

The Chronicle

ST. LUKE'S UNITED METHODIST CHURCH

SEPTEMBER 2015

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Don't Miss

"Love Letters" by A.R. Gurney Sept. 26 & 27

The Wesley Players are pleased to present "Love Letters" by A.R. Gurney on Saturday, September 26 at 7:00pm and Sunday, September 27 at 2:00pm in the Fellowship Hall.

Read by St. Luke's favorites Ann Smith as Melissa Gardner and Jack Kennedy as Andrew Makepeace Ladd III, the play is comprised of letters exchanged over a lifetime between these two people who grew up together and went their separate ways, but continued to share confidences. As the actors read the letters aloud, what is created is an evocative, touching, frequently funny but always telling pair of character studies in which what is implied is as revealing and meaningful as what is actually written down.

Tickets are \$10 each and can be purchased at the door. Please direct questions to Melanie Kirkpatrick at melanie. kirkpatrick©gmail.com.



It's that time of year again - FEEDING OF THE 5,000!

October 2, 3 & 4

Each year we have incredible stories emerge from those who volunteered for this event. Hungry people receive food, lives are changed. Serving others has a way of bringing out the best in us. I can't wait to gather more stories this year. In the meantime, check out Michelle Mostowy's story below. I am grateful to have her serving on our Feeding of the 5,000 Leadership Team.

Grace & Peace, Rev. Ryan

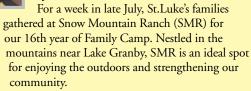
Feeding of the 5000 is just around the corner. Each fall St. Luke's gathers people within our community for this amazing opportunity to give back. In year's past, I have jumped in and helped with food sorting: packing, organizing and filling the truck. Right up my alley.

This year, I am trying something new – I've accepted an invitation to be a part of the leadership team as Volunteer Coordinator. Although unexpected, the invitation did not come completely out of the blue. A series of events, just the right timing, and perhaps just a nudge of divine intervention all came into play. cont. on page 3



Strengthening Community in God's Backyard

Family Camp 2016 by Kristi Amick





Campers enjoyed our first annual Day at Lake Granby. Kids played in the sand and some even







dared to go into the crisp, cool water. Families relaxed on the shore with a picnic lunch or went boating on the lake. Along with some of our favorite camp activities, this year brought the return of the Low Ropes course, and the participants couldn't have had more fun! The team challenges were all the kids could talk about when they returned back to camp.

Almost every night we sat around the campfire for s'mores. While the kids worked on roasting the perfect marshmallow, adults enjoyed the warmth from the fire and fellowship with their neighbor before heading off for a good night's rest.

Thanks to all the campers who joined in and made Family Camp 2015 such a great experience. We are

looking forward to another fun week next summer!



Sunday Worship Services: 8:00am, 9:30am, 11:00am, Contemplative Service (Check website for dates & times)

Sunday School:
Adult, Youth & Children:
9:30am & 11:00am

Nursery available for: 8:00, 9:30 & 11:00am services

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All submissions for the October 2015 issue

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Kristi Pawley.....x16

Accounting Clerk

Lynda Fickling.....x20

Director of Servant Ministry/Spiritual Director

Barry Curtis.....x39

Facilities Manager

of *The Chronicle* are due Sept. 20 Editor: Sharon Oliver **chronicle**©stlukeshr.com

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Rev. Janet Forbes Senior Pastor

Communitas:

A New Look at Community

If the internet has done anything at all to the world in which we live, it has changed the definition of "community." In the 1930s in this country the average person never traveled more than seven miles from home in any

direction. It was these "ruts in the road" that were the definition of what it meant to be "local," to be part of the "community," to be "from" somewhere.

In that era, years before the internet and between two world wars, community was something a person could know–every gully of it, and see–one newborn baby at a time, and touch in ways that healed and helped. *But not now.*

Since those days, community has become very, very different. Not better, not necessarily worse, just different. Very different.

Now social service agencies are largely an arm of the state. Construction companies build our cities and towns. We take national travel for granted and, almost as commonly, international travel as well. The mass of humanity lives in great sprawling cities, millions at a time, and do not know even their next door neighbors.

Most of all, people interact electronically. From one side of the globe to the other. From dawn to dark and beyond. With people they have never met and "see" only on a computer screen.

Point: Relationships are roiling all over the planet. Never have so many people been so connected so often or at so great a distance.

But do not be fooled. Quantity of contacts has nothing whatsoever to do with the quality of our relationships. Being lonely alone is no worse than being lonely in



a crowd where people talk, chatter, and listen to gossip, and end the conversation with no more genuine interest in one another than they have in cement posts.

The human questions of our time then are: How is it possible to be surrounded by people and still be lonely? What does it take to be alone and not be lonely?

And the answer to both, of course, is equally clear: *To have community in either situation comes* from going out of ourselves to be community to others.

And that is the difficulty of it all.

Join us this fall as we explore communitas: a community formed in the context of an ordeal, a challenge, a task, a mission that requires each player to find each other in a new, significant way—a community that experiences a togetherness that happens only among people inspired by the vision of a better world and attempting to do something about it. Friends become comrades, team players. Alan Hirsch reminds us that all movements that change the world seem to have a comradeship, a sense of having each other's backs.

What if ... we became a new kind of community that experiences a togetherness that happens among people inspired by the vision of a better world?

Blessings, Rev. Janet

New Bulletin Announcement

Procedure: In order to simplify announcement requests, we have created a form on our website (http://stlukeshr. com/p_announcement.asp). All announcements need to be 350 characters or less; and you are permitted to advertise your event up to 3 weeks before the event. As a reminder, the deadline for **Week at a Glance** and **Bulletins** is noon on Tuesday. If you have any questions, please feel free to contact Brenda in the office.



