healing & Wellbeing
Director – Center for
Spiritual Engagement
sallie@stlukeshr.com



Together

“Building Community is one of the most important things we can do.” Vivek Murthy, MD

Two topics are in the forefront for me during the time of this publication of *The Chronicle*. First, is our upcoming opportunity with Dr. Amanda Henderson who will be speaking at St. Luke's on her book, *HOLY CHAOS: Creating Connections in Divisive Times*. Second is the recent focus on connection that has been strongly advocated by Dr. Vivek Murthy, MD in his recent work as Surgeon General. Both speak powerfully about the vital importance of connection in community.

Importance of Connection in Community to Navigate Divisive Times

We're thrilled that Rev. Dr. Amanda Henderson will be speaking at St. Luke's on April 1st at 6:30pm, sponsored by our Center for Spiritual Engagement. With relatable warmth, wisdom, compassion, and humor, she will reflect on the core principles of radical loving in chaotic times, embracing fear, engaging curiosity, showing up, creating community and letting go to chart a way forward with integrity and love in situations that feel divisive and complicated.

You will not want to miss this timely opportunity! Tickets are on sale on the St. Luke's website homepage.

Importance of Connection in Community for Wellbeing

In the past weeks and months many of us have shared meaningful conversations about the importance of connection to our

emotional, spiritual, mental and physical health. The work of Surgeon General Murthy has brought this to the forefront over the past couple of years underscoring the ways we can make a difference for ourselves and others by intentional commitment to community, relationships and service. Thanks to each of you for the perspectives you have offered in informal conversations, CSE classes, Pub Theology, Seniors at St. Luke's and the CSE Brave Spaces *What Can I Do* series.

If you want to explore the significance of connection more deeply, I recommend Dr. Murthy's book, *Together: The Healing Power of Human Connection in a Sometimes Lonely World* or this link: <https://www.cnn.com/2025/01/06/surgeon-general-this-is-one-of-the-most-powerful-antidotes-to-loneliness.html>

Thank you for being part of our St. Luke's community. We are here to support one another and work together on important matters of faith and life.

Gratefully in Partnership,
Dr. Sallie



Meet 2 of Our Lay Leaders



Betty Ludlam: “I have been a Methodist from the Cradle and love to be around people. I like to help connect folks who are looking for their space in the church. Please find me. I’d love to chat with you.”



Terry Miller: “My husband and I returned to St. Luke’s after having been away for 25 years. During our marriage, we have lived in 6 different states and two other countries outside of the US, giving our sons a true global vision of the world. Because of these moves, I absolutely understand the need for finding a community where one can find a home and a place to belong. Let me help you make St. Luke’s that place for you.”

UWF Celebrates!

Calling all bold, spiritual women. We are United Women in Faith, a powerful, fearless force driven by God’s love and united in sisterhood. With a focus on women, children and youth, we act for justice and transform communities. We invite you to join us, because love in action can change the world.

It’s booked!! Save the Date:

Saturday, May 10 at 9:00am – “Celebrating All Women.”

Rev. Liza Stoltz Hanson will be our guest speaker at the Potluck Breakfast. Bring a breakfast dish, come to fellowship, enjoy old and new friendships. Sponsored by United Women in Faith of St. Luke’s. No cost, but there will be an offering to continue the work of UWFaith for women, children and youth. Please sign up at “Get Connected” center so we have a count. JOIN US for this celebration of all women.

Another Amazing Opportunity: “Wisdom for Women”, Saturday March 8 from 10:00am to noon. Presentation by author, career coach and spiritual director, Cathy Fort Leyland. Registration (due March 2) is \$25 which includes the authors book “Whispered Wisdom” and a light lunch. info@hope-umc.org Hope UMC, 5101 S. Dayton St., Greenwood Village, CO 80111

Interest Groups:

COMMON THREAD: Retired senior women gather the 1st Wednesday at 10:00am, contact Betty Ludlam, betty.ludlam1718@gmail.com

ITCH TO STITCH: 3rd Saturday at 10:00am in the youth room to work on various projects. Contact Victoria Mason, vlm23@q.com

MONDAY EVENING BOOK CLUB:

4th Monday at 7:00pm, contact Teri Burget, teri0962@gmail.com

On the St. Luke’s website at the top under Ministries or Connect you will find the link to United Women in Faith. Please check us out and become part of the community of women at St. Luke’s.

Since the beginning of 2025: UWFaith groups have gathered in fellowship and mission. We have collected physical and monetary gifts for HAAT Force, Giving Heart and supplies for children’s activities on the Guatemala Mission Trip. Thanks for your wonderful support. We are working to reorganize our unit at St. Luke’s to be a more connectional community for all women.



United Women in Faith

We’re a sisterhood acting in faith to tackle the hard work of the world without hesitation.

Driven by God’s love and united in sisterhood, we work to improve the lives of women, children and youth. Every day, we show up. We take action. We get it done. And we invite you to join us.

Your Staff Parish Relations Team (SPRT)

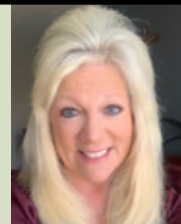
welcomes new members Jenita Rhodes, Ann Metz and Steve Ashby along with our lay leader representative Betty Ludlam. Our 2025 team of volunteers also includes Mike Hollyman, Sandy Larson, Carl Cleveland, Susan McIntosh and Audrey Elling and staff members Rev. Liza and Rev. Calob. We are so very grateful for our outgoing members: Jan Ballard, Judy Weiler, Karl Krantz, Patti Speedy and lay leader rep. Mina Hall – thank you for your hard work and dedication!

