# Highlands Ranch, Colorado

## ST. LUKE'S UNITED METHODIST CHURCH

## OCTOBER 2016

## How's it going? Common Table October 16 at 5:30pm

How often do we ask that question? How often do we really, honestly listen to the answer? This year, for Common Table, we want to take some time, as a community, to hear really, honestly - the responses to that question. We'll review our Fearless Conversation skills so that our community can grow deeper in our conversations.

Join us on Sunday, October 16, from 5:30 to 7:30pm. Dinner will be provided (bring a side dish or dessert to share). For this first gathering, we'll talk with our clergy team about how it's going with them, and how our conference is doing with our new Bishop, Karen Oliveto! (Daycare provided with 48-hour notice.)

The Common Table is one way that our community stays connected and informed. We like to use the image of the net – where all are connected, and there are no boundaries to dreaming, sharing in mission and vision, and growing. We all come together, with food and fellowship, to nurture our community.

## All are welcome!

-Susan McIntosh

## Feeding of the 5K Run/Walk Offers New Community Opportunity!

For the last eight years, St. Luke's UMC has hosted the Feeding of the 5000 food drive to help fill the pantries of DenUM (Denver Urban Matters, Denum.org). The drive has been very successful every year, but it has become more and more difficult to find volunteers to hand out grocery bags at local stores. Without the volunteers, the amount of food collected has decreased every year for the last few years. Thanks to those that participated in the first annual Feeding of the 5K run/walk on Oct. 1, nearly \$3000 in additional cash was raised for DenUM this year.

With this money, clients will receive nutritious food including non-perishable and perishable items, once every 30 days. DenUM differs from a traditional food bank in that clients are allowed to select their own groceries, much the same way they would at a supermarket. Clients can pick out whatever food suits them and their lifestyle. When you have to stand in line, you lose a lot of your dignity. DenUM's Employment Services Center also provides supportive services for those seeking employment. Everyone is welcome regardless of the reason securing a job is proving difficult. *continued on page 4* 

## **Unlucky 13?** Despite Setbacks, 13th Annual Golf Event Raises \$7000!



The 13th Annual St. Luke's Golf Tournament was challenging. I'm starting to understand why architects skip the 13th floor. First we lost a valued team member and friend, Dean Conklin, to a brain tumor that was diagnosed in February. Then, when the team met in May it soon became apparent most could not support the planned date of September 10th. Heritage Eagle Bend had no other Saturdays

available in August so we had to cancel and find another venue. Fortunately we landed Raccoon Creek for the last weekend in August. Finally, it seemed like everyone at St. Luke's had planned their family vacations for the tourney *continued on page 5* 

# Thank You, Lynda Fickling!



It is with mixed emotions we announce that our Director of Servant Ministry, Lynda Fickling, is leaving the St. Luke's UMC staff.

Lynda has served in various roles for nearly two decades, and in that time has developed an incredible hospitality team, helped to strengthen our adult education and small group programs, invited congregation members into leadership and ministry opportunities, *continued on page 3*  Sunday Worship Services: 8:00am, 9:30am, 11:00am, Contemplative Service (Check website for dates & times)

Sunday School: Adult, Youth & Children: 9:30am & 11:00am

*Nursery available for:* 8:00, 9:30 & 11:00am services

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Rev. Dr. Sallie Suby-Long.....x132 Lead Minister of Spiritual Life Rev. Ryan Canaday.....x112 Lead Minister of Worship & Missional Life Rev. Jessica Rooks.....x109 Lead Minister of Community Life Rev. Pat Shaffer.....x142 Visitation Pastor Sharon Oliver.....x127 Director of Children's Ministry Samantha Leahy.....x140 Director of Éarly Childhood Ministry Stephanie Kirk.....x111 Ćhildren's & Families Ministries Coordinator Dave Laurvick.....x114 Director of Youth Ministry Amy McMullen.....x119 Assistant Director of Youth Ministry Jeremy Brown.....x141 Associate Director of Youth Ministry Kay Swanson.....x115 Director of Little School Dr. James Ramsey.....x123

Director of Music & Arts Ministries

Facilities Manager

#### All submissions for the combined November 2016 issue

of *The Chronicle* are due October 20 Editor: Sharon Oliver **chronicle©stlukeshr.com** 

The Chronicle is published up to 10 times per year and is emailed to those on our email blast list, and it can be found on the church website. Printed copies are available at church entrances. To receive *The Chronicle* via US mail, please call or email the Church Office.



# **Reflecting Together**

The Interfaith Alliance of Colorado brings together people of different faiths to drive equality, human rights, and opportunity. I serve as a Faith Spokesperson for this organization. Below is a recent blogpost I wrote that was published through the Interfaith Alliance. I hope we can all reflect together and work for change when it comes to the faith issue of race in America.

Lead Minister of Worship & Missional Life

Grace & Peace, Rev. Ryan

#### **I** am white. Three simple words, yet such a loaded sentence.

I was talking with a friend recently. He was getting ready to take a road trip across the country to visit family. He was traveling alone and expressed some anxiety about the trip. So I asked, "Are you nervous about the drive", thinking the anxiety had to do with restlessness or the idea of being alone for that long. I could tell by the prolonged pause and the look in his eyes that I was way off the

mark. He responded with tears in his eyes:"I was followed home from the church again last night. Thankfully, I didn't actually get pulled over this time." My impulse said to ask why why were you followed? What did you do? I'm white. I get the privilege of asking those questions. But let's just stick to the facts. My friend and I both live in the same south Denver suburb. My friend and I both drive home from this south suburban church on a regular basis. He's an active member there, and I serve as one of the pastors at this church. I have never been followed home by a police officer. Never. I'm white. My friend is black.

This isn't a new story. In fact, it's an old one now—one that's being told and retold in our society. But my skin color affords me the privilege of forgetting that story..."C'mon, you must have done something."

Perhaps it's time to give up the questions, lay down the assumptions; they've become burdens. And my tradition of Christianity teaches me to lay down burdens. This tradition also teaches me to follow the way of Jesus, a first century Jewish Rabbi. Scripture after Scripture...Jesus is found hanging out among the mistreated, the kicked around, the neglected, the broken. He listened. He reminded them that they are not alone. He said he came so that they may have life—abundant life.

I am white. I am Christian. My friend's anxiety about driving across the country must become my anxiety too. His tears must become my tears as well. How am I promoting abundant life for all people?

# **One Love. One Gift.** Celebration Sunday Oct. 23

We are nearing the end of our "Galatians: One Love" worship series where we've been exploring the ways in which we are proclaiming and living out the Gospel of Jesus Christ—the way of love, inclusion, grace, freedom, and oneness. We are addressing the barriers that keep us from these things—barriers like: fear, expectations, isolation, anxiety, ego, and complacency. During this series we have also been focusing on our stewardship campaign. What's a stewardship campaign? A fancy way of talking about raising money for the church. It's the fundraising that supports the mission of St. Luke's. It's important! It's one of the things that allows us to keep going, to keep doing new and meaningful things in our community and in our world!

