

GRACE

COURAGE

WONDER



The Chronicle
Highlands Ranch, Colorado

BEYOND

ST. LUKE'S UNITED METHODIST CHURCH

Spring

MARCH/APRIL/MAY 2026

Guatemala Team Fosters Relationships

by Betsy Keyack

Our Pura Vida Guatemala team returned with wonderful memories of tremendous, life-impacting experiences.

Our group worked very hard to build cinderblock walls for a home for Angelica, her mother and young son, and a kitchen for Lucia and her family. We worked under the direction of the Guatemalan construction leaders and alongside the families.

Construction foremen Maco and Diego are longtime friends and it was great to connect with them again. We were also blessed by a visit from our longtime partners, Amilcar and Fausto, President and Vice President of the Board of Directors of Pura Vida in Guatemala.

At the construction site one day, Jack Ramsey was pushing a wheelbarrow full of sand down a path and he had to stop and rest. A little girl popped out from a doorway and offered him a cookie. Grace and blessing!

The house and kitchen will be completed soon by the Guatemalan workers. All of the materials and labor have been prepaid by St. Luke's donors.

Our team also visited 20 Pura Vida scholarship sponsored students! Pura Vida's primary mission is education of children in this area of the Western Highlands of Guatemala. At these individual meetings, there was so much heart-warming joy on the part of the students and their parents, as well as sponsors or their representatives. Thank you, St. Luke's for your participation in this life-changing program!

In addition, we helped distribute 611 bags of powdered milk to families in the village of Lemoa. This milk was purchased through donations to the Guatemala Milk program by St. Luke's and others. This milk provides vital nutrition to many families once a year and Pura Vida appreciates your support!

Each bag of powdered milk makes 4-1/2 gallons. One mother approached Laura Richards after receiving the milk, saying that she was so happy that her young son could have milk for dinner that night!

Some of the team, including Dr. Jim Ramsey, visited the John Wesley School, with which Pura Vida and St. Luke's have had a long term relationship. Over many years St. Luke's helped with the development of this private school, which provides a high quality education through 12th grade.

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HOLY WEEK at St. Luke's

From March 29th through April 5th, we will mark the most important time in the annual life of the church: Holy Week. These are the 8 days that will begin with Palm & Passion Sunday and will culminate with Easter. During those 8 days we gather for worship, reflection, and celebration. Each day of Holy Week is important. Each part of the story has something important to teach us. You are invited to the comprehensive experience of Holy Week, that you may experience the fullness of God's goodness in Christ Jesus.

- **On Palm & Passion Sunday**, we begin Holy Week by leaning into the story of Jesus entering into Jerusalem and creating sacred space in The Temple by flipping tables. Worship at 9:30 & 11:00am. That day we will also celebrate **Easter Fun Day** with games, snacks, and the Easter bunny from 12:30-2:30pm.
- **On Maundy Thursday**, we will worship centered around the story and sacrament of communion. And before worship, we'll gather for a simple soup dinner. Bring a soup to share if you would like. Soup at 6:00pm, worship at 7:00pm.
- **On Good Friday**, worship will be focused on music and scripture. We'll hear the story of the crucifixion from the four Gospels, and take in music that tells the story. The service will end in a powerful way, with Dr. Jim singing "Were You There" as the cross is carried out of the sanctuary. Worship at 7:00pm.
- **For Holy Saturday**, we will hold the emptiness and tension of a day when it seems that the despair of Friday will last forever.
- **On Easter morning**, we'll celebrate resurrection and the victory of life with four worship services. At 6:00am is sunrise worship outside at the church. Then at 8:00, 9:30, and 11:00am we'll worship in the sanctuary with joy that Christ is risen!

OFFICE HOURS:
9:00am-1:00pm M-F

WORSHIP SERVICES:
9:30am large traditional worship
(live streamed and in person)
11:00am small gathering/large spirit,
with communion

SUNDAY SCHOOL:
9:30am PreK-12th grade
Nursery available with reservation
Church Office.....303-791-0659
Email.....office@stlukeshr.com
Website.....www.stlukeshr.com
Nursery.....sam@stlukeshr.com
Little School Office.....303-791-1982



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- Rev. Calob Rundell.....x105
Lead Minister
- Rev. Liza Stoltz Hanson.....x107
Associate Minister
- Rev. Dr. Sallie Suby-Long.....x132
Minister of Healing & Wellbeing
- Dr. James Ramsey.....x123
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- Chris Rigolini.....x146
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- Angela Alderson.....x136
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Our next issue of **The Chronicle** will be the Summer issue.
Content due May 20, 2026
Please send inquiries and submissions to:
chronicle@stlukeshr.com
Editor: Sharon Oliver

The Chronicle is published quarterly and is emailed to those on our email general information list, and it can be found on the church website. Printed copies are available at church entrances. To receive a printed copy of The Chronicle via US mail, please call or email the Church Office.



Rev. Calob Rundell
Lead Minister
calob@stlukeshr.com

Spring at St. Luke's: New Life

Spring is a season when things come to life. Trees bud out with new leaves. Flowers emerge from the soil. And, it is the season when we celebrate the resurrection of Jesus at Easter!

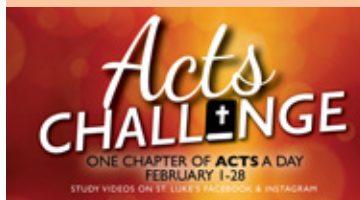


But, before Spring fully arrives, we journey through the final day of winter. (I'll be the first to acknowledge that there really hasn't been a winter for the Colorado Front Range.) And just like winter snow brings nourishing water for spring flowers, the season of Lent prepares us for Easter.

During this time when we're preparing to celebrate new life, you're invited to experience the things at St. Luke's that bring you life. Take a look at everything in this issue of *The Chronicle*, and dig into those things that resonate with your soul. A Bible study or small group could be a way to experience God's **Grace**. Maybe CSE (The Center for Spiritual Engagement) has something coming up that will help you live with **Courage**. Come be a part of the **Wonder** that is the special worship service during Holy Week. Find the opportunities to serve others **Beyond** the walls of the church.

The way we worship, serve, connect, and grow at St. Luke's is all a part of our journey of faith. This spring season, you're invited to be a part of life at St. Luke's.

Peace, Rev. Calob



Lent Small Group... What's Next?

During Lent, a short-term small group has gathered each Sunday evening. The focus of each session has been a deeper dive into the spiritual practice from the morning's worship message.

We also explored the book of Acts in our Acts Challenge during the month of February through daily readings and videos.

Is there a topic you'd like to explore in a short-term small group? Let Rev. Calob know at calob@stlukeshr.com

Important News from St. Luke's Letter from Rev. Calob sent March 17, 2026:

To the people of St. Luke's United Methodist Church, Greetings and peace to each of you in the name of God the Creator, Christ the Redeemer, and the Holy Spirit, our Sustainer.

On Monday, March 16 at 3:00pm, *The Denver Post* published an online article reporting that Melissa Graham, Finance Director at St. Luke's, is facing civil charges related to alleged embezzlement from a previous employer, The Montessori School of Lone Tree.