Rev. Ryan Canaday Associate Minister

cont. from page 1 It started in August when Frontier Airlines had a sale on plane tickets from Denver to Fargo, ND. Yes, seriously – Fargo, ND. I took the opportunity to fly home and visit my family.

The week was relaxing and uneventful - just as I had hoped - until my dad invited me to go into work with him. Two years ago, in his retirement, my father started managing a food pantry. "Come in for about an hour, I'd like to show you around and have you help out." I was looking forward to it.

The food pantry is open five days a week to people in need of food for themselves and their families. This pantry is designed as a grocery store so people in need come and select food from the shelves, selecting items that their family can eat and will enjoy eating. People arriving for food are guided though the pantry with the assistance of volunteers. This is where I came in. I was going to help people shop for their food.

For me the experience was unforgettable. This one little hour had a huge impact on me. I saw the kindness and caring hearts of the volunteers. I saw the hard work of the employees that believe so strongly in what they do. But the biggest impact came from the tremendous gratitude I saw from the people receiving food.

I tend to think big, and in many cases that has been a gift. But what I have realized is that looking for the big things often causes us to miss the smaller opportunities that have a big impact. That one hour of time, helped to feed families. Moms and dads were feeding their children that week because of those volunteers. That one hour rippled to 43 families that particular night. Families that are not so different from you and me.

I came back to Colorado and Feeding of the 5000 was just weeks away. With the inspiration that came from my experience in North Dakota, I was ready. While sorting food, I inquired about other ways to help. As opportunity would have it, I had a few minutes to share my story with Rev. Ryan. We chatted a bit and then continued with the food sorting.

About a week later I got a phone call asking to join the team. It amazed me how in this single month between North Dakota and Colorado, one hour of time had grown into a new challenge and an amazing opportunity to give back. Excitedly, I accepted.

This year, Feeding of the 5000 is October 2nd, 3rd, and 4th. If you have volunteered in the past, we look forward to having you back. If you haven't, we'd love to have you sign up and fill a shift or two. The impact of this even reaches thousands within our community. And you never know how an hour or two can grow into something bigger than you imagined.

-Michelle Mostowy



Rev. Dr. Sallie Suby-Long Associate Minister

What's in Store this Fall with the CSE

A couple of weeks ago our Center for Spiritual Engagement (CSE) Leadership team gathered to celebrate the ministries of this past year and to plan for the future. I

think you'll be excited about what is in store this Fall. *I know I am!*

Look for some spectacular hikes, mindfulness and yoga experiences, book conversations, grandparent/child mentoring opportunities, a retreat in the natural beauty of Colorado and our always-popular Spirituality & Wellness Speaker Series, to name just a few (a detailed listing of upcoming CSE opportunities is available on page 5.)

We'll welcome Rev. Dr. Leanne Hadley, who is an outstanding speaker, minister, and advocate for children & youth. Leanne will talk with us about integrating **faith and psychology** to help children and teens cope, heal and thrive.



Engaging the Spirituality of Children and Teens:

Strategies for Spiritual Development

Tuesday, September 15, 6:30pm Fellowship Hall

Parents, grandparents, teachers, health professionals and all who care about kids are strongly encouraged to attend. If you truly want to make a difference in the life of a child, plan to join us. Besides, we always have good treats!

And, on Wednesday, September 16, Leanne will facilitate a full-day training session to prepare adults in the process of Holy Listening. Holy Listening is a way of being present to a child that promotes healing and hope and honors the natural spirituality and faith of children and teens. You can register online at www.stlukeshr.com.

Hope to see you soon!

Rev. Sallie



Mondays in the Park Offers Compassion

It's hard to imagine there are people who go without food each day. The St. Luke's folks who gather to serve the hungry and homeless each Monday experience many who are

unsure where their next meal will come from. They prepare and serve 100 lunches each week but offer more than a meal, they serve a generous dose of compassion. Compassion is the heartfelt care for another with both intent and action. With our congregation's generous donations and their actions these meals help nourish the body and spirits of those in need. Thank you for all who serve and support this mission. To donate lunch supplies please contact sam@stlukeshr.com.

GET CONNECTED



Lynda FicklingDirector of
Servant Ministry/
Spiritual Director

Spiritual Gifts

Have you ever heard the use of "spiritual gifts" in growing up? Surprisingly, many of us have not. When I am facilitating the "Servant by Design" class and we get to this

chapter, first we must discuss what spiritual gifts really are.

First and foremost we all have gifts. You may be unaware of them but you are using them! Has anyone ever told you, "You are so hospitable!", "You are great with children", "You are such a great organizer!"? Those are your gifts! Secondly, God gives these gifts to us for the use of the common good and we are stewards of these gifts that we are given.



There are many biblical texts that refer to our spiritual gifts: Ephesians 4:11-13, 1 Corinthians 12:4-11, 1 Peter 2:9-10 to name a few. As you begin your search for your own spiritual gifts, keep in mind

these passages and keep yourself open to your place in our community, the world and how you fit in.

I invite you to visit http://stlukeshr.com/p_volunteer.asp, Spiritual Gifts and take the assessment. It won't take long and you may discover some very interesting things about yourself.

After you take the assessment, you will immediately receive the results. Note the reference charts. Revisit the Volunteer to Serve page and explore the options of serving and the devotion that you can pray with.

We hope that you will take time to discover and affirm your gifts, so that you may serve where God has invited you to serve in body of Christ (1 Corinthians 12:21-27) and to deepen your faith journey.

"Preach the Gospel always... when necessary use words"

-St. Francis of Assisi

"God doesn't require us to succeed; he only requires that you try." – Mother Teresa

I would love to talk with you about your results, so feel free to contact me and together we will find a place to start affirming your own God-given gifts.

