



The Chronicle

ST. LUKE'S UNITED METHODIST CHURCH

SEPTEMBER 2017

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and much more!

Feeding of the 5000/5k

Sept. 29-Oct. 1!

This Year is Going to be BIG! 5K RUN/WALK



September is here and you know what that means: summer starts winding down, kids are back to school, and the Feeding of the 5,000 food drive is just a few weeks away! The event will be held from Friday Sept. 29-Sunday Oct. 1.

As many of you already know, after 35 years of serving the Denver community, DenUM is merging with the St. Francis Center. This means the food pantry that we've been supporting for the last several years is no longer running. However, hunger is still a very real problem in our community! This year we are partnering with two local organizations, Integrated Family Community Services (IFCS) and Fresh Harvest Food Bank. These organizations were overjoyed when we proposed the idea of receiving several thousand pounds of food for their food pantries that serve low income families and individuals in the south Denver area.

But we're not stopping there!

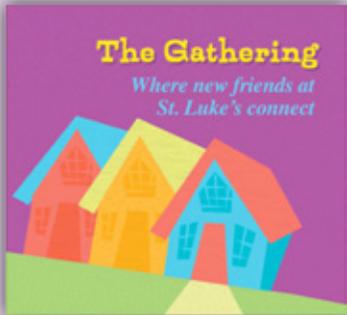
The needs are too great... and we will need a lot of help. **We're sending 10,000 lbs of food to Houston for those affected by Hurricane Harvey.**

Each year we collect funds throughout the weekend a few different ways: donation jars that are placed on our tables in front of each local grocery store, cash donations that are given at the church, and as of last year, our registrations for the Feeding of the 5K community run/walk. **This year, ALL the funds raised throughout the weekend will go to UMCOR – United Methodist Committee On Relief – to go towards the relief and healing efforts of those affected by the hurricanes. Just after Harvey hit, we set a goal of \$5,000 for UMCOR and this St. Luke's community raised \$21,650! Wow!** I am blown away! Here's the deal... they still need our help (and then there's hurricane Irma). Yes, the need is great! We have received a very generous donation of \$25,000 to kickoff the Feeding of the 5,000 weekend.



Worship Series:
Psalm's: Living on the Edge
 Sept. 10 (Kick Off Sunday)-
 Oct. 22 (Celebration Sunday!)

The Psalms speak about the human experience in honest and freeing ways—some of the Psalms affirm God's goodness while offering words of praise. Others express anguish and deep heartache while questioning God's presence in the world. Some proclaim gratitude and joy as they begin painting a new reality. Whatever the mood, the Psalter speaks about life the way it really is and is not afraid to speak honestly with God. Biblical scholar, Walter Brueggemann, locates each Psalm in one of three categories: **orientation, disorientation, and reorientation.** In this 7-week worship series we will explore what our lives with God look like through the framework of: 1) Secure orientation; 2) Painful disorientation; and 3) Surprising reorientation. We want to practice authentic speech about and with God. We want to pray honestly and live honestly—from the depths of our being. Brueggemann suggests that "most Psalms can only be appropriately prayed by people who are living at the edge of their lives, sensitive to the raw hurts, the primitive passions, and naïve elations... entry into the Psalms require a real change of pace. It asks us to depart from the closely managed world of public survival, to move into the open, frightening, healing world of speech with the Holy One."



The Gathering - Sept. 10 2:00-4:00pm

Would you like to learn more about St. Luke's UMC? Come to The Gathering.

- Welcoming ALL to a deeper connection with our community
- Gather to meet new friends and staff
- Enjoy great conversation
- With an option to Celebrate Membership

RSVP office@stlukeshr.com
 303-791-0659 x110
 Childcare available with 48hrs to sam@stlukeshr.com

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Sunday Worship Services:

8:00am, 9:30am, 11:00am,
Contemplative Service
(Check website for dates & times)

Sunday School:

Adult, Youth & Children:
9:30am & 11:00am

Nursery available for:

8:00, 9:30 & 11:00am services

Mon.-Fri. Office Hours

9:00am-12:30pm & 1:00-3:30pm

Church Office.....303-791-0659

Fax.....303-470-5615

Email.....office@stlukeshr.com

Website.....www.stlukeshr.com

Little School Office.....303-791-1982



Staff:

Rev. Dr. Sallie Suby-Long.....x132
Lead Minister of Spiritual Life

Rev. Ryan Canaday.....x112
Lead Minister of Worship & Missional Life

Rev. Jessica Rooks.....x109
Lead Minister of Community Life

Rev. Schawn Kellogg.....x143
Care Pastor

Sharon Oliver.....x127
Director of Children's Ministry

Samantha Leahy.....x140
Director of Early Childhood Ministry

Stephanie Kirk.....x111
Children's & Family Ministries Coordinator

Dave Laurvick.....x114
Director of Youth Ministry

Amy McMullen.....x119
Assistant Director of Youth Ministry

Jake Smith.....x145
Associate Director of Youth Ministry

Dr. James Ramsey.....x123
Director of Music & Arts Ministries

Kenrick Mervine.....x133
Associate Director of Music Ministry & Organist

Kay Coryell.....x136
Director of Handbells & Children's Music Ministry

Chris Rigolini.....x146
Director of Instrumental Music

Renaë Parra.....x117
Director of Servant Ministry

Kim DeVries.....x110
Office Administrator

James Puckett.....x110
Building Maintenance/Custodian

Sheri Henry.....x124
Director of Finance

Kristi Pawley.....x116
Accounting Clerk/Music & Arts Admin. Assistant

Kelly Amadeo.....x115
Director of Little School

**All submissions for the
October 2017 issue
of The Chronicle are due
September 20
Editor: Sharon Oliver
chronicle@stlukeshr.com**

*The Chronicle is published up to 10 times per year
and is emailed to those on our email blast list,
and it can be found on the church website.
Printed copies are available at church entrances.
To receive The Chronicle via US mail, please call
or email the Church Office.*



Rev. Ryan Canaday
Lead Minister of
Worship &
Missional Life

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Feeding of the 5000/5k - Sept. 29-Oct. 1! This Year is Going to be BIG!

So here's my question: how much more can the South Denver and St. Luke's community send to UMCOR for our brothers and sisters whose lives have been torn apart? What an exciting opportunity for us! Think of the difference this will make. We are the Church, the hands and feet of Jesus. Let's go change the world through love!

Friday and Saturday we'll need volunteers for food collection at local grocery stores, sorting and packing food at St. Luke's, and drivers to pick up and deliver donations.

Join us at St. Luke's on Sunday for a day of fundraising and fun. At 10:30am enjoy food trucks before the Feeding of the 5K Race begins at 11:00am. Finally, close the weekend with the Psalms Reborn Jazz Concert starting at 2:00pm. You are encouraged to stop by with food donations in the parking lot all day. See you then!

Go to St. Luke's website: www.stlukeshr.com and there you can find links to sign up to collect food at grocery stores and to sign up for the 5K race.