The church takes these allegations very seriously and recognizes the concern and anxiety this news may cause. The impact on St. Luke's, if any, is still unfolding. Today we began the work to hire an outside professional firm to conduct a full forensic audit. Out of an abundance of caution, Melissa has been placed on administrative leave and no longer has access to church finances, records, or the church building.

We have formed a response team to work on the next steps. This team includes me, Rev. Liza, and the chairs of the Finance, Staff Parish Relationship, Trustees, and Executive Teams. The team will share more information with the church and will seek to be as transparent as possible as things develop. If you have questions or concerns, you're invited to share those with me directly using the contact information below.

We ask for your prayers for all involved. May God grant wisdom, clarity, and peace in the days ahead.

- Rev. Calob Rundell, Lead Minister, calob@stlukeshr.com, 303-791-0659 x103
- Rev. Liza Stoltz Hanson, Associate Minister
- Audrey Elling & Susan McIntosh, Staff Parish Relations Team Co-Chairs;
- Mark Johnson, Finance Team Chair; Ken Fong, Trustees Chair;
- Paul Kirk, Executive Team Chair

Welcoming Others: Seeking Justice, Loving Mercy, and Walking Humbly

After Easter, Sunday morning messages at St. Luke's will focus on our instructions from the Bible to welcome people, especially people not like us. We'll be leaning into one of our most important verses, Micah 6:8. While we live in divisive political times, what does it mean to posture ourselves humbly with God? In a time of conflict, how can we commit ourselves to mercy? With our human systems built around injustice, what can we do to seek justice?

Pentecost: A Rushing Wind

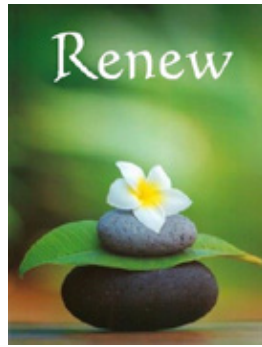
During May, messages during Sunday worship will be about The Holy Spirit. We'll be exploring the expression of The Triune God that we know as The Holy Spirit. This will help us prepare for the Pentecost on May 24th.



Rev. Liza Stoltz Hanson
Associate Minister
liza@stlukeshr.com

Study Leave Renewal

Dear St. Luke's, The opportunity to take time away for Study Leave this winter was a great gift. I want to share a few highlights from my month that included travel, reading, learning, rest, inspiration, and spiritual renewal.



The First Sunday of Study Leave found me attending worship at Faith United Methodist Church in St. Anthony Village, Minnesota. This is the church that nurtured me and encouraged me in many ways from my childhood until I was a young adult. That Sunday was a profound experience of homecoming and at the same time, a powerful affirmation of my call to ordained ministry in the Mountain Sky Conference of the UMC. And of course, there is nothing quite as special as sitting in church between your mom and your dad, whispering with a youth group friend in the pew ahead, and being hugged by my High School Sunday School teacher, Middle School Youth Group Leader, and almost the entire handbell choir.

The Second Sunday of Study Leave found me attending worship at Messiah Lutheran Church (ELCA) in Washburn, Wisconsin. I spent a beautiful week in the northwoods of Wisconsin, where I read, journaled, hiked along the frozen shore of Lake Superior, kept a wood fire blazing, played bingo at the Ski Hill and trivia at the brewery, spent time in a pottery studio, cross country skied, and laughed with my best friends. This was a life-giving and soul-tending week. I was so fortunate to participate in the 5th grade Sunday School class that Sunday morning, led by my best friend of 24 years, and drop a little knowledge about the Synoptic Gospels.

The Third Sunday of Study Leave found me at the Denver International Airport, waiting for a delayed flight to Savannah, Georgia. I was enroute to a weeklong conference at Epworth-by-the-Sea, a United Methodist Retreat Center on St. Simon's Island. The retreat was hosted by the Lombard Mennonite Peace Center. It was a full week of important learning that I am still pondering, applying, and reflecting on. It was a gorgeous setting and I am so glad I was able to check Epworth-by-the-Sea off my bucket list (and I'd love to go back!). The retreat was attended by a lovely group of ecumenical clergy who I truly enjoyed getting to know and in fact, I am now regularly meeting over Zoom with two kindred-spirit clergywomen to continue our learning. What a blessing!

The Fourth Sunday of Study Leave found me at...Chuze Fitness in Denver! On this odd, rare free Sunday at home I wasn't sure what to do with myself. So, the gym for a workout it was! By this point in my Study Leave, I was continuing to read, pray, and journal. I had met twice with my Spiritual Director. And I was feeling a little bored. What a blessing to experience boredom - a very rare occurrence for me! It was also an indicator that I was ready to return to you, St. Luke's!

On that Next Sunday, I was greeted by so many warm hugs. It was a blessing to be missed and even more, a blessing to be welcomed home. Thank you, St. Luke's! Thank you for the opportunity to take this Study Leave. Thank you to the laity, staff, and Rev. Calob and Rev. Sallie who made everything happen as usual in my absence.

Being in ministry at St. Luke's with talented, passionate, and insightful people is an incredible gift.

With Peace and Grace, Rev. Liza

All Church Celebration

On Wednesday February 11th, St. Luke's Annual Celebration was held. This is a new thing in the life of St. Luke's that happens near the beginning of the calendar year. It started with eating together and an old-fashioned potluck. Then, the different teams and ministries of the church each had five minutes to share highlights from 2025 and what they are looking forward to in 2026. This year's celebration was especially fun with lots of chocolate given out for enthusiasm.



Rev. Dr. Sallie Suby-Long, LPC
Minister of Healing & Wellbeing
Director - Center for Spiritual Engagement
sallie@stlukeshr.com

The Voice of Your Soul

Early in the year, I had the joy of facilitating a wellbeing experience with a vibrant group from our St. Luke's community. As is often true when teaching, I learned a lot from the honesty and openness of the group. Our focus was on listening to the wisdom of one's inner voice as a vital pathway to trustworthy guidance.



Rather than striving to become someone new, we benefit from claiming what is already within us—innate resilience, spirituality, insight, courage and strength.

Listening with curiosity to that still, small voice within, can be a renewing practice of faith. We become more creative in our own growth and how we live life. We may find ourselves more open to solving problems and gaining insight and healing from sources we might have previously overlooked. We create space to hear the Spirit prompting us. We recognize the quiet voice of intuition and see new possibilities. This is a practice of faith I know I need. Perhaps many of us do. It feels very inviting yet not especially easy. So, I'm learning this practice through a bit more intention by walking, praying and pausing a little more often to simply listen. John O'Donohue, Celtic spiritual teacher, beautifully reflects the value of listening to the voice of the soul.

The Voice of Your Own Soul

*When you take the time to draw on your listening-
imagination, you will begin to hear this gentle voice at
the heart of your life. It is deeper and surer than all the
other voices of disappointment, unease, self-criticism and
bleakness.*

*All holiness is about learning to hear the voice of your
own soul. It is always there and the more deeply you
learn to listen, the greater surprises and discoveries that
will unfold.*

*To enter into the gentleness of your own soul changes
the tone and quality of your life. Your life is no longer
consumed by hunger for the next event, experience or
achievement. You learn to come down from the treadmill
and walk on the earth. You gain a new respect for
yourself and others and you learn to see how wonderfully
precious this one life is. You begin to see through the
enchancing veils of illusion that you had taken for reality.
You no longer squander yourself on things and situations
that deplete your essence. You know now that your true
source is not outside you. Your soul is your true source
and a new energy and passion awakens in you.*

—John O'Donohue, Excerpt from
Beauty – The Invisible Embrace

***Blessings in this Springtime season,
Rev. Dr. Sallie***

continued from page 1 In past years, Jim and other talented musicians from St. Luke's, conducted band camps, enabling the school to have an award-winning band. The band is now on hold because of lack of funding for a band director. On the visit, Jim met with Amilcar and Fausto, who are the co-founders and principals of the school, and he inspected the instruments donated by St. Luke's.