Lynda Fickling, Director of Servant Ministry/Spiritual Director 303-791-0659x20 lynda@stlukeshr.com

O God, who by your Spirit has given to each of us unique gifts for the building up of the body of Christ, give us wisdom to know our gifts, courage to claim them, and power to use them for your glory.

Amen

Welcoming our newest members

of St. Luke's and their reasons for joining our community.



Brian Shanor & Suzanne Rainey (Lily & Clara)

If you are interested in connecting to our community, please contact Lynda Fickling lynda@stlukeshr.com 303-791-0659 x20. We look forward to sharing our stories and growing together in faith.

St. Luke's Gap Ministry for Love in the Name of Christ (Love INC) Renewed Treasures Named Best of the Best!

Love INC's gap ministry, Renewed Treasures Community Resale Shoppe, was voted "The Best of The Best" by readers of the Littleton Independent Newspaper. All winners will be featured in the June 25 community newspapers.

The Shoppe opened in August of 2012 with a goal of offering upscale clothing and small household goods to the public and to Love INC clients in need. Originally started as a gap ministry led by St. Luke's United Methodist, the shop is completely operated by volunteers from 16 churches Monday-Saturday. Volunteers serve as team leads, along with sorting, sales, displays, and marketing. We celebrate with them in this achievement!

Rev. Doug McKinney, Executive Director of Love INC writes, "This award speaks well of the commitment of St. Luke's in serving the community and to the excellence that you strive toward in all that you do. Thanks for your leadership in making this all happen."

Missions Opportunities:

DenUM's (Denver Urban Ministries) food pantry needs: Fresh Produce, Whole Grain and/or Low Sugar Cereals, Peanut Butter, Pasta Sauce, Fruit (in water or light syrup), 100% Fruit Juice, Canned Vegetables (low or no sodium), Powdered or shelf-stable Milk

Sedalia Elementary Volunteer needs: Classroom and library helpers; also support an above grade-level reading group any day 9:30-10:30am. Send an email to kathy.prior@dcsdk12.org with your days, times, grades, interests. Continue to donate Box Tops for Education and new underwear. (Betsy Keyack, bkeyack@att.net)

Love INC (In the Name of Christ)....303-794-LOVE(5683)... www.loveinclittleton.org Love INC brings churches together to provide volunteers who help people in need. To learn how to get involved all the Love INC office at 303-798-0037 for more information.

Renewed Treasures Thrift Shoppe 720-446-1877 - 6512 S Broadway, Littleton. Please keep us in mind, we appreciate your donations. Would you like to volunteer at the shoppe? Stop by and fill out an application.



connection • inspiration • transformation

Our Mission: To promote healing and wholeness by creating opportunities for authentic connection, and by providing experiences that inspire and transform.

Visit our website**stlukescse.org** to learn about upcoming opportunities.

Autumn in Colorado is a beautiful, renewing and invigorating season. The clarity of the light, the rich color palette, and the morning chill all combine to spark that sense of new beginnings. The Center for Spiritual Engagement has planned opportunities to get you outside, to stimulate your senses, to provoke new ways of thinking, and to connect you with others and with your deeper spiritual self. Come, begin anew with us!

SPIRITUALITY AND WELLNESS SPEAKER SERIES: Faith & Psychology

We hope you will join us on September 15 (6:30-8:00pm) in St. Luke's Fellowship Hall.



The Rev. Dr. Leanne Hadley, founder of First Steps Spirituality, will facilitate a lively discussion about Engaging the Spirituality of Children and Teens:

Strategies for Spiritual Development. We will be looking at how the integration of faith and psychology can bring about a healthier, happier world for our children, teens, and families. (Suggested donation \$5) Childcare is available with 24 hour reservation (sam@stlukeshr.com).

CLASSES AND EXPERIENCES:

Women's Retreat – Our Women's Retreat at the lovely, tranquil Franciscan Retreat Center in early August provided a wonderful opportunity to renew our spirits, consider new perspectives, and connect with one another and with our deepest spiritual selves. Twenty women selected from activities that included creating Blessing Jars, walking the labyrinth, yoga/mindfulness/meditation, writing Haiku, hiking, and journaling. Large group gatherings



invited us to consider simplicity and simplifying, gratitude as a path to forgiveness and healing,

and how we might integrate our experiences into our lives. Comments from participants:

"Yoga drew me so fully into the present moment. Gargi is wonderful!"

"Haiku was a surprise and delighted me."

"[Each activity] gave me a new way to reflect and to think."

"I will be integrating my experiences at this retreat, and making sense of them for a while into the future."

"I loved everything and still am feeling so relaxed and calm."

New goals or plans based on Women's Retreat:

"Plans for



simplicity, practicing Haiku, and expressing gratitude when possible"

"Time for quietness and integrating daily. Continue to work on transforming into being what God plans for me."

Morning Yoga Coming – with Gargi Agarwala (Back by popular demand!) Join us on Thursdays from Sept.24-Nov. 19, 9:00-10:15am, in the St. Luke's Chapel for yoga, mindfulness and an introduction to the seven Chakras, or energy centers. Better than coffee, this session will restore your mind, body, and inner balance. All experience levels welcome. Recommended donation \$10/session.

Journaling Experience – Jenita Rhodes facilitated three wonderful journaling sessions in August. There are so many benefits we can derive from keeping a spiritual journal. Journaling clarifies our understandings of the nature and will of God, brings out unexpected insights, and helps us maintain balance between head



and heart, among other things. In St. Luke's gazebo, against the backdrop of the

Labyrinth and our steadfast Colorado mountains, we focused on Air, Water, and Earth as we opened our senses, reflected quietly, recorded our thoughts, enjoyed readings and scripture, and shared our experiences. A "closing" provided opportunities to discuss how to carry our experiences into the coming week. We hope to offer more journaling experiences in the future.