Grace & Peace, *Rev. Ryan*



Founded in 1940, the United Methodist Committee on Relief (UMCOR) is the global humanitarian aid organization of the United Methodist Church. UMCOR is working in more than 80 countries worldwide, including the United States. Our mission, grounded in the teachings of Jesus, is to alleviate human suffering—whether caused by war, conflict or natural disaster— with open hearts and minds to all people. UMCOR responds to natural or civil disasters that are interruptions of such magnitude that they overwhelm a community's ability to recover on its own. UMCOR works through programs that address hunger, poverty, sustainable agriculture, international and domestic emergencies, refugee and immigrant concerns, global health issues, and transitional development. Learn more at www.UMCOR.org.

Welcome Chris!



Chris Rigolini joined the staff at St. Luke's in August as the part-time Director of Instrumental Music. Chris earned his Bachelor of Music Education from Florida Southern College, and is currently working towards his Masters of Music in Wind Band Conducting at the Lamont School of Music at University of Denver (graduating in spring of 2018). Chris has his teaching certificate in Florida, where he taught High School band for four years, including Orchestra, Band, Marching Band, Jazz Band, Guitar, ESE Music, Music Appreciation, Percussion and Color Guard. His professional affiliations include the Colorado Bandmasters Association, Colorado Music Educators Association, National Association for Music Education, FBA, FOA, FMEA, and Phi Mu Alpha Sinfonia. Chris is currently teaching private percussion students, and helps as the percussion instructor at Palmer Ridge High School. Chris grew up in a strong faith community. He was also a Cub Scout, Boy Scout and Venture Scout in his youth. Four years ago Chris married Kelly, and the two moved to Denver last summer. In his free time, Chris enjoys hiking, golfing and hanging out with friends. Chris says his favorite composers are Jean Sibelius and Percy Grainger.



Welcome James!



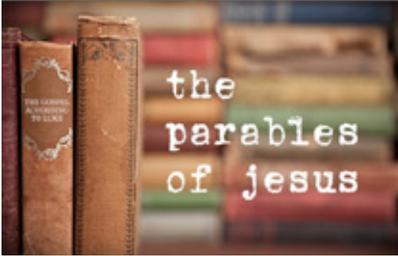
James Puckett joined the staff at St. Luke's in July as the part-time Facility Maintenance and Custodian. James also works as the Facility Maintenance Manager at The Country Club at Castle Pines, responsible for all maintenance and custodial duties. James has a passion about caring for buildings and the people who use them, and we are excited about the skills James brings to the team. James has been married for 22 years to his wife Tina. He and Tina have one son, Jacob, and one daughter, Lindsey – both live in Texas. James' hobbies include kayaking, traveling, and motorcycle rides with his wife.



Rev. Jessica Rooks
Lead Minister of
Community Life

The Parables of Jesus

Throughout Jesus' ministry, his most common method of teaching was the use of parables. A parable is a story used to teach a lesson or principle. The story is fictional, and often challenges cultural norms and assumptions. Parables encourage us to think outside the box because they offer a different



perspective, and a different way of thinking.

This fall, starting September 8, we'll spend time on five parables that are found in at least three of the Gospels of Matthew, Mark, Luke and Thomas. We'll compare and contrast the parables from the viewpoint of each Gospel, and discuss what the parables say to us today.

The class will meet on Fridays from 12:00-1:00pm, beginning September 8. You are invited to bring your lunch.

- September 8 – The Parable of the Sower
Mark 4:1-9; Matthew 13:1-9; Luke 8:4-8; Thomas 9
- September 15 – The Parable of the Mustard Seed
Mark 4:30-32; Matthew 13:31-32; Luke 13:18-19; Thomas 20
- September 22 – The Parable of the Leaven
Matthew 13:33; Luke 13:20-21; Thomas 96
- September 29 – The Parable of the Salt
Mark 9:49-50; Matthew 5:13; Luke 14:34-35
- October 6 – The Parable of the Tenants
Mark 12:1-12; Matthew 21:33-43; Luke 20:9-19; Thomas 65

Grace & Blessings, *Rev. Jessica*

Faith and Justice Team sponsors: “Let’s Talk about Racism in America”

Join us on Sunday, September 24 at 5:30pm for a potluck dinner and educational opportunity. Ms. Janet Kester, member of the Interfaith Alliance of Colorado Facing Racism cohort and Columbine United Church will lead a discussion – “Let’s Talk about Racism in America”. Topics will include white fragility, institutional racism and personal resources.

For the potluck, please bring a dish to share. Childcare is available (please reserve in advance – sam@stlukeshr.com)



Rev. Dr. Sallie Suby-Long
Lead Minister of
Spiritual Life

For Your Mind, Body, Heart & Spirit

It seems like everywhere I look, there are reminders of the importance of wellness practices for health and fulfillment

in our lives. Most of us would agree that intentionality with our overall health and wholeness is important but sometimes we just need a few good ideas to really put this intention in action. In upcoming issues of *The Chronicle*, I will share a few ideas that I hope will be inspiring or at least simply interesting to all of us! So, I am doing my research and will let you know what I learn. Please let me know what you are learning about wellbeing, too. When we care for our own healing and wholeness, we are able to serve others with greater compassion and generosity of spirit.



In our St. Luke's community, we enthusiastically encourage your commitment to caring for all aspects of your life and the lives of those you love. Periodically, I love to share information about things that are available to all of you, right here in our own community. Below, is a list of many options. Just give me a call or send me a text or email and I will do my best to connect you with an opportunity that aligns with what you might be looking for at this particular time 303-475-0141, Sallie@stlukeshr.com.

- **Counseling** – Rev. Dr. Sallie, Rev. Ryan, Rev. Pat, and Rev. Jessica offer short-term, solution-based counseling, pastoral care, and referrals for individuals, couples, and families seeking support. Confidentiality is always our top priority.
- **Stephen Ministry** – provides confidential, one-to-one care to individuals in our congregation and community. Stephen Ministers are volunteers who have specialized training in listening and providing emotional and spiritual care. Contact a pastor or Stephen Leader if you or someone you love would benefit from this ministry.
- **Support Groups and Classes** – St. Luke's offers support groups and classes focused on a variety of topics including 12-step programs, divorce recovery classes, parent support groups, and grief support groups. Information about current groups is available on St. Luke's web site and in the Care Ministries brochures in the church entry.
- **Center for Spiritual Engagement** – Ongoing opportunities for experiences promoting well-being, connection, healing and inspiration. Join us for workshops, retreats, seminars and classes featuring excellent facilitators. Coming up in 2017, we'll offer an inspiring evening with Rev. Dr. Janet Forbes as she shares with us her learning and sacred experiences from her pilgrimage in Spain (October 17th – 6:30 pm). We also have classes and experiences scheduled that we think you'll love including the ever-popular Outdoor Adventures, Yoga, Conscious Cooking, Wellbeing Retreats and the like. For more details about these opportunities, see the CSE page in this Chronicle or go to our website at: stlukescse.org.
- **Mentoring & Coaching** – Enhance your life practices of wellness and gain support for managing transitions, enhancing self-awareness, gaining new insights, making desired changes, and proactively addressing life challenges.
- **Faithful Friends** – offer care and friendship to individuals in care centers, those who may be dealing with long term health challenges, and individuals who may have difficulty getting to St. Luke's on a regular basis.

If we don't offer the type of support you are seeking, the congregational care team will make every effort to connect you to additional resources and networks within our community.