Another day we had a morning of activities at the Rosario School in Lemoa. This school used to be made of cornstalks, and over the years St. Luke's Pura Vida teams built concrete block classrooms and a kitchen. We enjoy visiting the school every year and seeing old friends. At the start of our visit, the students put on a special program and we had fun dancing with them.



Interacting with the kids at the Rosario School brings joy all around! Every year Ken Fong takes individual photos of each student. The students glue-stick their photo onto card stock and decorate the "frames" with stickers and crayons.



The outdoor activities at Rosario School were wild! There were stomp rockets, jump ropes, soccer balls, beach balls and bubble wands. There was so much laughter and excitement!

We enjoyed some unique cultural experiences on the trip - shopping at the world famous Chichicastenango market, going on a tour of the cemetery and a Mayan spiritual site, and a day in Antigua.

Thank you, St. Luke's, for your support of our 21 year relationship with Pura Vida and the people of Guatemala!

Thank You to United Women of Faith!

We express much appreciation to the UWF Groups - Common Thread and the Book Club! Common Thread donated craft supplies for the Mission Team's recent visit to the Rosario School in Lemoa, Guatemala. In addition, they raised funds for the Pura Vida Guatemala Milk program, which provides bags of powdered milk to families in great need in Lemoa. Both groups donated clothing and hygiene items to Giving Heart in Englewood. THANK YOU so very much for your generosity!!!

Women in Faith Spring!

"Turning faith, hope, and love into action on behalf of women, children and youth around the world."

All of our Interest Groups participated in St. Luke's Mission projects: *Giving Tree, Christmas in the Park, Florence Crittenton gifts for Mom's & Kids and more.*

Recent highlight was our gathering of 80 women/girls who filled Fellowship Hall to enjoy a light lunch, conversation and a wonderful presentation by Rev. Dr. Janet Forbes on her dive into the Mary Magdalene Mystery. There have been conversations swirling in small groups about this topic. Rev. Janet mentioned a podcast for further info: <https://thebiblefornormalpeople.com/episode-245-elizabeth-schrader-polczer-resurrecting-mary-the-tower/>



UWFaith Response for March/April 2026 has an article "The quite contrary story of Mary Magdalene." Other topics were suggested for future gatherings. Watch for more information on our next "All Women and Teen Girls" gathering.

For more than 155 years United Women in Faith (formerly United Methodist Women) has been committed to advocating for those most overlooked and often most impacted by inequity. For the 25-28 quadrennium, we will continue our commitment to critical issues of justice today. Join in to learn more and do more to end mass incarceration and end school-to-prison pipeline (uwfaith.org/mass-incarceration) and seek climate justice (uwfaith.org/climate-justice). Learn more!

UWFaith joined CSE Brave Conversations Brunch on March 22 in Fellowship Hall for community and conversation on a variety of topics. When we work together, more can happen!

Join any of our interest groups. Details can be found on our link on the St. Luke's website.

Interest Groups:

Common Thread: 1st Wednesday of the month at 10:00am. Contact Betty Ludlam

Itch to Stitch: 3rd Saturday at 10:00am. Contact Victoria Mason at DragonVLM23@outlook.com

Book Club: 4th Mondays, contact Teri Burget, teri0962@gmail.com We start with a potluck at 6:15 and begin the discussion on the book at 7:00pm.

Upcoming books:

- 3/23 *Lady Tan's Circle of Women* by Lisa See
- 4/27 *Running with Sherman* by Christopher McDougall (limited copies. Place holds now and suspend if needed)
- 5/18 (3rd Monday) *The Berry Pickers* by Amanda Peters (book kit available 4/27)

Keep checking the United Women in Faith link on the St. Luke's website or contact Betty Ludlam at betty.ludlam1718@gmail.com for more information.



United Women in Faith

We seek to connect and nurture women through Christian spiritual formation, leadership development, creative fellowship and education so that they can inspire, influence and impact local and global communities.

Missions Team Update

Thank you for supporting the holiday Giving Tree, a favorite St. Luke's tradition during Advent. We provided gifts for 45 children plus moms at Florence Crittenton and collected generous cash donations for many of our missions. Our recipients are so grateful.

Our Lenten Mission this year benefits Florence Crittenton Services which works to educate, prepare, and empower teen mothers & their children. We are collecting diapers and wipes again this year. They especially appreciate Pampers & Huggies brands and are in need of sizes 5 & 6. **Items can be dropped off in the Narthex anytime through the week after Easter.**



St. Luke's first Mini Day of Service this year will be at HRCA's Backcountry as part of their "Big Help Day" on April 25, 2026, 9:00am-12:00pm. This will be a great family event (for kiddos 8 and up) to help prepare Backcountry for all their summer activities. Bring gloves and be prepared to clean & clear & paint! A signup link will be available soon.

Missions Sunday, 2026 Please join us for Missions Sunday on May 3rd. Come to the Narthex to celebrate and learn about our mission partners. *—Linda Babcock*

Finance Update: Stewardship



In support of the church's fiscal year that will run from July 2026-June 2027, it is time for Stewardship at St. Luke's. This is the season when we prayerfully and intentionally consider what gift we can bring to the life and work of the church. While the practical focus is on pledging financial support for St. Luke's, it is just as important to consider the other gifts you have to give. Your presence, prayers, leadership, service, and prayer are just as needed.

Our guiding scripture for Stewardship this year is 1 Corinthians 12:4-6 from the New Revised Standard Version Updated Edition. (NRSVUE): *Now there are varieties of gifts, but the same Spirit; and there are varieties of services, but the same Lord; and there are varieties of activities, but it is the same God who activates all of them in everyone.*

Pledge cards and letters were mailed out on March 9th. Our campaign is currently on a short pause as we stabilize our financial situation in light of the recent news mentioned on page 2 of this issue. We will keep you informed on the status of the campaign but feel free to reach out to Rev. Calob. We thank you for your generosity and continued support of the ministries at St. Luke's.



New Bible Study

Did you know that there is a new Sunday morning Bible study at St. Luke's? You can join in at any time. The new Living The Story group meets on

Sundays from 10:45-11:30am in the conference room. This group is focused on connecting the stories of people from the Bible with our real lives today. And, childcare is available! Contact Sam Leahy to RSVP for childcare.

Trustees Corner: Lighting the Way Forward: Our Church's Transition to LED Lighting

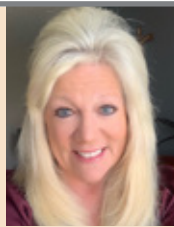


Trustee Randy Larson gave an update on how the church has been reimagining energy usage at the Annual Celebration in February. He let us know that the Trustees have been working to replace old fluorescent and halogen lighting with modern LED lighting throughout our building.