OUTDOOR ADVENTURE MINISTRY:

On Aug. 1 we were inspired by the early morning beauty of Red Rocks Amphitheater, and we were both inspired and challenged by Core Yoga in this beautiful setting. We shared a tailgate



breakfast after our workout.

All are invited to join us to rejoice in and celebrate

the beauty of Colorado's Autumn. Visit our website at www.stlukescse.org for more information, as well as to view our Photo Gallery of past adventures.

- September 19 Fall Colors Hike at Kenosha Pass
- October 17 Hike to Mallory Cave near Boulder
- November (Date TBD) Hike the Seven Bridges trail near Colorado Springs

FIRST STEPS SPIRITUALITY:

Rev. Dr. Leanne Hadley will provide a full day of Holy Listening training on September 16. (sam@stlukeshr.com.)
During most Sunday School hours (9:30-10:30am) we continue to offer Holy Listener support to children experiencing loss, grief, or difficult times and will soon be offering it for Little School. (sam@stlukeshr.com)



Woof! Woof! Meow! Jake,Max, and Shea here to bring you up to speed on what we are sniffing out for children at St. Luke's.

FRIDAY Sept. 18: FAMILY MOVIE NIGHT: 6:45pm.

Grab your pillows, wear your pjs and join us for the delightful Dreamworks film "HOME" rated PG - we'll provide the popcorn!

NEW! FIRST FRIDAYS of the month beginning in October: **HOLY LISTENING** - To further our mission of caring for the spiritual lives of our

children, St. Luke's is now offering the opportunity for a child who is experiencing a crisis to meet with a Holy Listener at St. Luke's Little School Preschool on the first Friday of the month anytime between 12noon-2:00pm. Contact Sam for more info.

NEW! GOLIATH GATHERINGS - Our new and improved Servant Training. All servants must be trained annually. Choose your training Sunday! Come join us in Goliath (the large open area downstairs) from 11:00am-noon on one of these SUNDAYS:

Sept. 13, Oct. 11 or Nov. 8. We'll have yummy snacks! Volunteering with children is awesome!

SUNDAY Sept. 27: **ACOLYTE TRAINING** - noon-1:00pm. 2nd-6th graders come learn how to bring the light as a part of the worship service. Email Sharon to sign up!



PEAK kids enjoying a visit from John Wesley over the summer!

SUNDAY SCHOOL Registration is **OPEN**

for the 2015-16 Sunday School year online www.stlukeshr.com and paper forms are also available at the church. Children need to be enrolled for each new school year. Our Sunday School year kicks off Sept. 13 with the kids moving up to their new grades. We are so excited to share God's love with your kids. AND we can't do it without our wonderful volunteers. Thanks to YOU for sharing your gifts with the children

each year. **Now is the time to sign up to serve for the coming year.** Come serve with us - one Sunday or lots! We need to fill 20 servant spots each week(!) so there's plenty of room for all. Sign up ONLINE!! Thanks so much!!

MARK YOUR CALENDARS (check our website for full calendar):

Sept. 13 - Sunday School Promotion Sunday!

PEAK Music Sunday & JoyTrek starts new 3-week rotation: The Sower

Sept. 13 - 11:00am: "Goliath Gathering" Safe Sanctuary Training

Sept. 15 - 6:30pm Speaker: Rev. Dr. Leanne Hadley

"Faith & Psychology" DON'T MISS! This is gonna be GOOD!

Sept. 16 - Holy Listening Training - sign up online!

Sept. 18 - 6:45pm: Family Movie Night "Home"

Sept. 20 - 3rd Grade Bibles! (PLUS NEW!!! 3 additional Sundays of Bible Study at 9:30am for 3rd Graders (Sept. 27, Oct. 4 & 11)!!!!!)

Sept. 20 - PEAK (K-4th) Sunday School Rotations Starts "Abraham & Sarah"

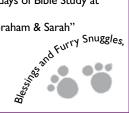
Sept. 20 - 5:30pm: SLY, Jr. Kick Off!

Sept. 27 - Noon-I:00pm: Acolyte Training

Oct. 3 - 9:00am-noon: Parent's Time Away

Oct. 4 - JoyTrek starts new 3-week rotation: Baby Moses

Oct. 4 - 11:00am-2:00pm: SLY, Jr. FEEDING OF THE 5000





Sharon OliverDirector of
Children's Ministry



Samantha Leahy Director of Early Childhood Ministry



Stephanie Kirk
Children's Ministry
Coordinator

St. Luke's Kads Growing with God

3rd Grade Bibles & Study!

St. Luke's has a wonderful tradition of gifting our 3rd Graders with their very own Bible! They have their Bible presented to them upstairs in the worship service and then get to meet as a class with the Pastor and go over their Bible. This is a rite of passage that our families really look forward to. **This year Bible Sunday will take place on Sept. 20.** BUT we have listened to you and you would like more than just that one opportunity to study these new gifts. SO we are very excited to announce that we have added 3 more Sundays for BIBLE STUDY - for 3rd graders - to meet with Pastors and other Bible Scholars to go deeper and get to know their Bibles even better!

Sept. 20 (Bible Sunday) - Rev. Pat Shaffer will go over the Old Testament Books of Law & History

Sept. 27 - Rev. Janet will go over Old Testament Poetry and Prophets

Oct. 4 - Stephen Collins will review the New Testament Gospels and Acts

Oct. 11 - Rev. Ryan will finish up our Bible Study with the New Testament Letters and Revelation

WOW! It's gonna be awesome. If you know of a 3rd grader who would like a gift Bible on Sept. 20 and would like to particiapte in our 3rd Grade Bible Study Sundays, please send their name to sharon@stlukeshr.com asap. Thanks!!!