SPRT is the human resources arm of our church. We focus on nurturing relationships between and among the staff, clergy and church community. Additionally, we support training, performance reviews, salary adjustments and job descriptions for our staff and clergy. We also are here to engage with those interested in a more formal ministry path. We are committed to advocating for and supporting St. Luke’s clergy and staff and we welcome your comments and questions throughout the year.

Approaching Lent with Love

The command “do everything in love” is a short but powerful sentence that is both a blessing and a challenge. Whenever I think about the command “do everything in love,” my mind always goes to our community at St. Luke’s. We are blessed with so many talented people who serve our church with their gifts and graces. This principle encourages us to be more empathetic and understanding toward each other. It means thinking about ways in which love can be demonstrated within our community and creating an environment where each member feels valued, supported and encouraged. Lent invites us to be in community to embrace this principle and place it at the center of everything we do. I pray that this Lent will be a time for you to grow in your understanding of God’s deep love for you. If you are looking for ways to use your gifts to connect with others here at St. Luke’s please reach out to me.

Lenten Blessings, Sam



Samantha Leahy
Dir. of Community & Early Childhood Ministry
sam@stlukeshr.com



Big Topics, Big Questions

To start the new year, we had a message series in January and February where we talked about

some of the most important matters of life and faith. Each message both took a big picture look at the topic, and explored why this topic mattered and impacts how we live our lives.

Did you miss a sermon? You can always find complete worship services, including the sermon, on the church’s Facebook and YouTube pages. You can access both through the church’s homepage stlukeshr.com through the icons at the bottom.

January 12, 2025 - The Bible
January 19, 2025 - The Kingdom of God
January 26, 2025 - Evil
February 2, 2025 - God
February 9, 2025 - The Afterlife & The End
February 16, 2025 - Sin & Repentance



Melissa Graham
Director of Finance

financedirector@stlukeshr.com



St. Luke's UMC Stewardship Campaign

NEW Pledge Term
July 2025-June 2026



Guatemala continued from page 1 The Guatemalan workers will complete both houses. All the Guatemalan labor and materials have been paid for ahead of time by the St. Luke's congregation and a partnership with Loveland UMC.

Speaking of relationships, we also visited two completed homes St. Luke's team members help to construct in 2023 and 2024. The kids were excited to see the returning team members! It was a heartwarming reunion for some of us and an opportunity for our team to see what a completed home with a new donated stove looks like.

A trip to Guatemala wouldn't be complete without fun with kids, both at Petronila and Cesar's work site and the Rosario School, with whom St. Luke's has had a long-term relationship. The children at the school greeted us with balloons, cheers and firecrackers. Ken Fong had taken photos of each student and teacher at the school; they loved them. After a cultural program put on by the students, our activities included a skit of the Good Samaritan, complete with a donkey puppet; bubble-blowing, beach balls, stomp rockets and a 30-ft parachute.

Our team also had cultural experiences - the market in Chichicastenango; a guided tour of the cemetery and a Mayan spiritual site; and a full day in the city of Antigua.

It was truly a life-impacting and at times challenging experience with lots of learning, hugs and conversation with our friends in Guatemala! Thank you, St. Luke's for all your support of Pura Vida, scholarship students and home construction!

Thank You for Giving

Thank you so much for your response to our Stewardship Campaign. Pledges continue to come in and we are so grateful. Any financial questions can be sent to Melissa Graham at financedirector@stlukeshr.com

Seniors at St. Luke's



St. Luke's Seniors meet for conversations and tea with our Pastors on the first Tuesday of every month in the Chapel at 2:00pm.

In January we engaged in relaxing chair yoga with Sharon Oliver helping to improve our strength, balance and flexibility with a focus on gratitude and we gathered for lunch and Deputy Ryan Falkner who led a discussion on how to spot, avoid and recover from scams. We celebrated Valentine's Day with a luncheon and matinee of the classic film *Casablanca*.

In March, our community coffee tasting led by Wagon Coffee founder/owner Tami Canaday offered the opportunity for folks to build their palate and explore different coffee flavors. Wagon Coffee was founded in 2020 by Tami Canaday in response to the critical need for assistance for those afflicted with alcohol and drug addiction. So, along comes wagon coffee...Why "Wagon"?! It comes from the century old saying, when you are sober, you are "on the wagon".



COMING UP:

Country Line Dancing with Vern & Eileen Thursday, April 10 at 3:00pm: Invite friends and join the Coys in Fellowship Hall for an afternoon of fun dancing. It's a great way to improve coordination, balance, and overall fitness, all while having a good time.



Cooking Class with Melinda on Thursday, May 1 at 10:00am: Melinda Davidson curates easy, nutritious foods to inspire the heart, invigorate the mind and body, and delight the palate! Cost \$20. RSVP to Sam



Senior Dining Group: For more information and to add your name to a group, contact Phoebe Mitchell at pajrmitch1@gmail.com

Men's Social Breakfast Club: This men's group meets on the last Monday of each month at 7:30am at the local Village Inn. Contact Steve Stine at [sstine@zivar.com](mailto:ssstine@zivar.com)

If you are 55 and beyond and looking for ways to enhance interconnectedness join us for a variety of activities at St. Luke's or contact me for more information sam@stlukeshr.com

Check out stlukeshr.com click 'Seniors at St. Luke's' logo to stay up to date on all activities and opportunities in 2025!

Welcome New Members



Mike & Sheri Moody:
"We joined because when we walked into St. Luke's it felt like home"
Peggy Siebert: "I joined St. Luke's because it gave me a warm welcome. It offers ministries that I want to be a part of. I feel at home at St. Luke's."