This project is part of an effort to be good stewards of both our resources and the environment. The process has taken about two years and we are not quite done yet. However, we have replaced over 1,000 of the approximately 1,160 bulbs. The remaining 15% of bulbs to be replaced are in the sanctuary and in the chapel. We expect to complete those rooms in the next few months.

The switch to LED lighting reduced our energy costs from 2024 to 2025 by approximately \$4,500 or 14%. Those savings help free up funds that can be directed toward ministry, outreach, and caring for our church community.

Thank you to Randy Larson and everyone who has helped support this project.



Samantha Leahy
Dir. of Community & Early Childhood Ministry
sam@stlukeshr.com

Volunteering!

Volunteering is a powerful way to make a difference in our community while also enriching your own life. It provides a sense of purpose, helps reduce stress, and allows you to build meaningful relationships while using your gifts to serve others.

At St. Luke's, we have a variety of leadership teams that help support the life and mission of our church. These teams include the Trustees, Finance, Family Ministry, Missions, and Equipping Ministries. Each of these groups plays an important role, and they are always looking for new people who are interested in getting involved and serving. If you're ready to connect, serve, and make an impact, we'd love to hear from you! Please reach out to me or any of our Equipping Ministries team leads Caitlin Plamp, Suanne Ediger or Stephanie Roth to learn more about how you can get involved.

Seniors at St. Luke's

Seniors at St. Luke's started the new year with **Chair Yoga** workouts in January and February. Sharon Oliver leads us on effective stretches and mindful breathing techniques that can reduce tension and help you rediscover calm. Standard yoga poses are adapted for seated practice to ensure everyone can enjoy the benefits of yoga, including increased strength, balance and relaxation. **Join us for our next sessions: March 27 & April 24 at 9:15am in the Chapel!**



In February we enjoyed **Valentine Mingo** (Bingo) brunch led by Pam Burke. We also saw the fun production of **Shrek, the Musical**. Thanks to Mike Preble for driving Wind Crest residents to the show in our St. Luke's bus.

Coming soon: Dinner and a Musical at St. Luke's on Thursday, April 16 at 5:30pm. Join us for a 1500s Renaissance dinner at 5:30pm in the Fellowship Hall and then enjoy PAA's HS production of **Something Rotten! Jr.** Hailed as "the funniest musical comedy in at least 400 years," *Something Rotten! Jr.* celebrates one undeniable truth: "nothing's as amazing as a musical!" RSVP to Sam. Cost \$25 per person.

Wind Crest Weekday Spiritual Service on Tuesday, April 28 at 1:30pm at Mill Vista 2nd floor. Join us for music, spiritual reflection and sacraments.

World Labyrinth Day with Jenita Rhodes on Saturday, May 2 at 12:00pm. Join us for the annual Walk as ONE for peace and personal reflection in the St. Luke's labyrinth.

Our **Seniors Dining Group** groups gather monthly to enjoy a meal out together. Sharing a meal is a fundamental human activity that strengthens relationships and provides an opportunity to enjoy a new or favorite restaurant with a group, creating shared memories. Join us!

Men's Social Breakfast Club This men's group meets on the last Monday of each month at 7:30am at the local Village Inn. Contact Steve Stine at [sstine@zivaro.com](mailto:ssstine@zivaro.com)

Join us on the first Tuesday of every month for tea and **Conversations with the Pastor** in the Chapel for an open forum discussion and to ask questions. No subject is off limits. Open to everyone.

For more information on our senior events and activities check out the website or email sam@stlukeshr.com.

Meet Our Lay Leaders

Lay leaders encourage discipleship, listen to the congregation, share information with clergy and church leaders when needed, answer questions and focus the broad ministry of the church.



Jensen Meier: I'm Jensen Meier. I have been a part of St. Luke's since 2001. You will see me most Sundays with my wife, Cassy, and kids, Emryn (8) and Everett (6). This church has been a big part of my life from middle school through adulthood and parenthood. I am so glad I get to help make connections throughout the church and be a voice for the community. If we have not met, come say hi!

We have made the difficult decision to cancel this year's Golf Event. No golf clubs in the area now allow shotgun starts with fewer than 100 participants, which is more than have signed up for our events in the past. Only scheduled tee times are allowed for groups our size. This would prevent the golfers from all finishing at about the same time and gathering afterwards to eat lunch and participate in the silent auction, raffle, awarding of prizes, and fellowship. We will review our options for next year and provide an update once available.

Holy Week Q&A with Dr. Jim



by Karin Wesson Jim Ramsey is always good about inspiring the choir with music selections, particularly during Christmas and Holy Week. We asked Jim some questions about this year's Holy Week music.

Q) How did you go about selecting this year's music for Holy Week?

A) JIM: After the first of the year, we discuss with clergy to see what type of experience we want to create. Some years we select a powerful musical work such as the Stabat Mater by Karl Jenkins and sometimes we put together a collection of songs or a combination of both. This year, Ken and I talked with Rev. Calob about Good Friday and we decided to go with selecting songs that will be interspersed with scripture and readings that move us all on the journey to the cross on that special night. After that is decided, we choose the songs for Palm Sunday, Maundy Thursday and Easter.

Q) Who are your "go-to" composers, if you have them? And why?

A) JIM: Dan Forrest, Craig Courtney, Heather Sorensen and more often than not, McDonald, Hagenberg, Hayes, Goeller, and Miller. I specifically look for quality choral writing that includes inspiring moments, well crafted harmonic language, a good setting of the text and, when possible, orchestrations that enhance the choral work or anthem.

Q) What themes should the congregation be listening for?

A) JIM: Ones that connect them to their souls.

Q) How do you think music connects us to God?

A) JIM: I believe music has the power to connect us together and to God. It is often said that when one sings, you pray to God twice. Music stirs the soul and inspires our spirit in so many ways. We are blessed to have been given this gift in our lives. The most beautiful part is that music can always lead us back to God.

Winter 2025-26 Sermon Series Recaps

Advent: *Light Of The World:*

During the season of Advent, we prepared for the miracle and mystery of Christmas. Each Sunday during Advent, we lit a candle in worship for Hope, Joy, Love, and Peace. We focused on the divine light, illumination, and warmth that Jesus brings into the world. And on Christmas Eve, we lit the Christ Candle and gathered for worship through the afternoon and into the late evening. Jan. 4 brought our beloved kings procession and filled us with wonder and majesty.



You Have A Place: To start the year 2026, Sunday morning messages each focused on a different character from the Bible and how their stories teach us that we each have a place.

Mary of Nazareth (yes, that Mary) showed us that when our plans change, God is still at work. The Person With The Chariot from Acts 8 taught us that all our identities and differences have a place in God's good news. David of Bethlehem (yes, that David) demonstrated that it's ok when we need a back-up plan to the back-up plan. Peter of Galilee (yes, that Peter) taught us that whatever it is we have, it is something we can offer to God's work. The story of Ruth of Moab was about how God uses both our giving and our receiving to bless others. And to close out the series, the story of the Daughters of Zelophehad taught us that sometimes we have to assert our place in God's story.



Lent: *It's All Spiritual:* The season of Lent is a time of preparation for Holy Week. During the five Sundays of Lent (excluding Palm Sunday), we've talking about a different spiritual practice during worship.

