

The Chronicle

LUKE'S UNITED METHODIST CHURCH

JUNE/JULY 2018

Inside This Issue:	п	• 1		
		DCIC	hic l	CCLIO

From Rev. Ryan	2
From Rev. Jessica	
From Rev. Sallie	
Missions Update	
Children's Ministry	
CSE Update	
Music & Arts Ministry	
SLY (Youth Ministry)I	
Our Graduates10&1	
and much more	
and much more	•

Summer School

"Actions Formed by Faith" Class

WHAT DO YOU **BELIEVE?**

Join Revs. Jessica Rooks and Jim Ryan for a three week class focused on "How does our faith form our actions for justice in our society/ communities?" We'll use creeds and statements of belief from both secular and church communities to guide our conversations and questions. Join us for one class, or all three.

Wednesdays – July 25, Aug. I & 8 from 6:30-8:00pm

at the home of Jim and Kristin Ryan. Sign up at the church or on the website, starting July 1.

Ministry in Motion Fundraiser: Get on Board!

In 2004, St. Luke's purchased our current bus and began our Ministry in Motion. In these 14

years, our church bus has transported:
• 30 youth and young adults mission

- 30 youth and young adults mission trips have traveled around the country
- 65 youth retreats in Colorado
- Youth and Children on 350 different SLY and SLY Jr. events
- 16 Guatemala mission team airport trips
- 230 Windcrest trips
- 60 Seasoned Voyager trips

Our bus has made it possible for members to attend church worship services and events in our building, and has made it possible for our members to participate in ministry opportunities beyond our building. This is a vital and important ministry at St. Luke's.

Our bus has seen better days, and if our Ministry in Motion is going to continue, we need a new vehicle. The Board of



Trustees is sponsoring the Transportation Fundraiser, and we are asking for your help. Our goal is to raise \$100,000 so that we can replace the current bus. Please support our fundraising effort and help us ensure that these vital ministries will continue and strengthen into the future.



There are fundraising cards in the church office, or simply send a check made out to St. Luke's UMC, with Transportation

in the memo line, to the church by July 15.

We appreciate your support of our Ministry in Motion. If you have any questions please contact Ken Fong (Trustee Chair), Lee Seeman (Trustee member), or Rev. Jessica Rooks.

Thank You! St. Luke's UMC Board of Trustees

Getting More than You Give:

Paradox & Guatemala 2018

by Rev. Jennifer Winterfeld

I'm always surprised when I realize by serving others, I get more than I give. This is one of the many paradoxical revelations I had on the St. Luke's mission trip to Guatemala in March.

This was my first trip with St. Luke's and Pura Vida, the non-profit mission organization that coordinates



trips. I've traveled outside of the U.S. extensively, so I appreciated of all the details Laura Richards, organizer for Pura Vida and team leader, Ron Miller arranged for us. Food, lodging, cultural considerations, and travel details were all planned for us so the team of 15 could concentrate on the work of building a house and experiencing God in Guatemala through our interactions with the local people.

So how did we experience God? According to two team members, Robin Peterson and Sandy Teel, they had revelations through the paradox of need vs plenty. Both of them commented during our evening check-in meeting how hard it was to see the overwhelming



needs. They saw the lack of essential things like functional shoes, clean water, and access to education for the children we met at a local school and at our house-building site. Yet, both noticed that the kids had plenty of joy and happiness. The 5 children and their single mom who we were building a house for, worked together closely and had obvious love and respect for each other. When we had student visits with children sponsored through Pura Vida's education program, the whole family came! Many of these families took several

continued on page 2



Sunday Worship Services

8:00am, 9:30am, II:00am, Contemplative Service (Check website for dates & times)

Sunday School Adult, Youth & Children: 9:30am & 11:00am

Nursery

8:00, 9:30 & 11:00am services

Mon.-Fri. Office Hours 8:30am-1:00pm & 1:30-4:00pm

Church Office......303-791-0659 Email.....office@stlukeshr.com Website.....www.stlukeshr.com Little School Office......303-791-1982



• • • • • • • • • • • • • • • • • • • •
Rev. Dr. Sallie Suby-Longx132 Lead Minister of Spiritual Life
Rev. Ryan Canadayx112 Lead Minister of Worship & Missional Life
Rev. Jessica Rooks
Rev. Schawn Kelloggx143 Care Pastor
Sharon Oliverx127 Director of Children's Ministry
Samantha Leahyx140 Director of Early Childhood Ministry
Dave Laurvickx114 Director of Youth Ministry
Amy McMullenx119 Assistant Director of Youth Ministry
Jake Smithx145 Associate Director of Youth Ministry
Dr. James Ramseyx123 Director of Music & Arts Ministries
Kenrick Mervinex133 Associate Director of Music Ministry & Organist
Kay Coryellx136 Director of Handbells & Children's Music Ministry
Chris Rigolinix146 Director of Instrumental Music
Renae Parrax117 Director of Servant Ministry
Kim DeVriesx110 Office Administrator
Sheri Henryx124 Director of Finance

All submissions for the next issue of The Chronicle are due July 25, 2018 Editor: Sharon Oliver

chronicle©stlukeshr.com

Kristi Pawley.....x116

Accounting Clerk

Kelly Amadeo.....x115

Director of Little School

The Chronicle is published 6 times per year and is emailed to those on our email blast list, and it can be found on the church website. Printed copies are available at church entrances. To receive The Chronicle via US mail, please call or email the Church Office.



Rev. Ryan Canaday Lead Minister of Worship & Missional Life

SUMMER WORSHIP SERIES **Soundtrack:** Songs That Help Us Find God in Everyday Life

Greetings St. Luke's! Our Summer Worship Series is all about music! I have heard so many new songs from you all. You are sharing with me the artists that speak to you, the songs that do something to you—because that's what music does, right? It does something to you.

Music is a universal language that speaks with power. Singer-songwriter



and pianist, Billy Joel describes it as an "explosive expression of humanity." Music moves and inspires us. It brings comfort to the lonely. Singer, poet, and activist, Maya Angelou said, "Music was my refuge. I could crawl into the space between the notes and curl my back to loneliness." Rock legend, Bono, believes that "music can change the world because it can change people." And the actor, Robin Williams, reminded us that music connects us to something bigger: "You know what music is? God's little reminder

that there is something else besides us in this universe, a harmonic connection between all living things, everywhere, even the stars."

Many of us have a particular soundtrack when it comes to our lives—songs that we play during times of joy and sorrow and celebration and grief and uncertainty and transition and everything in between... because there is a song for every feeling, every emotion, and every experience.