Trustees Corner

One of the building improvements that the Trustees finished last year was the complete renovation of the upstairs men's bathroom. This was a multi-year project, intended to update it from its 1950's look to something more modern. The updates included: replacing the flooring; replacing the countertop, sinks, and faucets; replacing the wall tile with wainscoting, and repainting the entire room. Special thanks go to James Bacon and Steve Parra for doing most of the hard renovation work.



Save the Date - May 3, 2025!

Above and Beyond: St. Luke's Day of Service and Outreach

We will be going beyond our church into our community to make a difference once again. Mark your calendar for Saturday May 3rd for St. Luke's third annual Day of Service and Outreach. Signups for various sites will be available on St. Luke's website. There will be several organizations for you to choose how you want to serve, including Florence Crittenton Services, Highlands Ranch Community Association, Colorado Feeding Kids, and more. Among these opportunities are sites where you can volunteer as a family to get the children involved. We will meet at the church on the morning of the 3rd for coffee and donuts. You will connect with your volunteer group and the clergy team will offer a prayer and blessing as you head out to do God's work. We look forward to doing our part of bringing justice to our corner of the world,



LENTEN MISSION NOW thru EASTER

Collecting the following items:



Diapers & Wipes for Love INC

Drop off in the Narthex.
Contact Rev. Liza with any questions

Our Lenten Mission this year benefits Love INC. We are currently collecting diapers and wipes for the new moms served by this organization. Love In the Name of Christ offers a holistic approach to caring for people in all areas of life: spiritual, mental, emotional, relational, material, and physical. Bring your items to the church at any time and drop them off in the Narthex. We will accept items up to a week after Easter.

HAAT Force, Giving Heart Serving Record Numbers of People

HAAT Force and Giving Heart have been seeing record numbers of people seeking their services. These are two non-profits that help people experiencing homelessness and are supported by our congregation.



HAAT Force provides severe weather motel vouchers to people experiencing homelessness. When HAAT Force reaches capacity during a severe weather event, a partner non-profit, Movement 5280, provides overflow congregational shelter. HAAT Force and Movement 5280 are the only severe weather shelters in the Littleton/Englewood/Douglas County areas.

During the severe weather event of February 15-21, for just one example, HAAT Force and Movement 5280 provided life-sustaining shelter to about 150 people per night. HAAT Force provided more than a 25% increase in motel rooms than what was expected per severe weather event. People receiving shelter included families with young children, people with disabilities and older adults. Food was provided for the severe weather shelter days.

Giving Heart is a drop-in center in Englewood for people experiencing homelessness. It is open on Tuesdays and Thursdays. This non-profit provides breakfast, lunch, clothing, hygiene items, laundry, showers, and in-person access to community experts and resource navigators, who help guests with needs such as housing wait-list applications, Colorado IDs, bus passes, sober living, medical assistance, a place to rest, and more. In 2023, Giving Heart experienced 3814 guest visits, including 162 new people. In 2024, Giving Heart had 5320 guest visits, including 234 new people. That's an increase of 1506 guest visits! And the trend is continuing!



Thank you, St. Luke's for your generous and compassionate support of our neighbors experiencing homelessness. If you would like more information or want to get involved, you can contact Betsy Keyack, bkeyack@att.net.

Futures Task Force Update: St. Luke's Accomplishments! by Chris Sheridan

It's exciting to see the work done by you and the church this past year in support of the dreams you all shared in 2023/24 through the Futures Task Force listening sessions. As a reminder, your passionate feedback was grouped into 3 statements about what you value:

1. *St. Luke's welcoming and engaging environment, along with programs and practices that are exciting, impactful, and strongly resonate*
2. *St. Luke's connection with our greater community*
3. *St. Luke's best use of our financial and non-financial resources*

At the 1/28/25 All Church meeting, a whole host of wonderful accomplishments were presented from this past year. We want to take a minute to share the most significant accomplishments - call them the "Top 10" list - that directly align with your visions and values:

St. Luke's welcoming and engaging environment, along with programs and practices that are exciting, impactful, and strongly resonate

1. *Over 70 folks gathered for an intergenerational All Church Retreat up at Buckhorn United Methodist Camp*
2. *Delivered creative and bold sermon series based on your input through the listening sessions. Topics included sacred and holy moments, invitation, radical welcome, big questions, and belonging to name just a few*
3. *Added new items in our church and worship spaces to reinforce our welcoming attitude included a new seating area/couches in the Narthex as well as the new carpet*
4. *CSE supported programs to help us Live Out our Faith with timely topics dealing with race and with immigration*

St. Luke's connection with our greater community

1. *The launch of Pub Theology to expand our connection to the community - and we've seen 25-40 people attending each of our many events*
2. *The Feeding of the 5000 saw a more than double amount of food donations over the prior year*

St. Luke's best use of our financial and non-financial resources

1. *The Equipping Ministry Team was successful in finding leaders willing to share their gifts and graces to equip all our teams*
2. *Started a building improvement fund to address needs such as a new HVAC units for the Sanctuary and offices as well as positioning us for on-going maintenance of our church and property*
3. *Increased the salaries of staff and clergy to get closer to aligning with local norms*
4. *Maintained a strong focus on reducing our building operating costs - and one example was replacing approximately 900 fluorescent bulbs with LED bulbs resulting in an estimated 10% savings on our electrical costs*

**WPTC 25th Year
Going Strong!
Mary Poppins
is a Big Hit!!**



We celebrated the Wesley Player's 25th Anniversary with an amazing production of *Mary Poppins!*

Directed by Rebekah Ortiz
Choreographed by Hannah Brown
Musical Direction by Dr. James Ramsey
Produced by Roberta Hamilton-Griggs
Associate Producer/Co-founder, Leigh Ramsey

We were recognized by a lovely review in OnStageColorado (thank you Alex Miller, publisher, and Tami Matthews, writer!)