We have received so many pledge cards from you all.

Each week there are more and more cards filling the "One Love. One Gift" box just outside the doors of the sanctuary. What a cool and humbling experience to see your gifts pouring in—to see you all acting in such generosity!



If you haven't had a chance to turn in your pledge card, there is still time. The "One Love. One Gift" box will remain just outside the sanctuary doors until October 23 (you can also mail your card to St. Luke's.) On Sunday October 23, we will celebrate the gifts! It will truly be a celebratory Sunday. Barriers are coming down and gifts are coming in so that we can continue doing God's work of going out into the world to make a difference in the lives of real people in a real world who yearn for real things like love, joy, wholeness, and life. This is holy sacred work my friends. We will also be celebrating **Rev. Jessica's installation;** an official recognition of Jessica serving as a pastor here at St. Luke's. Sunday October 23...we will celebrate and it's going to be good!

What an honor it is to serve as a pastor here. I am grateful.

Grace & Peace, Rev. Ryan

2



**Rev. Dr. Sallie Suby-Long** Lead Minister of Spiritual Life

provoking. Whatever the reason, Fall seems to invite us to learn and explore and grow.

When I see all the opportunities in our community in the weeks ahead, I'm very excited. I hope we'll all consider trying something new. Take a look in this issue of The Chronicle and see what sparks your interest. It doesn't matter if it's something you've done before or not. Just notice what makes you feel intrigued, inspired, or curious. Trying new things is good for our mental, emotional, and spiritual health, too.

The Center for Spiritual Engagement is one of many of our St. Luke's ministries creating new and interesting ways to help people thrive. Take a look at the CSE information in this issue for some ideas. There are hikes, yoga & meditation options, retreat experiences, classes and inspirational speakers. Notice what intrigues or inspires you. Then just try it out. If you love it, great. If you don't, that's okay, too. Simply try something else. Looking forward to our adventures together!

Warmly, *Rev. Sallie* 

LYNDA continued from page *l* and provided visionary work with the annual Leadership event.

Lynda has offered love and support to countless members of our community and we will miss her presence and her gifts on our staff. Lynda has been offered an opportunity to share her skills and talents, and so she moves on to a new company where she will focus on

# **Try New Things** Learn • Explore • Grow

I always feel like new beginnings happen in the Fall. Maybe it's the start of a new school year. It might be that Fall pulls us inward toward more reflective learning and growth. Maybe it's simply that I love the beauty of this season and I always find it to be thought-

**Rev. Jessica Rooks** Lead Minister of Community Life

# Lead Clergy Team – What We Do

In last month's Chronicle, we each told you about who we are. This month, we thought you might like to know more about what we do. So here's a brief overview.

First, we share these team responsibilities.

- Visionary Leadership
- Community Connection
- Care for the Congregation
- Spiritual Formation

Our ministries all connect directly to St. Luke's mission. "Guided by the Spirit of God, St. Likes is an inclusive community of faith, seeking to meet people were they are, growing together toward full humanity, through living the teaching of Jesus: Love, Acceptance, Justice, and Hope".

Next, we each have specific areas of responsibility. These may change over time as we continue our work together and as we learn more about the strengths we each bring to the team.

**Rev. Ryan Canaday –** Lead Minister of Worship and Missional Life

- Leadership for Worship and Preaching/ Teaching
- Supervision and Development in Family Ministry
- Ministries of Generosity
- Leadership for Missional Identity
- Rev. Jessica Rooks Lead Minister of
- Community Life
  - Leadership in Community Life
  - Worship and Preaching/Teaching
  - Staff Oversight
  - Intentional Communities

# **Rev. Dr. Sallie Suby-Long –** Lead Minister of Spiritual Life

- Leadership in Spiritual Life and Care
- Counseling, Coaching & Development
- Director Center for Spiritual Engagement
- Staff Development and Supervision

We welcome conversations with you about our team model. We all appreciate St. Luke's support of this collaborative approach to leadership!

# **One People: From Other to Friend**

Our next sermon series, which runs from October 30 to November 20 is titled, "One People: From Other to Friend."

It is a presidential election year, which means we are being inundated with divisive and negative messaging. What was once civil discourse has turned into name calling, finger pointing, and a reactive response to place blame on 'the other.' That phrase, 'the other,' is a basic yet powerful phrase. The other, simply defined, is a person who is different from us. 'The other' may look different in skin tone, eye color, height or gender identity. 'The other' may have been born in a different



country or find familiarity in different customs and traditions. 'The other' may actually seem like us, yet believe something very unfamiliar and foreign. 'The other' is a stranger to us, and in this time of division, distrust, and fear, it seems unnatural to welcome 'the other,' the stranger, into our lives. Yet, welcoming the other is exactly what God calls us to do. We hear God yearning for us to open our hearts and our homes in the sacred scriptural stories. We hear God reminding us to love our neighbor even when we disagree. We hear God's hope that we might, someday, identify as one people, one beloved people of God.

In the weeks leading up to and following the election, we'll explore how it is we bring faith into conversations that are often divisive and harmful. We'll explore our own willingness, as individuals and as a community, to open our doors and our hearts to 'the other,' turning stranger into friend.

Grace and Blessings, Rev. Jessica

her gifts of hospitality and programming to serve senior adults. Lynda is excited about this new opportunity and looks forward to the new challenges ahead. Lynda's last day as a staff member at St. Luke's is Saturday, October 15, and her last Sunday is October 9. We will honor Lynda's ministry during worship and at a reception after our 9:30 worship service.

Please join us in thanking Lynda for her years of service to the St. Luke's community and in sending her off with blessings as she begins a new journey.

Blessings, Rachael Owens, on behalf of the Staff Parish Relations Team

# Ongoing "Drop In" Communitas Groups

#### **CHRISTIAN CONNECTION** Sundays 9:30am

The Christian Connection class is a group that is on a journey of spiritual discovery. Our path has navigated through a wide variety of topics, such as vulnerability with Brené Brown, the controversial works of Marcus Borg and John Shelby Spong; the contemporary views of Rob Bell, Diane Butler Bass and Parker Palmer; wonderful classics like "Your God is Too Small", and Martin Buber's "I and Thou"; as well as social justice works such as Father Gregory Boyle's mission with gangs in East LA and "Helping Without Hurting". We often like to like to bring best-selling books into our class, too, such as *The Shack, The Last Lecture*, or *The DaVinci Code*.

It's not all serious, either. We've been known to explore studies such as "Good Book: The Bizarre, Hilarious, Distrurbing, Marvelous, and Inspring Things I Learned while reading every word of the Bible" or "Jesus Laughed: The Redemptive Power of Humor."