Parents Time Away Program

Our caring Nursery staff along with our Children's Ministry want to do all we can to support your journey as parents and are offering a morning to get away together for breakfast, a hike or a chance to reconnect. The purpose of Parents Time Away is to encourage parents to take time to refresh and renew, spend quality time together. PTA will be available once a month starting Saturday, October 3 from 9:00am-12noon for children -8 years of age. Consent/Medical release form must be filled out to attend. Space will be limited, make your reservations early to sam@stlukeshr.com. Cost for the morning will be \$15 per family.

Attention: All 5th & 6th graders - SLY, Jr. is starting!!!

SLY, Jr. is St. Luke's 5th & 6th grade service and fun club and our Kick Off will be Sept. 20 at 5:30pm. Parents & Kids come to get an overview of our year, eat some pizza and participate in a pie-eating contest! RSVP to sharon@stlukeshr.com





Kay Swanson



Little School News:

Welcome Back!

Little School is bursting at the seams with laughter, excitement and wonderful returning families and many new faces! Our Open Houses were well attended and it was so much fun to see

the sparkle in the eyes of our children. The Little School staff worked tirelessly setting up their classrooms and creating welcoming learning environment for all of their new students! They even pitched in to clean the playground - what a group of dedicated servants! You are always welcome to wander around the rooms on Sunday mornings to see how bright and cheerful they are! This year we have 256 children and 31 teachers on staff and we are excited about new teachers joining us this year. Sheri Urdiales, has joined our music team on MW, Amanda Lewis is a co-teacher in 4's TTH, Kelly Amadeo, Nancy Mussetter and Michele Costa-Phair will be teaching 3's and Kristy Rael and Kristi Tomlinson will be teaching 4's. Shelley Ritchie an alumni teacher is back to co-teach on MWF. We are blessed with so many creative, caring and knowledgeable early childhood teachers that is is going to be an OUTSTANDING 21st year!

Please know that you are always welcome at Little School. We are here M-F 9:00am to 1:00pm. We would love to have visitors that like to help in the classrooms, read or share a hobby with us! Just let us know! We ask that you keep all of our staff and our families in your thoughts and prayers this year!

Blessings from Ms. Kay and Staff

"Children go where there is excitement and stay where there is love."

St. Luke's Little School -Best Preschool in Douglas County 2013, 2014, 2015

United Methodist Women

Summer's End Celebration of Pie, Prayer, Prayer Beads

Our Annual "Summer's End Celebration of Pie, Prayer, Prayer Beads" held August 30, was an outstanding success. We Gathered in Prayer; Listened to the inspirational words from Tonya Whaley on Prayer; Celebrated each other's friendship; Made prayer beads and enjoyed delicious, delectable pies. Our mission for the day was Urban Peak, an independent not for profit organization. Urban Peak's representative mentioned that they assist youth ages 15 to 24 experiencing "homelessness" or

at risk of becoming homeless. The goal is to assist these youth overcome real life challenges and become self-sufficient adults giving them overnight shelter; a daytime drop-in center; street outreach; education and employment programming and services; case management; life skills courses; mental health evaluation; meals; and transitional housing. (We learned that there is more to this "place" where we deliver a meal once a month). Our abundant donations to their wish list will unquestionably assist the many youth that go to Urban Peak. Thank you ladies for your generous donations.



"The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.



Interest Groups of United Methodist Women at St. Luke's UMC:

Begin this wonderful Autumn season and join one of our UMW Interests groups. They supply you with RENEWAL - Supporting you thru friendship and fellowship; -Reveal reflections on reading books; ~ Enhance your quilting / knitting / or crocheting skills; Women are welcome to attend an Interest Group of UMW anytime during the year!

Book Group ~ Fiction, Non-fiction, Informative, Fun. Fourth Monday, Room 206, 7:00pm (6:15pm Potluck) Contact: Renae Parra renaeparra@aol.com

- Sept. 28 "The Other Typist" by Suzanne Rindell
- Oct. 26 "Where the Wind Leads" by Vinh Chung

Common Thread ~ Friendship, Fellowship, Caring, Sharing, Fun. First Thursday of each month, 10:00am. Meets at the church. Contact: Caroline Butler carolinebutler@q.com or Betty Smith 303-797-3225.

Itch to Stitch ~ Mission:- Crochet, Knit, Sew, Fun. Meets 2nd Saturday in church basement. All skill levels welcome! Contact: Fran West (mfranwest@gmail.com) or 303-746-1117.

Save the Dates:

Join in our Celebrations, Educational Studies and Volunteer Mission Projects.

Sept. 12 - Mile High Pikes Peak District Annual Meeting, Calvary UMC, Colorado Springs, Co.

Sept. 27- Oct.3 - McCurdy Ministries Mission Trip

Oct. 23-24 - UMW Annual Conference, Alamosa, Co.

Oct. 25 - Serving Breakfast for the homeless at St. Paul's UMC

Save this Extra Special Evening - December 1 - Candlelight Dinner: We invite you to join us for a beautiful and delicious beginning to the Advent Season at our Annual Candlelight Dinner, Tuesday, December 1, 2015, 6:00pm. Tickets \$15.