Kindest regards, *Rev. Dr. Sallie*

Ministry of Ordained Deacons in the UMC

by Rev. Dr. Sallie Suby-Long

Over a decade ago, I very quietly mentioned to Rev. Janet that I was feeling a rather unexpected and surprising call to ministry. I was uncertain how to interpret this since I really couldn't picture myself in the more traditional role of a minister & preacher within a church setting. With a reassuring smile, Rev. Janet said, "Maybe you are called to be a Deacon". "What's a Deacon?", I said. Some of you might be wondering as well so let me share little more with you. As you may know, Rev. Ryan and Rev. Jessica are Ordained Elders in the United Methodist Church. Rev. Schawn Kellogg and I are both Ordained Deacons. In simplest terms, Deacons are Ordained United Methodist specialist clergy. The diaconate, (the function of diakonos meaning servant or steward, ambassador or representative), is traced to Acts 6 & 7 in which Stephen, Philip, and others were called to administer charitable functions of the faith community.

Are Deacons Ordained Ministers? Like Elders, Deacons are fully Ordained Ministers in the United Methodist Church. Deacons are specialized clergy with expertise in a particular field or fields. For example, Deacons may specialize in counseling, teaching, health care, community organizing, music, nonprofit management, administration, children's ministries, information technology, chaplaincy, or any number of other specialties.

Where Do Deacons Serve? Deacons may be engaged in ministries inside or outside the church setting. The purpose of a Deacon's ministry is to connect the church with the world. This "bridging" ministry means Deacons can serve in a variety of professional and community settings including churches, schools, universities, hospitals, and community organizations, to name a few. UMC Ministers who are ordained as Deacons may be professors, nurses, teachers, administrators, counselors, musicians, principals, doctors, lawyers, missionaries, and the list goes on and on. They often hold joint appointments in a faith community and in another professional setting.

Do Deacons Complete Seminary Training? Like Elders, Deacons complete seminary training. They may complete the Master of Divinity degree, or Deacons may choose a different seminary degree that aligns with their area of ministry. Often, Deacons have specialized training and degrees in another field as well.

Here is my example of what it can mean to be in ministry as an Ordained Deacon (You can also see Rev. Schawn's story of her ministry as a Deacon in this issue of *The Chronicle*). Prior to joining the clergy team at St. Luke's, I held leadership positions in university settings, nonprofits, and businesses for over 22 years. I traveled across the country working with leadership teams in many settings. My responsibilities included leadership development, teaching, coaching and management. I earned my Ph.D. in Education with an emphasis in Psychology and Leadership and a Master of Science degree in Higher Education with certifications in a variety of human development tools such as the Myers Briggs Type Indicator, Appreciative Coaching, Conflict Resolution, and Spiritual Direction.

In the midst of engaging in my education career, I became aware that many of my clients and students were seeking additional opportunities for spiritual growth and counseling. This was compelling to me and I felt drawn to deepening my preparation to offer spiritual and psychological support to others – then and now, my sincere hope is to inspire healing and wholeness. With a fair amount of uncertainty about where this was all leading, I took a huge leap of faith and enrolled in a Master of Arts program in Pastoral and Spiritual Care at Iliff School of Theology. To make a long story at least a little shorter, my gradually unfolding path led to ordination as a United Methodist Minister and I have had the honor of serving in the St. Luke's community for over 8 years.

My primary areas of specialty include counseling/psychology, leadership & human development, spiritual formation, and leading our Center for Spiritual Engagement which is focused on inspiring healing, wholeness and wellbeing of mind, body, heart and spirit. I also presently serve on faculty at Creighton University and teach in the Interdisciplinary Leadership Doctoral Program. The core tenets for the Creighton program include care for the entire person, faith that does justice, finding the Spirit in all things, and being for and with others. I love those tenets!

God invites all of us to minister in many different ways with each of us offering our unique gifts and talents and noticing what makes us come alive! Rev. Schawn and I warmly welcome conversations with any of you who may want to talk further about the varied pathways in ministry that honor who you are and that work together for the good of all.



Rev. Schawn Kellogg
Care Pastor

Message Moments

I am a Deacon. I serve as part of the Order of Deacons, bridging the church and the world. We represent a variety of specialized ministries. I minister through care and encouragement, nurturing and teaching, welcoming and connecting. My ministry is both in the church (Care Pastor with St. Luke's) and in the world (I work as an RN at Sky Ridge Medical Center and at Littleton Hospital). I love the combination of ministries, and the variety of people that I meet.

I don't remember the day I decided to pursue ordination as a deacon, but I do remember the moment I was first aware of a call toward others. I was sitting in the hallway outside my fifth grade classroom, reading a book about Albert Schweitzer, the doctor who made Africa his life. I noticed the man was white, and the people he was surrounded by were all black. Their surroundings looked nothing like the place I was growing up in. They all seemed to be injured or hurting. Dr. Schweitzer looked tired, but content. I imagined caring for others in that way. I wanted to see what it felt like to be hot and tired and helpful in important ways.

And then there was another moment that same year. I sat in a dark and empty sanctuary of a Methodist church, warming up after early morning newspaper deliveries. It was an unfamiliar place to me, yet it felt familiar. Although I was alone, I felt I wasn't. I experienced the comfort of that place in a way that invited me back.

And another moment five years later. I felt proud of the care I had given to the disabled and elderly women who were all nicely tucked in their beds around the upper floor ward of an old country nursing home. My summer job had begun to feel important. It had become something I had learned to do well, and with love. Something I looked forward to doing more of.

There were many more moments that strung together to convince me that I was meant to serve others, both inside and outside the church, and I am still listening and contemplating God-moments which grow and shape my own way of serving.

I hope you will consider the moments that carry messages for you. Moments of meaning that stick out to you. Maybe they are especially vivid or stimulating to you. Maybe they are moments in which you find yourself connecting with an experience or a person or group in a deep and personal way. That's how God comes to us, personally. Even in the middle of an ordinary day we can feel a presence or a certainty that we take note of. When those moments come up for you, jot them down. Share them with someone you trust. Pray about them. Ponder them. Eventually, the moments string together to make meaning. And you find yourself on an inspired journey that is fulfilling.

—Rev. Schawn Kellogg RN, MDiv



Renae Parra
Director of
Servant Ministry

Get CONNECTED

Get Connected at St. Luke's.

To learn more about opportunities for you to get involved, contact Renae at renae@stlukeshr.com or 303-791-0659 x117

New Fall Classes... New Connections

It's hard for most of us to believe that another school year is underway. Fall is the time at St. Luke's where we offer some new classes for you to join. Take a look at the listing on this page to see if there is something that interests you and go for it and give it a try! If you are looking for an offering you do not see, reach out to let me know so I have a pulse on the kinds of classes our community is wanting. Learning and participating in small groups and classes is one of the best ways to form new friendships, deepen your connections to St. Luke's and enrich your relationship to God and self. Consider participating this fall. Contact me if you have any questions. renae@stlukeshr.com.