Our aim is to make these works accessible and enriching. We know your life is busy and you don't always have time to prepare all the reading...relax, that's okay. Just come and enjoy the friendship and the dialogue.

Come join the journey with us! All are welcome.



# LEADS: Ron and Suzanne Humphreys rbhumphreys©comcast.net

Ron and Suzanne have been members of St. Luke's for 15 years. They usher once a month at the 8:00am service and enjoy the dinner out group. They have grown in their faith through the studies in class.

#### **OPEN MINDS: A SPIRITUAL DIALOGUE** Adult

class that works to strengthen faith journeys through studies of religion, philosophy, science and history. Past studies include *God and Empire, Falling Upward* and *Bridges Out of Poverty*. All are welcome. **Time/Place:** Sundays 9:30am Rm 210 **Contact:** Raina Powell 303-795-8457 rainapowell©aol.com

#### CONTEMPLATIVE FELLOWSHIP A time of study

and prayer for those following the path of the Christian mystic. Books and videos are available to introduce newcomers into enriching fellowship. All are welcome!

Time/Place: Thursdays 6:30pm Chapel Contact: Marshall Kuhn 303-931-5473 marshal.kuhn©hotmail.com

GAP GROUP Discuss spiritual topics, chosen by the group. No preparation required. Drop in. All are welcome. Time/Place: Wednesdays 6:30pm Rm 122 Contact: Bob Oliver boboliver©pcisys.net

**GENEALOGY 101** Who is my great-great-grandfather and where did he come from? Learn the basics for your start in researching your family tree. All are welcome.

Time/Place: 2nd Saturdays 10:00am Rm 206 (Conf. Room) Contact: Sylvia Brady 303-955-0457 jonsyl©comcast.net and Les Ludlam 303-451-5141 lludlam©wyoming.com

#### SUNDAY SCHOOL

9:30am JOY TREK (age 2-PreK)
9:30am PEAK (K-4th grade)
9:30am TWEENS (5th & 6th grade)
9:30am SLY AM (7th-12th grade)
11:00am GODLY PLAY (PreK-6th)

# **Starting Soon!**



#### THE LINES THAT DIVIDE US Sundays 9:30-10:30am October 23 & 30

I have some bad news and some good news. The bad news is that we have become very good at drawing lines that divide us. We draw lines that divide us by age, race, sexual orientation, religion, nationality and political perspective. We are very good at drawing the lines. That is the bad news. The good news is that God never learned to color within the lines. Loosely based on the book, Fear of the Other: No Fear in Love by retired United Methodist Bishop, William Willimon, our discussion will lead us to explore and struggle with how our faith calls us to view and relate to

the "other" – those on the other side of the lines that society and we have drawn. Books available now for \$6.00 or on Amazon.com or Cokesbury.com LEAD: Rev. Dr. Jim Ryan jryan81943©gmail.com



5K continued from page 1 According to Race Director Mike Preble, this first year 135 runners and walkers, and over 20 volunteers, participated.

Jeremy Allan, 44, won in the men's division, with a time of 19:41 minutes. Debra Patskowski, 38, won the woman's division, with a time of 21:27. Quinten Alderson, 14 was 7th overall with a time of 25:26 and the first "St. Luke's" finisher. Judy Dearasaugh was our oldest finisher with a time of 68:51.

The race was started with the National Anthem being sung by the St. Luke's "Random" singers choir members. After the race, everyone enjoyed a pancake breakfast served by Flippin' Flapjacks.

One hundred percent of the contributions go directly to DenUM's food pantry, that's a rarity when it comes to races. We at St. Luke's want to thank the community for their support year after year for the Feeding of the 5000 and this year for the Feeding of the 5K.

We can't wait for next year's run. It will be bigger and better in every way. The plan is to spread the word and get more people from the community involved.



Many, many thanks to the hundreds of volunteers who participated in our 2016 Feeding of the 5,000/Feeding of the 5K Run/Walk Sept. 30, Oct. 1 & 2. You all gave of your time, energy, money...that's inspiring! Final totals are being tabulated and will be available soon.

1 in 4 working families in Colorado do not have enough food to meet their basic needs. You all helped feed these families. You all made a difference.



# More *from Les:* Millie and the Wolf (pt. 2)

One year, then two and nearly three years had passed since Star had not returned to Millie. She would think about Star occasionally, but now there were more things to occupy her mind, like the cute boy who lived nearby.

by Rev. Les Ludlam

It was autumn and aunt Sue wanted to put up some wild berry preserves. "Millie," she said,

"Could you go pick some serviceberries? I'd like to make some jelly for the winter." "Sure, replied Millie laughing, "So long as I don't encounter a bear. They're filling themselves up with anything edible right now, as they get ready for hibernation!" She smiled as she picked up her rifle and berry basket and put on her coat as she headed out the door.

Serviceberry picking went well where Millie could find bushes not yet picked clean by the animals. As she left a particularly good berry-picking site, she glimpsed a movement among the trees nearby. She checked her rifle and continued picking. Then she saw something again! "Something is following me," she thought, "but it's nothing that the rifle and I can't handle."

She continued picking for a while, walking farther and farther from familiar territory. Then an afternoon shower suddenly erupted and she found a little shelter under a nearby rock overhang. When the shower stopped, she realized that night was coming quickly, and the clouds were covering the stars she could use to navigate her way back home. Millie wasn't worried, for she had spent nights in the woods many times before. But it was getting cold and she wished she had brought a blanket as well as her coat. She pulled the coat tight, lay down under the overhang and let the sounds of the forest sing her to sleep.

Star, now an adult wolf, had been stalking for food in the forest when she had picked up a familiar scent. She began to investigate. Her instincts, which had served her well after leaving her human several seasons ago, caused her to remain out of sight. But her curiosity and memory kept her near the person she was tracking. After the short rainstorm and sunset, Star saw the girl lying down under a rock overhang. As soon as girl was asleep she drew closer. Star recognized her as the one who had fed and protected her years ago! Star lay down close to Millie so that her body heat would help fend off the cold of the night.

The next morning, Millie awoke suddenly to the scratchy licking of her face by a canine tongue. She brushed leaves from her coat and then stared in amazement as the wolf that had been lying beside her during the night stood up. She recognized the characteristic markings she had seen in the fur of puppy she had cared for and released years before. "Star!" she exclaimed. The wolf seemed to reply with a low, non-threatening growl and a nudge against her leg.

As Millie looked around to get her bearings, Star nudged her leg again and began to push in a downhill direction. "Oh, I get it, you want me go somewhere!" laughed Millie. "OK, show me the way." Millie let Star herd her for about a mile downhill until they encountered a well-worn trail. Then Star sat down.