EXPLORE

Seasoned Voyagers in Action

On August 13,

Seasoned Voyagers hosted a representative



A 55+ MINISTRY

from the local District Attorney's office, who gave a very informative talk on how to avoid being scammed. Topics included phone predators, contest scams, ponzi schemers, investment fraud, extortion scams, cyber crimes, dating sites, Craigslist scams, ID theft and elder abuse. We took home informative handouts. You can get a copy of these handouts from Betsy Keyack, bkeyack@att.net, 303-346-7057.

On August 31, we enjoyed a beautiful



outdoor evening at Roxborough Park enjoying the relaxing and contemporary guitar music of "Skanson and Hansen."

Leaf Peeping is scheduled for Thursday September 24. A trip to Union Station and Women's Bean Project in Denver is planned for Thursday October 22.

During the month of September, Seasoned Voyagers will be collecting school supplies for Sedalia Elementary School.

Everyone is invited to donate. There is a marked box in the Missions closet. Supplies that they need the most are: dry erase markers, composition books, scissors, pencils, colored pencils and markers.

New Communitas Groups

We experience God through the messy creation of authentic community. We start with life together, this leads us to encountering God and finding deeper meaning in the world.

(SIGN UP ONLINE www.stlukeshr.com for these groups)

Beginning Oct. 21 (5 weeks)

Experiencing Scripture

Going deep into our lives and deep into the Scriptures with the hopes that they both come to life in brand new ways. Together we will breathe life into the Scriptures and we'll also allow them to breathe life into us Wednesday evenings 6:30-8:30pm (More options may be available) Contact: Rev. Ryan Canaday ryan@stlukeshr.com

Telling Your Story

Your Story: Conversations and Relationships in Community (Based on an adapted version of Storyline)

There is power and often healing in sharing our stories in a small, trustworthy community. Clarify your aspirations, and experience courage and support to move toward your vision, and see your life plan more clearly. Understand that you share agency with God to make an impact in the world.

Thursday evenings 6:00-8:30pm

Contact: Sage Felux sageaw©gmail.com & Marilyn Watson mawatson48©aol.com

OR *Join us for a new retreat format of Your Story!* Late morning Friday, October 23 through early afternoon, Saturday October 24 at The Hideaway Retreat and Conference Center (just 1 hour away near Monument, CO) Have meaningful conversations and time for personal reflection in the beauty of nature at a retreat center.

Rev. Sallie Suby-Long sallie@stlukeshr.com & Julie Polikoff julie.polikoff@msn.com

Kitchen Groups

Where there is a place for you at the table

Gather old friends and new around your kitchen table to slow down, to listen and to share our stories as we nurture our body and soul. The most basic form of Christianity... food and storytelling.

VEGAN Kitchen Group, Mondays beginning Oct. 19, 6:30-8:30pm Sharon Oliver Sharon©stlukeshr.com

Kitchen Group with Childcare offered through Sam©stlukeshr.com, Thursdays beginning Oct. 22, 6:30-8:30pm Becky & Jason Mayka b.mayka©gmail.com

Questions? Contact: Lynda Fickling Lynda©stlukeshr.com

New Community Learning Groups

Community Learning Groups value a curriculum based approach to spiritual formation. There is a definitive beginning and ending point in the material being studied through learning and discussion.

These groups are structured for gaining a deeper understanding of God, ourselves, and the world.

Beth Moore Bible Study An 8-week Bible Study for women. See how one glimpse of the resurrected Savior turned an unbeliever into a disciple with Beth Moore's study James: Mercy Triumphs. Once you get to know both the man and the Book of James, you'll never be the same again.

Thursdays 6:00- 8:00pm in Rm 212 beginning Oct. 10 Contact: Kristin Foster kristinfoster I 3©gmail.com

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More from Les by Rev. Les Ludlam:



#7 The Earless Rabbit

As Mariah decided to raise Netherlander Dwarf rabbits as a 4H project. She did it partly for fun and hopefully to make some pocket money.

One evening, I had dinner with her family. After the meal, Mariah proudly brought out her newest bunnies.

There were two, one glossy black female and the other a soft gray male. Beautiful bunnies! They didn't have names, just numbers. The black one was Number 6, the gray one Number 7. They were nothing but cute!



"But," Mariah told me, "look closely at Number 7. See anything wrong? I gently picked up the small rabbit, marveling at the softness of the fur. "Number 7 doesn't have any ears!" exclaimed Mariah.

The mother rabbit had nibbled off the baby rabbit's ears shortly after birth. (Not unusual for a Doe's first litter.)

To save him, Mariah had to temporarily remove the mother from the box where the babies had been born "I saved him for a reason," said Mariah, "Infant rabbits have no fur and are very vulnerable to temperature changes," she said, "If you separate them too long from the others in the litter or the mother, they will die from loss of body heat."

Number 7 was defective, he couldn't be sold to a pet shop, couldn't be shown in competition. So, Number 7 was not worth much as a livestock investment!

But there he was. Alive!

Commercial rabbit producers destroy deformed or defective animals at birth, but not so for Mariah and Number 7. Numbers 1 through 5 had been stillborn; only numbers 6 and 7 remained of the litter, so Number 7 was needed for his body heat, to help keep his sister, Number 6, warm and alive!

Number 7 was different, he had no ears, but he was valuable. He had the power to save the life of another, his sister.

Number 7 would always be different; he could not grow new ears, but he would grow to become a normal adult Netherlander rabbit in all other ways.

You'll be glad to know that before she moved to Utah, Mariah was able to sell Number 7 as breeding stock to someone else raising Netherlander Dwarf rabbits. The fact that his ears had been eaten off didn't affect his genetic structure. He spent the reminder of his rabbit life at a farm near Fort Collins. I pray he had a comfortable life and many offspring

Number 7 has a message for all of us.

We don't have to be perfect to be valuable. We don't have to match some arbitrary standard of skill, or correctness, or stylishness

Even in our imperfection we can help someone else!