And, we sold out - 5 shows!

And, we had fun and learned new things!

And, the audience gave kudos upon kudos!

But, mostly, we learned, again that through God we can do all things. Philippians 4:13

That, in these times of upheaval and uncertainty, we can find community, joy, and purpose with each other!



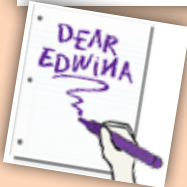
Elise Collins, longtime member of St. Luke's, as Mary Poppins and Nick Shryack, as Bert

We hope you will join us again soon:



The Dining Room - April 25-27 (at PAA)

Dear Edwina - June 20-22 (at St. Luke's)



Come volunteer or audition with us! And thanks always for your support.

Visit wesleyplayers.org for info on our 25th anniversary season!



James Ramsey
Director of Music & Arts Ministries
jim@stlukeshr.com

**Chancel Choir,
Worship Band,
Soul Purpose
Youth Choir,
Wesley Players,
Puppets**



Kenrick Mervine
Associate Dir. of Music Ministry/
Organist
kenm@stlukeshr.com

**Grace Notes,
Men's Chorus,
Sisters of Soul**



Kay Coryell
Dir. of Handbells & Children's Music Ministries
kayc@stlukeshr.com

**Tintinnabulators,
Joyful Noise,
Tone Chimes,
Kidz Prayz,
Cherubs,
Flute Ensemble**



Chris Rigolini
Director of Instrumental Music Ministry
chris@stlukeshr.com

**Brass Ensemble,
Wind Ensemble,
Ministers of
Swing, Orchestra**



Angela Alderson
Dir. of Children's & Youth Music Ministries
allegroa@hotmail.com

**Kidz Prayz,
Tone Chimes,
Soul Purpose
Youth Choir**



As the Ash Wednesday Hymn so eloquently expresses: "We rise again from Ashes to create ourselves anew," the Music & Arts staff and Clergy are working to create Liturgies and events for reflection and a deeper connection to the journey Lent through Eastertide.

While we have "given up" our closing Benediction Response *What Does the Lord Require*, our chosen parting verse for Lent offers words from Amos: *Let Justice Roll Like Waters*. We sing this to the melody of the immortal Passion Choral as we go forward each week working together to bring God's message of equality.

**Organ
Concert
Delights!**



On March 23rd, almost 200 gathered for an Organ Concert in memory of Dr. Darlene Conover-Miller. Dr. Darlene had been an avid supporter of Music and the Arts in the community, and deeply appreciated the music at St. Luke's - especially the organ music of composer Diane Bish. While no longer performing concerts, Ms Bish is the creator of the Internationally Syndicated Television Series: *The Joy of Music*. (Check out some of her many episodes online). Our own organist, Kenrick Mervine, joined with our Tintinnabulators Handbell Choir (under the direction of Kay Coryell) prepared a concert featuring Diane's music interspersed with anecdotes (both worshipful and whimsical) and showcasing the many colors of our magnificent organ. Donations benefited the Music and Arts Ministry at St. Luke's.

For those who missed it, the concert is available to view on St. Luke's YouTube channel.

SAVE THE DATES for Upcoming Spring Music Events:

- Good Friday - April 18
- Spring Fling - May 10

SPRING MUSIC 2025

Stabat Mater
by Karl Jenkins
Chancel Choir & Orchestra
featuring Roberta Hamilton Griggs, soloist

Good Friday
April 18
7:00pm

Spring Fling
DANCE & DESSERT
featuring Ministers of Swing
Tickets:
\$25 single, \$40 couples
event held at PAA

Saturday
May 10
7:00-9:30pm

Benefits the **Music & Arts Ministries** of St. Luke's

ST. LUKE'S UNITED METHODIST CHURCH
8817 S. BROADWAY • HIGHLANDS RANCH, CO 80129
stlukeshr.com

CSE Opportunities this Spring!



Center for
**Spiritual
Engagement**
inspiring connection & wellbeing

CSE Purpose:

To foster healing and wholeness of mind, body, heart, and spirit through experiences that inspire connection and wellbeing.

stlukesCSE.org



Counseling & Consultation with Dr. Sallie Suby-Long –
Licensed Professional Counselor

Sallie welcomes you to care for your health and wellbeing and is honored to be present with you as together you identify creative strategies for enhanced emotional, mental and spiritual wellness. Her approach is individualized, respectful and compassionate as she supports you to navigate change and challenges, identify new possibilities, and develop approaches for greater fulfillment. Sallie is a Licensed Professional Counselor and holds a PhD in education with an emphasis in psychology, a Master of Arts in spiritual care, and a Master of Science in human development. For a conversation to explore your hopes and goals, contact Sallie.

Scholarships are available for all of our classes and experiences – simply contact sallie@stlukeshr.com

SPEAKER SERIES:

HOLY CHAOS

Tuesday, April 1 - 6:30pm

Dr. Amanda Henderson

"Holy Chaos: Creating Connections in Divisive Times"

Doors Open
6:15pm. Tickets
\$10, on sale
in Fellowship
Hall March 30
between services,
online and at the
door.



Speaker Series is back! We're thrilled that Rev. Dr. Amanda Henderson will be speaking at St. Luke's! She is the Director of Iliff's Institute for Religion, Politics, and Culture and is the author of *Holy Chaos: Creating Connections in Divisive Times*. With relatable warmth, wisdom, compassion, and humor, Dr. Amanda will reflect on the core principles of radical loving in chaotic times, embracing fear, engaging curiosity, showing up, creating community and letting go to chart a way forward with integrity in situations that feel divisive and complicated. You will not want to miss this timely opportunity! All are welcomed to understand how our faith, based on Micah 6:8, compels us to address complex issues with commitment and courage. As part of this special presentation and conversation, we'll have light refreshments for you to enjoy. Don't miss this special event!