What is your soundtrack of life? Which songs have carried you along the way? In this summer worship series we will put modern songs in conversation with the ancient Scriptures as we explore how these songs help us find God in everyday life.

I hope to see you around this Summer, and I hope you continue to share with me your Grace & Peace, Rev. Ryan soundtrack of life.

continued from page 1 buses and traveled several hours to meet with us. The students at the Corn Stalk school we visited greeted us with smiles and proudly put on a play and dance for us. The ties that bind families and communities together were strong and vital in Guatemala even though they lack so many other things. Conversely, I wonder at how our resource-rich Colorado families would fare in comparison.

Another revelation that we observed in paradox was freedom vs. laws. Veteran mission team member Edee Worth, commented on the challenges of walking on cobblestones, crazy sidewalks and stairs. Walkways were uneven and step heights and sizes random. There is no texting and walking in Guatemala or the walker will quickly take a fall! Edee said it made her appreciate the uniform construction codes and laws we have in the US. However, the freedom in construction allowed the 15 of us (mostly novices) to build a house! We were supervised by a professional but were able to do the majority of the work ourselves.

As I was thinking about the trip, I realized God was revealing the need for paradox in our lives. Through this trip to Guatemala, I saw the Kingdom of God is both freedom and laws, it's getting served while serving, it's recognizing one can have both have needs and have plenty at the same time. As a person, as a church, as a country, I (we) struggle to live with paradox. I'm so grateful I got to experience a modernday parable through my trip to Guatemala. I saw the good news proclaimed that through Christ life is not either/or but abundant. We have abundant life as we commit to each other and to God - all is transformed.

Seasoned Voyagers

We had a great group for our recent outings to Garden of the Gods and the Dead Sea Scrolls exhibit at the Denver Museum of Nature and Science. If you are 55 or older, please consider joining us for one or all of opportunities this summer. Sign up in the Fellowship Hall on Sundays. Stop by our table for a brochure of activities that includes details.

Thursday, June 14, 9:00am: Tour the Colorado School of Mines Geology and Gem Museum

Thursday, July 19, 8:45am: Tour the Forney Museum (Planes, Trains, Automobiles and more!)

Thursday, Aug. 9, 1:00pm: Ice Cream Social at St. Luke's

Our group is preparing and serving lunch for the Vacation Bible School kids on Wednesday, June 27. If you would like to help please contact Caroline Butler at 303-797-3225.







Rev. Jessica Rooks Lead Minister of Community Life

Will We Draw the Circle Wider?

St. Luke's UMC is part of the Rocky Mountain Conference of the United Methodist Church. The UMC is broken into conferences, based on geography and church membership. Currently, the Rocky Mountain Conference includes all of Colorado, Utah, and about half of Wyoming. To

the north of us is the Yellowstone Conference, which includes the other half of Wyoming, Montana, and two churches in Idaho.

The Rocky Mountain and Yellowstone Conferences have worked closely together for decades, in part because we share a Bishop, and there have been conversations about merging the two conferences for years. That conversation moved from an idea to a working theory two years ago, and in the last two years, teams have been planning, coordinating, strategizing, dreaming and discerning what a merger might look like.

As good Methodists, we gave this process a name – Mission Shaped Future (MSF). Starting this last spring, MSF reports have been presented to both the Rocky Mountain and Yellowstone Conferences, with a plan of action for going forward as one conference, the Mountain

Sky Conference. Merging two conferences together has legal considerations, including pension and health benefits, salary, and parsonage requirements for clergy. It also means conference staff changes, closure of the conference office in Montana, redrawing district boundaries, and the formation of new ministry teams with representation from across the new conference (there is a lot more to it, but listing everything would get long and boring).

For the first time, the Rocky Mountain and Yellowstone Conferences will hold their annual conference (yearly business) meetings together, the week of June 7-10, 2018 in Ogden, Utah. At this meeting, we will vote on whether or not to become one Annual Conference.

Bishop Karen has invited us to 'draw the circle wide' this year at annual conference; to open ourselves to what might happen if we dared to do something new. Merging the two annual conferences creates potential, and it assures we step outside of our current boxes and explore new ways of being in ministry together. Obviously, the merger would create a significant change for conference staff and committees. The impact to our local churches will be much less. Besides a new conference name, and a new district, we might not notice the change at St. Luke's, at least not immediately. For clergy, it now means we could receive appointments to serve a church anywhere in the four states (and two churches in Idaho).

Draw the circle wide. Will we vote to draw the circle wide or not as Methodists in the Rocky Mountain region?

The merger may not have significant impact on St. Luke's, but that doesn't mean we aren't being invited to do something new, to draw the circle wider. Our visioning process this summer is our invitation to step out of our boxes and dream, explore and wonder. It is our invitation to imagine what we might look like if we, as a community, decided to draw our circle wider and try some new things.

Scripture tells us we cannot put new wine in old wine skins, or else the skins will burst. When something new is coming, it's time to bring out the new wine skin. It's time to ask new questions, it's time to invite all voices into the conversation. I hope you'll join me this summer as Methodists from around our region explore the possibilities of what could be when we draw the circle wide.

Grace and Blessings, Rev. Jessica



Rev. Dr. Sallie Suby-Long Lead Minister of Spiritual Life

Moving Together in Connection and Grace

St. Luke's Visioning and Strategic Planning

Our Lead Clergy Team and Executive Team are very excited to be launching a visioning and strategic planning process!

The purpose is to create an inspiring, energizing plan that will help St. Luke's thrive now and into the future.

- A community that is full of life, creates meaningful connection, and reflects God's grace for all people.
- Innovative, relevant ministries that engage people of all ages in spiritual growth and formation and that pour good into the world.
- Finances that provide for vibrant, well-maintained space, talented staff, and high-quality, transformative ministries.



We invite everyone to participate with us in this process. As you know, we've started with a church-wide survey to assess our community culture. Then, through June and July, we're hosting small group conversations to gather your wisdom, hopes, and

dreams for our St. Luke's community. Everyone is invited and strongly encouraged to be part of this process!

Join us in these 2 easy steps:

Step One: Complete the community survey - it only takes about 10 minutes. You can access it on the St. Luke's website and it has also been sent out via email (deadline for completion of the survey is June 10th!)

Step Two: Participate in a small group conversation to offer your thoughts about the future of St. Luke's (sign-ups for the conversations begin on Sunday, June 17th!).