God bless us all. -Les

Trustees Appreciate our Service Saturday Volunteers!

On August 22, Volunteers met to get St. Luke's ready for Fall Kick off. We cleaned wood trims, wainscot, and doors, replaced light bulbs and cleaned fixtures, pulled and chopped off lots of weeds all around the grounds, and re-planted our parking signs out front with safer round pipe/posts. We painted the little playhouse wood trim, moved the playground fence, and painted thin spots on the shade structure over the sand box. We sealed

up last spring's new woodpecker holes in the stucco, treated wasp nests, and replaced ceiling tiles stained by summer wind driven rain. We completed touch ups on paint inside, and replaced the service door to the garage outside where determined rabbits caused damage - we also repaired and strengthened the corner of the garage where the new dumpster enclosure gate had caused an issue. Finally, we drew entries for 6 fun door prizes - Congrats to Caroline Butler, Roger Lauer, Ben Daly, Craig Ellsworth, Abby Lauer and Matthew Bacon! If you or others you know need Volunteer/ Community Service Hours, please contact our Church office and ask for Mr. Barry - we're always happy to help you meet your goals



as you help us meet

ours!







Upcoming Events!

- * **Sept. 13:** 6:00-7:30pm SLY PM- Ultimate Frisbee
- Sept 16: 6:30-8:00pm Wed. SLYGames at the park
- * Sept. 18-20: Jr. High Retreat!!
- Sept. 20: 12:00-1:00pm Guatemala Information Meeting (for anyone who MIGHT be interested!) 6:00-7:30pm SLY PM - JUMP STREET! (Your parents MUST fill out the online form to attend!)
- Sept. 23: 6:30-8:00pm Wed. SLY - Giant Jenga Tournament
- ★ Sept. 26: Pumpkins Arrive © 9:00am!!! We need everyone's help!
- Sept. 27: 6:00-7:30pm SLY PM
 Deliver bags for Feeding of the 5000
- Sept. 30: 6:30-8:00pm Wed. SLY Dinner at Qdoba (bring \$)
- Oct. 4: 6:00-7:30pm SLY PMHelp Feeding of the 5000!
- Oct. 7: 6:30-8:00pm Wed. SLYJeopardy Game Show Night
- Oct. I I: 6:00-7:30pm SLY PM
 Walk for Sudan Containers

Sign up to receive our emails and Check www.stlukeshr.com and click on "Youth" or "SLY" for up-to-date info on programs, activities, opportunities and more!

Sundays:

• 9:30-10:30am
- SLY AM
Exploring life issues and the bible



- 5:30-6:00pm Community Dinner \$2 per person.
- 6:00-7:30pm SLY PM
 All sorts of fellowship and fun activities are happening Sunday nights in the youth room!
 Check out our website for details.

Wednesdays:

- 5:30-6:30pm: Homework Hour
- 6:30-8:00pm Wednesday SLY Activities

ON THE SLY: The Pumpkins Are Coming!

Yes, it's that time of year already! On September 26 at 9:00am a semi-truck will be pulling into the north parking lot of St. Luke's. The truck will open to



Dave LaurvickDirector of
Youth Ministry



Amy McMullen Assistant Dir. of Youth Ministry



Jeremy Brown Assistant Dir. of Youth Ministry

find hundreds of freshly picked pumpkins, of all different sizes, ready to be displayed across the lawn, signifying the official opening of this year's pumpkin patch! The pumpkin patch is the single biggest fundraiser for St. Luke's Youth. The money raised in the pumpkin patch goes toward all the expenses needed for our summer mission trips like gas, rental vehicles, and materials, as well as scholarships for those who need help getting the money to go. Mission trips truly are at the heart of our youth ministry and the pumpkin patch is what helps us make them happen. We could use EVERYONE'S help this year. Whether that is with unloading the truck, working at the patch, or buying a pumpkin, your help is invaluable to us!

We have so many fun things going on this fall is SLY. From our Wednesday night smaller group activities to our fun Sunday nights, there is something for everyone at SLY. Mark October 24 down on your calendar as we will be heading down to Warren Village to throw the kids there a Halloween Party! We will also be helping DenUM out with making Thanksgiving Dinner Boxes again so start

planning those shopping trips! Make sure you check out our calendar for all the exciting events we have coming up this fall!

We are an inclusive group for all 7th-12th graders that focuses on fellowship, fun, and finding out what this God thing is all about! As always, we have lots going on and are so excited to grow closer while having fun and being the hands and feet of Christ!

-Yours in Christ, Dave & Amy



Meet Olivia!

Olivia Ary is a sophomore at Regis High School and rides for the Cowboys 4H Club with her horse Andy at Stockton's Plum Creek Stables. Last month she won Grand Champion for Western

Riding (Sr. Division level 1) and Reserve Champion for Master Showmanship at the Douglas County Fair! She and Andy are so talented and we are so proud of her!





Sheri Henry Director of Finance



Kristi PawleyAccounting Clerk

Thanks for Your Financial Support!

We offer a variety of ways for you to make your contributions.

We invite you to select the method that is best for your particular need from the following methods:

- Cash, check or stock transfers
- Scheduled automatic withdrawals from your checking or credit card accounts.

You may enroll in either of these methods by going online at stlukeshr.com or contacting us directly.

Music Groups Starting Up Again!