CREATION CARE: BOOK STUDY

"Saving Us: A Climate Scientist's Case for HOPE and HEALING in a Divided World"
by Katharine Hayhoe

**2 Sundays, March 30 &
April 6 - 11:00am-
12:15pm**

Join CSE Brave Spaces Creation Care team for a book study on how to talk about climate change. The National Bestselling book gives us the tools to engage our loved ones in discussions about how we can save our future. Dr. Hayhoe, who has been named a United Nations Champion of the Earth and one of TIME's 100 Most Influential People, argues "Hope is something we can practice daily." We're thrilled to have the expertise of Cathy Collins who has invested her professional career as an environmental engineer prioritizing the health of our climate, Nichole Rairigh, an engineer who is a long-time advocate for creation care, and members of our Creation Care team, all of whom bring innovative, scientifically and spiritually-based expertise in caring well for our earth, to support this book study. \$20 registration includes the class and a copy of the book. For information contact the Creation Care team leads Sallie Suby-Long (sallie@stlukeshr.com) or Sharon Oliver (Sharon@stlukeshr.com).



BRAVE SPACES: April 7 - 5:30pm: What Can I Do?

Church and Government: Living our Faith

Many of us feel conflicted about the appropriate relationship between religion and government. Our Constitution's First Amendment establishes the principle of separation of the two, each independent of the authority of the other.

Yet our United Methodist Social Principles tell us that, "As United Methodists, we acknowledge that love requires responsible political action and engagement aimed at the betterment of society and the promotion of the common good." How do we reconcile the discomfort some of us feel when political topics are discussed in church? What ways are we called to live out our faith in the current political environment? Let's talk about it! Guest speakers will share their stories of trying to navigate faithfully among these complexities. There will be time for Q&A, discussion, and reflection. We welcome your participation, no matter where you are in your journey.



THURSDAY MORNING YOGA

April 3 - 9:15-10:00am

Enjoy a peaceful, centering, and gentle yoga experience with our very own Sharon Oliver, certified yoga instructor. The sessions are welcoming and engaging for people of all ages and experience levels. \$15 suggested donation per 45-minute class. Contact Sharon@stlukeshr.com.



OUTDOOR ADVENTURES: Thursday, April 17

Dawson Butte Ranch Open Space in Douglas County. Our emails contain all the details you need to

participate in these adventures (carpooling, meet times, elevation gain, length of the hike and more!) To be added to the Outdoor Adventure email list, please contact janestaller@gmail.com

Upcoming Hikes:

Friday, May 16 - O'Fallon Park (Kittridge)
Wednesday, June 25 - Reynolds Park (Conifer)
Wednesday, July 16 - Betasso Preserve (Boulder)

CULTURAL ADVENTURES: Monday, April 14 - 11:30am Lunch at Jerusalem Cafe

Join us for an Mediterranean and Middle Eastern lunch experience in Denver. Please email renaeparra@aol.com to RSVP and for carpool information.

Men In Community with Bryan Hutchinson

Join this opportunity to connect with other men in our community. The experience engages participants in informal conversations about relevant topics and offers a chance to connect with other men regarding everyday aspects of life... family, work, faith, challenges, transitions, goals and hopes. You are welcome to join in anytime! We meet the 1st & 3rd Mondays of the month at 5:00pm.



Winter Connections

Outdoor Adventures

Hidden Mesa Hike on March 22:

Our first Outdoor Adventure of 2025 was blessed with a sunny, warm hike around Hidden Mesa, a Douglas County Open Space. Along the 4.5-mile hike we learned that the cap rock on the mesa was created when Mt. Princeton near Colorado Springs erupted violently 36.7 million years ago. We also learned that the "Castle Rock" was once the bottom of an ancient riverbed. Our trip leader, Julie Polikoff, provided an inspiring meditation about being present in the moment. Our next Outdoor Adventure will visit Dawson Butte on April 17. To join our mailing list, contact janestaller@gmail.com.



Brave Spaces

What Can I Do? LGBTQIA+: The second in our series "What Can I Do?" held on March 3rd was LGBTQIA+: An Open Conversation. We welcomed over 35 people who came together to listen and learn from one another, and created a space of love, respect and openness. Our panel shared their personal stories of their struggles, joys and experiences as part of the LGBTQIA+ community. After a time of Q&A we concluded with information about organizations that support LGBTQIA+ causes and suggestions for further reading. A very educational, six minute video created by our team, explaining all the letters of LGBTQIA+, is available to view on the CSE website (www.stlukecse.org). Click on "LGBTQIA+ Resources".

What Can I Do? Immigration:

On Feb. 3 our Brave Spaces team hosted the first in a series of monthly discussions to dig more deeply into crucial social justice issues in our world. The focus of our first gathering was Immigration: Welcoming the Stranger. As a subject of daily headlines, the event drew over 60 people to hear the stories of what is happening in our immigrant community. Our speakers, Marilynn Ackermann and Emilia Cassidy shared their experiences of working with immigrants, what motivated them to serve, and how they served. Following a time of Q&A, we provided additional resources to involve ourselves in this important conversation as we ask the question "What Can I Do?".



Lobby Day at the Capitol: Four Brave Spaces Legislative Activists joined 123 folks from Together Colorado for Lobby Day at the Capitol on March 18. We were fortunate to have substantive conversations with 3 Senators and 4 House Representatives.