As Millie looked around, she spied a smoke plume in the distance. After walking down the trail to get a better look, she could see a cabin. "Somebody lives there," she exclaimed, "I'm not so lost after all!" Millie turned around and discovered that Star was gone. She laughed, "Your job was finished wasn't it! Well thanks!"

God bless Millie, God bless Star and God bless us all. -Les



**Lynda Fickling** Director of Servant Ministry/ Spiritual Director Join Us for The Gathering

CINNECTED

at Rev. Sallie's!



Sunday, October 23 12:30-2:30pm Rev. Sallie & Tom's home RSVP office©stlukeshr.com 303-791-0659 x110

Welcoming ALL to a deeper connection with our community Gather to meet new friends & staff Enjoy food & conversation

With an option to Celebrate Membership Childcare available with 48hrs to Sam©stlukeshr.com

GOLF continued from page 1

weekend. At least the course comp'd the committee a round of golf the week before the tournament date so we had a great time checking out the course and figuring out the contest holes. Okay, I'm exaggerating a tad but I'm still happy the 13th Annual is behind us. Is it sacrilegious to be superstitious?



However the day-of was marvelous - perfect weather. We had a terrific team of volunteers (Kam Boles, Nan Woods, Ken Fong, Jay Lee, John Church, Rich Krening and Jack Lewis). How could we do this with such a small group? Jay Lee is an organizing genius. The pyramids would've taken half the time to build if the pharoahs of Egypt had a guy like Jay. Fortunately he's our guy. Rev. Ryan gave us some kind of benediction involving kicking some holy butt and off we went. The course was in even better condition than the week prior and we finished in 5 hrs. Believe it or not that's reasonably fast for our tournaments.

Last but definitely not least, we raised around \$7000 for the bus program. It helped that several bull moose invaded the luncheon and an impromptu bidding war began over several items. This alone accounted for about \$2000 in donations. In November we'll be discussing the future of the current bus. Rich Krening and myself will step away from the team next year so it needs a couple replacements. It's a fun way to support the church so consider joining. There is no commitment re number of years and the people on it are a blast to be around. Children's Ministry News

Praise, Play & Prayers with St. Luke's

## Mark Your Calendars for the Annual Tree Lighting & Impromptu Christmas Pageant!

## Sunday Nov. 27 at 5:30pm

Looking for a way to serve your church community? Come help in Sunday School with the kids! We need 20 people each Sunday–wow! Serve I Sunday or more. It's easy, meaningful and fun. Contact sharon©stlukeshr.com

## **CHILDREN'S CALENDAR:**

(check our website for full calendar) October 9 (SUN) - 9:30am PEAK K-4th Grade SUNDAY SCHOOL Special Stewardship Sunday: Money & Time"

- October 9 (SUN) 11:00am GOLIATH GATHERINGS Servant Training - All are welcome to come learn about serving in Children's Ministry RSVP with Ms. Sharon
- October II (TUE) Children's Ministry Team 6:30pm - All are welcome to help plan our ministry.
- October 14 (FRI) PNO Parent's Night Out 5:45pm Contact Ms. Sam for more info
- October 16 (SUN) PEAK Sunday School starts 4-week rotation "Elijah" Children K-4th grade participate in workshops to learn the Bible lessons. Sign up online to serve! We need you!
- October 16 (SUN) SLY, Jr. Corn Maze & Picnic 2:00-5:00pm RSVP with Ms. Sharon
- October 21 (FRI) PLAYGROUP 9:00am All are welcome!
- October 23 (SUN) 9:30am SUNDAY SCHOOL: Joy Trek (PreK: 2-4 yrs.) begins 2-week lesson "Joseph & his Brothers" Sign up to serve here
- October 30 (SUN) 12:05-1:00pm Acolyte Training 2nd grade through 6th grade eligible. RSVP to Ms. Sharon

November 4 (FRI) - PLAYGROUP 9:00am - All are welcome!

- November 5 (SAT) Parent's Time Away 9:00am-noon Contact Ms. Sam to rsvp and for more info
- November 6 (SUN) SLY, Jr. GAME NIGHT 5:30-7:00pm - ALL 5th & 6th graders are welcome! \$2 for dinner. See SLY, Jr. calendar online
- November II (FRI) PNO Parent's Night Out 5:45pm Contact Ms. Sam for more info
- November 18 (FRI) PLAYGROUP 9:00am All are welcome!
- November 18 (SUN) 6:45pm FAMILY MOVIE NIGHT Bring your blankets and pillows, wear your pjs - we'll supply the popcorn - and come watch a movie with your St. Luke's family.

November 20 (SUN) - noon-4:00pm SLY, Jr. - DenUM Food for All - 5th & 6th grade service event. Meet at the church and we will go to DenUM together - Please RSVP to Sharon by Nov. 19.



SLY, Jr. 5th & 6th Grade Fun & Service Club Kicked Off October in a BIG way!

We had 29 SLY, Jrs. roll up their sleeves and help with our Feeding of the 5000 event to benefit DenUM. Way to go!



We meet next to go to the Corn Maze together Oct. 16 from 2:00-5:00pm. Cost is \$8 per person. Bring a sack lunch for our picnic at Chatfield Botanical Gardens. Gonna be a fun time to celebrate fall together! **RSVP** to sharon ©stlukeshr.com Join Us and bring a friend!



**Sharon Oliver** Director of Children's Ministry Samantha Leahy Director of Early Childhood Ministry

**Stephanie Kirk** Children's & Families Ministries Coordinator



SAVE THE DATE: Family Camp Friday, July 21 to Friday, July 28, 2017



## 3rd Grade Bibles & Bible Study!

Bibles were presented to 32 third graders on Sept. 18 - such a wonderful St. Luke's tradition. And we really enjoyed having Revs. Ryan, Jessica & Sallie lead our Bible Studies. We had a great time learning about this amazing book. Ask Rev. Jessica about where to find baseball in the Bible... :) Congratulations to our 3rd graders on this special milestone. Blessings on your faith journey.





## Welcome Acolytes!

Congrats to Tessa Rowe, Sarah Hathaway & Cassandra Alderson! They completed training on Sept. 25. Way to go! Next training is Oct. 30 at 11:45am. RSVP to Ms. Sharon.

6



Kay Swanson Director of Little School



# Little School News: October is Outrageously Fun Here!

Little School is off and running and we are nestled into our 22nd year as your preschool. Our classes are filling (we still have a few spaces available) and the children are settled into their new rooms, new teachers and new friends!

Our incredible staff is back on board and it is so exciting to see the school so shiny and decorated for the new school year. This year's theme for Little

School is "Harmony" and we are working on teaching our little ones the



skills to make their classrooms, homes and families more harmonious. We live in a challenging world and what better place to start teaching

our children how to get along. We will also be studying the "Ten Commandments For Children" during our chapel time to coincide with our theme of Harmony.