We've talked about how we are called to fast from the things that distance us from God's goodness and to feast upon those things that are experiences of God's goodness. Generosity as a spiritual practice grounds us in God's blessings as we bless others. Mercy and justice work together in our lives and in our world. Sabbath is a spiritual practice we need in life so that we both rest and humbly leave space for the work of God. And on the final regular Sunday of Lent, we talked about the spiritual practice of prayer.



Shrek Success!

Thank you to all who worked on or attended SHREK! This was a truly unique experience. And one that moved people due to the timely message of the show - acceptance, inclusion and love... and a few burps. WPTC loves telling stories that touch the heart and make us laugh and our spirits sing!

The Wesley Players Theatre Company (WPTC) reaches more volunteers and audience members with every show we do and the sanctuary was packed to the gills for our 5 shows, (over 1300 attendees) and we wished we could run 'FOREVER!' "What makes us special makes us strong" and we are so grateful for all of the prayers, attendance and support!

Check out our photos and sign up for information on our upcoming season at wesleyplayers.org



The WPTC's 27th season kicks off in the fall, but there is one last show for the 26th season:

Mark your calendars!

Readers Theater:

Not Dead Yet in Mountainville

Saturday June 6 at 7:00pm &

Sunday June 7 at 2:00pm

St. Luke's Fellowship Hall

Jack Kennedy is taking us back to Mountainville for a "cozy mystery" this time. It won't be Agatha Christie, that's certain, but it will have laughs, suspense, and some twists.

We always welcome volunteers—front of house, props building—whatever job you like, we will find a place for you! wesleyplayers.org



James Ramsey
Director of Music & Arts Ministries
jim@stlukeshr.com

**Chancel Choir,
Worship Band,
Soul Purpose
Youth Choir,
Wesley Players,
Puppets**



Kenrick Mervine
Associate Dir. of Music Ministry/Organist
kenm@stlukeshr.com

**Grace Notes,
Men's Chorus,
Sisters of Soul**



Kay Coryell
Dir. of Handbells & Children's Music Ministries
kayc@stlukeshr.com

**Tintinnabulators,
Joyful Noise,
Tone Chimes,
Kidz Prayz,
Cherubs,
Flute Ensemble**



Chris Rigolini
Director of Instrumental Music Ministry
chris@stlukeshr.com

**Brass Ensemble,
Wind Ensemble,
Ministers of
Swing, Orchestra**



Angela Alderson
Dir. of Children's & Youth Music Ministries
allegroa@hotmail.com

**Kidz Prayz,
Tone Chimes,
Soul Purpose
Youth Choir**



Something Old, Something New, Something Borrowed, Something Blue...



Not for a wedding this time!... On January 19, 2026 **Tintinnabulators and our organist, Ken Mervine presented a joint concert *By Request***. The program featured music that has been requested by members of St Luke's and also paid tribute to MLK and his work for freedom and equality. Ken played the premier of a new work by Canadian composer Denis Bedard (a favorite of many at St Luke's): Variations on "Divinum Mysterium" (Of the Father's Love Begotten). On this work alone we heard something old (an ancient chant melody), something new (premier work), something borrowed (stylistic writing), something blue (use of Jazz). For those that missed it, feel free to look up the post on YouTube.

As feedback from the Blue Christmas Service was so positive, we created a **Lenten Vespers Service**, similar in form: offering opportunity for prayer, reflection, meditation, and song. While attendance was limited due to (much needed) precipitation, those present commented on how moving the worship experience was. The service, too, is on the church YouTube channel.

For all the Music Ministers (choir members, soloists, instrumentalists, handbell ringers, and tech crew) who elevate the services and liturgies of Holy Week and Eastertide... we are humbly grateful for your talent, time, dedication and hard work.

As we look ahead to the summer, if you're interested in sharing your musical gift at a Sunday Service, please reach out to Ken Mervine after a service or email at kenm@stlukeshr.com.



From James Ramsey: As the team spiritual leader, I saw that the 2026 Mission trip to Guatemala was filled with faith, perseverance, joy, grace and a great deal of accomplishment.

The team of 20 adults from St. Luke's and the community brought compassion and a lot of hard work to make a positive impact in the lives of a few very deserving families in Lamoja Guatemala. My son, Jack, and I were extremely grateful for the opportunity to go and be part of something special, an experience that will last a lifetime.



Center for
**Spiritual
Engagement**
inspiring connection & wellbeing

CSE Purpose:

To foster healing and wholeness of mind, body, heart, and spirit through experiences that inspire connection and wellbeing.
stlukesCSE.org

Counseling Ministry

with **Dr. Sallie Suby-Long**
Licensed Professional Counselor



I have the privilege of providing wellbeing counseling and spiritual direction

to our St. Luke's community. I'm honored to be present with you to identify effective strategies for your enriched emotional, psychological and spiritual health. I practice with an integrated, strengths-based perspective and honor your natural capacity for enhanced health. My approach is individualized emphasizing respect, confidentiality and compassion. I believe in the healing power of listening and care for the whole person.

St. Luke's Counseling Ministry offers support for navigating change, transition, grief, anxiety, interpersonal relationships, family dynamics, spiritual growth, career changes, and identifying core purpose and values. Approaches for enhanced health, connection and fulfillment are central in our counseling ministry. With a commitment to holistic health, the Counseling Ministry is supported through St. Luke's and donations offered for services provided.

If you'd like more information or if you'd like to schedule a conversation, simply send me a message: sallie@stlukeshr.com or 303-475-0141.

I'll welcome hearing from you!

St. Luke's CSE Ministry Offerings this Spring

Join us for any upcoming event - email Sallie@stlukeshr.com for more information.

Scholarships are available for all of our classes and experiences – simply contact sallie@stlukeshr.com

OUTDOOR ADVENTURES



Elk Meadow Park Hike

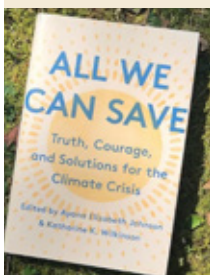
Saturday, April 11:

Join leaders Tom and Sallie

Suby-Long, for a beautiful Springtime hike at Elk Meadow Park near Evergreen. Elk Meadow trails are a wonderful mix of open space with views of, you guessed it, meadows! There are also wooded areas where we'll hike among the trees. We will gather at St. Luke's on Saturday morning and carpool to the trailhead. Specific details coming soon! Contact Sallie@stlukeshr.com if you'd like to join us for this early season hike!

UPCOMING HIKE: **Wednesday May 13** - Wildflower Hike!

BRAVE SPACES: CREATION CARE



All We Can Save: Truth, Courage, and Solutions for the Climate Crisis
A Brave Spaces Creation Care Conversation
Sundays, April 12, 19 & 26
11:00am-12:15pm
in the Chapel

Join Cathy Collins, environmental engineer, and other representatives of the St. Luke's Creation Care Team for an engaging conversation where all are invited to share perspectives and how our faith calls us to care well for Creation. We're hosting a 3-week opportunity for meaningful conversations on the inspiring book *All We Can Save: Truth, Courage, and Solutions for the Climate Crisis*. The book is an anthology co-edited by Katharine K. Wilkinson and Ayana Elizabeth Johnson, featuring essays, poetry, and art from diverse leaders in the climate movement. The book offers a representative, solution-oriented, and hopeful perspective on climate change, moving beyond anxiety by showcasing the expertise of scientists, journalists, farmers, and activists to inspire collective action. It is both a guide and a source of comfort, providing a vision for a more just and sustainable future.