The Bible: Fascinating, Ancient, Messy and Life-Giving - study six of the most fascinating and messy passages in scripture and together you will discover new life in and through them. (Rev. Ryan Canaday & Paul Kirk) *Weds. 6 weeks starting Sept. 6 - 6:30-8:30pm*

Group Lyfe Coaching Level I (cost \$180) - a class that supports participants to clear the path to claiming an authentic, purposeful and joy-filled life. (Gargi Agarwala) *Wednesdays starting Aug. 30 - 6:30-8:00pm*

Artificial Intelligence and Christianity - a discussion forum investigating a theology for a New Age (Stephen Bennett) *Weds. 8 weeks starting Oct 4 - 6:30-8:00pm*

Bible Study: Parables of Jesus - comparing and contrasting parables from the viewpoint of different Gospels (Rev. Jessica Rooks) *Fridays 5 weeks starting Sept 8 - noon-1:00pm*

Christian Connection Adult Sunday School - (no sign-up required) join this class anytime. Starting in September the book for class discussion will be "What is the Bible" by Rob Bell. (Ron & Suzanne Humphreys) *every Sunday Room 213 - 9:30-10:30am*

Open Minds Adult Sunday School - (no need to sign-up) join this class anytime. A class with various topics on religion, current events, Methodist history, justice issues, etc. Currently viewing and discussing the PBS series "The African Americans" (Raina Powell) *every Sunday Room 210 - 9:30-10:30am*

Women's Bible Study (Beth Moore: Psalms of Ascent) (Kristin Foster) *Wednesdays starting Sept 27 - 6:00-8:00pm*

Gracious Space - a drop-in class - Devotions, lessons and exploration of spirituality through various art forms. This is a drop-in class but please sign up if you would like to receive information from Jenita on this opportunity (Jenita Rhodes) *2nd Friday every month - 10:00-11:30am*

Divorce Recovery (cost \$100) - a comprehensive program and support group for those newly separated or divorced (Larry Sears) *Monday evenings starting Sept 11 - 7:00-9:00pm*

Whole: Eating for Mind, Body & Spirit - learn about whole food plant-based nutrition and discuss how to incorporate mindfulness into your meals. (Bob & Sharon Oliver) *Wednesdays Nov. 1 & 8 - 6:30-8:00pm*



Seasoned Voyagers Update

Voyagers Go to New Heights!

Our annual Leaf Peeping bus trip will take us over two miles high, on **Tuesday, September 19**. At that altitude we should find the earliest



turning leaves ending with lunch at Echo lake. Sign up at the Seasoned Voyagers desk for the next three Sundays.

More details coming soon on the next three months. Save these

days: **October 19** for a tour of the Denver Water Recycling Plant; **November 16**, a trip to the Museum of Nature and Science; and **December 12**, our annual kick-off pot luck lunch and program. Check out at the Seasoned Voyagers table in Fellowship Hall on Sundays, pick up a brochure or contact Rich Krening, rkrening@msn.com.

We are the InBetweeners!

This new group is for adults who fall between the Shine Group and the Seasoned Voyager's Group. It is for men and women, single or married, members of St. Luke's or not. The focus of this group is to gather with other adults for fun and fellowship "between" work, family and church.

Activities for September:

Sunday, September 10, 6:30pm: (Broncos play on Monday night) Miniature Golf at Colorado Journey (on Bellevue and Windermere) and then meet at Village Inn (Broadway and C-470) for pie afterwards.

Saturday, September 23, 7:30-10:30am: Hike with the Center for Spiritual Engagement Group for an Archaeology Experience in Ken Caryl Ranch. There will be a sign up sheet for this activity. (The InBetweeners' Group is looking at doing the 9:00am hike.)

For more information call Sandi Thompson at 303-791-3407 or email: silyp@comcast.net



The 2017 Annual Golf Event

was a tremendous success and raised \$9,700 for our Ministry in Motion bus fund. This event was the 14th annual and has been used to not only purchase our bus but to keep it running in a safe condition. We were grateful to have almost 100 golfers participate at Arrowhead Golf Club on a beautiful Saturday morning in August. Special thanks goes to our sponsors and volunteers, and

certainly the golf event committee: Alan Babcock, Marty Davidson, Brian Owens, David Rhodes and Jon Takayama.

Children's Ministry News

Praise, Play & Prayers

CHILDREN'S CALENDAR:

(check our website for full calendar)



Promotion Sunday! Sunday Sept. 10

Children move up
to their new grade
in Sunday School!

Sept. 10 (SUN) - 9:30am **JOY TREK (PreK: 2-4 yrs.) Sunday School "Creation"** 3-week lesson

Sept. 10 (SUN) - 9:30am **PEAK (K-4th grade) Sunday School "Jonah"** 4-week lesson & Tweens class starts!

Sept. 10 (SUN) - 11:00am **Goliath Gathering Servant Training**

Sept. 10 (SUN) - 5:30pm **SLY, Jr. KICK OFF (5th & 6th Grade Fun & Service Club)!** Potluck - For 5th & 6th graders and parents/guardians. Join us to find out what SLY, Jr. has in store for this year. Bring a dish to share. RSVP to Sharon

18 years of Family Camp: Always a Good Time!

Once again many families from St. Luke's journeyed up to Snow Mountain Ranch near Granby, Colorado, for an amazing week of Family Camp. This year family camp was held July 21-28 and without fail, there were some episodes of rain and even hail. But the weather doesn't stop these families. The week which has been organized by Amy Antinoro for years, was filled with many fun adventures. Some of these adventure included tubing, spending a day at Winter Park, a kickball tournament, bonding on the low ropes course, making homemade ice cream and tie-dyeing. In between the activities, everyone enjoyed spending time with each other and eating the incredible food that Caroline Merchant makes every year. The endless fun supplied by Jeremy Brown and Brooks Lucero eating 6 burnt marshmallows in one s'more added to many memorable moments. If you have never been to family camp, put it on your calendar for next year. It will be July 20-27, 2018. And if you need anymore convincing, just ask the Rairigh family. They summed the week up well by saying, "It was a blast!"



NEW DATE! Sept. 15 (FRI) - 6:45pm: **Family Movie Night "Sing"** rated PG. Wear your pjs and bring your pillows and come watch a movie in Fellowship Hall. We'll provide the popcorn.



Sept. 16 (SAT) - 9:00am **Parent's Time Away**

Sept. 17 (SUN) - **Third Grade Bible Sunday** Reserve a gift Bible for your 3rd grader by Sept. 6 with Sharon.

Sept. 20 (WED) - 9:00am: **Story Time** - Caregivers enjoy conversation & coffee while kids enjoy stories and songs in the Narthex.

Sept. 24 (SUN) - 11:45am: **Acolyte Training** - All 2nd-6th graders welcome! RSVP with Sharon.

Sept. 24 (SUN) - 5:30pm: **SLY, Jr.** - TBD

Sept. 30 and/or Oct. 1 (TBD) - **SLY, Jr.** helps with Feeding of the 5000

Oct. 1 (SUN) - 9:30am **JOY TREK (PreK: 2-4 yrs.) Sunday School "Abraham & Sarah"** 3-week lesson

Oct. 4 (WED) - 9:00am: **Story Time**

Oct. 7 (SAT) - 9:00am: **Parent's Time Away**

Oct. 8 (SUN) - 9:30am **PEAK (K-4th grade) Sunday School "Money & Time"**



Sharon Oliver
Director of
Children's Ministry
sharon@stlukeshr.com



Samantha Leahy
Director of Early
Childhood Ministry
sam@stlukeshr.com



Stephanie Kirk
Children's & Family
Ministries Coordinator

St. Luke's Kids
Growing with God



**SLY, Jr. 5th & 6th
Grade Fun & Service
Club KICK OFF
Sept. 10 - 5:30pm!**

Dear Sunday School Families,

Thank you for registering your children for the 2017-2018 Sunday School year. *If you haven't registered yet - please go to www.stlukesbr.com.* We are excited about sharing in your child's faith journey this year and so grateful to spend time with them on a Sunday morning. Our registered children have name tags made and their names are included on the sign in sheet roster found outside of each classroom.