If you'd like more details about the St. Luke's visioning and strategic planning process, additional information is available on our website www. stlukeshr.com or we encourage you to talk with anyone on the Clergy Team or Executive Team.

Thank you for being part of our St. Luke's community and thanks for engaging in this important process with us!

St. Luke's Core Executive Team & Lead Clergy Team (Michelle Mallory, Mike Hollyman, Nancy Betts, Sallie Suby-Long, Ryan Canaday, & Jessica Rooks)

-Rev. Dr. Sallie

Missions Sunday: July 15

Since its beginning, St. Luke's has understood that a vital Methodist community requires an energetic missions program. July 15 is Missions Sunday at St Luke's. Please join us as Rev. Ryan, Lay leader Monty Hoffman, and Missions Committee co-chairman Jensen Meier have a conversation about the role of missions in Methodism, the role of missions in your faith journey, and the opportunities that are available to you at St Luke's. Between services, Fellowship Hall will be filled with the various missions groups that provide you an opportunity to serve.



Renae Parra
Director of
Servant Ministry

GENNECTED

Get Connected at St. Luke's. To learn more about

opportunities for you to get involved, contact Renae at renae@stlukeshr.com or 303-791-0659 x117

It's Summer! Smile!:)

Enjoy your summer and fill yourself with joy! Delight in the morning song birds and the warm summer evenings

and anything that makes you smile. Do the things that make your inner child sparkle. For it is when our souls are filled that we can truly serve others. **Speaking of smiling, did you know Summer is the time of year when the church sees the most visitors?** Although we have a slate of volunteers each Sunday to welcome guests, don't feel you have to be a front door greeter to assist or welcome someone. Help extend hospitality to all who enter our doors each week! Thank you all for being a welcoming presence each week!



Saturday June 16: Dinner and a movie. Join us at Hodson's Bar and Grill at the Southglenn Mall at 5:30pm and see a movie at Regal Southglenn

afterwards. We will select a movie early in the week of June 11 to coordinate ticket purchases. Contact: Allison Wright 720-371-6760



Save the Date! The

annual St. Luke's Golf Tournament will be **Saturday, September 8 at Arrowhead Golf Course.** Watch for more details and registration this summer.

Welcoming our newest members

of St. Luke's and their reasons for joining our community.



Matt & Christina Gross - Family atmosphere; support and education for God's word.

Larry Romero & Julie Medina - This is a community we can be involved with.





Joyce Trembath - St. Luke's is the cornerstone of my spiritual journey.

Daniel & Kaitlyn Haupert (and Eva) - This is a place for our family to join a community guided by faith and love.



Brett & Kelly Maxam - We love the strong community, the inclusiveness and the feeling of being home.

If you are interested in making a deeper commitment by joining St. Luke's, please contact Renae Parra x120 renae©stlukeshr.com or visit www.stlukeshr.com



Rev. Schawn Kellogg Care Pastor



Biblical Archaeology Classes:

Nag Hammadi: A Hot Discovery in the Desert

Join us for the next class in our Biblical Archaeology series: July 15 -11:00am-12:30pm Room 213 includes light lunch

Co-Presented by Rev. Schawn Kellogg, MDiv and Hillary Morgan, M.A. Book and Paper Conservator, CU Boulder (pictured at left).

Come learn about the manuscripts found buried in the sands of the Egyptian desert, what this find

revealed and why these documents were hidden away by the faithful. See images of these codices and hear excerpts from their fourth century pages. The find includes gospels by disciples of Jesus such as Philip as well as secret revelations delivered to John and to James; writings that had been referred to in older writings but had been lost to the modern world for at least 1500 years.



Ms. Morgan will show us some papyrus samples and share information about its use and conservation

This class will include

a lite summer lunch and lemonade. PLEASE RSVP to Schawn6©hotmail.com so we have plenty of seats and food. We will ask a free will donation for lunch, day of the class. Rev. Schawn will also be offering an additional Archaeology classes Sunday September 16 (11:00am-1:30pm) includes a Mediterranean Meal

Service Week!

Mark Your Calendars - July 28-Aug. 4

All Church "Mini Mission" Service Week

St. Luke's Trustees are sponsoring a "Mini Mission" Service Week between Sat., July 28 and Sat., Aug. 4, in an effort to catch up on many needed maintenance tasks to keep our indoor and outdoor facilities looking their best.

Needed: Volunteers to work shifts on Sat. July 28, Sun. July 29, Thurs. Aug. 2, Fri. Aug. 3 or Sat. Aug. 4.

Who: ALL Groups who use our shared space here at St. Luke's are encouraged to sign-up.

With enough support, we will be able to complete jobs such as:

On the outside – update the landscaping (eg, trim bushes and remove dead bushes, add ground cover, remove weeds), fix siding problems, and add sand to our playground.

On the inside – paint many of our rooms and deep clean the kitchen.

There will be a sign up page on the website for groups and individuals to volunteer for specific shifts.

If you can give 1 or more hours of your time, imagine what we can ALL get done together?

5

Spotlight on Warren Village

WARREN 💢 VILLAGE

Transforming Parents' Lives, Improving Children's Futures.

Warren Village in Denver is one of the missions that has been supported by St. Luke's for many years. Warren Village helps low-income single-parent families achieve sustainable personal and economic self-sufficiency. It provides safe, affordable housing for 2 years while residents work on their educational and employment goals. There is a nationallyaccredited early childhood learning center on site. Warren Village has a long list of volunteer opportunities, both short and long-term. For example, people are needed to teach life-skills classes, provide evening child care while parents attend classes, help with children's activities and tutor adults. In addition, Warren Village welcomes small groups to host dinners with the residents and their children; Betsy Keyack (bkeyack@att.net) is now recruiting a group to do a "Community Night Dinner" on September 20. Warren Village staff also raves about the annual Halloween Party that the St. Luke's youth have sponsored there for many years. Recently Laura Richards and I went to an awards ceremony for the residents. What touched us the most were the expressions of joy and pride on the children's faces as the parents received recognition for achieving their goals. For more information, you can contact Laura Richards, mathrichards@gmail.com or see www.warrenvillage.org.

Thank-You's from Sedalia Elementary

We received 16 Thank-you postcards from Sedalia Elementary at the close of our 7th school year with them. Some of the sentiments expressed are:

"we could not do it without you,"
"you are vital to all of us," "you are the best!," "thanks for sharing your heart with us," "2-4-6-8
- you are who we appreciate!"

Thanks to everyone for all your support of Sedalia Elementary in a variety of ways!