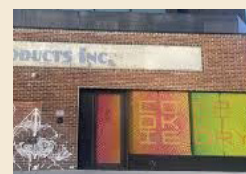
Registration is \$20 and includes the book, materials and light refreshments. To register, contact: Sallie@stlukeshr.com You may make payment and pick up your book on Sunday morning, March 29 at the Center for Spiritual Engagement Table, In the St. Luke's Office Monday – Friday from 9-11, or at the first session on April 12.

Thursday Morning Yoga

April 16 & 23, May 7 & 14 from 9:15-10:00am

For a gentle, centering practice, enjoy a peaceful yoga experience with our own Sharon Oliver. Sharon is a certified yoga instructor and welcomes you to join her on Thursday mornings at 9:15am in the Chapel. The sessions are welcoming and engaging for people of all ages and experience levels. Sharon brings her love for nature, her calm and centered approach, and her beautiful creativity to every session. Bring a mat. \$15/ suggested donation per session. For more information, Sharon@stlukeshr.com

CULTURAL ADVENTURES



Cookie Factory

Wednesday, April 15 or 22 - Carpool from church

3:30pm. Try and imagine a 1940's fortune cookie factory transformed into a new

space for contemporary art and cultural exchange. It's happening in the Baker neighborhood of Denver. We encourage you to check out the website (<https://cookiefactorydenver.com/>) to see the transformation, read the purpose, and acquire a feel for Gary Simmons art in the exhibit RUSH. The Cookie Factory has Free Admission. We will stop for a meal at Maria Empanadas on the way back to St. Luke's. Renae and Janet hope you can join us. We plan to return to the church about 6:30pm. Please contact Renaeparra@aol.com or janet.johnston@comcast.net for more information or to RSVP for this experience.

Men In Community with Bryan Hutchinson

We meet the 1st & 3rd Mondays of the month at 5:00pm. Bryan, who holds a Master of Science in Psychology, is a skilled and engaging facilitator. Contact Bryan, Bryanrhutch@aol.com, Gordon Heaton Heaton@estreet.com, or Chris Sheridan cps80126@gmail.com for more information and details about upcoming meeting dates.

CSE Winter Recaps

Vision Boards On Jan. 10, Renae Parra partnered with Diane Lindsay to offer a fun and meaningful time to create vision boards. Each person curated a collection of images and words to create a personalized tool for inspiration and motivation. Our group laughed a lot, and cried a little, during the process of building the boards.



Gentle Yoga Sessions

led by Sharon Oliver, offer the weekly practice of calming our minds and connecting our mind, body and spirit. while in

community Themes in our winter session included finding our true self, gratitude for breath and body, self-love, sharing love, and hope.



Marching in the Martin Luther King Parade On January 19, members of St. Luke's joined our friends from Littleton UMC and St. Andrew UMC to march in the Martin Luther King Parade. Littleton UMC hosted an early morning tailgate, where we shared burritos and blessings. We marched together as United Methodists (approximately 30 people from the combined churches), honoring the legacy of Dr. King and affirming the dignity of all people as children of God. We proudly carried our new St. Luke's banner and signs proclaiming "We Stand for Justice." It was a beautiful day of celebration and community building among the three Methodist churches and other marchers moving.

Brave Spaces: Legislative Advocacy 101 St. Luke's Brave Spaces partnered with St. Andrew UMC and Littleton UMC to launch our advocacy work for the 2026 Colorado Legislative Kickoff on February 2. Thirty-nine people from multiple churches and the larger community joined us to learn about new social justice bills and how our voices can influence their passage. We shared tools for navigating the General Assembly website, including how to identify our respective representatives and senators, as well as how to communicate effectively with them. If you'd like to join our email list for updates, please contact Jane Staller.

CSE Winter Wellbeing: True North In January and February, Dr. Sallie welcomed 20 fabulous guests to the True North experience. The group thoughtfully connected with each other and their natural strengths. The focus was recognizing the parts of ourselves that feel steady, authentic, and aligned. As we stepped into a fresh new year, True North offered a simple, restorative space to pause, listen deeply, and align with the inner compass that guides each of our lives. Our time in community was about connection as a vital pathway to wellbeing. Rather than striving to become someone new, our focus was to claim what is already within - our innate resilience, spirituality, beliefs, and strengths. Every person brought insight and laughter that enhanced the experience for all.

Outdoor Adventures: New Hike Leaders We are excited to announce that we have expanded our Outdoor Adventures leadership team. The following are all on schedule to lead a hike this year: Abby Antinoro, Tom and Sallie Suby-Long, Dave and Julia Murrow, John and Andrea Mezger, Dan and Valerie Osmun, Jared and Suanne Ediger, Jane Staller, Janet Johnston and Renae Parra. Our Outdoor Adventure emails will let you know who is leading each hike and who to contact for your RSVP. We are excited to offer fresh and expanded leadership. Our new leaders have attended a training so that we can offer the same safety and logistical protocols for all our hikes. Hikes will be scheduled March-November. We kicked off



2026 with a snowshoe adventure led by Abby Antinoro at Genesee Mountain Park. Abby picked the perfect day as we had fresh, spring snow the day before and perfect snowshoe conditions! **To be added to the Outdoor Adventures email list contact janestaller@gmail.com or julie.polikoff@msn.com**

CULTURAL ADVENTURES



Food, Flowers & more! We have recently enjoyed outings for food and more. In January we went to Wild Basil restaurant for Aisian cuisine.

In February, we repeated one of our favorite outings to The Denver Botanic Gardens for the Orchid Showcase. In addition to the wide variety of Orchids, we enjoyed the Tropical Conservatory, some temporary art exhibits and lunch in the cafe. Cultural Adventures provide avenues of connection for participants. Yes, we enjoy the food, the art and the gardens, but more importantly we get to know and enjoy one another.

Light & Love brought kindness and joy to the Fellowship Hall last month! The team once again curated gift bags with small tokens of joy for members who could benefit from a "boost" during



the winter months. Our children, visiting scouts, and adult members contributed their talents by hand-painting wooden heart coasters and creating beaded keychains for each recipient. SLY, Jr. also provided beautiful handwritten notes for each bag. We are grateful to everyone at St. Luke's who participated in assembling the gifts and to those who delivered them and engaged in wonderful conversation and community!! Here are some sentiments we heard:

- "The Light and Love project makes me feel so good about myself. I like making crafts and passing joy to others."
- "I like looking at the Light and Love table. It is so beautiful and makes me feel special. I know someone else will feel special, too."
- "When I delivered my Light & Love bag, the recipient was teary eyed with gratitude and said how wonderful it felt to not be forgotten. It touched both of us."

Brave Spaces: Brave Conversations Brunch



On March 22, the Center for Spiritual Engagement, the St. Luke's Missions Team, and our United Women in Faith hosted a brunch in the Fellowship Hall to engage folks in some brave conversations.