October will be a busy month with our annual school pictures, obstacle courses and of course our very important trip to the pumpkin patch! We love our harvest parties and really enjoy our costume parade! The teachers will be gone on October 7, to attend the Early Childhood Christian Director's Conference for a portion of their yearly required continuing education. This year's theme is "Big Steps ~ Little Feet" with Keynote speaker, musician and song writer Mary Rice Hopkins!

Please remember that we DO love visitors and would encourage you to visit our preschool. If you would like to help in our classroom or read to the children please let us know! Rev. Sallie just joined us! We also have substitute teachers needs if you have a degree in elementary education and need a KID fix.

Looking forward to a fantastic year!

Blessings, Ms. Kay



"Children go where there is excitement and stay where there is love."



St. Luke's Little School -Best Preschool in Douglas County 2013, 2014, 2015 & **2016!** 

# **SHINE-ing Together**

The power of community is transformative; we change for the better, we strive for more, and we love deeper as our sense of community strengthens our bonds to one another. SHINE



is one such community that is growing at St. Luke's. This group of people has been gathering and growing together over the past few years and we are excited to continue doing so. We have enjoyed monthly gatherings for

adults (we spent one evening each summer month appreciating the rooftop patios around the Highlands Ranch area), occasional mission-focused projects for our families, a summer camping trip, and most recently, a Back to School BBQ on the back lawn of the church that included a bounce house!

We strive to meet the needs of our group with new opportunities for relationship development and spiritual formation. In fact, this Advent Season, we will be offering concurrent Adult and Children devotions on Wednesday evenings. This will be a great opportunity to offer simple, practical, impactful ways to support spiritual formation, communication, and traditions within families. Our curriculum will utilize matching language and symbols for our kid and adult classes so that everyone can share and explore their understanding together during this holy season. These family devotions are open to all!

We hope that you feel invited to join us at any time! You can find us on Facebook, you can e-mail our leadership team at ShineStLukes©gmail.com, you can catch Rev. Ryan or anyone on our leadership team (Catherine Doernbrack, Suanne Ediger, Stephanie Kirk, or Jim Youll), and you are always invited to join our gatherings! We'll be finishing up this year with a night out at The Melting Pot Littleton (cheese and chocolate fondue – yum!); an evening at Uncorked Kitchen; a night of family fun putting together hygiene kits and decorating cookies for the lunches going to the park, followed by a PAA performance of "You're A Good Man, Charlie Brown;" the Family Advent Devotions mentioned above; and a special Christmas celebration hosted by The Canadays in December. Come SHINE with us–be surrounded by gracious community, supportive friends, and abundant laughter. *—Stephanie Kirk* 

## Are you interested in joining the St. Luke's March 2017 Guatemala mission trip?

We will be having our first planning meeting on **Sunday,** 

**Oct. 16 at 12:15pm in Rm 213.** Applications are available at www.puravida.org/upcoming-trips The construction focus of the trip this year will be on homes and/or school buildings in the Lemoa area. We also plan a variety of additional activities such as visiting Sister Connie and Sister Helen and other projects. Trip dates will be March 18-26, 2017. This trip is open to anyone (ages 15 and up) who might want to join us. Any questions, please contact Laura Richards at laura©puravida.org



## St. Luke's United Methodist Women is on

**TACEDOOK** Facebook! Please like our Facebook page to keep up-to-date on events: www.facebook.com/stlukeshrumw "St. Luke's United Methodist Women - Highlands Ranch, CO"

# Save the Date: Candlelight Dinner - Dec. 6

Mission Recipient: Crisis Center (formally Women's Crisis & Family Outreach Center – new name, same mission) We invite you to join at 6:00pm on Tuesday Dec. 6 in a beautiful and delicious beginning to the Advent Season. Tickets on sale in November.



**UMW District Meeting** Several members attended the Mile High/Pike's Peak District meeting on September 10th at Littleton UMC. They heard information about "The Haven", and "Baby Haven", Integrated Family Community Services (formerly InterFaith Task Force), spoke about their programs.

- THE HAVEN provides safe and empowering environments where women can recover from addictions and co-occurring disorders and become self-sufficient, confident, and productive members of the community. The Baby Haven Child Care and Early Education Center is a state-of-the-art childcare facility offering the highest quality of care and educational services. They provide a rich, nurturing environment for children's cognitive, social, emotional and physical growth.
- Integrated Family Community Services (IFCS), formerly InterFaith Task Force, provides basic human services and enrichment programs to low-income family members, using community resources. IFCS fosters self-sufficiency and respects the dignity of each client. IFCS provides a "hand-up," not a "hand-out" by giving motivation, incentive, and by providing services not

#### Interest Groups of United Methodist Women at St. Luke's UMC:

#### Itch to Stitch ~

Mission - Crochet, Knit, Sew, donating projects to charities.

NEW TIMES! Meets 2nd and 4th Saturday from 10:00amnoon in church basement. All skill levels welcome! Contact: Fran West 303-797-7107

Check out Our Facebook page !!! - "St. Luke's UMC Itch to Stitch Guild" Friendship, Fellowship, Caring, Sharing (not a craft circle, but older ladies meeting for fellowship). First Thursday of each month, 10:00am. Meets at the church. Contact: Caroline Butler carolinebutler©q.com or Betty Smith 303-797-3225

Common Thread ~

#### Book Group ~ Fiction, Non-fiction, Informative, Fun. Fourth Monday, Room 206, 7:00pm (potluck 6:15pm) Contact: Renae

Parra renaeparra©aol.com Oct. 24: "All the Light We Cannot See" by Anthony Doeer Nov. 28: TBD Dec. 26: no meeting Let us be a part of your Spiritual Journey. We will Support you in Friendship and Fellowship ~ Keep you in Prayer ~ Listen to your Thoughts ~ Enhance your Handiwork Skills ~ Satisfy Your Mission Needs ~ And... Supply YOU with Renewal.



#### **UMW Monthly Mission:**

The emphasis of the United Methodist Women is "turning faith, hope and love into action on behalf of women, children and youth". All are welcome to join us in working at our monthly missions.

On Sept. 8, UMW's Mission was providing a meal for Urban Peak. Urban Peak is the only non-profit organization in Denver that provides a full convergence of services for youth ages 15-24 experiencing homelessness or at imminent risk of becoming homeless. Their goal is to help these youth overcome real life challenges and become self-sufficient adults. UMW would like to thank those who helped provide a simple meal for these youth.

#### Future UMW Mission projects:

October: Feeding of the 5K November: Integrated Family Community Services "Giving Tree" December: St. Luke's Children's Holiday Shop umwinfo©stlukeshr.com

**For further information about UMW:** Email: umwinfo©stlukeshr.com Look for our Brochure at the Church entrance or find us on Facebook For more info and to sign up, contact Sharon Smith at umwinfo©stlukeshr.com

# Trustees Corner: Where Did I Come From?

It's a simple question we've all heard or grappled with a time or two. Sometimes it's from a small child, or it surfaces as a middle school history assignment. If you're from the mid-west the answer always includes the actual highway numbers! What about St. Luke's UMC – Do you know our story?