Following our debrief, we wrote 127 postcards to Governor Polis to urge him to sign SB25-005, a bill to strengthen workers' collective bargaining rights. A small contingent from Together Colorado delivered the postcards to Governor Polis' Chief of Staff. It was a very energizing day. If you'd like to know more about our Brave Spaces Legislative Advocacy, please contact janestaller@gmail.com.

Legislative Advocacy 2025: The St. Luke's Brave Space team has provided an introduction to legislative advocacy for 5 years, and this was our first in-person meeting. We were encouraged by hosting a gathering of 13, plus three presenters! We reviewed how a bill becomes law in Colorado and summarized several important 2025 social justice bills. Joanne Cleveland shared her story of engagement in this work. We followed up with an email about tools to help ID legislators and track legislation. We're hoping to build a community, and we invite anyone who missed this kickoff to join us. Follow-up opportunities and One-on-One training are available. Contact us: janestaller@gmail.com, indigo@audreyvoice.com.

Classes/Experiences

Recap of Peaceful and Bright:

A meaningful evening in our chapel with Christmas lights and decorations. Rob Datsko played beautiful carols and songs on his cello which were intermixed with poems and readings the CSE team had chosen for the evening, based on our theme of peacefulness and bright hope. Refreshments and conversation were shared afterwards.



Finding Purpose and Wellbeing

in 2025: Our wellbeing and purpose conversation as we began the new year was spirited and meaningful. Together we raised thoughtful questions to enhance clarity, and bring new possibilities, hope, and purposeful action into our lives for the year ahead. Supported by the foundational values of the Center for Spiritual Engagement (connection, wholeness, authenticity, inspiration, transformation, hospitality, and abundance)



we explored what may be sparking our interest in the new year. We engaged in a new prayer practice called Star Word, to identify a guiding word for the year. We also talked about the opportunities coming up for CSE in the months ahead. Most specifically our Brave Spaces Series What Can I Do? that begins in February. We're grateful for everyone's presence and voices as we begin this new year. Together, we can make a difference!



Vision Boards: It was a morning of creativity, vulnerability, laughter and support as a group of women came together to assemble vision boards to keep their dreams and intentions at the forefront of their minds for the year. Although everyone had a take-home product, the process of discernment and sharing with one another were as important as the tangible result. Thanks to Diane Lindsay!

Light & Love: Thanks to the creativity of Jennifer Smith and Suanne Ediger, our Light and Love outreach event was a joyful, multi-faceted experience of creating "care bags". It included a little crafting fun for those that painted hearts, colored and assembled bags. Then there was the wonderful time spent by those who made deliveries and visits to our recipients. It was enjoyable to see the many connections and delight that was experienced through giving to others. We are proud to say through the support of our artists of all ages, volunteers, and SLY, jr., we delivered these care bags of "Light and Love" to over 24 deserving people! Thank you to everyone that participated, many hands and hearts touched each bag with kindness. "The act of giving something to others is an art of flowering your heart" -Vinayak



Cultural Adventures

In February our adventure was a return to **Edgewater Public Market**. This food hall has many choices and some great little shops. Our group enjoyed Venezuelan arepas, Colombian empanadas, dim sum, dumplings, Ethiopian platters, bakery items, fruit smoothies and New Zealand ice cream. Most of all we shared warm conversation and laughs. In March we had a brief sneak-peak of the **Curtis Center's** new photography exhibit, City Scapes. Afterwards we engaged in great conversation at Huckleberry Roasters coffee shop.

Creation Care



Watch for upcoming opportunities: Gardening, Sharing Produce, potential Solar Panels for the church, Composting, Recycling, and more!



Josey SeEVERS
Director of
Youth Ministry
josey@stlukeshr.com

ON THE SLY: Confirmation! 7th-12th grade

Early spring is an exciting time in youth ministry! Our youth have enjoyed a Middle School Girls' Bible Study and an amazing SLY Jr./SLY Middle Lock-In. The lock-in was a huge success and an absolute blast where the kids talked about Grace, created cards for our family members who aren't able to travel to church often, and rocked some karaoke. The bible study was a delight, and we look to follow it with more.

We also held our annual Mardi Gras Pancake Dinner fundraiser. Thank you for celebrating with us and supporting our mission trips.

We are so excited to be holding Confirmation over March/April this year. We've got an awesome gaggle of youth who will have the opportunity to be confirmed on May 4th. Rev.

Calob is holding a class for those 16+, our 8th/9th graders are our traditional confirmands, and the 5th/6th/7th graders are doing pre-confirmation. This will continue to be our Sunday night activities at 5:30pm through April 13th. Dinner is available at 5:00pm for folks.

Coming up, SIGN UP FOR SUMMER MISSION TRIPS!

Those finishing 6th-8th grade in May are welcome to join us for our Middle School Mission Trip to Rapid City South Dakota on July 7-12. Those finishing 8th-12th grade may join us for our High School Mission Trip to Billings Montana July 27-August 2. (Youth finishing 8th grade may choose which trip they would like to attend.) In addition, graduation Sunday is coming up! Start sending your graduate information to Josey SeEVERS to be included. *Here for you, Josey*

New adult small-group on Sunday night!

Come learn about faith and the church.