Start dates for music ensembles in beginning the week of September 13:

SUNDAYS:

Soul Purpose Youth Choir 4:30pm

TUESDAYS:

Joyful Noise Youth Bells 6:30pm Tintinnabulators Adult Bells 7:30pm

WEDNESDAYS:

Kids Prayz 6:30pm Cherubs 6:30pm Tone Chimes 7:20pm

THURSDAYS:

Chancel Choir 7:00pm

Coming soon:

- Ministers of Swing Saturdays at 9:30am beginning Sept. 26
- Orchestra Saturdays at 8:45am beginning Oct. 24
- Brass Ensemble will begin in November
- Wind Ensemble will begin in January

Please go to the Music and Arts webpage for detailed information about each ensemble and calendar information or contact James Ramsey at jim©stlukeshr.com.



Boulder Philharmonic

Saturday Sept. 12, 2015 7:30pm

Tickets are \$10 - \$30 and Available online beginning August 16.

Concert Program: We begin with Ravel's whimsical Mother Goose Suite. Then their Concertmaster, Chas Wetherbee, plays Korine Fujiwara's The Storyteller, a contemporary concerto based on Japanese folk tales. The evening culminates with Rachmaninoff's spectacular Piano Concerto No. 2, one of the most popular works in the classical music repertoire.









Kenrick Mervine Associate Dir. of Music Ministry/ Organist



Kay CoryellDir. of Handbells
& Children's Music
Ministry

St. Luke's Music and Arts Ministry

presents

SACRED MUSIC COMPOSER Joel Raney in concert OCT. 10 at 7:30pm

St. Luke's United Methodist Church

You are cordially invited to participate in a Concert given and conducted by Sacred Music composer Joel Raney. The program will include works for Chorus with piano, organ and handbells in addition to featuring Joel on piano. Joel Raney's music encompasses the broad worlds of Classical, Jazz, and Gospel. Making his Colorado debut as one of church music's more prolific composers, you won't want to miss the opportunity to work with Joel and sing a few of his favorite compositions!

To reserve your place in the choir, please contact St. Luke's Music and Arts Administrative Assistant Kristi Pawley at kristi©stlukeshr.com or 303-791-0659 x16. A participation fee of \$25 for music is requested. Checks can be made out to St. Luke's UMC with "Raney Concert" in the memo line. Scholarships are available.

Tickets go on sale beginning Thursday, September 10: General Admission - \$12 door/\$10 advance www.stlukeshr.com

Portion of proceeds to benefit The European Migration Crisis

REHEARSALS 7:00-9:00pm on September 29, October 6, October 9

Dress Rehearsal October 10 2:00-5:30pm • Pot-Luck Dinner 5:30-6:30pm

(please bring a dish to share)

Warm-Up/Final Check 6:45pm

Rehearsals and Concert take place at St. Luke's UMC

For further information please contact Ken Mervine kenm©stlukeshr.com 720-937-9436



St. Luke's United Methodist Church

8817 S. Broadway • Highlands Ranch, CO 80129

303-791-0659 • www.stlukeshr.com

St. Luke's United Methodist Church welcomes you to our Christian family, where we share life. Wherever you are in your faith journey, you are accepted and encouraged to grow spiritually.

Join us in growing together toward full humanity through living the teachings of Jesus: Love, Acceptance, Justice and Hope.

For the most up-to-date calendar of events check www.stlukeshr.com

CONGREGATIONAL CARE





Brenda Schafer Office Administrator

Don't you be afraid, for I am with you.
Don't be dismayed, for I am your God.
I will strengthen

you.... –Isaiah 41:10

PRAYER CONCERNS

Contact Rev. Sallie Suby-Long or Brenda Schafer if you have any additions/removals. 303-791-0659 x32, leave a note on the front desk, or email sallie@stlukeshr.com or brenda@stlukeshr.com

LATEST ENTRIES TO PRAYER LIST:

Debi Sheppard Nancy Obertier Jane Riegle Jacob Pawley Natalie Murrow Sister Casavantes Grant Larson Annie VanHoosen Orie Roberts Karl Krantz Gene Peterson Jackie Durban Betty Dowis Brian DeGeorgio Nikki Roberts Joe DeGeorgio Debra Newby

Lynn McNichols – Trudy Turner's friend Joy Barrett – Ann Newton's friend Joe Bayer – Davis' family friend Frances King – Billie Marvel's mother Shelley Morris – Billie Marvel's niece Bill Brewer – Val Clark's co-worker Toby Foster – Kara Overman's family friend Fern Berends – Sam Leahy's mother Lee Rozinski – Val Clark's sister Judy Erica Helm – Megan Henry's coach's wife Pat Keleher
Havana Gilbert – Gary & Laurie Gilbert's granddaughter
Dan Keyack – Betsy Keyack's father
John Kellogg – Julie Dascoll's father
Dolores Hall – Debra Newby's mother
Cody Kisner – Karen Meade's family friend
Amy Nappa – Lynda Ficklings friend
RuthAnn Loughry – Janet Loughry's daughter
Lisa Mulligan – Diane Lindsay's friend

SYMPATHIES TO:

Joyce Trembath on the passing of her brother-in-law, Eugene Schmidt
Grace Fuentes and Sean McCurdy on the passing of their son, Zach McCurdy
Doug Wagner on the passing of his father, Charles Wagner
Wanda McMinn and Ron & Sherri Miller on the passing of Wanda's husband and Sheri's father, Joe McMinn
Jordan & Nancy Obertier on the passing of their friends, Jack Jonas, Pat Sullivan & Dianna Cirrincione
Buddy & Margaret Key on the passing of Buddy's mother, Janie Pearl Key
Val Clark on the passing of a co-worker, Dick Stanton
Bob Davis & Janet Forbes on the passing of their sister-in-laws father, Heinz Griego
Kay Swanson on the passing of her family friend, Lori
John & Christy Wohlleber on the passing of Christy's grandfather
Marc Hill on the passing of family friend, Ilene Oxenhandler