Missions Closet Donations

The Missions Team is constantly awed by the compassion and generosity of the people of St. Luke's! The Missions Team invites you to donate the following to the Missions Closet near the entrance:

1) Items for Lunches in the Park (see Sam Leahy or bulletin for needs); 2) Non-perishable food for the veterans supported by Colorado Coalition for the Homeless (actually goes into the big blue bucket - which will be moving to the Missions Closet in the near future); 3) Box Tops for Education for Sedalia Elementary (envelope on inside of door); and 4) Books for Project Humanity in Africa via Vacation Bible School (until end of June; consult with Sharon Oliver for what is needed).

Because of limited space and volunteer time, we ask that you only leave items that we have requested - see the sign on inside of the closet door or the bulletin for updates. Any other items will be taken away to ARC (via Renewed Treasures) or Goodwill. Please keep our stress level down! You can contact Betsy Keyack if you would like help finding a meaningful place to take your items. You can also take donations to Renewed Treasures, 6512 S. Broadway, 720-446-1877. Anything Renewed Treasures cannot use will be picked up there by ARC, which will pay them for the donations.

Donations to Colorado Coalition for the Homeless Now in Use!



Last year, members of Seasoned Voyagers and the Poverty II class donated many household items for people who, after a long wait, transitioned in early June from homelessness into the new Renaissance Apartments built by Colorado Coalition for the Homeless. Donations included sheets, towels, laundry baskets and a vacuum cleaner. The residents of the 100 apartments are individuals who have been chronically homeless for years. They will receive extensive health care and intensive supportive services so that they can have a solid start on a stable future. The residents will pay 30% of their income in rent and case managers live on site. Caroline Butler, Kris Reif and I visited the new apartments; we got a tour, helped make welcome baskets and saw where your donations went. Thank you to all you donors!

Missions and the Methodist Movement

England at the start of the 18th century was a place of great economic and social change. The way land was owned was changing and people were being forced from the villages that their families had lived in for decades. Their choice was to get on a boat to America or to go find work at the factories that were being built as the Industrial Revolution started in the Midlands of England.

The people who came to the Midlands were cut off from their previous village lives and forced to work 12 hours a day and 7 days a week to survive. Theirs was a bleak and brutal life. The Calvinist theology that was predominant at the time told them that the reason that their life was so hard was that God had predetermined that this was their fate and there was nothing that could be done to change their lives.

In 1739, an Anglican priest stepped into the open air at a brickyard in the Midlands to preach. That priest, John Wesley, told the people who were working at the brickyard that their fate was not predetermined. He told them that God loved them and God loved all people unconditionally. He told them that they had the freedom to determine how they lived their lives and they could strive to make a better life for themselves and their families. He told them that they could make the world a better place. The people responded and the Methodist Movement was born.

While Wesley's message brought much needed hope to the bleak lives of these working people, Wesley realized that was not enough. He and other members of the Movement started organizing classes and meetings to help people acquire the skills to productively live in their new situation. They started to organize to bring about social and political change and improve the lives of the working class of England. Missions became a major part of the Methodist Movement.

Over the next 300 years, Methodists have made the world a better place. Many of the things that we take for granted have their roots in the Methodist Missions. For example, the idea of free universal public education has its roots in the Sunday School Movement which was strongly supported by Methodists in both England and America.

At St. Luke's we take this heritage seriously. We realize that helping our neighbors across the street or around the world is part of our call as Methodists. Please join us as we continue to look for ways to respond to God's love and make the world a better place.

-Monty Hoffman





Sharon Oliver Director of Children's Ministry

June 13 (WED) - V

June 20 (WED) - Wacky Wednesdays "Bible Water Adventures" 9:30am-noon -



Samantha Leahy Director of Farly Childhood Ministry

Children's Calendar Praise, Play & Prayers (check website for full calendar)

Vednesdays "Bible Water Adventures" 9:30am-noon -June 19 (TUE) - 6:00pm: VBS Servant Training RSVP to Sharon

June 25-29 (M-F) - VBS "Rolling River Rampage" 9:00am-noon

July 8, 15, 29 (SUN) - PEAK &

Sign up online to serve!

Team Meeting 6:30pm July 11 (WED) - Wacky Wednesdays 'Bible Water Adventures"

info and to rsvn.

9:30am-noon

info and to rsvp.

9:30am-noon

9:30am-noon

July 7 (SAT) - Parent's Time Away

July 10 (TUE) - Children's Ministry

July 13 (FRI) - Parent's Night Out 6:00pm. Contact Sam for more

July 18 (WED) - Wacky Wednesdays

"Bible Water Adventures"

July 22 (SUN) - No Sunday School

(FAMILY SUMMER WORSHIP)

July 25 (WED) - Wacky Wednesdays

"Bible Water Adventures"

July 22-29 - FAMILY CAMP

9:00am. Contact Sam for more

July I (SUN) - No Sunday School

JOY TREK 9:30am SUNDAY

chart below). Sunday School

(FAMILY SUMMER WORSHIP)

SCHOOL Summer lessons (see

registration opens Aug. 5 for the

new year (Sept. 2018-Aug. 2019).

St. Luke's K#ds

Welcome to St. Luke's Kids – our ministry to children birth through grade 6. In caring for the children of Growing with God St. Luke's and their families, we seek to nurture

and develop faithful loving lives, modeled after the Love, Acceptance, Justice, and Hope of lesus, through relationship and learning. We strive to create sacred spaces and experiences for children to discover and be inspired by God's love. Join us for Sunday School at 9:30 & I I:00am and register online any time throughout the year. All families must register new EACH school year beginning in August. AND please sign up to serve! We have a convenient online sign up for our wonderful servants. Pick a date and join us and be a blessing to our children! Thanks!



Idren's Dinner Theater GIAN



On May 4 & 5, 45 kids 1st-6th grade wonderfully performed the musical, "Giants in the Sky" and raised \$2000 for our water filters mission in Guatemala! The kids were amazing

and the volunteers were fantastic! Thank YOU for another great year! From one mom: "This has been a wonderful experience for our daughter. This is her last year participating in the Children's Dinner Theater and she's already talking about wanting to volunteer next year - it's in her blood! We couldn't have asked for a better learning experience over the past 5 years than what these directors and this dinner theater have done for our daughter."



VBS NEEDS YOUR HELP! ONLINE SIGN UP!

••••••••••

Go to stlukeshr.

com. Sign up for just one or all five mornings to volunteer! June 25-29 9:00am-noon. YOU can be part of the BEST week of the year! THANK YOU!