For your child's safety please follow these steps for **check in** and **check out**:

1. When you arrive for 9:30am Sunday School, please find your child's classroom (as you come down the main stairs PreK is in the David area to the left and K-6th is in the Goliath area to the right.) 11:00am Godly Play Sunday School sign in is just outside of the Sanctuary doors.
2. Sign your initials next to your child's name on the sign in sheet and pin their name tag (from the bin or wall rack) on their shirt and leave your child with the class attendant. If you have a guest with you or have lost your name tag, please sign in with the Superintendent at the bottom of the stairs for a temporary name tag then come sign in at the classroom. 11:00am Godly Play Sunday School children will stay with their family until after Children's Time during the worship service and then will go to class in the Chapel.
3. Keep the duplicate name tag with YOU.
4. Please note on the sign in sheet where you will be in the building in case of emergency.
5. For pick up, present your child's duplicate name tag to the class attendant (Godly Play pick up is in Rm 212 by the Chapel) and they will get your child and you may sign them out and put both name tags back where you got them.

We also encourage you to volunteer in Sunday School. It's easy, fun and a great way to serve our church community. You can check the online sign up www.stlukeshr.com/children

We are so blessed to have your children in Sunday School and your family as part of our St. Luke's community. *Let's grow with God together!*



Kelly Amadeo
Director of
Little School



Little School News:

Welcome Back to Little School Families!

The halls have been buzzing with busy teachers, excited children, and relieved parents as we begin our 23rd year at Little School. While we all enjoyed our summer vacation time, the joy of beginning our routines with our amazing families at Little School is indescribable. The children are

adjusting very well to school, and we are seeing the looks of "I Can Do It" change to looks of "I Did It!" each day on their little faces. We have 33 staff members this year who are all wonderful and exceptionally qualified. We would love to welcome our three newest teachers – Kara Overman, Courtney Poetter, and Allison Inman. We adore them and the gifts they have provided to our wonderful school. I encourage you to take a look around the classrooms on Sundays to see how well the teachers have turned their rooms into comfortable learning environments. If you have a child who is struggling with separating from you, please remember that is completely normal and part of the developmental process. Please take a look at the article, "Helping Preschoolers Cope with Separation Anxiety" on the PBS.org website. It has some helpful advice for children and parents. Please feel free to come say hello and ask any questions! We are here to help!

Grace & Love, Ms. Kelly
Director, St. Luke's Little School

The Stephen Ministry Team recently held a Welcome Back Dinner

and first meeting from a summer pause. With about 35 active Stephen Ministers, we offer our congregation distinctively Christian, one-on-one, lay-trained care to those who are experiencing all kinds of life needs/circumstance or transitions (current support of but not



limited to...hospitalization, illness, death, loss, loneliness, job crisis, aging/health concerns, divorce, spiritual crossroads, home bound living). Stephen Ministry is confidential ministry; those receiving care can be sure that their identity and what is shared in the caring relationship remains most private. If you have any questions or would like to talk further in support, please contact Rev. Sallie Suby-Long (sallie@stlukeshr.com) or Laura McCarthy (lauramccar@me.com).

Trustees Corner: Lots Going On!

Lots going on – overheard in the hallway a couple weeks ago – "This Place is a MESS!" I call that a BFO... Blinding Flash of the Obvious! As a 27-year member I know it's also a sign that summer break is coming to a close, and it's time to welcome everyone back and fill this place up!

This summer Trustees, supported by Little School Teachers, the Ramsey family, and many of our own families, have had an unusually busy summer! Work included weekly mowing, trimming and weeding of our lot, repainting parking lot stripes; painting, coordinating floor finish contractors (love our volunteers who helped us with moving things in and out of classrooms and our kitchen within a compressed/unforgiving schedule); overseeing siding/window replacement of our failing west siding on the original building, painting, caulking, and hanging new blinds/shades. We readied the bus for 2 incredible youth mission trips, and solved challenges along the way. PAA is working with trustees to add a sprung floor to room 213 – this will host dance classes!

Over the next week or so you might spot our painter, Louie, doing the prep and repainting of our siding, trim, gutters, and downspouts. In October, working together, Little School and trustees will be working with a playground contractor to replace failing borders with recycled timbers that don't splinter!

We are so very grateful for our dedicated team of volunteers who have stepped in this year to help us complete daily tasks while our leaders worked to fill our Facilities Management position. Welcome James Puckett – we're mighty glad you're here!

Guatemala Mission Trip in 2018

St. Luke's will sponsor a mission trip to Guatemala March 17-25, 2018. Cost for the trip is \$1,850, with a \$250 registration fee. We will build a home (prior construction experience is not required), sponsor a Bible Camp, and are looking



2017 Guatemala Mission Team at house construction site

at the possibility of a band camp if there are enough volunteers. If you would like to go and have any questions, please contact Ron Miller (720-381-9452, ronmiller74@gmail.com). **Our first team meeting will be Sunday, Sept. 17 at 12:15pm in room 213.** Applications are now available online. The link is trips.puravida.org/slumc The fundraiser for the trip will be our Annual Guatemala Burrito Breakfast that will be held on Jan. 7, 2018, with more details coming later this fall.

Peaches were a great hit again this year



and it is hard to beat Palisades peaches! Our fund raiser for Stephen Ministry was a great success and will help fund our program throughout the year. Thanks to everyone for purchasing peaches for your family and spreading the word and selling peaches throughout the community. A special thanks to Jean Ann Duncan for once again spearheading this great annual event. One fact that not too many people know about is that some people donated an extra \$3 and we were able to use three boxes to add a peach to the lunches taken to the park on Mondays. What a great way to reach out to others, which is what Stephen Ministry is all about as well. Thanks again!

Save the Dates: Pie & Prayer - Old Time Revival!

Join our Celebrations,
Educational Studies and
Volunteer Mission Projects

- **December 5** Annual Candlelight Dinner: The wonderful Christmas dinner served by the men of St. Luke's.
- **January 20, 2018** District Mission, Mentoring and Celebrations
- **March 10, 2018** Spiritual Day

United Methodist Women enhances your Spiritual Journey, supports you in Friendship and Fellowship, keeps you in Prayer, satisfies Mission Needs, and supplies you with Renewal. Let us be a part of your journey. If you would like to join us at any of these events, please contact umwinfo@stlukeshr.com



A The Fall Kick-Off for United Methodist was held Sunday, August 27. "Pie & Prayer - Old Time Revival" was the theme. Old fashioned decoration and those good ole hymns filled Fellowship Hall. The mission presentation was given by Betsy Keyack on UMCOR. The participants brought items for health kits and gave monetary donations. The program was given by Rev. Jessica on 'ole time religion, hymns and prayer meetings. There was plenty of reminiscing over favorite old hymns and the personal emotions connected to them. Of course there were plenty of delicious pies to sample. Sisters of Soul led the group in several old hymns accompanied by Ken Mervine. Also special thanks to Sam Burget and Ken Fong for their tech assistance. The leaders of the three interest groups extended invitations to those present to become part of the groups. More information about the groups is available in the brochures at the entrance.