Founded in 1983, with the support of 2 local churches, St. Luke's original charter began in Northridge Elementary School with 76 families. In 1985 the 1st of 4 construction projects resulted in our 1st building - what we now know as our Fellowship Hall over an unfinished basement on a gravel parking lot. Turns out the HOA wasn't too keen on that landscape finish so they insisted on asphalt at a time when a then smaller number of members were struggling with keeping our church afloat. With a shared vision of the future, and more than a little fear of the HOA, they contracted for a new driveway and parking lot from an asphalt contractor. Many of them showed up the morning of the installation, only to be told by the driver that he needed payment to proceed. Put on the spot, those present wrote personal checks and the job was finished! That smooth new parking lot along with growing programs and leadership experience brought new



growth to the space, and with each new addition a capital campaign was launched - our members and constituents pledged support for our future!

Our 1st expansion project included the main and lower level of the Narthex in 1994, finishing part of the basement. Then in 2000 we added our Sanctuary in response to growing programs for children and youth, drama and music ministry, St. Luke's Little School weekday preschool, several 12 step support groups, scouts of all ages, bible study, community outreach programs, all regularly fill our spaces! Lastly, in 2008, as a response for more adult classrooms, intimate worship space, and finished, dedicated youth space our Chapel and Youth room addition was completed, our programs continue to fill the space and in response to reductions in performing arts programs in public schools, we've added PAA rehearsals and performances!

Now roughly 33 years later, we find ourselves back at the beginning. We see it every time we come and go - our parking lot is showing the wear and tear of our success, mechanical systems, our less glitzy but necessary, fundamental components of our church home are in need of replacement. As you consider the gifts and pledges you will make to St. Luke's this year, we hope you also share the vision of those early members who stepped forward to help us to replace our tired parking lot, update HVAC, and complete the work needed. We're glad you're here, we couldn't do any of it without you! Thank You! *–Sandi Miyaki* 

8

**Our Mission:** To promote healing and wholeness by creating opportunities for authentic connection, and by providing experiences that inspire and transform.

# www.stlukescse.org

## **Speaker Series:**



**Terry Hershey is at St. Luke's!!** Tuesday, Oct. 18 (6:30-8:00pm) in Fellowship Hall.

connection

An Evening with Terry Hershey, author of The Power of Pause and Sanctuary: Creating a Space for Grace in your Life. He lives on Vashon Island, near Seattle. His work has been featured on The Hallmark Channel, CNN, PBS, and NPR. He

travels throughout the U.S. and Canada speaking to groups of all sizes and we are excited that he is visiting Colorado and including us on his speaking calendar! Terry will inspire us to practice a "power of pause"– creating sanctuary spaces–that spill into our relationships, our work, and our faith. He will inspire us to step back from the stress-driven pace of life and return to presence, awareness, centeredness, faith, balance, gratitude, permission, sanctuary and delight! **TICKETS ARE ON SALE NOW** at stlukescse.org (\$10 each plus \$1 processing fee) and in the Fellowship Hall on Sunday mornings. Contact renaeparra@aol. com for more info. Childcare is available with a 48 hr. reservation to sam@stlukeshr.com.

**SAVE THE DATE - February 21, 2017:** *Brian "Luke" Seaward,* author of *Stand Like Mountain, Flow Like Water* will be our speaker.

## **Classes & Experiences:**



# Rooted Rooted: A Women's Weekend

October 21-23 in Keystone. St. Luke's Center for Spiritual Engagement is excited to partner with Tami Canaday and Project I Am for You to offer this experience for women of all ages and stages. Come join us in the beautiful Colorado mountains for this journey of discovery: how do your roots define you and how can they

make you centered, strong, and grounded? Program begins at 5:00 on Friday, October 21 and concludes at noon on Sunday, October 23. Cost is \$299, which includes lodging, meals, and materials. Register online at http://stlukeshr.com/reservations/CSERooted/. (A detailed agenda is available online.) Space is limited to 20 women, so register early! For More Information contact sallie©stlukeshr.com or tncanaday©gmail.com.

**The Soul of a Pilgrim,** On Friday mornings Jenita Rhodes and Sam Leahy are facilitating a 7-week class, The Soul of a Pilgrim, using the text Eight Practices for the Journey Within by Christine Valters Paintner. The group gathers weekly "to support our personal pilgrimages. We seek a clearer understanding of who we are, where we are on our spiritual journeys, and ways to enhance our relationship with our God." If you are interested in joining an evening group starting in early 2017, contact Sam (sam©stlukeshr.com) or Jenita (jenita©pcisys.net)

 CENTER FOR SPIRITUAL
 ENGAGEMENT
 Inspiration transformation

#### *Melinda's Conscious Cooking:* Melinda Davidson hosted 6 cooks in her gracious kitchen to learn about Superfoods and to prepare and sample delicious recipes that feed body and soul. Cooking healthy

foods is one way that Melinda expresses her spirituality. Watch for future Conscious Cooking

classes in the St. Luke's Bulletin and at stlukescse.org (where you also can find some of Melinda's healthy recipes). Contact Melinda at md.md@comcast.net to be added to her email list.



**Morning Yoga** Come try something new this Fall! Morning Yoga with Gargi continues on Thursday mornings (9:00 – 10:15) in the Youth Room. Gargi invites us to turn off our mind chatter, and tune into our bodies. All abilities are welcome. Drop in once, and you'll want to come as often as your busy schedule allows. Bring a yoga mat. Suggested donation \$12/ class. (renaeparra©aol.com).

## **Outdoor Adventures:**

On a beautiful Sunday evening in September, we celebrated 4 years of Outdoor Adventures with a potluck picnic and canoeing on lovely Bear Creek



Reservoir. We reminisced about past adventures: what we saw, what we experienced, and what we shared. Our abundant picnic spread confirmed that the St. Luke's community has creative and accomplished chefs. Canoeing on the serene waters of Bear Creek Reservoir at sunset was a high point. There were sightings of a white pelican, a cormorant, blue herons, and a pair of shy beavers. And then there was the sun, setting over the Front Range!