Wacky Wednesdays

Each week children will enjoy music, crafts, chapel and games.

The theme this year is:



Open to all children age 2 1/2 years through entering 3rd grade!*

(Must be potty-trained to attend.)

9:30am-noon TIME: **WEDS.:** June 6, 13, 20

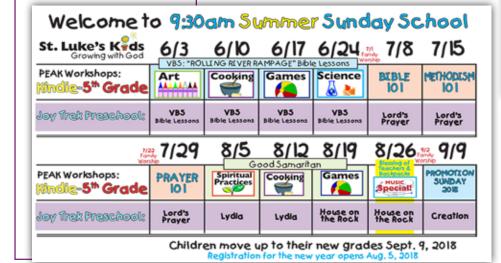
July 11, 18, 25

Registration is \$25 per day per child.

Registration forms available!

*Young Toddler Option 18-30 mos.

If you have any questions contact: sam@stlukeshr.com









Kelly Amadeo Director of Little School



Little School News: Summer Play!

In late April, we had our annual Little School Art Show! Over 1,000 people attended the event! It was one of our best attended art shows in quite some time. We had

almost 4,000 pieces of art on display created all by our Little Schoolers. Our theme this year was Fairytales, Fables,



and Nursery Rhymes. The entire school was decorated to match the theme. Some of our classrooms were



decorated as Humpty Dumpty, Beauty and the Beast, The Three Little Pigs, and The Nutcracker. Most of the teachers dressed up to match the theme in their room. We love a reason to dress up! What a great night!

One of my favorite quotes by Albert Einstein is, "play is the highest form of research." At Little School we focus on play-based learning within our programs. Educational research continues to strongly point toward play-based learning as the most effective form of education in early childhood programs. Children are naturally inclined to play. When we use the motivation of play to drive our educational practices, children succeed more academically, socially, and overall, developmentally. Play-based learning has shown to effectively prepare students for 21st century learning. When you walk into a classroom and see the students playing, learning is occurring. Problemsolving and critical thinking are occurring. Teachers are strategically enhancing learning in play-based situations by asking higher-level thinking questions related to what the students are motivated by, play! As parents and caregivers, you do not need to make your child sit down and complete worksheets or curriculum books over the summer. Instead, let them play! When appropriate, ask them questions that may encourage imaginative problem solving or critical thinking. Summertime is a perfect time for children to learn. We hope all of the children of our community enjoy a summer fully of play and adventures.

Little School Families, please save the dates: July 1: Paperwork, medical forms, and fees due Aug. 23 6:00-7:00pm:

Parent Open House (Parents Only Please)

Aug. 24 10:00-11:45am:

Children's Open House (Parents and Children)

Aug. 27: First Day of School for M/W/(F) and Ms. Dawn's Explorers classes

Aug. 28:

First Day of School for T/Th/(F) classes

Please email kelly@stlukeshr.com with any Little School related questions during the summer.

Get out there and play! -Kelly Amadeo

UMW Spring Tea... You're an Essential Piece of the Puzzle



The annual UMW Spring Tea took place on Sunday, April 29. The theme of the event was You're an Essential

Piece of the Puzzle. It was emphasized to the attendees that every one of them was an essential piece of UMW's puzzle. Because of their generosity, the UMW Leadership Team was able to accomplish its goal of giving its selected recipient, Volunteers of America's Women Veteran's Program, a large donation of gift cards to local stores and money. This program's mission is to assist homeless women veterans become self sufficient once again. Two representatives from the VOA's Women Veteran's Program gave an informative presentation on the makeup of its clients and how the participating veterans are helped to obtain independence. Besides listening to this impactful presentation, the guests enjoyed delightful patriotic music







provided by the group S*P*A*R*K. They also enjoyed selecting what delicious desserts they wanted from a large assortment made by the UMW team. There was an amazing display on the history of women in the military provided by team member, Maggie Giardina. Numerous guests commented that the display brought back many memories of years past. At the end of the tea, quilts and knitted blankets made by members of the Itch to Stitch interest group were blessed before being given to the representatives from the Women's Veteran's Program. The blessed items will be distributed to their clients. The hard work of the event's planning co-chairs, Peggy Fretzs, Maggie Giardina, and Jan Muñoz, along with the other UMW team members, made the tea a huge success. The UMW Leadership Team wishes to thank those attending the tea for becoming an essential piece of its puzzle.

Please join us at the upcoming UMW special events:

Pie and Prayer -

August 26, 2018 from 2:00-4:00pm in the Fellowship Hall. Enjoy a piece of pie, share in conversation, learn about blessings, and make a blessing in a box craft.

Pumpkin Bake Sale – October 28, 2018 Candlelight Dinner – December 4, 2018



"The organized unit of United Methodist Women shall be a community

of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church."

Good to Know...

In 2015, United Methodist Women members from around the nation raised 13 million dollars for missions that pertain to women, children, and youth around the world.

Interest Groups of UMW

Join an Interest Group at any time. Want something different, let us help. Email us umwinfo©stlukeshr.com.

Book Club ~ Contact Cathy Collins at scecollins@q.com.

Common Thread ~ Contact: Caroline Butler carolinebutler@q.com or Betty Smith 303-797-3225

Itch to Stitch ∼ Projects of Crochet, Knitting, Sewing, Quilting donated to Charities. On hiatus for the summer. Contact: Fran West ~ 303-797-7107.





CSE Purpose:

To foster healing and wholeness of mind, body, heart, and spirit through experiences that inspire connection and wellbeing.

Take a look at our website:

stlukesCSE.org

CSE CLASSES & EXPERIENCES:

On Purpose

Saturday, Sept. 15, Dr. Sallie Suby-Long and Renae Parra will

guide this exploration and reflection on life narratives, purpose, and story. The day-long experience will be held in the beautiful peacefulness of the Hideaway Retreat Center where you can begin to



discover, to clarify, or to celebrate your unique and individual purpose. We'll engage in small group and individual experiences to discern how awareness of purpose can guide our actions and create more fulfillment and meaning in life. Sallie has done in-depth research, teaching and coaching on the transformative power of reflection on purpose and she loves to guide individuals in this process. Her manuscript on the topic was recently

accepted for publication and she will also be presenting this work at an international conference later in the Fall. Renae has guided many people in the process of identifying their individual gifts and is skilled in connecting people with opportunities to share their talents. We hope you'll join us for this retreat experience! Contact Sallie for more information (Sallie©stlukeshr.com).