"The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church."

WE ARE... St. Luke's United Methodist Women

INVITATIONAL

"...a community of women whose purposes is to know God..." All women, including teens, are invited to participate in the events of United Methodist Women (UMW). Membership in the church is not required, you just need to have a passion to help women, children and youth.

RELATIONAL

"...develop a creative supportive fellowship..." UMW provides a connectional relationship with other women of faith who have a desire to learn and serve. We are in relations with others in our community, district, conference, nationally and globally.

MISSIONAL

"...expand concepts of mission through participation in the global ministries of the church." Locally and nationally we have given thousands of dollars and many hours of love labor to agencies serving others.

SPIRITUAL

"...experience freedom as whole persons through Jesus Christ..." With the use of the Annual Prayer Calendar, Response magazine, guest speakers, retreats and more, we can grow in our faith journey together.



Interest Groups of UMW

Join an Interest Group at any time. Want something different, let us help. Email us at umwinfo@stlukeshr.com.

Book Club ~ Fiction/ Non-fiction/Informative/Fun. Fourth Monday, Room 206, 7:00pm (potluck 6:15pm)
Contact: Renae Parra (renaeparra@aol.com)

- September 25 – "Just Mercy" by Bryan Stevenson
- October 23 – "Orphan #8" by Kim van Alkemade
- November 27 – "A Memory of Violets" by Hazel Gaynor
- December – No Meeting

Common Thread ~ Friendship/Fellowship/ Caring/ Sharing. First Thursday of each month, 10:00am. Meets at the church. Resumed September 7. Contact: Caroline Butler carolinebutler@q.com or Betty Smith 303-797-3225

Itch to Stitch ~ Projects of Crochet, Knitting, Sewing, Quilting donated to Charities. All skill levels welcome. Meets on the 2nd and 4th Saturday from 10:00am to 12:00pm in the church basement starting in the fall. Summer project kits are available in the Narthex. Contact: Fran West 303-797-7107. Check out our Facebook page: "St. Luke's UMC Itch to Stitch Guild". Christmas stockings are currently being made for the children of Warren Village. 221 of 250 have been completed!

Mission Work We continue to hear from missionaries around the world, and we keep them and their work in our prayers. There are around 450 missionaries working in 100 different countries around the world.

For more information about UMW:

- Email us at umwinfo@stlukeshr.com.
- Look for our brochure at the church entrance AND we are on Facebook www.facebook.com/stlukeshrumw "St. Luke's United Methodist Women - Highlands Ranch, CO"
- United Methodist Women Rocky Mountain Conference and Mile High Pikes Peak District - www.rmcmw.org
- UMW national website: <http://www.unitedmethodistwomen.org>



CENTER FOR
SPIRITUAL
ENGAGEMENT

CSE Mission: Our purpose is to foster healing and wholeness of mind, body and spirit through experiences that inspire wellbeing. We invite all to join us!

Visit stlukesce.org

CSE SPEAKER SERIES

Oct. 17, 2017 6:30-8:00pm



Rev. Dr. Janet Forbes "The Spirituality of Pilgrimage"

In 2016, as a marker for her retirement from active ministry as a United Methodist pastor, Rev. Janet set

out from Saint-Jean-Pied-De-Port, France, to walk the ancient pilgrimage route across northern Spain to the Cathedral of St. James in Santiago de Compostela. The Camino de Santiago is a 500-mile path carved by thousands of walkers each year since medieval times to the burial site of James, the apostle of Jesus.

Rev. Janet will tell the story and share photos of her journey as she experienced the deep spirituality of both the intentional and unintentional pilgrimages of life, how God's grace provides surprising companions in the most fortuitous moments!

Please join us for an inspirational and fun-filled evening! Tickets on sale now: Purchase your tickets (\$10 each, plus \$1 processing fee) through St. Luke's website at stlukeshr.com. For more info – julie.polikoff@msn.com

CSE MINDFUL TRAVEL



February 2018 Culture and Connections in Honduras

Our focus will be cultural, spiritual, and service-oriented in nature. If you are interested in learning more about

this unique CSE cultural & service opportunity, please join Sallie and Tom Suby-Long on Sunday, September 10 at 12:15pm in the St. Luke's Chapel. You can also contact them directly at ssubylong@comcast.net or tsubylong@comcast.net.

Inspiring Wellness

I am amazed by the passion and involvement of so many of you with the Center for Spiritual Engagement since we first started! Nearly ten years ago a small group of us first envisioned "a center of integration and transformation addressing spirituality at the deepest level... the alignment of values, purpose, action and a call to healing and wholeness."

It's exciting to see how many people have stepped forward to share their talents and to participate in the experiences of CSE since that initial vision was created. We started with just a couple of spirituality & wellness speakers each year and have grown to offer many opportunities that foster wellbeing of mind, body, heart and spirit such as...

Yoga	Outdoor Adventures	Mindful Travel
Holy Listening	Reiki Training	Conscious Cooking
Wellness Retreats	Spirituality and Wellness Speaker Series	
Life Coaching & Spiritual Mentoring	Wellbeing Experiences and Classes	

We are continuing to create experiences that foster healing and wholeness and that inspire wellbeing. Everyone is welcome!

Rev. Dr. Sallie Suby-Long, CSE Founder & Director & Renae Parra, CSE Team Lead

CSE CLASSES & EXPERIENCES

Morning Yoga with Gargi on Thursday mornings! **Starting Aug. 31, 9:00-10:15am** in St. Luke's Chapel. \$12/suggested donation per class. Join us!

Whiteboarding Your Why: A Couple's Retreat - September 17-19, with Ryan and Tami Canaday in the Colorado mountains. This will be an interactive weekend as you discover your "Why" as a couple. Find energy from knowing your purpose. \$399/couple. (Tami at projectiamforyou@gmail.com)

Glow! A Women's Weekend Retreat - Oct. 27-28 in Vail, Colorado. CSE invites you to join us for an uplifting two-day, one-night women's wellbeing experience facilitated by Sallie Suby-Long, Renae Parra and special guests. We welcome you to:

- Embrace the ways wellbeing of mind, body and spirit inspires authenticity, health and wholeness.
- Care for your internal light allowing who you are to reflect more fully in the world.
- Refresh and renew in the beauty and serenity of the mountains and be welcomed into the charming elegance of the Sonnenalp Hotel.
- Engage in enriching experiences of yoga and mindfulness practices, take an invigorating bike ride or walk to explore the vibrancy of Vail Village, or simply relax and rest in this peaceful, restorative Alpine setting.
- Be inspired by meaningful guided reflection, conversations, and connection with other women.

We hope you will join us for this retreat experience! For more information contact Sallie Suby-Long (sallie@stlukeshr.com). Registration is \$275 per person, which includes transportation, lodging, materials and some meals.

CSE OUTDOOR ADVENTURES (julie.polikoff@msn.com or janestaller@gmail.com)

All are welcome to join us to connect with one another and with God's beautiful world.