We are living in uncertain and difficult times that can leave us feeling powerless. Breaking bread together, participants were invited into conversation about our fears and concerns for what is happening in our world, what gives us hope, what strengthens our faith, and what we might do to continue to build a caring faith-driven community of action in line with our UMC Social Principles. We shared resources for engaging locally to support the causes that speak to our individual hearts. We hope to host more brave conversations in the future as we continue to love boldly, practice defiant joy, and grow our brave community.

Legislative Advocacy On March 23 our St. Luke's, St. Andrew, and Littleton UMC partners traveled together to the Capitol to participate in Together Colorado's Lobby Day. We met with Representatives and Senators to encourage them to support our legislative agenda.



St. Luke's and the Southern Front Range Coalition

Members of our Brave Spaces team are participating in the development of a multi-faith coalition in Douglas and Arapahoe Counties under the guidance of Together Colorado. We met for the fourth time on March 18 at St. Andrew UMC. We have formed teams to meet with local elected leadership. To learn more contact Jane Staller or Audrey Elling.



Josey SeEVERS
Director of
Youth Ministry
josey@stlukeshr.com

ON THE SLY: Lenten Blessings! 7th-12th grade

Thank you to everyone who stopped by to support the Mardi Gras Pancake Dinner. The Youth Ministry holds this fundraiser each Lenten season to support the summer mission trips and create a fun opportunity for community and celebration. There are pancakes galore, beads everywhere, and an epic pancake flipping contest held by Ms. Sharon for the little ones. They always put on quite a show!

SLY is excited to continue sponsoring Dieguito, a

Guatemalan student St. Luke's has previously sponsored through the SLY, Jr. program. This way Dieguito gets to keep receiving letters from the youth he is growing up with! We are honored to continue this special connection.

The youth have been making their way through Exodus in Sunday School and through the Hunger Games movies at youth group. This has been part of a "Movies & Theology" series where they explore what different films have to teach us about life, goodness, and faith. We also held a fun, meaningful, busy lock-in on a Friday night in January.

Up next for the youth is **Graduation Sunday on May 17**, followed by our summer mission trips. All youth completing grades 6-12 this May are invited to join us for our trips.

High School Mission Trip: July 19-25, 2026
Location: Houston, TX

Middle School Mission Trip: July 5-10, 2026
Location: Colorado Springs, CO

Join us for SLY - our Youth Ministry for 7th-12th grade. Email me for more information. Here for you, Josey



Kelly Amadeo
Director & Principal
of Little School
kelly@stlukeshr.com



Little School Turns 30!

This winter has been filled with celebration, connection, and care for our Little School families and community. January kicked off

with a very special event as we hosted our annual Family Fun Night. The theme was Little School's 30th anniversary. Families gathered for games, an indoor bounce house, dance floor, crafts, treats, and plenty of smiles as we honored the many children, parents, teachers, and volunteers who have been part of the Little School story over the years. It was a wonderful reminder of the strong community that has grown around this ministry.

While the National Stock Show was in town, we too celebrated our western heritage! We had rodeos, cowboy lunches, and of course an annual favorite, campfire singalongs. The children especially loved raising their voices with friends while sharing stories and laughter around the "fire." We even roasted marshmallows on our child-safe campfire.

February brought another favorite tradition, our Valentine's Pizza Parties. Classrooms were filled with excitement as students celebrated friendship and kindness with festive decorations, heart-themed activities, and, of course, delicious pizza. It was a sweet way for our children to practice caring for one another and celebrating the love that surrounds our school community.

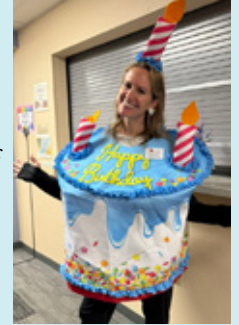
We were also grateful to offer free dental screenings for our students. These screenings provided families with helpful information about their children's dental health and reinforced the importance of healthy habits from an early age. We appreciate Blue Sky Dental for providing this service for us.

As we look back on these winter events, we are thankful for the opportunities to celebrate, learn, and support one another. Little School continues to be a place where faith, community, and childhood joy come together, and we are grateful to everyone who helps make it possible.

Watch for our Annual Art Show on April 9, our Spring Sing May 6 & 7, and Graduation on May 28!

Here's to many more years of growing, learning, and celebrating together!

Grace and Love, Kelly Amadeo



Colorado Front Ranch UMC District Gathering

On Saturday, February 28, St. Luke's staff and lay leaders joined other area churches, at Broomfield United Methodist Church, to worship and learn more about ministries. Dr. Grace Pak was the guest speaker and workshop leader. Dr. Pak has served as the Director of Cross/Racial Cultural Leadership at the General Commission on Religion and Race of the United Methodist Church and at various leadership positions throughout the Greater New Jersey Annual Conference, as well as an adjunct professor at Drew Theological School. Our staff and lay leaders had the opportunity to attend workshops on church vitality, artificial intelligence, cultural bias, laity opportunities, capital campaigns, and pastoral care. (Above is a picture of Rev. Courtney Randall, leading a workshop on church vitality and young adults.)



COMING SOON! Watch for our Family Ministry Volunteer Training Event with a special guest speaker coming this spring (hopefully early May -

we will keep you posted.) This is an opportunity to not only hear and get inspired by a great speaker, but connect with other families, learn about our children and youth ministry programs, understand our Safe Sanctuaries protocols to keep our children and youth safe, share your feedback, and get involved. Our children are blessed by YOU!



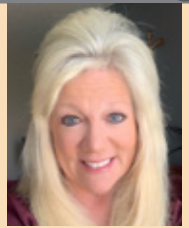
St. Luke's Kids **Welcome to St. Luke's Kids**

grace courage wonder beyond

— our ministry to children birth through grade 6. *In caring for the children of St. Luke's and their families, we seek to nurture and develop faithful loving lives, modeled after the Love, Acceptance, Justice, and Hope of Jesus, through relationship and learning. We strive to create sacred spaces and experiences for children to discover and share our principles of GRACE, COURAGE, WONDER & BEYOND inspired by God's love.*



Sharon Oliver
Dir. of Children's Ministry & Comm. Creative Director
sharon@stlukeshr.com



Samantha Leahy
Dir. of Community & Early Childhood Ministry
samm@stlukeshr.com



Children's Programs Spring Forward!

We enjoyed a spectacular **Kings Sunday** to kick off the year. THANK YOU Puppet Ministry!

Sunday School is going great on Sunday mornings as we continue to explore Bible stories and share our lives together. We have special guests come and visit us, like Jack Kennedy to tell us the history of St. Luke's, Rev. Janet Forbes to offer us communion, Betsy Keyack to tell us about St. Luke's missions and more! We love incorporating **music** into our Sunday mornings with Ms. Kay. We are scheduled to sing on **Palm Sunday** and, again, on **Mother's Day!**

Our volunteers are the best! Please consider joining us on a Sunday morning. It truly makes a difference! You can sign up on our stlukeshr.com website or contact Sharon or Sam. We are holding a long overdue volunteer training this spring - watch for the date to be announced soon!

We had an awesome 3rd-6th grade **Bible Study** class in January and we learned so much about the Bible. The kids even pronounce Habbakuk correctly!

We moved into Lent with a fun **Fat Tuesday Pancake Dinner** led by SLY and a meaningful **Ash Wednesday experience** just for kids.