Simple Truths and Sacred Spaces:

June 13 and 20

As we move into summer, we invite you to join us for honest conversation about matters that evoke meaning. We'll meet in beautiful outdoor spaces that are refreshing and give us a chance to fully appreciate this time of year. Our conversations will be from 4:30-5:30pm on two Wednesdays: The first will be June 13 on the lawn of Highlands Ranch Mansion and the second will be June 20 at Hudson Gardens. We'd love to have you with us for these conversations and trust we will all come away feeling more connected, restored and inspired! Contacts: Sam Leahy (sam@stlukeshr.com) Sallie Suby-Long (sallie@stlukeshr.com)

Summer Yoga

Thursdays 9:00-10:00am

We invite you to check out our Summer Yoga classes with Suzanne Rainey on Thursdays (9:00-10:00am) in St. Luke's chapel. You may have taken a Reiki class from Suzanne;

she's also a certified yoga instructor. Classes are drop-in, whenever your busy schedule allows. Children 9 years and over are welcome with a parent. All ability levels are welcome; bring your own yoga mat. Suggested donation is \$10/class for adults and \$5/class for children. **No class June 28** due to Vacation Bible School. For more information contact Renae (renae©stlukeshr.com)

Reiki Training Classes with Suzanne Rainey

Reiki I June 10 (1:00-5:00pm) and Reiki II July 8 (1:00-5:00pm). Suzanne Rainey, a member of St. Luke's, is a certified Reiki Level I, II & III Practitioner. Come learn the healing, clarifying benefits of Reiki ("ray -key"). You also will learn how you can share this gift with friends and family. PLEASE NOTE: Our June Reiki I training class is FULL; contact renae©stlukeshr.com to receive info about future Reiki training classes or if you wish to sign up for Reiki II.

GLOW! Women's Wellbeing Experience

On April 20 and 21 the Center for Spiritual Engagement hosted a weekend in the mountains to inspire women in their health and wellness. This event



was facilitated by Sallie Suby-Long, Renae Parra, Melinda Davidson and Michelle Lamoreaux. There was a wonderful group of participants who fully embraced the opportunity for deeper conversation and reflection. The beautiful setting was perfect to encourage peacefulness as well as thoughtful engagement regarding all aspects of life.

DANCE! Ballroom Dancing Class – Many thanks to Steve and Cathy Collins for their fun, often hilarious, and always elegant instruction in the basics of the Waltz, Foxtrot, Swing/Jitterbug, Rumba and the Cha Cha. It was



great to have so many eager dancers, and their progress over the four sessions suggests that the dancer's spirit is alive and well at St. Luke's. CSE hopes to offer more dance classes in the future. Please visit our website to see photos from dance class.

CSE OUTDOOR ADVENTURES:

Spring is such a great time in Colorado to begin watching the parade of wildflowers that follow the seasonal warming into summer. Colorado is blessed with hundreds of varieties of wildflowers, and that means beautiful colors and shapes to delight us along the trails. We hope you will consider joining us for one of our upcoming Outdoor Adventures.

Save the Date:

- July 21 Mount
 Goliath/M. Walter
 Pesman Trail: This
 beautiful alpine trail off
 Mount Evans Road will take
 us through the Bristlecone
 pine "ghost forest," and we'll
 discover the showy alpine
 wildflowers that bloom so
 briefly under the warmth of
 the sun on tundra. All are
 welcome.
- · August 19 TBD

CSE SPIRITUALITY & WELLNESS SPEAKER SERIES:



On April 17, CSE held an interfaith panel event, "Spiritual Journeys in this Interfaith World". With generosity of spirit our panelists, Rabbi Brian Immerman, Iman Jodeh and Rev. Jasper Peters, shared authentic stories of their own deeply

personal faith journeys. Our facilitator, Rev. Jim Ryan, created space for open, honest conversation and a deeply moving experience. This meaningful and gracious evening allowed a unique opportunity for developing relationship and community. Thanks to all who helped make this event possible and to the many people that joined us for this wonderful evening of faith and learning.

Join the Summer Choir! While the

Chancel Choir breaks for the summer, we gather as a "Summer Choir" to sing on two Sundays over the "vacation" and this year is no different! All are welcome and invited to join choir for a retreat/rehearsal on Saturday, July 14 from 9:00-11:00am in the choir room and to sing at the 9:30 and 11:00 services on Sunday, July 15 and Sunday, August 5. This is a



wonderful opportunity to join the choir if you've always wanted to test it out but haven't been sure of the commitment. Join us as we sing for joy and share the gift of music with our community this summer!



by Rev. Les Ludlam (retired)

More *with Les:* The 6th Grade Spelling Bee

Sixth grade is a time of transition, both physically and emotionally. The age of 11 brings hints of the adult that may emerge from a rapidly growing and changing child. The seeds planted in earlier years begin to develop fruit, but it seems that recognition of that

development seems to come more from those who have known the child for a relatively short time. Such was the case for Mrs. Workman, my 6th grade teacher. She came up to me in class one day and said, "Leslie, I would like you to consider participating in the school's Spelling Bee." I responded with what must have been a look of surprise, and she continued, "Your spelling has always been exceptionally good in your written assignments and the books you have chosen to read are advanced enough that I am sure you are developing a strong vocabulary." "O.K." I replied, "What do I have to do?" "The bee is set for 2 months from now and there will be word lists to study between now and then." She replied.

At the end of the class day, she gave me a packet of papers with nothing but words on them. "This is the set of words that would be used in the Bee," she said. She smiled and offered some advice as I took the sheets; "If you find some words you are unfamiliar with, check them in the dictionary in the school library. "Ambidextrous" wasn't bad but "soliloquy" and other unusual words sent me to the library. I continued on with the help from my grandmother Lillian reading the word list as I drilled to memorize as much as I could.

The day of the Bee came and I was as prepared as I thought as I could be. Round one started with relatively easy words and ended when half of the participants had dropped out one by one when a word was missed. I found I was much more nervous then I thought I might be. I didn't know what word might be coming next and was afraid I might freeze up! Rounds 2, 3 and 4 passed and the number of competitors dropped to three, and I was one of them. I looked at Bob and Judy and saw that they were nervous as well. Bob was given "Annihilate" and missed it; he was out. Then Judy spelled "Catastrophe" correctly. Now it was my turn, I swallowed hard and waited for my word. Leslie, please spell "Agave. It's a noun."