- **POTLUCK PICNIC & BOATING at CHATFIELD RESERVOIR** We gathered at beautiful Chatfield Reservoir on Aug. 20 to celebrate the 5th anniversary of Outdoor Adventures. There were 28 folks who joined together to enjoy the peaceful summer evening. We spent some time as a group exploring our "inner child", telling stories of our favorite summertime childhood memories, prompted by popsicles (before dinner!), bubbles and light up bracelets! We enjoyed a bountiful potluck picnic, using the opportunity to meet new people and acquaint ourselves with friends. Then off to play! While some of us learned to paddle board for the first time, others boarded canoes and kayaks to explore Chatfield's quiet waters and diverse bird population. The closing act was a spectacular Colorado sunset over the foothills! Thank you to all who joined us for making this a perfect celebration!



- **SEPTEMBER: Sat., Sept. 23 - ARCHAEOLOGY EXPERIENCE** at Ken Caryl Ranch. Jack Warner, former President of the Colorado Archaeology Society, will guide us as we explore the recently excavated Bradford House rock shelters, which were inhabited for thousands of years by nomadic native peoples. The Ken Caryl community limits outside groups to 13 people, so we are planning to have two groups for this adventure. One group will meet at 8:00am, and the second group will meet at 9:30am in Ken Caryl. To sign up, contact janestaller@gmail.com.
- **OCTOBER: Sat., Oct. 14 - FALL COLORS HIKE** Castlewood Canyon State Park
- **NOVEMBER: Sat., Nov. 11 - MATTHEWS/WINTERS PARK FALL HIKE** near Morrison



Dave Laurvick
Director of
Youth Ministry



Amy McMullen
Assistant Dir. of
Youth Ministry



Jake Smith
Assistant Dir. of
Youth Ministry

ON THE SLY: Gettin' Messy

Fall's here! And, as usual, we kicked off the school year with our 10th Annual Messy Games! All the youth were warned to wear old clothes they didn't mind ruining, and all the parents were warned to cover the seats in their car with trash bags! The night started off simple with a good old game of egg toss.. using raw eggs of course. The competition heated up as a game of Tanks got underway. Tanks involves teams of 7.. one person as the "cannon" being carried and directed by the other 6. The Cannon gets a squeeze bottle fills with.. well, anything we can find in the fridge. The team that ends up the cleanest wins! Then there was a competition to see who could make the best icecream sundae... using each other as the icecream of course. The night ended with a pudding and spaghetti-o covered slip-n-slide and a good old spray down from the garden hose. Smiles.. and smells, were abundant that night!

Messy Games Night only happens once a year, but fun stuff is going on all year round! This fall has us going to the park, swimming, bowling, and more! Check out our website for all the details!

Yours in Christ, Dave, Amy & Jeremy

Saying Goodbye

As we all know by now, our fun and crazy Assistant Youth Director Jeremy will be making his way to Lesotho,



Jeremy Brown
Assistant Dir. of
Youth Ministry

Africa at the end of the month for a two-year stay in the Peace Corps. His last Sunday will be September 17th, and we will be celebrating him that night with a pot luck goodbye party!! All youth and former SLY members welcome! Bring a dish to share and we'll wishes for Jeremy!

Upcoming Events!

- * **September 10:**
9:30-10:30am SLY AM - Paul
11:00am-12:00pm - Guatemala Trip Info Meeting
5:30-8:00pm SLY PM - BOWLING!! Note time change.. Bring \$5 for bowling/shoes, more for arcade and food if you want!!
- * **September 13:**
5:30-6:30pm - Homework Hour
6:30-8:00pm - HOLY GROUNDS
- * **September 17: Jeremy's Last Sunday!**
9:30-10:30am SLY AM - Jeremy
11:00-12:00pm Sr. High Mission Trip Info Meeting
5:30-7:30pm SLY PM - Goodbye Party for Jeremy! It's a Pot Luck so bring something to share! (former SLY welcome!)
- * **September 20:**
5:30-6:30pm Homework Hour
6:30-8:00pm HOLY GROUNDS
- * **September 23:**
PUMPKINS ARRIVE 9:00am
- * **September 24:**
9:30-10:30am SLY AM-Amy 11:00-12:00pm Jr. High Mission Trip Info Meeting
2:30-4:30pm SLY PM-Film Viewing at Littleton UMC "SCREEN-AGER"
- * **September 27:**
5:30-6:30pm Homework Hour
6:30-8:00pm HOLY GROUNDS
- * **October 1:**
9:30-10:30am SLY AM - Dave
11:00-12:00pm Confirmation Info Meeting
Helping with Feeding of the 5K till 3:30pm!!
- * **October 4:**
5:30-6:30pm Homework Hour
6:30-8:00pm HOLY GROUNDS
- * **October 8:**
9:30-10:30am SLY AM - TBD
5:30-6:00pm SLY Dinner - \$2
6:00-7:30pm SLY PM - Capture the Flag © Northridge Park
- * **Sign up to receive our emails and Check stlukeshr.com and click on "Youth" or "SLY" for up-to-date info on programs, activities, opportunities and more!**



Jr. High Mission Trip - Life Changing

From Jeremy Brown: There were 39 youth and 14 adults on the trip. The dates were July 9-16, 2017. The trip was amazing for me, but very bittersweet because I knew it would be my last trip with SLY for awhile. This program has forever changed me and the kids on the trip have left me with great hope for the future. I am so happy that I got to have a small part in growing these kids until the amazing people that they will become. The mission trips were and will continue to be a reflection of God's love for His people. I leave SLY with great memories and an even greater resolve to continue to spread that love.

From Emilie Owens, 8th grade:

On the St. Luke's Jr. High mission trip to Albuquerque, New Mexico 2017, there was so many life changing events. After a long fun, exciting drive, we got to the church where we were staying in. We were assigned into work group and prayer groups. The prayer groups were our reflection on the day and the chore group basically. Our work groups each went to a different location. In my work group, we first went to a place where they helped people who don't have as much as we do. There were two other food banks also. In my experience it was amazing. Just to see the smiles on people's faces when we helped out the community made me very happy. Sadly we had to erase a work day because a miscommunication happened with the church. We had to head back to Colorado. I was very sad knowing I could have don't more to help, but just knowing that I did do two or three work days still made me happy no matter what. Even though we had to go back to the church, we celebrated the soon-to-be freshmen with a fashion show. The mission trip was epic because I became closer to more people and heard their stories. Now I have new friends that I am very close with because of that amazing experience!



UPCOMING EVENTS:

Sunday, Sept 17, 1:00-4:00pm
Auditions for
"Christmas on Broadway"

Saturday, Nov. 4, 5:30pm
PAA Gala
www.stlukespaa.org for tickets/info



James Ramsey
Director of Music
& Arts Ministries



Kenrick Mervine
Associate Dir. of
Music Ministry/
Organist



Kay Coryell
Dir. of Handbells
& Children's Music
Ministry



Chris Rigolini
Director of
Instrumental Music



Kristi Pawley
Music & Arts
Admin. Assistant/
Accounting Clerk

Christmas on BROADWAY

December 2, 2017

Christmas on Broadway is a musical celebration to kick off the Advent season. The Wesley Players will perform Christmas songs from Broadway shows such as *Meet Me in St. Louis*, *Elf the Musical*, *White Christmas*, *A Christmas Carol* and many others. There will be ensemble, featured and solo opportunities for children and adults aged 8 to 80. No dancing required.