Join us for **EASTER FUN DAY on March 29!**
Will be a fun afternoon of games, bunnies, bouncy house, egg hunts, and MORE!
AND mark your calendars for Vacation Bible School June 15-19!
Registration opens online on April 10 at 1:00pm! Can you help for one day or all 5?? It's a blast and we can't do it without you.

Thanks for supporting Children's Ministry programs!



March was Wacky Wonderful!

Our **Spring Break Wacky Days** program welcomed 31 families over 3 days. The program is designed to provide a structured, fun environment during school breaks so students can stay connected and build confidence. Participants enjoyed a mix of themed stories, games, and social play, all while maintaining elements of their familiar structured routines. Proceeds from this program support our Church and Family ministries. Thank you to Ms. Nancy, Ms. Valerie and Charlotte for your leadership and dedication.

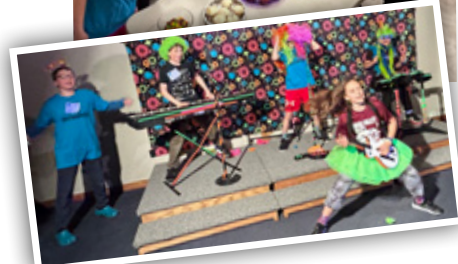
SLY, Jr. Won the Spiritual Olympics!

SLY, Jr.! Our 5th & 6th graders had a fun start to the year! In January we had Crazy Science with Mr. Bob, went Bowling, and then, in February, we had an awesome Lock In "Spiritual Olympics" and explored spiritual practices for Lent and played fun games and karaoke! Thanks for the amazing dinner, Ms. Betty and the wonderful Lenten lesson, Rev. Calob and all of the volunteers! We also did service projects: made birthday cards for Bridge House, Light & Love cards, and trail mix for our Thursday lunches, and we gave new life to some of our Easter Fun Day games with fresh paint! **COMING UP:** our IKEA Scavenger Hunt (April 19), Progressive Dinner (May 3) and our Graduation Party (May 17)! 6th graders move up to SLY on May 31 and are eligible for the Middle School Mission Trip in July (see Josey and the SLY page for more info.)



Don't Miss Family Camp!

Family Camp 2026 is open to all and will be Thursday, July 16 through Thursday, July 23 at Winding River Resort in Grand Lake, CO. There is food, fun, crafts, games, hiking, water activities, devotionals and awesome community time. Contact Caroline Merchant at caroline@merchant-us.net or 303-596-7026 for more info.





St. Luke's United Methodist Church
 8817 S. Broadway • Highlands Ranch, CO 80129
 303-791-0659 • www.stlukeshr.com

GRACE • COURAGE • WONDER • BEYOND

We exist to reflect God's love, deepen people's connection to Christ, and show compassion to all in a way that changes lives.



Solar Project Update

We're grateful to share that the solar project is now

moving into the installation phase. LIV Solar has completed the permit submissions to Douglas County, and assuming approvals come back on schedule, installation is planned to begin in March. Construction is expected to take about 4 weeks, followed by another 2 weeks for Xcel Energy to complete the final steps to turn the system on. Thanks again for the generosity of this congregation—your giving has already put this project on strong financial footing. We will share more updates once the system is up and running. Thank you for helping St. Luke's turn sunlight into stewardship.



Kit Campbell
 Office Administrator
office@stlukeshr.com

CONGREGATIONAL PRAYERS: Latest Entries Contact Rev. Liza if you have any additions/removals 303-791-0659 x107, email Liza@stlukeshr.com, or leave a note at the front desk.



<i>Suzanne Alexandria,</i>	<i>Jake Doernbrack,</i>	<i>Autumn L. Winder Lusk,</i>	<i>Brian Snyder,</i>
<i>Jane Ashby,</i>	<i>Pam Evans,</i>	<i>Doug Lyons,</i>	<i>Laurel Sokol-Fong,</i>
<i>Jean Bennett,</i>	<i>Grace George,</i>	<i>Jon Metz,</i>	<i>Ron Springman,</i>
<i>Perry Bolton,</i>	<i>Betty Halderman,</i>	<i>Fred and Jan Munoz,</i>	<i>Mike Stephens,</i>
<i>Greg Boyer,</i>	<i>Kirk Hall,</i>	<i>Julia Murrow,</i>	<i>Lisa Weddel,</i>
<i>Carla Brown,</i>	<i>Rev. Jim Harris,</i>	<i>Ashley Parker,</i>	<i>Fran West,</i>
<i>Joe Chambers,</i>	<i>Chris Kenty,</i>	<i>Peggy Siebert,</i>	<i>Steve Williams,</i>
<i>Sally Cleary,</i>	<i>Linda Knight,</i>	<i>Bodie Shoffeitt,</i>	<i>Duane Wilterdink,</i>
<i>Marilyn Curtis,</i>	<i>Lennon Krantz,</i>	<i>Chuck Smith,</i>	<i>Bob and Debbie Wright</i>

WE CELEBRATE & OFFER CONGRATULATIONS:
To parents Ariana Hutchinson-Crabb and Joel Crabb, and grandfather Bryan Hutchinson, on the birth of Kassian Brooks Crabb.
To parents Chris and Kelly Rigolini on the birth of Julia Rose.

ALTAR FLOWERS:

In memory of Bill Fethke by Stefanie Roth and Janet Fethke.
Happy 80th Heavenly Birthday, Mom! Love, Sam & family.
Given by Brian and Elizabeth Bauer in honor of Elizabeth's parents.
Given by Angela Alderson in celebration of Cassandra's birthday.
In Celebration of Jean and Jim Clark's 60th wedding anniversary.
In Celebration of Fran and Bob West's 60th wedding anniversary, and Brenda and Dave Hart's 60th wedding anniversary.
Given by Linda Sears as a thank you to everyone at St. Luke's for your prayers and support during her recovery.
Given in celebration of the life of Tom Metz on his birthday.
Given in celebration of Bob and Sharon Oliver's 36th wedding anniversary.
Happy belated birthday and Valentine's Day to my wonderful friend, Trudy Turner, given by Carla Flaming.
Given by Karen Herr in memory of all her grandparents that made a huge impact on her life.
In celebration of Tim and Kam Boles, 46th wedding anniversary.

WE EXPRESS OUR DEEPEST SYMPATHIES & CONDOLENCES TO:

Jay Van Hoosen and family on the passing of his father, Arnie Paul Van Hoosen.
The Lucero family on the passing of Greg's mother, Isabel Petronilla Romero Lucero.
The McIntosh family on the passing of Susan's aunt, Helen Nix.
Sharon Smith on the passing of her close friend, Carolyn Sue Jenkins.
Bill Goddard and family on the passing of his mother, Emily Goddard.
Tom and Lisa Weddel and family on the passing of Tom's father, William Weddel.
Rev. Jim Harris and family on the passing of his son, Michael Harris.
Kam Boles and family on the passing of her sister-in-law, Eva Phillips.
The Metz family on the passing of Andrew's father, Tom Metz.
The McMullen family on the passing of Lori's mother, Joan Noxon.
Renae Parra on the passing of her uncle, Burdette Bauerle.
Joretta and family on the passing of her husband, Ed Gustafson.