I looked at Judy and she smiled, offered no help. My mind was blank. The shorter words are the hardest! "A-G..." I began, but then stopped. My mind raced. "What kind of thing is Agave?" I wondered, not having a clue. I'll just go with phonetic spelling and hope for the best. I continued, slowly, "A-G-A-V-E... Agave," and held my breath. "Correct" was the reply.

"Judy, your word is "Etherification. It's a noun." I had seen Judy in the library and I new she had worked hard on the word list. She began slowly, paused and said, "E-T- H- I- R - I - F - I - C-A- T- I- O- N." "No, that's not correct." *continued on page 12*



James RamseyDirector of Music & Arts Ministries



Kenrick Mervine Associate Dir. of Music Ministry/ Organist



Kay CoryellDir. of Handbells
& Children's Music
Ministry



Chris RigoliniDirector of
Instrumental Music



News & Upcoming Events:

Summer Music Ministry: As is the tradition at St. Luke's, individuals are sharing their time and talents, providing "musical offerings" for our worship services throughout the summer months. We have heard (or will be hearing) the gifts of Copland Harris Rose, Penny Harris, Patrick Griggs, the St. Luke's Worship Band, Roberta Hamilton-Griggs, Caleb Heaton, Sisters of Soul, Chris and Kelly Rigolini, and Gordon Heaton... and that's just through July! A heartfelt "thank you" to ALL of our music ministers.

The summer is a GREAT time to catch a show with PAA, and this summer there are 8 shows you are invited to enjoy! Students aged 5-18 will be hard at

PAA Performances at Mountain Vista High School:

- Guys and Dolls/Sleeping Beauty June 14 & 15 at 6:00pm
- Chicago, High School Edition June 21 & 22 at 6:00pm
- Madagascar June 28 & 29 at 6:00pm

PAA Performances at St. Luke's UMC:

- Cinderella, Kids June 21 & 22 at 6:00pm
- Annie July 26 & 27 at 6:00pm

PAA Performances at Rock Canyon High School:

• Into the Woods/Aladdin - July 19 & 20 at 6:00pm

work to showcase their remarkable talent, resiliency, and work ethic to entertain your entire family! Tickets are available online for ALL PAA performances at http://paacolorado.org/tickets/

Mark Your Calendars!!! While our music groups are taking the summer off, we already have our Kickoff Dates on the calendar for the fall and hope you'll join us! Please contact anyone on the Music and Arts staff for more details.

- Adult Bells (Tintinnabulators) will rehearse on Tuesdays from 7:00-8:30pm beginning Tuesday, August 21
- Chancel Choir will rehearse on Thursdays from 7:00-8:30pm beginning Thursday, September 6
- Kidz Prayz will rehearse on Wednesdays from 6:30-7:20pm beginning September 12
- **Tone Chimes** will rehearse on Wednesdays from 7:25-8:00pm beginning September 12
- Cherub's Choir will rehearse on Wednesdays from 6:30-7:15pm beginning September 12

Additional concert events:

 Sunday, July 15 at 3:00pm, Cathedral Basilica of the Immaculate Conception, 401 East Colfax, Denver – Ken, Barbara, and Gabriel Mervine will present: Sacred, Suite, and Sentimental

Mother's Day Dinner Dance

Thank You! We are grateful for your generous support of our Mother's Day Dinner Dance that was held in May. The band sounded fantastic, the food was delicious, and there was fun had by all! We'll be working to bring back our Annual Sweetheart Dance and look forward to having everyone join us for a spectacular evening for music and dancing to support the Music and Arts Fund!

Dave LaurvickDirector of
Youth Ministry



Amy McMullen Assistant Dir. of Youth Ministry



Jake Smith Assistant Dir. of Youth Ministry

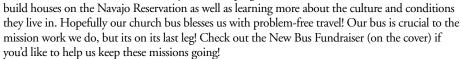
ON THE SLY: Saying Goodbye... and Hello!

It's that time of year again, graduation party after graduation party after graduation party! This year's graduating class was one of the largest we have seen at St. Luke's. There was lots of celebrating going on including

the traditional kindergarten and senior photo slide show on Graduation Sunday. Once again, beautiful crosses handmade by David McMullen, a volunteer and trustees member, were handed out to each graduate.

As we look forward to our last summer with our graduates and start to say goodbye, we also get the opportunity to say hello to some new folks as well. As the senior class works their way out of the youth group, the incoming 7th graders get to work their way in! We are so excited to get to know a whole new set of youth and welcome them into SLY!

Summer, of course, is our busiest time of the year. We have many of our graduates attending our Senior High Mission trip in June and some of our new 7th graders joining the Junior High Mission Team in July! Both groups are going to Crownpoint, NM, one of our favorite mission destinations. They will be helping



While important mission work is going on in NM this summer, lots of fun activities are happening around church as well! Wednesday SLY is transitioning to Summer SLY and will consist of playing volleyball with other local youth groups, going out to eat, and lots of fun! Check out our website for our full schedule including Sunday night and Wednesday night fun!

Don't forget to follow us on instagram ©st.lukes.youth and on snapchat ©wesosly

Yours in Christ, Dave, Amy & Jake

Upcoming Events!

* SUMMER MISSION TRIPS

Jr. High Mission Trip: July 8-15, 2018 (current 6/7/8 grades)

Sr. High Mission Trip: June 17-24, 2018 (current 9/10/11/12 grades)

* SUNDAYS
9:30-10:30am SLY AM in the youth room:
Life Lessons from the New Testament –
5:30pm SLY PM Dinner
6:00-7:30pm SLY PM - Volleyball

* WEDNESDAYS

6:00-8:00pm GEMS & STMs Summer SLY & Fast Food: Your time - your topic - your discussions, food & fun activities!!

- * GEMs (Girls Ministry) Lock In: August 3-4
- * Mission Opportunities: See Dave if you are looking for community service hours!!
- * Jeremy's Africa Blog: coloradoboyinlesotho.wordpress.com
- * Sign up to receive our emails and Check stlukeshr.com and click on "Youth" or "SLY" for up-to-date info on programs, activities, opportunities and more!