Beginning on Sunday March 16, Rev. Calob is leading a new adult small group study. Come at 5:00pm for food, and then we'll be learning together from 5:30-6:30pm. We'll be meeting at the same time as the youth confirmation class. If you are new to St. Luke's, being a United Methodist, or the Christian faith in general, this is the small group for you! We will be learning about some fun topics:

- *theology in the United Methodist Church*
- *history of the church from the Bible to now*
- *how the United Methodist Church is structured*
- *the emphasis on grace*
- *free will, agency, and being made in the image of God*

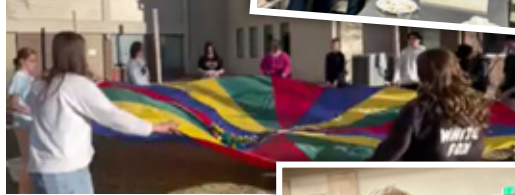
See you on Sunday nights! Any questions, contact Rev. Calob at calob@stlukeshr.com or 303-791-0659 x105



St. Luke's History

Do you have any stories or photographs you would be willing to share about your personal history with St. Luke's? Jack Kennedy is nearly a year into researching the history of our unique church and its development. He is particularly interested in any photos and/or stories prior to the year 2000, but anything you consider significant, fun, unusual, or just plain uplifting is welcome. You can drop materials off in the St. Luke's office and photos will be returned after being scanned if you leave your contact information. Please contact him at jpkjournalism@gmail.com or text him at 303-550-4755 with materials or questions.

Our undeveloped land taken in 1983, from Northridge rec center looking southwest.



Kelly Amadeo
Director & Principal
of Little School
kelly@stlukeshr.com

ST. LUKE'S LITTLE SCHOOL Thankful for Our Community

Hello to our amazing community!

The first couple of months of 2025 have been filled with wonderful events that have brought us even closer together! January and February have been especially busy, with three major happenings that kept us on our toes.

At the end of January, we had the privilege of participating in our second Little School Sunday. The Little School staff and teachers took on various roles throughout the service—reading scriptures, leading Children's Time, passing the offertory plates, ushering, handing out donuts, brewing coffee, and more. This event was our kick-off to our 30th anniversary! Congregation members enjoyed cake with our teachers following the services on February 2nd. It was truly heartwarming to see our staff in their 30th anniversary Little School t-shirts interacting with the church staff and congregation. We are incredibly grateful for our supportive church home and the strong bonds we share with St. Luke's United Methodist Church.

In mid-February, our Scholastic Book Fair made a special appearance! Not only did we have a wonderful selection of age-appropriate books for purchase which benefited Little School, but we also hosted a Pastries with Parents event. We had over 300 parents join us for pastries, classroom time, and the book fair. It was such a joy to watch these important figures in our students' lives connect with others in our Little School community.

At the end of February, we were thrilled to host our annual Family Fun Night! What started years ago as a simple spaghetti dinner, has evolved into a full-fledged Family Fun Night, complete with an indoor bounce house, face painting, sing-alongs, a dance floor, crafts, a photo booth, and a hot dog dinner! This year's event was bigger and better than ever. Our "Fairy Tale Forest" was a huge success, and we can't thank those who helped make it all happen enough. It was a joy to share an evening of fun with over 200 families!

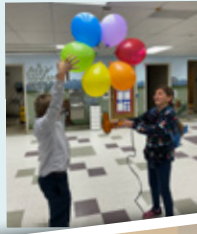
Look for our annual Art Show coming in April!

We are so thankful for the vibrant Little School community we've built together. Thank you for being a part of it!



SLY, Jr. Fellowship!

SLY, Jr.! Our 5th & 6th grade group has had a fun start to the year! In January we had Crazy Science with Mr. Bob, then in February we had an awesome lock in and



explored the concept of Grace and then we kicked off Lent with Mardi Gras Games. We have been spending Sunday evening with the Lenten Pre-confirmation WONDER group and have learned so much about Jesus, the Bible and what it means to be a Christian and the importance of community. **Coming up** we have our IKEA Scavenger Hunt (April 27), Progressive Dinner (May 4) and our Graduation Party (May 18)! 6th graders move up to SLY on June 1 and are eligible for the Middle School Mission Trip in July (see Josey and the SLY page in this issue for more information.)

P.R.A.Y. Program was Awesome! This Scout badge program met Sundays Jan. 5-Feb. 2 and we had 5 kids earn their God & Me emblem and 9 kids earn their God & Family emblem. We really bonded and recommend this program to any family that wants to learn more about their faith. We also filled the Blue Bin with food for our Veterans as our mission project. Thanks

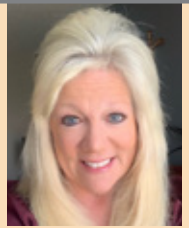


to Dave Laurvick for helping with our mission. Kudos to our leaders Sharon Oliver, Cathy Collins, Cassidy Meier, Bob Oliver and Andrew Campbell.

St. Luke's Kids *grace courage wonder beyond*
Welcome to St. Luke's Kids – our ministry to children birth through grade 6. *In caring for the children of St. Luke's and their families, we seek to nurture and develop faithful loving lives, modeled after the Love, Acceptance, Justice, and Hope of Jesus, through relationship and learning. We strive to create sacred spaces and experiences for children to discover and share our principles of GRACE, COURAGE, WONDER & BEYOND inspired by God's love.*



Sharon Oliver
 Dir. of Children's Ministry & Comm. Creative Director
 sharon@stlukeshr.com



Samantha Leahy
 Dir. of Community & Early Childhood Ministry
 sam@stlukeshr.com

Happy New Year!!

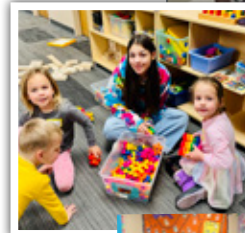
We enjoyed a spectacular **Kings Sunday** to kick off the year. THANK YOU Puppet Ministry! Sunday School is going great on Sunday mornings as we continue to explore Bible stories and share our lives together. We love incorporating **music** into our Sunday mornings with Ms. Kay and Ms. Angela there to lead the 1st-6th graders. And **Cherubs** PreK-K singers are meeting on Wednesday nights with Ms. Jana and Mr. Jacob. We are scheduled to sing on **Palm Sunday!**

Our volunteers are the best! Please consider joining us on a Sunday morning. It truly makes a difference! You can sign up on our stlukeshr.com website or contact Sharon or Sam.