#### Save the Dates for these future Outdoor Adventure Experiences:

**October 15 –** Hiking in Golden Gate State Park

**November 12 –** Annajulie ("AJ") Preble and friend will lead us on an exploration of Colorado's geological journey.

Pura Fiesta: Friday, October 21, 2016 6:00pm Stepping Stones to Success: An evening benefitting Pura Vida Ministries Join us at Lakewood Country Club to celebrate Pura Vida's success stories and dreams for a bright future for the children of rural Guatemala. *Highlights will include:* Guest speaker Rev. Ryan Canaday, Video presentation by Ken Fong, Silent Auction, Pure Life Award Online registration at http://www.puravida.org/dinner.html

# ON THE SLY: Outreach October

It's not only the leaves that are changing colors around church these days, our parking lot has been turned into a lovely sea of orange with the arrival of the pumpkins at our annual SLY Pumpkin



**Dave Laurvick** Director of Youth Ministry



Assistant Dir. of

Youth Ministry



Jeremy Brown Assistant Dir. of Youth Ministry

Patch!! The Patch is completely run by youth and volunteers and typically raises over three-quarters of the funds needed for our summer mission trips. This, of course, is only possible because of the support of our amazing congregation and community. We are extra grateful to them and God this year as half the crop we typically receive was damaged by a severe hail storm. We know though that by God's grace our needs will be filled so that we may continue to bless communities around the country with our

summer missions.

Keeping with the fall theme, we will once again be heading down to Warren Village at the end of the month to



throw a Halloween party for the kids and families. This is always a blessing to be a part of as we get to give them an opportunity to forget the problems they may be facing and just have fun and be kids. Besides dinner and games, we provide costumes for the children to keep! Many of them may not otherwise get one! This is where the need comes in.. To make this event a success we need help collecting new and used children's costumes as well as bags of Halloween candy! Donations can be dropped off in the youth room.

Another outreach the youth have been a part of this fall is gleaning food for We Don't Waste after the home Broncos' games. This is truly a unique concept as our youth and other

volunteers go through all the used suites to gather all the left over food. We Don't Waste takes this food, that would otherwise go in the dumpster, to many different soup kitchens and homeless shelters throughout Denver. The good feeling of giving back is not the only benefit of gleaning however.. Last month one of our teams happened to clean out a special suite, Peyton Manning's suite!! After a quick photo though, our team was back to work!



Missions and outreach is such an important aspect of our ministry at SLY. We feel honored and blessed to not only get to give back to our community, but do it alongside some amazing, generous, and big-hearted teens. God is truly moving here and it is so fun to see! *Yours in Christ, Dave, Amy & Jeremy* 



## Get to Know Ken Kenrick Mervine

Kenrick Mervine has earned reviews such as "a delight for both the layman and the connoisseur," and "an organist of stature, one whose personality encompasses superb musicianship and technique in equal measure." With degrees in Organ Performance with

Distinction from Westminster Choir College, Princeton, Ken received an Organ Talent Scholarship, and honors from the American Guild of Organists, West Chester State University, and the Music Teachers National Alliance. He has appeared at the Kennedy Center, Washington DC, served on the faculty of Seton Hall University, performed with numerous symphony orchestras, and was privileged to serve as an organist for Pope John Paul II during World Youth Day. In addition to his responsibilities at St. Luke's UMC, he appears regularly playing the harpsichord, celesta, keyboard/synthesizer and organ for the Colorado Symphony Orchestra. He also serves as Organist of Temple Emanuel, Denver.

Ken and his wife Barbara, also a musician, have presented hundreds of concerts and workshops throughout the country, and have been featured on American and Canadian Public Radio and "Pipedreams." They serve at St. Thomas More Catholic Church in Centennial, CO. In addition to serving as Music, Organ, and Liturgical Consultants they are Allen Artists. They also focus on teaching and training future musicians for concert and liturgy. Most recently, the Mervines filled in (with three hours notice) for the "First Lady of the Organ:" Diane Bish at the Pikes Peak Center, Colorado Springs, when she was too ill to appear. They have been featured guest artists on the Hour of Power at the Crystal Cathedral, Garden Grove California. They have three grown children, Amanda, Gabriel & Lark.

#### and Check stlukeshr.com and click on "Youth" or "SLY" for up-to-date info on programs activities

programs, activities, opportunities and more!



Upcoming Events!

October 9: 9:30-10:30am

5:30-6:00pm SLY Dinner \$2

October 12: 5:30-8:00pm

Jars for Walk for Sudan

Note time)

October 15:

October 16:

Pretzels

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MORE PUMPKINS

ARRIVE © 1:00PM!!

Classes for Girls!!

Boxes to DenUM

Warren Vllage

SLY AM - Miss Amy; Walk for Sudan

6:00-7:30pm SLY PM - Decorate

Wed SLY - Laser Quest! (no HH,

9:30-10:30am SLY AM- Jeremy

6:00-7:30pm SLY PM - Homemade

2016 dates to look forward to:

October 21 & 22: Blue Bench

October 29: Halloween Party ©

November 20: Deliver Thanksgiving

Sign up to receive our emails

5:30-6:00pm SLY Dinner \$2

# Get to Know Jim



Dr. James Ramsey James Ramsey is Director of Music and Arts at St. Luke's United Methodist Church, Executive Director for the St. Luke's Performing Arts Academy, and Artistic Director for the Wesley Choral Festival. James has conducted choral and orchestral performances across Europe and the United States

including professional engagements at Carnegie Hall, Lincoln Center, Red Rocks Amphitheater, and the John F. Kennedy Center for the Performing Arts. As a baritone soloist, he has performed with CU Opera, Pikes Peak Opera, Opera Colorado, and Rochester (NY) Light Opera Theater.

lim earned a Doctor of Musical Arts degree at the University of Colorado, Boulder, a Master of Music degree in conducting at the Eastman School of Music in Rochester, NY, and a Bachelor of Music Education at Middle Tennessee State University.As an instructor, he has taught at the University of Denver's Lamont School of Music, the University of Colorado at Boulder, Whitman College in Walla Walla, Washington, and Brighton Central Schools in Rochester, NY. Jim has served as the American Choral Directors Association's Repertoire and Standards Chair for Community Choirs for both Colorado and the Southwest Region.

The Ramsey's reside in Littleton close to Rock Canyon High School. Leigh works at the National Renewable Energy Laboratory in Golden and loves choral singing and musical theatre. She also enjoys reading a great book and traveling with the family. Jack loves freshman football and baseball and enjoys playing tuba in the band at Rock Canyon and has taken piano lessons since the age of 6. Luke also loves baseball and football at Rocky Height's Middle School and currently plays tuba in the middle school band and has taken piano since the age of 5. Both also love being in PAA!



Kay Coryell

Kay joined the staff in February, 2004, as Assistant Music Director. She is currently the Director of Handbells and Children's Music Ministries. She and her husband, Ed, have

been active members at St. Luke's since 1987. Together they have four children, Ben, Lisa, Jon and Jana.

Kay received her music degree from the University of Iowa and began teaching instrumental music in Douglas County in 1984. In 2010, she moved into the classroom and has been teaching K-5 general music ever since. Along with a passion for music, she enjoys reading, hiking, camping, skiing, and...all things Colorado! During the summer, she works at St. Luke's Performing Arts Academy and always makes time for a trip to Illinois to visit parents and extended family. Since the Wesley Players Drama Ministry began, Kay has had the opportunity to be part of the orchestra for every show. She is blessed to be part of the energy, passion, outreach, commitment and faith community at St. Luke's. Kay directs the Youth and Adult Handbells, Kidz Prayz, Tone Chimes and Wind Ensemble.