CHURCH 4 YA

NEW: A worship experience for anyone who has graduated high school and considers themselves a young adult! At a park, yard games, food, and maybe even live music! Bring your friends and keep an eye out for more details! ...follow us on instagram ©church4ya



OUR GRADUATES



Abby Antinoro Rock Canyon High School University of Wyoming



Olivia Ary Regis Jesuit High School Oklahoma State University



Gabe Barnard Mountain Vista High School Montana State University



Griffin Barnard Mountain Vista High School Montana State University



Betts
Arapahoe
High School
University of
Colorado, Boulder



Josh
Burget
Mountain Vista
High School
Colorado Mesa
University



Cavanaugh

ThunderRidge
High School

Missouri University
of Science &
Technology

Sarah



Elise



Curtis

Colorado State
University

BA.

gical Anthropo

Hannah



Danielle Cushing Oklahoma State University MS, Special Education



Jaden
Davidson
Colorado School
of Mines
i, Applied Math and
Statistics
Engineering Physics





Angela Dean Arapahoe High School Colorado State University



Caden Foster Mountain Vista High School US Military Academy at West Point



Chase Goldsberry Highlands Ranch High School University of Colorado, Boulder



Kylie Griggs Littleton High School Santa Clara



Hildebrand Rock Canyon High School University of Colorado, Boulder

Annalise



JJ (Jacqueline) Highlands Ranch High School UCLA



Matthew Johnson Mountain Vista High School Bethany Lutheran College, Mankato, MN



Kristin Karashinski Highlands Ranch High School Colorado State University



Taylor Krening Arapahoe High School Empire Beauty School Denver

Grant Larson Colorado State University BA, Communications



Bryn

Menzel

Colorado State

BS.

Lauer Highlands Ranch High School Grand Canyon University

Abby



Kelsie Martin Colorado, Boulder BS. Business Administrati



Mattie Martin Rock Canyon High School University of Colorado, Boulde



Merchant Lewis and Clark College BA, International Affairs

Austin



Eryn Meyers Heritage High School Baylor University



Evan Meyers Heritage High School Texas A&M, Galveston



Tessa Miller Regis Jesuit High School University of Colorado, Boulder





Laura Nolder College Nursing



Liza Nolder University of Colorado, Boulder MA, Hispanic Linguistics



Jacob Pawley University of Colorado, Boulde BS, Ecology & olutionary Biology





Lauren Price Mountain Vista High School CU Denver



Scott Richards University of Colorado, Bould

Bailey Richeson University of BA, Psychology BA, English



Chloe Richeson Highlands Ranch High School University of Northern Colorado



Cybelle Richeson Highlands Ranch High School University of Northern Colorado



Nikki Roberts Mountain Vista High School University of Denver



Devin Sharpe Highlands Ranch University of Colorado, Boulder



Dan Speedy Mountain Vista Kansas State





Isabel Walker Heritage High School Arizona State



Jenna Wesson Valor Christian High School



Caden Wetzel Mountain Vista High School Colorado Mountain College, Steamboat Springs



Wiethoff Mountain Vista High School versity of Colorado Colorado Springs (after gap year)

Sydney



RΙ Wohlleber Mountain Vista High School



St. Luke's United Methodist Church

8817 S. Broadway • Highlands Ranch, CO 80129

303-791-0659 • www.stlukeshr.com

St. Luke's United Methodist Church welcomes you to our Christian family, where we share life. Wherever you are in your faith journey, you are accepted and encouraged to grow spiritually.

Join us in growing together toward full humanity through living the teachings of Jesus: Love, Acceptance, Justice and Hope.

Flowers are Celebrations of Life



The Altar Team invites you to help us decorate our Altar each Sunday by Celebrating Your Life, Your Family and Your Friends. The two bouquets, designed by our floral designers, cost only \$40 for both. You may take the bouquets home after the 11:00 am service. Vases may be returned the following week and placed at the sink area

in the Narthex. Sign up and pay at the Get Connected Table on Sunday or call the office to reserve your "Special Flower Sunday." Send your \$40 check payable to St. Luke's UMC with Sunday Flowers in the memo line. There are many open Sundays for June, July, and August.





Kim DeVries

Office Administrator

Don't you be afraid, for I am with you. Don't be dismayed, for I am your God. I will strengthen you...

-Isaiah 41:10

with Kim at the front desk, or email sallie@stlukeshr.com LATEST ENTRIES TO PRAYER LIST:

Mark Abbott Carole Collier Betsy Goodman Adam Kleiver Mike Voytek Tate Allen Karen Cote Dolores Hall Michael Lieu Janet Walters Rob Bratton Irv Durban Brenda Hart Dorothy Lindahl Charles Williams Ken Fong Carolyn Carlson John Heaton Rick Long

Jo Clark Dick Frame Barb Jacoby Kay Mervine Sarah Cleary Carol Frame Suzanne Humphreys Robb Suby

SYMPATHIES TO:

Bill Barnard on the April passing of his father, Winston Barnard. Martha Boon on the mid-April passing of her mother, Jean Tinsley.

Linda Burdick on the May 13 passing of her father, Col. Martin Burdick.

Betty Halderman and Kim Joseph on the late April passing of Betty's nephew/Kim's cousin, Keith Berry.

Suzanne Humphreys on passing of her brother, Jack Higgins, on April 21. Eileen Law on the passing of her nephew, Rick Beckman, in late April.

Dean Luallen on the mid-April passing of his son, Doug Luallen.

Mark Piskadlo on the April passing of his uncle, Matthew Piskadlo.

Bob, Sharon, Evan and Alex Oliver on the passing of Bob's father, Robert W. Oliver II, on May 29. Julie, Ryan, and Katie Andersson on the early June passing of 20-year-old Nick Andersson, Julie's son and Ryan and Katie's brother.

CONGRATULATIONS TO:

Greg and Nancy Boyer on their 50th wedding anniversary.

Linda and Kent Osborn on the birth of a new granddaughter, Karlee Angela, born on April 4 to Katie and Robb Stamm.

Angie Steinhauer Utter and Brian Utter on the birth of Alexander Bryan Utter on May 29.

continued from page 9 "Leslie, in order to win you must spell the word just given to Judy correctly and then spell a new word correctly." I swallowed hard and thought to myself, "I think it is a chemistry term and it must have ether in it," and began to spell. "E-T-H-E-R-I-F-I-C-A-T-I-O-N." "That's correct. Now, Leslie, please spell 'Synod.' It's a noun." I was relieved; I knew this one! "S-Y-N-O-D." "That is correct. Congratulations!" The Bee was over, I was exhausted! I looked at Judy and said, "I bet you knew that one, too." "Yes," she replied quietly. I saw tears in her eyes. I wasn't overjoyed at my win; I really liked Judy and was sorry for her. I felt I had been more lucky than skilled.

Bob, Judy and I continued to be good friends on through Junior High and High School, but I never again competed in a spelling bee; too stressful and hard on friendships! There are more important things in life than winning a competition!

God bless us all! Les