Our **Spring Break Wacky Days** emphasizes social and emotional skills that boost connection. The Wacky experience reassures children that preschool is a place to explore and learning is fun. This program offers a consistent safe place for preschoolers to engage during school breaks during the year. Proceeds from this program benefit our Church ministries. Thank you to Ms. Nancy, Ms Trudy and Miss Izzy for your leadership.

We moved into Lent with a fun **Fat Tuesday Pancake Dinner** and a meaningful **Ash Wednesday experience** just for kids.

Join us for **EASTER FUN DAY on April 13** - we need LOTS of volunteers. Will be a fun afternoon of games, bunnies and egg hunts! AND mark your calendars for **Vacation Bible School June 16-20!** Can you help for one day or all 5?? It's a blast and we can't do it without you. Thanks for your support of Children's Ministry!



Vacation Bible School "ROAD TRIP: On the Go with God!"



Mark Your Calendar:
 June 16-20
 9:00am-Noon
 Registration Opens
 May 5

Easter FUN Day!
 Sunday April 13
 12:30-2:30pm

Save the Date!
SIGN UP Online
 to Volunteer!
 Or contact Sharon@stlukeshr.com



St. Luke's United Methodist Church
 8817 S. Broadway • Highlands Ranch, CO 80129
 303-791-0659 • www.stlukeshr.com

GRACE • COURAGE • WONDER • BEYOND

*We exist to reflect God's love, deepen people's connection to Christ,
 and show compassion to all in a way that changes lives.*

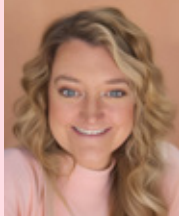


CAMP BUCKHORN outside of Ft. Collins
Join us Memorial Day weekend!
 Sign up **ONLINE** - stlukeshr.com
 Contact Liza@stlukeshr.com



**All-Church
 Mountain
 Retreat**

May 23-25



Cassy Meier
 Communications and
 Office Administrator
office@stlukeshr.com

CONGREGATIONAL PRAYERS: Latest Entries Contact Rev. Liza if you have any additions/removals
 303-791-0659 x107, email Liza@stlukeshr.com, or leave a note at the front desk.



Jean Bennett,
 Ira Benton,
 Carla Brown,
 James Christensen,
 Sally Cleary,
 Jan Cook,
 Marlys and Richard
 Dropik,

Bev Furns,
 Daisy,
 Alina Harper,
 Rev. Jim Harris,
 Walt Havens,
 Pat Helm,

Lucy Gustafson,
 Sharon Johnson,
 Ann Kershner,
 Lennon Krantz,
 Greg Lucero,

Julie Lucero,
 Doug Lyons,
 Rich Mahan,
 Lt. Joshua Marvel,
 Fred Munoz,

Ruth Newell,
 Diane Orenstein,
 Judy Preble,
 Dale Sevcik,
 Bill Shaffer,

Bodie Shoffeitt,
 Nancy Springman,
 Diana Stephens,
 Matthew VanBeek

**WE CELEBRATE TOGETHER, OFFER
 CONGRATULATIONS AND/OR HEARTFELT
 REFLECTION TO:**

Angela Alderson to celebrate Cassandra's 16th birthday
 Brian and Elizabeth Bauer in honor of their children,
 their partners and grandchildren
 Fran and Bob West in celebration of their anniversary
 Our Sunday School volunteers and youth support and
 all the St. Luke's van drivers
 Deon Zitek on the birth of her grandson Nolan Brian
 Christina Manthey in memory of David Manthey
 Sharon and Bob Oliver's 35th wedding anniversary!
 Jessica Ross in memory of Jan Boyd, loving mom and
 Grandma.
 Karen Herr in memory of her grandparents and dad
 Jean and Jim Clark celebrating their mothers' birthdays;
 Stella Boyd Noe and Venetta Throne Clark
 Kam and Tim Boles 45th Wedding Anniversary

WE EXPRESS OUR DEEPEST SYMPATHIES AND CONDOLENCES TO:

The Dowis family on the passing of Betty Dowis, a beloved friend of our St. Luke's community
 The Woods family on the passing of Nan Woods, a beloved member of our St. Luke's community
 Janet Walters and family on the passing of Terry Walters
 Steve Petrie and family on the passing of his mother-in-law Eileen Deitsch
 Sheri Urdiales and family on the passing of her father-in-law, Danny Urdiales
 Kara Overman and family on the passing of her grandmother, Sharon Johnson
 Karin Wesson on the passing of her mother, Alice Johnson
 Gail Abernathy on the passing of her sister, Nancy Springman
 Jane Ashby on the passing of her husband, Phil Ashby
 Michelle Lamoreaux and her family on the passing of her uncle, Albert Cardinale
 Kelly Amadeo on the passing of her grandmother, Shirley Middleton
 Keara Leahy-Pawley and Ryann Alarid on the passing of their father Tim Leahy
 Ralph Greer on the passing of his wife, Shirley Greer
 Ron Humphreys and family, and our St. Luke's community on the passing of Suzanne
 Humphreys
 Kit Campbell on the passing of her uncle, Tom Martin
 Kris Reif on the passing of her aunt, Betty Coverdale
 Bill Goddard, Ethan and Jenna Goddard, Kim and Matthew Rodrigues, and our St. Luke's
 community on the passing of Joan Goddard