James Ramsey Director of Music & Arts Ministries



**Kenrick Mervine** Associate Dir. of Music Ministry/ Organist



Kay Coryell Dir. of Handbells & Children's Music Ministry

Kristi Pawley Music & Arts Admin. Assistant/ Accounting Clerk

## Future events...SAVE THE DATE!

Steel Magnolias Nov. 4-6 Steel Magnolias is coming to St. Luke's! Steel Magnolias is a comedy-drama play about the bond among a group of Southern women in northwest Louisiana. The women are delicate as magnolias,



but tough as steel. The play was written by Robert Harling, based on his experience with his sister's death. If you have questions, please contact Melanie Kirkpatrick at melanie.kirkpatrick©gmail.com.

- Oklahoma! Auditions Nov. 12-13 Auditions will be held for the spring production of Oklahoma! The award-winning musical tells the story of cowboy, Curly McLain, and his romance with farm girl, Laurey Williams. If you have questions, please contact Melanie Kirkpatrick at melanie.kirkpatrick@gmail.com.
- PAA Gala Saturday, Nov. 19 The annual PAA gala will be held at The Wildlife Experience at 5:30pm. Don't miss this amazing, one-ofkind event that helps support the great work that PAA is doing in our community. For tickets and information, please visit stlukespaa.org or contact Dr. Jim at drjim©stlukespaa.org.

#### Meet the Welcome to our series Meet the Music Ministry! Music **KIDZ PRAYZ &** Ministry TONE CHIMES:

Are you ever feeling sluggish or worn down by mid-week? Need a little pick-me-up? Here's your cure: Come watch just five minutes of Kidz Prayz and you'll be up and dancing! Yes, Kidz Prayz delivers ENERGY! Every Wednesday night, children ages 6-12, gather to sing, dance, play instruments, and grow together through music. Our children lead the prayers each week, share their joys and concerns, and express themselves through song. We are a family with lots of kids! We focus on Christian principles of love, acceptance, justice and hope; we explore these topics in our music. All children (grades 1-6) are invited...and parents too! You will want to experience the joy of the most beautiful sound in the world: young voices raised in song!

Every Wednesday after Kidz Prayz, children (grades 4-6) can attend Tone Chimes rehearsal. This is a rite of passage for so many of our young musicians. Using their musical background and gross motor skills, children begin reading notes and rhythms and they learn that an ensemble requires everyone doing their part. We work on musicality, rehearsal and performance techniques, and have a blast every time! Again, there is ENERGY!

Both children's ensembles share their music with the St. Luke's congregation throughout the year. Next time you see a child at church, ask them about Kidz Prayz and Tone Chimes. Better yet, invite them to attend! More information on all the music groups, can be found in the Music and Arts pamphlet on our website.



#### St. Luke's United Methodist Church

8817 S. Broadway • Highlands Ranch, CO 80129 303-791-0659 • www.stlukeshr.com

St. Luke's United Methodist Church welcomes you to our Christian family, where we share life. Wherever you are in your faith journey, you are accepted and encouraged to grow spiritually.

Join us in growing together toward full humanity through living the teachings of Jesus: Love, Acceptance, Justice and Hope.



## **Seasoned Voyagers**

Thirty Seasoned Voyagers just completed our annual leaf peeping excursion up CO 93 and 119. Not only did we peep at some nice golden aspens, but our lunch was at Black Forest restaurant in Nederland where we had a great German lunch (wiener schnitzel) with made fresh daily

apfelstrudel for desert. YUM!

#### Next Up: Sustainable Seafood Luncheon - \$15

Guest Speaker: Vicky Goldstein with Colorado Ocean Coalition on Thursday, October 13 from 11:30am-2:00pm Mission: UMCOR Sustainable Agriculture & Development Contacts: Les Ludlam lldudlam©wyoming.com and Caroline Butler carolinebutler09©gmail.com



#### CONGREGATIONAL CARE



Natalie Murrow

Gail Strawn

SYMPATHIES TO:

#### PRAYER CONCERNS

Contact Rev. Sallie Suby-Long or Brenda Schafer if you have any additions/removals 303-791-0659 x132, leave a note at the front desk, or email sallie@stlukeshr.com or brenda@stlukeshr.com

Jen Trover

#### LATEST ENTRIES TO PRAYER LIST:

**Brenda Schafer** Office Administrator

Don't you be afraid, for I am with you. Don't be dismayed, for I am your God.

I will strengthen you.... -Isaiah 41:10

Debi Sheppard Austin Raap Kay Swanson Minnie Mortimer Stuart Beecher Peter Waldheim Mary Rovetta – Joyce Rovetta's mother-in-law Gary McNee Nick Rayman – Elizabeth Laurvick's brother-in-law

Roberta Towell – Jon Streaty's sister Nancy & Jordan Obertier Carol Carnahan Fred Bauerschmidt – Nancy & Jordan Obertier's friend Dick Hegstrom – Larry Pederson's brother-in-law Ruth Roduzo – Tennie Christman's friend Mary Harper

Ken Toyama – Larry Pederson's brother-in-law Don Bright – Tennie Christman's family friend Jeff Zaleck – Kathy Swier's neighbor Kathy Raap – Dan Raap's mother Jason Kintzel – Bob & Fran West's son-in-law Karen Rufien – Charlie Rufien's daughter Katie Sisk

Fran West Robb Suby - Rev. Sallie Suby-Long's brother Ray Sutcliff – Leigh Ramsey's father Art Lindsay – Diane Lindsay's brother Carey Brady - Andre Kirchhoff's brother Betty Snider Audrey Davis Joe Bayer – Davis family friend

#### CONGRATULATIONS TO:

Cole & Valerie Charney on the birth of their son, Franklin Jacoby (Jace) Matt & Sheri Henry on the birth of their great-nephew, Weston Michael Henry

Peter & Sandi Thompson on the passing of family friend, Chad Trover Nancy Abbott on the passing of her sister-in-law, Bonnie Anderson Angela Alderson on the passing of her co-worker, Melissa Herbel Ken Fong & Betsy Keyack on the passing of Betsy's father, Dan Keyack Chris Brendlinger on the passing of Chris' father, Ken Bottoms Charles & Bonnie Williams family on the passing of family friend, Harry Sebern Charles & Bonnie Williams family on the passing of family friend, Marylou Smith Lynda Fickling on the passing of her friend, Amy Nappa Jed & Linda Walker on the passing of Linda's cousin, Todd Orcutt George Hazelwood on the passing of his brother, Kent Hazelwood