AUDITIONS

Sunday, Sept. 17, 2017
1:00-5:00pm Sanctuary

We are excited to welcome

Chris Rigolini to our St. Luke's family as our new Director of Instrumental Music. Join Chris as the instrumental groups begin this year...

Saturday, Sept. 9: Ministers of Swing (MOS) first rehearsal - 8:45-9:30am *All those interested in becoming a member of the ensemble are welcome to attend and all instruments are welcome!*

Sunday, Sept. 10: St. Luke's Youth Jazz Orchestra (SLY JO) informational meeting - 3:30-4:30pm *Any youth members wishing to participate should attend this meeting. We are trying to restart the program and would love as much input as possible. We will be determining rehearsal times at this meeting.*

Saturday, Sept. 16: Brass Ensemble first rehearsal - 8:00-8:45am *All interested brass players should attend. We only have two rehearsals before our first performance so attendance is key!*

Wind Ensemble and Orchestra will begin in Oct.

Be sure and say hello to Chris and welcome him to our Music Ministry!

YOU are invited to join the Music Ministry!



St. Luke's offers many different ways to share your musical or artistic gifts with our community. Most ensembles serve September through May, so Fall is the perfect time to join and there is something for everyone!

- **BRASS ENSEMBLE** includes Trumpet, French Horn, Trombone, Euphonium and Tuba. No age limitation, just the desire to make great brass music. Easy to medium difficulty.
- **CHANCEL CHOIR** participates in Sunday worship services regularly during the year. Whether you've had a lot of singing experience or you've had a little and would like to learn more, there is a place for you in the choir.
- **FLUTE ENSEMBLE** participates in Sunday worship services and special events. If you want to dust off the old flute and get back to playing again, now is your chance. No age limit. Easy to medium difficulty.
- **GRACE NOTES** is a small gospel choir ensemble that sings for services throughout the year.
- **MINISTERS OF SWING** is a full complement Big Band and Jazz Ensemble that plays benefit concerts and dances throughout the year at St. Luke's and in the community. Have a lot of fun jazzin' it up or swingin'. Medium easy to medium difficulty.
- **MEN'S CHORUS** sings seasonally. This fun ensemble does not require a long-term commitment and no singing experience necessary...only a desire to "Sing unto the Lord" and enjoy some fellowship.
- **SISTERS OF SOUL** is a small group of 10-15 women who sing soul-filled gospel style tunes. SoS sing in church services, nursing homes and other places in need of music that praises the Lord.
- **WIND ENSEMBLE** is a "cross-generational" ensemble that provides an opportunity for families to play together and for anyone looking to be part of a band. All instruments welcome.
- **TINTINNABULATORS ADULT HANDBELL CHOIR** is a 5-octave handbell choir that participates in Sunday worship services once a month. All are encouraged who have the desire to get ringing again or want to learn how to ring.
- **CHERUB'S CHOIR** is a music and movement program for children 3 years-Kindergarten. The children learn about Christian values through song in a nurturing environment and develop motor skills through movement and playing instruments. They perform a few Sunday worship preludes throughout the year.
- **JOYFUL NOISE YOUTH HANDBELL CHOIR** is an opportunity for youth, grades 7-12, to build their musical skills ringing handbells.
- **SOUL PURPOSE YOUTH CHOIR** is for grades 7-12. Join in the fun and singing; no previous experience needed. The choir sings in Sunday worship services once a month and throughout the year for special occasions.
- **KIDZ PRAYZ** includes Primary Prayz (grades 1-3) and Junior Prayz (grades 4-6). Learn to sing, play instruments and learn Christian principles through song. This program is designed to develop cognitive skills by engaging children in a variety of musical and movement activities, with an emphasis on singing. Children will sing in Sunday worship services 5-6 times a year.
- **STONE CHIMES** is a fun musical program for grades 4-6. No experience needed. Explore music by playing tone chimes.

For more information, visit www.stlukeshr.com and click on the Music and Arts webpage to learn more about all the ensembles, rehearsal times, and leadership. Questions? Contact Kristi Pawley, Music and Arts Administrative Assistant, at kristi@stlukeshr.com.



St. Luke's United Methodist Church
 8817 S. Broadway • Highlands Ranch, CO 80129
 303-791-0659 • www.stlukeshr.com

St. Luke's United Methodist Church welcomes you to our Christian family, where we share life. Wherever you are in your faith journey, you are accepted and encouraged to grow spiritually.

Join us in growing together toward full humanity through living the teachings of Jesus: Love, Acceptance, Justice and Hope.

CONGREGATIONAL CARE



Kim DeVries
Office Administrator

PRAYER CONCERNS

Contact Rev. Sallie Suby-Long if you have any additions/removals 303-791-0659 x132, leave a note with Kim at the front desk, or email sallie@stlukeshr.com

LATEST ENTRIES TO PRAYER LIST:

<i>Jean Bennett</i>	<i>Connie Shoemaker</i>	<i>Bob Sala</i>	<i>Linda Harris</i>
<i>Phil Keyack</i>	<i>Mary Richards</i>	<i>Nancy Springman</i>	<i>Anh Tosi</i>
<i>John Lewis</i>	<i>Fran West</i>	<i>Renie Sanek</i>	<i>Jil Hoffman</i>
<i>Ellen McGrath</i>	<i>Kay Mervine</i>	<i>Irv Durban</i>	<i>Janet Dristy-Farrell</i>
<i>Jordan Obertier</i>	<i>Riley Goings</i>	<i>Jackie Durban</i>	

SYMPATHIES:

Ora Jean McGown (Aunt of Les Ludlam) passed away on Sept. 1, 2017.
James Kiser (Jana Money's uncle) passed away in mid-August, 2017
Ryan Curnow (son of Cathy and Bill Curnow) passed away in early August.
Steven Scott Fuller (Marilyn Fuller's son) passed away in mid-August, 2017.
Jerry Ross (brother of Edee Worth) passed away in early August.
Shawn Seabern (friend of Williams family) passed away.
Debi Sheppard (wife of Shawn Sheppard) passed away on August 6, 2017.
Phuong Trinh (friend of Carol Gill). Passed away in mid-August.

Don't you be afraid, for I am with you. Don't be dismayed, for I am your God. I will strengthen you.... —Isaiah 41:10

CONGRATULATIONS TO:

Judy Dearasaugh and Ron Wyley who were married on September 2, 2017 in St. Luke's Chapel.

ageless SINGLES

Are you single by choice or circumstance and looking for activities that don't revolve around dating? The Ageless Singles are a group of women and men who get together monthly to enjoy each other's company and get out and about. Some of us are still working, others are retired, and we're each interested in sharing the fun with friendly, like-minded people. Our activities run the gamut from outdoor activities, to museums, movies and dinner, to exploring local community events.

Our events schedule is distributed via email; all you have to do is sign up. You choose which events are of interest to you, send an RSVP, and join with us on our next outing. We'd love to welcome you to our midst!

To sign up, go to the St. Luke's website: stlukeshr.com.